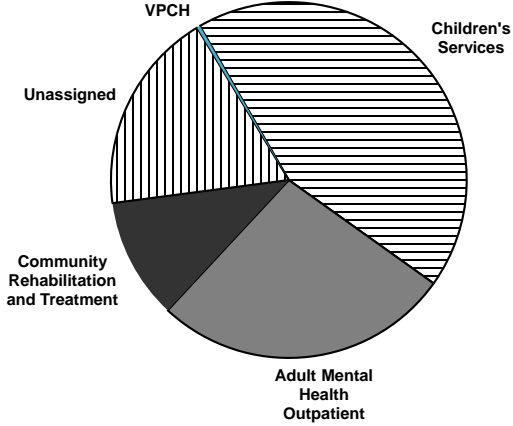


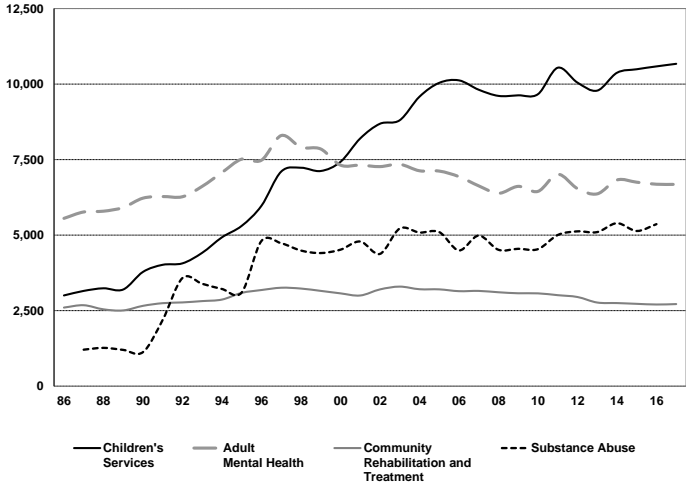
**FY 2016  
Statistical  
Report**

**VERMONT AGENCY OF HUMAN SERVICES  
DEPARTMENT OF MENTAL HEALTH**

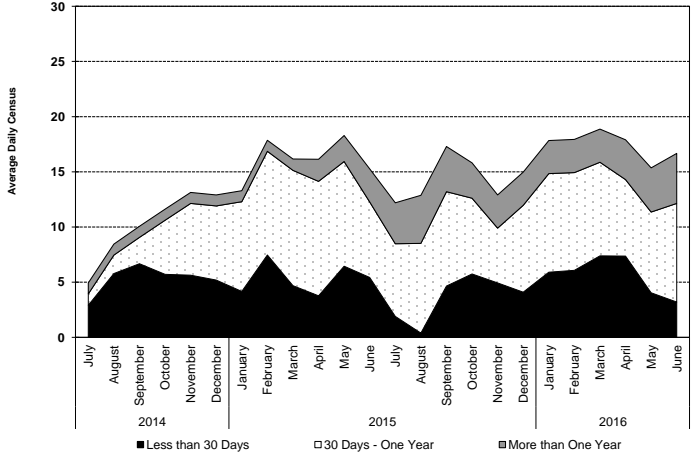
**CLIENTS SERVED  
by Primary Program Assignment  
FY2016**



**COMMUNITY PROGRAMS  
Clients Served per Year  
FY1986 - FY2016**



**VERMONT PSYCHIATRIC CARE HOSPITAL  
FY2014 - FY2016  
Average Daily Census by Length of Stay**





VERMONT AGENCY OF HUMAN SERVICES

DEPARTMENT OF MENTAL HEALTH

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FISCAL YEAR 2016

STATISTICAL REPORT

MARCH 2017

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## INTRODUCTION

The Vermont Department of Mental Health (DMH) Statistical Report presents a systematic, quantitative overview of the clients and services of the Department's service delivery system for FY2016. This report is intended to function as a reference document for administrators, policymakers, and other interested parties. Annual statistical reports have been published since 1985. Together, these reports provide a detailed history of the development of systems of community care for people in need of mental health services and the decline in the amount of publicly funded institutional care.

The report consists of four major statistical sections followed by detailed notes that provide the definitions, methodological specifications, and caveats that are necessary to interpret the statistical results. The first section provides a comparative overview of the major programs. The next two sections provide more detailed descriptions of community service programs and a historical overview of the Vermont State Hospital. The fourth section provides a historical overview of the caseloads of the major community service programs.

The community service data presented in this report were provided by the state's Designated Agencies, and the Vermont Psychiatric Care Hospital (VPCH) inpatient data came directly from the VPCH Treatment Episode Dataset.

All of the data in this report should be considered in light of the detailed notes presented in Part 5. Part 5 provides definitions of terms used in this report as well as cautions that should be observed when interpreting the data. When the data are considered in light of the accompanying notes, they should provide a complete and accurate overview of the clients and activities of designated provider agencies.

Part 1 presents an overview of Vermont's service delivery system. The tables provide data on the number and characteristics (both demographic and clinical) of clients served and a summary of services provided. The major community programs include Children's Services, Adult Mental Health Outpatient, Community Rehabilitation and Treatment, and Emergency Services. This report also includes inpatient services provided by the Vermont Psychiatric Care Hospital (VPCH).

On intake at a designated agency, a client is usually assigned to one program (primary program assignment) although individual clients may receive services from more than one program (program of service). Client demographic and clinical characteristics are presented by last reported primary program assignment. Service data are presented by program of service and record the number of service events.

Part 2 presents a more detailed description of community clients and services in four subsections, one for each community program of service. For each of these programs of service, comparative client data are presented and patterns of service delivery are detailed at the provider level.

Part 3 contains tables regarding individuals who were in the Vermont Psychiatric Care Hospital (VPCH) at any time during FY2016. With the opening of the newly constructed state hospital in FY2015, this section complemented the overall description of state hospital clients and services presented in Part 1 by focusing on patients' legal status, the discharge rates of recently admitted patients, and the length of stay for continuing patients. Information on each of these characteristics is presented by clients' catchment area, age, gender, diagnosis and

type of admission. VPCH opened in July 2014 with a limited number of beds for part of July 2014. The hospital was fully open by August 2015.

Part 4 presents a historical overview of caseloads of the major programs from FY1987 through FY2016, including Children's Services, Adult Mental Health Outpatient, Community Rehabilitation and Treatment, and Substance Abuse.

Copies of this report and the reports for FY1999 forward are available online at <http://mentalhealth.vermont.gov/report/annualstatistical> .

Requests for additional information or analyses may be directed to:

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## ACKNOWLEDGMENTS

This report is the result of the cooperative efforts of individuals in every part of Vermont's mental health service delivery systems. The Department of Mental Health is indebted to all who contributed to the development and maintenance of the data systems that made this report possible.

The Directors of Vermont's designated agencies and institutions have been responsible for the development and maintenance of their respective Management Information Systems. Their support for the accurate accrual of comparable data has been and continues to be essential. The Department of Mental Health thanks the following administrators for their cooperation and support.

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Lorna Mattern (UCS - Bennington)	Dick Courcelle (RMHS - Rutland)
Bob Bick (HC - Chittenden)	George Karabakakis (HCRS - Southeast)
Savi Van Sluytman (LCMH - Lamoille)	Mary Moulton (WCMH - Washington)
D.W. Bouchard (NKHS - Northeast)	Chuck Myers (NFI - Northeastern Family Institute)
Ted Mable (NCSS - Northwest)	

The Management Information System Database Managers at community service provider agencies and institutions worked closely with Department of Mental Health staff throughout the year to ensure the accuracy of and to identify the shortcomings of the data. Even more important, their continuing efforts to ensure accurate and uniform coding of service and client data, to streamline paper flow, and to make their Management Information Systems a useful management tool were essential to the completeness and accuracy of this report. During FY2016, the MIS Database Managers included:

Emily Van De Weert (CSAC)	Deb Hawley (CMC)
Eric Williams (UCS)	Steve Blongy (RMHS)
Laura Pearce (HC)	Warren Sergeant (HCRS)
Troy Metcalf (LCMH)	Shawn Manwaring (WCMH)
Timothy Gould (NKHS)	Kathy Pettengill (NFI)
Chris Kelly (NCSS)	





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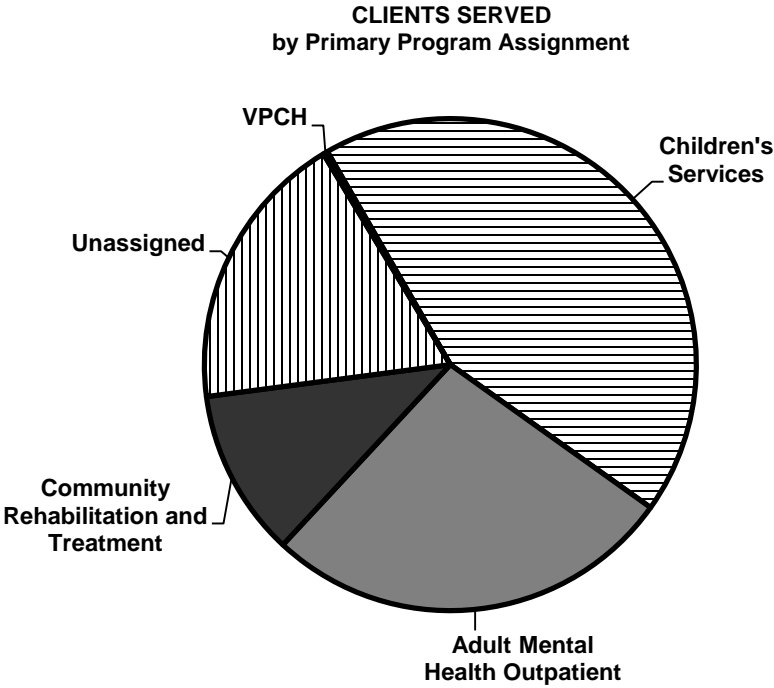
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# Part 1: Overview





**TABLE 1-1**  
**Vermont Agency of Human Services**  
**Department of Mental Health**

**NUMBER OF CLIENTS SERVED**  
**by Clients' Primary Program Assignment and Designated Agency**  
**Fiscal Year 2016**

<u>Designated Agency</u>	<u>Children's Services</u>	<u>Adult MH Outpatient</u>	<u>Community Rehabilitation</u>	<u>Unassigned</u>	<u>VPCH</u>
CSAC (Addison)	913	539	166	42	3
NCSS (Northwest)	1,743	759	229	375	4
HC (Chittenden)	1,872	471	620	1,382	32
LCMH (Lamoille)	296	174	119	140	-
HCRS (Southeast)	1,375	995	374	660	10
NKHS (Northeast)	821	1,015	238	370	6
CMC (Orange)	687	575	164	243	1
RMHS (Rutland)	906	207	267	536	5
UCS (Bennington)	449	649	153	399	4
WCMH (Washington)	1,007	1,169	339	409	8
Northeastern Family Institute	601	-	-	-	-
Pathways	-	128	49	-	-
<b>Total</b>	<b>10,670</b>	<b>6,681</b>	<b>2,718</b>	<b>4,556</b>	<b>73</b>

See notes 1, 2 and 3.

**TABLE 1-2**  
**Vermont Agency of Human Services**  
**Department of Mental Health**

**CLIENTS SERVED PER 1,000 AGE-SPECIFIC POPULATION**  
**by Clients' Primary Program Assignment and Designated Agency**  
**Fiscal Year 2016**

<u>Designated Agency</u>	<u>Children's Services<sup>a</sup></u>	<u>Adult MH Outpatient<sup>b</sup></u>	<u>Community Rehabilitation<sup>b</sup></u>	<u>Unassigned<sup>c</sup></u>	<u>VPCH<sup>b</sup></u>
CSAC (Addison)	140.0	18.0	5.6	1.2	0.1
NCSS (Northwest)	141.0	17.5	5.3	6.7	0.1
HC (Chittenden)	62.8	3.6	4.7	8.6	0.2
LCMH (Lamoille)	45.4	8.7	6.0	5.3	0.0
HCRS (Southeast)	81.1	13.4	5.0	7.2	0.1
NKHS (Northeast)	70.5	19.8	4.6	5.9	0.1
CMC (Orange)	113.5	22.1	6.3	7.6	0.0
RMHS (Rutland)	83.8	4.2	5.5	9.0	0.1
UCS (Bennington)	64.2	22.1	5.2	11.0	0.1
WCMH (Washington)	82.3	22.6	6.6	6.4	0.2
<b><u>Total</u></b>	<b>89.0</b>	<b>13.2</b>	<b>4.3</b>	<b>7.3</b>	<b>0.1</b>

<sup>a</sup> Rate based on child population (age 0-17)

<sup>b</sup> Rate based on adult population (age 18+)

<sup>c</sup> Rate based on total population

See note 1, and particularly notes 2 and 3.



**TABLE 1-3**  
**Vermont Agency of Human Services**  
**Department of Mental Health**

**AGE OF CLIENTS SERVED**  
**by Clients' Primary Program Assignment**  
**Fiscal Year 2016**

	<u>Children's Services</u>	<u>Adult MH Outpatient</u>	<u>Community Rehabilitation</u>	<u>Unassigned</u>	<u>VPCH</u>
<b><u>Age</u></b>					
<b>0-12</b>	<b>56%</b>	<b>0%</b>	<b>-</b>	<b>4%</b>	<b>0%</b>
<b>13-19</b>	<b>40%</b>	<b>3%</b>	<b>1%</b>	<b>14%</b>	<b>1%</b>
<b>20-34</b>	<b>3%</b>	<b>33%</b>	<b>17%</b>	<b>37%</b>	<b>26%</b>
<b>35-49</b>	<b>0%</b>	<b>28%</b>	<b>27%</b>	<b>22%</b>	<b>33%</b>
<b>50-64</b>	<b>0%</b>	<b>24%</b>	<b>42%</b>	<b>17%</b>	<b>34%</b>
<b>65+</b>	<b>0%</b>	<b>12%</b>	<b>14%</b>	<b>7%</b>	<b>5%</b>
<b>Total</b>	<b>100%</b>	<b>100%</b>	<b>100%</b>	<b>100%</b>	<b>100%</b>
<b><u>Age Data Reported</u></b>					
<b>Clients</b>	<b>10,548</b>	<b>6,681</b>	<b>2,718</b>	<b>4,535</b>	<b>73</b>
<b>Percent within Program</b>	<b>99%</b>	<b>100%</b>	<b>100%</b>	<b>100%</b>	<b>100%</b>
<b><u>No Age Data</u></b>					
<b>Clients</b>	<b>122</b>	<b>—</b>	<b>—</b>	<b>21</b>	<b>—</b>
<b>Percent within Program</b>	<b>1%</b>	<b>—</b>	<b>—</b>	<b>0%</b>	<b>—</b>
<b><u>Grand Total</u></b>	<b>10,670</b>	<b>6,681</b>	<b>2,718</b>	<b>4,556</b>	<b>73</b>

See notes 1, 3 and 4.

**TABLE 1-4**  
**Vermont Agency of Human Services**  
**Department of Mental Health**

**GENDER OF CLIENTS SERVED**  
**by Clients' Primary Program Assignment**  
**Fiscal Year 2016**

	<u>Children's Services</u>	<u>Adult MH Outpatient</u>	<u>Community Rehabilitation</u>	<u>Unassigned</u>	<u>VPCH</u>
<b><u>Gender</u></b>					
<b>Male</b>	<b>56%</b>	<b>39%</b>	<b>50%</b>	<b>50%</b>	<b>74%</b>
<b>Female</b>	<b>44%</b>	<b>61%</b>	<b>50%</b>	<b>50%</b>	<b>26%</b>
<b>Total</b>	<b>100%</b>	<b>100%</b>	<b>100%</b>	<b>100%</b>	<b>100%</b>
<b><u>Gender Data Reported</u></b>					
<b>Clients</b>	<b>10,652</b>	<b>6,675</b>	<b>2,712</b>	<b>4,545</b>	<b>72</b>
<b>Percent within Program</b>	<b>100%</b>	<b>100%</b>	<b>100%</b>	<b>100%</b>	<b>99%</b>
<b><u>No Gender Data</u></b>					
<b>Clients</b>	<b>18</b>	<b>6</b>	<b>6</b>	<b>11</b>	<b>1</b>
<b>Percent within Program</b>	<b>0%</b>	<b>0%</b>	<b>0%</b>	<b>0%</b>	<b>1%</b>
<b><u>Grand Total</u></b>	<b>10,670</b>	<b>6,681</b>	<b>2,718</b>	<b>4,556</b>	<b>73</b>

See notes 1 and 3.

**TABLE 1-5**  
**Vermont Agency of Human Services**  
**Department of Mental Health**

**ANNUAL FAMILY INCOME OF CLIENTS SERVED**  
**by Clients' Primary Program Assignment**  
**Fiscal Year 2016**

	<u>Children's Services</u>	<u>Adult Outpatient</u>	<u>Community Rehabilitation</u>	<u>Unassigned</u>	<u>VPCH</u>
<b><u>Income</u></b>					
\$ 1 - 9,999	17%	35%	60%	28%	-
\$10,000 - 19,999	26%	30%	27%	31%	-
\$20,000 - 29,999	19%	13%	7%	15%	-
\$30,000 +	39%	22%	6%	26%	-
<b>Total</b>	<b>100%</b>	<b>100%</b>	<b>100%</b>	<b>100%</b>	<b>-</b>
<b><u>Income Data Reported</u></b>					
Clients	2,715	2,716	936	481	-
Percent within Program	25%	41%	34%	11%	-
<b><u>No Income Data</u></b>					
Clients	7,955	3,965	1,782	4,075	73
Percent within Program	75%	59%	66%	89%	100%
<b><u>Grand Total</u></b>	<b>10,670</b>	<b>6,681</b>	<b>2,718</b>	<b>4,556</b>	<b>73</b>

See notes 1, 3 and 5.

**TABLE 1-6**  
**Vermont Agency of Human Services**  
**Department of Mental Health**

**RESPONSIBILITY FOR FEE OF CLIENTS SERVED**  
**by Clients' Primary Program Assignment**  
**Fiscal Year 2016**

	<u>Children's Services</u>	<u>Adult MH Outpatient</u>	<u>Community Rehabilitation</u>	<u>Unassigned</u>	<u>VPCH</u>
<b><u>Responsibility For Fee</u></b>					
<b>Medicaid</b>	<b>81%</b>	<b>63%</b>	<b>70%</b>	<b>38%</b>	<b>4%</b>
<b>Medicare</b>	<b>0%</b>	<b>23%</b>	<b>53%</b>	<b>11%</b>	<b>3%</b>
<b>Other Insurance</b>	<b>13%</b>	<b>21%</b>	<b>11%</b>	<b>12%</b>	<b>-</b>
<b>State Agency</b>	<b>4%</b>	<b>7%</b>	<b>23%</b>	<b>3%</b>	<b>-</b>
<b>Non-Insured/Unknown</b>	<b>7%</b>	<b>10%</b>	<b>4%</b>	<b>47%</b>	<b>95%</b>
<b>Total</b>	<b>10,670</b>	<b>6,681</b>	<b>2,718</b>	<b>4,556</b>	<b>73</b>

See notes 1, 3 and especially 6.

**TABLE 1-7a**  
**Vermont Agency of Human Services**  
**Department of Mental Health**

**DIAGNOSIS OF CLIENTS SERVED**  
**by Clients' Primary Program Assignment**  
**Fiscal Year 2016**

	<u>Children's Services</u>	<u>Adult MH Outpatient</u>	<u>Community Rehabilitation</u>	<u>Unassigned</u>	<u>VPCH</u>
<b><u>Diagnosis - ICD 9</u></b>					
Organic Brain Syndrome	0%	0%	0%	0%	1%
Schizophrenia & Other Psychoses	1%	0%	1%	1%	21%
Mood Disorders	2%	4%	1%	6%	5%
Anxiety Disorders	4%	4%	1%	2%	3%
Personality Disorders	0%	0%	0%	0%	-
Adjustment Disorders	4%	2%	0%	3%	-
Social Problems	2%	0%	-	0%	-
Substance-Related Disorder	0%	1%	1%	3%	3%
Children's Disorders	3%	0%	0%	0%	-
Other Psychological Disorders	0%	0%	-	0%	-
Intellectual Disability	0%	0%	0%	0%	-
<b><u>Diagnostic Data Reported</u></b>					
Clients	9,181	6,236	2,659	3,434	73
Percent within Program	86%	93%	98%	75%	100%
<b><u>No Diagnostic Data</u></b>					
Clients	1,489	445	59	1,122	0
Percent within Program	14%	7%	2%	25%	0%
<b><u>Grand Total</u></b>	<b>10,670</b>	<b>6,681</b>	<b>2,718</b>	<b>4,556</b>	<b>73</b>

See notes 1, 3 and 7. Includes all primary and secondary DSM IV diagnoses.

**TABLE 1-7b**  
**Vermont Agency of Human Services**  
**Department of Mental Health**

**DIAGNOSIS OF CLIENTS SERVED**  
**by Clients' Primary Program Assignment**  
**Fiscal Year 2016**

	<u>Children's Services</u>	<u>Adult MH Outpatient</u>	<u>Community Rehabilitation</u>	<u>Unassigned</u>	<u>VPCH</u>
<b><u>Diagnosis - ICD 10</u></b>					
Physiological Conditions	0%	2%	1%	1%	4%
Psychoactive Substance Use	3%	20%	30%	24%	1%
Schizophrenia Other Non-Mood Psychotic Disorders	0%	4%	50%	7%	1%
Mood [Affective] Disorders	16%	48%	39%	37%	71%
Anxiety and Other Nonpsychotic Mental Disorders	56%	52%	29%	42%	15%
Behavioral Syndromes	0%	1%	1%	0%	7%
Disorders of Adult Personality and Behavior	1%	7%	18%	4%	-
Intellectual Disabilities	3%	1%	2%	1%	1%
Pervasive and Specific Developmental Disorders	9%	1%	1%	1%	-
Behavioral Emotional Disorders/Childhood Adolescence	27%	7%	3%	3%	1%
Unspecified Mental Disorder	0%	0%	0%	0%	-
<b><u>Diagnostic Data Reported</u></b>					
Clients	9,181	6,236	2,659	3,434	73
Percent within Program	86%	93%	98%	75%	100%
<b><u>No Diagnostic Data</u></b>					
Clients	1,489	445	59	1,122	0
Percent within Program	14%	7%	2%	25%	0%
<b><u>Grand Total</u></b>	<b>10,670</b>	<b>6,681</b>	<b>2,718</b>	<b>4,556</b>	<b>73</b>

See notes 1, 3 and 7. Includes all primary and secondary DSM IV diagnoses.

**TABLE 1-8**  
**Vermont Agency of Human Services**  
**Department of Mental Health**

**PROBLEMS OF CLIENTS SERVED**  
**by Clients' Primary Program Assignment**  
**Fiscal Year 2016**

	<u>Children's Services</u>	<u>Adult MH Outpatient</u>	<u>Community Rehabilitation</u>	<u>Unassigned</u>	<u>VPCH</u>
<b><u>Problem Area</u></b>					
Mood Disorders	40%	76%	48%	40%	-
Thought Disorders	6%	13%	32%	11%	-
Eating Disorders	4%	7%	9%	3%	-
Medical Somatic	15%	33%	24%	11%	-
Alcohol Abuse	2%	14%	15%	13%	-
Drug Abuse	5%	16%	13%	12%	-
Suicidal Tendencies	11%	16%	18%	22%	-
Problems in Daily Living	66%	66%	44%	34%	-
Social/Interpersonal	61%	48%	39%	24%	-
Marital/Family	53%	50%	30%	23%	-
Runaway	7%	1%	3%	2%	-
Criminal	4%	14%	10%	6%	-
Victim	16%	26%	14%	8%	-
<b><u>Problem Data Reported</u></b>					
Clients	9,485	6,199	1,774	2,378	-
Percent within Program	89%	93%	65%	52%	-
<b><u>No Problem Data</u></b>					
Clients	1,185	482	944	2,178	73
Percent within Program	11%	7%	35%	48%	100%
<b><u>Grand Total</u></b>	<b>10,670</b>	<b>6,681</b>	<b>2,718</b>	<b>4,556</b>	<b>73</b>

See notes 1, 3 and 8.

**TABLE 1-9**  
**Vermont Agency of Human Services**  
**Department of Mental Health**

**LENGTH OF STAY OF CLIENTS SERVED**  
**by Clients' Primary Program Assignment**  
**Fiscal Year 2016**

	<u>Children's Services</u>	<u>Adult MH Outpatient</u>	<u>Community Rehabilitation</u>	<u>Unassigned</u>	<u>VPCH</u>
<b><u>Year of Admission</u></b>					
Current Fiscal	38%	45%	6%	80%	70%
Previous Fiscal	23%	20%	10%	10%	26%
3 - 5 Years Earlier	27%	18%	18%	5%	4%
6 - 10 Years Earlier	9%	9%	22%	2%	-
11+ Years Earlier	2%	8%	45%	3%	-
<b><u>Length of Stay Data Reported</u></b>					
Clients	10,597	6,621	2,703	4,255	73
Percent within Program	99%	99%	99%	93%	100%
<b><u>No Length of Stay Data</u></b>					
Clients	73	60	15	301	-
Percent within Program	1%	1%	1%	7%	-
<b><u>Grand Total</u></b>	<b>10,670</b>	<b>6,681</b>	<b>2,718</b>	<b>4,556</b>	<b>73</b>

See notes 1, 3 and 9.



**TABLE 1-10**  
**Vermont Agency of Human Services**  
**Department of Mental Health**

**CLINICAL INTERVENTIONS**  
**by Program of Service**  
**Fiscal Year 2016**

	<u>Children's Services</u>	<u>Adult MH Outpatient</u>	<u>Community Rehabilitation</u>	<u>Emergency</u>	<u>VPCH</u>
<b><u>Total</u></b>					
<b>Clients Served</b>	11,333	7,988	2,897	6,225	73
<b>Number of Nonresidential Services</b>	581,037	104,969	358,145	24,646	-
<b><u>Clients Receiving Clinical Interventions</u></b>					
<b>Clients</b>	6,322	6,803	2,534	716	-
<b>Percent within Program</b>	56%	85%	87%	12%	-
<b><u>Number of Clinical Interventions</u></b>					
<b>Services</b>	66,970	65,081	44,220	2,769	-
<b>Percent within Program</b>	12%	62%	12%	11%	-
<b><u>Clinical Interventions per Client</u></b>					
<b>Average</b>	11	10	17	4	-

See notes 1, 3 and 10.

