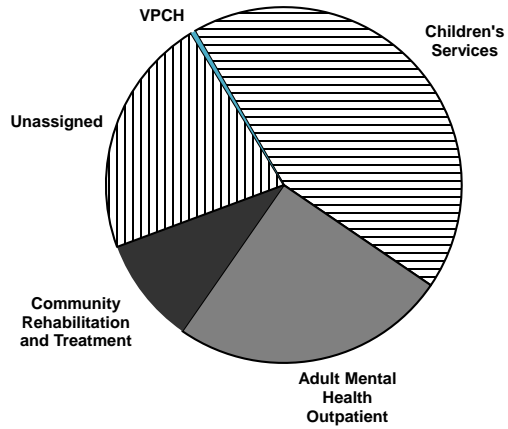


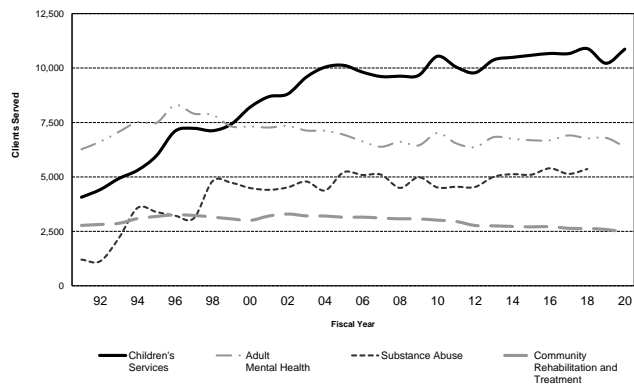
**FY 2020
Statistical
Report**

**VERMONT AGENCY OF HUMAN SERVICES
DEPARTMENT OF MENTAL HEALTH**

**CLIENTS SERVED
by Primary Program Assignment
FY2020**

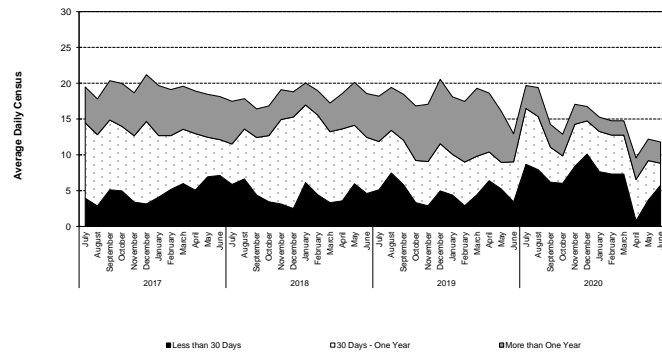


**COMMUNITY PROGRAMS
Clients Served Per Year**



Part 3: Vermont Psychiatric Care Hospital

**Average Daily Census by Length of Stay
FY2017 - FY2020**



VERMONT AGENCY OF HUMAN SERVICES

DEPARTMENT OF MENTAL HEALTH

280 State Drive, NOB 2 North
Waterbury, Vermont 05671-2010

Sarah Squirrell
Commissioner

FISCAL YEAR 2020

STATISTICAL REPORT

JUNE 2020

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INTRODUCTION

The Vermont Department of Mental Health (DMH) Statistical Report presents a systematic, quantitative overview of the clients and services of the Department's service delivery system for FY2020. This report is intended to function as a reference document for administrators, policymakers, and other interested parties. Annual statistical reports have been published since 1985. Together, these reports provide a detailed history of the development of systems of community care for people in need of mental health services and the decline in the amount of publicly funded institutional care.

The report consists of four major statistical sections followed by detailed notes that provide the definitions, methodological specifications, and caveats that are necessary to interpret the statistical results. The first section provides a comparative overview of the major programs. The next two sections provide more detailed descriptions of community service programs and a historical overview of the Vermont State Hospital. The fourth section provides a historical overview of the caseloads of the major community service programs.

The community service data presented in this report were provided by the state's Designated Agencies, and the Vermont Psychiatric Care Hospital (VPCH) inpatient data came directly from the VPCH Electronic Health Record.

All the data in this report should be considered in light of the detailed notes presented in Part 5. Part 5 provides definitions of terms used in this report as well as cautions that should be observed when interpreting the data. When the data are considered in light of the accompanying notes, they should provide a complete and accurate overview of the clients and activities of designated provider agencies.

Part 1 presents an overview of Vermont's service delivery system. The tables provide data on the number and characteristics (both demographic and clinical) of clients served and a summary of services provided. The major community programs include Children's Services, Adult Mental Health Outpatient, Community Rehabilitation and Treatment, and Emergency Services. This report also includes inpatient services provided by the Vermont Psychiatric Care Hospital (VPCH).

On intake at a designated agency, a client is usually assigned to one program (primary program assignment) although individual clients may receive services from more than one program (program of service). Client demographic and clinical characteristics are presented by last reported primary program assignment. Service data are presented by program of service and record the number of service events.

Part 2 presents a more detailed description of community clients and services in four subsections, one for each community program of service. For each of these programs of service, comparative client data are presented, and patterns of service delivery are detailed at the provider level.

Part 3 contains tables regarding individuals who were in the Vermont Psychiatric Care Hospital (VPCH) at any time during FY2020. With the opening of the newly constructed state hospital in FY2015, this section complemented the overall description of state hospital clients and services presented in Part 1 by focusing on patients' legal status, the discharge rates of recently admitted patients, and the length of stay for continuing patients. Information on each of these characteristics is presented by clients' catchment area, age, gender, diagnosis, and

type of admission. VPCH opened in July 2014 with a limited number of beds for part of July 2014. The hospital was fully open by August 2015.

Part 4 presents a historical overview of caseloads of the major programs from FY1991 through FY2020, including Children's Services, Adult Mental Health Outpatient, and Community Rehabilitation and Treatment.

Copies of this report and the reports for FY1999 forward are available online at:

<https://mentalhealth.vermont.gov/reports-forms-and-manuals/reports/statistical-reports-and-data>

Requests for additional information or analyses may be directed to:

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ACKNOWLEDGEMENTS

This report is the result of the cooperative efforts of individuals in every part of Vermont's mental health service delivery systems. The Department of Mental Health is indebted to all who contributed to the development and maintenance of the data systems that made this report possible.

The Directors of Vermont's designated agencies and institutions have been responsible for the development and maintenance of their respective Management Information Systems. Their support for the accurate accrual of comparable data has been and continues to be essential.

The Management Information System Database Managers at community service provider agencies and institutions worked closely with Department of Mental Health staff throughout the year to ensure the accuracy of and to identify the shortcomings of the data. Even more important, their continuing efforts to ensure accurate and uniform coding of service and client data, to streamline paper flow, and to make their Management Information Systems a useful management tool were essential to the completeness and accuracy of this report.

The Department of Mental Health thanks the administrators and MIS Database Managers for their cooperation and support.

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Part 1: Overview

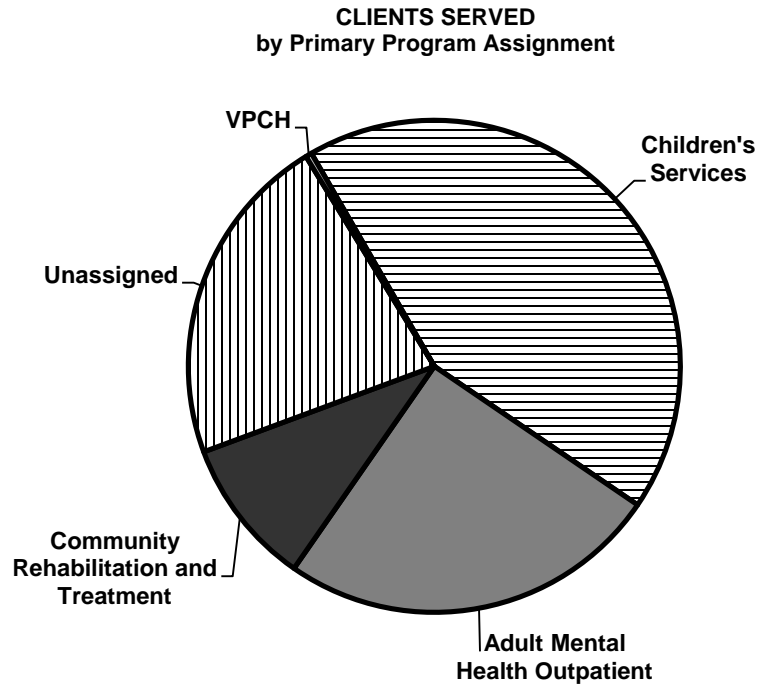


TABLE 1-1
Vermont Agency of Human Services
Department of Mental Health

NUMBER OF CLIENTS SERVED
by Clients' Primary Program Assignment and Designated Agency
Fiscal Year 2020

| <u>Designated Agency</u> | <u>Children's Services</u> | <u>Adult MH Outpatient</u> | <u>Community Rehabilitation</u> | <u>Unassigned</u> | <u>VPCH</u> |
|----------------------------------|----------------------------|----------------------------|---------------------------------|-------------------|-------------|
| CSAC (Addison) | 940 | 570 | 151 | 141 | 3 |
| NCSS (Northwest) | 1,891 | 769 | 221 | 643 | 9 |
| HC (Chittenden) | 2,487 | 311 | 571 | 2,164 | 36 |
| LCMH (Lamoille) | 380 | 156 | 122 | 303 | 1 |
| HCRS (Southeast) | 1,221 | 824 | 338 | 745 | 14 |
| NKHS (Northeast) | 486 | 870 | 208 | 382 | 8 |
| CMC (Orange) | 578 | 563 | 81 | 195 | 3 |
| RMHS (Rutland) | 970 | 313 | 219 | 309 | 5 |
| UCS (Bennington) | 508 | 717 | 138 | 268 | 3 |
| WCMH (Washington) | 981 | 1,138 | 350 | 409 | 20 |
| Northeastern Family Institute | 428 | - | - | - | - |
| Pathways | - | 145 | 57 | - | - |
| <u>Total</u> | 10,870 | 6,376 | 2,456 | 5,559 | 102 |

See notes 1, 2 and 3.

TABLE 1-2
Vermont Agency of Human Services
Department of Mental Health

CLIENTS SERVED PER 1,000 AGE-SPECIFIC POPULATION
by Clients' Primary Program Assignment and Designated Agency
Fiscal Year 2020

| <u>Designated Agency</u> | <u>Children's Services^a</u> | <u>Adult MH Outpatient^b</u> | <u>Community Rehabilitation^b</u> | <u>Unassigned^c</u> | <u>VPCH^b</u> |
|--------------------------|--|--|---|-------------------------------|-------------------------|
| CSAC (Addison) | 157.8 | 18.9 | 5.0 | 3.9 | 0.1 |
| NCSS (Northwest) | 155.8 | 17.3 | 5.0 | 11.4 | 0.2 |
| HC (Chittenden) | 87.1 | 2.3 | 4.2 | 13.2 | 0.3 |
| LCMH (Lamoille) | 60.9 | 7.7 | 6.0 | 11.4 | 0.0 |
| HCRS (Southeast) | 77.0 | 11.2 | 4.6 | 8.4 | 0.2 |
| NKHS (Northeast) | 44.0 | 17.0 | 4.1 | 6.1 | 0.2 |
| CMC (Orange) | 101.0 | 21.4 | 3.1 | 6.1 | 0.1 |
| RMHS (Rutland) | 94.9 | 6.5 | 4.6 | 5.3 | 0.1 |
| UCS (Bennington) | 76.9 | 24.8 | 4.8 | 7.6 | 0.1 |
| WCMH (Washington) | 84.0 | 21.8 | 6.7 | 6.4 | 0.4 |
| <u>Total</u> | 95.3 | 12.5 | 4.8 | 8.9 | 0.2 |

^a Rate based on child population (age 0-17)

^b Rate based on adult population (age 18+)

^c Rate based on total population

See note 1, and particularly notes 2 and 3.

TABLE 1-3
Vermont Agency of Human Services
Department of Mental Health

AGE OF CLIENTS SERVED
by Clients' Primary Program Assignment
Fiscal Year 2020

| | <u>Children's Services</u> | <u>Adult MH Outpatient</u> | <u>Community Rehabilitation</u> | <u>Unassigned</u> | <u>VPCH</u> |
|--------------------------|--------------------------------|--------------------------------|-------------------------------------|-------------------|-------------|
| <u>Age</u> | | | | | |
| 0-12 | 56% | 1% | - | 5% | - |
| 13-19 | 39% | 3% | 1% | 17% | - |
| 20-34 | 4% | 32% | 17% | 33% | 40% |
| 35-49 | 1% | 27% | 26% | 22% | 40% |
| 50-64 | 1% | 25% | 39% | 16% | 18% |
| 65+ | 0% | 13% | 17% | 7% | 2% |
| Total | 100% | 100% | 100% | 100% | 100% |
| <u>Age Data Reported</u> | | | | | |
| Clients | 10,867 | 6,373 | 2,455 | 5,428 | 102 |
| Percent within Program | 100% | 100% | 100% | 98% | 100% |
| <u>No Age Data</u> | | | | | |
| Clients | 3 | 3 | 1 | 131 | - |
| Percent within Program | 0% | 0% | 0% | 2% | - |
| <u>Grand Total</u> | 10,870 | 6,376 | 2,456 | 5,559 | 102 |

See notes 1, 3 and 4.

TABLE 1-4
 Vermont Agency of Human Services
 Department of Mental Health

GENDER OF CLIENTS SERVED
 by Clients' Primary Program Assignment
 Fiscal Year 2020

| | <u>Children's Services</u> | <u>Adult MH Outpatient</u> | <u>Community Rehabilitation</u> | <u>Unassigned</u> | <u>VPCH</u> |
|-----------------------------|--------------------------------|--------------------------------|-------------------------------------|-------------------|-------------|
| <u>Gender</u> | | | | | |
| Male | 55% | 41% | 52% | 50% | 67% |
| Female | 45% | 59% | 48% | 50% | 33% |
| Total | 100% | 100% | 100% | 100% | 100% |
| <u>Gender Data Reported</u> | | | | | |
| Clients | 10,863 | 6,371 | 2,455 | 5,262 | 102 |
| Percent within Program | 100% | 100% | 100% | 95% | 100% |
| <u>No Gender Data</u> | | | | | |
| Clients | 7 | 5 | 1 | 297 | - |
| Percent within Program | 0% | 0% | 0% | 5% | - |
| <u>Grand Total</u> | 10,870 | 6,376 | 2,456 | 5,559 | 102 |

See notes 1 and 3.

TABLE 1-5
Vermont Agency of Human Services
Department of Mental Health

ANNUAL FAMILY INCOME OF CLIENTS SERVED
by Clients' Primary Program Assignment
Fiscal Year 2020

| | <u>Children's Services</u> | <u>Adult Outpatient</u> | <u>Community Rehabilitation</u> | <u>Unassigned</u> | <u>VPCH</u> |
|-----------------------------|--------------------------------|-----------------------------|-------------------------------------|-------------------|-------------|
| <u>Income</u> | | | | | |
| \$ 1 - 9,999 | 16% | 40% | 58% | 36% | - |
| \$10,000 - 19,999 | 18% | 26% | 28% | 26% | - |
| \$20,000 - 29,999 | 17% | 11% | 6% | 13% | - |
| \$30,000 + | 49% | 22% | 8% | 25% | - |
| Total | 100% | 100% | 100% | 100% | - |
| <u>Income Data Reported</u> | | | | | |
| Clients | 2,517 | 2,289 | 884 | 535 | - |
| Percent within Program | 23% | 36% | 36% | 10% | - |
| <u>No Income Data</u> | | | | | |
| Clients | 8,353 | 4,087 | 1,572 | 5,024 | 102 |
| Percent within Program | 77% | 64% | 64% | 90% | 100% |
| <u>Grand Total</u> | 10,870 | 6,376 | 2,456 | 5,559 | 102 |

See notes 1, 3 and 5.

TABLE 1-6
 Vermont Agency of Human Services
 Department of Mental Health

RESPONSIBILITY FOR FEE OF CLIENTS SERVED
 by Clients' Primary Program Assignment
 Fiscal Year 2020

| | <u>Children's Services</u> | <u>Adult MH Outpatient</u> | <u>Community Rehabilitation</u> | <u>Unassigned</u> | <u>VPCH</u> |
|-------------------------------|--------------------------------|--------------------------------|-------------------------------------|-------------------|-------------|
| <u>Responsibility For Fee</u> | | | | | |
| Medicaid | 79% | 58% | 84% | 37% | 20% |
| Medicare | 1% | 22% | 55% | 10% | 39% |
| Other Insurance | 17% | 27% | 9% | 19% | 6% |
| State Agency | 3% | 4% | 9% | 2% | - |
| Non-Insured/Unknown | 7% | 9% | 1% | 40% | 39% |
| Total | 10,870 | 6,376 | 2,456 | 5,559 | 102 |

See notes 1, 3 and especially 6.

TABLE 1-7
Vermont Agency of Human Services
Department of Mental Health

DIAGNOSIS OF CLIENTS SERVED
by Clients' Primary Program Assignment
Fiscal Year 2020

| | <u>Children's Services</u> | <u>Adult MH Outpatient</u> | <u>Community Rehabilitation</u> | <u>Unassigned</u> | <u>VPCH</u> |
|--|--------------------------------|--------------------------------|-------------------------------------|-------------------|-------------|
| <u>Diagnosis - ICD 10</u> | | | | | |
| Physiological Conditions | 0% | 1% | 1% | 1% | - |
| Psychoactive Substance Use | 2% | 21% | 33% | 24% | 49% |
| Schizophrenia Other Non-Mood Psychotic Disorders | 0% | 5% | 51% | 8% | 70% |
| Mood [Affective] Disorders | 19% | 51% | 43% | 38% | 31% |
| Anxiety and Other Nonpsychotic Mental Disorders | 72% | 66% | 34% | 53% | 26% |
| Behavioral Syndromes | 1% | 1% | 1% | 0% | 2% |
| Disorders of Adult Personality and Behavior | 2% | 6% | 17% | 3% | 3% |
| Intellectual Disabilities | 3% | 1% | 1% | 1% | 3% |
| Pervasive and Specific Developmental Disorders | 10% | 1% | 1% | 1% | - |
| Behavioral Emotional Disorders/Childhood Adolescence | 29% | 7% | 4% | 4% | - |
| Unspecified Mental Disorder | 0% | 0% | 0% | 1% | - |
| <u>Diagnostic Data Reported</u> | | | | | |
| Clients | 9,750 | 6,048 | 2,450 | 4,449 | 102 |
| Percent within Program | 90% | 95% | 100% | 80% | 100% |
| <u>No Diagnostic Data</u> | | | | | |
| Clients | 1,120 | 328 | 6 | 1,110 | - |
| Percent within Program | 10% | 5% | 0% | 20% | - |
| <u>Grand Total</u> | 10,870 | 6,376 | 2,456 | 5,559 | 102 |

See notes 1, 3 and 7. Includes all primary and secondary DSM V diagnoses.

TABLE 1-8
Vermont Agency of Human Services
Department of Mental Health

PROBLEMS OF CLIENTS SERVED
by Clients' Primary Program Assignment
Fiscal Year 2020

| | <u>Children's Services</u> | <u>Adult MH Outpatient</u> | <u>Community Rehabilitation</u> | <u>Unassigned</u> | <u>VPCH</u> |
|------------------------------|--------------------------------|--------------------------------|-------------------------------------|-------------------|-------------|
| <u>Problem Area</u> | | | | | |
| Mood Disorders | 32% | 65% | 49% | 23% | - |
| Thought Disorders | 4% | 12% | 32% | 6% | - |
| Eating Disorders | 3% | 7% | 7% | 2% | - |
| Medical Somatic | 9% | 27% | 21% | 7% | - |
| Alcohol Abuse | 2% | 12% | 15% | 7% | - |
| Drug Abuse | 3% | 13% | 13% | 6% | - |
| Suicidal Tendencies | 10% | 13% | 19% | 13% | - |
| Problems in Daily Living | 50% | 57% | 45% | 21% | - |
| Social/Interpersonal | 44% | 40% | 41% | 15% | - |
| Marital/Family | 34% | 39% | 28% | 12% | - |
| Runaway | 5% | 2% | 3% | 1% | - |
| Criminal | 2% | 12% | 9% | 4% | - |
| Victim | 12% | 22% | 16% | 4% | - |
| <u>Problem Data Reported</u> | | | | | |
| Clients | 7,096 | 5,149 | 1,639 | 1,760 | - |
| Percent within Program | 65% | 81% | 67% | 32% | - |
| <u>No Problem Data</u> | | | | | |
| Clients | 3,774 | 1,227 | 817 | 3,799 | 102 |
| Percent within Program | 35% | 19% | 33% | 68% | 100% |
| <u>Grand Total</u> | 10,870 | 6,376 | 2,456 | 5,559 | 102 |

See notes 1, 3 and 8.

TABLE 1-9
Vermont Agency of Human Services
Department of Mental Health

LENGTH OF STAY OF CLIENTS SERVED
by Clients' Primary Program Assignment
Fiscal Year 2020

| | <u>Children's Services</u> | <u>Adult MH Outpatient</u> | <u>Community Rehabilitation</u> | <u>Unassigned</u> | <u>VPCH</u> |
|-------------------------------------|--------------------------------|--------------------------------|-------------------------------------|-------------------|-------------|
| <u>Year of Admission</u> | | | | | |
| Current Fiscal | 35% | 40% | 4% | 65% | 79% |
| Previous Fiscal | 23% | 22% | 6% | 13% | 18% |
| 3 - 5 Years Earlier | 25% | 17% | 15% | 9% | 3% |
| 6 - 10 Years Earlier | 12% | 12% | 21% | 6% | - |
| 11+ Years Earlier | 4% | 10% | 53% | 7% | - |
| <u>Length of Stay Data Reported</u> | | | | | |
| Clients | 10,831 | 6,358 | 2,434 | 4,381 | 102 |
| Percent within Program | 100% | 100% | 99% | 79% | 100% |
| <u>No Length of Stay Data</u> | | | | | |
| Clients | 39 | 18 | 22 | 1,178 | - |
| Percent within Program | 0% | 0% | 1% | 21% | - |
| <u>Grand Total</u> | 10,870 | 6,376 | 2,456 | 5,559 | 102 |

See notes 1, 3 and 9.

TABLE 1-10
 Vermont Agency of Human Services
 Department of Mental Health

CLINICAL INTERVENTIONS
 by Program of Service
 Fiscal Year 2020

| | <u>Children's Services</u> | <u>Adult MH Outpatient</u> | <u>Community Rehabilitation</u> | <u>Emergency</u> | <u>VPCH</u> |
|---|--------------------------------|--------------------------------|-------------------------------------|------------------|-------------|
| <u>Total</u> | | | | | |
| Clients Served | 11,356 | 7,598 | 2,843 | 8,368 | 102 |
| Number of Nonresidential Services | 508,443 | 105,271 | 289,023 | 38,234 | - |
| <u>Clients Receiving Clinical Interventions</u> | | | | | |
| Clients | 7,557 | 6,712 | 2,399 | 319 | - |
| Percent within Program | 67% | 88% | 84% | 4% | - |
| <u>Number of Clinical Interventions</u> | | | | | |
| Services | 72,600 | 65,546 | 34,608 | 853 | - |
| Percent within Program | 14% | 62% | 12% | 2% | - |
| <u>Clinical Interventions per Client</u> | | | | | |
| Average | 10 | 10 | 14 | 3 | - |

See notes 1, 3 and 10.

TABLE 1-10a
 Vermont Agency of Human Services
 Department of Mental Health

INDIVIDUAL, FAMILY, AND GROUP THERAPY
 by Program of Service
 Fiscal Year 2020

| | <u>Children's Services</u> | <u>Adult MH Outpatient</u> | <u>Community Rehabilitation</u> | <u>Emergency</u> | <u>VPCH</u> |
|------------------------------------|--------------------------------|--------------------------------|-------------------------------------|------------------|-------------|
| <u>Total</u> | | | | | |
| Clients Served | 11,356 | 7,598 | 2,843 | 8,368 | 102 |
| Number of Nonresidential Services | 508,443 | 105,271 | 289,023 | 38,234 | - |
| <u>Clients Receiving Therapy</u> | | | | | |
| Clients | 4,567 | 4,524 | 982 | 34 | - |
| Percent within Program | 40% | 60% | 35% | 0% | - |
| <u>Number of Therapy Sessions</u> | | | | | |
| Services | 61,327 | 50,734 | 17,468 | 169 | - |
| Percent within Program | 12% | 48% | 6% | 0% | - |
| <u>Therapy Sessions per Client</u> | | | | | |
| Average | 13 | 11 | 18 | 5 | - |

See notes 1, 3 and 10.

TABLE 1-10b
 Vermont Agency of Human Services
 Department of Mental Health

MEDICATION AND MEDICAL SUPPORT AND CONSULTATION SERVICES
 by Program of Service
 Fiscal Year 2020

| | <u>Children's Services</u> | <u>Adult MH Outpatient</u> | <u>Community Rehabilitation</u> | <u>Emergency</u> | <u>VPCH</u> |
|--|--------------------------------|--------------------------------|-------------------------------------|------------------|-------------|
| <u>Total</u> | | | | | |
| Clients Served | 11,356 | 7,598 | 2,843 | 8,368 | 102 |
| Number of Nonresidential Services | 508,443 | 105,271 | 289,023 | 38,234 | - |
| <u>Clients Receiving Medication Services</u> | | | | | |
| Clients | 1,245 | 2,198 | 2,156 | 219 | - |
| Percent within Program | 11% | 29% | 76% | 3% | - |
| <u>Number of Medication Services</u> | | | | | |
| Services | 4,649 | 10,804 | 16,360 | 421 | - |
| Percent within Program | 1% | 10% | 6% | 1% | - |
| <u>Medication Services per Client</u> | | | | | |
| Average | 4 | 5 | 8 | 2 | - |

See notes 1, 3 and 10.

TABLE 1-10c
 Vermont Agency of Human Services
 Department of Mental Health

CLINICAL ASSESSMENT SERVICES
 by Program of Service
 Fiscal Year 2020

| | <u>Children's Services</u> | <u>Adult MH Outpatient</u> | <u>Community Rehabilitation</u> | <u>Emergency</u> | <u>VPCH</u> |
|--|--------------------------------|--------------------------------|-------------------------------------|------------------|-------------|
| <u>Total</u> | | | | | |
| Clients Served | 11,356 | 7,598 | 2,843 | 8,368 | 102 |
| Number of Nonresidential Services | 508,443 | 105,271 | 289,023 | 38,234 | - |
| <u>Clients Receiving Clinical Assessment</u> | | | | | |
| Clients | 4,751 | 3,538 | 714 | 185 | - |
| Percent within Program | 42% | 47% | 25% | 2% | - |
| <u>Number of Clinical Assessments</u> | | | | | |
| Services | 6,624 | 4,008 | 780 | 263 | - |
| Percent within Program | 1% | 4% | 0% | 1% | - |
| <u>Clinical Assessments per Client</u> | | | | | |
| Average | 1 | 1 | 1 | 1 | - |

See notes 1, 3 and 10.

TABLE 1-11
 Vermont Agency of Human Services
 Department of Mental Health

DAY SERVICES
 by Program of Service
 Fiscal Year 2020

| | <u>Children's Services</u> | <u>Adult MH Outpatient</u> | <u>Community Rehabilitation</u> | <u>Emergency</u> | <u>VPCH</u> |
|---------------------------------------|--------------------------------|--------------------------------|-------------------------------------|------------------|-------------|
| <u>Total</u> | | | | | |
| Clients Served | 11,356 | 7,598 | 2,843 | 8,368 | 102 |
| Number of Nonresidential Services | 508,443 | 105,271 | 289,023 | 38,234 | - |
| <u>Clients Receiving Day Services</u> | | | | | |
| Clients | - | 63 | 321 | - | - |
| Percent within Program | - | 1% | 11% | - | - |
| <u>Number of Day Services</u> | | | | | |
| Services | - | 478 | 11,447 | - | - |
| Percent within Program | - | 0% | 4% | - | - |
| <u>Day Services per Client</u> | | | | | |
| Average | - | 8 | 36 | - | - |

See notes 1, 3 and 11.

