

MENTAL HEALTH INTEGRATION COUNCIL PEDIATRIC SUBGROUP

DATE: DECEMBER 20, 2022

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ATTENDANCE

Workgroup Members

- Heather Bouchey, Deputy Secretary, Agency of Education
- Dillon Burns, Mental Health Services Director, VT Care Partners
- Mike Fisher, Office of the Health Care Advocate
- Emma Harrigan, Director of Policy Analysis and Development, Vermont Association of Hospitals & Health Systems
- Dr. Logan Hegg, UVMHC psychologist, pediatric integration
- Dr. Breena Holmes, UVM, VT Child Health Improvement Program
- Ward Nial, Representative, National Alliance on Mental Health
- Dr. Sara Pawlowski, UVMHC psychiatrist, pediatric integration (alternate)
- Dr. John Saroyan, Blueprint for Health
- Ilisa Stalberg, VDH Maternal Child Health
- Sandi Yandow, Representative Vermont Federation of Families for Children's Mental Health

Previous workgroup members:

Dr. Harris Strokoff, Representative, Blue Cross Blue Shield (ended)

Julie Parker, Blue Print for Health (ended when Dr. Saroyan joined)

Kate LaRose VDMH, Pediatric Mental Health Care Access Program Manager (ended 9/9/2022)

Connie Schutz, DMH CHILD integration grant (ended on 9/30/2022)

Facilitators

- Laurel Omland, DMH Child, Adolescent & Family Unit (CAFU)
- Haley McGowan, DMH CAFU Medical Director

Members of the Public

- Stephanie Winters, AAPVT/VTAFF/VMS

Agenda

WELCOME, AGENDA, GROUP GUIDELINES & INTRODUCTIONS

We welcomed each other, reviewed the meeting agenda, reminded ourselves of the group agreements and introduced ourselves.

1. Good tight facilitation to help keep focus.
2. Act as a learning community. Use info as foundation to move forward.
3. We recognize our organizational hats and are intentional about when we have it on and when to remove it to help advance our work together. We all bring professional backgrounds, training and personal experience.
4. Ask the tough questions, it's okay to challenge the norm
5. Be aware that an action item can be resolved later, keep track of action items, assign, revisit, resolve.
6. Patience with technology, especially in hybrid mode
7. Be present, try to minimize multi-tasking
8. Listen to others' perspectives, think about it, before launching into what you want to say. not just waiting to talk

Invitation: *What group norm will you especially focus on today?*

WARM UP

Invitation: *The MHIC and its subgroups are charged with not just putting forward recommendations but taking action steps. With one other person in a breakout room (random pairs), share an action you have taken in the past 3 months that you could attribute to the discussions of this workgroup.*

MOVING FROM RECOMMENDATIONS TO ACTIONS

1. What 2 recommendations do you feel most connected to?
Enter # (can include sub-recommendation) into chat
2. Identify action steps for those recommendations.
3. Are any of these action steps more immediate do-able?
4. What to focus on with the recommendations within the group, outside of the group.

5. Some recommendations are things the group doesn't have the capacity to do, so who or where can it happen?

INVITING INPUT & QUESTIONS & THOUGHTS FROM THE PUBLIC

TASKS BEFORE OUR NEXT MEETING

CLOSE THE MEETING

Our commitments before our next meeting:

Our timeline and next meetings:

Next Meeting is January 17th