**TABLE 1-10a**  
**Vermont Agency of Human Services**  
**Department of Mental Health**

**INDIVIDUAL, FAMILY, AND GROUP THERAPY**  
**by Program of Service**  
**Fiscal Year 2016**

	<u>Children's Services</u>	<u>Adult MH Outpatient</u>	<u>Community Rehabilitation</u>	<u>Emergency</u>	<u>VPCH</u>
<b><u>Total</u></b>					
<b>Clients Served</b>	11,333	7,988	2,897	6,225	73
<b>Number of Nonresidential Services</b>	581,037	104,969	358,145	24,646	-
<b><u>Clients Receiving Therapy</u></b>					
<b>Clients</b>	4,003	4,362	1,019	189	-
<b>Percent within Program</b>	35%	55%	35%	3%	-
<b><u>Number of Therapy Sessions</u></b>					
<b>Services</b>	55,189	49,342	18,882	1,420	-
<b>Percent within Program</b>	9%	47%	5%	6%	-
<b><u>Therapy Sessions per Client</u></b>					
<b>Average</b>	14	11	19	8	-

See notes 1, 3 and 10.

**TABLE 1-10b**  
**Vermont Agency of Human Services**  
**Department of Mental Health**

**MEDICATION AND MEDICAL SUPPORT AND CONSULTATION SERVICES**  
**by Program of Service**  
**Fiscal Year 2016**

	<u>Children's Services</u>	<u>Adult MH Outpatient</u>	<u>Community Rehabilitation</u>	<u>Emergency</u>	<u>VPCH</u>
<b><u>Total</u></b>					
Clients Served	11,333	7,988	2,897	6,225	73
Number of Nonresidential Services	581,037	104,969	358,145	24,646	-
<b><u>Clients Receiving Medication Services</u></b>					
Clients	1,344	2,444	2,357	195	-
Percent within Program	12%	31%	81%	3%	-
<b><u>Number of Medication Services</u></b>					
Services	7,144	11,824	24,657	797	-
Percent within Program	1%	11%	7%	3%	-
<b><u>Medication Services per Client</u></b>					
Average	5	5	10	4	-

See notes 1, 3 and 10.

**TABLE 1-10c**  
**Vermont Agency of Human Services**  
**Department of Mental Health**

**CLINICAL ASSESSMENT SERVICES**  
**by Program of Service**  
**Fiscal Year 2016**

	<u>Children's Services</u>	<u>Adult MH Outpatient</u>	<u>Community Rehabilitation</u>	<u>Emergency</u>	<u>VPCH</u>
<b><u>Total</u></b>					
<b>Clients Served</b>	11,333	7,988	2,897	6,225	73
<b>Number of Nonresidential Services</b>	581,037	104,969	358,145	24,646	-
<b><u>Clients Receiving Clinical Assessment</u></b>					
<b>Clients</b>	3,742	3,372	639	446	-
<b>Percent within Program</b>	33%	42%	22%	7%	-
<b><u>Number of Clinical Assessments</u></b>					
<b>Services</b>	4,637	3,915	681	552	-
<b>Percent within Program</b>	1%	4%	0%	2%	-
<b><u>Clinical Assessments per Client</u></b>					
<b>Average</b>	1	1	1	1	-

See notes 1, 3 and 10.

**TABLE 1-11**  
**Vermont Agency of Human Services**  
**Department of Mental Health**

**DAY SERVICES**  
**by Program of Service**  
**Fiscal Year 2016**

	<u>Children's Services</u>	<u>Adult MH Outpatient</u>	<u>Community Rehabilitation</u>	<u>Emergency</u>	<u>VPCH</u>
<b><u>Total</u></b>					
<b>Clients Served</b>	11,333	7,988	2,897	6,225	73
<b>Number of Nonresidential Services</b>	581,037	104,969	358,145	24,646	-
<b><u>Clients Receiving Day Services</u></b>					
<b>Clients</b>	-	13	472	-	-
<b>Percent within Program</b>	-	0%	16%	-	-
<b><u>Number of Day Services</u></b>					
<b>Services</b>	-	100	20,807	-	-
<b>Percent within Program</b>	-	0%	6%	-	-
<b><u>Day Services per Client</u></b>					
<b>Average</b>	-	8	44	-	-

See notes 1, 3 and 11.

**TABLE 1-12**  
**Vermont Agency of Human Services**  
**Department of Mental Health**

**SERVICE PLANNING AND COORDINATION**  
**by Program of Service**  
**Fiscal Year 2016**

	<u>Children's Services</u>	<u>Adult MH Outpatient</u>	<u>Community Rehabilitation</u>	<u>Emergency</u>	<u>VPCH</u>
<b><u>Total</u></b>					
Clients Served	11,333	7,988	2,897	6,225	73
Number of Nonresidential Services	581,037	104,969	358,145	24,646	-
<b><u>Clients Receiving Service Planning and Coordination Services</u></b>					
Clients	7,531	2,016	2,591	637	-
Percent within Program	66%	25%	89%	10%	-
<b><u>Service Planning and Coordination Services</u></b>					
Services	122,302	13,573	62,903	1,952	-
Percent within Program	21%	13%	18%	8%	-
<b><u>Service Planning and Coordination Services per Client</u></b>					
Average	16	7	24	3	-

See notes 1, 3 and 12.

**TABLE 1-13**  
**Vermont Agency of Human Services**  
**Department of Mental Health**

**COMMUNITY SUPPORTS**  
**by Program of Service**  
**Fiscal Year 2016**

	<u>Children's Services</u>	<u>Adult MH Outpatient</u>	<u>Community Rehabilitation</u>	<u>Emergency</u>	<u>VPCH</u>
<b><u>Total</u></b>					
<b>Clients Served</b>	11,333	7,988	2,897	6,225	73
<b>Number of Nonresidential Services</b>	581,037	104,969	358,145	24,646	-
<b><u>Clients Receiving Community Supports</u></b>					
<b>Clients</b>	8,493	3,070	2,680	1,277	-
<b>Percent within Program</b>	75%	38%	93%	21%	-
<b><u>Number of Community Supports</u></b>					
<b>Services</b>	378,473	25,894	205,567	7,306	-
<b>Percent within Program</b>	65%	25%	57%	30%	-
<b><u>Community Supports per Client</u></b>					
<b>Average</b>	45	8	77	6	-

See notes 1, 3 and 13.

**TABLE 1-14**  
**Vermont Agency of Human Services**  
**Department of Mental Health**

**EMPLOYMENT SERVICES**  
**by Program of Service**  
**Fiscal Year 2016**

	<u>Children's Services</u>	<u>Adult MH Outpatient</u>	<u>Community Rehabilitation</u>	<u>Emergency</u>	<u>VPCH</u>
<b><u>Total</u></b>					
Clients Served	11,333	7,988	2,897	6,225	73
Number of Nonresidential Services	581,037	104,969	358,145	24,646	-
<b><u>Clients Receiving Employment Services</u></b>					
Clients	296	1	774	-	-
Percent within Program	3%	0%	27%	-	-
<b><u>Number of Employment Services</u></b>					
Services	3,260	2	14,144	-	-
Percent within Program	1%	0%	4%	-	-
<b><u>Employment Services per Client</u></b>					
Average	11	2	18	-	-

See notes 1, 3 and 14.



TABLE 1-15a  
Vermont Agency of Human Services  
Department of Mental Health

EMERGENCY/CRISIS ASSESSMENT, SUPPORT AND REFERRAL  
by Program of Service  
Fiscal Year 2016

	<u>Children's Services</u>	<u>Adult MH Outpatient</u>	<u>Community Rehabilitation</u>	<u>Emergency</u>	<u>VPCH</u>
<b><u>Total</u></b>					
Clients Served	11,333	7,988	2,897	6,225	73
Number of Nonresidential Services	581,037	104,969	358,145	24,646	-
<b><u>Clients Receiving Emergency/Crisis Services</u></b>					
Clients	1,558	225	842	5,114	-
Percent within Program	14%	3%	29%	82%	-
<b><u>Number of Emergency/Crisis Services</u></b>					
Services	4,922	319	6,312	12,619	-
Percent within Program	1%	0%	2%	51%	-
<b><u>Emergency/Crisis Services per Client</u></b>					
Average	3	1	7	2	-

See notes 1, 3 and 15.

TABLE 1-15b  
Vermont Agency of Human Services  
Department of Mental Health

EMERGENCY/CRISIS BEDS  
by Program of Service  
Fiscal Year 2016

	<u>Children's Services</u>	<u>Adult MH Outpatient</u>	<u>Community Rehabilitation</u>	<u>Emergency</u>	<u>VPCH</u>
<b><u>Total</u></b>					
Clients Served	11,333	7,988	2,897	6,225	73
<b><u>Clients Receiving Crisis Emergency Beds</u></b>					
Clients	264	36	352	274	-
Percent within Program	2%	0%	12%	4%	-
<b><u>Days of Crisis Emergency Bed Services</u></b>					
Number	3,198	155	6,589	2,032	-
<b><u>Emergency Bed Services Days per Client</u></b>					
Average	12	4	19	7	-

See notes 1, 3 and 15.

**TABLE 1-16**  
**Vermont Agency of Human Services**  
**Department of Mental Health**

**HOUSING AND HOME SUPPORTS**  
**by Program of Service**  
**Fiscal Year 2016**

	<u>Children's Services</u>	<u>Adult MH Outpatient</u>	<u>Community Rehabilitation</u>	<u>Emergency</u>	<u>VPCH</u>
<b><u>Total</u></b>					
<b>Clients Served</b>	11,333	7,988	2,897	6,225	73
<b><u>Clients Receiving Housing Services</u></b>					
<b>Number</b>	169	22	253	59	73
<b>Percent within Program</b>	1%	0%	9%	1%	100%
<b><u>Days of Housing Services</u></b>					
<b>Number</b>	32,049	2,960	56,479	6,279	8,154
<b><u>Housing Service Days per Client</u></b>					
<b>Average</b>	190	135	223	106	112

See notes 1, 3 and 16.

**TABLE 1-17**  
**Vermont Agency of Human Services**  
**Department of Mental Health**

**CONDITION OF CLIENTS ON TERMINATION OF SERVICES**  
**by Clients' Primary Program Assignment**  
**Fiscal Year 2016**

	<u>Children's Services</u>	<u>Adult MH Outpatient</u>	<u>Community Rehabilitation</u>	<u>Unassigned</u>	<u>VPCH</u>
<b><u>Condition on Termination</u></b>					
Improved	71%	48%	25%	8%	-
Unchanged	26%	48%	68%	90%	-
Worse	3%	5%	7%	2%	-
Total	100%	100%	100%	100%	-
<b><u>Condition on Termination Data Reported</u></b>					
Number	976	375	99	611	-
Percent of Discharged Clients	81%	68%	77%	86%	-
<b><u>No Condition on Termination Data</u></b>					
Number	236	174	29	101	-
Percent of Discharged Clients	19%	32%	23%	14%	-
<b><u>Total Discharges</u></b>					
Number	1,212	549	128	712	-
Discharge Rate (% of all Clients)	11%	8%	5%	16%	-

See notes 1, 3 and especially 18.

## Part 2: Community Programs

**COMMUNITY PROGRAMS**  
**Total Caseload by Agency**  
**FY2016**

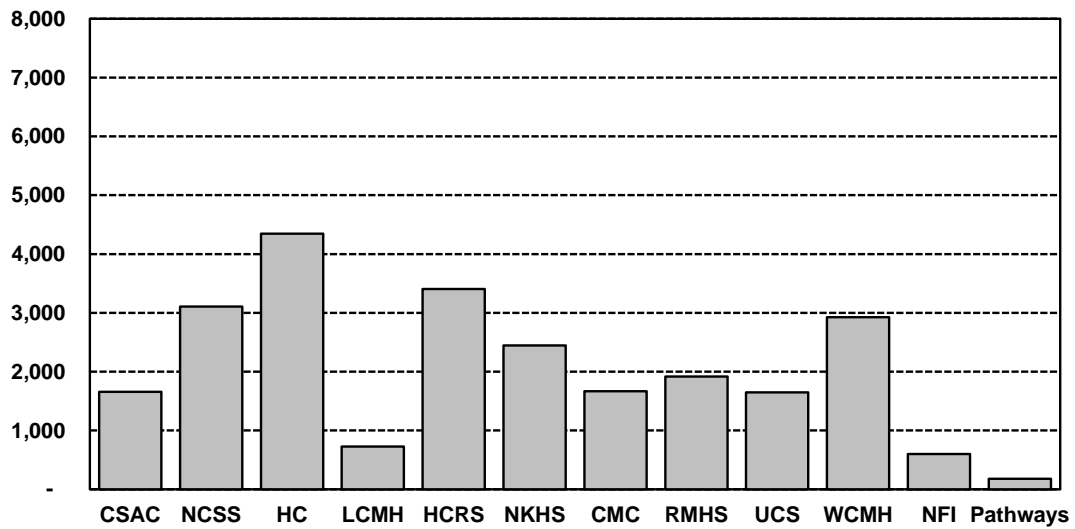




TABLE 2-1  
 Vermont Agency of Human Services  
 Department of Mental Health

**PROGRAM OF SERVICE OF CLIENTS**  
 Who Were Served Each Month by  
 Designated Agencies  
 Fiscal Year 2016

<u>Month</u>	<u>Program of Service</u>				<u>Total</u>
	<u>Children's Services</u>	<u>Adult MH Outpatient</u>	<u>Community Rehabilitation</u>	<u>Emergency Services</u>	
July	5,401	3,183	2,387	1,007	11,978
August	5,567	3,061	2,344	1,000	11,972
September	6,271	3,189	2,326	995	12,781
October	6,354	3,051	2,381	933	12,719
November	6,032	2,931	2,316	908	12,187
December	6,497	3,067	2,392	864	12,820
January	6,689	2,999	2,351	867	12,906
February	6,750	2,983	2,360	811	12,904
March	6,947	3,157	2,383	930	13,417
April	6,787	3,036	2,377	865	13,065
May	6,745	3,079	2,379	831	13,034
June	6,048	3,053	2,354	764	12,219
Monthly Average	6,341	3,066	2,363	898	12,667

Clients served by more than one program of service during the fiscal year have been counted toward the number of clients served by each program, but only once toward the overall total.

See notes 1 and 3.

TABLE 2-2  
Vermont Agency of Human Services  
Department of Mental Health

**PRIMARY PROGRAM ASSIGNMENT OF CLIENTS**  
Who Were Served Each Month by  
Designated Agencies  
Fiscal Year 2016

Primary Program Assignment					
<u>Month</u>	<u>Children's Services</u>	<u>Adult MH Outpatient</u>	<u>Community Rehabilitation</u>	<u>Unassigned</u>	<u>Total</u>
July	5,128	2,965	2,338	1,082	11,513
August	5,278	2,817	2,309	1,146	11,550
September	5,930	2,955	2,300	1,265	12,450
October	5,975	2,825	2,328	1,332	12,460
November	5,791	2,784	2,271	807	11,653
December	6,260	2,901	2,317	822	12,300
January	6,416	2,884	2,281	876	12,457
February	6,471	2,870	2,280	803	12,424
March	6,720	3,032	2,302	725	12,779
April	6,596	2,944	2,284	698	12,522
May	6,532	2,971	2,303	687	12,493
June	5,863	2,880	2,327	677	11,747
Monthly Average	6,080	2,902	2,303	910	12,196

See notes 1 and 3.



TABLE 2-3  
Vermont Agency of Human Services  
Department of Mental Health

**AGE AND GENDER OF CLIENTS SERVED**  
Community Service Providers  
Designated Agencies  
Fiscal Year 2016

	Clients Served	Age							Gender	
		0 - 6	7 - 12	13 - 19	20 - 34	35 - 49	50 - 64	65 +	Male	Female
OVERALL	24,625	9%	16%	21%	19%	15%	14%	6%	50%	50%
<u>Designated Agency</u>										
CSAC (Addison)	1,660	13%	18%	22%	17%	10%	13%	7%	48%	52%
NCSS (Northwest)	3,106	16%	20%	21%	16%	12%	10%	5%	51%	49%
HC (Chittenden)	4,345	9%	18%	23%	19%	14%	12%	5%	53%	47%
LCMH (Lamoille)	729	6%	17%	19%	20%	16%	18%	3%	52%	48%
HCRS (Southeast)	3,404	9%	15%	18%	23%	15%	15%	6%	49%	51%
NKHS (Northeast)	2,444	6%	14%	17%	19%	18%	20%	7%	49%	51%
CMC (Orange)	1,669	5%	16%	21%	20%	16%	16%	5%	48%	52%
RMHS (Rutland)	1,916	6%	17%	22%	18%	13%	15%	9%	56%	44%
UCS (Bennington)	1,650	4%	10%	19%	23%	19%	18%	9%	44%	56%
WCMH (Washington)	2,924	7%	12%	16%	22%	18%	16%	8%	47%	53%
Northeastern Family Institute	601	27%	21%	51%	-	-	-	-	45%	55%
Pathways	177	-	-	-	22%	37%	34%	7%	58%	42%

See notes 2, 3 and 4.

TABLE 2-4  
Vermont Agency of Human Services  
Department of Mental Health

**RESPONSIBILITY FOR FEE OF CLIENTS SERVED**  
Designated Agencies  
Fiscal Year 2016

	Total Clients Served	Responsibility for Fee				
		Medicaid	Medicare	Other Insurance	State Agency	Unknown/ Uninsured
OVERALL	24,625	66%	14%	15%	7%	15%
<u>Designated Agency</u>						
CSAC (Addison)	1,660	56%	14%	21%	0%	10%
NCSS (Northwest)	3,106	59%	12%	11%	-	17%
HC (Chittenden)	4,345	58%	10%	13%	1%	34%
LCMH (Lamoille)	729	86%	14%	11%	-	5%
HCRS (Southeast)	3,404	73%	16%	13%	14%	13%
NKHS (Northeast)	2,444	78%	11%	11%	-	12%
CMC (Orange)	1,669	62%	10%	19%	5%	15%
RMHS (Rutland)	1,916	83%	22%	22%	7%	5%
UCS (Bennington)	1,650	63%	23%	19%	16%	10%
WCMH (Washington)	2,924	75%	20%	16%	12%	7%
Northeastern Family Institute	601	35%	-	9%	54%	4%
Pathways	177	100%	-	-	-	-

See notes 2, 3 and especially 6.

TABLE 2-5a  
Vermont Agency of Human Services  
Department of Mental Health

**DIAGNOSIS OF CLIENTS SERVED**

Designated Agencies  
Fiscal Year 2016

<u>ICD 9</u>	<i>Total Clients Served</i>	<i>No Dx Data</i>	<i>Organic Brain Syndrome</i>	<i>Schizophrenia and other Psychoses</i>	<i>Mood Disorder</i>	<i>Anxiety Disorder</i>	<i>Personality Disorder</i>	<i>Adjustment Disorder</i>	<i>Social Problem</i>	<i>Substance-Related Disorder</i>	<i>Child Non-Psychotic</i>	<i>Other DSM Disorder</i>	<i>Developmental Disorder</i>	<u>Reported N</u>
OVERALL	24,625	13%	0%	1%	3%	3%	0%	3%	1%	1%	1%	0%	0%	21,510
<u>Designated Agency</u>														
CSAC (Addison)	1,660	19%	0%	0%	1%	1%	-	1%	0%	0%	0%	0%	0%	1,338
NCSS (Northwest)	3,106	20%	-	0%	2%	1%	0%	3%	1%	0%	1%	0%	0%	2,479
HC (Chittenden)	4,345	17%	0%	1%	3%	3%	0%	3%	2%	2%	2%	0%	0%	3,585
LCMH (Lamoille)	729	2%	-	-	1%	1%	-	1%	-	0%	1%	-	-	716
HCRS (Southeast)	3,404	15%	0%	0%	3%	1%	0%	1%	1%	1%	0%	0%	0%	2,879
NKHS (Northeast)	2,444	3%	-	0%	0%	1%	0%	1%	0%	0%	0%	0%	-	2,374
CMC (Orange)	1,669	14%	0%	1%	8%	11%	1%	13%	1%	3%	3%	2%	0%	1,443
RMHS (Rutland)	1,916	7%	1%	1%	9%	5%	1%	4%	2%	3%	2%	0%	0%	1,783
UCS (Bennington)	1,650	2%	0%	0%	3%	3%	0%	3%	0%	2%	1%	0%	0%	1,619
WCMH (Washington)	2,924	4%	0%	0%	2%	1%	0%	2%	0%	1%	1%	0%	0%	2,809
Northeastern Family Institute	601	49%	-	4%	17%	41%	2%	3%	2%	1%	21%	1%	1%	309
Pathways	177	1%	-	1%	1%	1%	-	-	-	2%	-	-	-	176

As clients may have as many as four diagnoses reported, diagnostic groups do not represent an unduplicated count of clients served.

See notes 2, 3 and 7.

TABLE 2-5b  
Vermont Agency of Human Services  
Department of Mental Health

**DIAGNOSIS OF CLIENTS SERVED**

Designated Agencies  
Fiscal Year 2016

<u>ICD 10</u>	<i>Total Clients Served</i>	<i>No Dx Data</i>	<i>Physiological Conditions</i>	<i>Psychoactive Substance Use</i>	<i>Schizophrenia Non-Mood Psych Disorders</i>	<i>Mood Disorders</i>	<i>Anxiety Other Nonpsy Mental Disorders</i>	<i>Behavioral Syndromes</i>	<i>Disorders of Adult Personality and Behavior</i>	<i>Intellectual Disabilities</i>	<i>Pervasive Specific Dev Disorders</i>	<i>Beh Emotion Disorder/Child Adol</i>	<i>Unspecified Mental Disorder</i>	<u>Reported N</u>
OVERALL	24,625	13%	1%	15%	9%	31%	49%	1%	5%	2%	4%	14%	0%	21,510
<u>Designated Agency</u>														
CSAC (Addison)	1,660	19%	1%	9%	6%	35%	49%	1%	3%	2%	6%	13%	-	1,338
NCSS (Northwest)	3,106	20%	1%	13%	4%	23%	59%	1%	5%	2%	6%	18%	-	2,479
HC (Chittenden)	4,345	17%	1%	18%	10%	27%	51%	1%	4%	2%	7%	17%	0%	3,585
LCMH (Lamoille)	729	2%	1%	10%	9%	29%	61%	1%	4%	1%	4%	18%	-	716
HCRS (Southeast)	3,404	15%	1%	17%	10%	40%	43%	1%	5%	2%	4%	15%	0%	2,879
NKHS (Northeast)	2,444	3%	1%	18%	10%	39%	57%	1%	10%	1%	4%	19%	-	2,374
CMC (Orange)	1,669	14%	1%	6%	5%	15%	32%	0%	5%	0%	2%	6%	0%	1,443
RMHS (Rutland)	1,916	7%	1%	17%	11%	33%	38%	0%	6%	2%	2%	14%	2%	1,783
UCS (Bennington)	1,650	2%	3%	16%	7%	36%	57%	1%	9%	1%	2%	12%	-	1,619
WCMH (Washington)	2,924	4%	1%	15%	11%	34%	52%	0%	4%	1%	3%	10%	0%	2,809
Northeastern Family Institute	601	49%	-	5%	-	24%	28%	1%	0%	0%	4%	11%	-	309
Pathways	177	1%	1%	1%	20%	38%	32%	-	3%	-	-	2%	-	176

As clients may have as many as four diagnoses reported, diagnostic groups do not represent an unduplicated count of clients served.

See notes 2, 3 and 7.

TABLE 2-6  
Vermont Agency of Human Services  
Department of Mental Health

**LENGTH OF STAY OF CLIENTS SERVED**

Designated Agencies  
Fiscal Year 2016

	Total Clients Served	No Data	Year of Admission					Reported N
			Current Fiscal Year	Previous Fiscal Year	3 - 5 Years Earlier	6 - 10 Years Earlier	11+ Years Earlier	
OVERALL	24,625	2%	44%	19%	20%	9%	9%	24,176
<u>Designated Agency</u>								
CSAC (Addison)	1,660	1%	27%	21%	28%	12%	12%	1,641
NCSS (Northwest)	3,106	1%	41%	20%	19%	10%	10%	3,078
HC (Chittenden)	4,345	0%	45%	17%	20%	10%	9%	4,340
LCMH (Lamoille)	729	0%	23%	29%	41%	5%	2%	728
HCRS (Southeast)	3,404	1%	55%	15%	14%	8%	7%	3,374
NKHS (Northeast)	2,444	1%	31%	14%	26%	17%	12%	2,431
CMC (Orange)	1,669	15%	36%	24%	26%	8%	6%	1,425
RMHS (Rutland)	1,916	3%	55%	17%	13%	6%	9%	1,866
UCS (Bennington)	1,650	1%	53%	14%	14%	9%	9%	1,633
WCMH (Washington)	2,924	1%	50%	18%	18%	6%	8%	2,882
Northeastern Family Institute	601	0%	55%	19%	18%	7%	0%	601
Pathways	177	0%	1%	97%	1%	1%	-	177

See notes 2, 3 and 9.



