

<b>Facility Name:</b> Middlesex Therapeutic Community Residence	
<b>Policy and Procedure:</b> Treatment Plans	
<b>Replaces Version Dated:</b> 02/09/2018	<b>Effective Date:</b> 05/17/21

**POLICY:**

MTCR shall ensure that treatment determinations are consistently coordinated through integrated treatment planning by an interdisciplinary team. Treatment plans shall be embodied in a single, integrated treatment plan. Treatment planning shall align with TCR regulations.

**PROCEDURE:**

1. Treatment team members should include a psychiatrist, social worker, psychologist, mental health specialist, nursing, and a recovery specialist, unless otherwise indicated.
2. An initial treatment plan shall be developed within the first two weeks of a resident's admission to MTCR.
  - a. The initial treatment goals should typically include medication adherence, community re-entry, and other individualized goals intended to support residents toward greater autonomy and independence.
3. Each resident shall have regular treatment team meetings to review goals and progress.
4. Treatment plans shall be updated at least every six months, or earlier as clinically indicated.
5. Residents are encouraged to actively participate in treatment planning, including attending meetings and collaborating on goals.

Approved by:	Signature	Date
Sarah Squirrell, Commissioner of DMH		5/17/21