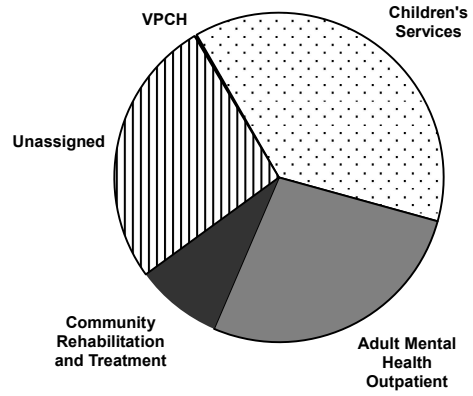
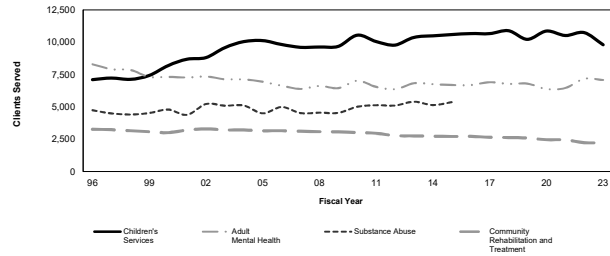


**FY 2023
Statistical
Report**

**CLIENTS SERVED
by Primary Program Assignment**

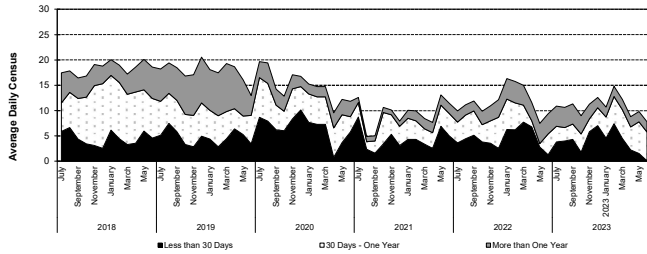


**COMMUNITY PROGRAMS
Clients Served Per Year**



Part 3: Vermont Psychiatric Care Hospital

Average Daily Census by Length of Stay



**VERMONT AGENCY OF HUMAN SERVICES
DEPARTMENT OF MENTAL HEALTH**

VERMONT AGENCY OF HUMAN SERVICES

DEPARTMENT OF MENTAL HEALTH

166 Horseshoe Drive - Weeks Building
Waterbury, Vermont 05671-2010

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Commissioner

FISCAL YEAR 2023

STATISTICAL REPORT

December 2023

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INTRODUCTION

The Vermont Department of Mental Health (DMH) Statistical Report presents a systematic, quantitative overview of the clients and services of the Department's service delivery system for FY2023. This report is intended to function as a reference document for administrators, policymakers, and other interested parties. Annual statistical reports have been published since 1985. Together, these reports provide a detailed history of the development of systems of community care for people in need of mental health services and the decline in the amount of publicly funded institutional care.

The report consists of four major statistical sections followed by detailed notes that provide the definitions, methodological specifications, and caveats that are necessary to interpret the statistical results. The first section provides a comparative overview of the major programs. The next two sections provide more detailed descriptions of community service programs and a historical overview of the Vermont State Hospital. The fourth section provides a historical overview of the caseloads of the major community service programs.

The community service data presented in this report were provided by the state's Designated Agencies, and the Vermont Psychiatric Care Hospital (VPCH) inpatient data came directly from the VPCH Electronic Health Record.

All the data in this report should be considered alongside the detailed notes presented in Part 5. Part 5 provides definitions of terms used in this report as well as cautions that should be observed when interpreting the data. The data should then provide a complete and accurate overview of the clients and activities of designated provider agencies.

Part 1 presents an overview of Vermont's service delivery system. The tables provide data on the number and characteristics (both demographic and clinical) of clients served and a summary of services provided. The major community programs include Children's Services, Adult Mental Health Outpatient, Community Rehabilitation and Treatment, and Emergency Services. This report also includes inpatient services provided by the Vermont Psychiatric Care Hospital (VPCH).

On intake at a designated agency, a client is usually assigned to one program (primary program assignment) although individual clients may receive services from more than one program (program of service). Client demographic and clinical characteristics are presented by last reported primary program assignment. Service data are presented by program of service and record the number of service events.

Part 2 presents a more detailed description of community clients and services in four subsections, one for each community program of service. For each of these programs of service, comparative client data are presented, and patterns of service delivery are detailed at the provider level.

Part 3 contains tables regarding individuals who were in the Vermont Psychiatric Care Hospital (VPCH) at any time during FY2023. This section complements the overall description of state hospital clients and services presented in Part 1 by focusing on patients' legal status, the discharge rates of recently admitted patients, and the length of stay for continuing patients. Information on each of these characteristics is presented by clients' catchment area, age, gender, diagnosis, and type of admission.

Part 4 presents a historical overview of caseloads of the major programs from FY1994 through FY2023, including Children's Services, Adult Mental Health Outpatient, and Community Rehabilitation and Treatment.

Copies of this report and the reports from FY2019 forward are available online at:

<https://mentalhealth.vermont.gov/reports-forms-and-manuals/reports/statistical-reports-and-data>

Requests for additional information or analyses may be directed to:

ahs.dmhip@vermont.gov

ACKNOWLEDGEMENTS

This report is the result of the cooperative efforts of individuals in every part of Vermont's mental health service delivery systems. The Department of Mental Health is indebted to all who contributed to the development and maintenance of the data systems that made this report possible.

The Directors of Vermont's designated agencies and institutions have been responsible for the development and maintenance of their respective Management Information Systems. Their support for the accurate accrual of comparable data has been and continues to be essential.

The Management Information System Database Managers at community service provider agencies and institutions worked closely with Department of Mental Health staff throughout the year to ensure the accuracy of and to identify the shortcomings of the data. Even more important, their continuing efforts to ensure accurate and uniform coding of service and client data, to streamline paper flow, and to make their Management Information Systems a useful management tool were essential to the completeness and accuracy of this report.

The Department of Mental Health thanks the administrators and MIS Database Managers for their cooperation and support.

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Part 1: Overview

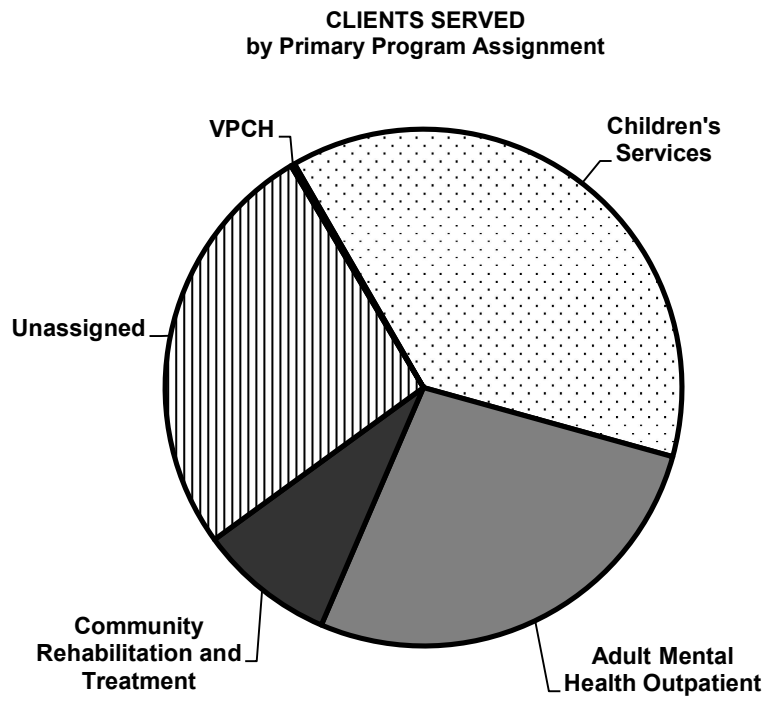


TABLE 1-1
Vermont Agency of Human Services
Department of Mental Health

NUMBER OF CLIENTS SERVED
by Clients' Primary Program Assignment and Designated Agency
Fiscal Year 2023