TABLE 1-12
Vermont Agency of Human Services
Department of Mental Health

SERVICE PLANNING AND COORDINATION
by Program of Service
Fiscal Year 2020

| | <u>Children's Services</u> | <u>Adult MH Outpatient</u> | <u>Community Rehabilitation</u> | <u>Emergency</u> | <u>VPCH</u> |
|---|--------------------------------|--------------------------------|-------------------------------------|------------------|-------------|
| <u>Total</u> | | | | | |
| Clients Served | 11,356 | 7,598 | 2,843 | 8,368 | 102 |
| Number of Nonresidential Services | 508,443 | 105,271 | 289,023 | 38,234 | - |
| <u>Clients Receiving Service Planning and Coordination Services</u> | | | | | |
| Clients | 7,315 | 1,937 | 2,426 | 518 | - |
| Percent within Program | 64% | 25% | 85% | 6% | - |
| <u>Service Planning and Coordination Services</u> | | | | | |
| Services | 119,565 | 10,188 | 51,387 | 1,442 | - |
| Percent within Program | 24% | 10% | 18% | 4% | - |
| <u>Service Planning and Coordination Services per Client</u> | | | | | |
| Average | 16 | 5 | 21 | 3 | - |

See notes 1, 3 and 12.

TABLE 1-13
Vermont Agency of Human Services
Department of Mental Health

COMMUNITY SUPPORTS
by Program of Service
Fiscal Year 2020

| | <u>Children's Services</u> | <u>Adult MH Outpatient</u> | <u>Community Rehabilitation</u> | <u>Emergency</u> | <u>VPCH</u> |
|---|--------------------------------|--------------------------------|-------------------------------------|------------------|-------------|
| <u>Total</u> | | | | | |
| Clients Served | 11,356 | 7,598 | 2,843 | 8,368 | 102 |
| Number of Nonresidential Services | 508,443 | 105,271 | 289,023 | 38,234 | - |
| <u>Clients Receiving Community Supports</u> | | | | | |
| Clients | 8,326 | 2,913 | 2,647 | 1,849 | - |
| Percent within Program | 73% | 38% | 93% | 22% | - |
| <u>Number of Community Supports</u> | | | | | |
| Services | 310,279 | 28,682 | 173,914 | 7,392 | - |
| Percent within Program | 61% | 27% | 60% | 19% | - |
| <u>Community Supports per Client</u> | | | | | |
| Average | 37 | 10 | 66 | 4 | - |

See notes 1, 3 and 13.

TABLE 1-14
 Vermont Agency of Human Services
 Department of Mental Health

EMPLOYMENT SERVICES
 by Program of Service
 Fiscal Year 2020

| | <u>Children's Services</u> | <u>Adult MH Outpatient</u> | <u>Community Rehabilitation</u> | <u>Emergency</u> | <u>VPCH</u> |
|--|--------------------------------|--------------------------------|-------------------------------------|------------------|-------------|
| <u>Total</u> | | | | | |
| Clients Served | 11,356 | 7,598 | 2,843 | 8,368 | 102 |
| Number of Nonresidential Services | 508,443 | 105,271 | 289,023 | 38,234 | - |
| <u>Clients Receiving Employment Services</u> | | | | | |
| Clients | 220 | 19 | 610 | - | - |
| Percent within Program | 2% | 0% | 21% | - | - |
| <u>Number of Employment Services</u> | | | | | |
| Services | 2,015 | 220 | 11,391 | - | - |
| Percent within Program | 0% | 0% | 4% | - | - |
| <u>Employment Services per Client</u> | | | | | |
| Average | 9 | 12 | 19 | - | - |

See notes 1, 3 and 14.

TABLE 1-15a
Vermont Agency of Human Services
Department of Mental Health

EMERGENCY/CRISIS ASSESSMENT, SUPPORT AND REFERRAL
by Program of Service
Fiscal Year 2020

| | <u>Children's Services</u> | <u>Adult MH Outpatient</u> | <u>Community Rehabilitation</u> | <u>Emergency</u> | <u>VPCH</u> |
|--|--------------------------------|--------------------------------|-------------------------------------|------------------|-------------|
| <u>Total</u> | | | | | |
| Clients Served | 11,356 | 7,598 | 2,843 | 8,368 | 102 |
| Number of Nonresidential Services | 508,443 | 105,271 | 289,023 | 38,234 | - |
| <u>Clients Receiving Emergency/Crisis Services</u> | | | | | |
| Clients | 550 | 137 | 551 | 7,230 | - |
| Percent within Program | 5% | 2% | 19% | 86% | - |
| <u>Number of Emergency/Crisis Services</u> | | | | | |
| Services | 1,118 | 157 | 5,075 | 28,547 | - |
| Percent within Program | 0% | 0% | 2% | 75% | - |
| <u>Emergency/Crisis Services per Client</u> | | | | | |
| Average | 2 | 1 | 9 | 4 | - |

See notes 1, 3 and 15.

TABLE 1-15b
 Vermont Agency of Human Services
 Department of Mental Health

EMERGENCY/CRISIS BEDS
 by Program of Service
 Fiscal Year 2020

| | <u>Children's Services</u> | <u>Adult MH Outpatient</u> | <u>Community Rehabilitation</u> | <u>Emergency</u> | <u>VPCH</u> |
|--|--------------------------------|--------------------------------|-------------------------------------|------------------|-------------|
| <u>Total</u> | | | | | |
| Clients Served | 11,356 | 7,598 | 2,843 | 8,368 | 102 |
| <u>Clients Receiving Crisis Emergency Beds</u> | | | | | |
| Clients | 259 | 114 | 208 | 105 | - |
| Percent within Program | 2% | 2% | 7% | 1% | - |
| <u>Days of Crisis Emergency Bed Services</u> | | | | | |
| Number | 2,620 | 996 | 4,321 | 1,425 | - |
| <u>Emergency Bed Services Days per Client</u> | | | | | |
| Average | 10 | 9 | 21 | 14 | - |

See notes 1, 3 and 15.

TABLE 1-16
 Vermont Agency of Human Services
 Department of Mental Health

HOUSING AND HOME SUPPORTS
 by Program of Service
 Fiscal Year 2020

| | <u>Children's Services</u> | <u>Adult MH Outpatient</u> | <u>Community Rehabilitation</u> | <u>Emergency</u> | <u>VPCH</u> |
|---|--------------------------------|--------------------------------|-------------------------------------|------------------|-------------|
| <u>Total</u> | | | | | |
| Clients Served | 11,356 | 7,598 | 2,843 | 8,368 | 102 |
| <u>Clients Receiving Housing Services</u> | | | | | |
| Number | 121 | 19 | 238 | 299 | 102 |
| Percent within Program | 1% | 0% | 8% | 4% | 100% |
| <u>Days of Housing Services</u> | | | | | |
| Number | 16,883 | 2,336 | 56,181 | 8,772 | 7,102 |
| <u>Housing Service Days per Client</u> | | | | | |
| Average | 140 | 123 | 236 | 29 | 70 |

See notes 1, 3 and 16.

TABLE 1-17
Vermont Agency of Human Services
Department of Mental Health

CONDITION OF CLIENTS ON TERMINATION OF SERVICES
by Clients' Primary Program Assignment
Fiscal Year 2020

| | <u>Children's Services</u> | <u>Adult MH Outpatient</u> | <u>Community Rehabilitation</u> | <u>Unassigned</u> | <u>VPCH</u> |
|---|--------------------------------|--------------------------------|-------------------------------------|-------------------|-------------|
| <u>Condition on Termination</u> | | | | | |
| Improved | 72% | 57% | 57% | 24% | - |
| Unchanged | 25% | 40% | 34% | 72% | - |
| Worse | 3% | 4% | 8% | 4% | - |
| Total | 100% | 100% | 100% | 100% | - |
| <u>Condition on Termination Data Reported</u> | | | | | |
| Number | 727 | 308 | 61 | 222 | - |
| Percent of Discharged Clients | 81% | 67% | 69% | 68% | - |
| <u>No Condition on Termination Data</u> | | | | | |
| Number | 174 | 152 | 27 | 106 | - |
| Percent of Discharged Clients | 19% | 33% | 31% | 32% | - |
| <u>Total Discharges</u> | | | | | |
| Number | 901 | 460 | 88 | 328 | - |
| Discharge Rate (% of all Clients) | 8% | 7% | 4% | 6% | - |

See notes 1, 3 and especially 18.

Part 2: Community Programs

COMMUNITY PROGRAMS
Total Caseload by Agency
FY2020

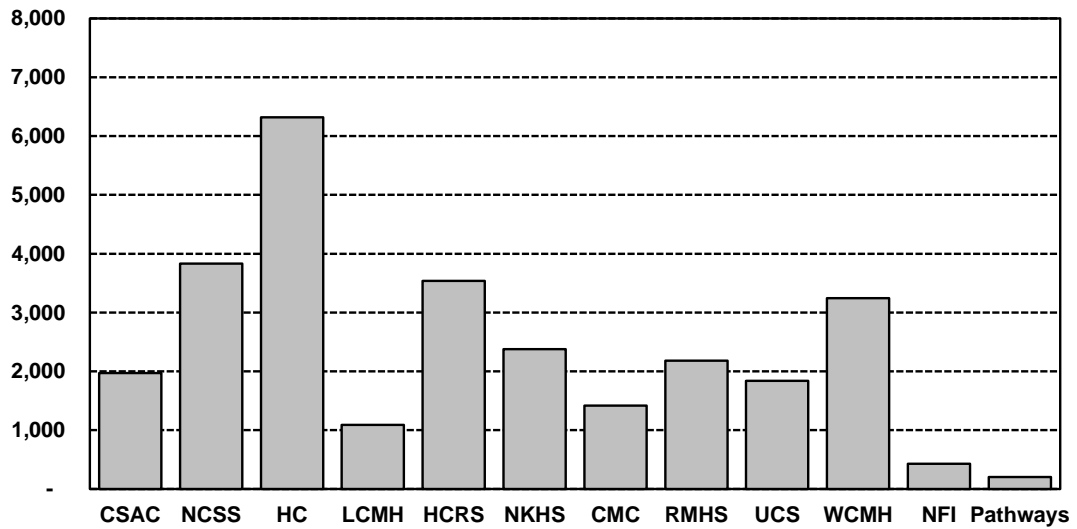


TABLE 2-1
Vermont Agency of Human Services
Department of Mental Health

PROGRAM OF SERVICE OF CLIENTS
Who Were Served Each Month by
Designated Agencies
Fiscal Year 2020

| <u>Month</u> | <u>Program of Service</u> | | | | <u>Total</u> |
|-----------------|----------------------------|----------------------------|---------------------------------|---------------------------|--------------|
| | <u>Children's Services</u> | <u>Adult MH Outpatient</u> | <u>Community Rehabilitation</u> | <u>Emergency Services</u> | |
| July | 5,098 | 3,221 | 2,293 | 967 | 11,579 |
| August | 5,464 | 3,142 | 2,284 | 908 | 11,798 |
| September | 6,149 | 3,127 | 2,286 | 1,025 | 12,587 |
| October | 6,712 | 2,949 | 2,271 | 1,328 | 13,260 |
| November | 6,703 | 2,778 | 2,244 | 1,148 | 12,873 |
| December | 6,797 | 2,793 | 2,161 | 1,212 | 12,963 |
| January | 7,126 | 3,028 | 2,197 | 1,322 | 13,673 |
| February | 7,077 | 2,935 | 2,173 | 1,245 | 13,430 |
| March | 7,142 | 3,041 | 2,193 | 1,178 | 13,554 |
| April | 6,594 | 2,846 | 2,183 | 979 | 12,602 |
| May | 6,503 | 2,718 | 2,133 | 1,033 | 12,387 |
| June | 6,315 | 2,896 | 2,159 | 1,086 | 12,456 |
| Monthly Average | 6,473 | 2,956 | 2,215 | 1,119 | 12,764 |

Clients served by more than one program of service during the fiscal year have been counted toward the number of clients served by each program, but only once toward the overall total.

See notes 1 and 3.

TABLE 2-2
Vermont Agency of Human Services
Department of Mental Health

PRIMARY PROGRAM ASSIGNMENT OF CLIENTS
Who Were Served Each Month by
Designated Agencies
Fiscal Year 2020

| Primary Program Assignment | | | | | |
|----------------------------|----------------------------|----------------------------|---------------------------------|-------------------|--------------|
| <u>Month</u> | <u>Children's Services</u> | <u>Adult MH Outpatient</u> | <u>Community Rehabilitation</u> | <u>Unassigned</u> | <u>Total</u> |
| July | 4,966 | 3,111 | 2,209 | 2,802 | 13,088 |
| August | 5,346 | 3,027 | 2,200 | 2,784 | 13,357 |
| September | 6,027 | 3,028 | 2,197 | 2,751 | 14,003 |
| October | 6,542 | 2,803 | 2,198 | 2,689 | 14,232 |
| November | 6,548 | 2,631 | 2,180 | 2,672 | 14,031 |
| December | 6,622 | 2,655 | 2,069 | 2,695 | 14,041 |
| January | 6,926 | 2,883 | 2,102 | 2,712 | 14,623 |
| February | 6,870 | 2,796 | 2,070 | 2,734 | 14,470 |
| March | 6,932 | 2,880 | 2,091 | 2,773 | 14,676 |
| April | 6,409 | 2,704 | 2,078 | 2,668 | 13,859 |
| May | 6,301 | 2,598 | 2,029 | 2,565 | 13,493 |
| June | 6,108 | 2,775 | 2,034 | 2,488 | 13,405 |
| Monthly Average | 6,300 | 2,824 | 2,121 | 2,694 | 13,940 |

See notes 1 and 3.

TABLE 2-3
Vermont Agency of Human Services
Department of Mental Health

AGE AND GENDER OF CLIENTS SERVED
Community Service Providers
Designated Agencies
Fiscal Year 2020

| | Clients Served | Age | | | | | | | Gender | |
|----------------------------------|-------------------|-------|--------|---------|---------|---------|---------|------|--------|--------|
| | | 0 - 6 | 7 - 12 | 13 - 19 | 20 - 34 | 35 - 49 | 50 - 64 | 65 + | Male | Female |
| OVERALL | 25,261 | 9% | 17% | 21% | 19% | 15% | 14% | 6% | 50% | 50% |
| <u>Designated Agency</u> | | | | | | | | | | |
| CSAC (Addison) | 1,802 | 13% | 17% | 22% | 17% | 9% | 13% | 9% | 47% | 53% |
| NCSS (Northwest) | 3,524 | 17% | 19% | 21% | 15% | 12% | 11% | 6% | 51% | 49% |
| HC (Chittenden) | 5,533 | 8% | 16% | 26% | 20% | 15% | 11% | 5% | 53% | 47% |
| LCMH (Lamoille) | 961 | 4% | 16% | 23% | 20% | 17% | 13% | 7% | 49% | 51% |
| HCRS (Southeast) | 3,128 | 6% | 19% | 19% | 20% | 15% | 15% | 5% | 50% | 50% |
| NKHS (Northeast) | 1,946 | 5% | 12% | 14% | 21% | 19% | 21% | 9% | 49% | 51% |
| CMC (Orange) | 1,417 | 5% | 15% | 22% | 21% | 15% | 15% | 7% | 48% | 52% |
| RMHS (Rutland) | 1,811 | 14% | 21% | 21% | 13% | 11% | 13% | 7% | 52% | 48% |
| UCS (Bennington) | 1,631 | 4% | 15% | 17% | 22% | 17% | 17% | 6% | 46% | 54% |
| WCMH (Washington) | 2,878 | 6% | 14% | 16% | 22% | 18% | 16% | 9% | 50% | 50% |
| Northeastern Family Institute | 428 | 6% | 25% | 68% | 1% | - | - | - | 42% | 58% |
| Pathways | 202 | - | - | - | 17% | 38% | 37% | 8% | 61% | 39% |

See notes 2, 3 and 4.

TABLE 2-4
Vermont Agency of Human Services
Department of Mental Health

RESPONSIBILITY FOR FEE OF CLIENTS SERVED
Designated Agencies
Fiscal Year 2020

| | Total Clients Served | Responsibility for Fee | | | | |
|----------------------------------|-------------------------|------------------------|----------|--------------------|-----------------|-----------------------|
| | | Medicaid | Medicare | Other Insurance | State Agency | Unknown/ Uninsured |
| OVERALL | 25,261 | 65% | 13% | 19% | 4% | 14% |
| <u>Designated Agency</u> | | | | | | |
| CSAC (Addison) | 1,802 | 64% | 15% | 28% | 2% | 7% |
| NCSS (Northwest) | 3,524 | 50% | 11% | 21% | - | 18% |
| HC (Chittenden) | 5,533 | 57% | 11% | 23% | 3% | 24% |
| LCMH (Lamoille) | 961 | 66% | 14% | 13% | - | 22% |
| HCRS (Southeast) | 3,128 | 74% | 18% | 19% | 8% | 8% |
| NKHS (Northeast) | 1,946 | 77% | 8% | 9% | - | 13% |
| CMC (Orange) | 1,417 | 60% | 9% | 21% | 4% | 15% |
| RMHS (Rutland) | 1,811 | 77% | 19% | 15% | 1% | 5% |
| UCS (Bennington) | 1,631 | 64% | 18% | 19% | 16% | 9% |
| WCMH (Washington) | 2,878 | 74% | 18% | 17% | 1% | 10% |
| Northeastern Family Institute | 428 | 64% | - | 15% | 20% | 3% |
| Pathways | 202 | 100% | - | - | - | - |

See notes 2, 3 and especially 6.

TABLE 2-5
Vermont Agency of Human Services
Department of Mental Health

DIAGNOSIS OF CLIENTS SERVED

Designated Agencies

Fiscal Year 2020

| <u>ICD 10</u> | <i>Total Clients Served</i> | <i>No Dx Data</i> | <i>Physiological Conditions</i> | <i>Psychoactive Substance Use</i> | <i>Schizophrenia Non-Mood Psych Disorders</i> | <i>Mood Disorders</i> | <i>Anxiety Other Nonpsy Mental Disorders</i> | <i>Behavioral Syndromes</i> | <i>Disorders of Adult Personality and Behavior</i> | <i>Intellectual Disabilities</i> | <i>Pervasive Specific Dev Disorders</i> | <i>Beh Emotion Disorder/Child Adol</i> | <i>Unspecified Mental Disorder</i> | <u>Reported N</u> |
|----------------------------------|-----------------------------|-------------------|---------------------------------|-----------------------------------|---|-----------------------|--|-----------------------------|--|----------------------------------|---|--|------------------------------------|-----------------------|
| OVERALL | 25,261 | 10% | 1% | 15% | 8% | 34% | 62% | 1% | 5% | 2% | 5% | 15% | 0% | 22,697 |
| <u>Designated Agency</u> | | | | | | | | | | | | | | |
| CSAC (Addison) | 1,802 | 15% | 1% | 8% | 6% | 38% | 60% | 1% | 2% | 1% | 7% | 14% | 0% | 1,524 |
| NCSS (Northwest) | 3,524 | 16% | 1% | 9% | 4% | 23% | 68% | 1% | 4% | 2% | 7% | 15% | - | 2,955 |
| HC (Chittenden) | 5,533 | 12% | 1% | 20% | 10% | 28% | 60% | 1% | 3% | 2% | 7% | 17% | 1% | 4,853 |
| LCMH (Lamoille) | 961 | - | 1% | 13% | 6% | 28% | 72% | 1% | 3% | 2% | 5% | 10% | 0% | 957 |
| HCRS (Southeast) | 3,128 | 6% | 1% | 16% | 9% | 46% | 57% | 1% | 5% | 2% | 5% | 15% | 0% | 2,945 |
| NKHS (Northeast) | 1,946 | 3% | 2% | 20% | 11% | 38% | 68% | 1% | 9% | 1% | 4% | 19% | 0% | 1,889 |
| CMC (Orange) | 1,417 | 29% | 0% | 4% | 7% | 21% | 57% | 0% | 7% | 0% | 2% | 8% | 0% | 1,007 |
| RMHS (Rutland) | 1,811 | 9% | 1% | 15% | 12% | 40% | 61% | 1% | 6% | 2% | 4% | 17% | 2% | 1,646 |
| UCS (Bennington) | 1,631 | 5% | 1% | 18% | 6% | 44% | 69% | 1% | 6% | 1% | 3% | 18% | - | 1,546 |
| WCMH (Washington) | 2,878 | 4% | 1% | 16% | 10% | 36% | 61% | 0% | 4% | 2% | 3% | 12% | 0% | 2,775 |
| Northeastern Family Institute | 428 | 7% | - | 4% | 0% | 47% | 69% | 1% | 4% | 1% | 4% | 31% | - | 398 |
| Pathways | 202 | - | 0% | 1% | 22% | 28% | 41% | - | 3% | - | - | 3% | - | 202 |

As clients may have as many as four diagnoses reported, diagnostic groups do not represent an unduplicated count of clients served.

See notes 2, 3 and 7.

TABLE 2-6
Vermont Agency of Human Services
Department of Mental Health

LENGTH OF STAY OF CLIENTS SERVED

Designated Agencies
Fiscal Year 2020

| | Total Clients Served | No Data | Year of Admission | | | | | Reported N |
|----------------------------------|----------------------------|------------|---------------------------|----------------------------|---------------------------|----------------------------|-------------------------|---------------|
| | | | Current Fiscal Year | Previous Fiscal Year | 3 - 5 Years Earlier | 6 - 10 Years Earlier | 11+ Years Earlier | |
| OVERALL | 25,261 | 5% | 39% | 19% | 19% | 12% | 11% | 24,004 |
| <u>Designated Agency</u> | | | | | | | | |
| CSAC (Addison) | 1,802 | 1% | 36% | 19% | 21% | 12% | 12% | 1,779 |
| NCSS (Northwest) | 3,524 | 0% | 49% | 22% | 17% | 6% | 6% | 3,517 |
| HC (Chittenden) | 5,533 | 13% | 26% | 15% | 21% | 17% | 21% | 4,790 |
| LCMH (Lamoille) | 961 | 1% | 53% | 16% | 15% | 16% | 1% | 949 |
| HCRS (Southeast) | 3,128 | 7% | 32% | 25% | 22% | 11% | 10% | 2,917 |
| NKHS (Northeast) | 1,946 | - | 31% | 19% | 17% | 16% | 17% | 1,946 |
| CMC (Orange) | 1,417 | 14% | 37% | 24% | 18% | 14% | 7% | 1,223 |
| RMHS (Rutland) | 1,811 | 2% | 48% | 19% | 20% | 6% | 7% | 1,772 |
| UCS (Bennington) | 1,631 | 1% | 53% | 17% | 15% | 7% | 9% | 1,617 |
| WCMH (Washington) | 2,878 | 0% | 42% | 20% | 20% | 9% | 8% | 2,871 |
| Northeastern Family Institute | 428 | 2% | 73% | 13% | 10% | 4% | - | 421 |
| Pathways | 202 | - | 5% | 2% | 9% | 82% | 1% | 202 |

See notes 2, 3 and 9.

2A: Children's Services Programs

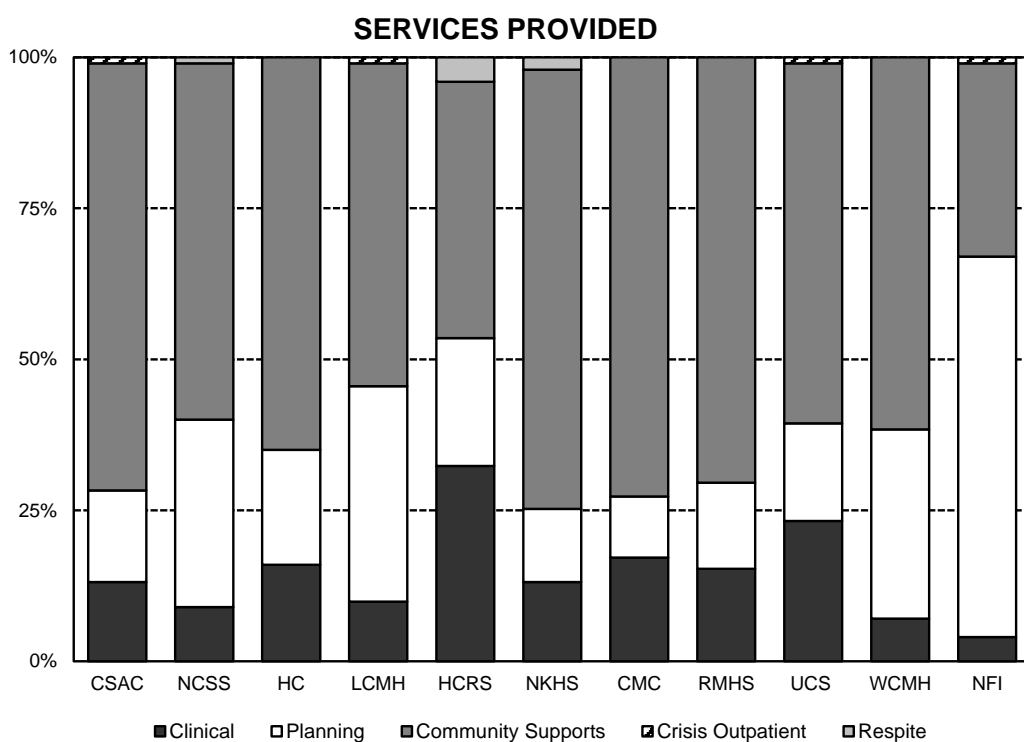


TABLE 2A-1
Vermont Agency of Human Services
Department of Mental Health
CHILDREN'S SERVICES PROGRAMS

AGE AND GENDER OF CLIENTS SERVED

Designated Agencies
Fiscal Year 2020

| | Clients Served | Age | | | | | | | Gender | |
|----------------------------------|-------------------|-------|--------|---------|---------|---------|---------|------|--------|--------|
| | | 0 - 6 | 7 - 12 | 13 - 19 | 20 - 34 | 35 - 49 | 50 - 64 | 65 + | Male | Female |
| OVERALL | 10,870 | 19% | 37% | 39% | 4% | 1% | 1% | - | 55% | 45% |
| <u>Designated Agency</u> | | | | | | | | | | |
| CSAC (Addison) | 940 | 24% | 33% | 38% | 5% | - | - | - | 53% | 47% |
| NCSS (Northwest) | 1,891 | 30% | 34% | 32% | 3% | - | - | - | 58% | 42% |
| HC (Chittenden) | 2,487 | 16% | 30% | 40% | 6% | 3% | 2% | 1% | 55% | 45% |
| LCMH (Lamoille) | 380 | 10% | 40% | 49% | 1% | - | - | - | 55% | 45% |
| HCRS (Southeast) | 1,221 | 16% | 47% | 36% | 2% | - | - | - | 54% | 46% |
| NKHS (Northeast) | 486 | 18% | 45% | 35% | 2% | - | - | - | 63% | 37% |
| CMC (Orange) | 578 | 11% | 34% | 47% | 8% | - | - | - | 51% | 49% |
| RMHS (Rutland) | 970 | 26% | 39% | 35% | - | - | - | - | 55% | 45% |
| UCS (Bennington) | 508 | 13% | 48% | 38% | 1% | - | - | - | 55% | 45% |
| WCMH (Washington) | 981 | 17% | 41% | 39% | 3% | - | - | - | 59% | 41% |
| Northeastern Family Institute | 428 | 6% | 25% | 68% | 1% | - | - | - | 42% | 58% |

See notes 2, 3 and 4.

