



# **Vermont Certified Community Behavioral Health Clinic (CCBHC) Steering Committee**

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Vermont Department of Mental Health  
December 28, 2023

# Welcome & Introductions

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Thank you for being here today!

Please share:

- your name,
- pronouns, and
- what brings you to the CCBHC Steering Committee.

If you prefer, you may skip that last bullet.



# Agenda

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**01. CCBHC**  
**Brief Overview**

**02. CCBHC**  
**Activities to**  
**Date**

**03. CCBHC**  
**Planning Grant**  
**Requirements**  
**& Timeline**

**04. Membership**  
**and Meeting**  
**Agreements**

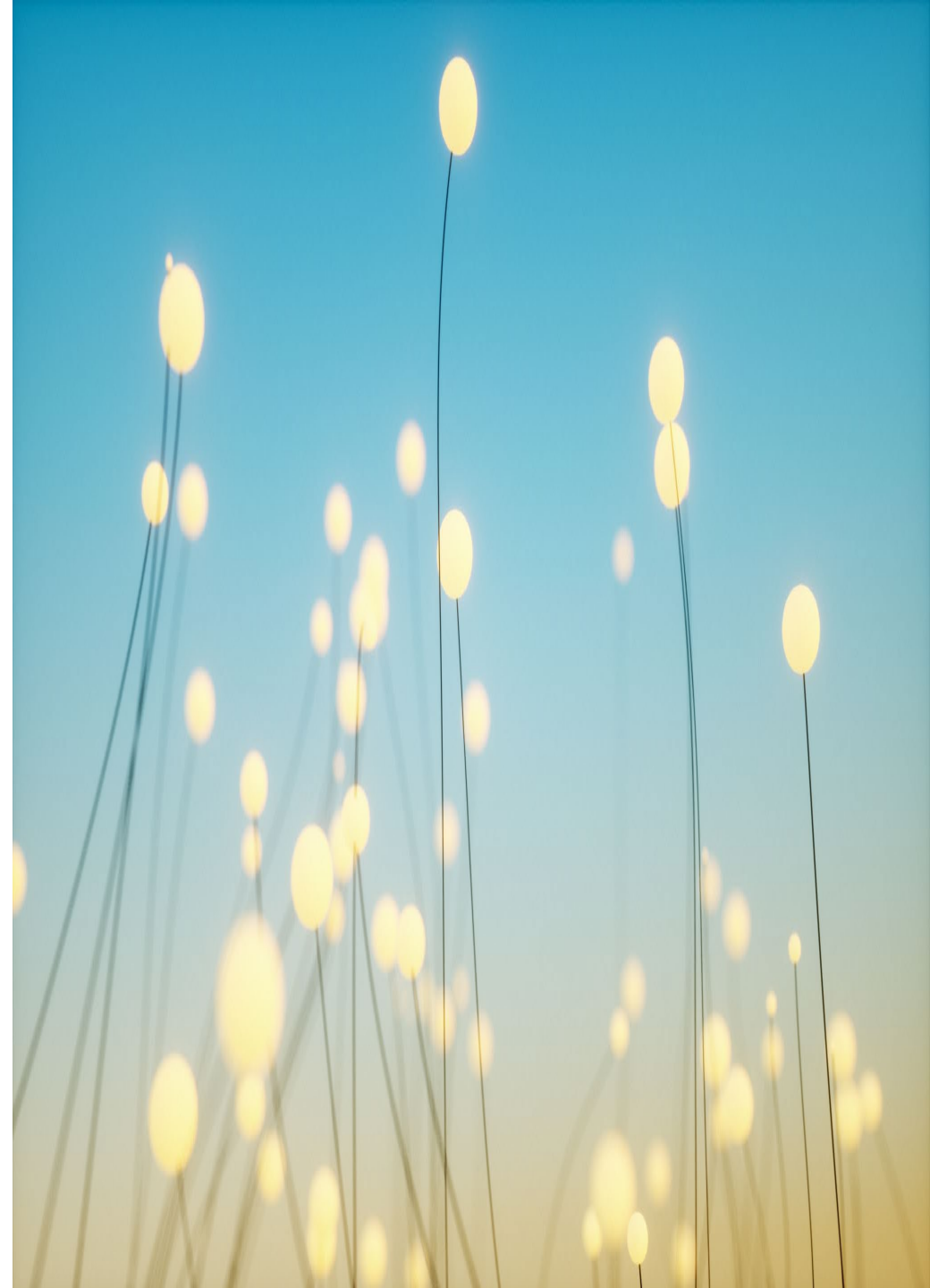
**05. Group**  
**Discussion**



# CCBHC Overview

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- **History of CCBHC**
- **CCBHCs Nationwide**
- **Funding for CCBHCs**
- **Core Components of a CCBHC**