<u>Designated Agency</u>	<u>Children's Services</u>	<u>Adult MH Outpatient</u>	<u>Community Rehabilitation</u>	<u>Unassigned</u>	<u>VPCH</u>
CSAC (Addison)	861	383	117	24	1
NCSS (Northwest)	1,078	540	175	409	2
HC (Chittenden)	2,560	622	514	3,523	21
LCMH (Lamoille)	456	292	91	369	1
HCRS (Southeast)	1,042	766	307	1,193	11
NKHS (Northeast)	538	1,050	126	394	6
CMC (Orange)	529	744	146	131	1
RMHS (Rutland)	876	608	215	73	1
UCS (Bennington)	500	693	114	460	4
WCMH (Washington)	973	1,238	377	309	12
Northeastern Family Institute	386	-	-	-	-
Pathways	-	139	38	-	-
<u>Total</u>	9,799	7,075	2,220	6,885	60

See notes 1, 2 and 3.

TABLE 1-2
Vermont Agency of Human Services
Department of Mental Health

CLIENTS SERVED PER 1,000 AGE-SPECIFIC POPULATION
by Clients' Primary Program Assignment and Designated Agency
Fiscal Year 2023

<u>Designated Agency</u>	<u>Children's Services^a</u>	<u>Adult MH Outpatient^b</u>	<u>Community Rehabilitation^b</u>	<u>Unassigned^c</u>	<u>VPCH^b</u>
CSAC (Addison)	147.2	12.3	3.8	0.7	<0.05
NCSS (Northwest)	88.8	11.7	3.8	7.0	<0.05
HC (Chittenden)	89.2	4.4	3.7	20.8	0.1
LCMH (Lamoille)	72.4	13.9	4.3	13.5	<0.05
HCRS (Southeast)	63.9	9.6	3.9	12.4	0.1
NKHS (Northeast)	48.9	20.1	2.4	6.2	0.1
CMC (Orange)	93.3	27.3	5.4	4.0	<0.05
RMHS (Rutland)	84.6	12.2	4.3	1.2	<0.05
UCS (Bennington)	72.4	22.7	3.7	12.3	0.1
WCMH (Washington)	84.3	22.9	7.0	4.7	0.2
<u>Total</u>	85.4	13.3	4.2	10.6	0.1

^a Rate based on child population (age 0-17)

^b Rate based on adult population (age 18+)

^c Rate based on total population

See note 1, and particularly notes 2 and 3.

TABLE 1-3
 Vermont Agency of Human Services
 Department of Mental Health

AGE OF CLIENTS SERVED
 by Clients' Primary Program Assignment
 Fiscal Year 2023

	<u>Children's Services</u>	<u>Adult MH Outpatient</u>	<u>Community Rehabilitation</u>	<u>Unassigned</u>	<u>VPCH</u>
<u>Age</u>					
0-12	52%	1%	<0.5%	8%	-
13-19	43%	3%	<0.5%	17%	2%
20-34	4%	33%	16%	31%	33%
35-49	<0.5%	29%	25%	22%	33%
50-64	<0.5%	23%	37%	14%	22%
65+	<0.5%	12%	22%	7%	10%
Total	100%	100%	100%	100%	100%
<u>Age Data Reported</u>					
Clients	9,794	7,075	2,220	6,746	60
Percent within Program	100%	100%	100%	98%	100%
<u>No Age Data</u>					
Clients	5	-	-	139	-
Percent within Program	<0.5%	-	-	2%	-
<u>Grand Total</u>	9,799	7,075	2,220	6,885	60

See notes 1, 3 and 4.

TABLE 1-4
 Vermont Agency of Human Services
 Department of Mental Health

GENDER OF CLIENTS SERVED
 by Clients' Primary Program Assignment
 Fiscal Year 2023

	<u>Children's Services</u>	<u>Adult MH Outpatient</u>	<u>Community Rehabilitation</u>	<u>Unassigned</u>	<u>VPCH</u>
<u>Gender</u>					
Male	52%	40%	51%	50%	58%
Female	48%	60%	49%	50%	42%
Total	100%	100%	100%	100%	100%
<u>Gender Data Reported</u>					
Clients	9,776	7,060	2,218	6,223	60
Percent within Program	100%	100%	100%	90%	100%
<u>No Gender Data</u>					
Clients	23	15	2	662	-
Percent within Program	<0.5%	<0.5%	<0.5%	10%	-
<u>Grand Total</u>	9,799	7,075	2,220	6,885	60

See notes 1 and 3.

TABLE 1-5
Vermont Agency of Human Services
Department of Mental Health

ANNUAL FAMILY INCOME OF CLIENTS SERVED
by Clients' Primary Program Assignment
Fiscal Year 2023

	<u>Children's Services</u>	<u>Adult Outpatient</u>	<u>Community Rehabilitation</u>	<u>Unassigned</u>	<u>VPCH</u>
<u>Income</u>					
\$ 1 - 9,999	9%	21%	44%	21%	-
\$10,000 - 19,999	18%	30%	42%	26%	-
\$20,000 - 29,999	15%	15%	7%	16%	-
\$30,000 +	58%	34%	6%	37%	-
Total	100%	100%	100%	100%	-
<u>Income Data Reported</u>					
Clients	3,190	3,444	930	768	-
Percent within Program	33%	49%	42%	11%	-
<u>No Income Data</u>					
Clients	6,609	3,631	1,290	6,117	60
Percent within Program	67%	51%	58%	89%	100%
<u>Grand Total</u>	9,799	7,075	2,220	6,885	60

See notes 1, 3 and 5.

TABLE 1-6
 Vermont Agency of Human Services
 Department of Mental Health

RESPONSIBILITY FOR FEE OF CLIENTS SERVED
 by Clients' Primary Program Assignment
 Fiscal Year 2023

	<u>Children's Services</u>	<u>Adult MH Outpatient</u>	<u>Community Rehabilitation</u>	<u>Unassigned</u>	<u>VPCH</u>
<u>Responsibility For Fee</u>					
Medicaid	77%	63%	97%	45%	55%
Medicare	<0.5%	20%	55%	9%	38%
Other Insurance	17%	25%	16%	18%	3%
State Agency	3%	1%	2%	1%	-
Non-Insured/Unknown	10%	13%	1%	38%	15%
Total	9,799	7,075	2,220	6,885	60

See notes 1, 3 and especially 6.

TABLE 1-7
Vermont Agency of Human Services
Department of Mental Health

DIAGNOSIS OF CLIENTS SERVED
by Clients' Primary Program Assignment
Fiscal Year 2023

	<u>Children's Services</u>	<u>Adult MH Outpatient</u>	<u>Community Rehabilitation</u>	<u>Unassigned</u>	<u>VPCH</u>
<u>Diagnosis - ICD 10</u>					
Physiological Conditions	<0.5%	1%	1%	1%	-
Psychoactive Substance Use	2%	19%	33%	26%	38%
Schizophrenia Other Non-Mood Psychotic Disorders	<0.5%	6%	52%	7%	72%
Mood [Affective] Disorders	20%	47%	43%	39%	37%
Anxiety and Other Nonpsychotic Mental Disorders	74%	70%	37%	51%	33%
Behavioral Syndromes	1%	1%	1%	1%	-
Disorders of Adult Personality and Behavior	2%	6%	16%	2%	10%
Intellectual Disabilities	3%	1%	1%	3%	2%
Pervasive and Specific Developmental Disorders	12%	2%	2%	3%	2%
Behavioral Emotional Disorders/Childhood Adolescence	28%	8%	5%	6%	7%
Unspecified Mental Disorder	<0.5%	<0.5%	<0.5%	2%	-
<u>Diagnostic Data Reported</u>					
Clients	9,115	6,298	2,190	5,260	60
Percent within Program	93%	89%	99%	76%	100%
<u>No Diagnostic Data</u>					
Clients	684	777	30	1,625	-
Percent within Program	7%	11%	1%	24%	-
<u>Grand Total</u>	9,799	7,075	2,220	6,885	60

See notes 1, 3 and 7. Includes all primary and secondary DSM V diagnoses.

