Vermont Psychiatric Care Hospital Policy and Procedure			
Intra-hospital Transfer			
Effective: October 2023	Revised:	Due to Review: October 2025	

POLICY

Vermont Psychiatric Care Hospital (VPCH) is comprised of four separate units to which hospitalized individuals can be admitted. VPCH shall provide state-of-the-art treatment to all individuals on all units. Each unit is able to safely and effectively treat hospitalized individuals regardless of age, gender, diagnosis, acuity, or legal status. This policy refers to the practice of transferring individuals from one unit in VPCH to another.

VPCH recognizes there are significant benefits and challenges inherent in caring for individuals on the same unit who present with a diverse array of symptoms in different phases of their recovery. VPCH also recognizes that, when interpersonal or other challenges occur between individuals hospitalized on the same unit, transferring one or more of the involved parties is not a long-term or therapeutic solution. Intra-hospital transfers can lead to disruptions in care continuity, new or different milieu challenges, and may inadvertently reinforce maladaptive behaviors, and therefore are prohibited unless specifically authorized by the Medical Director, Director of Nursing, or the Associate Director of Nursing.

PROCEDURE:

When VPCH staff recognize a problematic dynamic that may warrant an intra-hospital transfer, the treatment team meets to discuss interventions, and alternatives to transfer.

If, after exhausting clinically relevant steps to address the situation, staff continue to believe that moving a hospitalized individual is warranted, this request will be brought to authorized personnel to determine next steps.

If a transfer is found to be warranted, please refer to "Completing a Transfer- How to Guide"

Approved by	Signature	Date
Emily Hawes		
Commissioner Vermont Department of Mental Health	Emily Hawes c50275615A62462	11/9/2023