

<b>Vermont Psychiatric Care Hospital Policy and Procedure</b>		
<b>Self Administered Medication</b>		
Effective: September 2014	Revised: September 2024	Due for Review: September 2026

**POLICY**

To ensure self-administered medication is administered correctly.

**PROCEDURE**

**Hospitalized individual Self-Administration of Medication**

Self-administered medications are only allowed in rare specific criteria. The specific criteria, but not limited to, hospitalized individuals that are nearing a discharge day- less than 7 days away. Medication training must occur prior to discharge. Hospitalized individuals must be deemed competent by the Physician and Nursing, and Other Medical staff to self-administer the medication and must demonstrate competence. The Physician must write an order for the medication, the medication training, and the ability to practice the self-administration of the medication.

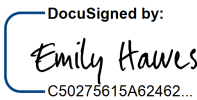
**Caregivers of the Hospitalized individual and Hospitalized individual requiring self-administration of medication**

Caregivers must demonstrate knowledge of the medication. The caregiver must understand the medication, medication name, indication, how administer, special processes/ handling required, time dose due, frequency of medication, route of administration, dose, storage, possible side effects and how to monitor for the effects of the medication.

**The Medical staff will determine if the hospitalized individual or caregiver is competent to self-administer the medication. For documentation of Medication administered- see VPCH procedures –Medication Administration and Documentation.**

**References**

Joint Commission M.M.06.01.03

Approved by	Signature	Date
Emily Hawes, Commissioner, Vermont Department of Mental Health	 <p>DocuSigned by: Emily Hawes C50275615A62462...</p>	9/25/2024