TABLE 1-8
Vermont Agency of Human Services
Department of Mental Health

PROBLEMS OF CLIENTS SERVED
by Clients' Primary Program Assignment
Fiscal Year 2023

	<u>Children's Services</u>	<u>Adult MH Outpatient</u>	<u>Community Rehabilitation</u>	<u>Unassigned</u>	<u>VPCH</u>
<u>Problem Area</u>					
Mood Disorders	34%	57%	48%	23%	-
Thought Disorders	3%	12%	32%	6%	-
Eating Disorders	5%	7%	6%	3%	-
Medical Somatic	10%	22%	18%	7%	-
Alcohol Abuse	2%	9%	12%	6%	-
Drug Abuse	3%	9%	11%	7%	-
Suicidal Tendencies	12%	15%	17%	13%	-
Problems in Daily Living	54%	51%	42%	25%	-
Social/Interpersonal	46%	36%	36%	18%	-
Marital/Family	27%	30%	20%	11%	-
Runaway	5%	3%	3%	2%	-
Criminal	2%	11%	8%	7%	-
Victim	16%	28%	21%	8%	-
<u>Problem Data Reported</u>					
Clients	7,014	5,344	1,490	2,302	-
Percent within Program	72%	76%	67%	33%	-
<u>No Problem Data</u>					
Clients	2,785	1,731	730	4,583	60
Percent within Program	28%	24%	33%	67%	100%
<u>Grand Total</u>	9,799	7,075	2,220	6,885	60

See notes 1, 3 and 8.

TABLE 1-9
Vermont Agency of Human Services
Department of Mental Health

LENGTH OF STAY OF CLIENTS SERVED
by Clients' Primary Program Assignment
Fiscal Year 2023

	<u>Children's Services</u>	<u>Adult MH Outpatient</u>	<u>Community Rehabilitation</u>	<u>Unassigned</u>	<u>VPCH</u>
<u>Year of Admission</u>					
Current Fiscal	35%	42%	6%	71%	78%
Previous Fiscal	22%	20%	7%	13%	15%
3 - 5 Years Earlier	28%	21%	22%	9%	5%
6 - 10 Years Earlier	10%	9%	18%	2%	2%
11+ Years Earlier	4%	7%	47%	6%	-
<u>Length of Stay Data Reported</u>					
Clients	9,749	7,015	2,216	6,766	60
Percent within Program	99%	99%	100%	98%	100%
<u>No Length of Stay Data</u>					
Clients	50	60	4	119	-
Percent within Program	1%	1%	<0.5%	2%	-
<u>Grand Total</u>	9,799	7,075	2,220	6,885	60

See notes 1, 3 and 9.

TABLE 1-10
Vermont Agency of Human Services
Department of Mental Health

CLINICAL INTERVENTIONS
by Program of Service
Fiscal Year 2023

	<u>Children's Services</u>	<u>Adult MH Outpatient</u>	<u>Community Rehabilitation</u>	<u>Emergency</u>	<u>VPCH</u>
<u>Total</u>					
Clients Served	9,950	7,521	2,458	10,340	60
Number of Nonresidential Services	433,412	109,017	202,438	61,403	-
<u>Clients Receiving Clinical Interventions</u>					
Clients	6,909	6,591	2,124	351	-
Percent within Program	69%	88%	86%	3%	-
<u>Number of Clinical Interventions</u>					
Services	70,033	69,785	32,064	848	-
Percent within Program	16%	64%	16%	1%	-
<u>Clinical Interventions per Client</u>					
Average	10	11	15	2	-

See notes 1, 3 and 10.

TABLE 1-10a
Vermont Agency of Human Services
Department of Mental Health

INDIVIDUAL, FAMILY, AND GROUP THERAPY
by Program of Service
Fiscal Year 2023

	<u>Children's Services</u>	<u>Adult MH Outpatient</u>	<u>Community Rehabilitation</u>	<u>Emergency</u>	<u>VPCH</u>
<u>Total</u>					
Clients Served	9,950	7,521	2,458	10,340	60
Number of Nonresidential Services	433,412	109,017	202,438	61,403	-
<u>Clients Receiving Therapy</u>					
Clients	3,832	4,363	689	-	-
Percent within Program	39%	58%	28%	-	-
<u>Number of Therapy Sessions</u>					
Services	58,709	53,663	14,610	-	-
Percent within Program	14%	49%	7%	-	-
<u>Therapy Sessions per Client</u>					
Average	15	12	21	-	-

See notes 1, 3 and 10.

TABLE 1-10b
Vermont Agency of Human Services
Department of Mental Health

MEDICATION AND MEDICAL SUPPORT AND CONSULTATION SERVICES
by Program of Service
Fiscal Year 2023

	<u>Children's Services</u>	<u>Adult MH Outpatient</u>	<u>Community Rehabilitation</u>	<u>Emergency</u>	<u>VPCH</u>
<u>Total</u>					
Clients Served	9,950	7,521	2,458	10,340	60
Number of Nonresidential Services	433,412	109,017	202,438	61,403	-
<u>Clients Receiving Medication Services</u>					
Clients	1,063	1,497	1,919	268	-
Percent within Program	11%	20%	78%	3%	-
<u>Number of Medication Services</u>					
Services	5,569	6,061	16,533	599	-
Percent within Program	1%	6%	8%	1%	-
<u>Medication Services per Client</u>					
Average	5	4	9	2	-

See notes 1, 3 and 10.

TABLE 1-10c
Vermont Agency of Human Services
Department of Mental Health

CLINICAL ASSESSMENT SERVICES
by Program of Service
Fiscal Year 2023

	<u>Children's Services</u>	<u>Adult MH Outpatient</u>	<u>Community Rehabilitation</u>	<u>Emergency</u>	<u>VPCH</u>
<u>Total</u>					
Clients Served	9,950	7,521	2,458	10,340	60
Number of Nonresidential Services	433,412	109,017	202,438	61,403	-
<u>Clients Receiving Clinical Assessment</u>					
Clients	4,582	3,608	795	201	-
Percent within Program	46%	48%	32%	2%	-
<u>Number of Clinical Assessments</u>					
Services	5,755	10,061	921	249	-
Percent within Program	1%	9%	<0.5%	<0.5%	-
<u>Clinical Assessments per Client</u>					
Average	1	3	1	1	-

See notes 1, 3 and 10.

TABLE 1-11
 Vermont Agency of Human Services
 Department of Mental Health

DAY SERVICES
 by Program of Service
 Fiscal Year 2023

	<u>Children's Services</u>	<u>Adult MH Outpatient</u>	<u>Community Rehabilitation</u>	<u>Emergency</u>	<u>VPCH</u>
<u>Total</u>					
Clients Served	9,950	7,521	2,458	10,340	60
Number of Nonresidential Services	433,412	109,017	202,438	61,403	-
<u>Clients Receiving Day Services</u>					
Clients	-	54	198	-	-
Percent within Program	-	1%	8%	-	-
<u>Number of Day Services</u>					
Services	-	744	9,312	-	-
Percent within Program	-	1%	5%	-	-
<u>Day Services per Client</u>					
Average	-	14	47	-	-

See notes 1, 3 and 11.