# CCBHC Overview

## *History: PAMA & CCBHC*

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### Protecting Access to Medicare Act (PAMA)

- Law in 2014
- Section 223 **directed** the Department of Health and Human Services (HHS) to **publish criteria** for clinics to be certified as CCBHCs.
- The goal of these uniform standards that providers must meet is to transform systems by providing **comprehensive, coordinated, trauma-informed, and recovery-oriented** care for mental health and substance use conditions.\*
  - 2015, HHS issued the original CCBHC criteria
  - 2023, HHS released updated criteria.

\* <https://www.samhsa.gov/sites>

# CCBHC Overview

## CCBHCs Nationwide

**24 States Received Planning Grants in 2015**

**8 of 24 States Awarded Demonstration Status in December 2016**

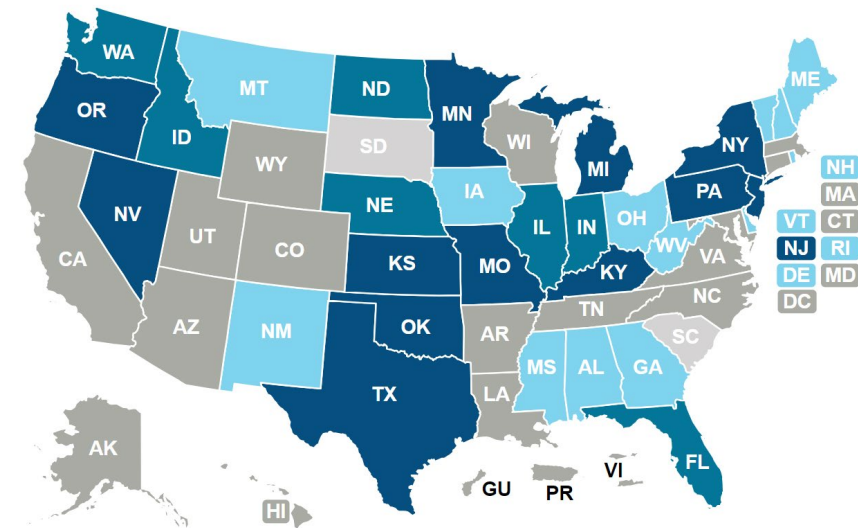
- 67 clinics certified in 2017 across the 8 states
- Currently there are over 500 certified programs in 46 states, Puerto Rico, and Washington, D.C.

**15 States Received Planning Grants in 2023**

- 15 states currently have a planning grant
  - *Vermont is one of these*

**10 of the 15 States to Participate in Demo in 2024**

- *Vermont will apply to receive 1 of the 10 spots*



# CCBHC Overview: *Funding for CCBHCs*

## State Level

### CCBHC Planning Grant & Demonstration Program

- Federal government is **fully funding** the planning phase for **one year** under SAMHSA
- If chosen to be a demonstration state, federal government will **help fund** the implementation phase for **4 years** using an enhanced match of Medicaid dollars to pay for CCBHC services.
- State agency is responsible for CCBHC certification and oversight.

## Local Level

### CCBHC Grants

- Federal government is funding the planning phase for 1 year and funding the implementation phase for 3 years under SAMHSA
- 5 Vermont Designated Agencies with CCBHC Grants:

|             |             |             |
|-------------|-------------|-------------|
| <b>CMC</b>  | <b>RMHS</b> |             |
| <b>HCRS</b> | <b>HC</b>   | <b>NKHS</b> |
- SAMHSA responsible for CCBHC oversight but cannot officially certify a site.

# What is a CCBHC?

A CCBHC provides access to **comprehensive** and **coordinated** mental health and substance use care that is **trauma-informed**, **recovery-oriented**, and is intended to:



## ESTABLISH STANDARDS

Six Key Areas



## EXPAND ACCESS TO QUALITY CARE

Promote access to integrated, quality services including **24/7 crisis response** and **primary care monitoring / screening.**



## PROVIDE PERSON AND FAMILY DRIVEN CARE

Needs of the local community and the person and family's needs **drive the services.**



## PROVIDE EVIDENCE-BASED PRACTICES

EBP's are chosen based on the needs of the people needing services, staff are trained in EBP, and fidelity to EBPs are maintained.