TABLE 2A-2
Vermont Agency of Human Services
Department of Mental Health
CHILDREN'S SERVICES PROGRAMS

RESPONSIBILITY FOR FEE OF CLIENTS SERVED

Designated Agencies

Fiscal Year 2020

| | Total Clients Served | Responsibility for Fee | | | | |
|----------------------------------|-------------------------|------------------------|----------|--------------------|-----------------|-----------------------|
| | | Medicaid | Medicare | Other Insurance | State Agency | Unknown/ Uninsured |
| OVERALL | 10,870 | 79% | 1% | 17% | 3% | 7% |
| <u>Designated Agency</u> | | | | | | |
| CSAC (Addison) | 940 | 79% | 0% | 18% | 0% | 5% |
| NCSS (Northwest) | 1,891 | 67% | 0% | 16% | - | 16% |
| HC (Chittenden) | 2,487 | 77% | 3% | 27% | 5% | 5% |
| LCMH (Lamoille) | 380 | 81% | - | 13% | - | 12% |
| HCRS (Southeast) | 1,221 | 83% | - | 15% | 9% | 5% |
| NKHS (Northeast) | 486 | 93% | - | 3% | - | 4% |
| CMC (Orange) | 578 | 79% | - | 14% | - | 9% |
| RMHS (Rutland) | 970 | 90% | 0% | 13% | - | 2% |
| UCS (Bennington) | 508 | 89% | 0% | 10% | - | 3% |
| WCMH (Washington) | 981 | 85% | 0% | 14% | 4% | 5% |
| Northeastern Family Institute | 428 | 64% | - | 15% | 20% | 3% |

See notes 2, 3 and especially 6.

TABLE 2A-3
Vermont Agency of Human Services
Department of Mental Health
CHILDREN'S SERVICES PROGRAMS

DIAGNOSIS OF CLIENTS SERVED

Designated Agencies

Fiscal Year 2020

| ICD 10 | Total Clients Served | No Dx Data | Physiological Conditions | Psychoactive Substance Use | Schizophrenia Non-Mood Psych Disorders | Mood Disorders | Anxiety Other Nonpsy Mental Disorders | Behavioral Syndromes | Disorders of Adult Personality and Behavior | Intellectual Disabilities | Pervasive Specific Dev Disorders | Beh Emotion Disorders/Child Adol | Unspecified Mental Disorder | Reported N |
|----------------------------------|----------------------|------------|--------------------------|----------------------------|--|----------------|---------------------------------------|----------------------|---|---------------------------|----------------------------------|----------------------------------|-----------------------------|---------------|
| OVERALL | 10,870 | 10% | - | 2% | - | 19% | 72% | 1% | 2% | 3% | 10% | 29% | - | 9,750 |
| <u>Designated Agency</u> | | | | | | | | | | | | | | |
| CSAC (Addison) | 940 | 20% | - | 2% | - | 15% | 69% | 1% | 1% | 2% | 12% | 25% | - | 753 |
| NCSS (Northwest) | 1,891 | 16% | - | 2% | - | 13% | 70% | - | 1% | 3% | 13% | 26% | - | 1,588 |
| HC (Chittenden) | 2,487 | 4% | - | 5% | 1% | 20% | 73% | 1% | 1% | 4% | 14% | 28% | - | 2,393 |
| LCMH (Lamoille) | 380 | - | 1% | 1% | - | 13% | 78% | 1% | 1% | 4% | 11% | 20% | - | 378 |
| HCRS (Southeast) | 1,221 | 9% | - | 2% | 1% | 29% | 71% | 1% | 2% | 3% | 9% | 36% | - | 1,108 |
| NKHS (Northeast) | 486 | 10% | 1% | - | - | 13% | 74% | - | 2% | - | 9% | 35% | - | 438 |
| CMC (Orange) | 578 | 25% | - | - | - | 9% | 70% | - | 2% | - | 3% | 17% | - | 434 |
| RMHS (Rutland) | 970 | 13% | - | 1% | - | 24% | 72% | 1% | 3% | 2% | 6% | 32% | - | 841 |
| UCS (Bennington) | 508 | 5% | 1% | 1% | - | 21% | 72% | - | 2% | 2% | 7% | 38% | - | 485 |
| WCMH (Washington) | 981 | 5% | - | 2% | 1% | 16% | 72% | - | 1% | 2% | 7% | 26% | - | 934 |
| Northeastern Family Institute | 428 | 7% | - | 4% | - | 47% | 69% | 1% | 4% | 1% | 4% | 31% | - | 398 |

As clients may have as many as four diagnoses reported, diagnostic groups do not represent an unduplicated count of clients served.

See notes 2, 3 and 7.

TABLE 2A-4
Vermont Agency of Human Services
Department of Mental Health
CHILDREN'S SERVICES PROGRAMS

LENGTH OF STAY OF CLIENTS SERVED

Designated Agencies

Fiscal Year 2020

| | Total Clients Served | No Data | Year of Admission | | | | | Reported N |
|----------------------------------|----------------------------|------------|---------------------------|----------------------------|---------------------------|----------------------------|-------------------------|---------------|
| | | | Current Fiscal Year | Previous Fiscal Year | 3 - 5 Years Earlier | 6 - 10 Years Earlier | 11+ Years Earlier | |
| OVERALL | 10,870 | 0% | 35% | 23% | 25% | 12% | 4% | 10,831 |
| <u>Designated Agency</u> | | | | | | | | |
| CSAC (Addison) | 940 | 0% | 36% | 21% | 26% | 14% | 4% | 937 |
| NCSS (Northwest) | 1,891 | 0% | 41% | 27% | 23% | 8% | 2% | 1,888 |
| HC (Chittenden) | 2,487 | 0% | 19% | 18% | 29% | 23% | 11% | 2,485 |
| LCMH (Lamoille) | 380 | 1% | 50% | 17% | 19% | 12% | 1% | 375 |
| HCRS (Southeast) | 1,221 | 0% | 32% | 30% | 26% | 10% | 2% | 1,217 |
| NKHS (Northeast) | 486 | - | 34% | 25% | 25% | 14% | 2% | 486 |
| CMC (Orange) | 578 | 0% | 35% | 28% | 23% | 13% | 2% | 577 |
| RMHS (Rutland) | 970 | 1% | 42% | 25% | 27% | 6% | 1% | 960 |
| UCS (Bennington) | 508 | 0% | 43% | 27% | 24% | 6% | 1% | 506 |
| WCMH (Washington) | 981 | 0% | 39% | 26% | 23% | 10% | 1% | 979 |
| Northeastern Family Institute | 428 | 2% | 73% | 13% | 10% | 4% | - | 421 |

See notes 2, 3 and 9.

TABLE 2A-5
Vermont Agency of Human Services
Department of Mental Health
CHILDREN'S SERVICES PROGRAMS

CLINICAL INTERVENTIONS

Designated Agencies

Fiscal Year 2020

| | <u>Total Clients Served</u> | <u>Clients Receiving Clinical Interventions Number</u> | <u>Percent</u> | <u>Number of Clinical Interventions</u> | <u>Services as Percentage of all Children's Non- Residential Services</u> | <u>Clinical Interventions Per Client</u> |
|----------------------------------|-------------------------------------|--|----------------|---|---|--|
| OVERALL | 11,356 | 7,557 | 67% | 72,600 | 14% | 10 |
| <u>Designated Agency</u> | | | | | | |
| CSAC (Addison) | 858 | 586 | 68% | 4,379 | 13% | 7 |
| NCSS (Northwest) | 1,948 | 1,344 | 69% | 7,790 | 9% | 6 |
| HC (Chittenden) | 2,793 | 1,889 | 68% | 22,624 | 16% | 12 |
| LCMH (Lamoille) | 390 | 215 | 55% | 2,117 | 10% | 10 |
| HCRS (Southeast) | 1,283 | 1,024 | 80% | 14,818 | 32% | 14 |
| NKHS (Northeast) | 540 | 262 | 49% | 1,727 | 13% | 7 |
| CMC (Orange) | 555 | 452 | 81% | 4,522 | 17% | 10 |
| RMHS (Rutland) | 1,003 | 697 | 69% | 4,537 | 15% | 7 |
| UCS (Bennington) | 515 | 371 | 72% | 3,553 | 23% | 10 |
| WCMH (Washington) | 1,043 | 667 | 64% | 6,108 | 7% | 9 |
| Northeastern Family Institute | 428 | 50 | 12% | 425 | 4% | 8 |

See notes 2, 3 and 10.

TABLE 2A-5a
Vermont Agency of Human Services
Department of Mental Health
CHILDREN'S SERVICES PROGRAMS

INDIVIDUAL, FAMILY, AND GROUP THERAPY
Designated Agencies
Fiscal Year 2020

| | <u>Total Clients Served</u> | <u>Clients Receiving Therapy Number</u> | <u>Percent</u> | <u>Number of Therapy Sessions</u> | <u>Services as Percentage of all Children's Non- Residential Services</u> | <u>Therapy Sessions Per Client</u> |
|----------------------------------|-------------------------------------|---|----------------|---|---|--|
| OVERALL | 11,356 | 4,567 | 40% | 61,327 | 12% | 13 |
| <u>Designated Agency</u> | | | | | | |
| CSAC (Addison) | 858 | 360 | 42% | 3,670 | 11% | 10 |
| NCSS (Northwest) | 1,948 | 639 | 33% | 5,907 | 7% | 9 |
| HC (Chittenden) | 2,793 | 1,269 | 45% | 20,625 | 14% | 16 |
| LCMH (Lamoille) | 390 | 127 | 33% | 1,682 | 8% | 13 |
| HCRS (Southeast) | 1,283 | 841 | 66% | 13,425 | 29% | 16 |
| NKHS (Northeast) | 540 | 129 | 24% | 1,109 | 8% | 9 |
| CMC (Orange) | 555 | 367 | 66% | 4,116 | 16% | 11 |
| RMHS (Rutland) | 1,003 | 371 | 37% | 3,754 | 12% | 10 |
| UCS (Bennington) | 515 | 174 | 34% | 2,097 | 14% | 12 |
| WCMH (Washington) | 1,043 | 265 | 25% | 4,560 | 5% | 17 |
| Northeastern Family Institute | 428 | 25 | 6% | 382 | 4% | 15 |

See notes 2, 3 and 10.

TABLE 2A-5b
Vermont Agency of Human Services
Department of Mental Health
CHILDREN'S SERVICES PROGRAMS

MEDICATION AND MEDICAL SUPPORT AND CONSULTATION SERVICES

Designated Agencies

Fiscal Year 2020

| | <u>Total Clients Served</u> | <u>Clients Receiving Medication Services Number</u> | <u>Percent</u> | <u>Number of Medication Services</u> | <u>Services as Percentage of all Children's Non- Residential Services</u> | <u>Medication Services Per Client</u> |
|----------------------------------|-------------------------------------|---|----------------|--|---|---|
| OVERALL | 11,356 | 1,245 | 11% | 4,649 | 1% | 4 |
| <u>Designated Agency</u> | | | | | | |
| CSAC (Addison) | 858 | 106 | 12% | 280 | 1% | 3 |
| NCSS (Northwest) | 1,948 | 201 | 10% | 725 | 1% | 4 |
| HC (Chittenden) | 2,793 | 222 | 8% | 708 | 0% | 3 |
| LCMH (Lamoille) | 390 | 40 | 10% | 204 | 1% | 5 |
| HCRS (Southeast) | 1,283 | 145 | 11% | 697 | 2% | 5 |
| NKHS (Northeast) | 540 | 97 | 18% | 408 | 3% | 4 |
| CMC (Orange) | 555 | 68 | 12% | 143 | 1% | 2 |
| RMHS (Rutland) | 1,003 | 85 | 8% | 302 | 1% | 4 |
| UCS (Bennington) | 515 | 62 | 12% | 159 | 1% | 3 |
| WCMH (Washington) | 1,043 | 219 | 21% | 1,023 | 1% | 5 |
| Northeastern Family Institute | 428 | - | - | - | - | - |

See notes 2, 3 and 10.

TABLE 2A-5c
Vermont Agency of Human Services
Department of Mental Health
CHILDREN'S SERVICES PROGRAMS

CLINICAL ASSESSMENT SERVICES

Designated Agencies
Fiscal Year 2020

| | <u>Total Clients Served</u> | <u>Clients Receiving Clinical Assessment Number</u> | <u>Percent</u> | <u>Number of Clinical Assessments</u> | <u>Services as Percentage of all Children's Non- Residential Services</u> | <u>Clinical Assessment Per Client</u> |
|----------------------------------|-------------------------------------|---|----------------|---|---|---|
| OVERALL | 11,356 | 4,751 | 42% | 6,624 | 1% | 1 |
| <u>Designated Agency</u> | | | | | | |
| CSAC (Addison) | 858 | 385 | 45% | 429 | 1% | 1 |
| NCSS (Northwest) | 1,948 | 1,043 | 54% | 1,158 | 1% | 1 |
| HC (Chittenden) | 2,793 | 922 | 33% | 1,291 | 1% | 1 |
| LCMH (Lamoille) | 390 | 140 | 36% | 231 | 1% | 2 |
| HCRS (Southeast) | 1,283 | 588 | 46% | 696 | 2% | 1 |
| NKHS (Northeast) | 540 | 177 | 33% | 210 | 2% | 1 |
| CMC (Orange) | 555 | 257 | 46% | 263 | 1% | 1 |
| RMHS (Rutland) | 1,003 | 450 | 45% | 481 | 2% | 1 |
| UCS (Bennington) | 515 | 287 | 56% | 1,297 | 8% | 5 |
| WCMH (Washington) | 1,043 | 475 | 46% | 525 | 1% | 1 |
| Northeastern Family Institute | 428 | 27 | 6% | 43 | 0% | 2 |

See notes 2, 3 and 10.

TABLE 2A-6
Vermont Agency of Human Services
Department of Mental Health
CHILDREN'S SERVICES PROGRAMS

SERVICE PLANNING AND COORDINATION

Designated Agencies

Fiscal Year 2020

| | <u>Total Clients Served</u> | <u>Clients Receiving Planning Services Number</u> | <u>Percent</u> | <u>Number of Planning Services</u> | <u>Services as Percentage of all Children's Non- Residential Services</u> | <u>Planning Services Per Client</u> |
|----------------------------------|-------------------------------------|---|----------------|--|---|---|
| OVERALL | 11,356 | 7,315 | 64% | 119,565 | 24% | 16 |
| <u>Designated Agency</u> | | | | | | |
| CSAC (Addison) | 858 | 373 | 43% | 4,745 | 15% | 13 |
| NCSS (Northwest) | 1,948 | 1,469 | 75% | 25,956 | 31% | 18 |
| HC (Chittenden) | 2,793 | 1,728 | 62% | 26,837 | 19% | 16 |
| LCMH (Lamoille) | 390 | 274 | 70% | 7,612 | 36% | 28 |
| HCRS (Southeast) | 1,283 | 879 | 69% | 9,748 | 21% | 11 |
| NKHS (Northeast) | 540 | 348 | 64% | 1,661 | 12% | 5 |
| CMC (Orange) | 555 | 372 | 67% | 2,623 | 10% | 7 |
| RMHS (Rutland) | 1,003 | 700 | 70% | 4,315 | 14% | 6 |
| UCS (Bennington) | 515 | 303 | 59% | 2,453 | 16% | 8 |
| WCMH (Washington) | 1,043 | 711 | 68% | 26,976 | 31% | 38 |
| Northeastern Family Institute | 428 | 158 | 37% | 6,639 | 63% | 42 |

See notes 2, 3 and 12.

TABLE 2A-7
Vermont Agency of Human Services
Department of Mental Health
CHILDREN'S SERVICES PROGRAMS

COMMUNITY SUPPORTS

Designated Agencies

Fiscal Year 2020

| | <u>Total Clients Served</u> | <u>Clients Receiving Support Services Number</u> | <u>Percent</u> | <u>Number of Community Support Services</u> | <u>Services as Percentage of all Children's Non- Residential Services</u> | <u>Support Services Per Client</u> |
|----------------------------------|-------------------------------------|--|----------------|---|---|--|
| OVERALL | 11,356 | 8,326 | 73% | 310,279 | 61% | 37 |
| <u>Designated Agency</u> | | | | | | |
| CSAC (Addison) | 858 | 579 | 67% | 22,821 | 70% | 39 |
| NCSS (Northwest) | 1,948 | 1,432 | 74% | 49,085 | 59% | 34 |
| HC (Chittenden) | 2,793 | 1,802 | 65% | 92,702 | 65% | 51 |
| LCMH (Lamoille) | 390 | 309 | 79% | 11,510 | 54% | 37 |
| HCRS (Southeast) | 1,283 | 1,000 | 78% | 19,217 | 42% | 19 |
| NKHS (Northeast) | 540 | 477 | 88% | 9,878 | 72% | 21 |
| CMC (Orange) | 555 | 503 | 91% | 18,659 | 72% | 37 |
| RMHS (Rutland) | 1,003 | 843 | 84% | 21,031 | 69% | 25 |
| UCS (Bennington) | 515 | 430 | 83% | 9,097 | 59% | 21 |
| WCMH (Washington) | 1,043 | 856 | 82% | 52,944 | 61% | 62 |
| Northeastern Family Institute | 428 | 95 | 22% | 3,335 | 32% | 35 |

See notes 2, 3 and 13.

TABLE 2A-8a
Vermont Agency of Human Services
Department of Mental Health
CHILDREN'S SERVICES PROGRAMS

EMERGENCY/CRISIS ASSESSMENT, SUPPORT AND REFERRAL

Designated Agencies

Fiscal Year 2020

| | <u>Total Clients Served</u> | <u>Clients Receiving Emerg./Crisis Services Number</u> | <u>Percent</u> | <u>Number of Emerg./Crisis Services</u> | <u>Services as Percentage of all Children's Non- Residential Services</u> | <u>Emerg./Crisis Services Per Client</u> |
|----------------------------------|-------------------------------------|--|----------------|---|---|--|
| OVERALL | 11,356 | 550 | 5% | 1,118 | 0% | 2 |
| <u>Designated Agency</u> | | | | | | |
| CSAC (Addison) | 858 | 110 | 13% | 223 | 1% | 2 |
| NCSS (Northwest) | 1,948 | - | - | - | - | - |
| HC (Chittenden) | 2,793 | - | - | - | - | - |
| LCMH (Lamoille) | 390 | 100 | 26% | 161 | 1% | 2 |
| HCRS (Southeast) | 1,283 | 53 | 4% | 67 | - | 1 |
| NKHS (Northeast) | 540 | 17 | 3% | 21 | - | 1 |
| CMC (Orange) | 555 | - | - | - | - | - |
| RMHS (Rutland) | 1,003 | 52 | 5% | 95 | - | 2 |
| UCS (Bennington) | 515 | 79 | 15% | 225 | 1% | 3 |
| WCMH (Washington) | 1,043 | 110 | 11% | 205 | - | 2 |
| Northeastern Family Institute | 428 | 29 | 7% | 121 | 1% | 4 |

See notes 2, 3 and 15.

TABLE 2A-8b
Vermont Agency of Human Services
Department of Mental Health
CHILDREN'S SERVICES PROGRAMS

EMERGENCY/CRISIS BEDS

Designated Agencies

Fiscal Year 2020

| | <u>Total Clients Served</u> | <u>Clients Receiving Emerg./Crisis Bed Services</u> | | <u>Days of Emerg./Crisis Bed Services</u> | <u>Emergency/Crisis Bed Days Per Client</u> |
|----------------------------------|-------------------------------------|---|----------------|---|---|
| | | <u>Number</u> | <u>Percent</u> | | |
| OVERALL | 11,356 | 259 | 2% | 2,620 | 10 |
| <u>Designated Agency</u> | | | | | |
| CSAC (Addison) | 858 | - | - | - | - |
| NCSS (Northwest) | 1,948 | - | - | - | - |
| HC (Chittenden) | 2,793 | 24 | 1% | 230 | 10 |
| LCMH (Lamoille) | 390 | - | - | - | - |
| HCRS (Southeast) | 1,283 | - | - | - | - |
| NKHS (Northeast) | 540 | - | - | - | - |
| CMC (Orange) | 555 | - | - | - | - |
| RMHS (Rutland) | 1,003 | - | - | - | - |
| UCS (Bennington) | 515 | - | - | - | - |
| WCMH (Washington) | 1,043 | 1 | 0% | 2 | 2 |
| Northeastern Family Institute | 428 | 234 | 55% | 2,388 | 10 |

See notes 2, 3 and 15.

TABLE 2A-9
Vermont Agency of Human Services
Department of Mental Health
CHILDREN'S SERVICES PROGRAMS

HOUSING AND HOME SUPPORTS

Designated Agencies

Fiscal Year 2020

| | <u>Total Clients Served</u> | <u>Clients Receiving Housing & Home Supports Number</u> | <u>Percent</u> | <u>Days of Housing & Home Support Services</u> | <u>Housing & Home Support Days Per Client</u> |
|----------------------------------|-------------------------------------|---|----------------|--|---|
| OVERALL | 11,356 | 121 | 1% | 16,883 | 140 |
| <u>Designated Agency</u> | | | | | |
| CSAC (Addison) | 858 | - | - | - | - |
| NCSS (Northwest) | 1,948 | - | - | - | - |
| HC (Chittenden) | 2,793 | 21 | 1% | 3,294 | 157 |
| LCMH (Lamoille) | 390 | - | - | - | - |
| HCRS (Southeast) | 1,283 | - | - | - | - |
| NKHS (Northeast) | 540 | - | - | - | - |
| CMC (Orange) | 555 | - | - | - | - |
| RMHS (Rutland) | 1,003 | - | - | - | - |
| UCS (Bennington) | 515 | - | - | - | - |
| WCMH (Washington) | 1,043 | 48 | 5% | 5,501 | 115 |
| Northeastern Family Institute | 428 | 52 | 12% | 8,088 | 156 |

See notes 2, 3 and 16.

TABLE 2A-10
Vermont Agency of Human Services
Department of Mental Health
CHILDREN'S SERVICES PROGRAMS

RESPITE SERVICES
Designated Agencies
Fiscal Year 2020

| | <u>Total Clients Served</u> | <u>Clients Receiving Respite Services Number</u> | <u>Percent</u> | <u>Number of Respite Services</u> | <u>Services as Percentage of all Children's Non- Residential Services</u> | <u>Respite Services Per Client</u> |
|----------------------------------|-------------------------------------|--|----------------|---|---|--|
| OVERALL | 11,356 | 286 | 3% | 2,866 | 1% | 10 |
| <u>Designated Agency</u> | | | | | | |
| CSAC (Addison) | 858 | 4 | 0% | 22 | 0% | 5 |
| NCSS (Northwest) | 1,948 | 51 | 3% | 663 | 1% | 13 |
| HC (Chittenden) | 2,793 | 7 | - | 23 | - | 3 |
| LCMH (Lamoille) | 390 | - | - | - | - | - |
| HCRS (Southeast) | 1,283 | 184 | 14% | 1,604 | 4% | 9 |
| NKHS (Northeast) | 540 | 16 | 3% | 253 | 2% | 16 |
| CMC (Orange) | 555 | 7 | 1% | 75 | - | 11 |
| RMHS (Rutland) | 1,003 | 13 | 1% | 137 | - | 11 |
| UCS (Bennington) | 515 | - | - | - | - | - |
| WCMH (Washington) | 1,043 | 4 | - | 89 | - | 22 |
| Northeastern Family Institute | 428 | - | - | - | - | - |

See notes 2, 3 and 17.

2B: Adult Mental Health Outpatient Programs

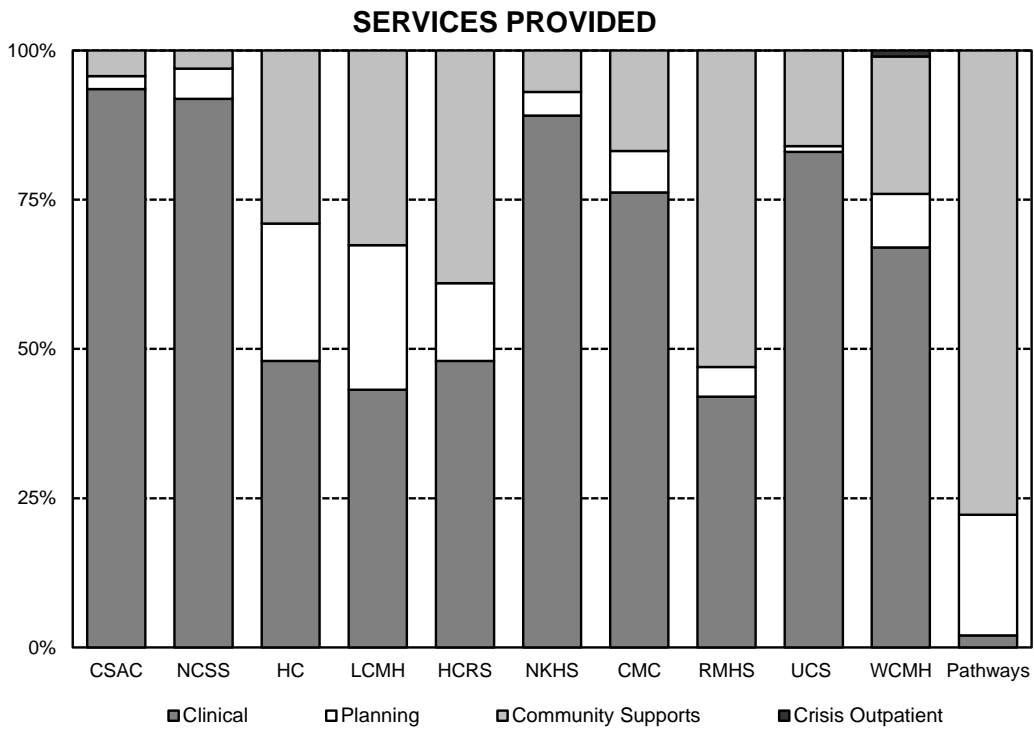


TABLE 2B-1
 Vermont Agency of Human Services
 Department of Mental Health
ADULT MENTAL HEALTH OUTPATIENT PROGRAMS

AGE AND GENDER OF CLIENTS SERVED

Designated Agencies

Fiscal Year 2020

| | Clients <u>Served</u> | Age | | | | | | Gender | |
|--------------------------|--------------------------|---------------|----------------|----------------|----------------|----------------|-------------|-------------|---------------|
| | | <u>0 - 12</u> | <u>13 - 19</u> | <u>20 - 34</u> | <u>35 - 49</u> | <u>50 - 64</u> | <u>65 +</u> | <u>Male</u> | <u>Female</u> |
| OVERALL | 6,376 | - | 3% | 32% | 27% | 25% | 13% | 41% | 59% |
| <u>Designated Agency</u> | | | | | | | | | |
| CSAC (Addison) | 570 | - | 4% | 33% | 20% | 23% | 19% | 37% | 63% |
| NCSS (Northwest) | 769 | - | 2% | 36% | 27% | 21% | 14% | 38% | 62% |
| HC (Chittenden) | 311 | 5% | 6% | 39% | 24% | 13% | 10% | 44% | 56% |
| LCMH (Lamoille) | 156 | - | 3% | 34% | 31% | 19% | 13% | 35% | 65% |
| HCRS (Southeast) | 824 | - | 3% | 33% | 28% | 27% | 10% | 45% | 55% |
| NKHS (Northeast) | 870 | - | 1% | 25% | 31% | 30% | 12% | 40% | 60% |
| CMC (Orange) | 563 | - | 1% | 32% | 29% | 26% | 11% | 43% | 57% |
| RMHS (Rutland) | 313 | - | 4% | 33% | 19% | 27% | 17% | 45% | 55% |
| UCS (Bennington) | 717 | - | 4% | 35% | 28% | 26% | 8% | 40% | 60% |
| WCMH (Washington) | 1,138 | 0% | 3% | 32% | 29% | 22% | 13% | 39% | 61% |
| Pathways | 145 | - | - | 16% | 37% | 39% | 8% | 58% | 42% |

See notes 2, 3 and 4

TABLE 2B-2
Vermont Agency of Human Services
Department of Mental Health
ADULT MENTAL HEALTH OUTPATIENT PROGRAMS

RESPONSIBILITY FOR FEE OF CLIENTS SERVED

Designated Agencies

Fiscal Year 2020

| | Total <u>Clients Served</u> | Responsibility for Fee | | | | | <u>Unknown/ Uninsured</u> |
|--------------------------|--------------------------------|------------------------|-----------------|----------------------------|-------------------------|-----|-------------------------------|
| | | <u>Medicaid</u> | <u>Medicare</u> | <u>Other Insurance</u> | <u>State Agency</u> | | |
| OVERALL | 6,376 | 58% | 22% | 27% | 4% | 9% | |
| <u>Designated Agency</u> | | | | | | | |
| CSAC (Addison) | 570 | 39% | 29% | 49% | 4% | 4% | |
| NCSS (Northwest) | 769 | 33% | 20% | 40% | - | 8% | |
| HC (Chittenden) | 311 | 58% | 17% | 30% | 3% | 12% | |
| LCMH (Lamoille) | 156 | 61% | 27% | 26% | - | 8% | |
| HCRS (Southeast) | 824 | 67% | 29% | 23% | 13% | 8% | |
| NKHS (Northeast) | 870 | 69% | 10% | 11% | - | 19% | |
| CMC (Orange) | 563 | 50% | 18% | 35% | 0% | 12% | |
| RMHS (Rutland) | 313 | 54% | 34% | 20% | 2% | 8% | |
| UCS (Bennington) | 717 | 67% | 24% | 25% | 16% | 4% | |
| WCMH (Washington) | 1,138 | 65% | 23% | 24% | 0% | 9% | |
| Pathways | 145 | 100% | - | - | - | - | |

See notes 2, 3 and especially 6.

