

Vermont Psychiatric Care Hospital Policy and Procedure		
Drug-Nutrient Interaction		
Effective: September 2014	Revised: September 2024	Due for Review: September 2026

POLICY

The Pharmacy Department and the Food and Nutrition Service will work together to educate hospitalized individuals and/or families and other health care professionals about potential drug-nutrient interactions.

PROCEDURE

The Pharmacy and Therapeutics Committee will maintain a list within CPSI of potential drug-nutrient interactions which present significant risk to Vermont Psychiatric Care Hospital's population.

Medication that will be monitored by Dietary/ Pharmacy: Iron supplements, Vitamin D supplements, Diabetic medications, Blood pressure medications and Antipsychotic medications.

The individual's medication profile maintained by the Pharmacy Department will provide the source of screening for potential drug-nutrient interactions. When new medications are added to a individual's regime, the pharmacist, with computer assistance, will flag potential drug-nutrient interactions.

The Dietitian or Clinical Pharmacist will generate a report from the computer system listing all hospitalized individuals who are receiving specific medications. Whenever possible, the Clinical Pharmacist / Dietitian will communicate any pertinent information during daily inter-disciplinary rounds regarding any possible food/ drug interactions.


The dietitian will instruct that individual or individual's representative using preprinted drug-nutrient literature, when appropriate.

The dietitian will document the instruction on the Nutrition Services Interview/Assessment sheet or in their progress notes.

If alternate therapy such as oral supplements is warranted, the clinical dietitian can discuss options with the physician or pharmacist.

References

Joint Commission M.M. 04.01.01

Approved by	Signature	Date
Emily Hawes, Commissioner, Vermont Department of Mental Health		9/26/2024