

MENTAL HEALTH INTEGRATION COUNCIL

PEDIATRIC SUBGROUP

DATE: FEBRUARY 15, 2022

TIME: 10:00 – 11:30 AM

LOCATION: Global Learning Partners is inviting you to a scheduled Zoom meeting.

Topic: Monthly Pediatric Subgroup meeting

Time: Feb 15, 2022; 10:00 AM Eastern Time (US and Canada)

Every month on the Third Tue, 5 occurrence(s)

Feb 15, 2022 10:00 AM

Mar 15, 2022 10:00 AM

Apr 19, 2022 10:00 AM

May 17, 2022 10:00 AM

Jun 21, 2022 10:00 AM

Monthly:

[https://us02web.zoom.us/meeting/tZYocO2rpzMjGte1NAUg4_X_Fj6JTcUPjEOw/ics?icsToken=98tyKuGqqzwuGd2duRmERpwQGY_CLONxmFxEjbdYzTHENicHXTvJEOgUGIZ8Jeja](https://us02web.zoom.us/join/https://us02web.zoom.us/meeting/tZYocO2rpzMjGte1NAUg4_X_Fj6JTcUPjEOw/ics?icsToken=98tyKuGqqzwuGd2duRmERpwQGY_CLONxmFxEjbdYzTHENicHXTvJEOgUGIZ8Jeja)

Join Zoom Meeting

<https://us02web.zoom.us/j/82574398903>

Meeting ID: 825 7439 8903

One tap mobile

+19292056099,,82574398903# US (New York)

+13017158592,,82574398903# US (Washington DC)

Meeting ID: 825 7439 8903

Find your local number: <https://us02web.zoom.us/u/ks9l1gsUx>

ATTENDING

Workgroup Members

- X Ward Nial, Representative, National Alliance on Mental Health
- X Heather Bouchey, Deputy Secretary, Agency of Education
- X Mike Fisher, Office of the Health Care Advocate
- X Dillon Burns, Mental Health Services Director, VT Care Partners

X Sandi Yandow, Representative Vermont Federation of Families for Children's Mental Health

Dr. Harris Strokoff, Representative, Blue Cross Blue Shield

X Emma Harrigan, Director of Policy Analysis and Development, Vermont Association of Hospitals & Health Systems

X Ilisa Stalberg, VDH Maternal Child Health

X Dr. Breena Holmes, UVM, VT Child Health Improvement Program

Dr. Sara Pawlowski, UVMMC psychiatrist, pediatric integration

X Dr. Logan Hegg, UVMMC psychologist, pediatric integration

X Connie Schutz, DMH CHILD integration grant

Julie Parker, DVHA Blueprint

X Laurel Omland, DMH Child, Adolescent & Family Unit

X Considine, Heidi M., UVM Vermont Child Health Improvement Program (VCHIP)

Facilitators

X Jeanette Romkema, Global Learning Partners, Senior Partner & Knowledge Broker

X Andrea Van Liew, Global Learning Partners, Partner and DEI Team Lead

Members of the Public

X Stephanie Winters, AAPVT/VTAFP/VMS

Agenda

By the end of this meeting, we will have...

- Listened to a Welcome, viewed the agenda and shared Introductions with name, role, organization and one thing you have noticed in the last month that gives you hope for this subgroup (10)
- Revisited the group guidelines
- Revisited the description of a SMART Goal and reviewed the current list (10)
- Selected one goal to work on in a small group in a breakout room
 - Refined the wording of the goal so that it is SMART
 - Begin identifying the WHAT, WHO, HOW and WHEN for each goal
- Shared the work of the small groups with the large group
- Begun to prioritize what goals or topics the group wants to work on first; and who wants to work on what goal - Annotate and Stamp in Zoom
- Identified realistic expectations for work in-between monthly meetings - group brainstorm
- Heard questions and thoughts from the public (10)
 - *What words of wisdom or caution would you like to offer to help this work moving forward?*
 - *What final questions do you have that we can answer now?*

- Closed the meeting with next meeting date & time (5)

WELCOME, AGENDA & INTRODUCTIONS – JEANETTE

- Listened to a welcome, viewed the agenda and revisited the group guidelines
 - Pulling out these guidelines for our meeting today:
 - act as a learning community
 - Inclusion of new perspectives, multiple viewpoints
 - Taking off our organizational hats
 - Being fully present and not multi-tasking
 - Listening deeply
- Shared Introductions with name, role, organization one thing you have noticed in the last month that gives you hope for this subgroup