TABLE 2B-3
Vermont Agency of Human Services
Department of Mental Health
ADULT MENTAL HEALTH OUTPATIENT PROGRAMS

DIAGNOSIS OF CLIENTS SERVED

Designated Agencies

Fiscal Year 2020

| <u>ICD 10</u> | <i>Total Clients Served</i> | <i>No Dx Data</i> | <i>Physiological Conditions</i> | <i>Psychoactive Substance Use</i> | <i>Schizophrenia Non-Mood Psych Disorders</i> | <i>Mood Disorders</i> | <i>Anxiety Other Nonpsy Mental Disorders</i> | <i>Behavioral Syndromes</i> | <i>Disorders of Adult Personality and Behavior</i> | <i>Intellectual Disabilities</i> | <i>Pervasive Specific Dev Disorders</i> | <i>Beh Emotion Disorders/Child Adol</i> | <i>Unspecified Mental Disorder</i> | <u>Reported N</u> |
|--------------------------|-----------------------------|-------------------|---------------------------------|-----------------------------------|---|-----------------------|--|-----------------------------|--|----------------------------------|---|---|------------------------------------|-----------------------|
| OVERALL | 6,376 | 5% | 1% | 21% | 5% | 51% | 66% | 1% | 6% | 1% | 1% | 7% | 0% | 6,048 |
| <u>Designated Agency</u> | | | | | | | | | | | | | | |
| CSAC (Addison) | 570 | 2% | 1% | 12% | 3% | 65% | 58% | 2% | 2% | 1% | 1% | 4% | - | 560 |
| NCSS (Northwest) | 769 | 1% | 1% | 14% | 2% | 41% | 73% | 1% | 6% | 1% | 1% | 2% | - | 765 |
| HC (Chittenden) | 311 | 7% | 1% | 30% | 4% | 36% | 68% | - | 6% | - | 4% | 9% | 1% | 288 |
| LCMH (Lamoille) | 156 | - | 1% | 22% | 2% | 60% | 63% | 1% | 6% | - | 1% | 3% | - | 156 |
| HCRS (Southeast) | 824 | 4% | 1% | 28% | 6% | 50% | 64% | 1% | 5% | 2% | 2% | 3% | - | 788 |
| NKHS (Northeast) | 870 | 1% | 2% | 30% | 9% | 59% | 64% | 1% | 13% | - | 1% | 20% | - | 865 |
| CMC (Orange) | 563 | 30% | 1% | 3% | 6% | 28% | 54% | - | 10% | - | 1% | 0% | - | 394 |
| RMHS (Rutland) | 313 | 4% | 1% | 31% | 6% | 62% | 73% | 1% | 6% | 3% | 1% | 4% | 7% | 302 |
| UCS (Bennington) | 717 | 7% | 1% | 26% | 3% | 63% | 69% | 1% | 6% | 1% | 2% | 9% | - | 670 |
| WCMH (Washington) | 1,138 | 2% | 1% | 21% | 3% | 50% | 68% | - | 3% | - | 1% | 1% | - | 1,115 |
| Pathways | 145 | - | 1% | 1% | 8% | 33% | 50% | - | 3% | - | - | 3% | - | 145 |

As clients may have as many as four diagnoses reported, diagnostic groups do not represent an unduplicated count of clients served.

See notes 2, 3 and 7.

TABLE 2B-4
Vermont Agency of Human Services
Department of Mental Health
ADULT MENTAL HEALTH OUTPATIENT PROGRAMS

LENGTH OF STAY OF CLIENTS SERVED

Designated Agencies

Fiscal Year 2020

| | Total Clients Served | No Data | Current Fiscal Year | Year of Admission | | | | Reported N |
|--------------------------|----------------------------|------------|---------------------------|----------------------------|---------------------------|----------------------------|-------------------------|---------------|
| | | | | Previous Fiscal Year | 3 - 5 Years Earlier | 6 - 10 Years Earlier | 11+ Years Earlier | |
| OVERALL | 6,376 | 0% | 40% | 22% | 17% | 12% | 9% | 6,358 |
| <u>Designated Agency</u> | | | | | | | | |
| CSAC (Addison) | 570 | 0% | 32% | 22% | 20% | 11% | 15% | 569 |
| NCSS (Northwest) | 769 | - | 51% | 24% | 13% | 5% | 6% | 769 |
| HC (Chittenden) | 311 | 1% | 40% | 22% | 14% | 8% | 16% | 309 |
| LCMH (Lamoille) | 156 | 1% | 41% | 28% | 15% | 12% | 3% | 155 |
| HCRS (Southeast) | 824 | - | 36% | 29% | 17% | 8% | 9% | 824 |
| NKHS (Northeast) | 870 | - | 19% | 19% | 19% | 20% | 23% | 870 |
| CMC (Orange) | 563 | 0% | 44% | 23% | 16% | 14% | 4% | 561 |
| RMHS (Rutland) | 313 | 1% | 58% | 23% | 16% | 2% | 1% | 309 |
| UCS (Bennington) | 717 | 1% | 53% | 16% | 14% | 7% | 10% | 711 |
| WCMH (Washington) | 1,138 | - | 44% | 21% | 22% | 9% | 4% | 1,136 |
| Pathways | 145 | - | 6% | 1% | 6% | 86% | 1% | 145 |

See notes 2, 3 and 9.

TABLE 2B-5
Vermont Agency of Human Services
Department of Mental Health
ADULT MENTAL HEALTH OUTPATIENT SERVICES

CLINICAL INTERVENTIONS

Designated Agencies
Fiscal Year 2020

| | <u>Total Clients Served</u> | <u>Clients Receiving Clinical Interventions Number</u> | <u>Percent</u> | <u>Number of Clinical Interventions</u> | <u>Services as Percentage of all Adult Outpt Non- Residential Services</u> | <u>Clinical Interventions Per Client</u> |
|--------------------------|-------------------------------------|--|----------------|---|--|--|
| OVERALL | 7,598 | 6,712 | 88% | 65,546 | 62% | 10 |
| <u>Designated Agency</u> | | | | | | |
| CSAC (Addison) | 654 | 620 | 95% | 6,169 | 87% | 10 |
| NCSS (Northwest) | 916 | 878 | 96% | 9,588 | 91% | 11 |
| HC (Chittenden) | 623 | 453 | 73% | 2,812 | 48% | 6 |
| LCMH (Lamoille) | 213 | 184 | 86% | 1,618 | 41% | 9 |
| HCRS (Southeast) | 921 | 776 | 84% | 5,645 | 48% | 7 |
| NKHS (Northeast) | 991 | 967 | 98% | 8,363 | 90% | 9 |
| CMC (Orange) | 662 | 642 | 97% | 8,456 | 77% | 13 |
| RMHS (Rutland) | 377 | 258 | 68% | 1,846 | 42% | 7 |
| UCS (Bennington) | 798 | 720 | 90% | 7,051 | 83% | 10 |
| WCMH (Washington) | 1,245 | 1,107 | 89% | 13,718 | 67% | 12 |
| Pathways | 198 | 107 | 54% | 280 | 2% | 3 |

See notes 2, 3 and 10.

TABLE 2B-5a
Vermont Agency of Human Services
Department of Mental Health
ADULT MENTAL HEALTH OUTPATIENT SERVICES

INDIVIDUAL, FAMILY, AND GROUP THERAPY

Designated Agencies

Fiscal Year 2020

| | <u>Total Clients Served</u> | <u>Clients Receiving Therapy Number</u> | <u>Percent</u> | <u>Number of Therapy Sessions</u> | <u>Services as Percentage of all Adult Outpt Non- Residential Services</u> | <u>Therapy Sessions Per Client</u> |
|--------------------------|-------------------------------------|---|----------------|---|--|--|
| OVERALL | 7,598 | 4,524 | 60% | 50,734 | 48% | 11 |
| <u>Designated Agency</u> | | | | | | |
| CSAC (Addison) | 654 | 463 | 71% | 4,253 | 60% | 9 |
| NCSS (Northwest) | 916 | 753 | 82% | 8,464 | 81% | 11 |
| HC (Chittenden) | 623 | 326 | 52% | 2,539 | 43% | 8 |
| LCMH (Lamoille) | 213 | 134 | 63% | 1,335 | 34% | 10 |
| HCRS (Southeast) | 921 | 499 | 54% | 4,949 | 43% | 10 |
| NKHS (Northeast) | 991 | 225 | 23% | 2,579 | 28% | 11 |
| CMC (Orange) | 662 | 564 | 85% | 7,739 | 70% | 14 |
| RMHS (Rutland) | 377 | 158 | 42% | 1,574 | 36% | 10 |
| UCS (Bennington) | 798 | 539 | 68% | 5,736 | 68% | 11 |
| WCMH (Washington) | 1,245 | 863 | 69% | 11,566 | 56% | 13 |
| Pathways | 198 | - | - | - | - | - |

See notes 2, 3 and 10.

TABLE 2B-5b
Vermont Agency of Human Services
Department of Mental Health
ADULT MENTAL HEALTH OUTPATIENT SERVICES

MEDICATION AND MEDICAL SUPPORT AND CONSULTATION SERVICES

Designated Agencies
Fiscal Year 2020

| | <u>Total Clients Served</u> | <u>Clients Receiving Medication Services Number</u> | <u>Percent</u> | <u>Number of Medication Services</u> | <u>Services as Percentage of all Adult Outpt Non- Residential Services</u> | <u>Medication Services Per Client</u> |
|--------------------------|-------------------------------------|---|----------------|--|--|---|
| OVERALL | 7,598 | 2,198 | 29% | 10,804 | 10% | 5 |
| <u>Designated Agency</u> | | | | | | |
| CSAC (Addison) | 654 | 325 | 50% | 1,652 | 23% | 5 |
| NCSS (Northwest) | 916 | 135 | 15% | 566 | 5% | 4 |
| HC (Chittenden) | 623 | 48 | 8% | 94 | 2% | 2 |
| LCMH (Lamoille) | 213 | 52 | 24% | 177 | 5% | 3 |
| HCRS (Southeast) | 921 | 45 | 5% | 167 | 1% | 4 |
| NKHS (Northeast) | 991 | 789 | 80% | 5,404 | 58% | 7 |
| CMC (Orange) | 662 | 144 | 22% | 292 | 3% | 2 |
| RMHS (Rutland) | 377 | 17 | 5% | 62 | 1% | 4 |
| UCS (Bennington) | 798 | 235 | 29% | 869 | 10% | 4 |
| WCMH (Washington) | 1,245 | 341 | 27% | 1,316 | 6% | 4 |
| Pathways | 198 | 67 | 34% | 205 | 2% | 3 |

See notes 2, 3 and 10.

TABLE 2B-5c
Vermont Agency of Human Services
Department of Mental Health
ADULT MENTAL HEALTH OUTPATIENT SERVICES

CLINICAL ASSESSMENT SERVICES

Designated Agencies
Fiscal Year 2020

| | <u>Total Clients Served</u> | <u>Clients Receiving Clinical Assessment Number</u> | <u>Percent</u> | <u>Number of Clinical Assessments</u> | <u>Services as Percentage of all Adult Outpt Non- Residential Services</u> | <u>Clinical Assessment Per Client</u> |
|--------------------------|-------------------------------------|---|----------------|---|--|---|
| OVERALL | 7,598 | 3,538 | 47% | 4,008 | 4% | 1 |
| <u>Designated Agency</u> | | | | | | |
| CSAC (Addison) | 654 | 258 | 39% | 264 | 4% | 1 |
| NCSS (Northwest) | 916 | 509 | 56% | 558 | 5% | 1 |
| HC (Chittenden) | 623 | 158 | 25% | 179 | 3% | 1 |
| LCMH (Lamoille) | 213 | 85 | 40% | 106 | 3% | 1 |
| HCRS (Southeast) | 921 | 511 | 55% | 529 | 5% | 1 |
| NKHS (Northeast) | 991 | 320 | 32% | 380 | 4% | 1 |
| CMC (Orange) | 662 | 366 | 55% | 425 | 4% | 1 |
| RMHS (Rutland) | 377 | 180 | 48% | 210 | 5% | 1 |
| UCS (Bennington) | 798 | 403 | 51% | 446 | 5% | 1 |
| WCMH (Washington) | 1,245 | 686 | 55% | 836 | 4% | 1 |
| Pathways | 198 | 62 | 31% | 75 | 1% | 1 |

See notes 2, 3 and 10.

TABLE 2B-6
Vermont Agency of Human Services
Department of Mental Health
ADULT MENTAL HEALTH OUTPATIENT SERVICES

SERVICE PLANNING AND COORDINATION

Designated Agencies
Fiscal Year 2020

| | <u>Total Clients Served</u> | <u>Clients Receiving Planning Services Number</u> | <u>Percent</u> | <u>Number of Planning Services</u> | <u>Services as Percentage of all Adult Outpt Non- Residential Services</u> | <u>Planning & Services Per Client</u> |
|--------------------------|-------------------------------------|---|----------------|--|--|---|
| OVERALL | 7,598 | 1,937 | 25% | 10,188 | 10% | 5 |
| <u>Designated Agency</u> | | | | | | |
| CSAC (Addison) | 654 | 59 | 9% | 119 | 2% | 2 |
| NCSS (Northwest) | 916 | 138 | 15% | 542 | 5% | 4 |
| HC (Chittenden) | 623 | 303 | 49% | 1,334 | 23% | 4 |
| LCMH (Lamoille) | 213 | 88 | 41% | 900 | 23% | 10 |
| HCRS (Southeast) | 921 | 324 | 35% | 1,464 | 13% | 5 |
| NKHS (Northeast) | 991 | 101 | 10% | 331 | 4% | 3 |
| CMC (Orange) | 662 | 235 | 35% | 720 | 7% | 3 |
| RMHS (Rutland) | 377 | 95 | 25% | 227 | 5% | 2 |
| UCS (Bennington) | 798 | 31 | 4% | 77 | 1% | 2 |
| WCMH (Washington) | 1,245 | 388 | 31% | 1,934 | 9% | 5 |
| Pathways | 198 | 175 | 88% | 2540 | 20% | 15 |

See notes 2, 3 and 12.

TABLE 2B-7
Vermont Agency of Human Services
Department of Mental Health
ADULT MENTAL HEALTH OUTPATIENT SERVICES

COMMUNITY SUPPORTS

Designated Agencies
Fiscal Year 2020

| | <u>Total Clients Served</u> | <u>Clients Receiving Support Services Number</u> | <u>Percent</u> | <u>Number of Community Support Services</u> | <u>Services as Percentage of all Adult Outpt Non- Residential Services</u> | <u>Support Services Per Client</u> |
|--------------------------|-------------------------------------|--|----------------|---|--|--|
| OVERALL | 7,598 | 2,913 | 38% | 28,682 | 27% | 10 |
| <u>Designated Agency</u> | | | | | | |
| CSAC (Addison) | 654 | 68 | 10% | 313 | 4% | 5 |
| NCSS (Northwest) | 916 | 125 | 14% | 334 | 3% | 3 |
| HC (Chittenden) | 623 | 243 | 39% | 1,707 | 29% | 7 |
| LCMH (Lamoille) | 213 | 76 | 36% | 1,224 | 31% | 16 |
| HCRS (Southeast) | 921 | 450 | 49% | 4,515 | 39% | 10 |
| NKHS (Northeast) | 991 | 149 | 15% | 646 | 7% | 4 |
| CMC (Orange) | 662 | 461 | 70% | 1,859 | 17% | 4 |
| RMHS (Rutland) | 377 | 184 | 49% | 2,298 | 53% | 12 |
| UCS (Bennington) | 798 | 363 | 45% | 1,352 | 16% | 4 |
| WCMH (Washington) | 1,245 | 601 | 48% | 4,721 | 23% | 8 |
| Pathways | 198 | 193 | 97% | 9713 | 77% | 50 |

See notes 2, 3 and 13.

TABLE 2B-8
Vermont Agency of Human Services
Department of Mental Health
ADULT MENTAL HEALTH OUTPATIENT SERVICES

EMERGENCY/CRISIS ASSESSMENT, SUPPORT AND REFERRAL

Designated Agencies

Fiscal Year 2020

| | <u>Total Clients Served</u> | <u>Clients Receiving Emerg./Crisis Services Number</u> | <u>Percent</u> | <u>Number of Emerg./Crisis Services</u> | <u>Services as Percentage of all Adult Outpt Non- Residential Services</u> | <u>Emerg./Crisis Services Per Client</u> |
|--------------------------|-------------------------------------|--|----------------|---|--|--|
| OVERALL | 7,598 | 137 | 2% | 157 | 0% | 1 |
| <u>Designated Agency</u> | | | | | | |
| CSAC (Addison) | 654 | 1 | 0% | 1 | 0% | 1 |
| NCSS (Northwest) | 916 | - | - | - | - | - |
| HC (Chittenden) | 623 | - | - | - | - | - |
| LCMH (Lamoille) | 213 | 2 | 1% | 7 | 0% | 4 |
| HCRS (Southeast) | 921 | - | - | - | - | - |
| NKHS (Northeast) | 991 | - | - | - | - | - |
| CMC (Orange) | 662 | - | - | - | - | - |
| RMHS (Rutland) | 377 | - | - | - | - | - |
| UCS (Bennington) | 798 | - | - | - | - | - |
| WCMH (Washington) | 1,245 | 134 | 11% | 149 | 1% | 1 |
| Pathways | 198 | - | - | - | - | - |

See notes 2, 3 and 15.

2C: Community Rehabilitation and Treatment Programs

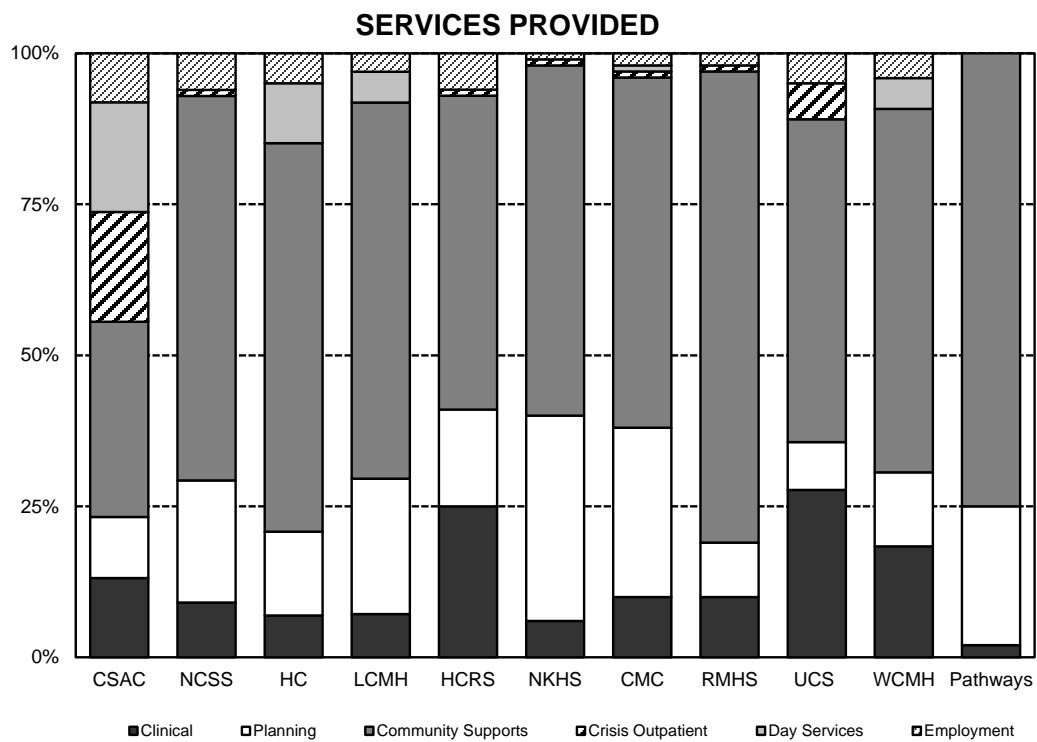


TABLE 2C-1
Vermont Agency of Human Services
Department of Mental Health
COMMUNITY REHABILITATION AND TREATMENT PROGRAMS

AGE AND GENDER OF CLIENTS SERVED

Designated Agencies

Fiscal Year 2020

| | Clients Served | Age | | | | | | Gender | |
|--------------------------|-------------------|--------|---------|---------|---------|---------|------|--------|--------|
| | | 0 - 12 | 13 - 19 | 20 - 34 | 35 - 49 | 50 - 64 | 65 + | Male | Female |
| OVERALL | 2,456 | - | 1% | 17% | 26% | 39% | 17% | 52% | 48% |
| <u>Designated Agency</u> | | | | | | | | | |
| CSAC (Addison) | 151 | - | - | 16% | 19% | 46% | 20% | 54% | 46% |
| NCSS (Northwest) | 221 | - | 1% | 13% | 25% | 40% | 20% | 45% | 55% |
| HC (Chittenden) | 571 | - | - | 20% | 30% | 34% | 16% | 56% | 44% |
| LCMH (Lamoille) | 122 | - | 3% | 20% | 25% | 37% | 14% | 46% | 54% |
| HCRS (Southeast) | 338 | - | - | 20% | 28% | 40% | 12% | 51% | 49% |
| NKHS (Northeast) | 208 | - | 1% | 21% | 18% | 42% | 17% | 56% | 44% |
| CMC (Orange) | 81 | - | - | 10% | 21% | 46% | 23% | 42% | 58% |
| RMHS (Rutland) | 219 | - | 1% | 9% | 24% | 46% | 21% | 49% | 51% |
| UCS (Bennington) | 138 | - | 1% | 9% | 33% | 43% | 14% | 44% | 56% |
| WCMH (Washington) | 350 | - | 1% | 19% | 24% | 38% | 19% | 53% | 47% |
| Pathways | 57 | - | - | 21% | 40% | 30% | 9% | 68% | 32% |

See notes 2, 3 and 4.

TABLE 2C-2
Vermont Agency of Human Services
Department of Mental Health
COMMUNITY REHABILITATION AND TREATMENT PROGRAMS

RESPONSIBILITY FOR FEE OF CLIENTS SERVED

Designated Agencies

Fiscal Year 2020

| | Total Clients Served | Responsibility for Fee | | | | |
|--------------------------|-------------------------|------------------------|----------|--------------------|-----------------|-----------------------|
| | | Medicaid | Medicare | Other Insurance | State Agency | Unknown/ Uninsured |
| OVERALL | 2,456 | 84% | 55% | 9% | 9% | 1% |
| <u>Designated Agency</u> | | | | | | |
| CSAC (Addison) | 151 | 95% | 56% | 16% | 1% | 1% |
| NCSS (Northwest) | 221 | 32% | 59% | 7% | - | 2% |
| HC (Chittenden) | 571 | 100% | 64% | 9% | 2% | 0% |
| LCMH (Lamoille) | 122 | 98% | 53% | 7% | - | 1% |
| HCRS (Southeast) | 338 | 99% | 62% | 12% | 7% | 0% |
| NKHS (Northeast) | 208 | 100% | 8% | 8% | - | 0% |
| CMC (Orange) | 81 | 23% | 33% | 12% | 74% | 1% |
| RMHS (Rutland) | 219 | 88% | 75% | 8% | 0% | 0% |
| UCS (Bennington) | 138 | 2% | 59% | 9% | 92% | 5% |
| WCMH (Washington) | 350 | 99% | 62% | 8% | - | 0% |
| Pathways | 57 | 100% | - | - | - | - |

See notes 2, 3 and especially 6.

TABLE 2C-3
Vermont Agency of Human Services
Department of Mental Health
COMMUNITY REHABILITATION AND TREATMENT PROGRAMS

DIAGNOSIS OF CLIENTS SERVED

Designated Agencies

Fiscal Year 2020

| <u>ICD 10</u> | <i>Total Clients Served</i> | <i>No Dx Data</i> | <i>Physiological Conditions</i> | <i>Psychoactive Substance Use</i> | <i>Schizophrenia Non-Mood Psych Disorders</i> | <i>Mood Disorders</i> | <i>Anxiety Other Nonpsy Mental Disorders</i> | <i>Behavioral Syndromes</i> | <i>Disorders of Adult Personality and Behavior</i> | <i>Intellectual Disabilities</i> | <i>Pervasive Specific Dev Disorders</i> | <i>Beh Emotion Disorder/Child Adol</i> | <i>Unspecified Mental Disorder</i> | <u>Reported N</u> |
|--------------------------|-----------------------------|-------------------|---------------------------------|-----------------------------------|---|-----------------------|--|-----------------------------|--|----------------------------------|---|--|------------------------------------|-----------------------|
| OVERALL | 2,456 | - | 1% | 33% | 51% | 43% | 34% | 1% | 17% | 1% | 1% | 4% | - | 2,450 |
| <u>Designated Agency</u> | | | | | | | | | | | | | | |
| CSAC (Addison) | 151 | - | - | 17% | 46% | 49% | 27% | 1% | 8% | 1% | 2% | 3% | 1% | 151 |
| NCSS (Northwest) | 221 | 1% | - | 41% | 36% | 53% | 29% | - | 27% | - | 1% | 1% | - | 219 |
| HC (Chittenden) | 571 | - | 2% | 47% | 55% | 40% | 33% | 1% | 11% | - | 1% | 6% | - | 571 |
| LCMH (Lamoille) | 122 | - | 2% | 29% | 39% | 58% | 48% | 2% | 12% | 2% | - | 7% | - | 122 |
| HCRS (Southeast) | 338 | - | 1% | 31% | 47% | 50% | 45% | 1% | 22% | 2% | 2% | 2% | - | 338 |
| NKHS (Northeast) | 208 | - | 3% | 23% | 60% | 36% | 34% | 2% | 18% | 2% | 2% | 8% | - | 208 |
| CMC (Orange) | 81 | 4% | 1% | 14% | 54% | 28% | 27% | - | 22% | - | 1% | 1% | 1% | 78 |
| RMHS (Rutland) | 219 | - | 1% | 29% | 58% | 41% | 28% | - | 20% | - | 2% | 2% | 1% | 219 |
| UCS (Bennington) | 138 | 1% | 3% | 28% | 49% | 52% | 56% | 3% | 23% | 1% | 1% | 4% | - | 137 |
| WCMH (Washington) | 350 | - | - | 31% | 53% | 39% | 27% | - | 14% | 4% | 1% | 4% | - | 350 |
| Pathways | 57 | - | - | 2% | 60% | 16% | 16% | - | 4% | - | - | 4% | - | 57 |

As clients may have as many as four diagnoses reported, diagnostic groups do not represent an unduplicated count of clients served.