TABLE 1-12
Vermont Agency of Human Services
Department of Mental Health

SERVICE PLANNING AND COORDINATION
by Program of Service
Fiscal Year 2023

	<u>Children's Services</u>	<u>Adult MH Outpatient</u>	<u>Community Rehabilitation</u>	<u>Emergency</u>	<u>VPCH</u>
<u>Total</u>					
Clients Served	9,950	7,521	2,458	10,340	60
Number of Nonresidential Services	433,412	109,017	202,438	61,403	-
<u>Clients Receiving Service Planning and Coordination Services</u>					
Clients	6,143	1,955	2,001	800	-
Percent within Program	62%	26%	81%	8%	-
<u>Service Planning and Coordination Services</u>					
Services	94,896	9,668	30,813	2,432	-
Percent within Program	22%	9%	15%	4%	-
<u>Service Planning and Coordination Services per Client</u>					
Average	15	5	15	3	-

See notes 1, 3 and 12.

TABLE 1-13
Vermont Agency of Human Services
Department of Mental Health

COMMUNITY SUPPORTS
by Program of Service
Fiscal Year 2023

	<u>Children's Services</u>	<u>Adult MH Outpatient</u>	<u>Community Rehabilitation</u>	<u>Emergency</u>	<u>VPCH</u>
<u>Total</u>					
Clients Served	9,950	7,521	2,458	10,340	60
Number of Nonresidential Services	433,412	109,017	202,438	61,403	-
<u>Clients Receiving Community Supports</u>					
Clients	6,841	2,686	2,296	2,842	-
Percent within Program	69%	36%	93%	27%	-
<u>Number of Community Supports</u>					
Services	262,381	27,523	122,231	13,672	-
Percent within Program	61%	25%	60%	22%	-
<u>Community Supports per Client</u>					
Average	38	10	53	5	-

See notes 1, 3 and 13.

TABLE 1-14
Vermont Agency of Human Services
Department of Mental Health

EMPLOYMENT SERVICES
by Program of Service
Fiscal Year 2023

	<u>Children's Services</u>	<u>Adult MH Outpatient</u>	<u>Community Rehabilitation</u>	<u>Emergency</u>	<u>VPCH</u>
<u>Total</u>					
Clients Served	9,950	7,521	2,458	10,340	60
Number of Nonresidential Services	433,412	109,017	202,438	61,403	-
<u>Clients Receiving Employment Services</u>					
Clients	251	59	436	-	-
Percent within Program	3%	1%	18%	-	-
<u>Number of Employment Services</u>					
Services	3,146	482	7,614	-	-
Percent within Program	1%	<0.5%	4%	-	-
<u>Employment Services per Client</u>					
Average	13	8	17	-	-

See notes 1, 3 and 14.

TABLE 1-15a
Vermont Agency of Human Services
Department of Mental Health

EMERGENCY/CRISIS ASSESSMENT, SUPPORT AND REFERRAL
by Program of Service
Fiscal Year 2023

	<u>Children's Services</u>	<u>Adult MH Outpatient</u>	<u>Community Rehabilitation</u>	<u>Emergency</u>	<u>VPCH</u>
<u>Total</u>					
Clients Served	9,950	7,521	2,458	10,340	60
Number of Nonresidential Services	433,412	109,017	202,438	61,403	-
<u>Clients Receiving Emergency/Crisis Services</u>					
Clients	206	218	60	8,498	-
Percent within Program	2%	3%	2%	82%	-
<u>Number of Emergency/Crisis Services</u>					
Services	631	815	404	44,451	-
Percent within Program	<0.5%	1%	<0.5%	72%	-
<u>Emergency/Crisis Services per Client</u>					
Average	3	4	7	5	-

See notes 1, 3 and 15.

TABLE 1-15b
Vermont Agency of Human Services
Department of Mental Health

EMERGENCY/CRISIS BEDS
by Program of Service
Fiscal Year 2023

	<u>Children's Services</u>	<u>Adult MH Outpatient</u>	<u>Community Rehabilitation</u>	<u>Emergency</u>	<u>VPCH</u>
<u>Total</u>					
Clients Served	9,950	7,521	2,458	10,340	60
<u>Clients Receiving Crisis Emergency Beds</u>					
Clients	241	27	61	530	-
Percent within Program	2%	<0.5%	2%	5%	-
<u>Days of Crisis Emergency Bed Services</u>					
Number	2,857	234	2,320	5,001	-
<u>Emergency Bed Services Days per Client</u>					
Average	12	9	38	9	-

See notes 1, 3 and 15.

TABLE 1-16
Vermont Agency of Human Services
Department of Mental Health

HOUSING AND HOME SUPPORTS
by Program of Service
Fiscal Year 2023

	<u>Children's Services</u>	<u>Adult MH Outpatient</u>	<u>Community Rehabilitation</u>	<u>Emergency</u>	<u>VPCH</u>
<u>Total</u>					
Clients Served	9,950	7,521	2,458	10,340	63
<u>Clients Receiving Housing Services</u>					
Number	75	9	240	-	63
Percent within Program	1%	<0.5%	10%	-	100%
<u>Days of Housing Services</u>					
Number	12,489	2,235	53,999	-	5,725
<u>Housing Service Days per Client</u>					
Average	167	248	225	-	91

See notes 1, 3 and 16.

TABLE 1-17
Vermont Agency of Human Services
Department of Mental Health

CONDITION OF CLIENTS ON TERMINATION OF SERVICES
by Clients' Primary Program Assignment
Fiscal Year 2023

	<u>Children's Services</u>	<u>Adult MH Outpatient</u>	<u>Community Rehabilitation</u>	<u>Unassigned</u>	<u>VPCH</u>
<u>Condition on Termination</u>					
Improved	81%	63%	32%	47%	-
Unchanged	17%	34%	38%	45%	-
Worse	2%	4%	30%	8%	-
Total	100%	100%	100%	100%	-
<u>Condition on Termination Data Reported</u>					
Number	780	359	69	134	-
Percent of Discharged Clients	75%	60%	68%	50%	-
<u>No Condition on Termination Data</u>					
Number	260	240	33	136	-
Percent of Discharged Clients	25%	40%	32%	50%	-
<u>Total Discharges</u>					
Number	1,040	599	102	270	-
Discharge Rate (% of all Clients)	11%	8%	5%	4%	-

See notes 1, 3 and especially 18.

TABLE 1-18
Vermont Agency of Human Services
Department of Mental Health

RACE OF CLIENTS SERVED
by Clients' Primary Program Assignment
Fiscal Year 2023

	<u>Children's Services</u>	<u>Adult MH Outpatient</u>	<u>Community Rehabilitation</u>	<u>Unassigned</u>	<u>VPCH</u>
<u>Race</u>					
White	89%	93%	93%	90%	88%
Black	5%	2%	3%	5%	10%
Native American/Alaskan	1%	1%	1%	1%	-
Asian/Pacific Islander	1%	1%	1%	1%	2%
Other	5%	3%	2%	3%	-
Total	100%	100%	100%	100%	100%
<u>Race Data Reported</u>					
Clients	8,656	6,322	2,002	5,012	58
Percent within Program	88%	89%	90%	73%	97%
<u>No Race Data</u>					
Clients	1,143	753	218	1,873	2
Percent within Program	12%	11%	10%	27%	3%
<u>Grand Total</u>	9,799	7,075	2,220	6,885	60

See notes 1 and 3.