Things that are giving us hope:

- More attention to the issue that will hopefully lead to actionable solutions to support the people of Vermont
- more coordination among disparate initiatives
- it gave me hope that primary care providers communicated in an evaluation of Zero Suicide that monthly meetings with their local DA was the most helpful part of advancing the initiative
- The use of the phrase "need more humans"
- connecting with community colleagues around shared interests and goals for advancing folks' access to and decreasing barriers to MH care
- the longer days and more direct sun gives me hope
- We seem to be irritated by the same barriers.
- more opportunity to explore the work of peers already embedded in the support of families and the value of integrated care
- I appreciate the depth of discussion within this group and the connections being made that support work outside of the meetings.
- It does feel like there is more common ground or broad agreement about the challenges of our health care system.
- appreciate the cross-sector participation
- focus on human interactions and collaboration!

SMART GOALS - JEANETTE

- Revisited the description of a SMART Goal and reviewed the current list
 - Today we are interested in these aspects of SMART – relevance, achievability, specific, measurable

SMALL GROUP WORK ON ONE GOAL - ANDREA

- Selected one goal to work on in a small group in a breakout room
 - Refined the wording of the goal so that it is SMART
 - Begin identifying the WHAT, by WHOM and WHEN for each goal
 - Goal 1 – Work Plan: Breena & Laurel
 - Goal 2 – Structure: Connie, Stephanie & Ward
 - Goal 3 – Recommendations: Ilisa & Logan
 - Goal 4 – Pathways: Dillon, Sandi, Emma, Heidi & Heather

REPORT OUT FROM SMALL GROUPS - ANDREA

- Shared the work of the small groups with the large group
 - Small groups worked in a Google doc to fill out a table for each goal
- Each group reported out on their progress
 - Goal 1 Work Plan – there may be value in “voting” on which parts of the work plan they group wants to tackle first.
 - What is the lens for the peds subcommittee that needs to be considered as different from other integration activities of the larger Council and other subcommittees?
 - Goal 2 Structure – Discussion focused on who has the power to hold the structure with established federal standards?
 - Could we identify an assessment tool that can be used to help organizations and communities to gauge where they are in the process of integration and help them make a plan to move forward?
 - Identify who will be involved and make sure to include the voices of those with lived experience, peer models and Dr.’s perspectives.
 - Let’s begin to look at assessment tools that may be helpful.
 - Goal 3 Recommendations - - Discussion asked for clarity on the charter of the subcommittee and the timeline.
 - Subcommittee report is due 1/15/2023
 - Questions: Who signs off on the report? Who has a decisive voice and who has a consultative voice?
 - How is the work of this subcommittee coordinated with the work of the other subcommittees?
 - Goal 4 Pathways – Let’s re-write this goal so it highlights the existing pathways
 - Should the focus be on the ER? Yes, this is what the DMH has asked for.
 - Can we get an inventory of pathways and identify gaps?
 - Include data from ER’s and include info from Act 264

PRIORITIZE GOALS & SET TIMELINES - ANDREA

- Begun to prioritize what goals or topics the group wants to work on first; and who wants to work on what goal - Annotate and Stamp in Zoom

- In Chat: Offer what you LIKE, WISH, or WONDER about each goal and the activities to achieve that specific goal.
 - our group wants to dig into action and choose together what is the first action
 - I wish we could rework our goal (#4) a little - it conflates access to care broadly with urgent needs including safety and placement needs – Dillon, Emma & Heather
 - Would like to explore the drivers underlying the issues we are trying to solve in #4
 - consideration for reworking #4: identify pathways to care and pathways to safety for children... liked action to make it publicly usable info.
 - Wonder: what is already defined in the Charter for this Committee - deliverables and timelines
 - would like to vote on one focus for a few months
 - I like that these goals get us to work as a coherent whole. I wish for the commitment to get there. I wonder whether we can get all systems parts to jointly be responsible for the work.
 - Wonder: Goal 1's language re: "achieving integrative health" caught my eye re: definitional clarity
 - A lot of overlap with other goals – Laurel
 - Goal 2 - look at collaborative models to see where people are and could have an assessment tool that groups can use... VCHIP has one for peds; Rodger Kessler has one that's more adult
 - reminder of the slides from the kick-off of the MH Integration Council which lays out the charge for the larger council, dates, etc.
<https://mentalhealth.vermont.gov/sites/mhnew/files/documents/AboutUs/Committees/MHIC/MHIntegCouncil071321.pdf>
 - General - the goals are a synthesis of what was discussed earlier... However, please feel free to continue to strengthen.

