

**Report to the Emergency Involuntary
Procedures Review Committee
September 8, 2023**

**Data Review and Analysis
April - June
2023**



**Department of Mental Health
AGENCY OF HUMAN SERVICES**
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Additional data are available at

<http://app.resultsscorecard.com/Scorecard/Embed/10396>

Definitions

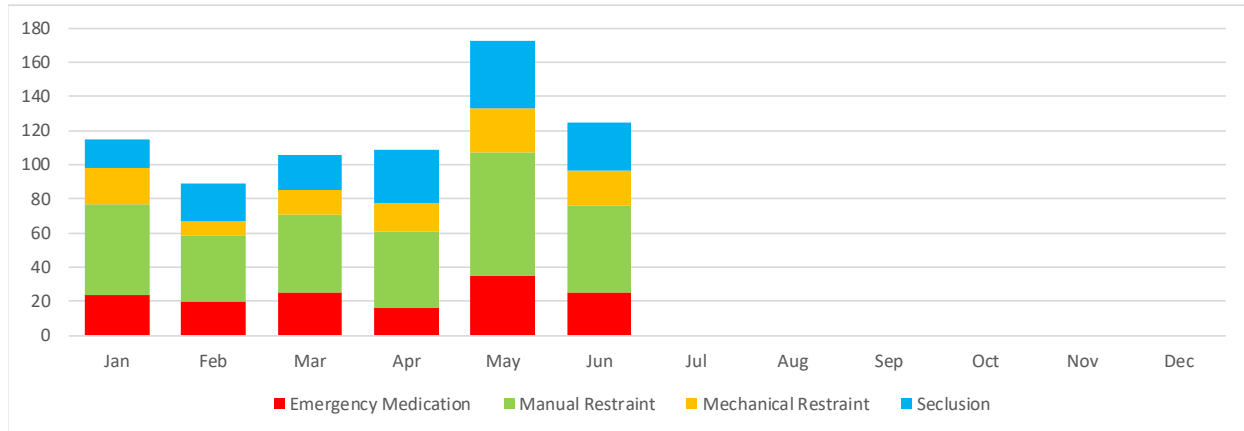
Vermont Designated Hospitals agree to follow Centers for Medicare and Medicaid Services (CMS) definitions for seclusion, restraint and emergency involuntary medication. For reporting purposes to DMH, the following definitions are utilized.

Emergency Involuntary Procedures (EIPs)	Include instances of restraint, seclusion or emergency involuntary medication.
Restraint	A restraint includes any manual method, physical or mechanical device, material or equipment that immobilizes or reduces the ability of a patient to move his or her arms, legs, body, or head freely (CMS 482.13(e)(1)(i)(A)).
Seclusion	Seclusion means the involuntary confinement of a patient alone in a room or an area from which the patient is physically or otherwise prevented from leaving. Seclusion shall be used only for the management of violent or self-destructive behavior that poses an imminent risk of serious bodily harm to the patient, staff member, or others. (CMS 482.13(e)(1)(ii)).
Emergency Involuntary Medication	A restraint is also defined as a drug or medicine used as a restriction to manage the patient’s behavior or restrict the patient’s freedom of movement, and is not standard treatment or dosage for the patient’s condition (CMS 482.13(e)(1)(i)(B)).
Episodes of Emergency Involuntary Procedures	When clinically indicated, emergency involuntary procedures may be used in combination when a single procedure has not been effective in protecting the safety of the patient, staff, or others. When the simultaneous use of emergency involuntary procedures is used, there must be adequate documentation that justifies the decision for combined use. (CMS 482.13(e)(15)). In the following report, the use of emergency involuntary procedures in combination is referred to as an episode. Episodes can include any combination of seclusion, restraint, or emergency involuntary medication.

Data Reports

Aggregate Procedures: All Units by Type of Procedure

Aggregate Emergency Involuntary Procedures for **Involuntary Patients** **Psychiatric Units** by Type of Procedure 2023