## 2A: Children's Services Programs

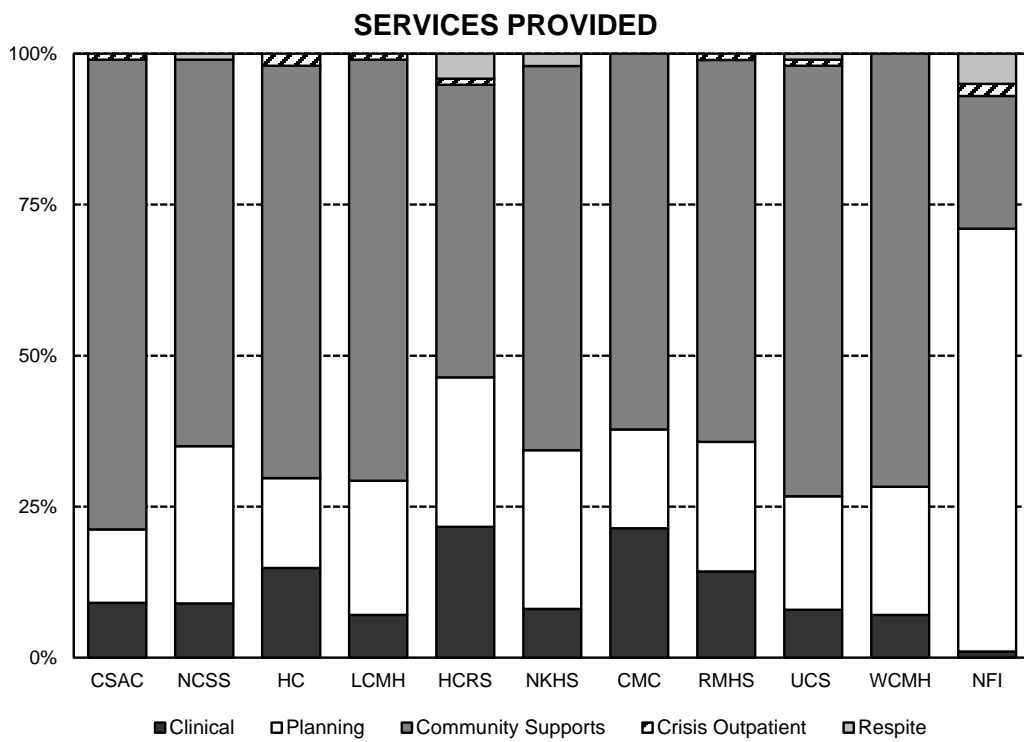






TABLE 2A-1  
Vermont Agency of Human Services  
Department of Mental Health  
**CHILDREN'S SERVICES PROGRAMS**

**AGE AND GENDER OF CLIENTS SERVED**

Designated Agencies  
Fiscal Year 2016

	Clients Served	Age							Gender	
		0 - 6	7 - 12	13 - 19	20 - 34	35 - 49	50 - 64	65 +	Male	Female
OVERALL	10,670	21%	35%	40%	3%	-	-	-	56%	44%
<u>Designated Agency</u>										
CSAC (Addison)	913	24%	32%	38%	6%	-	-	-	52%	48%
NCSS (Northwest)	1,743	28%	35%	33%	5%	-	-	-	59%	41%
HC (Chittenden)	1,872	20%	37%	39%	3%	1%	-	-	58%	42%
LCMH (Lamoille)	296	15%	42%	43%	1%	-	-	-	62%	38%
HCRS (Southeast)	1,375	23%	36%	39%	2%	-	-	-	55%	45%
NKHS (Northeast)	821	16%	40%	41%	3%	-	-	-	61%	39%
CMC (Orange)	687	12%	38%	45%	5%	-	-	-	52%	48%
RMHS (Rutland)	906	14%	39%	44%	3%	-	-	-	59%	41%
UCS (Bennington)	449	13%	33%	48%	6%	-	-	-	56%	44%
WCMH (Washington)	1,007	21%	35%	41%	2%	-	-	-	56%	44%
Northeastern Family Institute	601	27%	21%	51%	-	-	-	-	45%	55%

See notes 2, 3 and 4.

TABLE 2A-2  
Vermont Agency of Human Services  
Department of Mental Health  
**CHILDREN'S SERVICES PROGRAMS**

**RESPONSIBILITY FOR FEE OF CLIENTS SERVED**  
Designated Agencies  
Fiscal Year 2016

	Total Clients Served	Responsibility for Fee				
		Medicaid	Medicare	Other Insurance	State Agency	Unknown/ Uninsured
OVERALL	10,670	81%	0%	13%	4%	7%
<u>Designated Agency</u>						
CSAC (Addison)	913	73%	-	17%	-	10%
NCSS (Northwest)	1,743	73%	0%	10%	-	17%
HC (Chittenden)	1,872	85%	0%	19%	3%	4%
LCMH (Lamoille)	296	94%	-	9%	-	2%
HCRS (Southeast)	1,375	84%	0%	10%	1%	10%
NKHS (Northeast)	821	96%	-	4%	-	3%
CMC (Orange)	687	81%	-	17%	-	5%
RMHS (Rutland)	906	91%	0%	14%	0%	2%
UCS (Bennington)	449	90%	0%	9%	1%	6%
WCMH (Washington)	1,007	89%	-	12%	2%	4%
Northeastern Family Institute	601	35%	-	9%	54%	4%

See notes 2, 3 and especially 6.

TABLE 2A-3a  
Vermont Agency of Human Services  
Department of Mental Health  
**CHILDREN'S SERVICES PROGRAMS**

**DIAGNOSIS OF CLIENTS SERVED**

Designated Agencies

Fiscal Year 2016

ICD 9	Total Clients Served	No Dx Data	Organic Brain Syndrome	Schizophrenia and other Psychoses	Mood Disorder	Anxiety Disorder	Personality Disorder	Adjustment Disorder	Social Problem	Substance-Related Disorder	Child Non-Psychotic	Other DSM Disorder	Developmental Disorder	Reported N
OVERALL	10,670	14%	-	1%	2%	4%	-	4%	2%	-	3%	-	-	9,181
<u>Designated Agency</u>														
CSAC (Addison)	913	28%	-	-	-	-	-	1%	-	-	1%	-	-	661
NCSS (Northwest)	1,743	22%	-	-	-	1%	-	3%	1%	-	1%	-	-	1,352
HC (Chittenden)	1,872	4%	-	1%	3%	4%	-	5%	3%	1%	4%	-	-	1,791
LCMH (Lamoille)	296	1%	-	-	-	1%	-	2%	-	-	1%	-	-	292
HCRS (Southeast)	1,375	19%	-	-	1%	1%	-	1%	3%	-	1%	-	-	1,112
NKHS (Northeast)	821	5%	-	-	-	2%	-	2%	1%	-	1%	-	-	781
CMC (Orange)	687	3%	-	1%	4%	9%	-	17%	2%	1%	6%	-	1%	664
RMHS (Rutland)	906	13%	-	-	6%	5%	-	4%	4%	-	3%	-	-	788
UCS (Bennington)	449	2%	-	-	1%	2%	-	4%	-	-	2%	-	-	442
WCMH (Washington)	1,007	2%	-	1%	1%	1%	-	4%	-	-	3%	-	-	989
Northeastern Family Institute	601	49%	-	4%	17%	41%	2%	3%	2%	1%	21%	1%	1%	309

As clients may have as many as four diagnoses reported, diagnostic groups do not represent an unduplicated count of clients served.

See notes 2, 3 and 7.

TABLE 2A-3b  
Vermont Agency of Human Services  
Department of Mental Health  
**CHILDREN'S SERVICES PROGRAMS**

**DIAGNOSIS OF CLIENTS SERVED**

Designated Agencies

Fiscal Year 2016

ICD 10	Total Clients Served	No Dx Data	Physiological Conditions	Psychoactive Substance Use	Schizophrenia Non-Mood Psych Disorders	Mood Disorders	Anxiety Other Nonpsy Mental Disorders	Behavioral Syndromes	Disorders of Adult Personality and Behavior	Intellectual Disabilities	Pervasive Specific Dev Disorders	Beh Emotion Disorders/Child Adol	Unspecified Mental Disorder	Reported N
OVERALL	10,670	14%	-	3%	-	16%	56%	-	1%	3%	9%	27%	-	9,181
<u>Designated Agency</u>														
CSAC (Addison)	913	28%	-	4%	-	13%	58%	1%	1%	3%	11%	21%	-	661
NCSS (Northwest)	1,743	22%	-	5%	-	9%	62%	-	1%	2%	10%	31%	-	1,352
HC (Chittenden)	1,872	4%	-	4%	-	14%	58%	-	1%	4%	13%	28%	-	1,791
LCMH (Lamoille)	296	1%	-	1%	1%	15%	71%	-	1%	2%	9%	27%	-	292
HCRS (Southeast)	1,375	19%	-	3%	1%	29%	52%	-	2%	4%	8%	33%	-	1,112
NKHS (Northeast)	821	5%	-	2%	1%	14%	60%	-	1%	2%	10%	35%	-	781
CMC (Orange)	687	3%	-	1%	-	7%	40%	-	0%	1%	3%	12%	-	664
RMHS (Rutland)	906	13%	-	2%	1%	26%	50%	-	2%	3%	5%	30%	-	788
UCS (Bennington)	449	2%	2%	2%	-	16%	62%	-	2%	1%	5%	29%	-	442
WCMH (Washington)	1,007	2%	1%	2%	-	13%	61%	-	1%	2%	7%	22%	-	989
Northeastern Family Institute	601	49%	-	5%	-	24%	28%	1%	-	-	4%	11%	-	309

As clients may have as many as four diagnoses reported, diagnostic groups do not represent an unduplicated count of clients served.

See notes 2, 3 and 7.

TABLE 2A-4  
Vermont Agency of Human Services  
Department of Mental Health  
**CHILDREN'S SERVICES PROGRAMS**

**LENGTH OF STAY OF CLIENTS SERVED**  
Designated Agencies  
Fiscal Year 2016

	Total Clients Served	No Data	Year of Admission					Reported N
			Current Fiscal Year	Previous Fiscal Year	3 - 5 Years Earlier	6 - 10 Years Earlier	11+ Years Earlier	
OVERALL	10,670	1%	38%	23%	27%	9%	2%	10,597
<u>Designated Agency</u>								
CSAC (Addison)	913	1%	24%	23%	37%	12%	4%	905
NCSS (Northwest)	1,743	1%	44%	23%	23%	7%	3%	1,728
HC (Chittenden)	1,872	0%	26%	23%	34%	14%	3%	1,868
LCMH (Lamoille)	296	0%	25%	33%	39%	3%	0%	296
HCRS (Southeast)	1,375	1%	45%	21%	22%	10%	2%	1,366
NKHS (Northeast)	821	0%	31%	22%	32%	14%	2%	818
CMC (Orange)	687	1%	36%	28%	28%	6%	1%	678
RMHS (Rutland)	906	1%	46%	26%	21%	7%	1%	898
UCS (Bennington)	449	0%	41%	23%	27%	8%	1%	448
WCMH (Washington)	1,007	2%	46%	23%	26%	4%	1%	991
Northeastern Family Institute	601	0%	55%	19%	18%	7%	0%	601

See notes 2, 3 and 9.

TABLE 2A-5  
Vermont Agency of Human Services  
Department of Mental Health  
**CHILDREN'S SERVICES PROGRAMS**

**CLINICAL INTERVENTIONS**

Designated Agencies

Fiscal Year 2016

	<u>Total Clients Served</u>	<u>Clients Receiving Clinical Interventions Number</u>	<u>Percent</u>	<u>Number of Clinical Interventions</u>	<u>Services as Percentage of all Children's Non- Residential Services</u>	<u>Clinical Interventions Per Client</u>
OVERALL	11,333	6,322	56%	66,970	12%	11
<u>Designated Agency</u>						
CSAC (Addison)	797	446	56%	3,491	9%	8
NCSS (Northwest)	1,780	997	56%	6,226	9%	6
HC (Chittenden)	2,397	1,438	60%	21,564	15%	15
LCMH (Lamoille)	302	164	54%	1,668	7%	10
HCRS (Southeast)	1,449	952	66%	9,905	21%	10
NKHS (Northeast)	877	401	46%	3,607	8%	9
CMC (Orange)	695	557	80%	6,265	21%	11
RMHS (Rutland)	913	582	64%	5,132	14%	9
UCS (Bennington)	466	206	44%	1,471	8%	7
WCMH (Washington)	1,056	566	54%	7,553	7%	13
Northeastern Family Institute	601	13	2%	88	1%	7

See notes 2, 3 and 10.

TABLE 2A-5a  
Vermont Agency of Human Services  
Department of Mental Health  
**CHILDREN'S SERVICES PROGRAMS**

**INDIVIDUAL, FAMILY, AND GROUP THERAPY**  
Designated Agencies  
Fiscal Year 2016

	<u>Total Clients Served</u>	<u>Clients Receiving Therapy Number</u>	<u>Percent</u>	<u>Number of Therapy Sessions</u>	<u>Services as Percentage of all Children's Non- Residential Services</u>	<u>Therapy Sessions Per Client</u>
OVERALL	11,333	4,003	35%	55,189	9%	14
<u>Designated Agency</u>						
CSAC (Addison)	797	333	42%	3,048	8%	9
NCSS (Northwest)	1,780	545	31%	4,601	7%	8
HC (Chittenden)	2,397	972	41%	19,696	13%	20
LCMH (Lamoille)	302	97	32%	1,410	6%	15
HCRS (Southeast)	1,449	630	43%	7,782	17%	12
NKHS (Northeast)	877	227	26%	2,596	6%	11
CMC (Orange)	695	457	66%	5,785	20%	13
RMHS (Rutland)	913	400	44%	4,596	12%	11
UCS (Bennington)	466	119	26%	1,075	6%	9
WCMH (Washington)	1,056	214	20%	4,519	4%	21
Northeastern Family Institute	601	9	1%	81	1%	9

See notes 2, 3 and 10.

TABLE 2A-5b  
Vermont Agency of Human Services  
Department of Mental Health  
**CHILDREN'S SERVICES PROGRAMS**

**MEDICATION AND MEDICAL SUPPORT AND CONSULTATION SERVICES**

Designated Agencies

Fiscal Year 2016

	<u>Total Clients Served</u>	<u>Clients Receiving Medication Services Number</u>	<u>Percent</u>	<u>Number of Medication Services</u>	<u>Services as Percentage of all Children's Non- Residential Services</u>	<u>Medication Services Per Client</u>
OVERALL	11,333	1,344	12%	7,144	1%	5
<u>Designated Agency</u>						
CSAC (Addison)	797	97	12%	279	1%	3
NCSS (Northwest)	1,780	218	12%	817	1%	4
HC (Chittenden)	2,397	216	9%	697	0%	3
LCMH (Lamoille)	302	48	16%	144	1%	3
HCRS (Southeast)	1,449	289	20%	1,489	3%	5
NKHS (Northeast)	877	117	13%	715	2%	6
CMC (Orange)	695	53	8%	176	1%	3
RMHS (Rutland)	913	59	6%	193	1%	3
UCS (Bennington)	466	49	11%	171	1%	3
WCMH (Washington)	1,056	197	19%	2,461	2%	12
Northeastern Family Institute	601	1	0%	2	0%	2

See notes 2, 3 and 10.



TABLE 2A-5c  
Vermont Agency of Human Services  
Department of Mental Health  
**CHILDREN'S SERVICES PROGRAMS**

**CLINICAL ASSESSMENT SERVICES**  
Designated Agencies  
Fiscal Year 2016

	<u>Total Clients Served</u>	<u>Clients Receiving Clinical Assessment Number</u>	<u>Percent</u>	<u>Number of Clinical Assessments</u>	<u>Services as Percentage of all Children's Non- Residential Services</u>	<u>Clinical Assessment Per Client</u>
OVERALL	11,333	3,742	33%	4,637	1%	1
<u>Designated Agency</u>						
CSAC (Addison)	797	152	19%	164	0%	1
NCSS (Northwest)	1,780	745	42%	808	1%	1
HC (Chittenden)	2,397	860	36%	1,171	1%	1
LCMH (Lamoille)	302	92	30%	114	0%	1
HCRS (Southeast)	1,449	576	40%	634	1%	1
NKHS (Northeast)	877	246	28%	296	1%	1
CMC (Orange)	695	287	41%	304	1%	1
RMHS (Rutland)	913	337	37%	343	1%	1
UCS (Bennington)	466	107	23%	225	1%	2
WCMH (Washington)	1,056	337	32%	573	1%	2
Northeastern Family Institute	601	3	0%	5	0%	2

See notes 2, 3 and 10.

TABLE 2A-6  
Vermont Agency of Human Services  
Department of Mental Health  
**CHILDREN'S SERVICES PROGRAMS**

**SERVICE PLANNING AND COORDINATION**

Designated Agencies  
Fiscal Year 2016

	<u>Total Clients Served</u>	<u>Clients Receiving Planning Services Number</u>	<u>Percent</u>	<u>Number of Planning Services</u>	<u>Services as Percentage of all Children's Non- Residential Services</u>	<u>Planning Services Per Client</u>
OVERALL	11,333	7,531	66%	122,302	21%	16
<u>Designated Agency</u>						
CSAC (Addison)	797	348	44%	4,460	12%	13
NCSS (Northwest)	1,780	1,258	71%	18,066	26%	14
HC (Chittenden)	2,397	1,535	64%	21,888	15%	14
LCMH (Lamoille)	302	183	61%	5,110	22%	28
HCRS (Southeast)	1,449	967	67%	10,960	24%	11
NKHS (Northeast)	877	613	70%	11,256	26%	18
CMC (Orange)	695	518	75%	4,799	16%	9
RMHS (Rutland)	913	673	74%	7,813	21%	12
UCS (Bennington)	466	314	67%	3,679	19%	12
WCMH (Washington)	1,056	699	66%	23,456	21%	34
Northeastern Family Institute	601	423	70%	10,815	70%	26

See notes 2, 3 and 12.

TABLE 2A-7  
Vermont Agency of Human Services  
Department of Mental Health  
**CHILDREN'S SERVICES PROGRAMS**

**COMMUNITY SUPPORTS**

Designated Agencies

Fiscal Year 2016

	<u>Total Clients Served</u>	<u>Clients Receiving Support Services Number</u>	<u>Percent</u>	<u>Number of Community Support Services</u>	<u>Services as Percentage of all Children's Non- Residential Services</u>	<u>Support Services Per Client</u>
OVERALL	11,333	8,493	75%	378,473	65%	45
<u>Designated Agency</u>						
CSAC (Addison)	797	584	73%	28,843	77%	49
NCSS (Northwest)	1,780	1,409	79%	44,514	64%	32
HC (Chittenden)	2,397	1,739	73%	102,651	69%	59
LCMH (Lamoille)	302	248	82%	15,831	69%	64
HCRS (Southeast)	1,449	1,100	76%	21,870	47%	20
NKHS (Northeast)	877	747	85%	27,028	63%	36
CMC (Orange)	695	591	85%	17,936	61%	30
RMHS (Rutland)	913	737	81%	23,340	62%	32
UCS (Bennington)	466	388	83%	13,945	72%	36
WCMH (Washington)	1,056	871	82%	79,102	71%	91
Northeastern Family Institute	601	79	13%	3,413	22%	43

See notes 2, 3 and 13.

TABLE 2A-8a  
Vermont Agency of Human Services  
Department of Mental Health  
**CHILDREN'S SERVICES PROGRAMS**

**EMERGENCY/CRISIS ASSESSMENT, SUPPORT AND REFERRAL**

Designated Agencies

Fiscal Year 2016

	<u>Total Clients Served</u>	<u>Clients Receiving Emerg./Crisis Services Number</u>	<u>Percent</u>	<u>Number of Emerg./Crisis Services</u>	<u>Services as Percentage of all Children's Non- Residential Services</u>	<u>Emerg./Crisis Services Per Client</u>
OVERALL	11,333	1,558	14%	4,922	1%	3
<u>Designated Agency</u>						
CSAC (Addison)	797	84	11%	207	1%	2
NCSS (Northwest)	1,780	153	9%	291	0%	2
HC (Chittenden)	2,397	552	23%	2,531	2%	5
LCMH (Lamoille)	302	70	23%	197	1%	3
HCRS (Southeast)	1,449	259	18%	579	1%	2
NKHS (Northeast)	877	1	0%	2	0%	2
CMC (Orange)	695	2	0%	3	0%	1
RMHS (Rutland)	913	176	19%	389	1%	2
UCS (Bennington)	466	67	14%	154	1%	2
WCMH (Washington)	1,056	150	14%	255	0%	2
Northeastern Family Institute	601	44	7%	314	2%	7

See notes 2, 3 and 15.

TABLE 2A-8b  
Vermont Agency of Human Services  
Department of Mental Health  
**CHILDREN'S SERVICES PROGRAMS**

**EMERGENCY/CRISIS BEDS**

Designated Agencies  
Fiscal Year 2016

	<u>Total Clients Served</u>	<u>Clients Receiving Emerg./Crisis Bed Services</u>		<u>Days of Emerg./Crisis Bed Services</u>	<u>Emergency/Crisis Bed Days Per Client</u>
		<u>Number</u>	<u>Percent</u>		
OVERALL	11,333	264	2%	3,198	12
<u>Designated Agency</u>					
CSAC (Addison)	797	-	-	-	-
NCSS (Northwest)	1,780	-	-	-	-
HC (Chittenden)	2,397	95	4%	1,188	13
LCMH (Lamoille)	302	5	2%	42	8
HCRS (Southeast)	1,449	-	-	-	-
NKHS (Northeast)	877	-	-	-	-
CMC (Orange)	695	-	-	-	-
RMHS (Rutland)	913	-	-	-	-
UCS (Bennington)	466	-	-	-	-
WCMH (Washington)	1,056	1	0%	1	1
Northeastern Family Institute	601	163	27%	1,967	12

See notes 2, 3 and 15.

TABLE 2A-9  
Vermont Agency of Human Services  
Department of Mental Health  
**CHILDREN'S SERVICES PROGRAMS**

**HOUSING AND HOME SUPPORTS**

Designated Agencies  
Fiscal Year 2016

	<u>Total Clients Served</u>	<u>Clients Receiving Housing &amp; Home Supports Number</u>	<u>Percent</u>	<u>Days of Housing &amp; Home Support Services</u>	<u>Housing &amp; Home Support Days Per Client</u>
OVERALL	11,333	169	1%	32,049	190
<u>Designated Agency</u>					
CSAC (Addison)	797	-	-	-	-
NCSS (Northwest)	1,780	-	-	-	-
HC (Chittenden)	2,397	30	1%	4,973	166
LCMH (Lamoille)	302	13	4%	1,656	127
HCRS (Southeast)	1,449	2	0%	415	207
NKHS (Northeast)	877	15	2%	2,842	189
CMC (Orange)	695	-	-	-	-
RMHS (Rutland)	913	-	-	-	-
UCS (Bennington)	466	1	0%	111	111
WCMH (Washington)	1,056	53	5%	9,860	186
Northeastern Family Institute	601	55	9%	12,192	222

See notes 2, 3 and 16.

TABLE 2A-10  
Vermont Agency of Human Services  
Department of Mental Health  
**CHILDREN'S SERVICES PROGRAMS**

**RESPITE SERVICES**

Designated Agencies

Fiscal Year 2016

	<u>Total Clients Served</u>	<u>Clients Receiving Respite Services Number</u>	<u>Percent</u>	<u>Number of Respite Services</u>	<u>Services as Percentage of all Children's Non- Residential Services</u>	<u>Respite Services Per Client</u>
OVERALL	11,333	302	3%	5,110	1%	17
<u>Designated Agency</u>						
CSAC (Addison)	797	9	1%	167	0%	19
NCSS (Northwest)	1,780	55	3%	778	1%	14
HC (Chittenden)	2,397	5	0%	11	0%	2
LCMH (Lamoille)	302	9	3%	44	0%	5
HCRS (Southeast)	1,449	104	7%	1,822	4%	18
NKHS (Northeast)	877	33	4%	787	2%	24
CMC (Orange)	695	8	1%	102	0%	13
RMHS (Rutland)	913	11	1%	85	0%	8
UCS (Bennington)	466	11	2%	146	1%	13
WCMH (Washington)	1,056	23	2%	393	0%	17
Northeastern Family Institute	601	34	6%	775	5%	23

See notes 2, 3 and 17.