## ENSURE FUNDING SUPPORTS COSTS

CCBHCs to be reimbursed for their costs of expanding quality services to meet the MH/SUD treatment needs of participants.



# CCBHC Basics: Six Program Requirements

1: Staffing

2: Availability and Accessibility of Services

3: Care Coordination

4: Scope of Services

5: Quality and Other Reporting

6: Organizational Authority, Governance and Accreditation

# CCBHCs Provide Nine Core Services Directly or Through Formal Partnerships

Crisis Services



Outpatient Mental Health & Substance Use Services



Screening, Diagnosis & Risk Assessment



Person- & Family-Centered Treatment Planning



Psychiatric Rehabilitation Services



Community-Based Mental Health Care for Veterans



Outpatient Primary Care Screening & Monitoring



Peer, Family Support & Counselor Services



# CCBHCs Serve Any Individual in Need of Care\*

- ✓ Adults with Serious Mental Illness
- ✓ Children with Serious Emotional Disturbance
- ✓ Individuals with long-term chronic addiction
- ✓ Individuals with mild or moderate mental illness and/or substance use disorders
- ✓ Underserved and/or low-income individuals and families
- ✓ Individuals who are insured, uninsured, or on Medicaid
- ✓ Individuals with complex health needs
- ✓ Veterans and members of the armed forces

\* National Council: [“What is a CCBHC”](#)-Updated\_8-5-2020



# Why CCBHCs in Vermont?

## Current System Challenges



Challenges to achieving mental health and substance use parity.



Constraints on funding for outreach, education, and prevention.



Health equity and stigma.

## CCBHC Opportunities



Requires regular needs assessments with input from local community members.



Builds on current strengths, creates new opportunities, and increases responsive services



Employs a more transparent, responsive budget that reflects Vermont's values.



Current Status  
of CCBHC  
Implementation  
Planning in  
Vermont

# CCBHC Planning Grant Requirements

- ❑ Receive a CCBHC planning grant (phase 1) –
- ❑ Develop certification criteria and establish a certification and quality assurance process
- ❑ Provisionally certify at least two sites in Vermont (1 rural, 1 urban) with full certification to follow.
- ❑ Establish a payment methodology to fund each CCBHC
- ❑ Prepare and submit an application to participate in a four-year Medicaid demonstration program (phase 2) due mid-March 2024.

# Vermont and CCBHCs



Received grant in April 2023



Legislative approval in June 2023



Began work in July 2023



Formed internal cross-departmental teams and working with consultant



Meeting with the Vermont sites with CCBHC grants to coordinate and engage in bi-directional information sharing



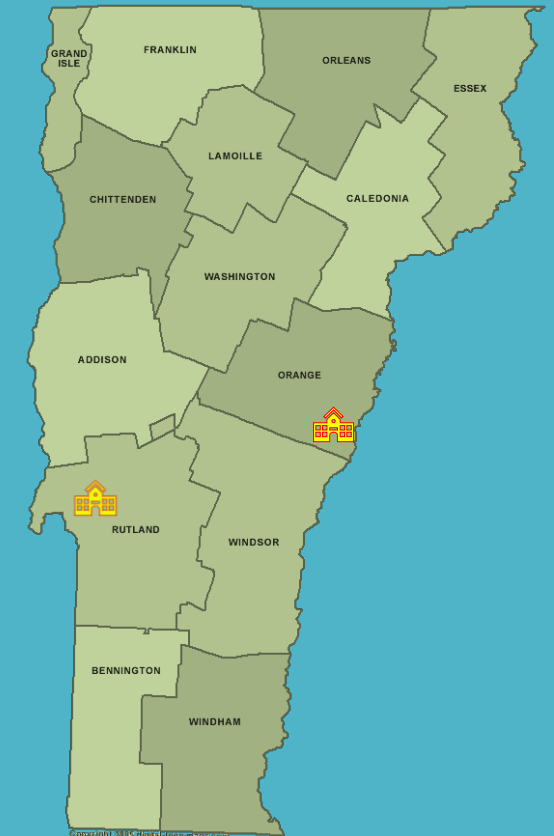
Hosting online survey and conducting community engagement groups to learn from community members about their input and needs



