

CCBHC Policy Academy Scope of Services

September 15, 2021

Agenda

12:00 PM: Welcome

- Recap of previous meeting
- Today's goal: Discuss CCBHC Scope of Services

12:10 PM Review of the CCBHC Scope of Services requirements

12:50 PM Discussion Questions:

- What services are currently covered by Medicaid?
 - Are there any covered benefits or licensure requirements of the CCBHC model that should be added for Vermont?
 - What services are you providing that is not covered? What about professional licensure?
- How do clinics coordinate and integrate care?
 - How do you see DCOs working in Vermont? How could this be framed to be most effective with state leaders?
- How does the state license its care facilities?
 - In addition to any changes to your state plan, what changes to your policy manual, clinic licensure or state statutes might need to be considered as part of CCBHC implementation

Poll and Discussion Question #1

Do all of the 9 services below already exist in the VT Medicaid State Plan? If not, what will need to be added?

- 24-hour mobile crisis
- Screening, assessment, and diagnosis
- Patient-centered treatment planning
- Outpatient mental health and substance use services
- Outpatient clinic primary care screening and monitoring
- Targeted case management
- Psychiatric rehabilitation services
- Peer support
- Armed forces and veteran's services

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CCBHC Criteria Program Requirements

1: Staffing

2: Availability and Accessibility of Services

3: Care Coordination

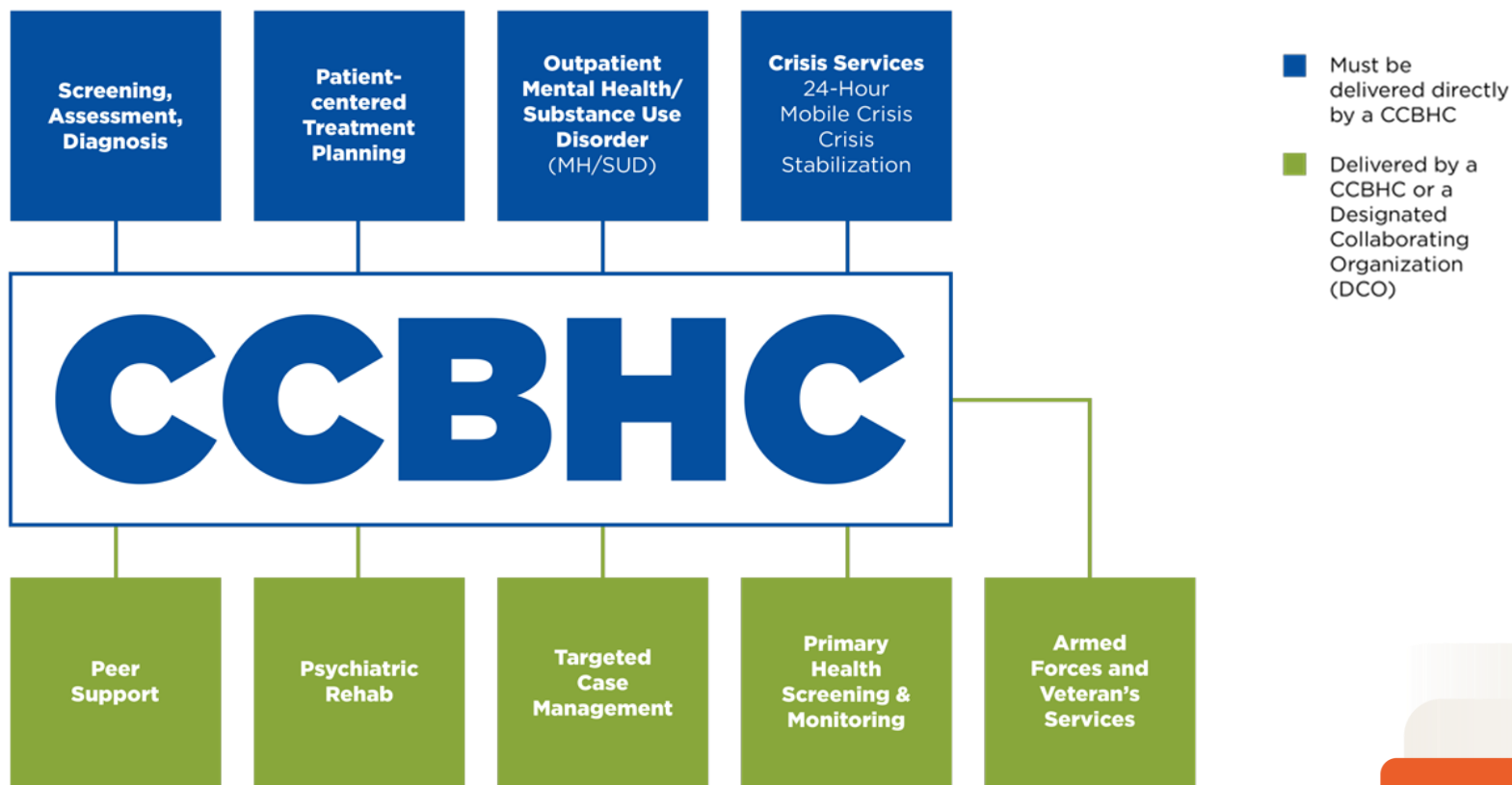
4: Scope of Services

5: Quality and Other Reporting

6: Organizational Authority, Governance and Accreditation

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CCBHC Scope of Services



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DCO Overview

Scope	A DCO provides some of the required CCBHC services. Using DCOs are optional.
Type of Agreement	Structured (with limited exceptions) as a referral agreement, a subrecipient agreement or a purchase of services agreement.
Billing Provider	The CCBHC Expansion Grantee and DCO are each the billing provider for the services that they furnish.
Considerations	Depending on structure of DCO arrangement, CCBHC may compensate the DCO providing CCBHC services on the CCBHC's behalf.
Schedule of Fees and Discounts	DCOs furnish CCBHC services in accordance with a schedule of fees, schedule of discounts and corresponding written policies and procedures.

More guidance on DCO and Care Coordination agreements within CCBHC can be accessed through the National Council's CCBHC Contracting and Partnerships Toolkit: https://www.thenationalcouncil.org/wp-content/uploads/2021/12/CCBHC_Contracting_and_Comm_Partnerships_Toolkit_Grantee_Edition_Final.pdf?dof=5at

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General Service Provisions

- The CCBHC directly provides, at a minimum, the four required services
- CCBHC retains clinical responsibility for CCBHC services provided by DCOs