## 2B: Adult Mental Health Outpatient Programs

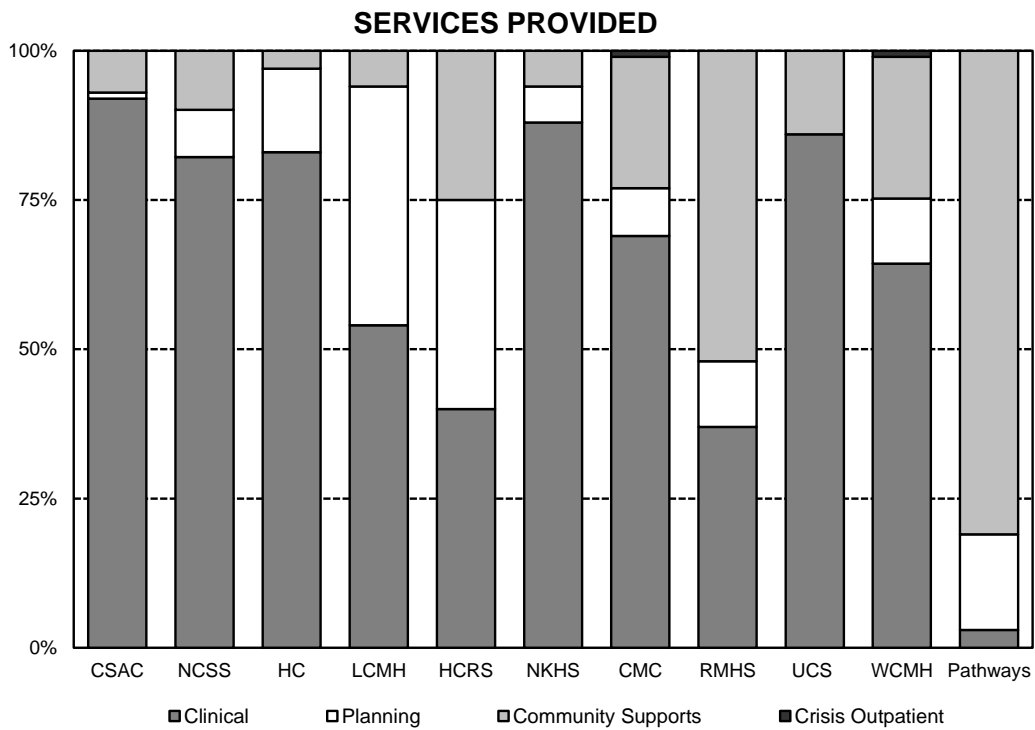




TABLE 2B-1  
Vermont Agency of Human Services  
Department of Mental Health  
**ADULT MENTAL HEALTH OUTPATIENT PROGRAMS**

**AGE AND GENDER OF CLIENTS SERVED**

Designated Agencies  
Fiscal Year 2016

	Clients <u>Served</u>	<u>Age</u>						<u>Gender</u>	
		<u>0 - 12</u>	<u>13 - 19</u>	<u>20 - 34</u>	<u>35 - 49</u>	<u>50 - 64</u>	<u>65 +</u>	<u>Male</u>	<u>Female</u>
OVERALL	6,681	-	3%	33%	28%	24%	12%	39%	61%
<u>Designated Agency</u>									
CSAC (Addison)	539	-	3%	33%	24%	24%	16%	38%	62%
NCSS (Northwest)	759	-	6%	35%	30%	17%	12%	38%	62%
HC (Chittenden)	471	-	3%	36%	27%	22%	12%	43%	57%
LCMH (Lamoille)	174	-	3%	38%	32%	25%	2%	46%	54%
HCRS (Southeast)	995	-	3%	41%	25%	22%	10%	44%	56%
NKHS (Northeast)	1,015	-	1%	27%	29%	31%	11%	37%	63%
CMC (Orange)	575	-	0%	34%	31%	28%	7%	44%	56%
RMHS (Rutland)	207	-	3%	25%	19%	22%	31%	41%	59%
UCS (Bennington)	649	-	2%	31%	30%	25%	12%	34%	66%
WCMH (Washington)	1,169	-	2%	34%	29%	22%	13%	35%	65%
Pathways	128	-	-	20%	37%	37%	5%	54%	46%

See notes 2, 3 and 4

TABLE 2B-2  
Vermont Agency of Human Services  
Department of Mental Health  
**ADULT MENTAL HEALTH OUTPATIENT PROGRAMS**

**RESPONSIBILITY FOR FEE OF CLIENTS SERVED**

Designated Agencies

Fiscal Year 2016

	Total Clients Served	Responsibility for Fee				
		Medicaid	Medicare	Other Insurance	State Agency	Unknown/ Uninsured
OVERALL	6,681	61%	23%	21%	7%	10%
<u>Designated Agency</u>						
CSAC (Addison)	539	32%	24%	33%	0%	11%
NCSS (Northwest)	759	45%	20%	19%	-	17%
HC (Chittenden)	471	61%	27%	28%	1%	6%
LCMH (Lamoille)	174	78%	16%	17%	-	5%
HCRS (Southeast)	995	68%	21%	19%	38%	11%
NKHS (Northeast)	1,015	67%	17%	13%	-	16%
CMC (Orange)	575	61%	20%	30%	0%	5%
RMHS (Rutland)	207	78%	43%	19%	13%	9%
UCS (Bennington)	649	67%	30%	26%	13%	4%
WCMH (Washington)	1,169	71%	26%	21%	0%	6%
Pathways	128	100%	-	-	-	-

See notes 2, 3 and especially 6.

TABLE 2B-3a  
Vermont Agency of Human Services  
Department of Mental Health  
**ADULT MENTAL HEALTH OUTPATIENT PROGRAMS**

**DIAGNOSIS OF CLIENTS SERVED**

Designated Agencies

Fiscal Year 2016

<u>ICD 9</u>	<i>Total Clients Served</i>	<i>No Dx Data</i>	<i>Organic Brain Syndrome</i>	<i>Schizophrenia and other Psychoses</i>	<i>Mood Disorder</i>	<i>Anxiety Disorder</i>	<i>Personality Disorder</i>	<i>Adjustment Disorder</i>	<i>Social Problem</i>	<i>Substance-Related Disorder</i>	<i>Child Non-Psychotic</i>	<i>Other DSM Disorder</i>	<i>Developmental Disorder</i>	<u>Reported N</u>
OVERALL	6,681	7%	-	-	4%	4%	-	2%	-	1%	-	-	-	6,236
<u>Designated Agency</u>														
CSAC (Addison)	539	10%	1%	-	1%	2%	-	-	-	-	-	-	-	484
NCSS (Northwest)	759	7%	-	-	3%	1%	1%	2%	-	-	-	-	-	703
HC (Chittenden)	471	1%	1%	-	8%	8%	1%	4%	-	7%	-	1%	-	465
LCMH (Lamoille)	174	1%	-	-	2%	5%	-	1%	-	-	1%	-	-	173
HCRS (Southeast)	995	19%	1%	-	3%	2%	-	1%	-	1%	-	-	-	807
NKHS (Northeast)	1,015	1%	-	-	1%	1%	-	-	-	-	-	-	-	1,002
CMC (Orange)	575	7%	-	1%	14%	19%	1%	14%	1%	5%	1%	4%	-	533
RMHS (Rutland)	207	5%	2%	1%	11%	7%	1%	5%	-	4%	2%	-	1%	196
UCS (Bennington)	649	1%	-	-	2%	2%	-	1%	-	1%	-	-	-	642
WCMH (Washington)	1,169	6%	-	-	3%	2%	-	1%	-	-	-	-	-	1,104
Pathways	128	1%	-	1%	1%	1%	-	-	-	2%	-	-	-	127

As clients may have as many as four diagnoses reported, diagnostic groups do not represent an unduplicated count of clients served.

See notes 2, 3 and 7.

TABLE 2B-3b  
Vermont Agency of Human Services  
Department of Mental Health  
**ADULT MENTAL HEALTH OUTPATIENT PROGRAMS**

**DIAGNOSIS OF CLIENTS SERVED**

Designated Agencies

Fiscal Year 2016

<u>ICD 10</u>	<i>Total Clients Served</i>	<i>No Dx Data</i>	<i>Physiological Conditions</i>	<i>Psychoactive Substance Use</i>	<i>Schizophrenia Non-Mood Psych Disorders</i>	<i>Mood Disorders</i>	<i>Anxiety Other Nonpsy Mental Disorders</i>	<i>Behavioral Syndromes</i>	<i>Disorders of Adult Personality and Behavior</i>	<i>Intellectual Disabilities</i>	<i>Pervasive Specific Dev Disorders</i>	<i>Beh Emotion Disorders/Child Adol</i>	<i>Unspecified Mental Disorder</i>	<u>Reported N</u>
OVERALL	6,681	7%	2%	20%	4%	48%	52%	1%	7%	1%	1%	7%	-	6,236
<u>Designated Agency</u>														
CSAC (Addison)	539	10%	2%	11%	3%	59%	45%	1%	2%	1%	-	5%	-	484
NCSS (Northwest)	759	7%	1%	19%	3%	44%	62%	1%	9%	1%	1%	4%	-	703
HC (Chittenden)	471	1%	-	32%	2%	41%	57%	1%	3%	-	1%	9%	-	465
LCMH (Lamoille)	174	1%	3%	20%	3%	43%	50%	1%	3%	1%	1%	21%	-	173
HCRS (Southeast)	995	19%	1%	25%	3%	45%	49%	1%	4%	2%	1%	5%	-	807
NKHS (Northeast)	1,015	1%	1%	27%	8%	62%	54%	1%	17%	-	1%	15%	-	1,002
CMC (Orange)	575	7%	1%	4%	2%	19%	24%	-	6%	-	-	1%	-	533
RMHS (Rutland)	207	5%	3%	23%	5%	32%	41%	1%	4%	1%	1%	4%	11%	196
UCS (Bennington)	649	1%	3%	21%	3%	52%	61%	2%	10%	2%	1%	6%	-	642
WCMH (Washington)	1,169	6%	2%	20%	3%	53%	59%	1%	4%	1%	-	1%	-	1,104
Pathways	128	1%	1%	1%	7%	44%	40%	-	2%	-	-	3%	-	127

As clients may have as many as four diagnoses reported, diagnostic groups do not represent an unduplicated count of clients served.

See notes 2, 3 and 7.

TABLE 2B-4  
Vermont Agency of Human Services  
Department of Mental Health  
**ADULT MENTAL HEALTH OUTPATIENT PROGRAMS**

**LENGTH OF STAY OF CLIENTS SERVED**

Designated Agencies

Fiscal Year 2016

	Total Clients Served	No Data	Year of Admission					Reported N
			Current Fiscal Year	Previous Fiscal Year	3 - 5 Years Earlier	6 - 10 Years Earlier	11+ Years Earlier	
OVERALL	6,681	1%	45%	20%	17%	9%	8%	6,621
<u>Designated Agency</u>								
CSAC (Addison)	539	1%	36%	24%	21%	8%	11%	535
NCSS (Northwest)	759	1%	49%	21%	12%	5%	13%	752
HC (Chittenden)	471	0%	51%	21%	19%	4%	5%	470
LCMH (Lamoille)	174	0%	21%	30%	43%	5%	1%	174
HCRS (Southeast)	995	1%	62%	18%	10%	4%	6%	986
NKHS (Northeast)	1,015	1%	24%	7%	29%	24%	16%	1,006
CMC (Orange)	575	1%	45%	26%	21%	5%	3%	571
RMHS (Rutland)	207	1%	60%	21%	9%	4%	5%	205
UCS (Bennington)	649	0%	48%	16%	13%	13%	10%	647
WCMH (Washington)	1,169	2%	54%	19%	17%	6%	3%	1,147
Pathways	128	0%	1%	97%	2%	1%	-	128

See notes 2, 3 and 9.

TABLE 2B-5  
Vermont Agency of Human Services  
Department of Mental Health  
**ADULT MENTAL HEALTH OUTPATIENT SERVICES**

**CLINICAL INTERVENTIONS**

Designated Agencies  
Fiscal Year 2016

	<u>Total Clients Served</u>	<u>Clients Receiving Clinical Interventions Number</u>	<u>Percent</u>	<u>Number of Clinical Interventions</u>	<u>Services as Percentage of all Adult Outpt Non- Residential Services</u>	<u>Clinical Interventions Per Client</u>
OVERALL	7,988	6,803	85%	65,081	62%	10
<u>Designated Agency</u>						
CSAC (Addison)	582	571	98%	5,157	92%	9
NCSS (Northwest)	885	850	96%	7,540	83%	9
HC (Chittenden)	599	554	92%	5,499	83%	10
LCMH (Lamoille)	223	186	83%	1,396	54%	8
HCRS (Southeast)	1,357	795	59%	5,469	40%	7
NKHS (Northeast)	1,175	1,142	97%	9,359	88%	8
CMC (Orange)	745	674	90%	8,513	69%	13
RMHS (Rutland)	258	161	62%	1,175	37%	7
UCS (Bennington)	766	717	94%	7,707	86%	11
WCMH (Washington)	1,263	1,042	83%	12,873	65%	12
Pathways	135	111	82%	393	3%	4

See notes 2, 3 and 10.



TABLE 2B-5a  
Vermont Agency of Human Services  
Department of Mental Health  
**ADULT MENTAL HEALTH OUTPATIENT SERVICES**

**INDIVIDUAL, FAMILY, AND GROUP THERAPY**

Designated Agencies

Fiscal Year 2016

	<u>Total Clients Served</u>	<u>Clients Receiving Therapy Number</u>	<u>Percent</u>	<u>Number of Therapy Sessions</u>	<u>Services as Percentage of all Adult Outpt Non- Residential Services</u>	<u>Therapy Sessions Per Client</u>
OVERALL	7,988	4,362	55%	49,342	47%	11
<u>Designated Agency</u>						
CSAC (Addison)	582	350	60%	3,548	63%	10
NCSS (Northwest)	885	677	76%	6,125	67%	9
HC (Chittenden)	599	435	73%	4,725	71%	11
LCMH (Lamoille)	223	94	42%	1,002	39%	11
HCRS (Southeast)	1,357	464	34%	4,605	33%	10
NKHS (Northeast)	1,175	338	29%	3,548	33%	10
CMC (Orange)	745	557	75%	7,526	61%	14
RMHS (Rutland)	258	78	30%	990	31%	13
UCS (Bennington)	766	574	75%	6,510	73%	11
WCMH (Washington)	1,263	795	63%	10,763	54%	14
Pathways	135	-	-	-	-	-

See notes 2, 3 and 10.

TABLE 2B-5b  
Vermont Agency of Human Services  
Department of Mental Health  
**ADULT MENTAL HEALTH OUTPATIENT SERVICES**

**MEDICATION AND MEDICAL SUPPORT AND CONSULTATION SERVICES**

Designated Agencies  
Fiscal Year 2016

	<u>Total Clients Served</u>	<u>Clients Receiving Medication Services Number</u>	<u>Percent</u>	<u>Number of Medication Services</u>	<u>Services as Percentage of all Adult Outpt Non- Residential Services</u>	<u>Medication Services Per Client</u>
OVERALL	7,988	2,444	31%	11,824	11%	5
<u>Designated Agency</u>						
CSAC (Addison)	582	323	55%	1,418	25%	4
NCSS (Northwest)	885	188	21%	778	9%	4
HC (Chittenden)	599	78	13%	465	7%	6
LCMH (Lamoille)	223	74	33%	277	11%	4
HCRS (Southeast)	1,357	73	5%	206	1%	3
NKHS (Northeast)	1,175	846	72%	5,361	50%	6
CMC (Orange)	745	209	28%	569	5%	3
RMHS (Rutland)	258	16	6%	32	1%	2
UCS (Bennington)	766	220	29%	936	10%	4
WCMH (Washington)	1,263	313	25%	1,406	7%	4
Pathways	135	104	77%	376	3%	4

See notes 2, 3 and 10.

TABLE 2B-5c  
Vermont Agency of Human Services  
Department of Mental Health  
**ADULT MENTAL HEALTH OUTPATIENT SERVICES**

**CLINICAL ASSESSMENT SERVICES**

Designated Agencies  
Fiscal Year 2016

	<u>Total Clients Served</u>	<u>Clients Receiving Clinical Assessment Number</u>	<u>Percent</u>	<u>Number of Clinical Assessments</u>	<u>Services as Percentage of all Adult Outpt Non- Residential Services</u>	<u>Clinical Assessment Per Client</u>
OVERALL	7,988	3,372	42%	3,915	4%	1
<u>Designated Agency</u>						
CSAC (Addison)	582	173	30%	191	3%	1
NCSS (Northwest)	885	561	63%	637	7%	1
HC (Chittenden)	599	281	47%	309	5%	1
LCMH (Lamoille)	223	107	48%	117	5%	1
HCRS (Southeast)	1,357	579	43%	658	5%	1
NKHS (Northeast)	1,175	339	29%	450	4%	1
CMC (Orange)	745	368	49%	418	3%	1
RMHS (Rutland)	258	121	47%	153	5%	1
UCS (Bennington)	766	243	32%	261	3%	1
WCMH (Washington)	1,263	583	46%	704	4%	1
Pathways	135	17	13%	17	0%	1

See notes 2, 3 and 10.

TABLE 2B-6  
Vermont Agency of Human Services  
Department of Mental Health  
**ADULT MENTAL HEALTH OUTPATIENT SERVICES**

**SERVICE PLANNING AND COORDINATION**

Designated Agencies  
Fiscal Year 2016

	<u>Total Clients Served</u>	<u>Clients Receiving Planning Services Number</u>	<u>Percent</u>	<u>Number of Planning Services</u>	<u>Services as Percentage of all Adult Outpt Non- Residential Services</u>	<u>Planning &amp; Services Per Client</u>
OVERALL	7,988	2,016	25%	13,573	13%	7
<u>Designated Agency</u>						
CSAC (Addison)	582	35	6%	65	1%	2
NCSS (Northwest)	885	171	19%	688	8%	4
HC (Chittenden)	599	174	29%	910	14%	5
LCMH (Lamoille)	223	84	38%	1,027	40%	12
HCRS (Southeast)	1,357	463	34%	4,831	35%	10
NKHS (Northeast)	1,175	208	18%	614	6%	3
CMC (Orange)	745	310	42%	1,026	8%	3
RMHS (Rutland)	258	105	41%	368	11%	4
UCS (Bennington)	766	18	2%	28	0%	2
WCMH (Washington)	1,263	324	26%	2,109	11%	7
Pathways	135	124	92%	1907	16%	15

See notes 2, 3 and 12.

TABLE 2B-7  
Vermont Agency of Human Services  
Department of Mental Health  
**ADULT MENTAL HEALTH OUTPATIENT SERVICES**

**COMMUNITY SUPPORTS**

Designated Agencies  
Fiscal Year 2016

	<u>Total Clients Served</u>	<u>Clients Receiving Support Services Number</u>	<u>Percent</u>	<u>Number of Community Support Services</u>	<u>Services as Percentage of all Adult Outpt Non- Residential Services</u>	<u>Support Services Per Client</u>
OVERALL	7,988	3,070	38%	25,894	25%	8
<u>Designated Agency</u>						
CSAC (Addison)	582	56	10%	370	7%	7
NCSS (Northwest)	885	191	22%	883	10%	5
HC (Chittenden)	599	65	11%	217	3%	3
LCMH (Lamoille)	223	32	14%	166	6%	5
HCRS (Southeast)	1,357	935	69%	3,410	25%	4
NKHS (Northeast)	1,175	227	19%	689	6%	3
CMC (Orange)	745	402	54%	2,662	22%	7
RMHS (Rutland)	258	143	55%	1,669	52%	12
UCS (Bennington)	766	144	19%	1,214	14%	8
WCMH (Washington)	1,263	743	59%	4,790	24%	6
Pathways	135	132	98%	9824	81%	74

See notes 2, 3 and 13.

TABLE 2B-8  
 Vermont Agency of Human Services  
 Department of Mental Health  
**ADULT MENTAL HEALTH OUTPATIENT SERVICES**

**EMERGENCY/CRISIS ASSESSMENT, SUPPORT AND REFERRAL**

Designated Agencies

Fiscal Year 2016

	<u>Total Clients Served</u>	<u>Clients Receiving Emerg./Crisis Services Number</u>	<u>Percent</u>	<u>Number of Emerg./Crisis Services</u>	<u>Services as Percentage of all Adult Outpt Non- Residential Services</u>	<u>Emerg./Crisis Services Per Client</u>
OVERALL	7,988	225	3%	319	0%	1
<u>Designated Agency</u>						
CSAC (Addison)	582	-	-	-	-	-
NCSS (Northwest)	885	-	-	-	-	-
HC (Chittenden)	599	-	-	-	-	-
LCMH (Lamoille)	223	-	-	-	-	-
HCRS (Southeast)	1,357	-	-	-	-	-
NKHS (Northeast)	1,175	-	-	-	-	-
CMC (Orange)	745	80	11%	160	1%	2
RMHS (Rutland)	258	-	-	-	-	-
UCS (Bennington)	766	-	-	-	-	-
WCMH (Washington)	1,263	145	11%	159	1%	1
Pathways	135	-	-	-	-	-

See notes 2, 3 and 15.

## 2C: Community Rehabilitation and Treatment Programs

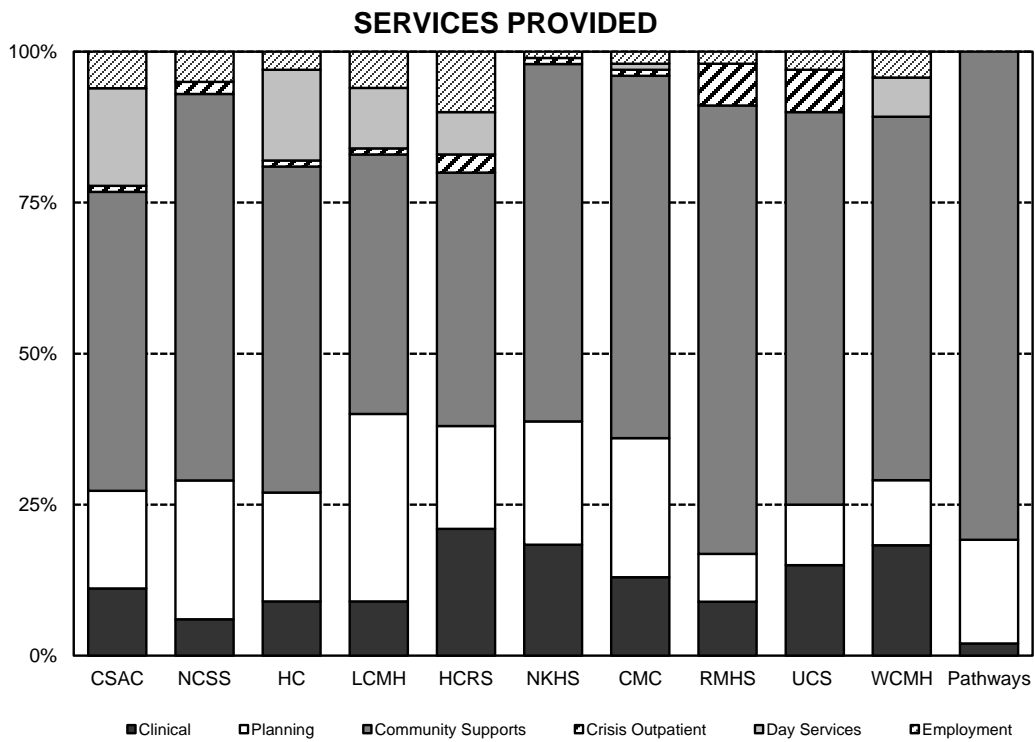






TABLE 2C-1  
Vermont Agency of Human Services  
Department of Mental Health  
**COMMUNITY REHABILITATION AND TREATMENT PROGRAMS**

**AGE AND GENDER OF CLIENTS SERVED**

Designated Agencies  
Fiscal Year 2016

	Clients Served	Age						Gender	
		0 - 12	13 - 19	20 - 34	35 - 49	50 - 64	65 +	Male	Female
OVERALL	2,718	-	1%	17%	27%	42%	14%	51%	49%
<u>Designated Agency</u>									
CSAC (Addison)	166	-	-	19%	19%	47%	16%	52%	48%
NCSS (Northwest)	229	-	-	15%	25%	45%	14%	41%	59%
HC (Chittenden)	620	-	-	18%	31%	38%	13%	55%	45%
LCMH (Lamoille)	119	-	0%	14%	27%	49%	10%	49%	51%
HCRS (Southeast)	374	-	1%	20%	28%	41%	11%	45%	55%
NKHS (Northeast)	238	-	1%	21%	20%	45%	13%	58%	42%
CMC (Orange)	164	-	1%	19%	28%	37%	16%	46%	54%
RMHS (Rutland)	267	-	0%	13%	27%	44%	16%	49%	51%
UCS (Bennington)	153	-	1%	10%	26%	47%	15%	44%	56%
WCMH (Washington)	339	-	-	15%	26%	41%	17%	53%	47%
Pathways	49	-	-	27%	37%	24%	12%	69%	31%

See notes 2, 3 and 4.

TABLE 2C-2  
Vermont Agency of Human Services  
Department of Mental Health  
**COMMUNITY REHABILITATION AND TREATMENT PROGRAMS**

**RESPONSIBILITY FOR FEE OF CLIENTS SERVED**

Designated Agencies  
Fiscal Year 2016

	Total Clients Served	Responsibility for Fee				
		Medicaid	Medicare	Other Insurance	State Agency	Unknown/ Uninsured
OVERALL	2,718	68%	53%	11%	23%	4%
<u>Designated Agency</u>						
CSAC (Addison)	166	40%	55%	3%	-	2%
NCSS (Northwest)	229	33%	61%	3%	-	3%
HC (Chittenden)	620	96%	45%	9%	-	3%
LCMH (Lamoille)	119	99%	51%	3%	-	1%
HCRS (Southeast)	374	75%	59%	8%	11%	5%
NKHS (Northeast)	238	66%	20%	31%	0%	18%
CMC (Orange)	164	35%	32%	13%	53%	4%
RMHS (Rutland)	267	97%	76%	26%	9%	-
UCS (Bennington)	153	7%	70%	7%	92%	1%
WCMH (Washington)	339	70%	71%	9%	96%	-
Pathways	49	100%	-	-	-	-

See notes 2, 3 and especially 6.

TABLE 2C-3a  
Vermont Agency of Human Services  
Department of Mental Health  
**COMMUNITY REHABILITATION AND TREATMENT PROGRAMS**

**DIAGNOSIS OF CLIENTS SERVED**

Designated Agencies

Fiscal Year 2016

<u>ICD 9</u>	<i>Total Clients Served</i>	<i>No Dx Data</i>	<i>Organic Brain Syndrome</i>	<i>Schizophrenia and other Psychoses</i>	<i>Mood Disorder</i>	<i>Anxiety Disorder</i>	<i>Personality Disorder</i>	<i>Adjustment Disorder</i>	<i>Social Problem</i>	<i>Substance-Related Disorder</i>	<i>Child Non-Psychotic</i>	<i>Other DSM Disorder</i>	<i>Developmental Disorder</i>	<u>Reported N</u>
OVERALL	2,718	2%	-	1%	1%	1%	-	-	-	1%	-	-	-	2,659
<u>Designated Agency</u>														
CSAC (Addison)	166	3%	-	2%	1%	-	-	-	-	1%	-	-	-	161
NCSS (Northwest)	229	1%	-	-	2%	-	1%	-	-	-	-	-	-	227
HC (Chittenden)	620	7%	-	-	-	-	-	-	-	-	-	-	-	-
LCMH (Lamoille)	119	1%	-	-	-	-	-	-	-	-	-	-	-	118
HCRS (Southeast)	374	1%	-	-	1%	1%	-	-	-	-	-	-	-	369
NKHS (Northeast)	238	-	-	1%	-	-	-	-	-	1%	-	-	-	237
CMC (Orange)	164	2%	-	1%	3%	2%	1%	-	-	3%	-	-	-	161
RMHS (Rutland)	267	-	-	1%	3%	1%	2%	-	-	1%	-	-	-	267
UCS (Bennington)	153	1%	-	1%	-	1%	-	-	-	1%	-	-	-	152
WCMH (Washington)	339	-	-	1%	1%	1%	1%	-	-	1%	-	-	-	339
Pathways	49	-	-	2%	2%	-	-	-	-	4%	-	-	-	49

As clients may have as many as four diagnoses reported, diagnostic groups do not represent an unduplicated count of clients served.

