## 12/8/2023

## **Emergency Involuntary Procedures Review Committee Minutes**

\*\*DRAFT\*\*

**Designated Hospitals:**  $\square$  Alix Goldschmidt (Brattleboro Retreat)  $\square$  Kimberly Cowan (Brattleboro Retreat)  $\square$  Terri Lynn Graham (Central Vermont Medical Center)  $\square$  Lesa Cathcart (Rutland Regional Medical Center)  $\square$  Darcy Bixby (Springfield Hospital-Windham Center)  $\square$  Jeremy Smith (Vermont Psychiatric Care Hospital)  $\square$  Joanna Stevens (Vermont Psychiatric Care Hospital)  $\square$  Joanna Stevens (Vermont Psychiatric Care Hospital)  $\square$  Jessica Charbonneau (University of Vermont Medical Center)  $\square$  Kaitlin Palombini (University of Vermont Medical Center)  $\square$  Karen Lewicki (Veterans Affairs Medical Center)  $\square$  Kristin Husher (Veterans Affairs Medical Center)

**Designated Agencies:** 
Caitlin Miller (HCRS) 
Tonya Davis (NKHS)

**Peer/Family Representatives:** 🛛 Laurie Emerson (NAMI-VT; Peer/Family Representative) 🗆 Zachary Hughes (Peer/Family Representative) 🖂 Rhonda Prensky (Disability Rights Vermont)

**DMH:**  $\Box$  Allie Nerenberg  $\boxtimes$ Kelley Klein, MD  $\Box$  Karen Barber  $\Box$  Eva Dayon  $\boxtimes$ Steve DeVoe  $\boxtimes$  Dave Horton

**State of Vermont:** Suzanne Leavitt (DAIL)

Six Core Strategies Consultants: 🛛 Janice LeBel 🖾 Kevin Huckshorn

Public: None.

## Agenda

- 10:30 Introductions and Updates
- 10:35 Review of September 2023 Meeting Minutes
- 10:40 EIP Hospital Presentations: Brattleboro Retreat and Central Vermont Medical Center
- 11:15 Quarterly Data Report Review
- 11:25 Public Comment
- 11:30 Adjournment

Agenda Item	Facilitator/Timekeeper: Kelley Klein, MD; Minutes: Stephen DeVoe
Introductions and	Reviewed intention of next iteration of EIP Review Committee with hospitals sharing brief presentation/overview of
Updates	internal processes for monitoring EIP data or other information related to the administration of EIPs to inform and
	improve clinical practices on inpatient units.
Review	Minutes were approved.
September 2023	
Minutes	
EIP Hospital	Brattleboro Retreat (BR): Alix Goldschmidt
Presentations	BR reviews all EIP data in regular intervals, as well as experience of care data via patient surveys, through different
Presentations	internal committees; all EIPs are reviewed by the administrator on call; Census has increased 25% in past year to 102 beds; many units have been transitioned to better serve different populations of children, adolescents, and adults; it was notable that no EIPs were administered in this transition; Staff are supportive and reportedly encouraged by the unit transitions; EIPs have been driven largely by individual patients who have presented with increased acuity; Seclusion rate has been the lowest it has been in the past 2 years (2021 and 2022); restraints lower from 2021, but similar to 2022; BR is focusing on structured activities involving 6CS training of core and traveler staff; 6CS language has been added to patient rights/G&As/CPI (training at BR); trying to focus on de-escalation and patient safety; Staff are trained in "stop" moments: thinking about how to avert further interventions that de-escalate the patient and keep both staff and patients safe; moving towards "early intervention"; BR has re-introduced "early responders", which is a mobile staffing model that can respond to units to assist with patients who present as escalated; BR is monitoring rates of EIP when responders are called, as well as debriefing (what happened that went well? Need improvement?); Started using new patient debriefing EIP form to make administration of EIPs more patient-centric and using information from "therapeutic inventory survey" (e.g., music; food/drink; other comfort intervention) to assist patients and include them into this process; Subcommittee working on health equity and data analysis/monitoring; configured EHR to provide report stratifying by different demographics
	<b>Central Vermont Medical Center</b> New workplace violence and prevention program, "A.V.A.D.E." (Awareness-Vigilance-Avoidance-Defense-Escape)", that
	provides education and training to prevent violence on units; focuses on de-escalation and recognition of different situations (David Fowler is founder); Goals of this model are to educate, prevent, and mitigate the risk of escalation, aggression, and violence in the workplace and develop habits that assist in diffusing and de-escalating situations; CVMC continues to focus on trauma-informed care and this model allows for modification to tailor it to a specific hospital
	Questions? We will start with any further discussion/questions on AVADE during next meeting

Patient EIP	Individual did not confirm attendance prior to meeting, therefore this agenda item will move to the December 2023
Review	meeting.
Data Review	See "EIP Report JulSep2023" quarterly report here: EIP Report JulSep2023.pdf (vermont.gov)
	David Horton, DMH Mental Health Analyst III, presented this quarterly report and provided overview of aggregated data.
	Questions for follow up and discussion during next meeting
	<ul> <li>Referenced highest number of EIPs: what is the look back period (how long ago was Dave looking?)</li> </ul>
	<ul> <li>Possible to embed benchmarked data; measuring against baseline?</li> </ul>
Public Comment	No public comment.
Adjourn	Meeting was adjourned at 11:28am.

## Next Meeting: Friday, March 8, 2024, 1030-1130am