- CCBHC consumers have freedom to choose providers
- CCBHC consumers have access to grievance procedures
- CCBHC services provided by DCOs meet the same quality standards as those required of the CCBHC



Person-Centered & Family Centered Care

- The CCBHC and its DCOs provide care that is **person-centered and family-centered and recovery oriented**, being respectful of the individual consumer's needs, preferences, and values
- The services that the CCBHC and its DCOs provide for children and adolescents are **family-centered, youth-guided, and developmentally appropriate**
- CCBHC services are **culturally appropriate**, as indicated in the needs assessment



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Crisis Behavioral Health Services

- The following services are explicitly included among CCBHC services that are provided directly or through an existing state-sanctioned/certified/licensed system or network for the provision of crisis behavioral health services: 24 hour mobile crisis teams, emergency crisis, intervention services, crisis stabilization services, suicide crisis response, and services for substance abuse crisis and intoxication, including ambulatory and medical detoxification services.
- Crisis services are provided by the CCBHC or by an existing state-sanctioned, certified, or licensed system or network for the provision of crisis behavioral health services.



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Behavioral Health Screening, Assessment, & Diagnosis

- The CCBHC directly provides behavioral health screening, assessment, and diagnosis, including risk assessment
- The CCBHC's **initial evaluation** of consumers includes preliminary diagnoses, reason for seeking care, list of current medications, risk-assessment, activity duty/military status
- Comprehensive treatment planning evaluation within 60 days
- **Standardized and validated screening and assessment tools**
- Culturally and linguistically appropriate screening tools
- Conducts a **brief intervention** and refers consumer for full assessment and treatment as needed



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Person-Centered & Family-Centered Treatment Planning

- A **comprehensive person-centered and family-centered diagnostic and treatment planning evaluation** is completed within 60 days by licensed behavioral health professionals who, in conjunction with the consumer, are members of the treatment team, performing within their state's scope of practice.
- The CCBHC uses **individualized treatment planning** that includes shared decision-making, required services and includes provision for monitoring progress toward goals and is informed by consumer strengths, abilities, and goals
- The CCBHC seeks consultation for special emphasis problems and the results of such consultation are included in the treatment plan.
- The CCBHC documents **consumers' advance wishes related to treatment and crisis management** or consumers' decisions not to discuss those preferences.

