

To provide comments, feedback, suggestions: Jennifer.rowell@vermont.gov

Think Tank – DAY 3

LISTENING TOUR THEMES AND VISION STATEMENTS WITH SUPPORTING STRATEGIES

COERCION: **HEALTH & WELLNESS**

LISTENING TOUR THEME	VISION STATEMENT WITH SUPPORTING STRATEGIES IDENTIFIED		
<i>THEMATIC AREA OF LISTENING TOUR NOTES HERE</i>	<i>Using education to reduce stigma</i>		
	Short-Term	Mid-Term	Long-Term
	<p>Strategy: Expand MH First Aid throughout the state</p> <p>Steps:</p> <p>Focused community education system to explain how prevalent MH is, finding gaps and how it impacts everyone- could be a good PSA- using professionals to discuss their own experiences</p> <p>Create a series of events using various local community stakeholders to</p>	<p>Strategy: Training curriculum for mental health with health practitioners – influence colleges and universities to discuss the importance of what we are seeing in medical practices</p> <p>Steps:</p> <p>1. start with a conversation a Vermont state college system to see where we can go with having this added to the curriculum.</p> <p>Looking at the ACES work being done in the state and support the</p>	<p>Strategy: Continue to work this going into nationwide curriculums</p> <p>Steps:</p>

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	<p>communicate about mental health from various areas with diverse perspectives – in a neutral location with a standard message</p> <p>Community Forums and events through local schools to help educate parents on teen challenges and issues teens are facing these days</p> <p>Have DA and DMH attend Town Meetings and community events and standing meetings to discuss mental health education</p>	<p>efforts that are being done on a local level.</p> <p>Match the Doula program at WCMHS to help families in pregnancy and the first years of life- a way to follow a whole family. Similar to ECFMH in the other DA's.</p>	
	<i>Increasing Capacity for pathways to services and treatment</i>		
	Short-Term	Mid-Term	Long-Term

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<p>THEMATIC AREA OF LISTENING TOUR NOTES HERE</p>	<p>Strategy: The state working on the current workforce and actively pursuing people from out of state. We need more professionals</p> <p>Steps: Tuition Incentives to keep people here and actively look for out of state candidates</p> <p>Reviewing our service delivery system- Empowerment and choice</p>	<p>Strategy: Peer Supports- embedding that in all aspects of care</p> <p>Steps: Telepsychiatry</p> <p>Social determinants of health = hesitancy of completing screening tools is a concern but it can help with prevention this can be a step toward destigmatizing mental health</p> <p>Access will lead to prevention and ready when you need it.</p>	<p>Strategy: Model of care we deliver has to be different- same day access model which is what the community is seeking.</p> <p>Steps:</p>
	<p>Wellness Center Concept- reduce stigma- increase community inclusion</p>		
	<p>Short-Term</p>	<p>Mid-Term</p>	<p>Long-Term</p>

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<p><i>THEMATIC AREA OF LISTENING TOUR NOTES HERE</i></p>	<p>Strategy:</p> <p>Identify how may DA’s have a space that can be used this way.</p> <p>Develop a list of what elements we want to have for these programs</p> <p>Look into some wellness collaborative models</p> <p>Look for space that is accessible in downtown locations</p>	<p>Strategy:</p> <p>Identify ways to allow access for folks with limited resources and health need – to access these wellness services at a low to no cost</p> <p>Assess what is being discussed in other groups to collaborate (vps AND Alyssum) as a community wellness center</p>	<p>Strategy:</p> <p>Creating the physical locations</p> <p>Conversations with GMCB to discuss the importance of reimbursement for alternative therapies.</p> <p>Discuss collaboration with VDH, Community partners, gaining advocated and support from community stakeholders</p> <p>Possibly BCBS/ OneCare VT Create studies and assessments that can demonstrate the health cost benefits of alternative therapies</p>