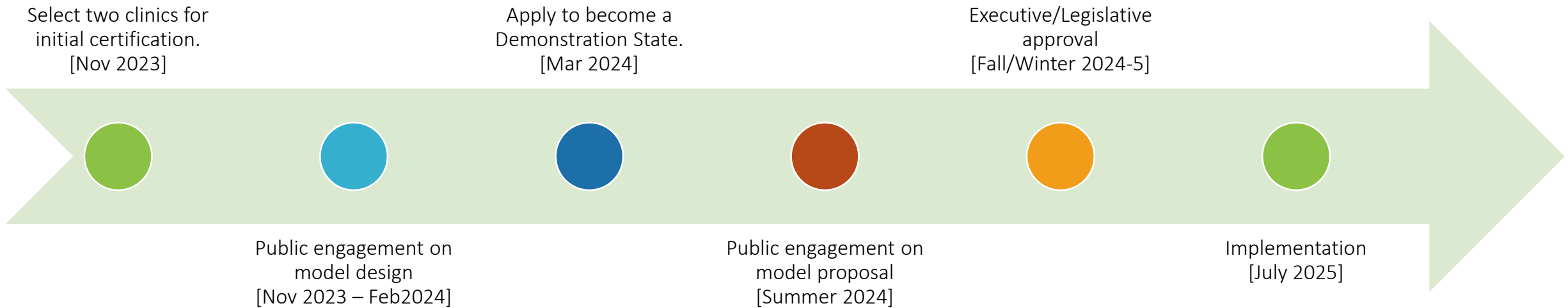
Forming CCBHC statewide steering committee



Chose, through a competitive process, two (2) sites to move forward with becoming a CCBHC (being certified).



# Tentative Timeline





## Community Engagement Meetings

January 9<sup>th</sup>

Waterbury Public Library  
6:00-7:30pm

January 17<sup>th</sup>

Rutland Community Center  
6:00-7:30pm

January 24<sup>th</sup>

Online only  
6:00-7:30pm

The Vermont Department of Mental Health



# Virtual Community Meeting

We want to hear from you!

**Tuesday**  
**January 24, 2024**  
**6:00-7:30pm**  
Online - Teams Meeting

Join us for a group discussion about **Certified Community Behavioral Health Clinics** - a mental health and substance use care model that provides comprehensive care for individuals and their families. We need your input to shape how we develop this model in Vermont!



**Teams Meeting Info**  
**Meeting ID:** 260 571 584 173  
**Passcode:** q3MC4T  
Scan the QR code if you would like us to email you a link instead!


If you cannot attend a meeting but would like to give your input, follow this link to take the CCBHC Community Survey:  
<https://forms.office.com/g/7eMk4rxtNt>

Participants are eligible to receive a \$35 stipend for being part of the discussion.



# CCBHC Steering Committee Next Steps

## Review in More Detail:

- ❖ Certification criteria
  - ❖ Vermont's discretionary items for criteria
  - ❖ Feedback from community surveys/meetings
  - ❖ Outcomes and data measures
  - ❖ Prospective payment approach
  - ❖ Approach to CCBHC governance
  - ❖ Certification, recertification, and de-certification process
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# Steering Committee Membership Guidelines

Only Vermonters eligible to join the committee.

Only one person from each stakeholder category (no duplication).