See notes 2, 3 and 7.

TABLE 2C-4
Vermont Agency of Human Services
Department of Mental Health
COMMUNITY REHABILITATION AND TREATMENT PROGRAMS

LENGTH OF STAY OF CLIENTS SERVED

Designated Agencies

Fiscal Year 2020

| | Total Clients Served | No Data | Year of Admission | | | | | Reported N |
|--------------------------|----------------------------|------------|---------------------------|----------------------------|---------------------------|----------------------------|-------------------------|---------------|
| | | | Current Fiscal Year | Previous Fiscal Year | 3 - 5 Years Earlier | 6 - 10 Years Earlier | 11+ Years Earlier | |
| OVERALL | 2,456 | 1% | 4% | 6% | 14% | 21% | 53% | 2,434 |
| <u>Designated Agency</u> | | | | | | | | |
| CSAC (Addison) | 151 | 1% | 7% | 3% | 13% | 13% | 63% | 149 |
| NCSS (Northwest) | 221 | - | 6% | 7% | 15% | 18% | 54% | 221 |
| HC (Chittenden) | 571 | 1% | 2% | 3% | 6% | 15% | 74% | 564 |
| LCMH (Lamoille) | 122 | - | 2% | 8% | 25% | 62% | 2% | 122 |
| HCRS (Southeast) | 338 | 1% | 3% | 11% | 24% | 20% | 41% | 335 |
| NKHS (Northeast) | 208 | - | 3% | 4% | 13% | 24% | 55% | 208 |
| CMC (Orange) | 81 | 10% | - | - | - | 21% | 78% | 73 |
| RMHS (Rutland) | 219 | 1% | 6% | 10% | 21% | 17% | 47% | 217 |
| UCS (Bennington) | 138 | - | 7% | 8% | 14% | 20% | 51% | 138 |
| WCMH (Washington) | 350 | - | 8% | 8% | 16% | 17% | 52% | 350 |
| Pathways | 57 | - | 4% | 5% | 16% | 74% | 2% | 57 |

See notes 2, 3 and 9.

TABLE 2C-5
Vermont Agency of Human Services
Department of Mental Health
COMMUNITY REHABILITATION AND TREATMENT PROGRAMS

CLINICAL INTERVENTIONS

Designated Agencies

Fiscal Year 2020

| | <u>Total Clients Served</u> | <u>Clients Receiving Clinical Interventions Number</u> | <u>Percent</u> | <u>Number of Clinical Interventions</u> | <u>Services as Percentage of all CRT Non- Residential Services</u> | <u>Clinical Interventions Per Client</u> |
|--------------------------|-------------------------------------|--|----------------|---|--|--|
| OVERALL | 2,843 | 2,399 | 84% | 34,608 | 12% | 14 |
| <u>Designated Agency</u> | | | | | | |
| CSAC (Addison) | 176 | 139 | 79% | 1,971 | 13% | 14 |
| NCSS (Northwest) | 227 | 186 | 82% | 2,741 | 9% | 15 |
| HC (Chittenden) | 596 | 511 | 86% | 3,270 | 7% | 6 |
| LCMH (Lamoille) | 128 | 105 | 82% | 1,925 | 7% | 18 |
| HCRS (Southeast) | 386 | 353 | 91% | 5,488 | 25% | 16 |
| NKHS (Northeast) | 223 | 179 | 80% | 1,573 | 6% | 9 |
| CMC (Orange) | 158 | 146 | 92% | 3,202 | 10% | 22 |
| RMHS (Rutland) | 260 | 232 | 89% | 2,348 | 10% | 10 |
| UCS (Bennington) | 156 | 134 | 86% | 3,128 | 28% | 23 |
| WCMH (Washington) | 364 | 337 | 93% | 8,805 | 18% | 26 |
| Pathways | 169 | 77 | 46% | 157 | 2% | 2 |

See notes 2, 3 and 10.

TABLE 2C-5a
Vermont Agency of Human Services
Department of Mental Health
COMMUNITY REHABILITATION AND TREATMENT PROGRAMS

INDIVIDUAL, FAMILY, AND GROUP THERAPY

Designated Agencies

Fiscal Year 2020

| | <u>Total Clients Served</u> | <u>Clients Receiving Therapy Number</u> | <u>Percent</u> | <u>Number of Therapy Sessions</u> | <u>Services as Percentage of all CRT Non- Residential Services</u> | <u>Therapy Sessions Per Client</u> |
|--------------------------|-------------------------------------|---|----------------|---|--|--|
| OVERALL | 2,843 | 982 | 35% | 17,468 | 6% | 18 |
| <u>Designated Agency</u> | | | | | | |
| CSAC (Addison) | 176 | 93 | 53% | 1,052 | 7% | 11 |
| NCSS (Northwest) | 227 | 173 | 76% | 1,823 | 6% | 11 |
| HC (Chittenden) | 596 | 30 | 5% | 239 | 0% | 8 |
| LCMH (Lamoille) | 128 | 55 | 43% | 966 | 4% | 18 |
| HCRS (Southeast) | 386 | 182 | 47% | 2,790 | 13% | 15 |
| NKHS (Northeast) | 223 | 41 | 18% | 465 | 2% | 11 |
| CMC (Orange) | 158 | 109 | 69% | 2,886 | 9% | 26 |
| RMHS (Rutland) | 260 | 46 | 18% | 893 | 4% | 19 |
| UCS (Bennington) | 156 | 92 | 59% | 1,942 | 17% | 21 |
| WCMH (Washington) | 364 | 161 | 44% | 4,412 | 9% | 27 |
| Pathways | 169 | - | - | - | - | - |

See notes 2, 3 and 10.

TABLE 2C-5b
Vermont Agency of Human Services
Department of Mental Health
COMMUNITY REHABILITATION AND TREATMENT PROGRAMS

MEDICATION AND MEDICAL SUPPORT AND CONSULTATION SERVICES

Designated Agencies

Fiscal Year 2020

| | <u>Total Clients Served</u> | <u>Clients Receiving Medication Services Number</u> | <u>Percent</u> | <u>Number of Medication Services</u> | <u>Services as Percentage of all CRT Non- Residential Services</u> | <u>Medication Services Per Client</u> |
|--------------------------|-------------------------------------|---|----------------|--|--|---|
| OVERALL | 2,843 | 2,156 | 76% | 16,360 | 6% | 8 |
| <u>Designated Agency</u> | | | | | | |
| CSAC (Addison) | 176 | 131 | 74% | 893 | 6% | 7 |
| NCSS (Northwest) | 227 | 162 | 71% | 851 | 3% | 5 |
| HC (Chittenden) | 596 | 457 | 77% | 2,854 | 6% | 6 |
| LCMH (Lamoille) | 128 | 91 | 71% | 950 | 4% | 10 |
| HCRS (Southeast) | 386 | 338 | 88% | 2,595 | 12% | 8 |
| NKHS (Northeast) | 223 | 168 | 75% | 1,069 | 4% | 6 |
| CMC (Orange) | 158 | 125 | 79% | 257 | 1% | 2 |
| RMHS (Rutland) | 260 | 215 | 83% | 1,408 | 6% | 7 |
| UCS (Bennington) | 156 | 116 | 74% | 1,166 | 10% | 10 |
| WCMH (Washington) | 364 | 304 | 84% | 4,205 | 8% | 14 |
| Pathways | 169 | 49 | 29% | 112 | 1% | 2 |

See notes 2, 3 and 10.

TABLE 2C-5c
Vermont Agency of Human Services
Department of Mental Health
COMMUNITY REHABILITATION AND TREATMENT PROGRAMS

CLINICAL ASSESSMENT SERVICES

Designated Agencies
Fiscal Year 2020

| | <u>Total Clients Served</u> | <u>Clients Receiving Clinical Assessment Number</u> | <u>Percent</u> | <u>Number of Clinical Assessments</u> | <u>Services as Percentage of all CRT Non- Residential Services</u> | <u>Clinical Assessment Per Client</u> |
|--------------------------|-------------------------------------|---|----------------|---|--|---|
| OVERALL | 2,843 | 714 | 25% | 780 | 0% | 1 |
| <u>Designated Agency</u> | | | | | | |
| CSAC (Addison) | 176 | 24 | 14% | 26 | 0% | 1 |
| NCSS (Northwest) | 227 | 66 | 29% | 67 | 0% | 1 |
| HC (Chittenden) | 596 | 169 | 28% | 177 | 0% | 1 |
| LCMH (Lamoille) | 128 | 9 | 7% | 9 | 0% | 1 |
| HCRS (Southeast) | 386 | 101 | 26% | 103 | 0% | 1 |
| NKHS (Northeast) | 223 | 35 | 16% | 39 | 0% | 1 |
| CMC (Orange) | 158 | 57 | 36% | 59 | 0% | 1 |
| RMHS (Rutland) | 260 | 39 | 15% | 47 | 0% | 1 |
| UCS (Bennington) | 156 | 20 | 13% | 20 | 0% | 1 |
| WCMH (Washington) | 364 | 156 | 43% | 188 | 0% | 1 |
| Pathways | 169 | 38 | 22% | 45 | 1% | 1 |

See notes 2, 3 and 10.

TABLE 2C-6
Vermont Agency of Human Services
Department of Mental Health
COMMUNITY REHABILITATION AND TREATMENT PROGRAMS

DAY SERVICES
Designated Agencies
Fiscal Year 2020

| | <u>Total Clients Served</u> | <u>Clients Receiving Day Services Number</u> | <u>Percent</u> | <u>Number of Day Services</u> | <u>Services as Percentage of all CRT Non- Residential Services</u> | <u>Day Services Per Client</u> |
|--------------------------|-------------------------------------|--|----------------|---------------------------------------|--|--|
| OVERALL | 2,843 | 321 | 11% | 11,447 | 4% | 36 |
| <u>Designated Agency</u> | | | | | | |
| CSAC (Addison) | 176 | 43 | 24% | 2,814 | 18% | 65 |
| NCSS (Northwest) | 227 | - | - | - | - | - |
| HC (Chittenden) | 596 | 116 | 19% | 4,733 | 10% | 41 |
| LCMH (Lamoille) | 128 | 38 | 30% | 1,384 | 5% | 36 |
| HCRS (Southeast) | 386 | 16 | 4% | 60 | 0% | 4 |
| NKHS (Northeast) | 223 | - | - | - | - | - |
| CMC (Orange) | 158 | 22 | 14% | 214 | 1% | 10 |
| RMHS (Rutland) | 260 | - | - | - | - | - |
| UCS (Bennington) | 156 | - | - | - | - | - |
| WCMH (Washington) | 364 | 86 | 24% | 2,242 | 5% | 26 |
| Pathways | 169 | - | - | - | - | - |

See notes 2, 3 and 11.

TABLE 2C-7
Vermont Agency of Human Services
Department of Mental Health
COMMUNITY REHABILITATION AND TREATMENT PROGRAMS

SERVICE PLANNING AND COORDINATION

Designated Agencies

Fiscal Year 2020

| | <u>Total Clients Served</u> | <u>Clients Receiving Planning Services Number</u> | <u>Percent</u> | <u>Number of Planning Services</u> | <u>Services as Percentage of all CRT Non- Residential Services</u> | <u>Planning Services Per Client</u> |
|--------------------------|-------------------------------------|---|----------------|--|--|---|
| OVERALL | 2,843 | 2,426 | 85% | 51,387 | 18% | 21 |
| <u>Designated Agency</u> | | | | | | |
| CSAC (Addison) | 176 | 134 | 76% | 1,546 | 10% | 12 |
| NCSS (Northwest) | 227 | 213 | 94% | 5,878 | 20% | 28 |
| HC (Chittenden) | 596 | 488 | 82% | 6,684 | 14% | 14 |
| LCMH (Lamoille) | 128 | 124 | 97% | 5,804 | 22% | 47 |
| HCRS (Southeast) | 386 | 335 | 87% | 3,603 | 16% | 11 |
| NKHS (Northeast) | 223 | 219 | 98% | 8,192 | 34% | 37 |
| CMC (Orange) | 158 | 155 | 98% | 9,041 | 28% | 58 |
| RMHS (Rutland) | 260 | 214 | 82% | 2,113 | 9% | 10 |
| UCS (Bennington) | 156 | 114 | 73% | 936 | 8% | 8 |
| WCMH (Washington) | 364 | 312 | 86% | 5,879 | 12% | 19 |
| Pathways | 169 | 118 | 70% | 1,711 | 23% | 14 |

See notes 2, 3 and 12.

TABLE 2C-8
Vermont Agency of Human Services
Department of Mental Health
COMMUNITY REHABILITATION AND TREATMENT PROGRAMS

COMMUNITY SUPPORTS

Designated Agencies

Fiscal Year 2020

| | <u>Total Clients Served</u> | <u>Clients Receiving Support Services Number</u> | <u>Percent</u> | <u>Number of Community Support Services</u> | <u>Services as Percentage of all CRT Non- Residential Services</u> | <u>Support Services Per Client</u> |
|--------------------------|-------------------------------------|--|----------------|---|--|--|
| OVERALL | 2,843 | 2,647 | 93% | 173,914 | 60% | 66 |
| <u>Designated Agency</u> | | | | | | |
| CSAC (Addison) | 176 | 143 | 81% | 4,925 | 32% | 34 |
| NCSS (Northwest) | 227 | 221 | 97% | 18,400 | 63% | 83 |
| HC (Chittenden) | 596 | 545 | 91% | 31,324 | 65% | 57 |
| LCMH (Lamoille) | 128 | 120 | 94% | 16,088 | 61% | 134 |
| HCRS (Southeast) | 386 | 358 | 93% | 11,448 | 52% | 32 |
| NKHS (Northeast) | 223 | 217 | 97% | 14,015 | 58% | 65 |
| CMC (Orange) | 158 | 154 | 97% | 18,444 | 58% | 120 |
| RMHS (Rutland) | 260 | 239 | 92% | 17,995 | 78% | 75 |
| UCS (Bennington) | 156 | 142 | 91% | 6,051 | 54% | 43 |
| WCMH (Washington) | 364 | 343 | 94% | 29,523 | 59% | 86 |
| Pathways | 169 | 165 | 98% | 5,701 | 75% | 35 |

See notes 2, 3 and 13.

TABLE 2C-9
Vermont Agency of Human Services
Department of Mental Health
COMMUNITY REHABILITATION AND TREATMENT PROGRAMS

EMPLOYMENT SERVICES

Designated Agencies

Fiscal Year 2020

| | <u>Total Clients Served</u> | <u>Clients Receiving Employment Services Number</u> | <u>Percent</u> | <u>Number of Employment Services</u> | <u>Services as Percentage of all CRT Non- Residential Services</u> | <u>Employment Services Per Client</u> |
|--------------------------|-------------------------------------|---|----------------|--|--|---|
| OVERALL | 2,843 | 610 | 21% | 11,391 | 4% | 19 |
| <u>Designated Agency</u> | | | | | | |
| CSAC (Addison) | 176 | 56 | 32% | 1,293 | 8% | 23 |
| NCSS (Northwest) | 227 | 40 | 18% | 1,731 | 6% | 43 |
| HC (Chittenden) | 596 | 157 | 26% | 2,363 | 5% | 15 |
| LCMH (Lamoille) | 128 | 53 | 41% | 873 | 3% | 16 |
| HCRS (Southeast) | 386 | 66 | 17% | 1,341 | 6% | 20 |
| NKHS (Northeast) | 223 | 39 | 17% | 257 | 1% | 7 |
| CMC (Orange) | 158 | 41 | 26% | 643 | 2% | 16 |
| RMHS (Rutland) | 260 | 42 | 16% | 380 | 2% | 9 |
| UCS (Bennington) | 156 | 30 | 19% | 555 | 5% | 18 |
| WCMH (Washington) | 364 | 86 | 24% | 1,955 | 4% | 23 |
| Pathways | 169 | - | - | - | - | - |

See notes 2, 3 and 14.

TABLE 2C-10a
Vermont Agency of Human Services
Department of Mental Health
COMMUNITY REHABILITATION AND TREATMENT PROGRAMS

EMERGENCY/CRISIS ASSESSMENT, SUPPORT AND REFERRAL

Designated Agencies

Fiscal Year 2020

| | <u>Total Clients Served</u> | <u>Clients Receiving Emerg./Crisis Services Number</u> | <u>Percent</u> | <u>Number of Emerg./Crisis Services</u> | <u>Services as Percentage of all CRT Non- Residential Services</u> | <u>Emerg./Crisis Services Per Client</u> |
|--------------------------|-------------------------------------|--|----------------|---|--|--|
| OVERALL | 2,843 | 551 | 19% | 5,075 | 2% | 9 |
| <u>Designated Agency</u> | | | | | | |
| CSAC (Addison) | 176 | 138 | 78% | 2,710 | 18% | 20 |
| NCSS (Northwest) | 227 | 69 | 30% | 435 | 1% | 6 |
| HC (Chittenden) | 596 | 2 | 0% | 2 | 0% | 1 |
| LCMH (Lamoille) | 128 | 29 | 23% | 93 | 0% | 3 |
| HCRS (Southeast) | 386 | 48 | 12% | 213 | 1% | 4 |
| NKHS (Northeast) | 223 | 50 | 22% | 231 | 1% | 5 |
| CMC (Orange) | 158 | 36 | 23% | 217 | 1% | 6 |
| RMHS (Rutland) | 260 | 58 | 22% | 335 | 1% | 6 |
| UCS (Bennington) | 156 | 49 | 31% | 628 | 6% | 13 |
| WCMH (Washington) | 364 | 72 | 20% | 211 | 0% | 3 |
| Pathways | 169 | - | - | - | - | - |

See notes 2, 3 and 15.

TABLE 2C-10b
Vermont Agency of Human Services
Department of Mental Health
COMMUNITY REHABILITATION AND TREATMENT PROGRAMS

EMERGENCY/CRISIS BEDS

Designated Agencies

Fiscal Year 2020

| | <u>Total Clients Served</u> | <u>Clients Receiving Emergency/Crisis Bed Services</u> | | <u>Days of Emergency/Crisis Bed Services</u> | <u>Emergency/Crisis Bed Days Per Client</u> |
|--------------------------|-------------------------------------|--|----------------|--|---|
| | | <u>Number</u> | <u>Percent</u> | | |
| OVERALL | 2,843 | 208 | 7% | 4,321 | 21 |
| <u>Designated Agency</u> | | | | | |
| CSAC (Addison) | 176 | 9 | 0 | 160 | 0 |
| NCSS (Northwest) | 227 | 31 | 14% | 356 | 11 |
| HC (Chittenden) | 596 | 30 | 5% | 201 | 7 |
| LCMH (Lamoille) | 128 | 8 | 6% | 484 | 60 |
| HCRS (Southeast) | 386 | 33 | 9% | 1,246 | 38 |
| NKHS (Northeast) | 223 | - | - | - | - |
| CMC (Orange) | 158 | - | - | - | - |
| RMHS (Rutland) | 260 | 19 | 7% | 270 | 14 |
| UCS (Bennington) | 156 | 31 | 20% | 611 | 20 |
| WCMH (Washington) | 364 | 47 | 13% | 993 | 21 |
| Pathways | 169 | - | - | - | - |

See notes 2, 3 and 15.

TABLE 2C-11
Vermont Agency of Human Services
Department of Mental Health
COMMUNITY REHABILITATION AND TREATMENT PROGRAMS

HOUSING AND HOME SUPPORTS

Designated Agencies

Fiscal Year 2020

| | <u>Total Clients Served</u> | <u>Clients Receiving Housing & Home Supports Number</u> | <u>Percent</u> | <u>Days of Housing & Home Support Services</u> | <u>Housing & Home Support Days Per Client</u> |
|--------------------------|-------------------------------------|---|----------------|--|---|
| OVERALL | 2,843 | 238 | 8% | 56,181 | 236 |
| <u>Designated Agency</u> | | | | | |
| CSAC (Addison) | 176 | 20 | 11% | 3,636 | 182 |
| NCSS (Northwest) | 227 | 18 | 8% | 5,249 | 292 |
| HC (Chittenden) | 596 | 85 | 14% | 17,591 | 207 |
| LCMH (Lamoille) | 128 | 26 | 20% | 7,804 | 300 |
| HCRS (Southeast) | 386 | 23 | 6% | 450 | 20 |
| NKHS (Northeast) | 223 | - | - | - | - |
| CMC (Orange) | 158 | 9 | 6% | 1,101 | 122 |
| RMHS (Rutland) | 260 | 5 | 2% | 7,776 | 1,555 |
| UCS (Bennington) | 156 | 8 | 5% | 2,269 | 284 |
| WCMH (Washington) | 364 | 44 | 12% | 10,305 | 234 |
| Pathways | 169 | - | - | - | - |

See notes 2, 3 and 16.

2E: Emergency Service Programs

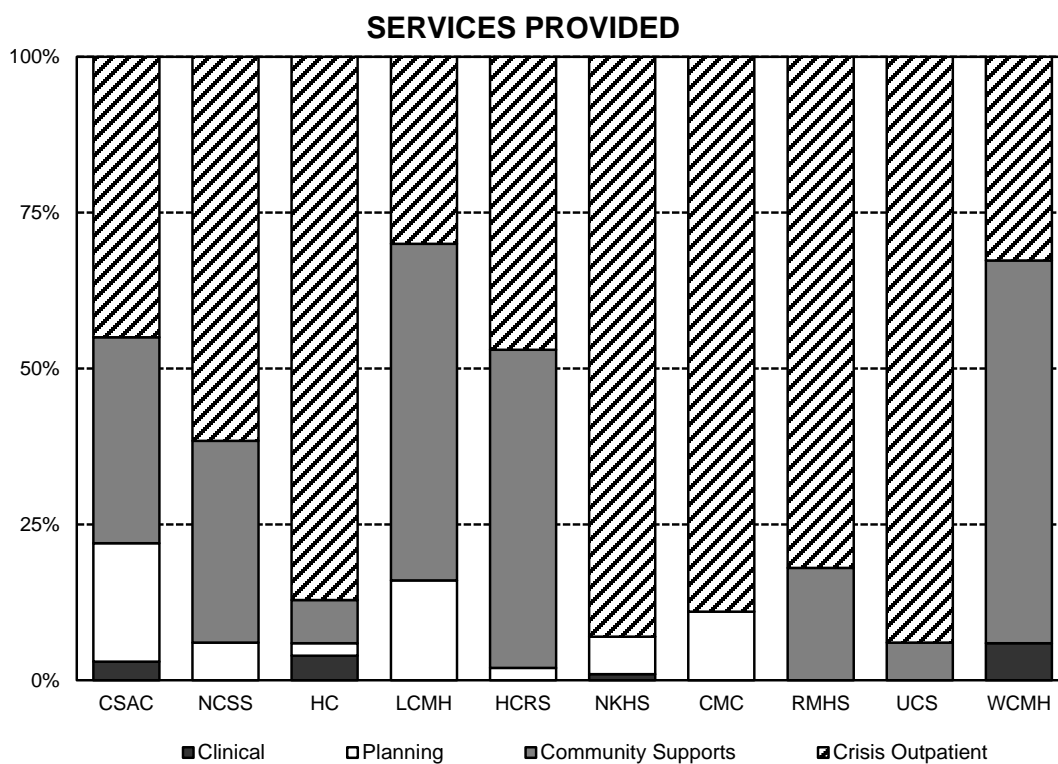


TABLE 2E-1
Vermont Agency of Human Services
Department of Mental Health
EMERGENCY SERVICES

CLINICAL INTERVENTIONS
Designated Agencies
Fiscal Year 2020

| | Total Clients <u>Served</u> | Clients Receiving Clinical Interventions | | Number of Clinical <u>Interventions</u> | Services as Percentage of all Emergency <u>Non-Residential Services</u> | Clinical Interventions <u>Per Client</u> |
|--------------------------|-----------------------------------|---|----------------|---|---|--|
| | | <u>Number</u> | <u>Percent</u> | | | |
| OVERALL | 8,368 | 319 | 4% | 853 | 2% | 3 |
| <u>Designated Agency</u> | | | | | | |
| CSAC (Addison) | 352 | 15 | 4% | 45 | 3% | 3 |
| NCSS (Northwest) | 1,006 | 4 | 0% | 4 | 0% | 1 |
| HC (Chittenden) | 2,874 | 263 | 9% | 695 | 4% | 3 |
| LCMH (Lamoille) | 327 | - | - | - | - | - |
| HCRS (Southeast) | 1,467 | 6 | 0% | 6 | 0% | 1 |
| NKHS (Northeast) | 430 | 6 | 1% | 6 | 1% | 1 |
| CMC (Orange) | 299 | 0 | 0% | 0 | 0% | |
| RMHS (Rutland) | 577 | - | - | - | - | - |
| UCS (Bennington) | 490 | 2 | 0% | 3 | 0% | 1 |
| WCMH (Washington) | 546 | 23 | 4% | 94 | 6% | 4 |

See notes 2, 3 and 10.

TABLE 2E-2
Vermont Agency of Human Services
Department of Mental Health
EMERGENCY SERVICES

SERVICE PLANNING AND COORDINATION
Designated Agencies
Fiscal Year 2020

| | Total Clients <u>Served</u> | Clients Receiving Planning & Coordination Services | | Number of Planning & Coordination <u>Services</u> | Services as Percentage of all Emergency <u>Non-Residential Services</u> | Planning & Coordination <u>Services Per Client</u> |
|--------------------------|-----------------------------------|---|----------------|---|---|--|
| | | <u>Number</u> | <u>Percent</u> | | | |
| OVERALL | 8,368 | 518 | 6% | 1,442 | 4% | 3 |
| <u>Designated Agency</u> | | | | | | |
| CSAC (Addison) | 352 | 116 | 33% | 340 | 19% | 3 |
| NCSS (Northwest) | 1,006 | 75 | 7% | 324 | 6% | 4 |
| HC (Chittenden) | 2,874 | 63 | 2% | 350 | 2% | 6 |
| LCMH (Lamoille) | 327 | 122 | 37% | 196 | 16% | 2 |
| HCRS (Southeast) | 1,467 | 41 | 3% | 51 | 2% | 1 |
| NKHS (Northeast) | 430 | 32 | 7% | 68 | 6% | 2 |
| CMC (Orange) | 299 | 57 | 19% | 101 | 11% | 2 |
| RMHS (Rutland) | 577 | 5 | 1% | 5 | 0% | 1 |
| UCS (Bennington) | 490 | 5 | 1% | 5 | 0% | 1 |
| WCMH (Washington) | 546 | 2 | 0% | 2 | 0% | 1 |

See notes 2, 3 and 12.