See notes 2, 3 and 7.

TABLE 2C-3b  
Vermont Agency of Human Services  
Department of Mental Health  
**COMMUNITY REHABILITATION AND TREATMENT PROGRAMS**

**DIAGNOSIS OF CLIENTS SERVED**

Designated Agencies

Fiscal Year 2016

<u>ICD 10</u>	<i>Total Clients Served</i>	<i>No Dx Data</i>	<i>Physiological Conditions</i>	<i>Psychoactive Substance Use</i>	<i>Schizophrenia Non-Mood Psych Disorders</i>	<i>Mood Disorders</i>	<i>Anxiety Other Nonpsy Mental Disorders</i>	<i>Behavioral Syndromes</i>	<i>Disorders of Adult Personality and Behavior</i>	<i>Intellectual Disabilities</i>	<i>Pervasive Specific Dev Disorders</i>	<i>Beh Emotion Disorder/Child Adol</i>	<i>Unspecified Mental Disorder</i>	<u>Reported</u> N
OVERALL	2,718	2%	1%	30%	50%	39%	29%	1%	18%	2%	1%	3%	–	2,659
<u>Designated Agency</u>														
CSAC (Addison)	166	3%	–	20%	43%	47%	24%	1%	11%	2%	2%	2%	–	161
NCSS (Northwest)	229	1%	–	41%	33%	51%	28%	1%	25%	1%	1%	1%	–	227
HC (Chittenden)	620	7%	2%	45%	55%	40%	31%	1%	13%	–	1%	7%	–	–
LCMH (Lamoille)	119	1%	3%	21%	46%	47%	36%	3%	12%	1%	–	3%	–	118
HCRS (Southeast)	374	1%	2%	30%	50%	38%	32%	1%	22%	3%	2%	3%	–	369
NKHS (Northeast)	238	–	3%	26%	62%	36%	27%	3%	16%	2%	2%	5%	–	237
CMC (Orange)	164	2%	1%	17%	38%	30%	29%	1%	20%	1%	1%	1%	1%	161
RMHS (Rutland)	267	–	1%	30%	50%	37%	23%	–	22%	1%	1%	–	2%	267
UCS (Bennington)	153	1%	3%	20%	53%	42%	45%	1%	30%	1%	1%	2%	–	152
WCMH (Washington)	339	–	1%	25%	55%	32%	23%	–	12%	5%	1%	2%	–	339
Pathways	49	–	–	–	53%	22%	12%	–	6%	–	–	–	–	49

As clients may have as many as four diagnoses reported, diagnostic groups do not represent an unduplicated count of clients served.

See notes 2, 3 and 7.

TABLE 2C-4  
Vermont Agency of Human Services  
Department of Mental Health  
**COMMUNITY REHABILITATION AND TREATMENT PROGRAMS**

**LENGTH OF STAY OF CLIENTS SERVED**

Designated Agencies  
Fiscal Year 2016

	Total Clients Served	No Data	Year of Admission					Reported N
			Current Fiscal Year	Previous Fiscal Year	3 - 5 Years Earlier	6 - 10 Years Earlier	11+ Years Earlier	
OVERALL	2,718	1%	5%	8%	18%	22%	44%	2,703
<u>Designated Agency</u>								
CSAC (Addison)	166	1%	5%	2%	8%	22%	62%	165
NCSS (Northwest)	229	0%	5%	7%	13%	46%	30%	229
HC (Chittenden)	620	0%	4%	7%	18%	24%	48%	620
LCMH (Lamoille)	119	0%	7%	24%	61%	6%	3%	119
HCRS (Southeast)	374	0%	6%	10%	21%	19%	43%	374
NKHS (Northeast)	238	0%	6%	10%	18%	20%	46%	238
CMC (Orange)	164	7%	4%	3%	25%	30%	39%	152
RMHS (Rutland)	267	0%	10%	11%	15%	12%	52%	266
UCS (Bennington)	153	0%	5%	5%	16%	20%	54%	153
WCMH (Washington)	339	0%	6%	7%	12%	20%	56%	338
Pathways	49	0%	2%	96%	-	2%	-	49

See notes 2, 3 and 9.

TABLE 2C-5  
Vermont Agency of Human Services  
Department of Mental Health  
**COMMUNITY REHABILITATION AND TREATMENT PROGRAMS**

**CLINICAL INTERVENTIONS**

Designated Agencies  
Fiscal Year 2016

	<u>Total Clients Served</u>	<u>Clients Receiving Clinical Interventions Number</u>	<u>Percent</u>	<u>Number of Clinical Interventions</u>	<u>Services as Percentage of all CRT Non- Residential Services</u>	<u>Clinical Interventions Per Client</u>
OVERALL	2,897	2,534	87%	44,220	12%	17
<u>Designated Agency</u>						
CSAC (Addison)	204	160	78%	2,340	11%	15
NCSS (Northwest)	225	187	83%	2,923	6%	16
HC (Chittenden)	646	580	90%	5,191	9%	9
LCMH (Lamoille)	129	107	83%	2,317	9%	22
HCRS (Southeast)	399	348	87%	5,793	21%	17
NKHS (Northeast)	256	219	86%	6,110	18%	28
CMC (Orange)	188	173	92%	4,240	13%	25
RMHS (Rutland)	288	268	93%	2,536	9%	9
UCS (Bennington)	160	138	86%	2,547	15%	18
WCMH (Washington)	345	319	92%	10,072	17%	32
Pathways	57	35	61%	151	2%	4

See notes 2, 3 and 10.

TABLE 2C-5a  
Vermont Agency of Human Services  
Department of Mental Health  
**COMMUNITY REHABILITATION AND TREATMENT PROGRAMS**

**INDIVIDUAL, FAMILY, AND GROUP THERAPY**

Designated Agencies

Fiscal Year 2016

	<u>Total Clients Served</u>	<u>Clients Receiving Therapy Number</u>	<u>Percent</u>	<u>Number of Therapy Sessions</u>	<u>Services as Percentage of all CRT Non- Residential Services</u>	<u>Therapy Sessions Per Client</u>
OVERALL	2,897	1,019	35%	18,882	5%	19
<u>Designated Agency</u>						
CSAC (Addison)	204	78	38%	915	4%	12
NCSS (Northwest)	225	181	80%	1,852	4%	10
HC (Chittenden)	646	52	8%	779	1%	15
LCMH (Lamoille)	129	76	59%	1,735	7%	23
HCRS (Southeast)	399	190	48%	3,408	13%	18
NKHS (Northeast)	256	38	15%	577	2%	15
CMC (Orange)	188	119	63%	3,290	10%	28
RMHS (Rutland)	288	44	15%	435	1%	10
UCS (Bennington)	160	83	52%	1,854	11%	22
WCMH (Washington)	345	158	46%	4,037	7%	26
Pathways	57	-	-	-	-	-

See notes 2, 3 and 10.

TABLE 2C-5b  
Vermont Agency of Human Services  
Department of Mental Health  
**COMMUNITY REHABILITATION AND TREATMENT PROGRAMS**

**MEDICATION AND MEDICAL SUPPORT AND CONSULTATION SERVICES**

Designated Agencies  
Fiscal Year 2016

	<u>Total Clients Served</u>	<u>Clients Receiving Medication Services Number</u>	<u>Percent</u>	<u>Number of Medication Services</u>	<u>Services as Percentage of all CRT Non- Residential Services</u>	<u>Medication Services Per Client</u>
OVERALL	2,897	2,357	81%	24,657	7%	10
<u>Designated Agency</u>						
CSAC (Addison)	204	137	67%	1,424	7%	10
NCSS (Northwest)	225	181	80%	1,057	2%	6
HC (Chittenden)	646	539	83%	4,142	7%	8
LCMH (Lamoille)	129	84	65%	504	2%	6
HCRS (Southeast)	399	321	80%	2,194	8%	7
NKHS (Northeast)	256	210	82%	5,496	16%	26
CMC (Orange)	188	158	84%	907	3%	6
RMHS (Rutland)	288	265	92%	2,093	7%	8
UCS (Bennington)	160	126	79%	677	4%	5
WCMH (Washington)	345	301	87%	6,013	10%	20
Pathways	57	35	61%	150	2%	4

See notes 2, 3 and 10.



TABLE 2C-5c  
Vermont Agency of Human Services  
Department of Mental Health  
**COMMUNITY REHABILITATION AND TREATMENT PROGRAMS**

**CLINICAL ASSESSMENT SERVICES**

Designated Agencies  
Fiscal Year 2016

	<u>Total Clients Served</u>	<u>Clients Receiving Clinical Assessment Number</u>	<u>Percent</u>	<u>Number of Clinical Assessments</u>	<u>Services as Percentage of all CRT Non- Residential Services</u>	<u>Clinical Assessment Per Client</u>
OVERALL	2,897	639	22%	681	0%	1
<u>Designated Agency</u>						
CSAC (Addison)	204	1	0%	1	0%	1
NCSS (Northwest)	225	14	6%	14	0%	1
HC (Chittenden)	646	263	41%	270	0%	1
LCMH (Lamoille)	129	68	53%	78	0%	1
HCRS (Southeast)	399	181	45%	191	1%	1
NKHS (Northeast)	256	27	11%	37	0%	1
CMC (Orange)	188	43	23%	43	0%	1
RMHS (Rutland)	288	8	3%	8	0%	1
UCS (Bennington)	160	13	8%	16	0%	1
WCMH (Washington)	345	20	6%	22	0%	1
Pathways	57	1	2%	1	0%	1

See notes 2, 3 and 10.

TABLE 2C-6  
Vermont Agency of Human Services  
Department of Mental Health  
**COMMUNITY REHABILITATION AND TREATMENT PROGRAMS**

**DAY SERVICES**  
Designated Agencies  
Fiscal Year 2016

	<u>Total Clients Served</u>	<u>Clients Receiving Day Services Number</u>	<u>Percent</u>	<u>Number of Day Services</u>	<u>Services as Percentage of all CRT Non- Residential Services</u>	<u>Day Services Per Client</u>
OVERALL	2,897	472	16%	20,807	6%	44
<u>Designated Agency</u>						
CSAC (Addison)	204	46	23%	3,384	16%	74
NCSS (Northwest)	225	-	-	-	-	-
HC (Chittenden)	646	156	24%	8,798	15%	56
LCMH (Lamoille)	129	56	43%	2,640	10%	47
HCRS (Southeast)	399	86	22%	1,874	7%	22
NKHS (Northeast)	256	-	-	-	-	-
CMC (Orange)	188	45	24%	366	1%	8
RMHS (Rutland)	288	-	-	-	-	-
UCS (Bennington)	160	-	-	-	-	-
WCMH (Washington)	345	83	24%	3,745	6%	45
Pathways	57	-	-	-	-	-

See notes 2, 3 and 11.

TABLE 2C-7  
Vermont Agency of Human Services  
Department of Mental Health  
**COMMUNITY REHABILITATION AND TREATMENT PROGRAMS**

**SERVICE PLANNING AND COORDINATION**

Designated Agencies

Fiscal Year 2016

	<u>Total Clients Served</u>	<u>Clients Receiving Planning Services Number</u>	<u>Percent</u>	<u>Number of Planning Services</u>	<u>Services as Percentage of all CRT Non- Residential Services</u>	<u>Planning Services Per Client</u>
OVERALL	2,897	2,591	89%	62,903	18%	24
<u>Designated Agency</u>						
CSAC (Addison)	204	159	78%	3,473	16%	22
NCSS (Northwest)	225	224	100%	10,987	23%	49
HC (Chittenden)	646	561	87%	10,532	18%	19
LCMH (Lamoille)	129	125	97%	8,166	31%	65
HCRS (Southeast)	399	363	91%	4,523	17%	12
NKHS (Northeast)	256	253	99%	6,797	20%	27
CMC (Orange)	188	175	93%	7,285	23%	42
RMHS (Rutland)	288	237	82%	2,239	8%	9
UCS (Bennington)	160	145	91%	1,636	10%	11
WCMH (Washington)	345	298	86%	6,206	10%	21
Pathways	57	51	89%	1,059	17%	21

See notes 2, 3 and 12.

TABLE 2C-8  
Vermont Agency of Human Services  
Department of Mental Health  
**COMMUNITY REHABILITATION AND TREATMENT PROGRAMS**

**COMMUNITY SUPPORTS**

Designated Agencies  
Fiscal Year 2016

	<u>Total Clients Served</u>	<u>Clients Receiving Support Services Number</u>	<u>Percent</u>	<u>Number of Community Support Services</u>	<u>Services as Percentage of all CRT Non- Residential Services</u>	<u>Support Services Per Client</u>
OVERALL	2,897	2,680	93%	205,567	57%	77
<u>Designated Agency</u>						
CSAC (Addison)	204	164	80%	10,425	49%	64
NCSS (Northwest)	225	222	99%	31,047	64%	140
HC (Chittenden)	646	601	93%	31,490	54%	52
LCMH (Lamoille)	129	115	89%	11,104	43%	97
HCRS (Southeast)	399	366	92%	11,464	42%	31
NKHS (Northeast)	256	244	95%	19,678	58%	81
CMC (Orange)	188	175	93%	18,994	60%	109
RMHS (Rutland)	288	270	94%	21,891	75%	81
UCS (Bennington)	160	142	89%	10,871	65%	77
WCMH (Washington)	345	326	94%	33,727	56%	103
Pathways	57	55	96%	4,876	80%	89

See notes 2, 3 and 13.

TABLE 2C-9  
Vermont Agency of Human Services  
Department of Mental Health  
**COMMUNITY REHABILITATION AND TREATMENT PROGRAMS**

**EMPLOYMENT SERVICES**

Designated Agencies  
Fiscal Year 2016

	<u>Total Clients Served</u>	<u>Clients Receiving Employment Services Number</u>	<u>Percent</u>	<u>Number of Employment Services</u>	<u>Services as Percentage of all CRT Non- Residential Services</u>	<u>Employment Services Per Client</u>
OVERALL	2,897	774	27%	14,144	4%	18
<u>Designated Agency</u>						
CSAC (Addison)	204	68	33%	1,220	6%	18
NCSS (Northwest)	225	57	25%	2,480	5%	44
HC (Chittenden)	646	142	22%	1,959	3%	14
LCMH (Lamoille)	129	61	47%	1,517	6%	25
HCRS (Southeast)	399	114	29%	2,741	10%	24
NKHS (Northeast)	256	46	18%	277	1%	6
CMC (Orange)	188	72	38%	587	2%	8
RMHS (Rutland)	288	63	22%	541	2%	9
UCS (Bennington)	160	51	32%	585	3%	11
WCMH (Washington)	345	100	29%	2,237	4%	22
Pathways	57	-	-	-	-	-

See notes 2, 3 and 14.

TABLE 2C-10a  
 Vermont Agency of Human Services  
 Department of Mental Health  
**COMMUNITY REHABILITATION AND TREATMENT PROGRAMS**

**EMERGENCY/CRISIS ASSESSMENT, SUPPORT AND REFERRAL**

Designated Agencies  
 Fiscal Year 2016

	<u>Total Clients Served</u>	<u>Clients Receiving Emerg./Crisis Services Number</u>	<u>Services Percent</u>	<u>Number of Emerg./Crisis Services</u>	<u>Services as Percentage of all CRT Non- Residential Services</u>	<u>Emerg./Crisis Services Per Client</u>
OVERALL	2,897	842	29%	6,312	2%	7
<u>Designated Agency</u>						
CSAC (Addison)	204	42	21%	241	1%	6
NCSS (Northwest)	225	91	40%	733	2%	8
HC (Chittenden)	646	151	23%	475	1%	3
LCMH (Lamoille)	129	42	33%	217	1%	5
HCRS (Southeast)	399	109	27%	769	3%	7
NKHS (Northeast)	256	80	31%	341	1%	4
CMC (Orange)	188	67	36%	310	1%	5
RMHS (Rutland)	288	122	42%	1,971	7%	16
UCS (Bennington)	160	70	44%	1,098	7%	16
WCMH (Washington)	345	68	20%	157	0%	2
Pathways	57	-	-	-	-	-

See notes 2, 3 and 15.

TABLE 2C-10b  
Vermont Agency of Human Services  
Department of Mental Health  
**COMMUNITY REHABILITATION AND TREATMENT PROGRAMS**

**EMERGENCY/CRISIS BEDS**

Designated Agencies

Fiscal Year 2016

	<u>Total Clients Served</u>	<u>Clients Receiving Emergency/Crisis Bed Services</u>		<u>Days of Emergency/Crisis Bed Services</u>	<u>Emergency/Crisis Bed Days Per Client</u>
		<u>Number</u>	<u>Percent</u>		
OVERALL	2,897	352	12%	6,589	19
<u>Designated Agency</u>					
CSAC (Addison)	204	-	-	-	-
NCSS (Northwest)	225	39	17%	618	16
HC (Chittenden)	646	90	14%	684	8
LCMH (Lamoille)	129	23	18%	456	20
HCRS (Southeast)	399	63	16%	1,734	28
NKHS (Northeast)	256	-	-	-	-
CMC (Orange)	188	-	-	-	-
RMHS (Rutland)	288	45	16%	1,298	29
UCS (Bennington)	160	51	32%	1,094	21
WCMH (Washington)	345	41	12%	705	17
Pathways	57	-	-	-	-

See notes 2, 3 and 15.

TABLE 2C-11  
Vermont Agency of Human Services  
Department of Mental Health  
**COMMUNITY REHABILITATION AND TREATMENT PROGRAMS**

**HOUSING AND HOME SUPPORTS**

Designated Agencies  
Fiscal Year 2016

	<u>Total Clients Served</u>	<u>Clients Receiving Housing &amp; Home Supports Number</u>	<u>Percent</u>	<u>Days of Housing &amp; Home Support Services</u>	<u>Housing &amp; Home Support Days Per Client</u>
OVERALL	2,897	253	9%	56,479	223
<u>Designated Agency</u>					
CSAC (Addison)	204	22	11%	6,565	298
NCSS (Northwest)	225	14	6%	3,083	220
HC (Chittenden)	646	90	14%	19,260	214
LCMH (Lamoille)	129	32	25%	9,634	301
HCRS (Southeast)	399	37	9%	5,164	140
NKHS (Northeast)	256	-	-	-	-
CMC (Orange)	188	6	3%	1,331	222
RMHS (Rutland)	288	-	-	-	-
UCS (Bennington)	160	8	5%	2,514	314
WCMH (Washington)	345	44	13%	8,929	203
Pathways	57	-	-	-	-

See notes 2, 3 and 16.



## 2E: Emergency Service Programs

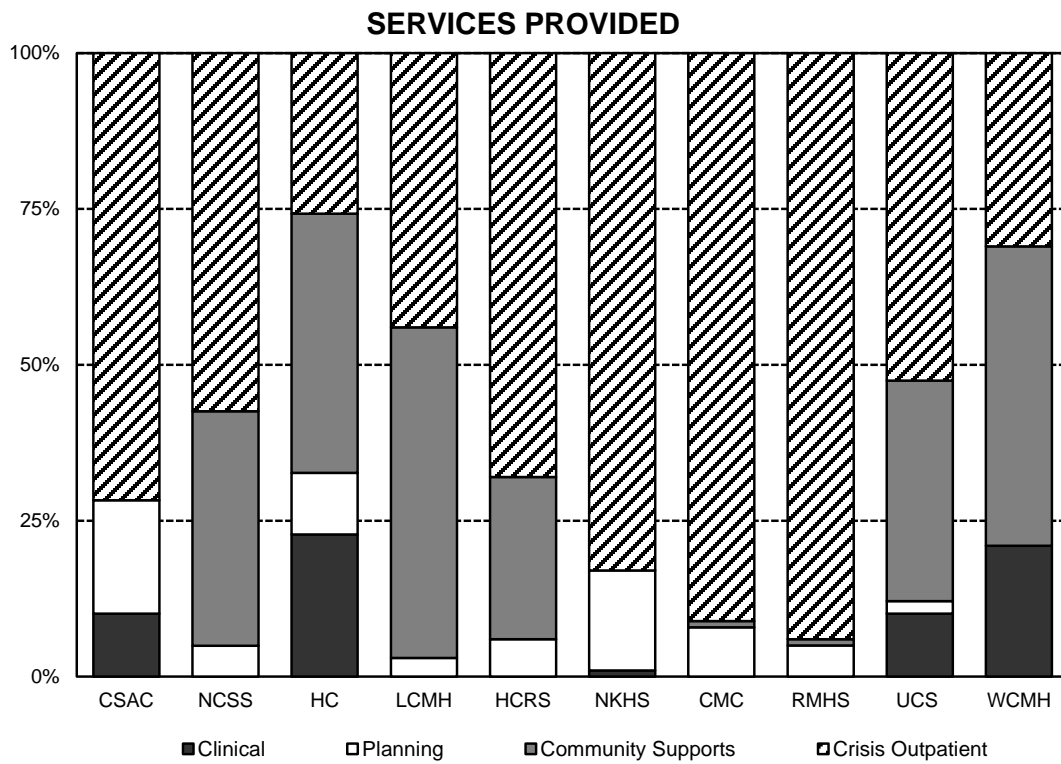




TABLE 2E-1  
Vermont Agency of Human Services  
Department of Mental Health  
**EMERGENCY SERVICES**

**CLINICAL INTERVENTIONS**  
Designated Agencies  
Fiscal Year 2016

	Total Clients <u>Served</u>	Clients Receiving Clinical Interventions		Number of Clinical <u>Interventions</u>	Services as Percentage of all Emergency <u>Non-Residential Services</u>	Clinical Interventions <u>Per Client</u>
		<u>Number</u>	<u>Percent</u>			
OVERALL	6,225	716	12%	2,769	11%	4
<u>Designated Agency</u>						
CSAC (Addison)	257	43	17%	233	10%	5
NCSS (Northwest)	686	-	-	-	-	-
HC (Chittenden)	1,541	415	27%	1,814	23%	4
LCMH (Lamoille)	173	-	-	-	-	-
HCRS (Southeast)	851	-	-	-	-	-
NKHS (Northeast)	484	9	2%	13	1%	1
CMC (Orange)	367	2	1%	2	1	
RMHS (Rutland)	604	-	-	-	-	-
UCS (Bennington)	763	220	29%	298	10%	1
WCMH (Washington)	499	27	5%	409	21%	15

See notes 2, 3 and 10.

TABLE 2E-2  
 Vermont Agency of Human Services  
 Department of Mental Health  
**EMERGENCY SERVICES**

**SERVICE PLANNING AND COORDINATION**  
 Designated Agencies  
 Fiscal Year 2016

	Total Clients <u>Served</u>	Clients Receiving Planning & Coordination Services		Number of Planning & Coordination <u>Services</u>	Services as Percentage of all Emergency <u>Non-Residential Services</u>	Planning & Coordination <u>Services Per Client</u>
		<u>Number</u>	<u>Percent</u>			
OVERALL	6,225	637	10%	1,952	8%	3
<u>Designated Agency</u>						
CSAC (Addison)	257	83	32%	409	18%	5
NCSS (Northwest)	686	54	8%	149	5%	3
HC (Chittenden)	1,541	200	13%	783	10%	4
LCMH (Lamoille)	173	12	7%	14	3%	1
HCRS (Southeast)	851	112	13%	139	6%	1
NKHS (Northeast)	484	80	17%	236	16%	3
CMC (Orange)	367	32	9%	75	2	
RMHS (Rutland)	604	50	8%	69	5%	1
UCS (Bennington)	763	12	2%	72	2%	6
WCMH (Washington)	499	2	0%	6	0%	3

See notes 2, 3 and 12.

TABLE 2E-3  
Vermont Agency of Human Services  
Department of Mental Health  
**EMERGENCY SERVICES**

**COMMUNITY SUPPORTS**  
Designated Agencies  
Fiscal Year 2016

	Total Clients <u>Served</u>	Clients Receiving Community Support Services		Number of Community <u>Support Services</u>	Services as Percentage of all Emergency <u>Non-Residential Services</u>	Community Support Services <u>Per Client</u>
		<u>Number</u>	<u>Percent</u>			
OVERALL	6,225	1,277	21%	7,306	30%	6
<u>Designated Agency</u>						
CSAC (Addison)	257	-	-	-	-	-
NCSS (Northwest)	686	169	25%	1,178	38%	7
HC (Chittenden)	1,541	363	24%	3,300	42%	9
LCMH (Lamoille)	173	89	51%	246	53%	3
HCRS (Southeast)	851	299	35%	571	26%	2
NKHS (Northeast)	484	-	-	-	-	-
CMC (Orange)	367	2	1%	5	2	
RMHS (Rutland)	604	6	1%	11	1%	2
UCS (Bennington)	763	148	19%	1,042	35%	7
WCMH (Washington)	499	201	40%	953	48%	5

See notes 2, 3 and 13.

TABLE 2E-4a  
Vermont Agency of Human Services  
Department of Mental Health  
**EMERGENCY SERVICES**

**EMERGENCY/CRISIS ASSESSMENT, SUPPORT AND REFERRAL**  
Designated Agencies  
Fiscal Year 2016

	Total Clients <u>Served</u>	Clients Receiving Emergency/Crisis Services		Number of Emergency/Crisis <u>Services</u>	Services as Percentage of all Emergency <u>Non-Residential Services</u>	Emergency/ Crisis Services <u>Per Client</u>
		<u>Number</u>	<u>Percent</u>			
OVERALL	6,225	5,114	82%	12,619	51%	2
<u>Designated Agency</u>						
CSAC (Addison)	257	221	86%	1,593	71%	7
NCSS (Northwest)	686	650	95%	1,804	58%	3
HC (Chittenden)	1,541	1,127	73%	2,042	26%	2
LCMH (Lamoille)	173	114	66%	204	44%	2
HCRS (Southeast)	851	747	88%	1,506	68%	2
NKHS (Northeast)	484	431	89%	1,213	83%	3
CMC (Orange)	367	336	92%	899	3	
RMHS (Rutland)	604	589	98%	1,215	94%	2
UCS (Bennington)	763	533	70%	1,540	52%	3
WCMH (Washington)	499	366	73%	603	31%	2

See notes 2, 3 and 15.