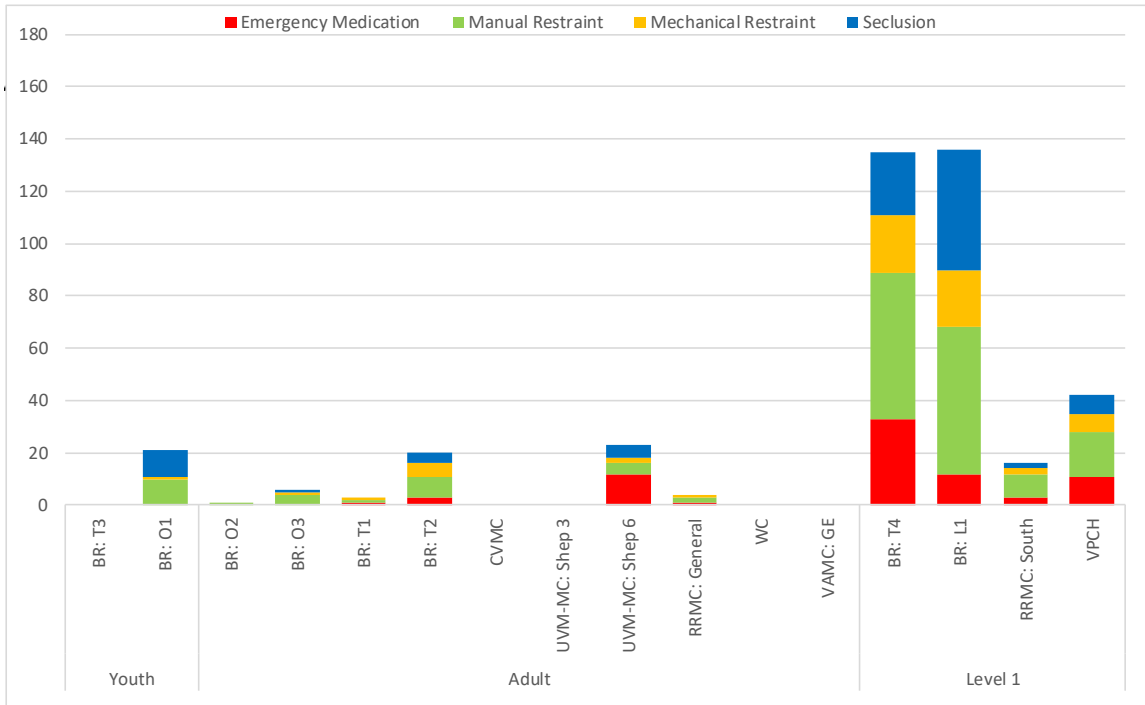
2023

<u>Type of Procedure</u>	<u>Jan</u>	<u>Feb</u>	<u>Mar</u>	<u>Apr</u>	<u>May</u>	<u>Jun</u>	<u>Jul</u>	<u>Aug</u>	<u>Sep</u>	<u>Oct</u>	<u>Nov</u>	<u>Dec</u>	<u>Trend</u>
Emergency Medication	24	20	25	16	35	25							
Manual Restraint	53	39	46	45	72	51							
Mechanical Restraint	21	8	14	17	26	21							
Seclusion	17	22	21	31	40	28							
Total	115	89	106	109	173	125							

Analysis conducted by the Vermont Department of Mental Health Research and Statistics Unit from data maintained by DMH Quality Management. Data are submitted by Designated Hospitals to DMH in compliance with department requests for submittal of Certificates of Need (CON) following emergency involuntary procedures. Procedures for seclusion, restraint, and emergency medication meet criteria defined by the Centers for Medicare and Medicaid Services for clients involuntarily admitted to Vermont Designated Hospitals.

Aggregate Procedures: Type of Procedure by Unit

Aggregate Emergency Involuntary Procedures for Involuntary Patients Adult and Youth Psychiatric Units by Type of Procedure April - June 2023



		Emergency Medication	Manual Restraint	Mechanical Restraint	Seclusion	Total Procedures	Total Episodes	Total Time
Youth	BR: Tyler 3	0	0	0	0	0	0	0:00
	BR: Osgood 1	0	10	1	10	21	11	6:37
Adult	BR: Osgood 2	0	1	0	0	1	0	0:01
	BR: Osgood 3	0	4	1	1	6	4	1:36
	BR: Tyler 1	1	1	1	0	3	1	1:01
	BR: Tyler 2	3	8	5	4	20	10	12:57
	CVMC	0	0	0	0	0	0	0:00
	UVM-MC: Shep 3	0	0	0	0	0	0	0:00
	UVM-MC: Shep 6	12	4	2	5	23	12	13:57
	RRMC: General	1	2	1	0	4	2	0:54
	WC	0	0	0	0	0	0	0:00
VAMC: GE	0	0	0	0	0	0	0:00	
Level 1	BR: Tyler 4	33	56	22	24	135	51	61:51
	BR: Linden Lodge 1	12	56	22	46	136	67	91:52
	RRMC: South	3	9	2	2	16	11	5:16
	VPCH	11	17	7	7	42	17	19:46
Total		76	168	64	99	407	186	215:48

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Emergency Involuntary Procedures Rates

Analysis:

Each of the seven designated hospitals sends raw data to DMH in the form of a Certificate of Need (CON) for every EIP conducted on involuntarily admitted patients. Data is abstracted from the CONs and used to calculate the number of hours that involuntary patients were in seclusion or restraint for every 1,000 patient hours on each hospital unit where EIPs could potentially have been administered. (See the data visualization on pg. 6.)