TABLE 2E-3
Vermont Agency of Human Services
Department of Mental Health
EMERGENCY SERVICES

COMMUNITY SUPPORTS
Designated Agencies
Fiscal Year 2020

| | Total Clients <u>Served</u> | Clients Receiving Community Support Services | | Number of Community <u>Support Services</u> | Services as Percentage of all Emergency <u>Non-Residential Services</u> | Community Support Services <u>Per Client</u> |
|--------------------------|-----------------------------------|---|----------------|---|---|--|
| | | <u>Number</u> | <u>Percent</u> | | | |
| OVERALL | 8,368 | 1,849 | 22% | 7,392 | 19% | 4 |
| <u>Designated Agency</u> | | | | | | |
| CSAC (Addison) | 352 | 86 | 24% | 583 | 33% | 7 |
| NCSS (Northwest) | 1,006 | 124 | 12% | 1,611 | 32% | 13 |
| HC (Chittenden) | 2,874 | 76 | 3% | 1,377 | 7% | 18 |
| LCMH (Lamoille) | 327 | 192 | 59% | 684 | 54% | 4 |
| HCRS (Southeast) | 1,467 | 963 | 66% | 1,569 | 51% | 2 |
| NKHS (Northeast) | 430 | 1 | 0% | 2 | 0% | 2 |
| CMC (Orange) | 299 | 1 | 0% | 1 | 0% | 1 |
| RMHS (Rutland) | 577 | 81 | 14% | 457 | 18% | 6 |
| UCS (Bennington) | 490 | 38 | 8% | 77 | 6% | 2 |
| WCMH (Washington) | 546 | 287 | 53% | 1,031 | 62% | 4 |

See notes 2, 3 and 13.

TABLE 2E-4a
Vermont Agency of Human Services
Department of Mental Health
EMERGENCY SERVICES

EMERGENCY/CRISIS ASSESSMENT, SUPPORT AND REFERRAL
Designated Agencies
Fiscal Year 2020

| | Total Clients <u>Served</u> | Clients Receiving Emergency/Crisis Services <u>Number</u> | <u>Percent</u> | Number of Emergency/Crisis <u>Services</u> | Services as Percentage of all Emergency <u>Non-Residential Services</u> | Emergency/ Crisis Services <u>Per Client</u> |
|--------------------------|-----------------------------------|---|----------------|--|---|--|
| OVERALL | 8,368 | 7,230 | 86% | 28,547 | 75% | 4 |
| <u>Designated Agency</u> | | | | | | |
| CSAC (Addison) | 352 | 284 | 81% | 799 | 45% | 3 |
| NCSS (Northwest) | 1,006 | 961 | 96% | 3,067 | 61% | 3 |
| HC (Chittenden) | 2,874 | 2,787 | 97% | 17,182 | 88% | 6 |
| LCMH (Lamoille) | 327 | 214 | 65% | 376 | 30% | 2 |
| HCRS (Southeast) | 1,467 | 887 | 60% | 1,422 | 47% | 2 |
| NKHS (Northeast) | 430 | 402 | 93% | 1,072 | 93% | 3 |
| CMC (Orange) | 299 | 286 | 96% | 801 | 89% | 3 |
| RMHS (Rutland) | 577 | 567 | 98% | 2,109 | 82% | 4 |
| UCS (Bennington) | 490 | 470 | 96% | 1,172 | 93% | 2 |
| WCMH (Washington) | 546 | 372 | 68% | 547 | 33% | 1 |

See notes 2, 3 and 15.

TABLE 2E-4b
Vermont Agency of Human Services
Department of Mental Health
EMERGENCY SERVICES

EMERGENCY/CRISIS BEDS
Designated Agencies
Fiscal Year 2020

| | Total Clients <u>Served</u> | Clients Receiving Emergency/Crisis Beds | | Days of Emergency/Crisis <u>Beds</u> | Emergency/Crisis <u>Beds</u> Per Client |
|--------------------------|-----------------------------------|--|----------------|--|---|
| | | <u>Number</u> | <u>Percent</u> | | |
| OVERALL | 8,368 | 105 | 1% | 1,425 | 14 |
| <u>Designated Agency</u> | | | | | |
| CSAC (Addison) | 352 | 21 | 6% | 130 | 6 |
| NCSS (Northwest) | 1,006 | - | - | - | - |
| HC (Chittenden) | 2,874 | 30 | 1% | 199 | 7 |
| LCMH (Lamoille) | 327 | 2 | 1% | 14 | 7 |
| HCRS (Southeast) | 1,467 | - | - | - | - |
| NKHS (Northeast) | 430 | 17 | 4% | 458 | 27 |
| CMC (Orange) | 299 | 15 | 5% | 491 | 33 |
| RMHS (Rutland) | 577 | - | - | - | - |
| UCS (Bennington) | 490 | - | - | - | - |
| WCMH (Washington) | 546 | 20 | 4% | 133 | 7 |

See notes 2, 3 and 15.

Part 3: Vermont Psychiatric Care Hospital

Average Daily Census by Length of Stay
FY2017 - FY2020

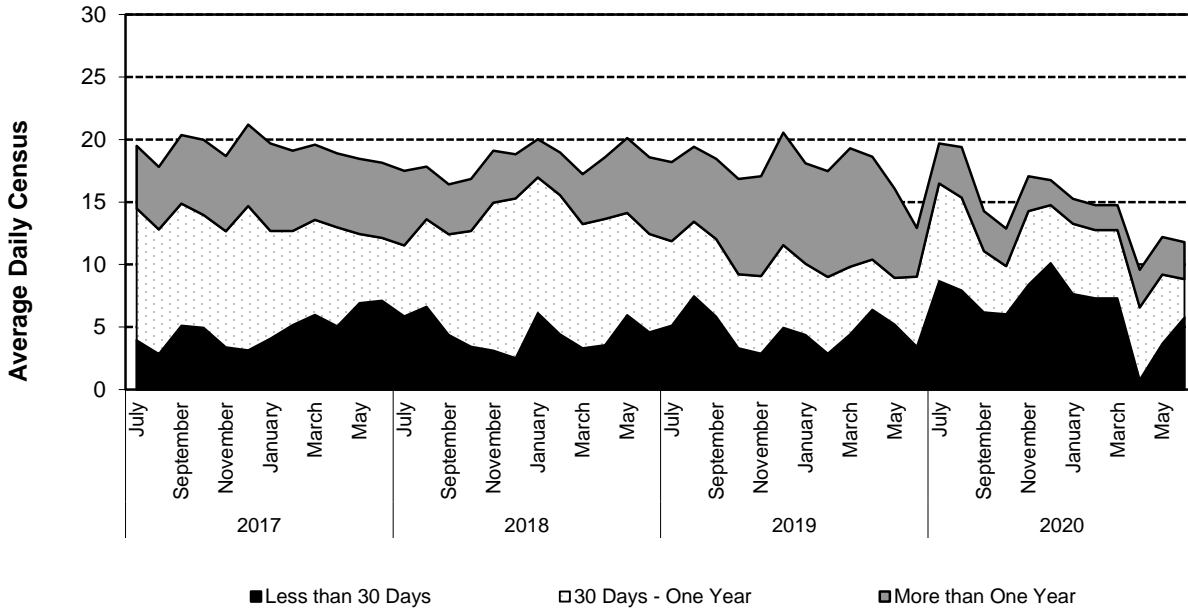


TABLE 3-1-A
 Vermont Agency of Human Services
 Department of Mental Health

VERMONT PSYCHIATRIC CARE HOSPITAL
AVERAGE DAILY CENSUS
 Overall and For Length of Stay Categories
 July 2017 through June 2020

| | Days Since Admission | | | | |
|--------------|----------------------|-----|-------|--------|------|
| | Overall | <30 | 30-89 | 90-365 | 366+ |
| 2017 July | 25 | 6 | 7 | 6 | 6 |
| August | 25 | 7 | 7 | 7 | 4 |
| September | 25 | 4 | 9 | 8 | 4 |
| October | 25 | 3 | 8 | 9 | 4 |
| November | 25 | 3 | 6 | 12 | 4 |
| December | 24 | 3 | 5 | 13 | 4 |
| 2018 January | 24 | 6 | 4 | 11 | 3 |
| February | 24 | 4 | 6 | 11 | 3 |
| March | 25 | 3 | 8 | 10 | 4 |
| April | 24 | 4 | 5 | 10 | 5 |
| May | 25 | 6 | 5 | 8 | 6 |
| June | 24 | 5 | 6 | 8 | 6 |
| | | | | | |
| 2018 July | 25 | 5 | 7 | 7 | 6 |
| August | 24 | 7 | 4 | 6 | 6 |
| September | 23 | 6 | 5 | 6 | 6 |
| October | 24 | 3 | 7 | 6 | 8 |
| November | 22 | 3 | 5 | 6 | 8 |
| December | 22 | 5 | 2 | 7 | 9 |
| 2019 January | 23 | 4 | 5 | 6 | 8 |
| February | 23 | 3 | 6 | 6 | 8 |
| March | 23 | 4 | 4 | 5 | 9 |
| April | 24 | 6 | 6 | 4 | 8 |
| May | 22 | 5 | 6 | 4 | 7 |
| June | 18 | 3 | 5 | 6 | 4 |

TABLE 3-2
 Vermont Agency of Human Services
 Department of Mental Health

VERMONT PSYCHIATRIC CARE HOSPITAL
MONTHLY UTILIZATION
 Fiscal Year 2020

| <u>Month</u> | x <u>Admissions</u> | x <u>Discharges</u> | Total <u>Patient Days</u> | Average <u>Daily Census</u> |
|--------------|------------------------|------------------------|------------------------------|--------------------------------|
| OVERALL | 92 | 100 | 7,102 | 19.5 |
| <u>Month</u> | | | | |
| July | 11 | 11 | 660 | 21.3 |
| August | 8 | 7 | 696 | 22.5 |
| September | 8 | 9 | 601 | 20.0 |
| October | 7 | 7 | 611 | 19.7 |
| November | 12 | 10 | 632 | 21.1 |
| December | 9 | 7 | 725 | 23.4 |
| January | 10 | 12 | 742 | 23.9 |
| February | 6 | 6 | 647 | 23.1 |
| March | 3 | 11 | 618 | 19.9 |
| April | 1 | 4 | 379 | 12.6 |
| May | 7 | 5 | 410 | 13.2 |
| June | 10 | 11 | 381 | 12.7 |

See note 19.

TABLE 3-3
 Vermont Agency of Human Services
 Department of Mental Health

VERMONT PSYCHIATRIC CARE HOSPITAL
CATCHMENT AREA AND UTILIZATION
 Fiscal Year 2020

| | <u>Admissions</u> | <u>Discharges</u> | <u>Total Patient Days</u> | <u>Average Daily Census</u> | <u>Percent of all Patient Days</u> |
|-----------------------|-------------------|-------------------|---------------------------|-----------------------------|------------------------------------|
| OVERALL | 92 | 100 | 7,102 | 19.5 | 100% |
| <u>Catchment Area</u> | | | | | |
| CSAC (Addison) | 2 | 2 | 186 | 0.5 | 3% |
| NCSS (Northwest) | 9 | 10 | 469 | 1.3 | 7% |
| HC (Chittenden) | 36 | 33 | 1,861 | 5.1 | 26% |
| LCC (Lamoille) | 1 | 1 | 4 | 0.0 | 0% |
| HCRS (Southeast) | 10 | 15 | 1,509 | 4.1 | 21% |
| NKHS (Northeast) | 8 | 5 | 342 | 0.9 | 5% |
| CMC (Orange) | 3 | 3 | 175 | 0.5 | 2% |
| RMHS (Rutland) | 1 | 4 | 379 | 1.0 | 5% |
| UCS (Bennington) | 3 | 2 | 122 | 0.3 | 2% |
| WCMH (Washington) | 19 | 25 | 2,055 | 5.6 | 29% |

See notes 2 and 19.

TABLE 3-4
 Vermont Agency of Human Services
 Department of Mental Health

VERMONT PSYCHIATRIC CARE HOSPITAL
AGE AND UTILIZATION
 Fiscal Year 2020

| | <u>Admissions</u> | <u>Discharges</u> | <u>Total Patient Days</u> | <u>Average Daily Census</u> | <u>Percent of all Patient Days</u> |
|------------|-------------------|-------------------|-------------------------------|---------------------------------|--|
| OVERALL | 92 | 100 | 7,102 | 19.5 | 100% |
| <u>Age</u> | | | | | |
| 13 - 19 | - | - | - | - | - |
| 20 - 34 | 41 | 40 | 2,605 | 7.1 | 37% |
| 35 - 49 | 33 | 39 | 3,201 | 8.8 | 45% |
| 50 - 64 | 16 | 19 | 1,198 | 3.3 | 17% |
| 65+ | 2 | 2 | 98 | 0.3 | 1% |

See notes 4 and 19.

TABLE 3-5
 Vermont Agency of Human Services
 Department of Mental Health

VERMONT PSYCHIATRIC CARE HOSPITAL
GENDER AND UTILIZATION
 Fiscal Year 2020

| | <u>Admissions</u> | <u>Discharges</u> | <u>Total Patient Days</u> | <u>Average Daily Census</u> | <u>Percent of all Patient Days</u> |
|---------------|-------------------|-------------------|-------------------------------|---------------------------------|--|
| OVERALL | 92 | 100 | 7,102 | 19.5 | 100% |
| <u>Gender</u> | | | | | |
| Male | 61 | 69 | 4,870 | 13.3 | 69% |
| Female | 31 | 31 | 2,232 | 6.1 | 31% |
| Other/Unknown | - | - | - | - | - |

See note 19.

TABLE 3-6
 Vermont Agency of Human Services
 Department of Mental Health

VERMONT PSYCHIATRIC CARE HOSPITAL
DIAGNOSIS AND UTILIZATION
 Fiscal Year 2020

| <u>ICD 10</u> | <u>Admissions</u> | | <u>Discharges</u> | | <u>Total</u> | <u>Average</u> | <u>Percent of all</u> |
|---|-------------------|----------------|-------------------|----------------|---------------------|---------------------|-----------------------|
| | | | | | <u>Patient Days</u> | <u>Daily Census</u> | <u>Patient Days</u> |
| OVERALL | 92 | | 100 | | 7,102 | 19.5 | 100% |
| <u>Diagnosis</u> | <u>Number</u> | <u>Percent</u> | <u>Number</u> | <u>Percent</u> | | | |
| Physiological Conditions | - | - | - | - | - | - | - |
| Psychoactive Substance Use | 48 | 52% | 50 | 50% | 2,934 | 8.0 | 41% |
| Schizophrenia Other Non-Mood Psychotic Disorders | 61 | 66% | 69 | 69% | 5,865 | 16.1 | 83% |
| Mood [Affective] Disorders | 33 | 36% | 33 | 33% | 1,812 | 5.0 | 26% |
| Anxiety and Other Nonpsychotic Mental Disorders | 29 | 32% | 29 | 29% | 2,141 | 5.9 | 30% |
| Behavioral Syndromes | 2 | 2% | 3 | 3% | 259 | 0.7 | 4% |
| Disorders of Adult Personality and Behavior | 4 | 4% | 3 | 3% | 483 | 1.3 | 7% |
| Intellectual Disabilities | 3 | 3% | 3 | 3% | 301 | 0.8 | 4% |
| Pervasive and Specific Developmental Disorders | - | - | - | - | - | - | - |
| Behavioral Emotional Disorders/Child Adolescence | - | - | - | - | - | - | - |
| Unspecified Mental Disorder | - | - | - | - | - | - | - |
| Deferred | - | - | - | - | - | - | - |

As clients may have many diagnoses reported, diagnostic groups do not represent an unduplicated count of clients served.

See notes 7 and 19.

TABLE 3-7
 Vermont Agency of Human Services
 Department of Mental Health

VERMONT PSYCHIATRIC CARE HOSPITAL
LEGAL STATUS ON ADMISSION AND UTILIZATION
 Fiscal Year 2020

| | <u>Admissions</u> | <u>Discharges</u> | <u>Total Patient Days</u> | <u>Average Daily Census</u> | <u>Percent of all Patient Days</u> |
|----------------------------------|-------------------|-------------------|-------------------------------|---------------------------------|--|
| OVERALL | 92 | 100 | 7,102 | 19.5 | 100% |
| <u>Legal Status on Admission</u> | | | | | |
| Voluntary | - | - | - | - | - |
| Emergency | 73 | 76 | 4,591 | 12.6 | 65% |
| Forensic | 16 | 19 | 1,942 | 5.3 | 27% |
| Other | 3 | 5 | 569 | 1.6 | 8% |

See notes 19 and 20.

TABLE 3-8
 Vermont Agency of Human Services
 Department of Mental Health

VERMONT PSYCHIATRIC CARE HOSPITAL
TYPE OF ADMISSION AND UTILIZATION
 Fiscal Year 2020

| | <u>Admissions</u> | <u>Discharges</u> | <u>Total Patient Days</u> | <u>Average Daily Census</u> | <u>Percent of all Patient Days</u> |
|--------------------------|-------------------|-------------------|-------------------------------|---------------------------------|--|
| OVERALL | 92 | 100 | 7,102 | 19.5 | 100% |
| <u>Type of Admission</u> | | | | | |
| First Admission | 61 | 66 | 4,253 | 11.7 | 60% |
| Readmission | 31 | 34 | 2,849 | 7.8 | 40% |

See notes 19 and 21.

TABLE 3-9
Vermont Agency of Human Services
Department of Mental Health

VERMONT PSYCHIATRIC CARE HOSPITAL
CATCHMENT AREA AND LEGAL STATUS OF PATIENTS ADMITTED
Fiscal Year 2020

| | <u>Admissions</u> | <u>Legal Status</u> | | | |
|-----------------------|-------------------|---------------------|------------------|-----------------|--------------|
| | | <u>Voluntary</u> | <u>Emergency</u> | <u>Forensic</u> | <u>Other</u> |
| OVERALL | 92 | - | 79% | 17% | 3% |
| <u>Catchment Area</u> | | | | | |
| CSAC (Addison) | 2 | - | 100% | - | - |
| NCSS (Northwest) | 9 | - | 78% | 22% | - |
| HC (Chittenden) | 36 | - | 81% | 17% | 3% |
| LCC (Lamoille) | 1 | - | 100% | - | - |
| HCRS (Southeast) | 10 | - | 80% | 20% | - |
| NKHS (Northeast) | 8 | - | 75% | 25% | - |
| CMC (Orange) | 3 | - | 100% | - | - |
| RMHS (Rutland) | 1 | - | 100% | - | - |
| UCS (Bennington) | 3 | - | 67% | 33% | - |
| WCMH (Washington) | 19 | - | 74% | 16% | 11% |
| Unknown | - | - | - | - | - |

See notes 2, 19 and 20.

TABLE 3-10
 Vermont Agency of Human Services
 Department of Mental Health

VERMONT PSYCHIATRIC CARE HOSPITAL
AGE AND LEGAL STATUS OF PATIENTS ADMITTED
 Fiscal Year 2020

| | <u>Admissions</u> | <u>Legal Status</u> | | | |
|------------|-------------------|---------------------|------------------|-----------------|--------------|
| | | <u>Voluntary</u> | <u>Emergency</u> | <u>Forensic</u> | <u>Other</u> |
| OVERALL | 92 | - | 79% | 17% | 3% |
| <u>Age</u> | | | | | |
| 13 - 19 | - | - | - | - | - |
| 20 - 34 | 41 | - | 85% | 12% | 2% |
| 35 - 49 | 33 | - | 79% | 18% | 3% |
| 50 - 64 | 16 | - | 63% | 31% | 6% |
| 65+ | 2 | - | 100% | - | - |

See notes 4, 19, and 20.

TABLE 3-11
 Vermont Agency of Human Services
 Department of Mental Health

VERMONT PSYCHIATRIC CARE HOSPITAL
GENDER AND LEGAL STATUS OF PATIENTS ADMITTED
 Fiscal Year 2020

| | <u>Admissions</u> | <u>Legal Status</u> | | | |
|---------------|-------------------|---------------------|------------------|-----------------|--------------|
| | | <u>Voluntary</u> | <u>Emergency</u> | <u>Forensic</u> | <u>Other</u> |
| OVERALL | 92 | - | 79% | 17% | 3% |
| <u>Gender</u> | | | | | |
| Male | 61 | - | 79% | 18% | 3% |
| Female | 31 | - | 81% | 16% | 3% |
| Other/Unknown | - | - | - | - | - |

See notes 19 and 20.

TABLE 3-12
Vermont Agency of Human Services
Department of Mental Health

VERMONT PSYCHIATRIC CARE HOSPITAL
DIAGNOSIS AND LEGAL STATUS OF PATIENTS ADMITTED
Fiscal Year 2020

| <u>ICD 10</u> | <u>Admissions</u> | <u>Legal Status</u> | | | |
|---|-------------------|---------------------|------------------|-----------------|--------------|
| | | <u>Voluntary</u> | <u>Emergency</u> | <u>Forensic</u> | <u>Other</u> |
| OVERALL | 92 | - | 79% | 17% | 3% |
| <u>Diagnosis</u> | | | | | |
| Physiological Conditions | - | - | - | - | - |
| Psychoactive Substance Use | 48 | - | 49% | 63% | 67% |
| Schizophrenia Other Non-Mood Psychotic Disorders | 61 | - | 62% | 81% | 100% |
| Mood [Affective] Disorders | 33 | - | 38% | 31% | - |
| Anxiety and Other Nonpsychotic Mental Disorders | 29 | - | 33% | 31% | - |
| Behavioral Syndromes | 2 | - | 3% | - | - |
| Disorders of Adult Personality and Behavior | 4 | - | 5% | - | - |
| Intellectual Disabilities | 3 | - | 3% | 6% | - |
| Pervasive and Specific Developmental Disorders | - | - | - | - | - |
| Behavioral Emotional Disorders/Child Adolescence | - | - | - | - | - |
| Unspecified Mental Disorder | - | - | - | - | - |
| Deferred | - | - | - | - | - |

As clients may have many diagnoses reported, diagnostic groups do not represent an unduplicated count of clients served.

See notes 7, 19 and 20.

TABLE 3-13
 Vermont Agency of Human Services
 Department of Mental Health

VERMONT PSYCHIATRIC CARE HOSPITAL
TYPE OF ADMISSION AND LEGAL STATUS OF PATIENTS ADMITTED
 Fiscal Year 2020

| | <u>Admissions</u> | <u>Legal Status</u> | | | |
|--------------------------|-------------------|---------------------|------------------|-----------------|--------------|
| | | <u>Voluntary</u> | <u>Emergency</u> | <u>Forensic</u> | <u>Other</u> |
| OVERALL | 92 | - | 79% | 17% | 3% |
| <u>Type of Admission</u> | | | | | |
| First Admission | 61 | - | 75% | 23% | 2% |
| Readmission | 31 | - | 87% | 6% | 6% |

See notes 19, 20 and 21.

TABLE 3-14
Vermont Agency of Human Services
Department of Mental Health

VERMONT PSYCHIATRIC CARE HOSPITAL
CATCHMENT AREA AND DISCHARGE RATE OF PATIENTS ADMITTED
Fiscal Year 2020

| | <u>Admissions</u> | <u>Percent Discharged Within</u> | | | |
|-----------------------|-------------------|----------------------------------|----------------|----------------|-----------------|
| | | <u>1 Week</u> | <u>2 Weeks</u> | <u>1 Month</u> | <u>3 Months</u> |
| OVERALL | 92 | 4% | 15% | 39% | 79% |
| <u>Catchment Area</u> | | | | | |
| CSAC (Addison) | 2 | - | - | - | 50% |
| NCSS (Northwest) | 9 | 22% | 22% | 44% | 78% |
| HC (Chittenden) | 36 | 3% | 14% | 50% | 78% |
| LCC (Lamoille) | 1 | 100% | 100% | 100% | 100% |
| HCRS (Southeast) | 10 | - | 20% | 20% | 100% |
| NKHS (Northeast) | 8 | - | 25% | 38% | 88% |
| CMC (Orange) | 3 | - | - | 33% | 67% |
| RMHS (Rutland) | 1 | - | - | - | - |
| UCS (Bennington) | 3 | - | - | 33% | 100% |
| WCMH (Washington) | 19 | - | 11% | 32% | 74% |
| Unknown | - | - | - | - | - |

See notes 2, 19 and 22.

TABLE 3-15
 Vermont Agency of Human Services
 Department of Mental Health

VERMONT PSYCHIATRIC CARE HOSPITAL
AGE AND DISCHARGE RATE OF PATIENTS ADMITTED
 Fiscal Year 2020

| | <u>Admissions</u> | <u>Percent Discharged Within</u> | | | |
|------------|-------------------|----------------------------------|----------------|----------------|-----------------|
| | | <u>1 Week</u> | <u>2 Weeks</u> | <u>1 Month</u> | <u>3 Months</u> |
| OVERALL | 92 | 4% | 15% | 39% | 79% |
| <u>Age</u> | | | | | |
| 13 - 19 | - | - | - | - | - |
| 20 - 34 | 41 | 5% | 17% | 46% | 83% |
| 35 - 49 | 33 | 6% | 12% | 33% | 76% |
| 50 - 64 | 16 | - | 19% | 31% | 75% |
| 65+ | 2 | - | - | 50% | 100% |

See notes 2, 19 and 22.

TABLE 3-16
 Vermont Agency of Human Services
 Department of Mental Health

VERMONT PSYCHIATRIC CARE HOSPITAL
GENDER AND DISCHARGE RATE OF PATIENTS ADMITTED
 Fiscal Year 2020

| | <u>Admissions</u> | <u>Percent Discharged Within</u> | | | |
|---------------|-------------------|----------------------------------|----------------|----------------|-----------------|
| | | <u>1 Week</u> | <u>2 Weeks</u> | <u>1 Month</u> | <u>3 Months</u> |
| OVERALL | 92 | 4% | 15% | 39% | 79% |
| <u>Gender</u> | | | | | |
| Male | 61 | - | 10% | 38% | 80% |
| Female | 31 | 13% | 26% | 42% | 77% |
| Other/Unknown | - | - | - | - | - |

See notes 19 and 22.

TABLE 3-17
Vermont Agency of Human Services
Department of Mental Health

VERMONT PSYCHIATRIC CARE HOSPITAL
DIAGNOSIS AND DISCHARGE RATE OF PATIENTS ADMITTED
Fiscal Year 2020

| <u>ICD 10</u> | <u>Admissions</u> | <u>Percent Discharged Within</u> | | | |
|---|-------------------|----------------------------------|----------------|----------------|-----------------|
| | | <u>1 Week</u> | <u>2 Weeks</u> | <u>1 Month</u> | <u>3 Months</u> |
| OVERALL | 92 | 4% | 15% | 39% | 79% |
| <u>Diagnosis</u> | | | | | |
| Physiological Conditions | - | - | - | - | - |
| Psychoactive Substance Use | 48 | - | 15% | 40% | 81% |
| Schizophrenia Other Non-Mood Psychotic Disorders | 61 | 3% | 13% | 34% | 74% |
| Mood [Affective] Disorders | 33 | 3% | 12% | 42% | 82% |
| Anxiety and Other Nonpsychotic Mental Disorders | 29 | 7% | 14% | 34% | 79% |
| Behavioral Syndromes | 2 | - | - | 50% | 50% |
| Disorders of Adult Personality and Behavior | 4 | - | - | - | 50% |
| Intellectual Disabilities | 3 | 33% | 33% | 67% | 67% |
| Pervasive and Specific Developmental Disorders | - | - | - | - | - |
| Behavioral Emotional Disorders/Child Adolescence | - | - | - | - | - |
| Unspecified Mental Disorder | - | - | - | - | - |
| Deferred | - | - | - | - | - |

As clients may have many diagnoses reported, diagnostic groups do not represent an unduplicated count of clients served.

See notes 7, 19 and 22.

TABLE 3-18
 Vermont Agency of Human Services
 Department of Mental Health

VERMONT PSYCHIATRIC CARE HOSPITAL
LEGAL STATUS AND DISCHARGE RATE OF PATIENTS ADMITTED
 Fiscal Year 2020

| | <u>Admissions</u> | <u>Percent Discharged Within</u> | | | |
|---------------------|-------------------|----------------------------------|----------------|----------------|-----------------|
| | | <u>1 Week</u> | <u>2 Weeks</u> | <u>1 Month</u> | <u>3 Months</u> |
| OVERALL | 92 | 4% | 15% | 39% | 79% |
| <u>Legal Status</u> | | | | | |
| Voluntary | - | - | - | - | - |
| Emergency | 73 | 5% | 15% | 42% | 82% |
| Forensic | 16 | - | 6% | 19% | 69% |
| Other | 3 | - | 67% | 67% | 67% |

See notes 19, 20 and 22.

