

Mental Health Integration Council

Notes - Meeting #2 – September 14, 2021

Underlining and italics are added.

The overarching themes

1. Communication
2. Funding
3. Transparency

Some of the aspirations

Agree with respect; we must disagree so we can improve and be sure we have considered all perspectives; *it is okay to disagree with respect* —

We understand that the care we provide in the future may be very different from how we were trained.

We are patient and know *progress is not linear.*

Be curious.

Assume good intentions.

People support and encourage exploration of ideas.

We come to meetings prepared.

No multi-tasking.

People are supportive and nonjudgmental when others share their vulnerabilities around lack of knowledge or experience with aspects of the system or processes.

1. Clear and concise expectations.
2. Open, honest, collegial environment.
3. Let's have fun!

Learnings from your stories:

Processes and decisions can happen quickly when needed and *if there are errors they can be fixed.*

When working as a team *with everyone treated as equals*, involving programmatic experts and decisions makers, and having one or two people be the leads to move the work along results in progress in a timely manner.

Many times we create our own barriers.

Understanding where there might be hesitancy and working through that.

Although we all had the tech available [responding to COVID 19] required all of us to be as creative as possible.

A shared understanding of our respective mission and values, respect, nonjudgmental, aspirational, making sure that the voices of those we serve are factored in.

Early planning and commitment paved the way for future programming when funding was available.

Varying differences were set aside for rapid decision making, unique solutions and collaboration.

[The project] benefited from clarity of goals and processes.