

# Vermont Psychiatric Care Hospital Procedure

## Tobacco-Free Hospital

Revised: X

Date: 04/07/14

1. Use of any tobacco product is prohibited on the Vermont Psychiatric Care Hospital (VPCH) Grounds.
2. Each patient will be informed of the potential harmful effects of smoking and other uses of tobacco and the hospital will offer the opportunity to participate in a smoking and other tobacco cessation program. Resource materials will be provided to unit-based staff to assist in these education efforts for patients. Those patients who seek specific treatment for smoking and tobacco cessation will be supported in this effort.
3. Members of the patient's treatment team will assist the patient to reduce and address any discomfort that occurs as a result of smoking and other tobacco cessation. Nicotine replacement materials will be prescribed as needed.
4. All patients will be required to turn in their cigarettes and other tobacco-related products upon admission; these materials will be returned at discharge.
5. Any tobacco product found on Hospital Grounds will be confiscated by staff and returned to the patient at discharge. Visitors are not to provide tobacco products to hospital patients.

Approved by	Signature	Date
Frank Reed, Commissioner of DMH		11/29/16