TABLE 3-19
 Vermont Agency of Human Services
 Department of Mental Health

VERMONT PSYCHIATRIC CARE HOSPITAL
TYPE OF ADMISSION AND DISCHARGE RATE OF PATIENTS ADMITTED
 Fiscal Year 2020

| | <u>Admissions</u> | <u>Percent Discharged Within</u> | | | |
|--------------------------|-------------------|----------------------------------|----------------|----------------|-----------------|
| | | <u>1 Week</u> | <u>2 Weeks</u> | <u>1 Month</u> | <u>3 Months</u> |
| OVERALL | 92 | 4% | 15% | 39% | 79% |
| <u>Type of Admission</u> | | | | | |
| First Admisssion | 61 | 7% | 21% | 46% | 84% |
| Readmission | 31 | - | 3% | 26% | 71% |

See notes 19, 21 and 22.

TABLE 3-20
Vermont Agency of Human Services
Department of Mental Health

VERMONT PSYCHIATRIC CARE HOSPITAL
CATCHMENT AREA AND LENGTH OF STAY OF PATIENTS IN RESIDENCE AT END OF YEAR
Fiscal Year 2020

| | <u>Patients at end of Year</u> | <u>Median Length of Stay</u> | <u>Mean Length of Stay</u> |
|-----------------------|------------------------------------|------------------------------|----------------------------|
| OVERALL | 13 | 29 days | 4 months |
| <u>Catchment Area</u> | | | |
| CSAC (Addison) | 1 | 4 days | 4 days |
| NCSS (Northwest) | 0 | - | - |
| HC (Chittenden) | 6 | 26 days | 7 months |
| LCC (Lamoille) | 0 | - | - |
| HCRS (Southeast) | 0 | - | - |
| NKHS (Northeast) | 3 | 8 days | 1 month |
| CMC (Orange) | 0 | - | - |
| RMHS (Rutland) | 1 | 8 months | 8 months |
| UCS (Bennington) | 1 | 1 month | 1 month |
| WCMH (Washington) | 1 | 1 month | 1 month |

See notes 2 and 23.

TABLE 3-21
 Vermont Agency of Human Services
 Department of Mental Health

VERMONT PSYCHIATRIC CARE HOSPITAL
AGE AND LENGTH OF STAY OF PATIENTS IN RESIDENCE AT END OF YEAR
 Fiscal Year 2020

| | <u>Patients at end of Year</u> | <u>Median Length of Stay</u> | <u>Mean Length of Stay</u> |
|------------|------------------------------------|------------------------------|----------------------------|
| OVERALL | 13 | 29 days | 4 months |
| <u>Age</u> | | | |
| 13 - 19 | - | - | - |
| 20 - 34 | 5 | 29 days | 2 months |
| 35 - 49 | 6 | 2 months | 7 months |
| 50 - 64 | 2 | 4 days | 4 days |
| 65+ | - | - | - |

See notes 4 and 23.

TABLE 3-22
 Vermont Agency of Human Services
 Department of Mental Health

VERMONT PSYCHIATRIC CARE HOSPITAL
GENDER AND LENGTH OF STAY OF PATIENTS IN RESIDENCE AT END OF YEAR
 Fiscal Year 2020

| | <u>Patients at end of Year</u> | <u>Median Length of Stay</u> | <u>Mean Length of Stay</u> |
|---------------|------------------------------------|------------------------------|----------------------------|
| OVERALL | 13 | 29 days | 4 months |
| <u>Gender</u> | | | |
| Male | 8 | 26 days | 5 months |
| Female | 5 | 1 month | 2 months |
| Other/Unknown | - | - | - |

See note 23.

TABLE 3-23
Vermont Agency of Human Services
Department of Mental Health

VERMONT PSYCHIATRIC CARE HOSPITAL
DIAGNOSIS AND LENGTH OF STAY OF PATIENTS IN RESIDENCE AT END OF YEAR
Fiscal Year 2020

| <u>ICD 10</u> | <u>Patients at end of Year</u> | <u>Median Length of Stay</u> | <u>Mean Length of Stay</u> |
|---|------------------------------------|------------------------------|----------------------------|
| OVERALL | 13 | 29 days | 4 months |
| <u>Diagnosis</u> | | | |
| Physiological Conditions | - | - | - |
| Psychoactive Substance Use | 8 | 26 days | 6 months |
| Schizophrenia Other Non-Mood Psychotic Disorders | 9 | 1 month | 6 months |
| Mood [Affective] Disorders | 4 | 1 month | 1 month |
| Anxiety and Other Nonpsychotic Mental Disorders | 5 | 8 days | 2 months |
| Behavioral Syndromes | | | |
| Disorders of Adult Personality and Behavior | 1 | 8 months | 8 months |
| Intellectual Disabilities | - | - | - |
| Pervasive and Specific Developmental Disorders | - | - | - |
| Behavioral Emotional Disorders/Child Adolescence | - | - | - |
| Unspecified Mental Disorder | - | - | - |
| Deferred | - | - | - |

As clients may have many diagnoses reported, diagnostic groups do not represent an unduplicated count of clients served.

See notes 7 and 23.

TABLE 3-24
Vermont Agency of Human Services
Department of Mental Health

VERMONT PSYCHIATRIC CARE HOSPITAL
LEGAL STATUS AND LENGTH OF STAY OF PATIENTS IN RESIDENCE AT END OF YEAR
Fiscal Year 2020

| | <u>Patients at end of Year</u> | <u>Median Length of Stay</u> | <u>Mean Length of Stay</u> |
|---------------------|------------------------------------|------------------------------|----------------------------|
| OVERALL | 13 | 29 days | 4 months |
| <u>Legal Status</u> | | | |
| Voluntary | - | - | - |
| Emergency | 10 | 26 days | 1 month |
| Forensic | 3 | 5 months | 1 year, 1 month |
| Other | - | - | - |

See notes 20 and 23.

TABLE 3-25
 Vermont Agency of Human Services
 Department of Mental Health

VERMONT PSYCHIATRIC CARE HOSPITAL
TYPE OF ADMISSION AND LENGTH OF STAY OF PATIENTS IN RESIDENCE AT END OF YEAR
 Fiscal Year 2020

| | <u>Patients at end of Year</u> | <u>Median Length of Stay</u> | <u>Mean Length of Stay</u> |
|--------------------------|------------------------------------|------------------------------|----------------------------|
| OVERALL | 13 | 29 days | 4 months |
| <u>Type of Admission</u> | | | |
| First Admission | 8 | 18 days | 5 months |
| Readmission | 5 | 1 month | 3 months |

See notes 21 and 23.

Part 4: Historical Overview

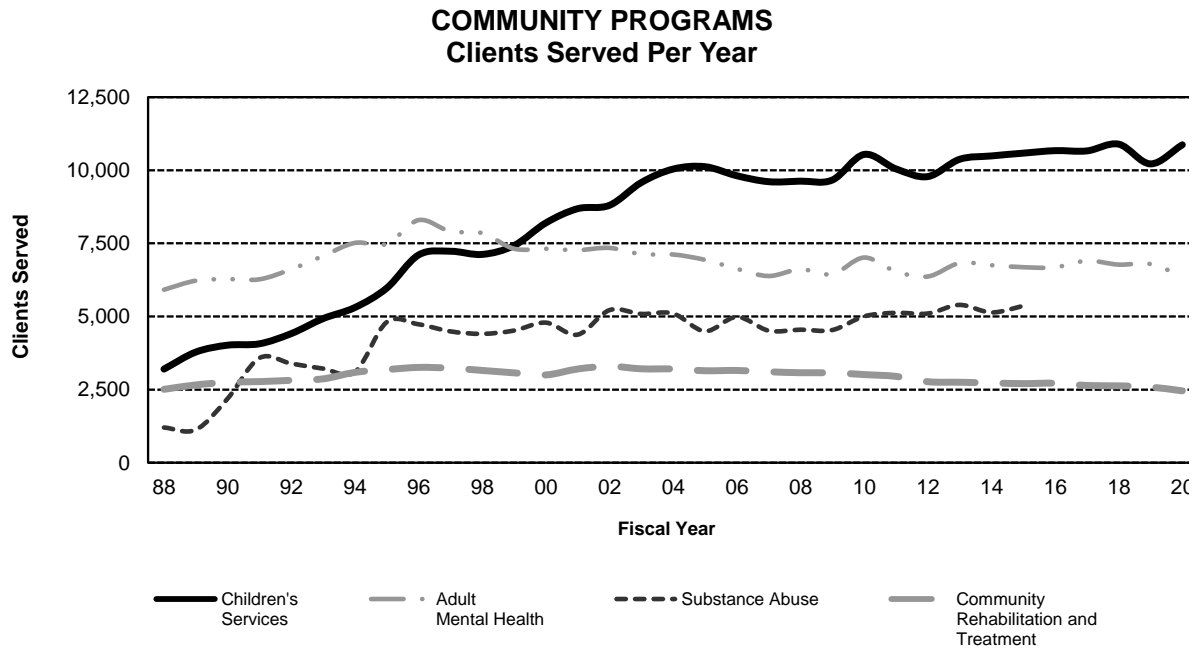


TABLE 4-1
Vermont Agency of Human Services
Department of Mental Health

NUMBER OF CLIENTS SERVED: FY1991 - FY2020
by Clients' Primary Program Assignment

| <u>Fiscal Year</u> | <u>Children's Services</u> | <u>Adult MH Outpatient</u> | <u>Community Rehabilitation</u> | <u>Substance Abuse</u> | <u>Unassigned</u> | <u>State Hospital</u> |
|--------------------|----------------------------|----------------------------|---------------------------------|------------------------|-------------------|-----------------------|
| 1991 | 4,066 | 6,271 | 2,773 | 3,580 | 484 | 407 |
| 1992 | 4,281 | 6,615 | 2,817 | 3,388 | 416 | 389 |
| 1993 | 4,703 | 7,071 | 2,867 | 3,219 | 428 | 311 |
| 1994 | 5,167 | 7,516 | 3,089 | 3,104 | 393 | 333 |
| 1995 | 5,971 | 7,480 | 3,183 | 4,807 | 437 | 323 |
| 1996 | 7,103 | 7,711 | 3,259 | 4,430 | 487 | 305 |
| 1997 | 7,230 | 7,907 | 3,232 | 4,490 | 577 | 294 |
| 1998 | 7,122 | 7,851 | 3,155 | 4,407 | 734 | 327 |
| 1999 | 7,424 | 7,317 | 3,073 | 4,518 | 1,314 | 246 |
| 2000 | 8,204 | 7,324 | 3,003 | 4,789 | 1,972 | 257 |
| 2001 | 8,670 | 7,189 | 3,259 | 4,357 | 2,136 | 244 |
| 2002 | 8,967 | 7,345 | 3,296 | 5,217 | 2,218 | 254 |
| 2003 | 9,749 | 7,130 | 3,210 | 5,087 | 2,360 | 234 |
| 2004 | 10,040 | 7,120 | 3,205 | 5,101 | 2,396 | 231 |
| 2005 | 10,122 | 6,936 | 3,145 | 4,495 | 2,898 | 218 |
| 2006 | 9,812 | 6,631 | 3,154 | 4,985 | 2,540 | 216 |
| 2007 | 9,609 | 6,384 | 3,109 | 4,515 | 1,887 | 231 |
| 2008 | 9,627 | 6,614 | 3,076 | 4,548 | 1,950 | 255 |
| 2009 | 9,665 | 6,448 | 3,073 | 4,536 | 2,270 | 246 |
| 2010 | 10,541 | 7,015 | 3,013 | 5,004 | 3,459 | 261 |
| 2011 | 10,048 | 6,541 | 2,952 | 5,125 | 4,321 | 254 |
| 2012 | 9,783 | 6,366 | 2,769 | 5,101 | 5,485 | 87 |
| 2013 | 10,374 | 6,826 | 2,752 | 5,395 | 5,668 | 26 |
| 2014 | 10,490 | 6,752 | 2,726 | 5,137 | 5,411 | 36 |
| 2015 | 10,585 | 6,685 | 2,704 | 5,363 | 5,205 | 67 |
| 2016 | 10,670 | 6,681 | 2,718 | - | 4,556 | 73 |
| 2017 | 10,661 | 6,905 | 2,640 | - | 4,267 | 88 |
| 2018 | 10,892 | 6,773 | 2,628 | - | 4,807 | 79 |
| 2019 | 10,218 | 6,794 | 2,587 | - | 4,833 | 87 |
| 2020 | 10,870 | 6,376 | 2,456 | - | 5,559 | 102 |

See notes 1, 2 and 3.

TABLE 4-2
Vermont Agency of Human Services
Department of Mental Health

CHILDREN'S SERVICES PROGRAMS
NUMBER OF CLIENTS SERVED: FY1991 - FY2020
by Designated Agency

| <u>Fiscal Year</u> | <u>CSAC</u> | <u>NCSS</u> | <u>HC</u> | <u>LCMH</u> | <u>HCRS</u> | <u>NKHS</u> | <u>CMC</u> | <u>RMHS</u> | <u>UCS</u> | <u>WCMH</u> | <u>NFI</u> | <u>Total</u> |
|--------------------|-------------|-------------|-----------|-------------|-------------|-------------|------------|-------------|------------|-------------|------------|--------------|
| 1991 | 739 | 297 | 470 | 131 | 773 | 455 | 275 | 323 | 252 | 299 | 52 | 4,066 |
| 1992 | 645 | 353 | 422 | 174 | 837 | 480 | 291 | 379 | 266 | 382 | 52 | 4,281 |
| 1993 | 680 | 381 | 465 | 207 | 975 | 484 | 256 | 478 | 248 | 473 | 56 | 4,703 |
| 1994 | 733 | 416 | 496 | 223 | 1,077 | 487 | 289 | 616 | 277 | 483 | 70 | 5,167 |
| 1995 | 805 | 517 | 653 | 166 | 1,162 | 681 | 346 | 672 | 297 | 566 | 106 | 5,971 |
| 1996 | 833 | 545 | 977 | 171 | 1,330 | 823 | 490 | 754 | 422 | 609 | 149 | 7,103 |
| 1997 | 684 | 520 | 1,033 | 203 | 1,435 | 867 | 525 | 694 | 476 | 570 | 223 | 7,230 |
| 1998 | 642 | 485 | 1,027 | 230 | 1,363 | 967 | 543 | 622 | 463 | 525 | 255 | 7,122 |
| 1999 | 746 | 547 | 1,220 | 169 | 1,303 | 1,005 | 521 | 696 | 514 | 564 | 139 | 7,424 |
| 2000 | 788 | 756 | 1,281 | 209 | 1,482 | 976 | 636 | 696 | 572 | 701 | 107 | 8,204 |
| 2001 | 810 | 788 | 1,577 | 188 | 1,216 | 964 | 944 | 711 | 565 | 715 | 192 | 8,670 |
| 2002 | 954 | 853 | 1,702 | 219 | 1,298 | 1,011 | 513 | 709 | 550 | 716 | 442 | 8,967 |
| 2003 | 859 | 924 | 1,621 | 546 | 1,573 | 1,045 | 583 | 847 | 556 | 767 | 428 | 9,749 |
| 2004 | 861 | 1,126 | 1,577 | 546 | 1,704 | 1,026 | 543 | 933 | 553 | 759 | 412 | 10,040 |
| 2005 | 870 | 1,164 | 1,989 | 421 | 1,617 | 1,054 | 466 | 951 | 456 | 716 | 418 | 10,122 |
| 2006 | 848 | 1,128 | 1,891 | 489 | 1,470 | 803 | 584 | 1,054 | 523 | 693 | 329 | 9,812 |
| 2007 | 909 | 1,161 | 2,029 | 430 | 1,285 | 806 | 575 | 961 | 563 | 769 | 121 | 9,609 |
| 2008 | 804 | 1,215 | 1,977 | 388 | 1,375 | 827 | 563 | 936 | 620 | 741 | 181 | 9,627 |
| 2009 | 691 | 1,243 | 1,951 | 359 | 1,455 | 947 | 542 | 915 | 573 | 764 | 225 | 9,665 |
| 2010 | 777 | 1,243 | 2,092 | 426 | 1,630 | 961 | 595 | 1,013 | 548 | 913 | 343 | 10,541 |
| 2011 | 805 | 1,131 | 1,813 | 361 | 1,645 | 877 | 611 | 1,025 | 464 | 930 | 386 | 10,048 |
| 2012 | 847 | 1,049 | 1,639 | 329 | 1,672 | 952 | 615 | 1,030 | 456 | 897 | 297 | 9,783 |
| 2013 | 1,164 | 1,247 | 1,573 | 318 | 1,695 | 1,001 | 592 | 962 | 500 | 956 | 366 | 10,374 |
| 2014 | 1,109 | 1,463 | 1,480 | 337 | 1,640 | 997 | 621 | 915 | 546 | 1,023 | 359 | 10,490 |
| 2015 | 1,025 | 1,582 | 1,662 | 338 | 1,484 | 976 | 671 | 918 | 524 | 1,033 | 372 | 10,585 |
| 2016 | 913 | 1,743 | 1,872 | 296 | 1,375 | 821 | 687 | 906 | 449 | 1,007 | 601 | 10,670 |
| 2017 | 930 | 1,720 | 1,943 | 346 | 1,270 | 740 | 614 | 976 | 436 | 1,121 | 565 | 10,661 |
| 2018 | 981 | 1,874 | 1,981 | 401 | 1,216 | 642 | 590 | 982 | 524 | 1,085 | 616 | 10,892 |
| 2019 | 939 | 1,475 | 1,921 | 402 | 1,362 | 503 | 616 | 979 | 489 | 1,067 | 465 | 10,218 |
| 2020 | 940 | 1,891 | 2,487 | 380 | 1,221 | 486 | 578 | 970 | 508 | 981 | 428 | 10,870 |

See notes 1, 2 and 3.

TABLE 4-3
Vermont Agency of Human Services
Department of Mental Health

ADULT MENTAL HEALTH OUTPATIENT PROGRAMS
NUMBER OF CLIENTS SERVED: FY1991 - FY2020
by Designated Agency

| <u>Fiscal Year</u> | <u>CSAC</u> | <u>NCSS</u> | <u>HC</u> | <u>LCMH</u> | <u>HCRS</u> | <u>NKHS</u> | <u>CMC</u> | <u>RMHS</u> | <u>UCS</u> | <u>WCMH</u> | <u>PATH</u> | <u>Total</u> |
|--------------------|-------------|-------------|-----------|-------------|-------------|-------------|------------|-------------|------------|-------------|-------------|--------------|
| 1991 | 582 | 731 | 526 | 204 | 1,318 | 747 | 346 | 732 | 554 | 531 | - | 6,271 |
| 1992 | 586 | 804 | 517 | 231 | 1,434 | 777 | 405 | 746 | 596 | 519 | - | 6,615 |
| 1993 | 582 | 793 | 1,173 | 259 | 1,420 | 692 | 339 | 711 | 511 | 591 | - | 7,071 |
| 1994 | 677 | 874 | 1,286 | 263 | 1,493 | 704 | 270 | 835 | 486 | 628 | - | 7,516 |
| 1995 | 679 | 879 | 1,245 | 175 | 1,577 | 776 | 202 | 806 | 530 | 611 | - | 7,480 |
| 1996 | 588 | 807 | 1,293 | 216 | 1,581 | 785 | 269 | 799 | 635 | 738 | - | 7,711 |
| 1997 | 623 | 818 | 1,337 | 288 | 1,579 | 667 | 282 | 782 | 778 | 753 | - | 7,907 |
| 1998 | 628 | 710 | 1,408 | 326 | 1,504 | 622 | 276 | 818 | 804 | 755 | - | 7,851 |
| 1999 | 739 | 679 | 1,047 | 281 | 1,134 | 752 | 273 | 923 | 681 | 808 | - | 7,317 |
| 2000 | 741 | 940 | 792 | 332 | 1,108 | 815 | 270 | 812 | 791 | 723 | - | 7,324 |
| 2001 | 800 | 948 | 700 | 326 | 679 | 813 | 291 | 958 | 878 | 796 | - | 7,189 |
| 2002 | 809 | 953 | 686 | 283 | 718 | 971 | 369 | 888 | 896 | 772 | - | 7,345 |
| 2003 | 782 | 967 | 653 | 308 | 894 | 841 | 477 | 760 | 866 | 582 | - | 7,130 |
| 2004 | 632 | 1,019 | 690 | 208 | 962 | 927 | 508 | 694 | 883 | 597 | - | 7,120 |
| 2005 | 569 | 1,037 | 723 | 117 | 879 | 997 | 415 | 814 | 763 | 622 | - | 6,936 |
| 2006 | 564 | 1,075 | 658 | 123 | 681 | 706 | 560 | 775 | 851 | 638 | - | 6,631 |
| 2007 | 631 | 1,090 | 547 | 146 | 694 | 687 | 520 | 642 | 803 | 624 | - | 6,384 |
| 2008 | 587 | 1,122 | 471 | 214 | 653 | 824 | 541 | 632 | 857 | 713 | - | 6,614 |
| 2009 | 460 | 1,104 | 522 | 242 | 662 | 1,000 | 556 | 261 | 840 | 801 | - | 6,448 |
| 2010 | 664 | 1,028 | 590 | 227 | 710 | 1,032 | 605 | 286 | 860 | 1,013 | - | 7,015 |
| 2011 | 687 | 864 | 516 | 32 | 767 | 978 | 640 | 236 | 864 | 957 | - | 6,541 |
| 2012 | 755 | 646 | 489 | 55 | 749 | 1,025 | 642 | 247 | 809 | 949 | - | 6,366 |
| 2013 | 907 | 850 | 586 | 165 | 927 | 1,035 | 616 | 226 | 691 | 823 | - | 6,826 |
| 2014 | 728 | 805 | 478 | 157 | 938 | 1,191 | 612 | 186 | 647 | 1,010 | - | 6,752 |
| 2015 | 638 | 817 | 553 | 138 | 954 | 1,022 | 617 | 193 | 593 | 1,041 | 119 | 6,685 |
| 2016 | 539 | 759 | 471 | 174 | 995 | 1,015 | 575 | 207 | 649 | 1,169 | 128 | 6,681 |
| 2017 | 540 | 798 | 527 | 160 | 914 | 1,013 | 541 | 251 | 682 | 1,348 | 131 | 6,905 |
| 2018 | 616 | 834 | 599 | 165 | 862 | 839 | 540 | 299 | 589 | 1,284 | 146 | 6,773 |
| 2019 | 650 | 599 | 604 | 185 | 964 | 938 | 579 | 334 | 555 | 1,241 | 145 | 6,794 |
| 2020 | 570 | 769 | 311 | 156 | 824 | 870 | 563 | 313 | 717 | 1,138 | 145 | 6,376 |

See notes 1, 2 and 3.

TABLE 4-4
Vermont Agency of Human Services
Department of Mental Health

COMMUNITY REHABILITATION AND TREATMENT PROGRAMS
NUMBER OF CLIENTS SERVED: FY1991 - FY2020
by Designated Agency

| <u>Fiscal Year</u> | <u>CSAC</u> | <u>NCSS</u> | <u>HC</u> | <u>LCMH</u> | <u>HCRS</u> | <u>NKHS</u> | <u>CMC</u> | <u>RMHS</u> | <u>UCS</u> | <u>WCMH</u> | <u>PATH</u> | <u>Total</u> |
|--------------------|-------------|-------------|-----------|-------------|-------------|-------------|------------|-------------|------------|-------------|-------------|--------------|
| 1991 | 110 | 164 | 499 | 139 | 362 | 414 | 81 | 294 | 135 | 575 | - | 2,773 |
| 1992 | 122 | 166 | 519 | 145 | 367 | 419 | 83 | 281 | 168 | 547 | - | 2,817 |
| 1993 | 123 | 164 | 550 | 146 | 341 | 446 | 79 | 268 | 215 | 535 | - | 2,867 |
| 1994 | 132 | 196 | 587 | 141 | 357 | 481 | 84 | 275 | 214 | 622 | - | 3,089 |
| 1995 | 136 | 226 | 617 | 139 | 339 | 492 | 109 | 294 | 232 | 599 | - | 3,183 |
| 1996 | 146 | 210 | 623 | 133 | 402 | 455 | 122 | 316 | 225 | 627 | - | 3,259 |
| 1997 | 149 | 217 | 629 | 129 | 376 | 455 | 120 | 319 | 197 | 641 | - | 3,232 |
| 1998 | 154 | 243 | 635 | 130 | 344 | 434 | 116 | 313 | 190 | 596 | - | 3,155 |
| 1999 | 172 | 233 | 647 | 138 | 395 | 397 | 124 | 317 | 187 | 463 | - | 3,073 |
| 2000 | 170 | 203 | 659 | 146 | 390 | 373 | 116 | 324 | 189 | 433 | - | 3,003 |
| 2001 | 165 | 228 | 669 | 159 | 434 | 417 | 172 | 335 | 202 | 478 | - | 3,259 |
| 2002 | 166 | 244 | 648 | 156 | 428 | 442 | 182 | 349 | 192 | 489 | - | 3,296 |
| 2003 | 166 | 241 | 653 | 147 | 411 | 424 | 178 | 324 | 187 | 479 | - | 3,210 |
| 2004 | 173 | 250 | 671 | 138 | 429 | 411 | 169 | 310 | 192 | 462 | - | 3,205 |
| 2005 | 175 | 225 | 672 | 145 | 412 | 403 | 169 | 308 | 184 | 452 | - | 3,145 |
| 2006 | 174 | 228 | 669 | 143 | 414 | 400 | 187 | 310 | 183 | 446 | - | 3,154 |
| 2007 | 184 | 240 | 660 | 142 | 385 | 376 | 188 | 302 | 189 | 443 | - | 3,109 |
| 2008 | 177 | 232 | 692 | 133 | 382 | 358 | 199 | 291 | 178 | 434 | - | 3,076 |
| 2009 | 187 | 233 | 685 | 138 | 384 | 357 | 192 | 284 | 184 | 429 | - | 3,073 |
| 2010 | 189 | 236 | 677 | 141 | 375 | 319 | 187 | 292 | 165 | 432 | - | 3,013 |
| 2011 | 188 | 230 | 687 | 143 | 387 | 288 | 173 | 282 | 158 | 416 | - | 2,952 |
| 2012 | 187 | 234 | 655 | 140 | 400 | 254 | 169 | 274 | 156 | 300 | - | 2,769 |
| 2013 | 182 | 223 | 657 | 122 | 406 | 228 | 152 | 267 | 156 | 359 | - | 2,752 |
| 2014 | 178 | 229 | 652 | 131 | 389 | 226 | 139 | 265 | 159 | 358 | - | 2,726 |
| 2015 | 170 | 225 | 650 | 125 | 382 | 218 | 125 | 266 | 156 | 337 | 50 | 2,704 |
| 2016 | 166 | 229 | 620 | 119 | 374 | 238 | 164 | 267 | 153 | 339 | 49 | 2,718 |
| 2017 | 165 | 227 | 610 | 120 | 382 | 232 | 108 | 268 | 142 | 339 | 47 | 2,640 |
| 2018 | 153 | 225 | 615 | 132 | 378 | 227 | 100 | 274 | 142 | 335 | 47 | 2,628 |
| 2019 | 155 | 218 | 575 | 132 | 381 | 220 | 88 | 279 | 142 | 347 | 50 | 2,587 |
| 2020 | 151 | 221 | 571 | 122 | 338 | 208 | 81 | 219 | 138 | 350 | 57 | 2,456 |

See notes 1, 2 and 3.