TABLE 2E-4b  
Vermont Agency of Human Services  
Department of Mental Health  
**EMERGENCY SERVICES**

**EMERGENCY/CRISIS BEDS**  
Designated Agencies  
Fiscal Year 2016

	Total Clients <u>Served</u>	Clients Receiving Emergency/Crisis Beds		Days of Emergency/Crisis <u>Beds</u>	Emergency/Crisis <u>Beds</u> Per Client
		<u>Number</u>	<u>Percent</u>		
OVERALL	6,225	274	4%	2,032	7
<u>Designated Agency</u>					
CSAC (Addison)	257	13	5%	174	13
NCSS (Northwest)	686	-	-	-	-
HC (Chittenden)	1,541	151	10%	616	4
LCMH (Lamoille)	173	14	8%	78	6
HCRS (Southeast)	851	-	-	-	-
NKHS (Northeast)	484	40	8%	477	12
CMC (Orange)	367	39	11%	535	14
RMHS (Rutland)	604	-	-	-	-
UCS (Bennington)	763	-	-	-	-
WCMH (Washington)	499	17	3%	152	9

See notes 2, 3 and 15.





# Part 3: Vermont Psychiatric Care Hospital

Average Daily Census by Length of Stay  
FY2014 - FY2016

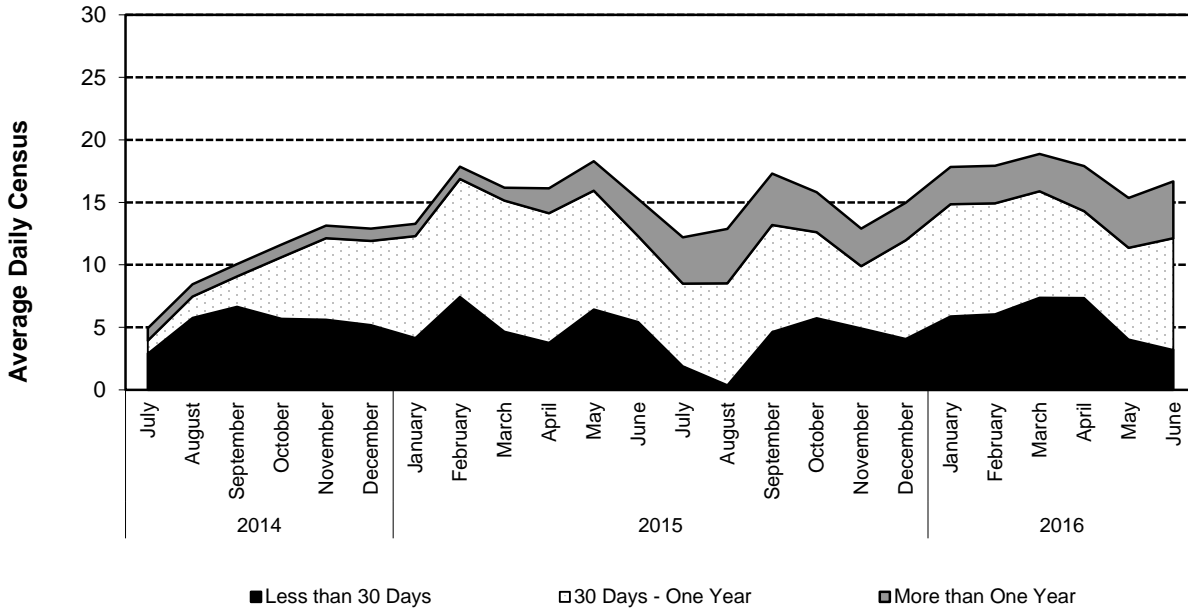




TABLE 3-1-A  
 Vermont Agency of Human Services  
 Department of Mental Health

VERMONT PSYCHIATRIC CARE HOSPITAL  
**AVERAGE DAILY CENSUS**  
 Overall and For Length of Stay Categories  
 July 2014 through June 2016

	Days Since Admission				
	Overall	<30	30-89	90-365	366+
2014 July	9	3	4	1	1
August	14	6	5	2	1
September	18	7	8	2	1
October	21	6	9	5	1
November	21	6	8	7	1
December	21	5	8	7	1
2015 January	21	4	8	8	1
February	24	7	6	9	1
March	25	5	9	10	1
April	23	4	7	10	2
May	22	6	3	9	2
June	22	5	7	7	3
2015 July	22	2	8	7	4
August	19	0	4	8	4
September	23	5	1	9	4
October	26	6	5	7	3
November	27	5	9	5	3
December	28	4	7	8	3
2015 January	28	6	7	9	3
February	34	6	7	9	3
March	31	7	6	8	3
April	34	7	7	7	4
May	25	4	9	7	4
June	28	3	7	9	5

\* The Vermont State Hospital - Vermont Psychiatric Care Hospital opened on July 1, 2014 .

TABLE 3-2  
 Vermont Agency of Human Services  
 Department of Mental Health

VERMONT PSYCHIATRIC CARE HOSPITAL  
**MONTHLY UTILIZATION**  
 Fiscal Year 2016

<u>Month</u>	x <u>Admissions</u>	x <u>Discharges</u>	Total <u>Patient Days</u>	Average <u>Daily Census</u>
OVERALL	60	58	8,154	22.3
<u>Month</u>				
July	0	5	626	20.2
August	2	2	527	17.0
September	6	4	552	18.4
October	7	4	641	20.7
November	5	5	665	22.2
December	6	5	686	22.1
January	5	3	770	24.8
February	9	9	722	24.9
March	6	6	768	24.8
April	9	10	739	24.6
May	1	1	749	24.2
June	4	4	709	23.6

See note 19.

TABLE 3-3  
 Vermont Agency of Human Services  
 Department of Mental Health

VERMONT PSYCHIATRIC CARE HOSPITAL  
**CATCHMENT AREA AND UTILIZATION**  
 Fiscal Year 2016

	<u>Admissions</u>	<u>Discharges</u>	<u>Total Patient Days</u>	<u>Average Daily Census</u>	<u>Percent of all Patient Days</u>
OVERALL	60	58	8,154	22.3	100%
<u>Catchment Area</u>					
CSAC (Addison)	3	1	471	1.3	6%
NCSS (Northwest)	1	3	782	2.1	10%
HC (Chittenden)	26	26	3,804	10.4	47%
LCC (Lamoille)	-	1	27	0.1	0%
HCRS (Southeast)	7	8	947	2.6	12%
NKHS (Northeast)	5	3	993	2.7	12%
CMC (Orange)	1	1	127	0.3	2%
RMHS (Rutland)	5	5	299	0.8	4%
UCS (Bennington)	3	3	166	0.5	2%
WCMH (Washington)	9	7	538	1.5	7%

See notes 2 and 19.

TABLE 3-4  
 Vermont Agency of Human Services  
 Department of Mental Health

VERMONT PSYCHIATRIC CARE HOSPITAL  
**AGE AND UTILIZATION**  
 Fiscal Year 2016

	<u>Admissions</u>	<u>Discharges</u>	<u>Total Patient Days</u>	<u>Average Daily Census</u>	<u>Percent of all Patient Days</u>
OVERALL	60	58	8,154	22.3	100%
<u>Age</u>					
13 - 19	-	1	14	0.0	0%
20 - 34	16	17	1,988	5.4	24%
35 - 49	19	21	2,156	5.9	26%
50 - 64	23	18	3,384	9.2	42%
65+	2	1	612	1.7	8%

See notes 4 and 19.

TABLE 3-5  
 Vermont Agency of Human Services  
 Department of Mental Health

VERMONT PSYCHIATRIC CARE HOSPITAL  
**GENDER AND UTILIZATION**  
 Fiscal Year 2016

	<u>Admissions</u>	<u>Discharges</u>	<u>Total Patient Days</u>	<u>Average Daily Census</u>	<u>Percent of all Patient Days</u>
OVERALL	60	58	8,154	22.3	100%
<u>Gender</u>					
Male	44	42	5,320	14.5	65%
Female	15	16	2,726	7.4	33%
Other/Unknown	1	-	108	0.3	1%

See note 19.

TABLE 3-6a  
Vermont Agency of Human Services  
Department of Mental Health

VERMONT PSYCHIATRIC CARE HOSPITAL  
**DIAGNOSIS AND UTILIZATION**  
Fiscal Year 2016

<u>ICD 9</u>	<u>Admissions</u>		<u>Discharges</u>		<u>Total</u>	<u>Average</u>	<u>Percent of all</u>
	<u>Number</u>	<u>Percent</u>	<u>Number</u>	<u>Percent</u>	<u>Patient Days</u>	<u>Daily Census</u>	<u>Patient Days</u>
OVERALL	60		58		8,154	22.3	100%
<u>Diagnosis</u>	<u>Number</u>	<u>Percent</u>	<u>Number</u>	<u>Percent</u>			
Organic Brain Syndrome	-	-	1	2%	142	0.4	2%
Schizophrenia & Other Psychoses	4	7%	15	26%	3,419	9.3	42%
Mood Disorder	-	-	4	7%	107	0.3	1%
Anxiety Disorder	-	-	1	2%	424	1.2	5%
Personality Disorder	-	-	-	-	-	-	-
Adjustment Disorder	-	-	-	-	-	-	-
Social Problem	-	-	-	-	-	-	-
Substance Related Disorder	-	-	-	-	732	2.0	9%
Child Non-Psychotic	-	-	-	-	-	-	-
Other DSM Disorder	-	-	-	-	-	-	-
Developmental Disorder	-	-	-	-	-	-	-
Deferred	3	5%	10	17%	3,281	9.0	40%

As clients may have many diagnoses reported, diagnostic groups do not represent an unduplicated count of clients served.

See notes 7 and 19.



TABLE 3-6b  
Vermont Agency of Human Services  
Department of Mental Health

VERMONT PSYCHIATRIC CARE HOSPITAL  
**DIAGNOSIS AND UTILIZATION**  
Fiscal Year 2016

OVERALL	<u>ICD 10</u>	<u>Admissions</u>		<u>Discharges</u>		<u>Total</u>	<u>Average</u>	<u>Percent of all</u>
						<u>Patient Days</u>	<u>Daily Census</u>	<u>Patient Days</u>
		60		58		8,154	22.3	100%
	<u>Diagnosis</u>	<u>Number</u>	<u>Percent</u>	<u>Number</u>	<u>Percent</u>			
	Physiological Conditions	2	3%	2	3%	355	1.0	4%
	Psychoactive Substance Use	1	2%	1	2%	7	0.0	0%
	Schizophrenia Other Non-Mood Psychotic Disorders	46	77%	37	64%	6,894	18.8	85%
	Mood [Affective] Disorders	13	22%	12	21%	776	2.1	10%
	Anxiety and Other Nonpsychotic Mental Disorders	5	8%	4	7%	680	1.9	8%
	Behavioral Syndromes	-	-	-	-	-	-	-
	Disorders of Adult Personality and Behavior	1	2%	1	2%	24	0.1	0%
	Intellectual Disabilities	-	-	-	-	-	-	-
	Pervasive and Specific Developmental Disorders	1	2%	1	2%	11	0.0	0%
	Behavioral Emotional Disorders/Child Adolescence	-	-	-	-	-	-	-
	Unspecified Mental Disorder	1	2%	-	-	42	0.1	1%
	Deferred	3	5%	10	17%	3,281	9.0	40%

As clients may have many diagnoses reported, diagnostic groups do not represent an unduplicated count of clients served.

See notes 7 and 19.

TABLE 3-7  
 Vermont Agency of Human Services  
 Department of Mental Health

VERMONT PSYCHIATRIC CARE HOSPITAL  
**LEGAL STATUS ON ADMISSION AND UTILIZATION**  
 Fiscal Year 2016

	<u>Admissions</u>	<u>Discharges</u>	<u>Total Patient Days</u>	<u>Average Daily Census</u>	<u>Percent of all Patient Days</u>
OVERALL	60	58	8,154	22.3	100%
<u>Legal Status on Admission</u>					
Voluntary	-	-	-	-	-
Emergency	34	34	4,279	11.7	52%
Forensic	24	22	2,955	8.1	36%
Other	2	2	920	2.5	11%

See notes 19 and 20.

TABLE 3-8  
 Vermont Agency of Human Services  
 Department of Mental Health

VERMONT PSYCHIATRIC CARE HOSPITAL  
**TYPE OF ADMISSION AND UTILIZATION**  
 Fiscal Year 2016

	<u>Admissions</u>	<u>Discharges</u>	<u>Total Patient Days</u>	<u>Average Daily Census</u>	<u>Percent of all Patient Days</u>
OVERALL	60	58	8,154	22.3	100%
<u>Type of Admission</u>					
First Admission	25	22	2,602	7.1	32%
Readmission	35	36	5,552	15.2	68%

See notes 19 and 21.

TABLE 3-9  
 Vermont Agency of Human Services  
 Department of Mental Health

VERMONT PSYCHIATRIC CARE HOSPITAL  
**CATCHMENT AREA AND LEGAL STATUS OF PATIENTS ADMITTED**  
 Fiscal Year 2016

	<u>Admissions</u>	<u>Legal Status</u>			
		<u>Voluntary</u>	<u>Emergency</u>	<u>Forensic</u>	<u>Other</u>
OVERALL	60	-	57%	40%	3%
<u>Catchment Area</u>					
CSAC (Addison)	3	-	67%	33%	0%
NCSS (Northwest)	1	-	0%	100%	0%
HC (Chittenden)	26	-	46%	50%	4%
LCC (Lamoille)	-	-	-	-	-
HCRS (Southeast)	7	-	57%	29%	14%
NKHS (Northeast)	5	-	40%	60%	0%
CMC (Orange)	1	-	100%	0%	0%
RMHS (Rutland)	5	-	60%	40%	0%
UCS (Bennington)	3	-	100%	0%	0%
WCMH (Washington)	9	-	78%	22%	0%
Unknown	-	-	-	-	-

See notes 2, 19 and 20.

TABLE 3-10  
 Vermont Agency of Human Services  
 Department of Mental Health

VERMONT PSYCHIATRIC CARE HOSPITAL  
**AGE AND LEGAL STATUS OF PATIENTS ADMITTED**  
 Fiscal Year 2016

	<u>Admissions</u>	<u>Legal Status</u>			
		<u>Voluntary</u>	<u>Emergency</u>	<u>Forensic</u>	<u>Other</u>
OVERALL	60	-	57%	40%	3%
<u>Age</u>					
13 - 19	-	-	-	-	-
20 - 34	16	-	50%	50%	-
35 - 49	19	-	58%	42%	-
50 - 64	23	-	61%	30%	9%
65+	2	-	50%	50%	-

See notes 4, 19, and 20.

TABLE 3-11  
 Vermont Agency of Human Services  
 Department of Mental Health

VERMONT PSYCHIATRIC CARE HOSPITAL  
**GENDER AND LEGAL STATUS OF PATIENTS ADMITTED**  
 Fiscal Year 2016

	<u>Admissions</u>	<u>Legal Status</u>			
		<u>Voluntary</u>	<u>Emergency</u>	<u>Forensic</u>	<u>Other</u>
OVERALL	60	-	57%	40%	3%
<u>Gender</u>					
Male	44	-	55%	41%	5%
Female	15	-	67%	33%	0%
Other/Unknown	1	-	-	100%	-

See notes 19 and 20.

TABLE 3-12a  
Vermont Agency of Human Services  
Department of Mental Health

VERMONT PSYCHIATRIC CARE HOSPITAL  
**DIAGNOSIS AND LEGAL STATUS OF PATIENTS ADMITTED**  
Fiscal Year 2016

ICD 9	Admissions	Legal Status			
		Voluntary	Emergency	Forensic	Other
OVERALL	60	-	57%	40%	3%
<u>Diagnosis</u>					
Organic Brain Syndrome	-	-	-	-	-
Schizophrenia & Other Psychoses	4	-	6%	8%	-
Mood Disorder	-	-	-	-	-
Anxiety Disorder	-	-	-	-	-
Personality Disorder	-	-	-	-	-
Adjustment Disorder	-	-	-	-	-
Social Problem	-	-	-	-	-
Substance Related Disorder	-	-	-	-	-
Child Non-Psychotic	-	-	-	-	-
Other DSM Disorder	-	-	-	-	-
Developmental Disorder	-	-	-	-	-
Deferred	3	-	6%	4%	-

As clients may have many diagnoses reported, diagnostic groups do not represent an unduplicated count of clients served.

See notes 7, 19 and 20.

TABLE 3-12b  
Vermont Agency of Human Services  
Department of Mental Health

VERMONT PSYCHIATRIC CARE HOSPITAL  
**DIAGNOSIS AND LEGAL STATUS OF PATIENTS ADMITTED**  
Fiscal Year 2016

	<u>ICD 10</u>	<u>Admissions</u>	<u>Legal Status</u>			
			<u>Voluntary</u>	<u>Emergency</u>	<u>Forensic</u>	<u>Other</u>
OVERALL		60	-	57%	40%	3%
<u>Diagnosis</u>						
Physiological Conditions		2	-	-	8%	-
Psychoactive Substance Use		1	-	3%	-	-
Schizophrenia Other Non-Mood Psychotic Disorders		46	-	82%	67%	100%
Mood [Affective] Disorders		13	-	26%	17%	-
Anxiety and Other Nonpsychotic Mental Disorders		5	-	12%	4%	-
Behavioral Syndromes		-	-	-	-	-
Disorders of Adult Personality and Behavior		1	-	3%	-	-
Intellectual Disabilities		-	-	-	-	-
Pervasive and Specific Developmental Disorders		1	-	3%	-	-
Behavioral Emotional Disorders/Child Adolescence		-	-	-	-	-
Unspecified Mental Disorder		1	-	-	4%	-
Deferred		3	-	6%	4%	-

As clients may have many diagnoses reported, diagnostic groups do not represent an unduplicated count of clients served.

See notes 7, 19 and 20.



TABLE 3-13  
 Vermont Agency of Human Services  
 Department of Mental Health

VERMONT PSYCHIATRIC CARE HOSPITAL  
**TYPE OF ADMISSION AND LEGAL STATUS OF PATIENTS ADMITTED**  
 Fiscal Year 2016

	<u>Admissions</u>	<u>Legal Status</u>			
		<u>Voluntary</u>	<u>Emergency</u>	<u>Forensic</u>	<u>Other</u>
OVERALL	60	-	57%	40%	3%
<u>Type of Admission</u>					
First Admission	25	-	56%	44.0%	-
Readmission	35	-	57%	37%	6%

See notes 19, 20 and 21.

TABLE 3-14  
Vermont Agency of Human Services  
Department of Mental Health

VERMONT PSYCHIATRIC CARE HOSPITAL  
**CATCHMENT AREA AND DISCHARGE RATE OF PATIENTS ADMITTED**  
Fiscal Year 2016

	<u>Admissions</u>	<u>Percent Discharged Within</u>			
		<u>1 Week</u>	<u>2 Weeks</u>	<u>1 Month</u>	<u>3 Months</u>
OVERALL	60	3%	8%	20%	47%
<u>Catchment Area</u>					
CSAC (Addison)	3	-	-	-	33%
NCSS (Northwest)	1	-	-	-	-
HC (Chittenden)	26	-	4%	8%	42%
LCC (Lamoille)	-	-	-	-	-
HCRS (Southeast)	7	14%	29%	57%	57%
NKHS (Northeast)	5	-	20%	40%	40%
CMC (Orange)	1	-	-	-	-
RMHS (Rutland)	5	-	-	20%	80%
UCS (Bennington)	3	-	-	33%	67%
WCMH (Washington)	9	11%	11%	22%	44%
Unknown	-	-	-	-	-

See notes 2, 19 and 22.

TABLE 3-15  
Vermont Agency of Human Services  
Department of Mental Health

VERMONT PSYCHIATRIC CARE HOSPITAL  
**AGE AND DISCHARGE RATE OF PATIENTS ADMITTED**  
Fiscal Year 2016

	<u>Admissions</u>	<u>Percent Discharged Within</u>			
		<u>1 Week</u>	<u>2 Weeks</u>	<u>1 Month</u>	<u>3 Months</u>
OVERALL	60	3%	8%	20%	47%
<u>Age</u>					
13 - 19	-	-	-	-	-
20 - 34	16	-	6%	25%	44%
35 - 49	19	5%	16%	21%	53%
50 - 64	23	4%	4%	17%	48%
65+	2	-	-	-	-

See notes 2, 19 and 22.

TABLE 3-16  
 Vermont Agency of Human Services  
 Department of Mental Health

VERMONT PSYCHIATRIC CARE HOSPITAL  
**GENDER AND DISCHARGE RATE OF PATIENTS ADMITTED**  
 Fiscal Year 2016

	<u>Admissions</u>	<u>Percent Discharged Within</u>			
		<u>1 Week</u>	<u>2 Weeks</u>	<u>1 Month</u>	<u>3 Months</u>
OVERALL	60	3%	8%	20%	47%
<u>Gender</u>					
Male	44	5%	11%	18%	45%
Female	15	-	-	27%	53%
Other/Unknown	1	-	-	-	-

See notes 19 and 22.

TABLE 3-17a  
 Vermont Agency of Human Services  
 Department of Mental Health

VERMONT PSYCHIATRIC CARE HOSPITAL  
**DIAGNOSIS AND DISCHARGE RATE OF PATIENTS ADMITTED**  
 Fiscal Year 2016

ICD 9	Admissions	Percent Discharged Within			
		1 Week	2 Weeks	1 Month	3 Months
OVERALL	60	3%	8%	20%	47%
<u>Diagnosis</u>					
Organic Brain Syndrome	-	-	-	-	-
Schizophrenia & Other Psychoses	4	0%	25%	25%	50%
Mood Disorder	-	-	-	-	-
Anxiety Disorder	-	-	-	-	-
Personality Disorder	-	-	-	-	-
Adjustment Disorder	-	-	-	-	-
Social Problem	-	-	-	-	-
Substance Related Disorder	-	-	-	-	-
Child Non-Psychotic	-	-	-	-	-
Other DSM Disorder	-	-	-	-	-
Developmental Disorder	-	-	-	-	-
Deferred	3	-	-	-	33%

As clients may have many diagnoses reported, diagnostic groups do not represent an unduplicated count of clients served.

See notes 7, 19 and 22.

TABLE 3-17b  
Vermont Agency of Human Services  
Department of Mental Health

VERMONT PSYCHIATRIC CARE HOSPITAL  
**DIAGNOSIS AND DISCHARGE RATE OF PATIENTS ADMITTED**  
Fiscal Year 2016

ICD 10	Admissions	Percent Discharged Within			
		1 Week	2 Weeks	1 Month	3 Months
OVERALL	60	3%	8%	20%	47%
<u>Diagnosis</u>					
Physiological Conditions	2	-	-	-	-
Psychoactive Substance Use	1	-	100%	100%	100%
Schizophrenia Other Non-Mood Psychotic Disorders	46	4%	7%	13%	41%
Mood [Affective] Disorders	13	-	-	31%	69%
Anxiety and Other Nonpsychotic Mental Disorders	5	0%	20%	40%	60%
Behavioral Syndromes	-	-	-	-	-
Disorders of Adult Personality and Behavior	1	-	-	100%	100%
Intellectual Disabilities	-	-	-	-	-
Pervasive and Specific Developmental Disorders	1	-	100%	100%	100%
Behavioral Emotional Disorders/Child Adolescence	-	-	-	-	-
Unspecified Mental Disorder	59	-	-	-	-
Deferred	3	-	-	-	33%

As clients may have many diagnoses reported, diagnostic groups do not represent an unduplicated count of clients served.

See notes 7, 19 and 22.

TABLE 3-18  
 Vermont Agency of Human Services  
 Department of Mental Health

VERMONT PSYCHIATRIC CARE HOSPITAL  
**LEGAL STATUS AND DISCHARGE RATE OF PATIENTS ADMITTED**  
 Fiscal Year 2016

	<u>Admissions</u>	<u>Percent Discharged Within</u>			
		<u>1 Week</u>	<u>2 Weeks</u>	<u>1 Month</u>	<u>3 Months</u>
OVERALL	60	3%	8%	20%	47%
<u>Legal Status</u>					
Voluntary	-	-	-	-	-
Emergency	34	3%	9%	21%	59%
Forensic	24	4%	8%	21%	29%
Other	2	-	-	-	50%

See notes 19, 20 and 22.

TABLE 3-19  
 Vermont Agency of Human Services  
 Department of Mental Health

VERMONT PSYCHIATRIC CARE HOSPITAL  
**TYPE OF ADMISSION AND DISCHARGE RATE OF PATIENTS ADMITTED**  
 Fiscal Year 2016

	<u>Admissions</u>	<u>Percent Discharged Within</u>			
		<u>1 Week</u>	<u>2 Weeks</u>	<u>1 Month</u>	<u>3 Months</u>
OVERALL	60	3%	8%	20%	47%
<u>Type of Admission</u>					
First Admisssion	25	-	8%	24%	52%
Readmission	35	6%	9%	17%	43%

See notes 19, 21 and 22.



TABLE 3-20  
Vermont Agency of Human Services  
Department of Mental Health

VERMONT PSYCHIATRIC CARE HOSPITAL  
**CATCHMENT AREA AND LENGTH OF STAY OF PATIENTS IN RESIDENCE AT END OF YEAR**  
Fiscal Year 2016

	<u>Patients at end of Year</u>	<u>Median Length of Stay</u>	<u>Mean Length of Stay</u>
OVERALL	24	3 months	6 months
<u>Catchment Area</u>			
CSAC (Addison)	2	6 months	6 months
NCSS (Northwest)	1	3 months	3 months
HC (Chittenden)	12	3 months	7 months
LCC (Lamoille)	-	-	-
HCRS (Southeast)	2	1 year, 2 months	1 year, 2 months
NKHS (Northeast)	3	7 months	9 months
CMC (Orange)	-	-	-
RMHS (Rutland)	-	-	-
UCS (Bennington)	1	22 days	22 days
WCMH (Washington)	3	2 months	1 month

See notes 2 and 23.