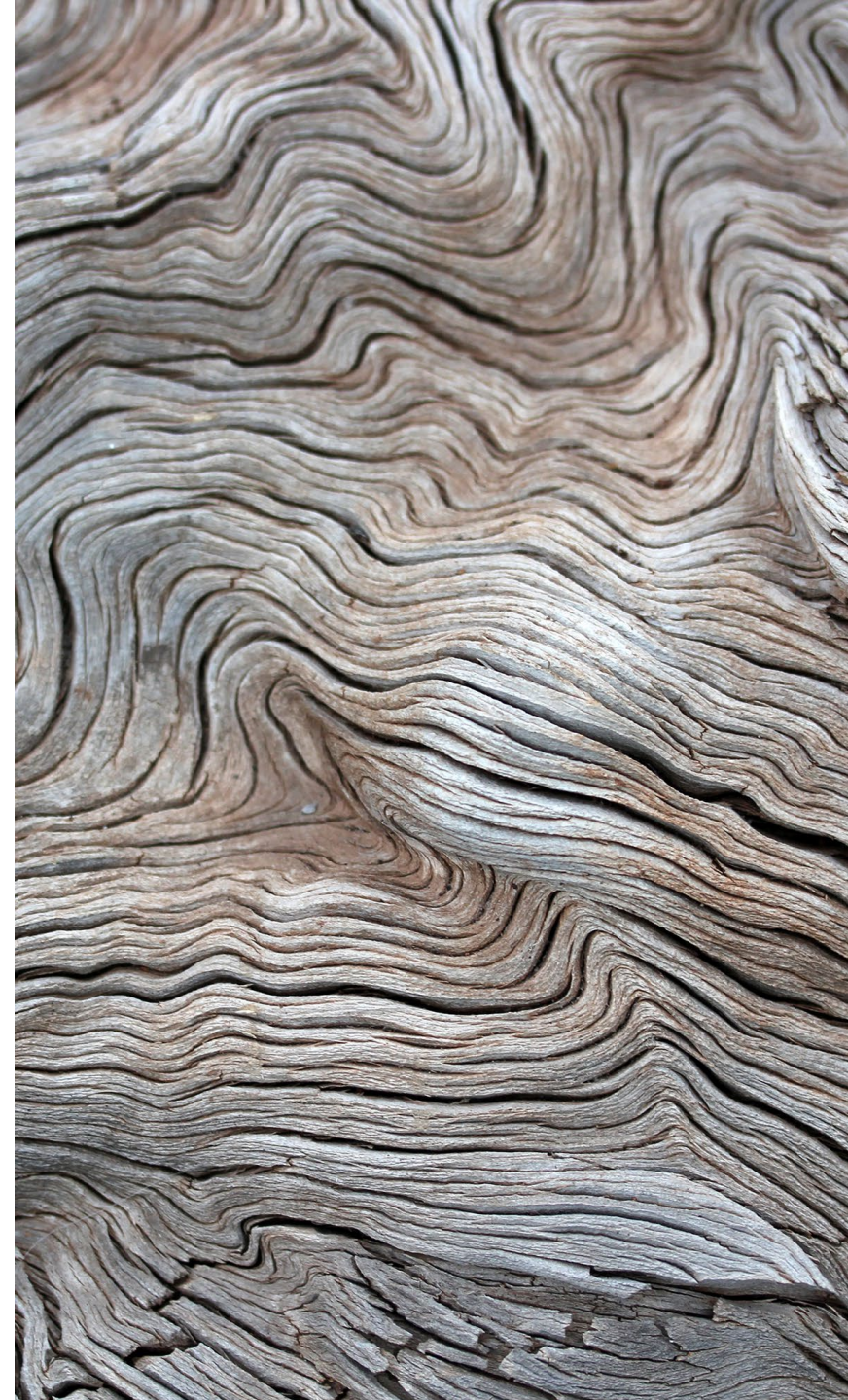
Designated Agencies may be able to have additional slots

Minimum percentage requirement for people with lived experience and family members.

**Set the minimum at 25%**(goal is 51%)

We would limit total membership slots to keep the minimum percentage in place. We can add more members if we have more people with lived experience join.

Non-members can attend meetings but will be limited to 10 minutes at the end for comments, as time allows.





## Steering Committee Recommended Stakeholders

1. DMH designee
2. DSU designee
3. VCP designee
4. General Assembly designee
5. Preferred provider (SUD provider) designee
6. DEI community partner
7. Hospital/Emergency Services designee
8. DOC designee
9. Primary Care/FQHC designee
10. Housing/people who are unhoused designee
11. Tribal communities/Indigenous people
12. Older Vermonters
13. Children, Youth, Family – DCF
14. Veterans/members of armed forces
15. Blueprint
16. Employment



# Steering Committee Group Agreements

## Typical Group Agreements:

Individuals are experts of their own experience

Accountability with respect and support

The impact of what you say is more important than your intent  
(Ouch, oops / purple flag)

Enough Let's Move On (ELMO)

Mind the empty chair (Who isn't represented? What would they want?)

## Discussion for the group:

What's missing?

Does anything need to be changed or removed?





# Thank you

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What questions do you have?

What sounds exciting about the possibility of CCBHCs in Vermont?

What concerns you?

What do we need to be thinking about as we move forward?

*For additional information or questions, please email:*

[Laura.Flint@Vermont.gov](mailto:Laura.Flint@Vermont.gov)