Part 2: Community Programs

COMMUNITY PROGRAMS
Total Caseload by Agency
FY2023

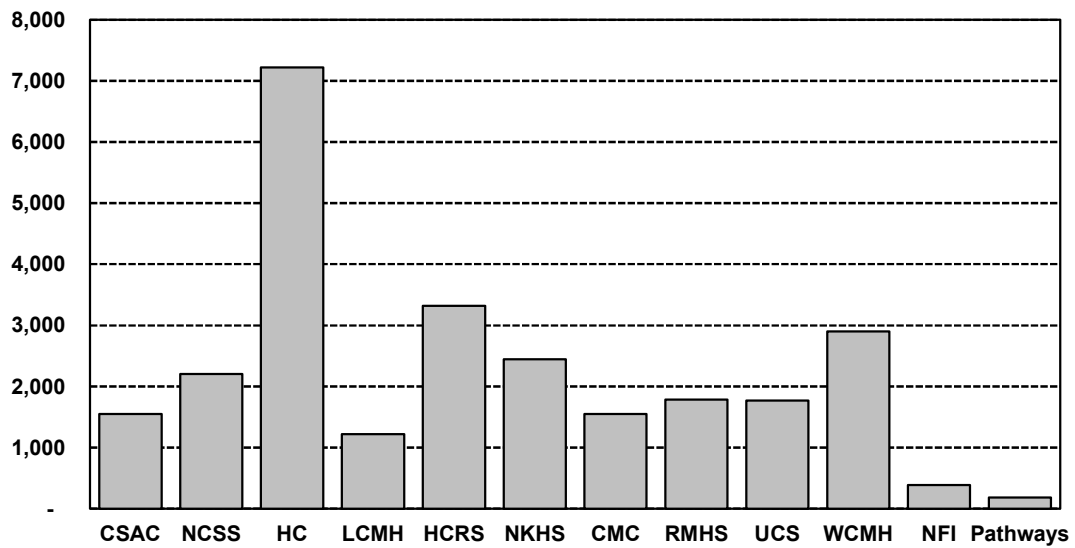


TABLE 2-1
Vermont Agency of Human Services
Department of Mental Health

PROGRAM OF SERVICE OF CLIENTS
Who Were Served Each Month by
Designated Agencies
Fiscal Year 2023

Program of Service					
<u>Month</u>	<u>Children's Services</u>	<u>Adult MH Outpatient</u>	<u>Community Rehabilitation</u>	<u>Emergency Services</u>	<u>Total</u>
July	4,298	3,054	1,995	1,392	10,739
August	4,696	3,126	2,029	1,478	11,329
September	5,541	3,145	2,004	1,551	12,241
October	5,643	3,186	2,022	1,530	12,381
November	5,775	3,092	2,005	1,516	12,388
December	5,665	3,029	1,981	1,406	12,081
January	6,025	3,380	2,011	1,625	13,041
February	6,068	3,384	2,010	1,455	12,917
March	6,268	3,524	2,018	1,642	13,452
April	6,217	3,381	2,026	1,582	13,206
May	6,403	3,429	2,005	1,625	13,462
June	5,772	3,014	1,947	1,421	12,154
Monthly Average	5,698	3,229	2,004	1,519	12,449

Clients served by more than one program of service during the fiscal year have been counted toward the number of clients served by each program, but only once toward the overall total.

See notes 1 and 3.

TABLE 2-2
Vermont Agency of Human Services
Department of Mental Health

PRIMARY PROGRAM ASSIGNMENT OF CLIENTS
Who Were Served Each Month by
Designated Agencies
Fiscal Year 2023

Primary Program Assignment					
<u>Month</u>	<u>Children's Services</u>	<u>Adult MH Outpatient</u>	<u>Community Rehabilitation</u>	<u>Unassigned</u>	<u>Total</u>
July	4,422	3,085	1,854	510	9,871
August	4,812	3,134	1,862	170	9,978
September	5,626	3,150	1,865	19	10,660
October	5,699	3,177	1,886	25	10,787
November	5,846	3,120	1,868	22	10,856
December	5,726	3,072	1,845	14	10,657
January	6,042	3,310	1,869	14	11,235
February	5,987	3,262	1,870	6	11,125
March	6,178	3,432	1,892	7	11,509
April	6,025	3,363	1,885	6	11,279
May	6,176	3,382	1,866	4	11,428
June	5,528	2,995	1,787	3	10,313
Monthly Average	5,672	3,207	1,862	67	10,808

See notes 1 and 3.

TABLE 2-3
Vermont Agency of Human Services
Department of Mental Health

AGE AND GENDER OF CLIENTS SERVED

Community Service Providers

Designated Agencies

Fiscal Year 2023

	Clients <u>Served</u>	<u>Age</u>							<u>Gender</u>		
		<u>0 - 6</u>	<u>7 - 12</u>	<u>13 - 19</u>	<u>20 - 34</u>	<u>35 - 49</u>	<u>50 - 64</u>	<u>65 +</u>	<u>Male</u>	<u>Female</u>	<u>Unknown</u>
OVERALL	25,979	7%	15%	21%	20%	16%	13%	7%	47%	51%	3%
<u>Designated Agency</u>											
CSAC (Addison)	1,385	13%	22%	25%	13%	9%	12%	6%	45%	55%	-
NCSS (Northwest)	2,202	17%	20%	19%	15%	11%	12%	6%	48%	52%	<0.5%
HC (Chittenden)	7,219	5%	15%	24%	23%	16%	11%	6%	46%	45%	9%
LCMH (Lamoille)	1,208	7%	17%	23%	20%	15%	12%	6%	47%	52%	<0.5%
HCRS (Southeast)	3,308	4%	14%	21%	21%	18%	15%	6%	51%	49%	<0.5%
NKHS (Northeast)	2,108	2%	11%	16%	24%	20%	18%	10%	46%	54%	-
CMC (Orange)	1,550	3%	14%	19%	21%	17%	16%	9%	45%	55%	<0.5%
RMHS (Rutland)	1,772	15%	18%	18%	17%	12%	11%	8%	48%	52%	<0.5%
UCS (Bennington)	1,767	5%	13%	19%	21%	19%	15%	7%	46%	53%	<0.5%
WCMH (Washington)	2,897	4%	13%	19%	20%	18%	15%	10%	46%	53%	<0.5%
Northeastern Family Institute	386	4%	19%	77%	<0.5%	-	-	-	35%	65%	-
Pathways	177	-	-	-	10%	42%	43%	5%	60%	36%	4%

See notes 2, 3 and 4.

TABLE 2-4
Vermont Agency of Human Services
Department of Mental Health

RESPONSIBILITY FOR FEE OF CLIENTS SERVED
Designated Agencies
Fiscal Year 2023

	Total <u>Clients Served</u>	<u>Responsibility for Fee</u>				
		<u>Medicaid</u>	<u>Medicare</u>	<u>Other Insurance</u>	<u>State Agency</u>	<u>Unknown/ Uninsured</u>
OVERALL	25,979	66%	13%	19%	2%	17%
<u>Designated Agency</u>						
CSAC (Addison)	1,385	72%	10%	30%	2%	4%
NCSS (Northwest)	2,202	41%	6%	11%	-	50%
HC (Chittenden)	7,219	61%	10%	22%	2%	22%
LCMH (Lamoille)	1,208	54%	8%	5%	<0.5%	41%
HCRS (Southeast)	3,308	73%	15%	23%	4%	9%
NKHS (Northeast)	2,108	79%	25%	13%	-	7%
CMC (Orange)	1,550	67%	14%	27%	2%	8%
RMHS (Rutland)	1,772	83%	14%	20%	<0.5%	3%
UCS (Bennington)	1,767	71%	14%	21%	<0.5%	9%
WCMH (Washington)	2,897	70%	15%	17%	<0.5%	16%
Northeastern Family Institute	386	58%	-	18%	24%	3%
Pathways	177	100%	-	-	-	-

See notes 2, 3 and especially 6.