TABLE 3-21  
 Vermont Agency of Human Services  
 Department of Mental Health

VERMONT PSYCHIATRIC CARE HOSPITAL  
**AGE AND LENGTH OF STAY OF PATIENTS IN RESIDENCE AT END OF YEAR**  
 Fiscal Year 2016

	<u>Patients at end of Year</u>	<u>Median Length of Stay</u>	<u>Mean Length of Stay</u>
OVERALL	24	3 months	6 months
<u>Age</u>			
13 - 19	-	-	-
20 - 34	5	6 months	5 months
35 - 49	5	2 months	4 months
50 - 64	11	4 months	7 months
65+	3	2 months	9 months

See notes 4 and 23.

TABLE 3-22  
 Vermont Agency of Human Services  
 Department of Mental Health

VERMONT PSYCHIATRIC CARE HOSPITAL  
**GENDER AND LENGTH OF STAY OF PATIENTS IN RESIDENCE AT END OF YEAR**  
 Fiscal Year 2016

	<u>Patients at end of Year</u>	<u>Median Length of Stay</u>	<u>Mean Length of Stay</u>
OVERALL	24	3 months	6 months
<u>Gender</u>			
Male	16	5 months	3 months
Female	7	10 months	4 months
Other/Unknown	1	3 months	3 months

See note 23.

TABLE 3-23a  
Vermont Agency of Human Services  
Department of Mental Health

VERMONT PSYCHIATRIC CARE HOSPITAL  
**DIAGNOSIS AND LENGTH OF STAY OF PATIENTS IN RESIDENCE AT END OF YEAR**  
Fiscal Year 2016

<u>ICD 9</u>	<u>Patients at end of Year</u>	<u>Median Length of Stay</u>	<u>Mean Length of Stay</u>
OVERALL	24	3 months	6 months
<u>Diagnosis</u>			
Organic Brain Syndrome	-	-	-
Schizophrenia & Other Psychoses	5	1 year, 10 months	1 year, 8 months
Mood Disorder	-	-	-
Anxiety Disorder	1	1 year, 10 months	1 year, 10 months
Personality Disorder	-	-	-
Adjustment Disorder	-	-	-
Social Problem	-	-	-
Substance Related Disorder	2	1 year, 5 months	1 year, 5 months
Child Non-Psychotic	-	-	-
Other DSM Disorder	-	-	-
Developmental Disorder	-	-	-
Deferred	0		

As clients may have many diagnoses reported, diagnostic groups do not represent an unduplicated count of clients served.

See notes 7 and 23.

TABLE 3-23b  
Vermont Agency of Human Services  
Department of Mental Health

VERMONT PSYCHIATRIC CARE HOSPITAL  
**DIAGNOSIS AND LENGTH OF STAY OF PATIENTS IN RESIDENCE AT END OF YEAR**  
Fiscal Year 2016

<u>ICD 10</u>	<u>Patients at end of Year</u>	<u>Median Length of Stay</u>	<u>Mean Length of Stay</u>
OVERALL	24	3 months	6 months
<u>Diagnosis</u>			
Physiological Conditions	1	2 months	2 months
Psychoactive Substance Use	-	-	-
Schizophrenia Other Non-Mood Psychotic Disorders	20	4 months	7 months
Mood [Affective] Disorders	1	22 days	22 days
Anxiety and Other Nonpsychotic Mental Disorders	2	1 year	1 year
Behavioral Syndromes	-	-	-
Disorders of Adult Personality and Behavior	-	-	-
Intellectual Disabilities	-	-	-
Pervasive and Specific Developmental Disorders	-	-	-
Behavioral Emotional Disorders/Child Adolescence	-	-	-
Unspecified Mental Disorder	1	1 month	1 month
Deferred	0		

As clients may have many diagnoses reported, diagnostic groups do not represent an unduplicated count of clients served.

See notes 7 and 23.

TABLE 3-24  
 Vermont Agency of Human Services  
 Department of Mental Health

VERMONT PSYCHIATRIC CARE HOSPITAL  
**LEGAL STATUS AND LENGTH OF STAY OF PATIENTS IN RESIDENCE AT END OF YEAR**  
 Fiscal Year 2016

	<u>Patients at end of Year</u>	<u>Median Length of Stay</u>	<u>Mean Length of Stay</u>
OVERALL	24	3 months	6 months
<u>Legal Status</u>			
Voluntary	-	-	-
Emergency	13	4 months	6 months
Forensic	9	2 months	5 months
Other	2	1 year, 3 months	1 year, 3 months

See notes 20 and 23.

TABLE 3-25  
 Vermont Agency of Human Services  
 Department of Mental Health

VERMONT PSYCHIATRIC CARE HOSPITAL  
**TYPE OF ADMISSION AND LENGTH OF STAY OF PATIENTS IN RESIDENCE AT END OF YEAR**  
 Fiscal Year 2016

	<u>Patients at end of Year</u>	<u>Median Length of Stay</u>	<u>Mean Length of Stay</u>
OVERALL	24	3 months	6 months
<u>Type of Admission</u>			
First Admission	10	3 months	5 months
Readmission	14	4 months	7 months

See notes 21 and 23.





## Part 4: Historical Overview

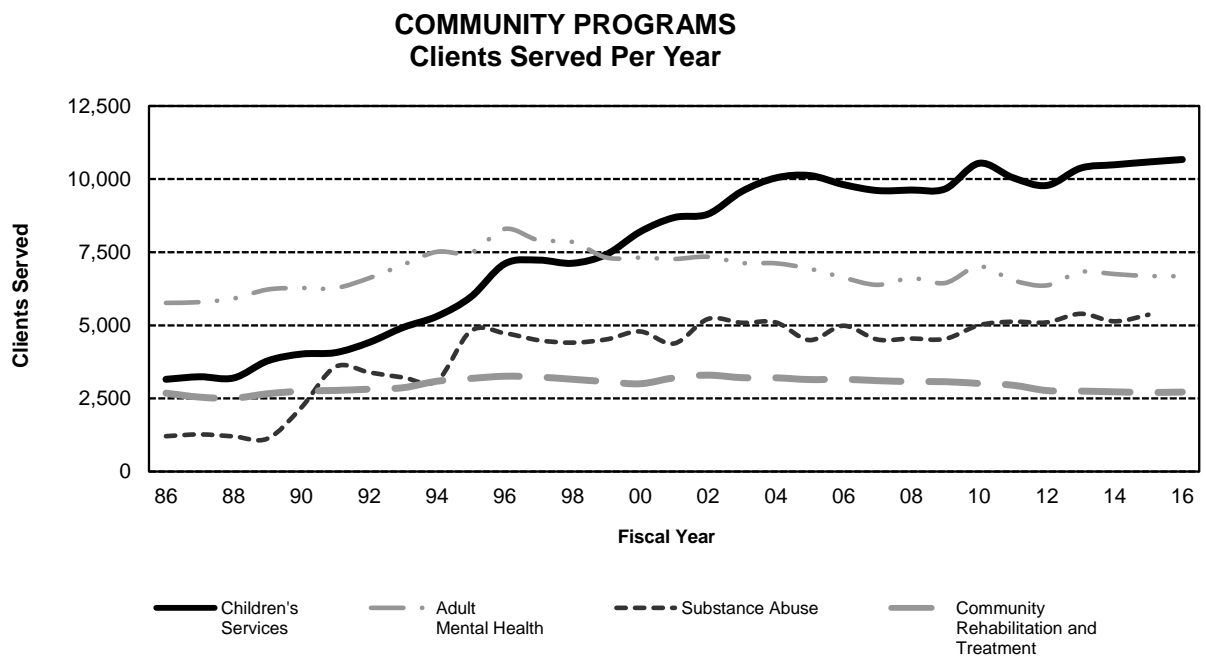




TABLE 4-1  
 Vermont Agency of Human Services  
 Department of Mental Health

**NUMBER OF CLIENTS SERVED: FY1987 - FY2016**  
 by Clients' Primary Program Assignment

<u>Fiscal Year</u>	<u>Children's Services</u>	<u>Adult MH Outpatient</u>	<u>Community Rehabilitation</u>	<u>Substance Abuse</u>	<u>Unassigned</u>	<u>State Hospital</u>
1987	3,241	5,792	2,544	1,269	948	548
1988	3,450	5,916	2,508	1,202	797	596
1989	3,734	6,224	2,660	1,128	687	523
1990	3,965	6,276	2,748	2,193	518	455
1991	4,066	6,271	2,773	3,580	484	407
1992	4,281	6,615	2,817	3,388	416	389
1993	4,703	7,071	2,867	3,219	428	311
1994	5,167	7,516	3,089	3,104	393	333
1995	5,971	7,480	3,183	4,807	437	323
1996	7,103	7,711	3,259	4,430	487	305
1997	7,230	7,907	3,232	4,490	577	294
1998	7,122	7,851	3,155	4,407	734	327
1999	7,424	7,317	3,073	4,518	1,314	246
2000	8,204	7,324	3,003	4,789	1,972	257
2001	8,670	7,189	3,259	4,357	2,136	244
2002	8,967	7,345	3,296	5,217	2,218	254
2003	9,749	7,130	3,210	5,087	2,360	234
2004	10,040	7,120	3,205	5,101	2,396	231
2005	10,122	6,936	3,145	4,495	2,898	218
2006	9,812	6,631	3,154	4,985	2,540	216
2007	9,609	6,384	3,109	4,515	1,887	231
2008	9,627	6,614	3,076	4,548	1,950	255
2009	9,665	6,448	3,073	4,536	2,270	246
2010	10,541	7,015	3,013	5,004	3,459	261
2011	10,048	6,541	2,952	5,125	4,321	254
2012	9,783	6,366	2,769	5,101	5,485	87
2013	10,374	6,826	2,752	5,395	5,668	26
2014	10,490	6,752	2,726	5,137	5,411	36
2015	10,585	6,685	2,704	5,363	5,205	67
2016	10,670	6,681	2,718	-	4,556	73

See notes 1, 2 and 3.

TABLE 4-2  
Vermont Agency of Human Services  
Department of Mental Health

**CHILDREN'S SERVICES PROGRAMS**  
**NUMBER OF CLIENTS SERVED: FY1987 - FY2016**  
by Designated Agency

<u>Fiscal Year</u>	<u>CSAC</u>	<u>NCSS</u>	<u>HC</u>	<u>LCMH</u>	<u>HCRS</u>	<u>NKHS</u>	<u>CMC</u>	<u>RMHS</u>	<u>UCS</u>	<u>WCMH</u>	<u>NFI</u>	<u>Total</u>
1987	516	231	245	145	544	342	327	308	201	328	54	3,241
1988	570	218	417	129	595	344	322	284	187	335	49	3,450
1989	645	259	433	143	628	399	309	325	218	315	60	3,734
1990	736	305	461	146	694	379	258	369	243	326	48	3,965
1991	739	297	470	131	773	455	275	323	252	299	52	4,066
1992	645	353	422	174	837	480	291	379	266	382	52	4,281
1993	680	381	465	207	975	484	256	478	248	473	56	4,703
1994	733	416	496	223	1,077	487	289	616	277	483	70	5,167
1995	805	517	653	166	1,162	681	346	672	297	566	106	5,971
1996	833	545	977	171	1,330	823	490	754	422	609	149	7,103
1997	684	520	1,033	203	1,435	867	525	694	476	570	223	7,230
1998	642	485	1,027	230	1,363	967	543	622	463	525	255	7,122
1999	746	547	1,220	169	1,303	1,005	521	696	514	564	139	7,424
2000	788	756	1,281	209	1,482	976	636	696	572	701	107	8,204
2001	810	788	1,577	188	1,216	964	944	711	565	715	192	8,670
2002	954	853	1,702	219	1,298	1,011	513	709	550	716	442	8,967
2003	859	924	1,621	546	1,573	1,045	583	847	556	767	428	9,749
2004	861	1,126	1,577	546	1,704	1,026	543	933	553	759	412	#####
2005	870	1,164	1,989	421	1,617	1,054	466	951	456	716	418	#####
2006	848	1,128	1,891	489	1,470	803	584	1,054	523	693	329	9,812
2007	909	1,161	2,029	430	1,285	806	575	961	563	769	121	9,609
2008	804	1,215	1,977	388	1,375	827	563	936	620	741	181	9,627
2009	691	1,243	1,951	359	1,455	947	542	915	573	764	225	9,665
2010	777	1,243	2,092	426	1,630	961	595	1,013	548	913	343	#####
2011	805	1,131	1,813	361	1,645	877	611	1,025	464	930	386	#####
2012	847	1,049	1,639	329	1,672	952	615	1,030	456	897	297	9,783
2013	1,164	1,247	1,573	318	1,695	1,001	592	962	500	956	366	#####
2014	1,109	1,463	1,480	337	1,640	997	621	915	546	1,023	359	#####
2015	1,025	1,582	1,662	338	1,484	976	671	918	524	1,033	372	#####
2016	913	1,743	1,872	296	1,375	821	687	906	449	1,007	601	#####

See notes 1, 2 and 3.

TABLE 4-3  
Vermont Agency of Human Services  
Department of Mental Health

**ADULT MENTAL HEALTH OUTPATIENT PROGRAMS**  
**NUMBER OF CLIENTS SERVED: FY1987 - FY2016**  
by Designated Agency

<u>Fiscal Year</u>	<u>CSAC</u>	<u>NCSS</u>	<u>HC</u>	<u>LCMH</u>	<u>HCRS</u>	<u>NKHS</u>	<u>CMC</u>	<u>RMHS</u>	<u>UCS</u>	<u>WCMH</u>	<u>PATH</u>	<u>Total</u>
1987	487	556	522	211	1,176	699	444	761	359	577	-	5,792
1988	516	563	503	205	1,268	620	502	664	362	713	-	5,916
1989	541	689	457	225	1,267	689	510	657	479	710	-	6,224
1990	558	774	477	281	1,249	733	340	692	572	600	-	6,276
1991	582	731	526	204	1,318	747	346	732	554	531	-	6,271
1992	586	804	517	231	1,434	777	405	746	596	519	-	6,615
1993	582	793	1,173	259	1,420	692	339	711	511	591	-	7,071
1994	677	874	1,286	263	1,493	704	270	835	486	628	-	7,516
1995	679	879	1,245	175	1,577	776	202	806	530	611	-	7,480
1996	588	807	1,293	216	1,581	785	269	799	635	738	-	7,711
1997	623	818	1,337	288	1,579	667	282	782	778	753	-	7,907
1998	628	710	1,408	326	1,504	622	276	818	804	755	-	7,851
1999	739	679	1,047	281	1,134	752	273	923	681	808	-	7,317
2000	741	940	792	332	1,108	815	270	812	791	723	-	7,324
2001	800	948	700	326	679	813	291	958	878	796	-	7,189
2002	809	953	686	283	718	971	369	888	896	772	-	7,345
2003	782	967	653	308	894	841	477	760	866	582	-	7,130
2004	632	1,019	690	208	962	927	508	694	883	597	-	7,120
2005	569	1,037	723	117	879	997	415	814	763	622	-	6,936
2006	564	1,075	658	123	681	706	560	775	851	638	-	6,631
2007	631	1,090	547	146	694	687	520	642	803	624	-	6,384
2008	587	1,122	471	214	653	824	541	632	857	713	-	6,614
2009	460	1,104	522	242	662	1,000	556	261	840	801	-	6,448
2010	664	1,028	590	227	710	1,032	605	286	860	1,013	-	7,015
2011	687	864	516	32	767	978	640	236	864	957	-	6,541
2012	755	646	489	55	749	1,025	642	247	809	949	-	6,366
2013	907	850	586	165	927	1,035	616	226	691	823	-	6,826
2014	728	805	478	157	938	1,191	612	186	647	1,010	-	6,752
2015	638	817	553	138	954	1,022	617	193	593	1,041	119	6,685
2016	539	759	471	174	995	1,015	575	207	649	1,169	128	6,681

See notes 1, 2 and 3.

TABLE 4-4  
Vermont Agency of Human Services  
Department of Mental Health

**COMMUNITY REHABILITATION AND TREATMENT PROGRAMS**  
**NUMBER OF CLIENTS SERVED: FY1987 - FY2016**  
by Designated Agency

<u>Fiscal Year</u>	<u>CSAC</u>	<u>NCSS</u>	<u>HC</u>	<u>LCMH</u>	<u>HCRS</u>	<u>NKHS</u>	<u>CMC</u>	<u>RMHS</u>	<u>UCS</u>	<u>WCMH</u>	<u>PATH</u>	<u>Total</u>
1987	110	162	403	147	321	287	72	415	103	524	-	2,544
1988	122	157	397	160	327	304	78	302	94	567	-	2,508
1989	115	170	457	169	364	331	82	301	99	572	-	2,660
1990	119	168	509	181	358	333	77	277	118	608	-	2,748
1991	110	164	499	139	362	414	81	294	135	575	-	2,773
1992	122	166	519	145	367	419	83	281	168	547	-	2,817
1993	123	164	550	146	341	446	79	268	215	535	-	2,867
1994	132	196	587	141	357	481	84	275	214	622	-	3,089
1995	136	226	617	139	339	492	109	294	232	599	-	3,183
1996	146	210	623	133	402	455	122	316	225	627	-	3,259
1997	149	217	629	129	376	455	120	319	197	641	-	3,232
1998	154	243	635	130	344	434	116	313	190	596	-	3,155
1999	172	233	647	138	395	397	124	317	187	463	-	3,073
2000	170	203	659	146	390	373	116	324	189	433	-	3,003
2001	165	228	669	159	434	417	172	335	202	478	-	3,259
2002	166	244	648	156	428	442	182	349	192	489	-	3,296
2003	166	241	653	147	411	424	178	324	187	479	-	3,210
2004	173	250	671	138	429	411	169	310	192	462	-	3,205
2005	175	225	672	145	412	403	169	308	184	452	-	3,145
2006	174	228	669	143	414	400	187	310	183	446	-	3,154
2007	184	240	660	142	385	376	188	302	189	443	-	3,109
2008	177	232	692	133	382	358	199	291	178	434	-	3,076
2009	187	233	685	138	384	357	192	284	184	429	-	3,073
2010	189	236	677	141	375	319	187	292	165	432	-	3,013
2011	188	230	687	143	387	288	173	282	158	416	-	2,952
2012	187	234	655	140	400	254	169	274	156	300	-	2,769
2013	182	223	657	122	406	228	152	267	156	359	-	2,752
2014	178	229	652	131	389	226	139	265	159	358	-	2,726
2015	170	225	650	125	382	218	125	266	156	337	50	2,704
2016	166	229	620	119	374	238	164	267	153	339	49	2,718

See notes 1, 2 and 3.

TABLE 4-5  
Vermont Agency of Human Services  
Department of Mental Health

**SUBSTANCE ABUSE PROGRAMS**  
**NUMBER OF CLIENTS SERVED: FY1987 - FY2016**  
by Designated Agency

<u>Fiscal Year</u>	<u>CSAC</u>	<u>NCSS</u>	<u>HC</u>	<u>LCMH</u>	<u>HCRS</u>	<u>NKHS</u>	<u>CMC</u>	<u>RMHS</u>	<u>UCS</u>	<u>WCMH</u>	<u>Total</u>
1987	104	41	47	138	342	164	63	59	172	139	1,269
1988	81	35	16	93	409	140	90	83	111	144	1,202
1989	77	52	24	99	315	91	129	97	133	111	1,128
1990	73	57	28	0	401	100	106	922	376	130	2,193
1991	212	107	474	101	886	17	347	574	403	459	3,580
1992	224	77	368	90	804	2	361	712	408	342	3,388
1993	300	55	427	125	778	2	376	638	355	163	3,219
1994	297	50	354	143	787	1	372	715	367	18	3,104
1995	286	56	1,926	88	811	1	484	804	344	7	4,807
1996	228	41	1,911	86	683	1	413	705	355	7	4,430
1997	224	41	1,718	105	636	405	346	569	437	9	4,490
1998	217	66	1,523	82	671	467	417	542	416	6	4,407
1999	170	96	1,468	87	562	451	678	659	345	2	4,518
2000	190	102	1,476	94	577	536	725	677	410	2	4,789
2001	208	36	1,522	131	440	581	431	555	453	0	4,357
2002	189	23	1,675	26	487	684	1,051	580	501	1	5,217
2003	182	19	1,731	12	478	587	990	599	489	0	5,087
2004	176	13	1,723	3	521	633	891	685	456	0	5,101
2005	180	5	1,872	0	410	766	282	615	365	0	4,495
2006	219	0	2,116	0	428	723	431	645	423	0	4,985
2007	258	0	1,591	0	566	639	455	611	395	0	4,515
2008	189	0	1,561	0	626	632	515	629	396	0	4,548
2009	129	9	1,619	0	637	586	546	677	333	0	4,536
2010	196	35	1,967	0	692	631	462	607	414	0	5,004
2011	161	49	2,396	0	541	637	417	557	367	0	5,125
2012	195	45	2,397	0	526	545	390	602	401	0	5,101
2013	263	61	2,507	0	541	554	411	618	440	0	5,395
2014	233	27	2,559	0	481	474	408	565	390	0	5,137
2015	224	9	2,897	0	346	478	510	502	397	0	5,363
2016	-	-	-	-	-	-	-	-	-	-	-

See notes 1, 2 and 3.





# Part 5: Notes



## OVERVIEW

### 1. The Scope of This Report

The Vermont Department of Mental Health (DMH) is responsible for a variety of publicly funded outpatient, inpatient, residential and support services provided to children and adults who have an emotional disturbance, mental illness, and/or substance abuse disorder. DMH contracts with one designated agency (DA) in each geographic region of the state to be responsible for ensuring needed services are available through local planning, support coordination and outcomes monitoring within their region. A specialized service agency (SSA) is a separate entity also contracted by DMH that provides community services to a specific population. This report describes clients served and services provided during FY2016 by the Vermont Psychiatric Care Hospital (VPCH), eleven designated agencies, and one specialized service agency for mental health services. Specialized Service Agencies that provide services under contract with the Division of Alcohol and Drug Abuse Program (ADAP) Department of Aging and Independent Living (DAIL) are not included in this report. On intake, most clients are assigned to one of these programs within the agency (primary program assignment) although the services they receive may be provided by more than one program in that agency (program of service).

The Department of Mental Health is responsible for the Vermont Psychiatric Care Hospital (VPCH) and mental health programs at Vermont's designated agencies, including Children's Services Programs, Adult Mental Health Outpatient Programs, Community Rehabilitation and Treatment Programs, and Emergency Services Programs. Many community mental health designated agencies also provide substance abuse services under contract with the State's Division of Alcohol and Drug Abuse Programs (ADAP) in the Department of Health. Data on this latter type of service is no longer contained in this report.

Prior to the arrival of Tropical Storm Irene in August 2011, the Vermont State Hospital had been a state-operated psychiatric hospital located in Waterbury, Vermont. The Vermont State Hospital (VSH) had served Vermont Residents with serious mental illness since the 1890s. In the wake of Tropical Storm Irene, VSH ceased to exist as a center of treatment. During its last years, VSH served patients on both a short-term and a long-term basis. Short-term patients included adults who were experiencing an acute psychotic episode and criminal defendants referred to the hospital for psychiatric evaluation of sanity and/or competency to stand trial. Longer-term patients included those with a chronic mental illness who continued to be too actively psychotic to be integrated into the community and patients whose mental disorders and physical handicaps required a higher or more specialized level of care than is available in the community. Inpatient behavioral health care continues to be provided by five regional hospitals in Vermont and the Brattleboro Retreat; data on clients served by these facilities are not included in this report.

In January 2013, the Department of Mental Health opened Green Mountain Psychiatric Care Center (GMPPC), an interim eight bed psychiatric facility in Morrisville, Vermont, to serve as a center of treatment for short-term psychiatric stays. The State changed the name of this State Hospital to the Vermont Psychiatric Care Hospital (VPCH) in the latter part of FY2014. Construction was completed on a new state psychiatric hospital in Berlin, Vermont in July 2014. In June 2013, Middlesex Therapeutic Community Residence (MTCR) opened with seven beds to serve as a center of treatment for long-term patients who require a more specialized level of care than is available in the community.

Children's Services Programs provide services to children and families who are undergoing emotional or psychological distress or are having problems adjusting to changing life situations. These programs primarily provide outpatient services (clinical, service planning, community supports, crisis and respite services), although several agencies also provide residential services for children and adolescents who have a severe emotional disturbance.

Adult Mental Health Outpatient Programs serve individuals 18 years of age and over who do not have prolonged serious disabilities but who are experiencing emotional, behavioral, or adjustment problems severe enough to warrant professional attention. Services offered include clinical, service planning and community support services and some crisis services.

Community Rehabilitation and Treatment (CRT) Programs serve adults with severe and persistent mental illness. In addition to regular clinical services, CRT Programs provide day treatment services, service planning, community supports, supported employment and a variety of housing services to clients who have a major mental illness.

Emergency Services Programs serve individuals who are experiencing an acute mental health crisis. Emergency services include diagnostic and psychotherapeutic services such as evaluation of the client and the circumstances leading to the crisis, crisis counseling, screening for hospitalization, referral and follow-up. These services are provided on a 24-hour a day, 7-day-per-week basis with both telephone and face-to-face services available as needed.

The Division of Alcohol and Drug Abuse Programs (ADAP) is responsible for providing services to people with alcohol and/or drug abuse problems and their families in a community setting through community mental health centers and other providers.

## **2. Community Provider Agencies**

Community-based services are provided to individuals throughout the state through contracts with nonprofit community provider agencies. The community provider agencies are designated by DMH at differing levels: designated agencies (DAs) and specialized service agencies (SSAs). The agencies and the areas they serve are described below.

### Designated Agencies

DMH funds community mental health services provided by designated agencies (DAs). Each DA serves a specific region or catchment area. Mental health service catchment areas broadly align with counties with the exceptions noted below. Together these mental health areas cover the entire state. Populations for these catchment areas are based on National Census figures obtained from the Vermont Department of Health.

