

# MENTAL HEALTH INTEGRATION COUNCIL

## PEDIATRIC SUBGROUP

DATE: APRIL 19, 2022

TIME: 10:00 – 11:30 AM

**Location:** Global Learning Partners is inviting you to a scheduled Zoom meeting

**Topic:** Monthly Pediatric Subgroup meeting

**Time:** Every month on the third Tuesday

Apr 19, 2022 10:00 AM

May 17, 2022 10:00 AM

Jun 21, 2022 10:00 AM

**Monthly:**

<https://us02web.zoom.us/join/82574398903>

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**Meeting ID:** 825 7439 8903

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**Meeting ID:** 825 7439 8903

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**ATTENDING**

Workgroup Members

X Ward Nial, Representative, National Alliance on Mental Health

X Heather Bouchey, Deputy Secretary, Agency of Education

Mike Fisher, Office of the Health Care Advocate

Dillon Burns, Mental Health Services Director, VT Care Partners

X Sandi Yandow, Representative Vermont Federation of Families for Children's Mental Health

Dr. Harris Strokoff, Representative, Blue Cross Blue Shield

X Emma Harrigan, Director of Policy Analysis and Development, Vermont Association of Hospitals & Health Systems

X Ilisa Stalberg, VDH Maternal Child Health

Dr. Breena Holmes, UVM, VT Child Health Improvement Program

Dr. Sara Pawlowski, UVMMC psychiatrist, pediatric integration

X Dr. Logan Hegg, UVMMC psychologist, pediatric integration

X Connie Schutz, DMH CHILD integration grant

Julie Parker, DVHA Blueprint

X Laurel Omland, DMH Child, Adolescent & Family Unit

Heidi M. Considine

X Kate LaRose VDMH, Pediatric Mental Health Care Access Program Manager

Dr. John Saroyan, Blueprint for Health

#### Facilitators

X Jeanette Romkema, Global Learning Partners, Senior Partner & Knowledge Broker

X Andrea Van Liew, Global Learning Partners, Partner and DEI Team Lead

#### Members of the Public

Stephanie Winters, AAPVT/VTAFP/VMS

#### **Agenda**

*By the end of this meeting, we will have...*

- Welcomed each other, reviewed the meeting agenda and introduced ourselves (5)
- Participated in a warm up activity (10)
- Reflected on reports from sub-committees and council report (10)
- Celebrated activities and achievements towards integration (10)
- Identified the characteristics of actionable recommendations from this sub-committee to the Council (10)
- Worked in small groups on one part of the work plan and reported back to the large group (30)
- Committed to work before the next meeting (5)
- Listened to comments from the public (5)
- Closed the meeting with next meeting date & time (5)

## WELCOME, AGENDA & INTRODUCTIONS - JEANETTE

Welcome, agenda review, review of group norms (participants named improvement on 8 of the 11 norms)

## WARM UP - SPRING AS A METAPHOR - JEANETTE

We used Spring as a metaphor for our work: we are committed to growth, resilience, patience, fortitude, our efforts will result in “gold”; a new road that if we get stuck, others will help us on our way; new growth; many drops of sap result in sweet syrup - I love the ping sound in the bucket!

## REPORTS FROM SUB-COMMITTEES AND COUNCIL REPORT - ANDREA

Laurel reported that the Council has not met since our last sub-group meeting, so there is not much to report. Likewise the leaders of the sub-groups haven't met recently. Ward, Dillion and Emma are serving on other sub-groups (Primary care, Workforce Development & Fiscal) and may report back in the future. The Council is working at a systems level including many organizations. The broad range of people and organizations creates stability for the work despite any shift in leadership.

Question: What does this group want to share out to other sub-groups and the larger Council? We will revisit this as we go.

## ACTIVITIES AND ACHIEVEMENTS TOWARDS INTEGRATION - JEANETTE

Logan - there is so much interest and effort towards integration right now. Lots of good ideas that can be shared, excitement & momentum. Intentionality & sharpened focus.

Emma - We may be missing the perspectives of service providers who are doing the integration work in real time in VT communities. Can we hear from Bystate and those in direct practice?

Heather - Laurel and Heather testified to the VT Legislature, S 197 - MH & Ed. integration with grant support and a connection to pediatrics

Laurel - Goal #2 group met and worked on refinement. We hold an appreciation that the goal is the means and the end is better access and care for children, youth and families. We are using a logic model to show integration models and these will contribute to our recommendations.

Connie - CHILD grant - co-location was the model before COVID buty this was set aside. The grant is applying for a 1 year, no cost extension. This initiative fits well with other initiatives, suicide prevention, wellness coaches for social/emotional learning.