However, because Certificates of Need are only sent to DMH for involuntarily admitted patients (i.e. patients in the care and custody of the DMH Commissioner), this report also includes aggregate data sent to DMH directly from each hospital that includes the number of hours that voluntary **and** involuntary patients spent in seclusion and restraint. Hospitals have conducted preliminary analyses on this data before sending it to DMH. This data cannot be broken out by hospital unit, but is used to provide the overall seclusion and restraint rate for each hospital. (See the data visualization on pg. 7.)

Methodological Note: Rate calculation defined

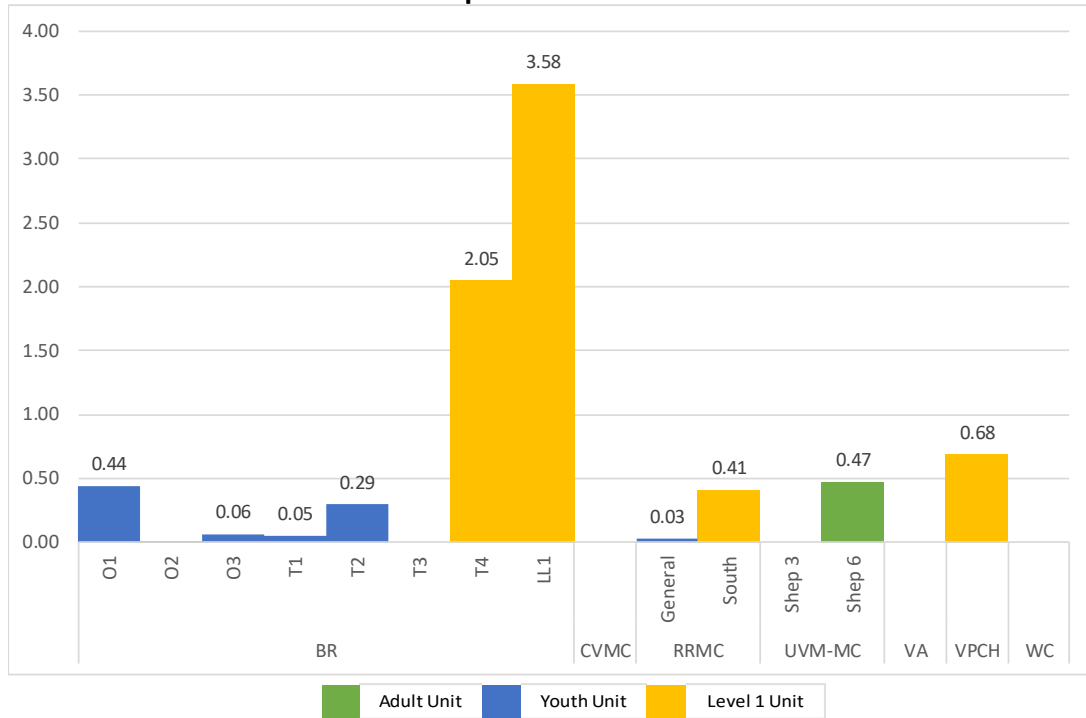
Numerator: Total number of hours that psychiatric patients were in seclusion or restraint (restraint includes all manual and mechanical EIPs)

Denominator: Total patient hours on Level 1 units divided by 1,000 patient hours

$$\text{Rate} = \frac{(\text{total hours of seclusion and restraint})}{\frac{(\text{total patient hours})}{1,000}} \quad \text{-or-} \quad \text{Rate} = 1,000 * \frac{(\text{total hours of seclusion and restraint})}{(\text{total patient hours})}$$

Combined Rate of Seclusion and Restraint per 1,000 Patient Hours by Hospital Unit

Involuntary Patients Only April - June 2023



Facility	Unit	Total Patient Hours	Total Time Restraint & Seclusion CY2023 Q2	Rate of Seclusion & Restraint per 1,000 Patient Hours	
				Unit	Facility
BR	BR O1	15,072	6:37	0.44	0.94
	BR O2	28,200	0:01	0.00	
	BR O3	24,696	1:36	0.06	
	BR T1	20,232	1:01	0.05	
	BR T2	43,920	12:57	0.29	
	BR T3	0	0:00	0.00	
	BR T4	30,216	61:51	2.05	
	BR LL1	25,632	91:52	3.58	
CVMC	CVMC	19,344	0:00	0.00	0.00
RRMC	General	33,264	0:54	0.03	0.13
	South	12,864	5:16	0.41	
UVM	Shep 3	23,688	0:00	0.00	0.26
	Shep 6	29,400	13:57	0.47	
VAWRJ	VAWRJ	16,416	0:00	0.00	0.00
VPCH	VPCH	28,968	19:46	0.68	0.68
WC	WC	15,816	0:00	0.00	0.00

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