TABLE 2-5
Vermont Agency of Human Services
Department of Mental Health

DIAGNOSIS OF CLIENTS SERVED

Designated Agencies

Fiscal Year 2023

<u>ICD 10</u>	<i>Total Clients Served</i>	<i>No Dx Data</i>	<i>Physiological Conditions</i>	<i>Psychotropic Substance Use</i>	<i>Schizophrenia Non-Mood Psych Disorders</i>	<i>Mood Disorders</i>	<i>Anxiety Other Nonpsy Mental Disorders</i>	<i>Behavioral Syndromes</i>	<i>Disorders of Adult Personality and Behavior</i>	<i>Intellectual Disabilities</i>	<i>Pervasive Specific Dev Disorders</i>	<i>Beh Emotion Disorder/Child Adol</i>	<i>Unspecified Mental Disorder</i>	<u>Reported N</u>
OVERALL	25,979	12%	1%	15%	8%	34%	64%	1%	4%	3%	6%	15%	1%	22,863
<u>Designated Agency</u>														
CSAC (Addison)	1,385	16%	1%	7%	6%	30%	63%	2%	2%	1%	10%	22%	<0.5%	1,162
NCSS (Northwest)	2,202	21%	1%	7%	5%	22%	72%	1%	5%	2%	9%	13%	-	1,744
HC (Chittenden)	7,219	18%	1%	23%	9%	31%	60%	1%	3%	3%	9%	17%	<0.5%	5,922
LCMH (Lamoille)	1,208	13%	<0.5%	5%	5%	13%	82%	1%	1%	1%	4%	8%	-	1,046
HCRS (Southeast)	3,308	6%	1%	15%	10%	44%	57%	1%	5%	5%	7%	15%	<0.5%	3,094
NKHS (Northeast)	2,108	2%	1%	14%	9%	52%	62%	1%	7%	4%	5%	20%	<0.5%	2,075
CMC (Orange)	1,550	5%	<0.5%	16%	6%	32%	70%	1%	9%	1%	3%	11%	-	1,476
RMHS (Rutland)	1,772	2%	1%	19%	8%	37%	71%	1%	6%	1%	5%	17%	<0.5%	1,742
UCS (Bennington)	1,767	1%	1%	12%	5%	32%	66%	1%	3%	1%	3%	13%	5%	1,757
WCMH (Washington)	2,897	21%	1%	12%	10%	31%	62%	<0.5%	4%	2%	4%	10%	<0.5%	2,296
Northeastern Family Institute	386	4%	-	3%	1%	55%	72%	2%	5%	1%	4%	27%	-	372
Pathways	177	-	1%	4%	20%	27%	44%	-	3%	-	-	1%	-	177

As clients may have as many as four diagnoses reported, diagnostic groups do not represent an unduplicated count of clients served.

See notes 2, 3 and 7.

TABLE 2-6
Vermont Agency of Human Services
Department of Mental Health

LENGTH OF STAY OF CLIENTS SERVED

Designated Agencies
Fiscal Year 2023

	Total Clients Served	No Data	Year of Admission					Reported N
			Current Fiscal Year	Previous Fiscal Year	3 - 5 Years Earlier	6 - 10 Years Earlier	11+ Years Earlier	
OVERALL	25,979	1%	44%	18%	21%	8%	9%	25,746
<u>Designated Agency</u>								
CSAC (Addison)	1,385	-	19%	23%	31%	13%	15%	1,385
NCSS (Northwest)	2,202	1%	49%	16%	36%	<0.5%	<0.5%	2,171
HC (Chittenden)	7,219	1%	43%	16%	17%	9%	14%	7,134
LCMH (Lamoille)	1,208	-	45%	22%	23%	6%	4%	1,208
HCRS (Southeast)	3,308	1%	57%	16%	13%	7%	7%	3,267
NKHS (Northeast)	2,108	1%	38%	13%	19%	11%	19%	2,094
CMC (Orange)	1,550	1%	39%	24%	24%	9%	4%	1,537
RMHS (Rutland)	1,772	2%	46%	21%	20%	8%	6%	1,739
UCS (Bennington)	1,767	<0.5%	49%	18%	27%	4%	3%	1,761
WCMH (Washington)	2,897	<0.5%	40%	22%	20%	9%	8%	2,896
Northeastern Family Institute	386	2%	74%	8%	10%	7%	1%	377
Pathways	177	-	-	-	7%	82%	11%	177

See notes 2, 3 and 9.

2A: Children's Services Programs

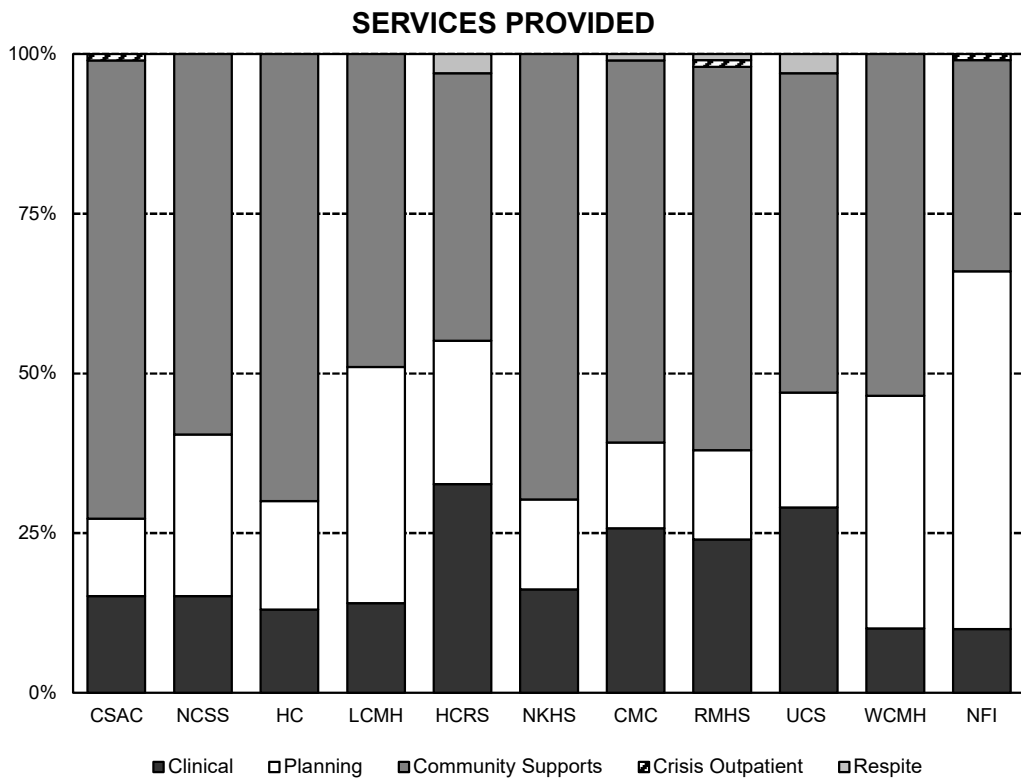


TABLE 2A-1
Vermont Agency of Human Services
Department of Mental Health
CHILDREN'S SERVICES PROGRAMS

