

To provide comments, feedback, suggestions: Jennifer.rowell@vermont.gov

Think Tank Person Centered and Equity Day #3 Timetable

LISTENING TOUR THEMES AND VISION STATEMENTS WITH SUPPORTING STRATEGIES

THINK TANK PERSON CENTERED AND EQUITY DAY #2 TIMETABLE

LISTENING TOUR THEME	VISION STATEMENT WITH SUPPORTING STRATEGIES IDENTIFIED		
WELLNESS PREVENTION AND PROMOTION	<p>1) acknowledging impact of poverty and social inequality on health and wellness. Recognize wellness includes consideration of social determinants – safety, poverty, connectedness, economics, housing, food, security.</p>		
	Short-Term	Mid-Term	Long-Term
	<p>Strategy:</p> <ul style="list-style-type: none"> • Screening • What’s the personal centered lens? • Ask the person what they need and want • Individualized approach – how to providers support this? • Take health and wellness concepts and work with family about what will work for them. 	<p>Strategy:</p> <ul style="list-style-type: none"> ○ Educate communities about environments of stress ○ Person-centered piece – how does this work for you. • Our mental health system is structured on individuals diagnosed with significant MH concerns. Budget focus. • Partnering with other departments to broaden 	<p>Strategy:</p> <ul style="list-style-type: none"> • Paid leave. Why is it important? Building family connection. <p>Include person-centered in all things. About process and integrating the voice</p>

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	<ul style="list-style-type: none"> • Need to start with identifying the problem. Start with person’s self-identified issue. • Parent education and support for parenting. All parents needs access to parenting supports. Particular parenting concerns warrant specialized approach. <p>Include people with lived experience</p> <p>Public messaging, e.g. MH First Aid, suicide messaging.</p> <p>State licensure – questions for licensing.</p>	<p>focus. E.g. dept of health. Municipalities.</p> <ul style="list-style-type: none"> • What works – very costly social programs. • Person-led: everyone has opportunity to participate in health promotion. EQUITY – equal access to healthy living, paid parental leave, safe housing. • Person-led: include people’s voices. Should be included at every table. Nothing about us without us. • Create structure so that people’s voices are included. 	
	<p>Person-led approach to wellness and preventive care, that builds on strengths and needs, preferences.</p>		
	Short-Term	Mid-Term	Long-Term

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	<p>Strategy: Educating workforce, including existing providers.</p> <p>Housing = mental health - Housing First throughout the state</p> <p>Youth leadership. How do we develop those skills?</p> <p>Clinicians self-disclose</p>	<p>Strategy: Wellness coaches.</p> <p>Re-imagining roles of MH workers, clinicians – how they can support people in identifying their priorities.</p> <p>Coach, educator, consultant, brief interventionist. (less hierarchical, more focus on relationship.) Role for team, peer support. Create sustainable infrastructure for peers</p>	<p>Strategy:</p>
LISTENING TOUR THEME	VISION STATEMENT WITH SUPPORTING STRATEGIES IDENTIFIED		
	<p>Person- led approach in all policy and system development for health promotion/prevention. Person with lived experience informing solutions, whether parenting supports, health promotion.</p>		

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LISTENING TOUR THEME	VISION STATEMENT WITH SUPPORTING STRATEGIES IDENTIFIED		
COMMUNITY BASED-RESOURCES			
	Short-Term	Mid-Term	Long-Term
	<p>Strategy: People with lived experience informing solutions, i.e., parenting supports, health promotion, poverty, social structures</p> <p>Scaling up promotion / prevention strategies that work - access and development of these services statewide. Scale up interventions with proven track record</p> <p>More active response to requests to needs, e.g. advocacy.</p> <p>Awareness campaign – mental health is everyone.</p>	<p>Strategy: Physicians/ providers receive training in advocacy. Broader/ re-imagining the role.</p> <p>Adequately funded. Don't compete with funding for treatment. Separate pot of \$ for prevention/promotion</p> <p>Insurance payments for wellness, e.g. yoga. Other funding for wellness activities. Equal opportunities for wellness activities</p>	<p>Strategy:</p>
LISTENING TOUR THEME	Vision Statement with Supporting Strategies Identified		
	<p>All Vermonters report strong sense of belonging and social support.</p>		
	Short-Term	Mid-Term	Long-Term

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	<p>Strategy:</p> <ul style="list-style-type: none"> • Parenting support • Parental leave • Pre-K • Teaching youth about wellness. Wellness focus throughout childhood • Helping create those safe spaces, listening to what people say they need • Inter-agency agreements to support wellness • Furry things to pet • MD's prescribing park passes as form of health promotion – we need more of this partnering 	<p>Strategy:</p>	<p>Strategy:</p>
LISTENING TOUR THEME	Vision Statement with Supporting Strategies Identified		
COMMUNITY BASED-RESOURCES	Ability to recognize signs and symptoms of mental distress – how do we recognize and respond with compassion and empathy?		
	Short-Term	Mid-Term	Long-Term

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	<p>Strategy: Poverty and other environmental impacts</p> <ul style="list-style-type: none"> • Vulnerabilities <p>Compassion and empathy, building understanding and openness</p> <p>What promotes wellness</p> <p>Impact of trauma</p> <p>MH First Aid and other material from last session</p>	<p>Strategy:</p>	<p>Strategy:</p>

FEEDBACK FROM STRATEGY PREVIEW