

MENTAL HEALTH INTEGRATION COUNCIL

PEDIATRIC SUBGROUP

DATE: APRIL 18, 2023

Microsoft Teams meeting

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ATTENDANCE

Workgroup Members

- Heather Bouchey, Deputy Secretary, Agency of Education
- Dillon Burns, Mental Health Services Director, VT Care Partners
- Mike Fisher, Office of the Health Care Advocate
- Emma Harrigan, Director of Policy Analysis and Development, Vermont Association of Hospitals & Health Systems
- Dr. Logan Hegg, UVMHC psychologist, pediatric integration
- Dr. Breena Holmes, UVM, VT Child Health Improvement Program
- Ward Nial, Representative, National Alliance on Mental Health
- Dr. Sara Pawlowski, UVMHC psychiatrist, pediatric integration (alternate)
- Dr. John Saroyan, Blueprint for Health
- Ilisa Stalberg, VDH Maternal Child Health
- Sandi Yandow, Representative Vermont Federation of Families for Children's Mental Health

Facilitators

- Laurel Omland, DMH Child, Adolescent & Family Unit (CAFU)
- Haley McGowan, DMH CAFU Medical Director

Members of the Public

Stephanie Winters, AAPVT/VTAFP/VMS

Regrets this month from:

Haley, Logan, John, Breena

WELCOME, AGENDA, GROUP GUIDELINES & INTRODUCTIONS

We welcomed each other, reviewed the meeting agenda, reminded ourselves of the group agreements and introduced ourselves.

Invitation: What group agreement do seek to hold up today?

1. Good tight facilitation to help keep focus.
2. Act as a learning community. Use info as foundation to move forward.
3. We recognize our organizational hats and are intentional about when we have it on and when to remove it to help advance our work together. We all bring professional backgrounds, training and personal experience.
4. Ask the tough questions, it's okay to challenge the norm
5. Be aware that an action item can be resolved later, keep track of action items, assign, revisit, resolve.
6. Patience with technology, especially in hybrid mode
7. Be present, try to minimize multi-tasking
8. Listen to others' perspectives, think about it, before launching into what you want to say. not just waiting to talk

WARM UP

The MHIC and its subgroups are charged with not just putting forward recommendations, but taking action steps. **Invitation:** Share one small action you've taken or experienced in the last month related to integration of mental health and healthcare?

HOW DOES THE BLUEPRINT PROPOSAL CONNECT TO PEDIATRIC INTEGRATED CARE RECOMMENDATIONS AND ACTIONS?

Review the [Blueprint proposal](#) to the legislature.

Discuss the proposal with respect to pediatric integrated care, how it relates to our recent recommendations, and points of connection with our work.

What are its strengths, where are points of connection/conflict, what questions do we have for the Blueprint team?

INVITING INPUT & QUESTIONS & THOUGHTS FROM THE PUBLIC

TASKS BEFORE OUR NEXT MEETING

CLOSE THE MEETING

Our commitments before our next meeting:

Our timeline and next meetings:

Next Meeting is May 16th