AGE AND GENDER OF CLIENTS SERVED

Designated Agencies
Fiscal Year 2023

	Clients Served	Age							Gender		
		0 - 6	7 - 12	13 - 19	20 - 34	35 - 49	50 - 64	65 +	Male	Female	Unknown
OVERALL	9,799	16%	36%	43%	4%	<0.5%	<0.5%	<0.5%	52%	48%	<0.5%
<u>Designated Agency</u>											
CSAC (Addison)	861	21%	35%	39%	5%	-	<0.5%	-	49%	51%	-
NCSS (Northwest)	1,078	24%	38%	34%	3%	<0.5%	-	<0.5%	55%	45%	<0.5%
HC (Chittenden)	2,560	14%	34%	43%	7%	1%	1%	-	53%	46%	1%
LCMH (Lamoille)	456	17%	39%	44%	<0.5%	<0.5%	-	-	53%	46%	<0.5%
HCRS (Southeast)	1,042	11%	39%	48%	2%	-	-	<0.5%	54%	46%	-
NKHS (Northeast)	538	7%	34%	43%	14%	1%	<0.5%	<0.5%	57%	43%	-
CMC (Orange)	529	9%	40%	47%	3%	-	1%	-	48%	51%	<0.5%
RMHS (Rutland)	876	30%	36%	32%	1%	-	-	-	52%	48%	-
UCS (Bennington)	500	18%	40%	41%	2%	-	<0.5%	-	51%	49%	<0.5%
WCMH (Washington)	973	13%	38%	46%	3%	<0.5%	-	-	52%	47%	<0.5%
Northeastern Family Institute	386	4%	19%	77%	<0.5%	-	-	-	35%	65%	-

See notes 2, 3 and 4.

TABLE 2A-2
Vermont Agency of Human Services
Department of Mental Health
CHILDREN'S SERVICES PROGRAMS

RESPONSIBILITY FOR FEE OF CLIENTS SERVED

Designated Agencies
Fiscal Year 2023

	Total <u>Clients Served</u>	Responsibility for Fee				
		<u>Medicaid</u>	<u>Medicare</u>	<u>Other Insurance</u>	<u>State Agency</u>	<u>Unknown/ Uninsured</u>
OVERALL	9,799	77%	<0.5%	17%	3%	10%
<u>Designated Agency</u>						
CSAC (Addison)	861	77%	-	22%	<0.5%	4%
NCSS (Northwest)	1,078	54%	-	10%	-	39%
HC (Chittenden)	2,560	80%	1%	25%	4%	3%
LCMH (Lamoille)	456	61%	-	5%	<0.5%	36%
HCRS (Southeast)	1,042	86%	<0.5%	18%	5%	3%
NKHS (Northeast)	538	86%	3%	8%	-	9%
CMC (Orange)	529	79%	<0.5%	19%	-	5%
RMHS (Rutland)	876	89%	-	15%	-	1%
UCS (Bennington)	500	86%	1%	12%	<0.5%	4%
WCMH (Washington)	973	80%	<0.5%	14%	<0.5%	11%
Northeastern Family Institute	386	58%	-	18%	24%	3%

See notes 2, 3 and especially 6.

TABLE 2A-3
Vermont Agency of Human Services
Department of Mental Health
CHILDREN'S SERVICES PROGRAMS

DIAGNOSIS OF CLIENTS SERVED

Designated Agencies

Fiscal Year 2023

ICD 10	Total Clients Served	No Dx Data	Physiological Conditions	Psychoactive Substance Use	Schizophrenia Non-Mood Psych Disorders	Mood Disorders	Anxiety Other Nonpsy Mental Disorders	Behavioral Syndromes	Disorders of Adult Personality and Behavior	Intellectual Disabilities	Pervasive Specific Dev Disorders	Beh Emotion Disorders/Child Adol	Unspecified Mental Disorder	Reported N
OVERALL	9,799	7%	<0.5%	2%	<0.5%	20%	74%	1%	2%	3%	12%	28%	<0.5%	9,115
<u>Designated Agency</u>														
CSAC (Addison)	861	17%	1%	1%	-	17%	67%	1%	2%	1%	15%	31%	-	717
NCSS (Northwest)	1,078	18%	1%	1%	<0.5%	10%	73%	<0.5%	1%	3%	17%	23%	-	883
HC (Chittenden)	2,560	4%	<0.5%	4%	1%	18%	76%	1%	1%	4%	17%	29%	<0.5%	2,446
LCMH (Lamoille)	456	13%	<0.5%	1%	-	9%	81%	<0.5%	1%	2%	9%	16%	-	398
HCRS (Southeast)	1,042	5%	<0.5%	2%	1%	32%	73%	<0.5%	2%	4%	11%	36%	-	994
NKHS (Northeast)	538	4%	<0.5%	1%	1%	24%	73%	<0.5%	3%	9%	17%	38%	-	517
CMC (Orange)	529	1%	-	1%	-	13%	79%	1%	2%	1%	4%	18%	-	524
RMHS (Rutland)	876	3%	<0.5%	2%	-	21%	74%	1%	1%	1%	7%	32%	-	847
UCS (Bennington)	500	1%	<0.5%	2%	-	19%	72%	1%	2%	1%	8%	30%	1%	495
WCMH (Washington)	973	5%	<0.5%	1%	<0.5%	16%	76%	<0.5%	1%	2%	8%	20%	-	922
Northeastern Family Institute	386	4%	-	3%	1%	55%	72%	2%	5%	1%	4%	27%	-	372

As clients may have as many as four diagnoses reported, diagnostic groups do not represent an unduplicated count of clients served.

See notes 2, 3 and 7.

TABLE 2A-4
Vermont Agency of Human Services
Department of Mental Health
CHILDREN'S SERVICES PROGRAMS

LENGTH OF STAY OF CLIENTS SERVED

Designated Agencies
Fiscal Year 2023

	Total Clients Served	No Data	Year of Admission					Reported N
			Current Fiscal Year	Previous Fiscal Year	3 - 5 Years Earlier	6 - 10 Years Earlier	11+ Years Earlier	
OVERALL	9,799	1%	35%	22%	28%	10%	4%	9,749
<u>Designated Agency</u>								
CSAC (Addison)	861	-	20%	26%	35%	13%	6%	861
NCSS (Northwest)	1,078	1%	39%	22%	39%	<0.5%	-	1,067
HC (Chittenden)	2,560	<0.5%	25%	20%	27%	18%	10%	2,552
LCMH (Lamoille)	456	-	31%	31%	30%	6%	1%	456
HCRS (Southeast)	1,042	1%	47%	22%	21%	8%	2%	1,035
NKHS (Northeast)	538	<0.5%	32%	13%	26%	14%	15%	537
CMC (Orange)	529	1%	36%	26%	31%	6%	1%	525
RMHS (Rutland)	876	1%	43%	25%	24%	7%	1%	868
UCS (Bennington)	500	<0.5%	37%	25%	35%	3%	-	499
WCMH (Washington)	973	<0.5%	38%	27%	28%	7%	1%	972
Northeastern Family Institute	386	2%	74%	8%	10%	7%	1%	377

See notes 2, 3 and 9.

TABLE 2A-5
Vermont Agency of Human Services
Department of Mental Health
CHILDREN'S SERVICES PROGRAMS

CLINICAL INTERVENTIONS

Designated Agencies
Fiscal Year 2023

	<u>Total Clients Served</u>	<u>Clients Receiving Clinical Interventions Number</u>	<u>Percent</u>	<u>Number of Clinical Interventions</u>	<u>Services as Percentage of all Children's Non- Residential Services</u>	<u>Clinical Interventions Per Client</u>
OVERALL	9,950	6,909	69%	70,033	16%	10
<u>Designated Agency</u>						
CSAC (Addison)	779	524	67%	4,528	15%	9
NCSS (Northwest)	1,227	855	70%	6,092	15%	7
HC (Chittenden)	2,647	1,916	72%	20,429	13%	11
LCMH (Lamoille)	460	281	61%	2,659	14%	9
HCRS (Southeast)	1,081	931	86%	13,767	32%	15
NKHS (Northeast)	457	317	69%	3,159	16%	10
CMC (Orange)	521	389	75%	4,412	25%	11
RMHS (Rutland)	897	634	71%	4,750	24%	7
UCS (Bennington)	511	349	68%	2,657	29%	8
WCMH (Washington)	984	613	62%	6,894	10%	11
Northeastern Family Institute	386	100	26%	686	10%	7

See notes 2, 3 and 10.