## CHARACTERISTICS OF ACTIONABLE RECOMMENDATIONS FROM THIS SUB-COMMITTEE TO THE COUNCIL - JEANETTE

- Be sure that we offer what is asked for - Kathy H & Mo
- Shared language and methodology

- Use the suggested methodology
- Refer to the bigger vision
- Make sure the recommendations are evidence based
- Recognise the ongoing work toward integration - what we all are willing to contribute moving forward - the work will continue
- Begin with a verb to it is actionable
- Be clear that the focus is on greater access and care for children, youth and families
- Unsure about the logo at this time
- Concise - recognize that the readers have limited time and attention
- The report should not be longer than 10 pages with 3 to 5 recommendations, including a concise shorter summary
- Sprinkle stories and examples throughout
- Include a logic model with footnotes - specific example with all the parts, adds a visual component
- Maybe include sub-recommendations with the top 3 to 5; and specific examples of implementation strategies
- Our group may lead the other sub-groups in this effort

#### SMALL GROUP WORK ON ONE PART OF THE WORK PLAN - ANDREA

Self-selected groups: Goal #2, Goal #3 & Goal #4

#### REPORT OUT FROM SMALL GROUPS - ANDREA

Goal #2 - Shared a logic model partially filled out; let's include a dashboard/scorecard to measure satisfaction and cross-system measures. Inputs, Actions, Outputs, Initial Outcomes, Intermediate Outcomes, Results. This group will share more with the sub-group once they have filled the model out more fully and info about the new HERSA grant and the Blueprint.

Goal #4 - This group is waiting for work generated by Dr. P and is looking to include input from families and service providers. They want specific data about when ER's are used so interim resources can be identified and developed. They want to identify best practices for care pathway referrals. Question: are LIT teams functioning well?

Goal #3 - Identify a basic logic model, look at the one offered by Goal #2 group.

Items to be included in an agenda at a subsequent meeting:

- Info about the new HERSA grant
- Development of a Center for Pediatric Integrated Care as a repository to share information and best practices
- Invite John from Blueprint

#### WORK COMMITMENTS BEFORE THE NEXT MEETING & SET TIMELINES - ANDREA

Listed in the Chat:

- Emma Harrigan - Follow up with Dr Pulcini on UVM study
- Kate Larose - Further fleshing out the Goal 2 logic model so that it can be shared with the group
- Connie - Take a look at the logic model draft
- Heather Bouchey - Review data from Emma
- Laurel Omland - I'll schedule another meeting w/ Goal 2 group.

#### QUESTIONS & THOUGHTS FROM THE PUBLIC - ANDREA

None

#### CLOSE THE MEETING - ANDREA

##### **Summary from the feedback survey:**

*What is working well for you in this facilitated process?*

- Small workgroup sessions
- I like what we do, but I am not a neutral participant
- Facilitation is excellent
- I appreciate the structure of the meetings. I like the ability to work in smaller groups
- Having work tasks within the allotted meeting time and a well planned and facilitated agenda
- Small group time to work on a focused goal

*What suggestions do you have for strengthening the process?*

- More time in the small workgroup sessions
- When there are tasks for the break-out groups, add to the chat once we are all in breakout rooms so we retain our charge. Would like a bit more time for dialogue among the full group.
- Pre-task or pre-reading options and easy references for all the work to date (i.e., ready links to the goals to review in advance as I tend to forget the specifics between meetings)

*What else would you like to tell us?*

- Thank you for starting to put together the structure for the report & recommendations. Knowing that now will help as we go forward
- This is painful
- Longer work group time would be helpful

**Next meeting:** May 17; 10:00 am to 11:30 am



**About Global Learning Partners:** Jeanette & Andrea

[Global Learning Partners](#) (GLP) is revolutionizing learning the world over through our [partnerships with clients](#) in a wide array of sectors, cultures, and countries. GLP is skilled in translating core learning principles into practical learning and working opportunities. All that we do is driven by core principles such as safety, respect, engagement, affirmation, relevance and inclusion. These are not just words to us – we take each one to heart in all we co-create with our clients. As depicted in the graphic, these principles drive four interdependent phases of a complete program: assessment, design, facilitation and evaluation.

[Jeanette Romkema](#) is Senior Partner, Knowledge Broker, and Network Director with Global Learning Partners (GLP). An artist educator, she helps organizations gain clarity about how to become a learning-centered organization. Unique in her passion for heart learning, she delves deep into the values, culture and practices of people and organizations to strengthen their identity, mission, purpose and the change they seek.

With 35+ years of experience, expertise, and relationships with practitioners and colleagues who are thought-leaders in learning-centered approaches to design and learning facilitation, she now coaches and mentors trainers and change agents who are working across many governments and civil society sectors and around the globe in Asia, the Middle East, Africa, Europe and North America. Jeanette has a knack for connecting with large and small clients to accompany them through short and long processes of change, always with the learners and the learning in mind.

[Andrea Van Liew](#) has been working as an educator and trainer for over 35 years in various capacities and with learners of all ages. She is the former Director of the Community Engagement and Training Department at the Vermont Center for Crime Victim Services (VCCVS) in Waterbury, Vermont. She joined VCCVS in the Fall of 2005 after spending the previous five years as a Training Specialist and Training Coordinator for the University of Vermont/ Department for Children and Families, Child Welfare Training Partnership. Andrea built her family by first becoming a foster parent and then adopting her two daughters through the State of Vermont Child Welfare system. Andrea is familiar with both the Medical Health Care systems and the Mental Health Care services in Vermont.