Part 5: Notes

OVERVIEW

1. The Scope of This Report

The Vermont Department of Mental Health (DMH) is responsible for a variety of publicly funded outpatient, inpatient, residential, and support services provided to children and adults who have an emotional disturbance, mental illness, and/or substance abuse disorder. DMH contracts with one designated agency (DA) in each geographic region of the state to be responsible for ensuring needed services are available through local planning, support coordination, and outcomes monitoring within their region. A specialized service agency (SSA) is a separate entity also contracted by DMH that provides community services to a specific population. This report describes clients served and services provided during FY2020 by the Vermont Psychiatric Care Hospital (VPCH), ten designated agencies, and two specialized service agencies for mental health services. Specialized Service Agencies that provide services under contract with the Division of Alcohol and Drug Abuse Program (ADAP) Department of Aging and Independent Living (DAIL) are not included in this report. On intake, most clients are assigned to one of these programs within the agency (primary program assignment) although the services they receive may be provided by more than one program in that agency (program of service).

The Department of Mental Health is responsible for the Vermont Psychiatric Care Hospital (VPCH) and mental health programs at Vermont's designated agencies, including Children's Services Programs, Adult Mental Health Outpatient Programs, Community Rehabilitation and Treatment Programs, and Emergency Services Programs. Many community mental health designated agencies also provide substance abuse services under contract with the State's Division of Alcohol and Drug Abuse Programs (ADAP) in the Department of Health. Data on this latter type of service is no longer contained in this report.

Prior to the arrival of Tropical Storm Irene in August 2011, the Vermont State Hospital had been a state-operated psychiatric hospital located in Waterbury, Vermont. The Vermont State Hospital (VSH) had served Vermont Residents with serious mental illness since the 1890s. In the wake of Tropical Storm Irene, VSH ceased to exist as a center of treatment. During its last years, VSH served patients on both a short-term and a long-term basis. Short-term patients included adults who were experiencing an acute psychotic episode and criminal defendants referred to the hospital for psychiatric evaluation of sanity and/or competency to stand trial. Longer-term patients included those with a chronic mental illness who continued to be too actively psychotic to be integrated into the community and patients whose mental disorders and physical handicaps required a higher or more specialized level of care than is available in the community. Inpatient behavioral health care continues to be provided by five regional hospitals in Vermont and the Brattleboro Retreat; data on clients served by these facilities are not included in this report.

In January 2013, the Department of Mental Health opened Green Mountain Psychiatric Care Center (GMPPC), an interim eight bed psychiatric facility in Morrisville, Vermont, to serve as a center of treatment for short-term psychiatric stays. The State changed the name of this State Hospital to the Vermont Psychiatric Care Hospital (VPCH) in the latter part of FY2014. Construction was completed on a new state psychiatric hospital in Berlin, Vermont in July 2014. In June 2013, Middlesex Therapeutic Community Residence (MTCR) opened with seven beds to serve as a center of treatment for long-term patients who require a more specialized level of care than is available in the community.

Children's Services Programs provide services to children and families who are undergoing emotional or psychological distress or are having problems adjusting to changing life situations. These programs primarily provide outpatient services (clinical, service planning, community supports, crisis and respite services), although several agencies also provide residential services for children and adolescents who have a severe emotional disturbance.

Adult Mental Health Outpatient Programs serve individuals 18 years of age and over who do not have prolonged serious disabilities but who are experiencing emotional, behavioral, or adjustment problems severe enough to warrant professional attention. Services offered include clinical, service planning and community support services and some crisis services.

Community Rehabilitation and Treatment (CRT) Programs serve adults with severe and persistent mental illness. In addition to regular clinical services, CRT Programs provide day treatment services, service planning, community supports, supported employment and a variety of housing services to clients who have a major mental illness.

Emergency Services Programs serve individuals who are experiencing an acute mental health crisis. Emergency services include diagnostic and psychotherapeutic services such as evaluation of the client and the circumstances leading to the crisis, crisis counseling, screening for hospitalization, referral and follow-up. These services are provided on a 24-hour a day, 7-day-per-week basis with both telephone and face-to-face services available as needed.

The Division of Alcohol and Drug Abuse Programs (ADAP) is responsible for providing services to people with alcohol and/or drug abuse problems and their families in a community setting through community mental health centers and other providers.

In FY2020, starting in March, many aspects of the statewide mental health system of care were impacted by the Covid-19 virus pandemic. Impacts for care were statewide mandates for physical distancing and staffing issues impacted inpatient, residential, and crisis facilities; social distancing, stay at home and quarantine orders impacted services provided by Designated Agencies and Specialized Service Agencies; and fewer patients elected to seek care in community or inpatient/residential settings most likely due to concerns of virus spread.

2. Community Provider Agencies

Community-based services are provided to individuals throughout the state through contracts with nonprofit community provider agencies. The community provider agencies are designated by DMH at differing levels: designated agencies (DAs) and specialized service agencies (SSAs). The agencies and the areas they serve are described below.

Designated Agencies

DMH funds community mental health services provided by designated agencies (DAs). Each DA serves a specific region or catchment area. Mental health service catchment areas broadly align with counties with the exceptions noted below. Together these mental health areas cover the entire state. Populations for these catchment areas are based on National Census figures obtained from the Vermont Department of Health.

The Counseling Service of Addison County (CSAC) serves all of Addison County except the towns of Granville and Hancock.

Northwestern Counseling and Support Services (NCSS) serves Franklin County and Grand Isle County.

The HowardCenter (HC) serves Chittenden County.

Lamoille County Mental Health Services (LCMH) serves Lamoille County. For Children's Services, Lamoille also serves the towns of Craftsbury, Greensboro, Hardwick, and Stannard from the Northeast Kingdom, and Woodbury from Washington County.

Health Care and Rehabilitation Services of Southeastern Vermont (HCRS) serves all of Windham County and Windsor County except the towns of Bethel, Rochester, Royalton, Sharon and Stockbridge.

Northeast Kingdom Human Services (NKHS) serves Caledonia, Essex and Orleans Counties except the towns of Craftsbury, Greensboro, Hardwick, and Stannard for Children's Services.

The Clara Martin Center (CMC) serves recipients in Orange County (except the towns of Orange, Williamstown, and Washington, which are served by WCMH), the towns of Granville and Hancock in Addison County, and the towns of Bethel, Rochester, Royalton, Sharon and Stockbridge in Windsor County.

Rutland Mental Health Services (RMHS) serves Rutland County.

United Counseling Services (UCS) serves Bennington County.

Washington County Mental Health Services (WCMH) serves Washington County as well as the towns of Orange, Williamstown, and Washington from Orange County, with the exception of Woodbury for Children's Services.

Specialized Service Agencies

DMH contracts with two SSAs that provides community mental health services to a specific population.

The Northeastern Family Institute (NFI) in Williston provides intensive residential treatment for children and adolescents from all parts of Vermont who are experiencing a severe emotional disturbance.

Pathways serves a statewide population of consumers experiencing homelessness or early crisis, and veterans needing short-term supportive services

3. Clients Served

This report is based on a complete enumeration of clients served by Children's Services Programs, Adult Mental Health Outpatient Programs, Community Rehabilitation and Treatment Programs, Emergency Service Programs, and VPCH. Although clients may receive services from more than one of these community-based programs, each client has a primary program assignment within the agency providing the services. Clients involved in other programs such as Retired Senior Volunteers Programs (RSVP), Head Start Programs, and Countermeasures Regarding Alcohol Safety on the Highway (CRASH) Programs are included only if they were also served by one of the programs listed above. It should be noted that the clients and services reported for NFI include only those who receive DMH-funded services.

Tables that describe clients categorize them according to their primary program assignment rather than the program(s) by which they were served. Because of this, the numbers of clients served within each community service provider agency and VPCH represent an unduplicated count of individual clients. Clients served by more than one program at a provider agency are counted only once and categorized under their most recent submitted primary program assignment. Individuals who were served by more than one provider agency, however, are counted more than once, as are individuals served by a provider agency and VPCH. Table entries with the symbol "-" indicate either "no data reported" or "not applicable." Due to rounding, table entries with 0% indicate percentages that are less than 0.5%.

Clients who had not been assigned to a specific program as of the end of the fiscal year are reported as "unassigned" in the tables based on primary program assignment.

Tables that describe services provided by programs at community provider agencies categorize clients according to the program by which services were provided. Because of this, clients who received services from more than one program are counted more than once in tables which describe the services provided. Thus, the client totals in the tables that describe services do not equal the client totals in the tables that describe demographics.

It should be kept in mind that many DAs do not register or record mental health services to every individual who might be seen in the course of client treatment. Collaterals, such as parents, children, or spouses of registered clients, for instance, frequently receive services coincident to services to the primary client. Family therapy is especially likely to involve individuals who do not become registered clients so that the number of clients reported would be substantially fewer than the actual total number of individuals seen.

The rates of clients served per 1,000 population in Table 1-2 are presented as a comparable standardized measure of the proportion of the residents of specified geographical regions who are served by specified programs. This utilization rate is computed according to the formula:

$$R = \frac{1,000 C}{P}$$

where R is the rate of clients served per 1,000 population, C is the number of clients served, and P is the age-specific population of the geographic area in question. Children's Services utilization rates are based on the catchment area population of residents under 18 years of age. CRT, Adult Mental Health Outpatient, and VPCH service utilization rates are based on adult population counts. Total population counts are used to calculate utilization rates for unassigned clients. Note that in earlier versions of this report (prior to FY2001) all program utilization rates were based on total population figures. Counts for the catchment area populations were based on National Census figures (July 1, 2019) obtained from the Vermont Department of Health which are adjusted for each fiscal year and catchment area.

Vermont Population of Service Areas

| Provider/Catchment Area | | Youth < 18 | Adult 18+ | Total |
|-------------------------|---------------------|------------|-----------|---------|
| Statewide | | 114,005 | 509,984 | 623,989 |
| CSAC | Addison | 5,957 | 30,181 | 36,138 |
| NCSS | Franklin/Grand Isle | 12,136 | 44,501 | 56,637 |
| HC | Chittenden | 28,538 | 135,236 | 163,774 |
| LCMH | Lamoille | 6,237 | 20,248 | 26,485 |
| HCRS | Southeast | 15,855 | 73,282 | 89,137 |
| NKHS | Northeast | 11,049 | 51,168 | 62,217 |
| CMC | Orange | 5,723 | 26,302 | 32,025 |
| RMHS | Rutland | 10,218 | 47,973 | 58,191 |
| UCS | Bennington | 6,608 | 28,862 | 35,470 |
| WCMH | Washington | 11,684 | 52,231 | 63,915 |

4. Age

The age of clients was calculated from their date of birth and is current as of December 31, 2019, the midpoint of the period covered by this report.

5. Income

Income is based on clients' or their families' report of gross annual household income. The income reported should include all sources of income including Supplemental Security Income (SSI) benefits, welfare payments, unemployment compensation, alimony and child support payments, in addition to income earned from employment or investment. All income from all members of a residential/economic unit should be included. If a client lives with unrelated others with whom he or she does not pool financial resources, income of the other resident(s) should not be counted toward the client's income.

6. Responsibility for Fee

Responsibility for fee is reported for five categories: Medicaid, Medicare, Other Insurance, State Agency Contract, and Uninsured. Providers can report up to three payers for each client. Therefore, the categories are not mutually exclusive and clients may be counted in more than one category. "Medicaid" includes all clients who are covered by Medicaid, including people on the Medicaid Waiver. "Medicare" includes all clients who are covered by Medicare. "Other Insurance" includes all clients with other third-party insurance excluding Medicaid and Medicare. This category includes private insurance, service contracts, Veterans Administration, Civilian Health and Medical Program of the Uniformed Services (CHAMPUS), and worker's compensation. "State Agency Contracts" includes clients whose services are partly funded by DMH, ADAP, DCF, DAIL, and Vocational Rehabilitation contracts. Finally, the "Uninsured/unknown" category is the residual category for clients who are not reported in any of the other categories noted above.

Medical insurance does not necessarily cover mental health services and, even when these services are covered, the reimbursement may be substantially less than the cost of the services. Because of this, insured clients should be considered partly self-paying clients as well.

Information on responsibility for fee presented here is current as of the end of the report period (June 30, 2020). Since insurance coverage is subject to change, the insurance coverage reported here may not have been in effect for the entire year of the report. The insurance coverage data currently available in the VPCH EHR is considered billing data and not patient coverage data. This data was used starting in the FY17 Statistical Report.

7. Diagnosis

On October 1, 2015, the National Center for Health Statistics (NCHS) implemented the International Statistical Classification of Diseases and Related Health Problems, 10th revision (ICD-10) to replace the earlier version of this classification referred to as ICD-9. New diagnostic categories included in this report are based on the American Psychiatric Association's *Diagnostic and Statistical Manual of Mental Disorders*, Fifth Edition (DSM-V). Specific diagnoses have been grouped into diagnostic categories according to the following specifications:

ICD-10 Diagnosis:

Mental disorders due to known physiological conditions F01-F09

Mental and behavioral disorders due to psychoactive substance use F10-F19

Schizophrenia, schizotypal, delusional, and other non-mood psychotic disorders F20-F29

Mood [affective] disorders F30-F39

Anxiety, dissociative, stress-related, somatoform and other nonpsychotic mental disorders F40-F48

Behavioral syndromes associated with physiological disturbances and physical factors F50-F59

Disorders of adult personality and behavior F60-F69

Intellectual Disabilities F70-F79

Pervasive and specific developmental disorders F80-F89

Behavioral and emotional disorders with onset usually occurring in childhood and adolescence F90-F98

Unspecified mental disorder F99

8. Problems

Part of the intake process for each client is a problem checklist. The problem areas are not mutually exclusive, as an individual may have more than one type of problem. Since this assessment is conducted only at intake, the problems may not be current for long-term clients. Problems apparent at intake may have been resolved and/or new problems may have arisen. Also, clients admitted prior to FY2002 were not assessed with reference to Mood, Criminal, Victim and Runaway. This information is not collected for clients treated at VPCH.

9. Length of Stay

Information on clients' length of stay is based on admission dates reported by community provider agencies and VPCH. These dates represent the most recent admission for the clients, not the date of their first admission. For this reason, these figures may substantially understate the total length of time clients had been in treatment.

Community provider agencies vary in their standard operating procedures with regard to discharging and readmitting clients. Some agencies routinely discharge clients after specified periods of inactivity. Other programs rarely discharge long-term clients with severe and persistent disorders.

TYPES OF SERVICE

10. Clinical Interventions

Individual, Family and Group Therapy

Individual, Family and Group Therapy refers to all psychotherapeutic and substance abuse services. Individual Therapy is a method of treatment that uses the interaction between a therapist and the individual to facilitate emotional or psychological change, to alleviate distress, and change substance use. Family Therapy is a method of treatment that uses the interaction between a therapist and the individual together with family members to facilitate emotional or psychological change and to alleviate distress. Group Therapy is a method of treatment that uses the interaction between a therapist and the individual together with peers to facilitate emotional or psychological change and to alleviate distress.

Psychotherapeutic services described in this report refer to services received by clients. A group therapy session in which one clinician meets with five clients, for instance, is counted as five services. Individual therapy sessions involving couples or families may involve multiple services as well. Individual and family therapy sessions tend to last about one hour. Individual, family and group therapy services are reported for nonresidential programs only.

Medication and Medical Support and Consultation Services

Medication and Medical Support and Consultation Services include evaluating the need for, prescribing and monitoring medication, and providing medical observation, support and consultation for an individual's health care. These services include evaluation of the need for psychoactive medication, the prescription by a qualified clinician, therapist, psychiatrist or nurse practitioner of psychoactive drugs intended to mitigate or prevent symptoms of mental illness and the monitoring and assessment of patient reaction to prescribed drugs. Medication and Medical Support and Consultation Services are reported for nonresidential programs only.

Clinical Assessment

Clinical Assessment refers to psychiatric, psychological, psychosocial, substance abuse, and/or developmental assessment sessions and the preparation of individualized plans, including the administration and interpretation of psychometric tests and the preparation of reports. Clinical Assessment services are reported for outpatient programs only when they are recorded as a separate service.

11. Day Services

The Day Services reported in this book include community-based Day Services and Partial Hospitalization. Note that Children's Services do not provide day services.

Day Services are group recovery activities in a milieu that promotes wellness, empowerment, a sense of community, personal responsibility, self-esteem and hope. These activities are consumer-centered. This service provides socialization, daily skills development and crisis support, and promotes self-advocacy. The primary providers of Day Services are Community Rehabilitation and Treatment Programs and Substance Abuse Programs.

Partial Hospitalization is an intensive (4-16 hours/day), time-limited (maximum 21 days) service provided as an alternative to inpatient care to prevent or shorten psychiatric hospitalization and promote recovery. Partial Hospitalization services are provided to individuals who would otherwise meet inpatient criteria, and medical personnel (nurse, physician) are accessible to provide services during hours of operation. Treatment modalities include diagnosis and evaluation; service planning and coordination; community supports; individual, group and family therapy; medication services and psycho-educational skill development for managing symptoms.

12. Service Planning and Coordination

Service Planning and Coordination falls under the broad category of Case Management. Service Planning and Coordination assists individuals and their families in planning, developing, choosing, gaining access to, coordinating and monitoring the provision of needed services and supports for a specific individual. Services and supports that are planned and coordinated may be formal (provided by the human services system) or informal (available through the

strengths and resources of the family or community). Services and supports include discharge planning, advocacy, and monitoring the well-being of individuals (and their families) and supporting them to make their own decisions.

13. Community Supports

Community Supports fall under the broad category of Case Management. Community Supports include specific, individualized and goal-oriented supports, which assist individuals (and families) in developing the skills and social supports necessary to promote recovery. These supports may include assistance in daily living, supportive counseling, support to participate in community activities, collateral contacts, and building and sustaining healthy personal, family and community relationships. All of these activities may also be provided in a group setting. Community supports may further include family education, consultation and training services that provide family members, significant others, home providers and foster families with the knowledge, skills, and understanding necessary to promote positive change.

14. Employment Services

Employment Services assist transition-age youth and adults in setting and achieving career and work goals. These services have four components. Employment assessment involves evaluation of the individual's work skills, identification of the individual's preferences and interests, and the development of personal work goals. Employer and job development helps clients gain employment by developing and supporting employers. Activities for employer development include identification, creation or enhancement of job opportunities, education, consulting, and assisting co-workers and managers in supporting and interacting with individuals. Job training assists an individual to begin work, learn the job, and gain social inclusion at work. Ongoing support to maintain employment involves activities needed to sustain paid work by the individual. These supports and services may be given both on and off the job site, and may involve long-term and/or intermittent follow-up.

Table 1-14 reports provision of these services by program of service. A further breakdown by community provider for Community Rehabilitation and Treatment Programs, the primary provider of these services, is given in Table 2C-9.

15. Crisis Services

Crisis Services are time-limited, intensive supports provided for individuals and families who are currently experiencing, or may be expected to experience, a psychological, behavioral, or emotional crisis. Services may also be provided to the individual's or family's immediate support system. These services are available 24 hours a day, 7 days a week. Crisis Services consist of two component parts: (1) Emergency/Crisis Assessment, Support and Referral, and (2) Emergency Beds.

Emergency/Crisis Assessment, Support and Referral

Emergency/Crisis Assessment, Support and Referral is a nonresidential service which includes initial information gathering, triage, training and early intervention, supportive counseling, consultation, referral and crisis planning. In addition, supports include: outreach and stabilization, clinical diagnosis and evaluation, treatment and direct support, and integration/discharge planning back to the person's home or alternative setting. Assessment may also include screening for inpatient psychiatric admission.

Emergency/Crisis Beds

Emergency Beds offer emergency, short-term, 24-hour residential supports in a setting other than the person's home. Table 1-15b reports provision of these services by program of service. A further breakdown by community provider for Community Rehabilitation and Treatment Programs is given in Table 2C-10b.

16. Housing and Home Supports

Housing and Home Supports provide services, supports and supervision to individuals in and around their residences up to 24 hours a day.

Residential services (by the day) are provided in a variety of settings. Staffed Living services are residential living arrangements for one or two people, staffed full-time by providers. Group Treatment/Living services are group living arrangements for three or more people. Licensed Home Providers/Foster Families are individualized shared-living arrangements for children, offered within Home Providers/Foster Families homes that are licensed. Unlicensed Home Providers/Foster Families are individualized shared-living arrangements for children and adults, offered within Home Providers/Foster Families homes. Both licensed and unlicensed home providers/foster families are contracted workers and are not considered staff in their role as contracted provider. All of the above services consist of residential days. Residential services in these settings frequently include planning and coordination together with other therapeutic, educational and supportive services as part of the overall residential service package.

Supervised/Assisted Living services (by the hour) are regularly scheduled or intermittent supports provided to an individual who lives in his or her home or that of a family member. These services are not provided by Children's Services Programs.

Residential facilities in the community for community mental health clients but not funded by the Department of Mental Health are not included in this report. These facilities include community care homes, nursing homes, boarding houses, and a number of other residential settings. Residential substance abuse treatment provided by designated agencies is also excluded from this report.

Institutional services are days in residence at VPCH. The day on which patients were admitted to this institution is included, while the day patients were discharged is excluded for purposes of determining length of stay. Residential services provided at the Brattleboro Retreat are not included in this report.

17. Respite Services

Respite services assist family members to help support specific individuals with disabilities. Respite services (by the hour or by the day/overnight) are provided on a short-term basis because of the absence, or need for relief, of those persons normally providing care to individuals who cannot be left unsupervised. Respite services are provided by Children's Services. Respite service data may be incomplete as arrangements and reporting vary from agency to agency.

18. Condition on Termination

Clinical staff are asked to rate as "improved," "unchanged," or "worse" the condition of each client whose case is closed. These ratings represent the professional opinion of the clinicians. Condition on termination is not reported by VPCH.

Discharge rates reported for designated agency clients may underestimate the actual rates. This occurs because it was not possible to identify clients who were discharged during a quarter in which they received services and their condition on termination had not yet been rated.

Clients who died while they were on the rolls of the community program or institutions are counted as discharged clients and are included in the discharge rate.

VERMONT PSYCHIATRIC CARE HOSPITAL

19. Admissions and Discharges

Admissions to and discharges from the Vermont Psychiatric Care Hospital (VPCH) include both first admissions and readmissions. Individuals with more than one admission or discharge during the year have been counted more than once in these totals.

For purposes of calculating total patient days and overall daily census, the day of admission and each day each patient remains in the hospital is counted as a full day in residence, while the day each patient is discharged is not counted as a day in residence.

20. Legal Status

Patients are admitted to the Vermont Psychiatric Care Hospital (VPCH) in one of several legal statuses. These have been grouped into four categories for purposes of this report: voluntary, emergency, forensic, and other. Emergency, forensic, and other admissions are all involuntary admissions to VPCH.

Voluntary admissions include conditional voluntary admissions and regular voluntary admissions. In order to qualify as a conditional voluntary admission, the patient must have enough insight and capacity to make a responsible application and that they consent to admission voluntarily, without any coercion or duress. Voluntary admission status may be terminated by the patient or facility director at any time. VPCH is an involuntary treatment facility; however, the category for voluntary admission is preserved for any exceptions.

Emergency admissions include admissions for emergency examination and admissions under a warrant for emergency examination. Admissions for emergency examination occur upon written application by an interested party accompanied by a certificate signed by a licensed physician who is not the applicant. The application sets forth the facts and circumstances which constitute the need for an emergency examination and which show that the person is in need of treatment. After being examined by a psychiatrist and found to be in need of hospitalization, the application for involuntary treatment is filed with the Vermont Superior Court Family Division. A hearing date is then set. Patients are sometimes discharged or prior to the hearing date.

Admissions under a warrant for emergency examination occur in emergency circumstances in which a certification by a physician is not available without serious and unreasonable delay and when personal observation of the conduct of a person constitutes reasonable grounds to believe that the person is in need of treatment and that he or she presents an immediate risk of serious injury to self or others. A law enforcement officer or mental health professional may make an application, not accompanied by a physician's certificate, to any superior court judge for a warrant for an emergency examination. If the judge is satisfied that a physician's certificate is not available without serious and unreasonable delay and that probable cause exists to believe that the person is in need of an emergency examination, the judge may order the person to submit to an immediate examination. Upon admission, the person shall be assessed and certified as a person in need of treatment. If not certified, the person must be discharged immediately.

Forensic admissions include admissions of persons who have been ordered by the Vermont Superior Court Criminal Division to undergo an inpatient competency and/or sanity evaluation in connection with a criminal charge. Before a person who has been ordered to undergo such an evaluation can actually be admitted, a psychiatrist must assess the person and determine that he or she is a person in need of treatment. An outside forensic psychiatrist examines and evaluates the person to determine if he or she is competent to stand trial for the alleged offense or was insane at the time of the alleged offense was committed. These orders vary in length, and often range from 15 to 60 days. Once the evaluation has been completed and a report is received by the court, a hearing date is set to consider the issue of competency and/or sanity. If the person is found not competent and/or insane, the court will schedule a separate hearing to consider whether inpatient treatment is necessary. If the court concludes that the person is in need of inpatient treatment, a 90-day hospitalization order shall be issued.

Depending on the circumstances, some patients hospitalized through the criminal court have to be returned to court before being released to the community. Written notice of discharge may also be required. Initial court orders of hospitalization, whether through the family or criminal court, are for 90-days. If the patient is not clinically ready for discharge prior to the expiration of that period, the Commissioner may file an application for continued treatment (ACT) seeking continued hospitalization for up to one year.

A less common type of admission occurs when a person's order of non-hospitalization (ONH) is revoked by the Vermont Superior Court Family Division. A revocation of an order of non-hospitalization occurs when a judge revokes an order because the person failed to comply with the conditions of the order. Once an ONH has been revoked, the person may be hospitalized for a period up to the expiration date of the ONH.

Another type of admission may occur when a patient who has already been involuntarily hospitalized and is receiving treatment in another facility (in or out-of-state) is transferred to the hospital pursuant to the interstate or intrastate compacts.

21. Type of Admission

Patients reported as first admissions to the Vermont Psychiatric Care Hospital (VPCH) have had no previous admissions to that institution. Patients reported as readmissions have previously been admitted to the hospital, although those admissions may not have occurred during the report period. The reader should keep in mind that the length of stay of first admissions includes all of the time these patients have spent at VPCH while the length of stay of readmissions includes only the current admission, which may be only a fraction of their total time in the hospital.

22. Discharge Rate

The discharge rate for clients admitted to the Vermont Psychiatric Care Hospital (VPCH) during FY2020 (Tables 3-14 through 3-19) is based on the number of days between each patient's admission to the hospital and his or her discharge. Patients discharged six or fewer days after their admission are reported as discharged within 1 week, patients discharged 13 or fewer days after their admission are counted as discharged within 2 weeks, etc. It should be kept in mind that these discharge rates are cumulative, not mutually exclusive. Patients counted as being discharged within one week of their admission are also counted as being discharged within two weeks of their admission, etc.

23. Length of Stay

Two measures of the length of stay of patients in residence at the Vermont Psychiatric Care Hospital (VPCH) at the end of the fiscal year are presented in Tables 3-20 through 3-25. The arithmetic mean is derived by adding the length of time between each patient's most recent admission and the last day of the fiscal year (June 30, 2020) and dividing the grand total by the number of patients in residence at the end of the year. The median length of stay is the time between the most recent admission and the end of the year for the patient who had been at the hospital as long as half of the patients in residence. The median is the fiftieth percentile.

At any given time, many patients will have been in the hospital relatively short periods of time while a few patients will have been in the hospital for very long periods of time. Because of this, the distribution of lengths of stay is skewed to the right. In this situation the mean is always greater than the median. The arithmetic mean presents a more accurate picture of the total utilization of VPCH by all patients in the various categories reported, while the median presents a more accurate picture of the length of stay of individuals in the categories.