The Counseling Service of Addison County (CSAC) serves all of Addison County except the towns of Granville and Hancock.

Northwestern Counseling and Support Services (NCSS) serves Franklin County and Grand Isle County.

The HowardCenter (HC) serves Chittenden County.

Lamoille County Mental Health Services (LCMH) serves Lamoille County. For Children's Services, Lamoille also serves the towns of Craftsbury, Greensboro, Hardwick, and Stannard from the Northeast Kingdom, and Woodbury from Washington County.

Health Care and Rehabilitation Services of Southeastern Vermont (HCRS) serves all of Windham County and Windsor County except the towns of Bethel, Rochester, Royalton, Sharon and Stockbridge.

Northeast Kingdom Human Services (NKHS) serves Caledonia, Essex and Orleans Counties except the towns of Craftsbury, Greensboro, Hardwick, and Stannard for Children's Services.

The Clara Martin Center (CMC) serves recipients in Orange County (except the towns of Orange, Williamstown, and Washington, which are served by WCMH), the towns of Granville and Hancock in Addison County, and the towns of Bethel, Rochester, Royalton, Sharon and Stockbridge in Windsor County.

Rutland Mental Health Services (RMHS) serves Rutland County.

United Counseling Services (UCS) serves Bennington County.

Washington County Mental Health Services (WCMH) serves Washington County as well as the towns of Orange, Williamstown, and Washington from Orange County, with the exception of Woodbury for Children's Services.

Pathways serves a statewide population of consumers experiencing homelessness or early crisis, and veterans needing short-term supportive services.

### Specialized Service Agencies

DMH contracts with one SSA that provides community mental health services to a specific population.

The Northeastern Family Institute (NFI) in Williston provides intensive residential treatment for children and adolescents from all parts of Vermont who are experiencing a severe emotional disturbance.

## **3. Clients Served**

This report is based on a complete enumeration of clients served by Children's Services Programs, Adult Mental Health Outpatient Programs, Community Rehabilitation and Treatment Programs, Emergency Service Programs, and VPCH. Although clients may receive services from more than one of these community-based programs, each client has a primary program assignment within the agency providing the services. Clients involved in other programs such as

Retired Senior Volunteers Programs (RSVP), Head Start Programs, and Countermeasures Regarding Alcohol Safety on the Highway (CRASH) Programs are included only if they were also served by one of the programs listed above. It should be noted that the clients and services reported for NFI include only those who receive DMH-funded services.

Tables that describe clients categorize them according to their primary program assignment rather than the program(s) by which they were served. Because of this, the numbers of clients served within each community service provider agency and VPCH represent an unduplicated count of individual clients. Clients served by more than one program at a provider agency are counted only once and categorized under their most recent submitted primary program assignment. Individuals who were served by more than one provider agency, however, are counted more than once, as are individuals served by a provider agency and VPCH. Table entries with the symbol "-" indicate either "no data reported" or "not applicable." Due to rounding, table entries with 0% indicate percentages that are less than 0.5%.

Clients who had not been assigned to a specific program as of the end of the fiscal year are reported as "unassigned" in the tables based on primary program assignment.

Tables that describe services provided by programs at community provider agencies categorize clients according to the program by which services were provided. Because of this, clients who received services from more than one program are counted more than once in tables which describe the services provided. Thus, the client totals in the tables that describe services do not equal the client totals in the tables that describe demographics.

It should be kept in mind that many DAs do not register or record mental health services to every individual who might be seen in the course of client treatment. Collaterals, such as parents, children, or spouses of registered clients, for instance, frequently receive services coincident to services to the primary client. Family therapy is especially likely to involve individuals who do not become registered clients so that the number of clients reported would be substantially fewer than the actual total number of individuals seen.

The rates of clients served per 1,000 population in Table 1-2 are presented as a comparable standardized measure of the proportion of the residents of specified geographical regions who are served by specified programs. This utilization rate is computed according to the formula:

$$R = \frac{1,000 C}{P}$$

where R is the rate of clients served per 1,000 population, C is the number of clients served, and P is the age-specific population of the geographic area in question. Children's Services utilization rates are based on the catchment area population of residents under 18 years of age. CRT, Adult Mental Health Outpatient, and VPCH service utilization rates are based on adult population counts. Total population counts are used to calculate utilization rates for unassigned clients. Note that in earlier versions of this report (prior to FY2001) all program utilization rates were based on total population figures. Counts for the catchment area populations were based on National Census figures (July 1, 2014) obtained from the Vermont Department of Health which are adjusted for each fiscal year and catchment area.

## Vermont Population of Service Areas

Provider / Catchment Area		Youth <18	Adult 18 +	Total
Statewide		119923	506119	626042
CSAC	Addison	6522	29885	36407
NCSS	Franklin/Grand Isle	12365	43295	55660
HC	Chittenden	29797	131585	161382
LCMH	Lamoille	6525	19916	26441
HCRS	Southeast	16957	74088	91045
NKHS	Northeast	11646	51347	62993
CMC	Orange	6055	26066	32121
RMHS	Rutland	10817	48919	59736
UCS	Bennington	6999	29318	36317
WCMH	Washington	12240	51700	63940

### 4. Age

The age of clients was calculated from their date of birth and is current as of December 31, 2015, the midpoint of the period covered by this report.

### 5. Income

Income is based on clients' or their families' report of gross annual household income. The income reported should include all sources of income including Supplemental Security Income (SSI) benefits, welfare payments, unemployment compensation, alimony and child support payments, in addition to income earned from employment or investment. All income from all members of a residential/economic unit should be included. If a client lives with unrelated others with whom he or she does not pool financial resources, income of the other resident(s) should not be counted toward the client's income.

### 6. Responsibility for Fee

Responsibility for fee is reported for five categories: Medicaid, Medicare, Other Insurance, State Agency Contract, and Uninsured. Providers can report up to three payers for each client. Therefore, the categories are not mutually exclusive and clients may be counted in more than one category. "Medicaid" includes all clients who are covered by Medicaid, including people on the Medicaid Waiver. "Medicare" includes all clients who are covered by Medicare. "Other Insurance" includes all clients with other third-party insurance excluding Medicaid and Medicare. This category includes private insurance, service contracts, Veterans Administration, Civilian Health and Medical Program of the Uniformed Services (CHAMPUS), and worker's compensation. "State Agency Contracts" includes clients whose services are partly funded by DMH, ADAP, DCF and Vocational Rehabilitation contracts. Finally, the "Uninsured/unknown" category is the residual category for clients who are not reported in any of the other categories noted above.

Medical insurance does not necessarily cover mental health services and, even when these services are covered, the reimbursement may be substantially less than the cost of the services. Because of this, insured clients should be considered partly self-paying clients as well.

Information on responsibility for fee presented here is current as of the end of the report period (June 30, 2016). Since insurance coverage is subject to change, the insurance coverage reported here may not have been in effect for the entire year of the report.

## 7. Diagnosis

On October 1, 2015, the National Center for Health Statistics (NCHS) implemented the International Statistical Classification of Diseases and Related Health Problems, 10th revision (ICD-10) to replace the earlier version of this classification referred to as ICD-9. New diagnostic categories included in this report are based on the American Psychiatric Association's *Diagnostic and Statistical Manual of Mental Disorders*, Fifth Edition (DSM-V). As the implementation date occurs mid-way through the reporting year for this report, data is included for both ICD-9 and ICD-10. Clients may receive more than one diagnosis. These clients will be reported under more than one diagnostic group. For this reason, the total number of diagnoses will exceed the total number of clients served. Specific diagnoses have been grouped into diagnostic categories according to the following specifications:

### ICD-9 Diagnosis

#### Organic Brain Syndromes:

Senile and Presenile Dementias (290.1x, 290.20, 290.21, 290.30, 290.4x, 209.00);  
Some Organic Brain Syndromes (293.00, 293.81, 293.82, 293.83, 294.00, 294.10, 294.00, 294.10, 294.80, 310.10);  
Psychoactive Substance-Induced Organic Mental Disorders (291.00, 291.10, 291.2x, 291.30, 291.40, 291.80, 292.00, 292.11, 292.12, 292.81, 292.82, 292.83, 292.84, 292.89, 292.90).

#### Schizophrenic and Other Psychotic Disorders:

Schizophrenic Disorders (295. 1x, 295.2x, 295.3x, 295.9x, 295.6x);  
Paranoid Disorders (297.10, 297.30, 297.90, 298.30);  
Autism (299.0x, 299.8x, 299.9x);  
Psychotic Disorders not Classified Elsewhere (295.40, 295.70, 298.80, 298.90).

#### Mood Disorders:

Major Affective Disorders (296.2x, 296.3x, 296.4x, 296.5x, 296.6x);  
Other Specific Affective Disorders (300.40, 301.13, 311.00);  
Atypical Affective Disorders (296.70, 296.82).

#### Anxiety Disorders:

Phobic Disorders (300.21, 300.22, 300.23, 300.29);  
Anxiety Neuroses (300.01, 300.02, 300.30);  
Post Traumatic Stress Disorder (300.00, 308.30, 309.81, 309.89).

#### Personality Disorders:

Personality Disorders (301.00, 301.20, 301.22, 301.40, 301.50, 301.60, 301.70, 301.81, 301.82, 301.83, 301.84, 301.90);  
Factitious Disorders (300.16, 300.19, 301.51).

#### Adjustment Disorders:

Adjustment Disorders (309.00, 309.23, 309.24, 309.28, 309.30, 309.40, 309.82, 309.83, 309.90).

#### Social Problems:

Conditions Not Attributable to a Mental Disorder that are a Focus of Attention or Treatment (15.81, 61.10, 61.20, 61.80, 62.20, 62.30, 62.82, 62.88, 62.89, 65.20, 71.01, 71.02).

#### Substance-Related Disorders:

Substance Use Disorders (303.9x, 304.0x, 304.1x, 304.3x, 304.4x, 304.6x, 304.7x, 304.8x, 304.9x, 305.0x-305.7x, 305.9x).

#### Childhood Non-Psychotic Disorders:

Attention Deficit Disorder (314.00, 314.01, 314.80);  
Conduct Disorder (312.00, 312.20, 312.90, 313.81);  
Anxiety Disorders of Childhood or Adolescence (309.21, 313.00, 313.21).

#### Other Psychological Disorders:

Gender Identity Disorders (302.5x, 302.60, 302.85);  
Paraphilias (302.10, 302.20, 302.30, 302.40, 302.81-302.84, 302.90);  
Psychosexual Dysfunctions (302.70-302.76, 306.51);  
Other Psychosexual Disorders (302.00, 302.89);  
Psychological Factors Affecting Physical Conditions (316.00);  
Disorders of Impulse Control (312.31-312.35, 312.39).

#### Developmental Disorders:

Mental Retardation (317.0x, 318.0x-318.2x, 319.0x);  
Specific Developmental Disorders (315.00, 315.10, 315.31, 315.39, 315.50, 315.90).

#### ICD-10 Diagnosis:

Mental disorders due to known physiological conditions F01-F09

Mental and behavioral disorders due to psychoactive substance use F10-F19

Schizophrenia, schizotypal, delusional, and other non-mood psychotic disorders F20-F29

Mood [affective] disorders F30-F39

Anxiety, dissociative, stress-related, somatoform and other nonpsychotic mental disorders F40-F48

Behavioral syndromes associated with physiological disturbances and physical factors F50-F59

Disorders of adult personality and behavior F60-F69

Intellectual Disabilities F70-F79

Pervasive and specific developmental disorders F80-F89

Behavioral and emotional disorders with onset usually occurring in childhood and adolescence F90-F98

Unspecified mental disorder F99

### **8. Problems**

Part of the intake process for each client is a problem checklist. The problem areas are not mutually exclusive, as an individual may have more than one type of problem. Since this assessment is conducted only at intake, the problems may not be current for long-term clients. Problems apparent at intake may have been resolved and/or new problems may have arisen. Also, clients admitted prior to FY2002 were not assessed with reference to Mood, Criminal, Victim and Runaway. This information is not collected for clients treated at VPCH.

### **9. Length of Stay**

Information on clients' length of stay is based on admission dates reported by community provider agencies and VPCH. These dates represent the most recent admission for the clients, not the date of their first admission. For this reason, these figures may substantially understate the total length of time clients had been in treatment.

Community provider agencies vary in their standard operating procedures with regard to discharging and readmitting clients. Some agencies routinely discharge clients after specified periods of inactivity. Other programs rarely discharge long-term clients with severe and persistent disorders.

## **TYPES OF SERVICE**

### **10. Clinical Interventions**

#### Individual, Family and Group Therapy

Individual, Family and Group Therapy refers to all psychotherapeutic and substance abuse services. Individual Therapy is a method of treatment that uses the interaction between a therapist and the individual to facilitate emotional or psychological change, to alleviate distress, and change substance use. Family Therapy is a method of treatment that uses the interaction between a therapist and the individual together with family members to facilitate emotional or psychological change and to alleviate distress. Group Therapy is a method of treatment that uses the interaction



between a therapist and the individual together with peers to facilitate emotional or psychological change and to alleviate distress.

Psychotherapeutic services described in this report refer to services received by clients. A group therapy session in which one clinician meets with five clients, for instance, is counted as five services. Individual therapy sessions involving couples or families may involve multiple services as well. Individual and family therapy sessions tend to last about one hour. Individual, family and group therapy services are reported for nonresidential programs only.

#### Medication and Medical Support and Consultation Services

Medication and Medical Support and Consultation Services include evaluating the need for, prescribing and monitoring medication, and providing medical observation, support and consultation for an individual's health care. These services include evaluation of the need for psychoactive medication, the prescription by a qualified clinician, therapist, psychiatrist or nurse practitioner of psychoactive drugs intended to mitigate or prevent symptoms of mental illness and the monitoring and assessment of patient reaction to prescribed drugs. Medication and Medical Support and Consultation Services are reported for nonresidential programs only.

#### Clinical Assessment

Clinical Assessment refers to psychiatric, psychological, psychosocial, substance abuse, and/or developmental assessment sessions and the preparation of individualized plans, including the administration and interpretation of psychometric tests and the preparation of reports. Clinical Assessment services are reported for outpatient programs only when they are recorded as a separate service.

### **11. Day Services**

The Day Services reported in this book include community-based Day Services and Partial Hospitalization. Note that Children's Services do not provide day services.

Day Services are group recovery activities in a milieu that promotes wellness, empowerment, a sense of community, personal responsibility, self-esteem and hope. These activities are consumer-centered. This service provides socialization, daily skills development and crisis support, and promotes self-advocacy. The primary providers of Day Services are Community Rehabilitation and Treatment Programs and Substance Abuse Programs.

Partial Hospitalization is an intensive (4-16 hours/day), time-limited (maximum 21 days) service provided as an alternative to inpatient care to prevent or shorten psychiatric hospitalization and promote recovery. Partial Hospitalization services are provided to individuals who would otherwise meet inpatient criteria, and medical personnel (nurse, physician) are accessible to provide services during hours of operation. Treatment modalities include diagnosis and evaluation; service planning and coordination; community supports; individual, group and family therapy; medication services and psycho-educational skill development for managing symptoms.

### **12. Service Planning and Coordination**

Service Planning and Coordination falls under the broad category of Case Management. Service Planning and Coordination assists individuals and their families in planning, developing, choosing, gaining access to, coordinating and monitoring the provision of needed services and supports for a specific individual. Services and supports that are planned and coordinated may be formal (provided by the human services system) or informal (available through the strengths and resources of the family or community). Services and supports include discharge planning, advocacy, and monitoring the well being of individuals (and their families) and supporting them to make their own decisions.

### **13. Community Supports**

Community Supports fall under the broad category of Case Management. Community Supports include specific, individualized and goal-oriented supports, which assist individuals (and families) in developing the skills and social supports necessary to promote recovery. These supports may include assistance in daily living, supportive counseling, support to participate in community activities, collateral contacts, and building and sustaining healthy personal, family and community relationships. All of these activities may also be provided in a group setting. Community supports may further include family education, consultation and training services that provide family members, significant others, home providers and foster families with the knowledge, skills, and understanding necessary to promote positive change.

## **14. Employment Services**

Employment Services assist transition-age youth and adults in setting and achieving career and work goals. These services have four components. Employment assessment involves evaluation of the individual's work skills, identification of the individual's preferences and interests, and the development of personal work goals. Employer and job development helps clients gain employment by developing and supporting employers. Activities for employer development include identification, creation or enhancement of job opportunities, education, consulting, and assisting co-workers and managers in supporting and interacting with individuals. Job training assists an individual to begin work, learn the job, and gain social inclusion at work. Ongoing support to maintain employment involves activities needed to sustain paid work by the individual. These supports and services may be given both on and off the job site, and may involve long-term and/or intermittent follow-up.

Table 1-14 reports provision of these services by program of service. A further breakdown by community provider for Community Rehabilitation and Treatment Programs, the primary provider of these services, is given in Table 2C-9.

## **15. Crisis Services**

Crisis Services are time-limited, intensive supports provided for individuals and families who are currently experiencing, or may be expected to experience, a psychological, behavioral, or emotional crisis. Services may also be provided to the individual's or family's immediate support system. These services are available 24 hours a day, 7 days a week. Crisis Services consist of two component parts: (1) Emergency/Crisis Assessment, Support and Referral, and (2) Emergency Beds.

### Emergency/Crisis Assessment, Support and Referral

Emergency/Crisis Assessment, Support and Referral is a nonresidential service which includes initial information gathering, triage, training and early intervention, supportive counseling, consultation, referral and crisis planning. In addition, supports include: outreach and stabilization, clinical diagnosis and evaluation, treatment and direct support, and integration/discharge planning back to the person's home or alternative setting. Assessment may also include screening for inpatient psychiatric admission.

### Emergency/Crisis Beds

Emergency Beds offer emergency, short-term, 24-hour residential supports in a setting other than the person's home. Table 1-15b reports provision of these services by program of service. A further breakdown by community provider for Community Rehabilitation and Treatment Programs is given in Table 2C-10b.

## **16. Housing and Home Supports**

Housing and Home Supports provide services, supports and supervision to individuals in and around their residences up to 24 hours a day.

Residential services (by the day) are provided in a variety of settings. Staffed Living services are residential living arrangements for one or two people, staffed full-time by providers. Group Treatment/Living services are group living arrangements for three or more people. Licensed Home Providers/Foster Families are individualized shared-living arrangements for children, offered within Home Providers/Foster Families homes that are licensed. Unlicensed Home Providers/Foster Families are individualized shared-living arrangements for children and adults, offered within Home Providers/Foster Families homes. Both licensed and unlicensed home providers/foster families are contracted workers and are not considered staff in their role as contracted provider. All of the above services consist of residential days. Residential services in these settings frequently include planning and coordination together with other therapeutic, educational and supportive services as part of the overall residential service package.

Supervised/Assisted Living services (by the hour) are regularly scheduled or intermittent supports provided to an individual who lives in his or her home or that of a family member. These services are not provided by Children's Services Programs.

Residential facilities in the community for community mental health clients but not funded by the Department of Mental Health are not included in this report. These facilities include community care homes, nursing homes, boarding houses, and a number of other residential settings. Residential substance abuse treatment provided by designated agencies is also excluded from this report.

Institutional services are days in residence at VPCH. The day on which patients were admitted to this institution is included, while the day patients were discharged is excluded for purposes of determining length of stay. Residential services provided at the Brattleboro Retreat are not included in this report.

## **17. Respite Services**

Respite services assist family members to help support specific individuals with disabilities. Respite services (by the hour or by the day/overnight) are provided on a short-term basis because of the absence, or need for relief, of those persons normally providing care to individuals who cannot be left unsupervised. Respite services are provided by Children's Services. Respite service data may be incomplete as arrangements and reporting vary from agency to agency.

## **18. Condition on Termination**

Clinical staff are asked to rate as "improved," "unchanged," or "worse" the condition of each client whose case is closed. These ratings represent the professional opinion of the clinicians. Condition on termination is not reported by VPCH.

Discharge rates reported for designated agency clients may underestimate the actual rates. This occurs because it was not possible to identify clients who were discharged during a quarter in which they received services and their condition on termination had not yet been rated.

Clients who died while they were on the rolls of the community program or institutions are counted as discharged clients and are included in the discharge rate.

# **VERMONT PSYCHIATRIC CARE HOSPITAL**

## **19. Admissions and Discharges**

Admissions to and discharges from the Vermont Psychiatric Care Hospital (VPCH) include both first admissions and readmissions. Individuals with more than one admission or discharge during the year have been counted more than once in these totals.

For purposes of calculating total patient days and overall daily census, the day of admission and each day each patient remains in the hospital is counted as a full day in residence, while the day each patient is discharged is not counted as a day in residence.

## **20. Legal Status**

Patients are admitted to the Vermont Psychiatric Care Hospital (VPCH) in one of several legal statuses. These have been grouped into four categories for purposes of this report: voluntary, emergency, forensic, and other. Emergency, forensic, and other admissions are all involuntary admissions to VPCH.

Voluntary admissions include conditional voluntary admissions and regular voluntary admissions. In order to qualify as a conditional voluntary admission, the patient must have enough insight and capacity to make a responsible application and that they consent to admission voluntarily, without any coercion or duress. Voluntary admission status may be terminated by the patient or facility director at any time. VPCH is an involuntary treatment facility; however, the category for voluntary admission is preserved for any exceptions.

Emergency admissions include admissions for emergency examination and admissions under a warrant for emergency examination. Admissions for emergency examination occur upon written application by an interested

party accompanied by a certificate signed by a licensed physician who is not the applicant. The application sets forth the facts and circumstances which constitute the need for an emergency examination and which show that the person is in need of treatment. After being examined by a psychiatrist and found to be in need of hospitalization, the application for involuntary treatment is filed with the Vermont Superior Court Family Division. A hearing date is then set. Patients are sometimes discharged or prior to the hearing date.

Admissions under a warrant for emergency examination occur in emergency circumstances in which a certification by a physician is not available without serious and unreasonable delay and when personal observation of the conduct of a person constitutes reasonable grounds to believe that the person is in need of treatment and that he or she presents an immediate risk of serious injury to self or others. A law enforcement officer or mental health professional may make an application, not accompanied by a physician's certificate, to any superior court judge for a warrant for an emergency examination. If the judge is satisfied that a physician's certificate is not available without serious and unreasonable delay and that probable cause exists to believe that the person is in need of an emergency examination, the judge may order the person to submit to an immediate examination. Upon admission, the person shall be assessed and certified as a person in need of treatment. If not certified, the person must be discharged immediately.

Forensic admissions include admissions of persons who have been ordered by the Vermont Superior Court Criminal Division to undergo an inpatient competency and/or sanity evaluation in connection with a criminal charge. Before a person who has been ordered to undergo such an evaluation can actually be admitted, a psychiatrist must assess the person and determine that he or she is a person in need of treatment. An outside forensic psychiatrist examines and evaluates the person to determine if he or she is competent to stand trial for the alleged offense or was insane at the time of the alleged offense was committed. These orders vary in length, and often range from 15 to 60 days. Once the evaluation has been completed and a report is received by the court, a hearing date is set to consider the issue of competency and/or sanity. If the person is found not competent and/or insane, the court will schedule a separate hearing to consider whether inpatient treatment is necessary. If the court concludes that the person is in need of inpatient treatment, a 90-day hospitalization order shall be issued.

Depending on the circumstances, some patients hospitalized through the criminal court have to be returned to court before being released to the community. Written notice of discharge may also be required. Initial court orders of hospitalization, whether through the family or criminal court, are for 90-days. If the patient is not clinically ready for discharge prior to the expiration of that period, the Commissioner may file an application for continued treatment (ACT) seeking continued hospitalization for up to one year.

A less common type of admission occurs when a person's order of non-hospitalization (ONH) is revoked by the Vermont Superior Court Family Division. A revocation of an order of non-hospitalization occurs when a judge revokes an order because the person failed to comply with the conditions of the order. Once an ONH has been revoked, the person may be hospitalized for a period up to the expiration date of the ONH.

Another type of admission may occur when a patient who has already been involuntarily hospitalized and is receiving treatment in another facility (in or out-of-state) is transferred to the hospital pursuant to the interstate or intrastate compacts.

## **21. Type of Admission**

Patients reported as first admissions to the Vermont Psychiatric Care Hospital (VPCH) have had no previous admissions to that institution. Patients reported as readmissions have previously been admitted to the hospital, although those admissions may not have occurred during the report period. The reader should keep in mind that the length of stay of first admissions includes all of the time these patients have spent at VPCH while the length of stay of readmissions includes only the current admission, which may be only a fraction of their total time in the hospital.

## **22. Discharge Rate**

The discharge rate for clients admitted to the Vermont Psychiatric Care Hospital (VPCH) during FY2016 (Tables 3-14 through 3-19) is based on the number of days between each patient's admission to the hospital and his or her discharge. Patients discharged six or fewer days after their admission are reported as discharged within 1 week, patients discharged 13 or fewer days after their admission are counted as discharged within 2 weeks, etc. It should be kept in mind that these discharge rates are cumulative, not mutually exclusive. Patients counted as being discharged within one week of their admission are also counted as being discharged within two weeks of their admission, etc.

### **23. Length of Stay**

Two measures of the length of stay of patients in residence at the Vermont Psychiatric Care Hospital (VPCH) at the end of the fiscal year are presented in Tables 3-20 through 3-25. The arithmetic mean is derived by adding the length of time between each patient's most recent admission and the last day of the fiscal year (June 30, 2016) and dividing the grand total by the number of patients in residence at the end of the year. The median length of stay is the time between the most recent admission and the end of the year for the patient who had been at the hospital as long as half of the patients in residence. The median is the fiftieth percentile.

At any given time, many patients will have been in the hospital relatively short periods of time while a few patients will have been in the hospital for very long periods of time. Because of this, the distribution of lengths of stay is skewed to the right. In this situation the mean is always greater than the median. The arithmetic mean presents a more accurate picture of the total utilization of VPCH by all patients in the various categories reported, while the median presents a more accurate picture of the length of stay of individuals in the categories.