Outpatient Mental Health and Substance Use Services

- The CCBHC directly provides **outpatient mental health and substance use services** and focuses on providing necessary care to those living with serious mental illness
- The CCBHC provides **evidence-based or best practices outpatient mental health and substance use services** and makes available specialized services for purposes of outpatient mental and substance use disorder treatment, through referral or formal arrangement
- The CCBHC provides evidenced-based services that are **developmentally appropriate, youth-guided, and family or caregiver driven to children and adolescents** and considers the individual consumer's phase of life, desires and functioning and appropriate evidence-based treatments
- The CCBHC delivers treatment by staff with specific training in treating the segment of the population being served

Outpatient Clinic Primary Care Screening & Monitoring

- These are **NOT primary care services**
- The CCBHC collects and reports: BMI screening and follow-up; weight assessment and counseling for children and adolescents; care for controlling high blood pressure; diabetes screening for people who are using antipsychotic medications; diabetes care for people with serious mental illness; metabolic monitoring for children and adolescents on antipsychotics; cardiovascular health screening for people who are prescribed antipsychotic medications; and cardiovascular health monitoring for people with cardiovascular disease and schizophrenia.
- Age-appropriate screening and preventive interventions including assessment of learning disabilities and age-appropriate screening and preventive interventions



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Targeted Case Management Services

- The CCBHC is responsible for high quality targeted case management services that will assist individuals in sustaining recovery, and gaining access to needed medical, social, legal, educational, and other services and supports. If targeted case management services are offered by a DCO(s), the CCBHC has a formal agreement with the DCO(s).
- The CCBHC has established requirements, based on the population served, as to what targeted case management services must be offered as part of the CCBHC care system, including identifying target populations.



Psychiatric Rehabilitative Services

- The CCBHC is responsible for evidence-based and other psychiatric rehabilitation services. If psychiatric rehabilitation services are offered by a DCO(s), the CCBHC has a formal agreement with the DCO(s)
- States should specify which evidence-based and other psychiatric rehabilitation services they will require based upon the needs of the population served.
- Psychiatric rehabilitation services that might be considered include: medication education; self-management; training in personal care skills; individual and family/caregiver psycho-education; community integration services; recovery support services including Illness Management & Recovery; financial management; and dietary and wellness education. States also may wish to require the provision of supported services such as housing, employment, and education, the latter in collaboration with local school systems.

Peer Supports, Peer Counseling, & Family/Caregiver Supports



- The CCBHC is responsible for peer specialist and recovery coaches, peer counseling, and family/caregiver supports. If peer support, peer counseling and family/caregiver support services are offered by a DCO(s), the CCBHC has a formal agreement with the DCO(s).
- States should specify the scope of peer and family services they will require based upon the needs of the population served.
- Peer services that might be considered include: peer-run drop-in centers, peer crisis support services, peer bridge services to assist individuals transitioning between residential or inpatient settings to the community, peer trauma support, peer support for older adults or youth, and other peer recovery services. Potential family/caregiver support services that might be considered include: family/caregiver psycho-education, parent training, and family-to-family/caregiver support services

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Intensive, Community Based Mental Health Care for Members of the Armed Forces and Veterans

- The CCBHC is responsible for intensive, community-based behavioral health care for certain **members of the U.S. Armed Forces and veterans**
- Care provided to veterans is consistent with minimum clinical mental health guidelines promulgated by the Veterans Health Administration (VHA), including clinical guidelines contained in the **Uniform Mental Health Services Handbook** of such Administration
- Offers assistance with **enrollment in the VHA**
- Coordination between the care of substance use disorders, mental health conditions, and other components of health care for all veterans and active-duty military
- **Principal Behavioral Health Provider** assigned to every veteran
- Staff who work with military or veteran consumers are trained in cultural competence, and specifically **military and veterans' culture**

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Questions?

Poll and Discussion Question #2

Which CCBHC services will require some alterations to current VT policy to meet CCBHC requirements?

- 24-hour mobile crisis
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- Outpatient mental health and substance use services
- Outpatient clinic primary care screening and monitoring
- Targeted case management
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Discussion Questions

- What services are currently covered by Medicaid?
 - Are there any covered benefits or licensure requirements of the CCBHC model that should be added for Vermont?
 - What services or activities are being covered by state funds that could move into CCBHC and therefore receive a Medicaid match?
- How do clinics coordinate and integrate care?
 - How do you see DCOs working in Vermont? How could this be framed to be most effective with state leaders?
 - How does the state license its care facilities?
- In addition to any changes to your state plan, what changes to your policy manual, clinic licensure or state statutes might need to be considered as part of CCBHC implementation?