

## 2017 Hospital Report Card Quality of Care Information VERMONT PSYCHIATRIC CARE HOSPITAL

### Care Planning

#### **Treatment Planning:**

An Initial Treatment Plan is developed by the core treatment team, which includes the patient, within 24 hours after admission. Clinical staff meet daily to review and discuss patient's individualized treatment plans. Treatment interventions are modified continuously as needed.

A Comprehensive Treatment Plan is completed within 7 business days of each patient's admission. The patient is always encouraged to attend and participate in the development and updating of the plan.

Following the development of the Comprehensive Treatment Plan, each Treatment Plan is updated at least every 14 days for the first 60 days of hospitalization. After 60 days, the plan must be updated at least every 30 days throughout the remainder of the hospitalization.

#### **Discharge Planning:**

Discharge planning begins at the time of admission, and often begins even before the patient has been admitted to VPCH. Discharge planning is a process that continues throughout a person's hospitalization. Changes in the patient's condition and circumstances may require changes to the discharge plan.

The social worker is the primary treatment team member responsible for discharge planning, but all members of the patient's team—physicians, nurses, mental health specialists, mental health recovery specialists, activity therapists and psychologists—actively partner with the patient to create a plan for discharge.

The discharge plan includes, among other things, the patient's medical and psychiatric needs, financial resources, housing, employment, educational and vocational opportunities, family and social relationships, community supports, legal issues, and transportation needs.

#### **Post-Discharge Continuing Care Plans:**

Aftercare Plans are developed in collaboration with the patient and others who will provide treatment, care, and support for the patient in the community.

All patients leave VPCH with a written Aftercare Plan. This plan provides specific information regarding the patient's living situation, source of income, medications, medical needs, appointments, conditions of release, and contact information. The plan is shared with outpatient providers and other community supports, either at the time of discharge or within a few days after.