- What impression do you now have on the goals?
 - Like that we are identifying pathways to safety – Laurel
 - And so often the kids in EDs do have a treatment team...it's just not enough
 - We may not be the right people to work on the goal... challenging for some to answer. Let's look at who needs to be part of these discussions. – Ward
 - Much of what we are working on is reactive. Let's also look at activities that are proactive and strategic – Logan
 - Let's go upstream a bit to look more closely as ways to prevent, rather than only respond to.

- Identified realistic expectations for work in-between monthly meetings - group brainstorm
 - Q: Who should be invited into the conversation and work between this meeting and the next? How will you further the work?
 - Q: What are you willing to work on between now and our next meeting?
 - I am willing to work on our goal between this meeting and the next (G4) – Emma
 - there are many meetings for us all... So, it may be helpful to hold and focus on one thing at a time – Breena
 - I'm up for working on #4 with our small group before next meeting but I have a similar question to Breena- should #4 focus on ED or on more broad pathways to care? It would be helpful to get input.
 - It may be helpful to look at the sequence/priorities and start with what is a helpful first thing. – Heidi
 - We got focused on the ED because DMH made a statement to the legislature that that is what would happen. I agree with the focus but that may not be consistent with the intent of the MHIC
 - there are our own priorities, but if we did a Gantt chart, some first steps would be more logical than others. Connie
 - "Whatever you can do or dream you can, Begin It"---Goethe
 - I can do homework that is assigned based on a regrouping with Laurel, Breena, and others...including working on goal #4 if needed – Dillon
 - I commit to doing whatever Breena & Heidi tell me to do. – Logan
 - Review federal assessment tools and one we developed in the grant to see whether they might be helpful for a simple baseline exercise. Connie
 - glad to work in small group on #1. Pull in info from prior work w/ VCHIP – Laurel
 - I look forward to working on Goal #1 in a small group. Logan
 - Work on workplan for goal 1 Heidi
 - Commit to identifying/naming health dept priorities – Ilisa
 - If I have list of who wants to work on #1, I can have Joanne find meeting time Laurel
 - Commit to naming our cmh priorities based on our identification federally as a statewide family network for chm Sandi

QUESTIONS & THOUGHTS FROM THE PUBLIC - ANDREA

- Heard questions and thoughts from the public (10)
 - *What words of wisdom or caution would you like to offer to help this work moving forward?*
 - *What final questions do you have that we can answer now?*

No members of the public wished to comment at this time.

CLOSE THE MEETING - ANDREA

Next meeting: March 15; 10:00 am to 11:30 am



About Global Learning Partners: Jeanette & Andrea

Global Learning Partners (GLP) is revolutionizing learning the world over through our **partnerships with clients** in a wide array of sectors, cultures, and countries. GLP is skilled in translating core learning principles into practical learning and working opportunities. All that we do is driven by core principles such as safety, respect, engagement, affirmation, relevance and inclusion. These are not just words to us – we take each one to heart in all we co-create with our clients. As depicted in the graphic, these principles drive four interdependent phases of a complete program: assessment, design, facilitation and evaluation.

Jeanette Romkema is Senior Partner, Knowledge Broker, and Network Director with Global Learning Partners (GLP). An artist educator, she helps organizations gain clarity about how to become a learning-centered organization. Unique in her passion for heart learning, she delves deep into the values, culture and practices of people and organizations to strengthen their identity, mission, purpose and the change they seek.

With 35+ years of experience, expertise, and relationships with practitioners and colleagues who are thought-leaders in learning-centered approaches to design and learning facilitation, she now coaches and mentors trainers and change agents who are working across many governments and civil society sectors and around the globe in Asia, the Middle East, Africa, Europe and North America. Jeanette has a knack for connecting with large and small clients to accompany them through short and long processes of change, always with the learners and the learning in mind.

Andrea Van Liew has been working as an educator and trainer for over 35 years in various capacities and with learners of all ages. She is the former Director of the Community Engagement and Training Department at the Vermont Center for Crime Victim Services (VCCVS) in Waterbury, Vermont. She joined VCCVS in the Fall of 2005 after spending the previous five years as a Training Specialist and Training Coordinator for the University of Vermont/ Department for Children and Families, Child Welfare Training Partnership. Andrea built her family by first becoming a foster parent and then adopting her two daughters through the State of Vermont Child Welfare system. Andrea is familiar with both the Medical Health Care systems and the Mental Health Care services in Vermont.