

This meeting was not recorded.

7/12/2021

## Adult State Program Standing Committee Minutes

**DRAFT**

### Present

**Members:**  Bert Dyer (he/him)  Malaika Puffer (she/her)  Ward Nial (he/him)(ex)  Kate Hunt (she/her)  
 Marla Simpson (she/they)  Dan Towle (he/him) (ex)  Lynne Cardozo (chair) (she/her)  Zach Hughes (he/him)  
 Christopher Rotsettis (he/him)  Ann C Cummins

**DMH Staff:**  Eva Dayon (they/them)  Dr. Trish Singer (she/her)  Carolyn McBain  Laura Flint  Nicole DiStasio (they/she)

**Public:**  Erin Nichols (they/she)  Beatrice Birch  Alexander Ferg  Michael McAdoo  Alexis McGuinness

HC LPSC:  Connie Stabler  Valerie Koropatnick

### Agenda

- |              |  |  |
|--------------|--|--|
| 12:00 – 2:00 | <b>SPSC<br/>Business<br/>(Break when<br/>needed)</b>               | <i>Standing Items: Introductions &amp; Review agenda, Vote on public comment participation today, Vote on June minutes<br/>July Priority: Quarterly Vote on new member applications, Update: Mental Health Block Grant Planning Council , Coordinating with Youth &amp; Family Standing Committee, DMH update- there is interest in all-age August mtg!, In person meeting options: Follow up to survey (if needed), Service/Therapy Pets<br/>July or August Priority Items: Involvement in Designation Site Visits Memo, Top Priorities List &amp; Action Areas , Power of SPSC, Update: Older Vermonters Working Group</i> |
| 2:00 – 2:30  | <b>DMH Leadership Update</b>                                       | <i>led by Carolyn McBain, Mental Health Employment Specialist and Laura Flint, Senior Evidence Based Practice Evaluator</i> <ul style="list-style-type: none"><li>• <i>Overview of Supported Employment</i></li></ul>  |
| 2:30 – 2:40  | <b>Debrief with Howard Center Local Program Standing Committee</b> |  |
| 2:40 – 2:50  | <b>Public Comment</b>  |  |
| 2:50 - 3:00  | <b>August Draft Agenda:</b>  | <i>see next page</i>   |

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<b>Agenda Item</b>	<b>Discussion</b> (follow up items in yellow) <b>Facilitator: Lynne</b> --- <b>Timekeeper: Marla</b>
<b>Opening and AMH SPSC Business</b>	<p>Potential next facilitators: Marla, reach out to Malaika, Dan and Zach – Eva will reach out Eva will also reach out by email re: membership subcommittee (fill Dan’s spot)</p> <p>Motion to allow for public comment throughout meeting. Made by Christopher, Seconded by Marla. Passed- all in favor.</p> <p>HC LPSC clarified the purpose of their debrief time.</p> <p>Motion to pass June minutes with two grammatical fixes. Kate motions. Christopher seconds. All in favor. One abstention.</p> <p>New Members discussion:</p> <ul style="list-style-type: none"><li>• Members invited Ann to speak to interest in this committee. The committee heard from Erin in a previous meeting.</li><li>• Executive session enacted to discuss potential members.</li><li>• Motion to accept Ann’s application: Ward motions, Marla seconds. Motion passes.</li><li>• Motion to defer Erin’s application to the next application period: October. <b>Ward will reach out to Erin.</b></li><li>• Eva will bring Ann’s application to the DMH Commissioner and governor’s office.</li></ul> <p>Members discussed the Mental Health Block Grant Planning Council.</p> <ul style="list-style-type: none"><li>• Eva can send out more information about allowable use of funds and new monies allotted in the meeting follow up email.</li></ul> <p>Youth waiting in Emergency Departments</p> <ul style="list-style-type: none"><li>• Many organizations (advocacy, DMH, and others) are currently working to try to resolve this issue. Advocacy orgs would like more voice in decision-making rooms. The committee discussed this issue.</li><li>• Discussed potential joint meeting with CYFS SPSC and Act 264 in August (30 minutes)</li><li>• Ward can share data with group re: history of youth in EDs, diagnosis, insurance, which hospitals affected</li><li>• Eva will coordinate with Ward about this</li></ul> <p>In Person Meeting Room: Now open at each meeting at Waterbury State Office Complex</p> <p>Service/Therapy Pets</p> <ul style="list-style-type: none"><li>• Members shared lived experience with service/therapy pets</li></ul>

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	<ul style="list-style-type: none"> <li>• Clarification of the definition of service animals: service animals are for specific person, opposed to a therapy pet, which is for the purpose of serving others, not the person who handles them.</li> <li>• Therapy animals go into hospitals/nursing homes, as defined in the Americans with Disabilities Act. Therapy pets are trained to go into spaces to support other individuals.</li> </ul>
<b>DMH Update</b> <i>With Carolyn McBain, Mental Health Employment Specialist and Laura Flint, Senior Evidence Based Practice Evaluator</i>	<p>Why focus on employment? What are effective employment services?</p> <ul style="list-style-type: none"> <li>• It contributes to overall wellness! Social contributor to health. Provides purpose and meaning, routine, intellectual stimulation, financial security, social connections!</li> <li>• 22% of individuals in the CRT program are employed</li> <li>• See DMH Website for more detail: <a href="https://mentalhealth.vermont.gov/services/adult-mental-health-services/services-and-supports-adults/evidence-based-supported">https://mentalhealth.vermont.gov/services/adult-mental-health-services/services-and-supports-adults/evidence-based-supported</a></li> <li>• More information about “What is CRT?” <a href="https://mentalhealth.vermont.gov/services/adult-mental-health-services/services-and-supports-adults/community-rehabilitation-and">https://mentalhealth.vermont.gov/services/adult-mental-health-services/services-and-supports-adults/community-rehabilitation-and</a></li> </ul> <p>Discussion with the committee occurred.</p>
<b>HC LPSC Debrief</b>	<p>Appreciated the invite to the meeting and recognized the amount of time put into this meeting/this work. Pet therapy discussion unclear- any action items coming out of that? SPSC clarified the goal was discussion. It was helpful to connect with the state committee. Discussed the main responsibilities of the Howard Center committee.</p>
<b>Public Comment</b>	<p>Member of the public shared personal experiences with recovery. WCMHS Local Program Standing Committee is actively recruiting new members.</p>
<b>Closing Meeting Business</b>	<p>Add to next agenda:</p> <ul style="list-style-type: none"> <li>• DA Local System of Care Plan Top priorities vs. SPSC Top Priorities</li> <li>• Older Vermonters working group update</li> <li>• How to get SPSC members to join sub-committees.</li> <li>• Balance of peer staff/peer voices/family voice on LPSCs</li> <li>• Joint 30 minutes with CYFS SPSC</li> <li>• Peer support legislation from Arlington? Bert has more information</li> <li>• Future agenda topic: Addressing Trauma? Dx of trauma?</li> </ul> <p>Motion to adjourn by Zach, seconded by Bert. 3:04pm</p>