TABLE 2A-5a
Vermont Agency of Human Services
Department of Mental Health
CHILDREN'S SERVICES PROGRAMS

INDIVIDUAL, FAMILY, AND GROUP THERAPY

Designated Agencies

Fiscal Year 2023

	<u>Total Clients Served</u>	<u>Clients Receiving Therapy Number</u>	<u>Percent</u>	<u>Number of Therapy Sessions</u>	<u>Services as Percentage of all Children's Non- Residential Services</u>	<u>Therapy Sessions Per Client</u>
OVERALL	9,950	3,832	39%	58,709	14%	15
<u>Designated Agency</u>						
CSAC (Addison)	779	289	37%	3,724	12%	13
NCSS (Northwest)	1,227	373	30%	3,853	9%	10
HC (Chittenden)	2,647	860	32%	17,397	11%	20
LCMH (Lamoille)	460	127	28%	2,214	11%	17
HCRS (Southeast)	1,081	719	67%	12,365	29%	17
NKHS (Northeast)	457	169	37%	2,534	13%	15
CMC (Orange)	521	308	59%	4,030	23%	13
RMHS (Rutland)	897	319	36%	4,192	21%	13
UCS (Bennington)	511	244	48%	2,243	25%	9
WCMH (Washington)	984	395	40%	5,802	9%	15
Northeastern Family Institute	386	29	8%	355	5%	12

See notes 2, 3 and 10.

TABLE 2A-5b
Vermont Agency of Human Services
Department of Mental Health
CHILDREN'S SERVICES PROGRAMS

MEDICATION AND MEDICAL SUPPORT AND CONSULTATION SERVICES

Designated Agencies
Fiscal Year 2023

	<u>Total Clients Served</u>	<u>Clients Receiving Medication Services Number</u>	<u>Percent</u>	<u>Number of Medication Services</u>	<u>Services as Percentage of all Children's Non- Residential Services</u>	<u>Medication Services Per Client</u>
OVERALL	9,950	1,063	11%	5,569	1%	5
<u>Designated Agency</u>						
CSAC (Addison)	779	84	11%	334	1%	4
NCSS (Northwest)	1,227	232	19%	1,608	4%	7
HC (Chittenden)	2,647	141	5%	1,277	1%	9
LCMH (Lamoille)	460	59	13%	236	1%	4
HCRS (Southeast)	1,081	122	11%	598	1%	5
NKHS (Northeast)	457	100	22%	371	2%	4
CMC (Orange)	521	41	8%	118	1%	3
RMHS (Rutland)	897	32	4%	116	1%	4
UCS (Bennington)	511	74	14%	214	2%	3
WCMH (Washington)	984	178	18%	697	1%	4
Northeastern Family Institute	386	-	-	-	-	-

See notes 2, 3 and 10.

TABLE 2A-5c
Vermont Agency of Human Services
Department of Mental Health
CHILDREN'S SERVICES PROGRAMS

CLINICAL ASSESSMENT SERVICES

Designated Agencies
Fiscal Year 2023

	<u>Total Clients Served</u>	<u>Clients Receiving Clinical Assessment Number</u>	<u>Percent</u>	<u>Number of Clinical Assessments</u>	<u>Services as Percentage of all Children's Non- Residential Services</u>	<u>Clinical Assessment Per Client</u>
OVERALL	9,950	4,582	46%	5,755	1%	1
<u>Designated Agency</u>						
CSAC (Addison)	779	357	46%	470	2%	1
NCSS (Northwest)	1,227	621	51%	631	2%	1
HC (Chittenden)	2,647	1,312	50%	1,755	1%	1
LCMH (Lamoille)	460	176	38%	209	1%	1
HCRS (Southeast)	1,081	644	60%	804	2%	1
NKHS (Northeast)	457	226	49%	254	1%	1
CMC (Orange)	521	216	41%	264	2%	1
RMHS (Rutland)	897	433	48%	442	2%	1
UCS (Bennington)	511	184	36%	200	2%	1
WCMH (Washington)	984	336	34%	395	1%	1
Northeastern Family Institute	386	77	20%	331	5%	4

See notes 2, 3 and 10.

TABLE 2A-6
Vermont Agency of Human Services
Department of Mental Health
CHILDREN'S SERVICES PROGRAMS

SERVICE PLANNING AND COORDINATION

Designated Agencies
Fiscal Year 2023

	<u>Total Clients Served</u>	<u>Clients Receiving Planning Services Number</u>	<u>Percent</u>	<u>Number of Planning Services</u>	<u>Services as Percentage of all Children's Non- Residential Services</u>	<u>Planning Services Per Client</u>
OVERALL	9,950	6,143	62%	94,896	22%	15
<u>Designated Agency</u>						
CSAC (Addison)	779	358	46%	3,671	12%	10
NCSS (Northwest)	1,227	715	58%	10,513	25%	15
HC (Chittenden)	2,647	1,671	63%	27,277	17%	16
LCMH (Lamoille)	460	369	80%	7,196	37%	20
HCRS (Southeast)	1,081	802	74%	9,659	22%	12
NKHS (Northeast)	457	287	63%	2,648	14%	9
CMC (Orange)	521	346	66%	2,253	13%	7
RMHS (Rutland)	897	570	64%	2,762	14%	5
UCS (Bennington)	511	231	45%	1,603	18%	7
WCMH (Washington)	984	656	67%	23,643	36%	36
Northeastern Family Institute	386	138	36%	3,671	56%	27

See notes 2, 3 and 12.

TABLE 2A-7
Vermont Agency of Human Services
Department of Mental Health
CHILDREN'S SERVICES PROGRAMS

COMMUNITY SUPPORTS

Designated Agencies
Fiscal Year 2023

	<u>Total Clients Served</u>	<u>Clients Receiving Support Services Number</u>	<u>Percent</u>	<u>Number of Community Support Services</u>	<u>Services as Percentage of all Children's Non- Residential Services</u>	<u>Support Services Per Client</u>
OVERALL	9,950	6,841	69%	262,381	61%	38
<u>Designated Agency</u>						
CSAC (Addison)	779	539	69%	22,207	71%	41
NCSS (Northwest)	1,227	656	53%	24,625	59%	38
HC (Chittenden)	2,647	1,951	74%	110,749	70%	57
LCMH (Lamoille)	460	318	69%	9,686	49%	30
HCRS (Southeast)	1,081	773	72%	17,411	41%	23
NKHS (Northeast)	457	433	95%	13,289	69%	31
CMC (Orange)	521	445	85%	10,107	58%	23
RMHS (Rutland)	897	681	76%	12,070	60%	18
UCS (Bennington)	511	313	61%	4,585	50%	15
WCMH (Washington)	984	675	69%	35,493	53%	53
Northeastern Family Institute	386	57	15%	2,159	33%	38

See notes 2, 3 and 13.

TABLE 2A-8a
Vermont Agency of Human Services
Department of Mental Health
CHILDREN'S SERVICES PROGRAMS

EMERGENCY/CRISIS ASSESSMENT, SUPPORT AND REFERRAL

Designated Agencies

Fiscal Year 2023

	<u>Total Clients Served</u>	<u>Clients Receiving Emerg./Crisis Services Number</u>	<u>Percent</u>	<u>Number of Emerg./Crisis Services</u>	<u>Services as Percentage of all Children's Non- Residential Services</u>	<u>Emerg./Crisis Services Per Client</u>
OVERALL	9,950	206	2%	631	<0.5%	3
<u>Designated Agency</u>						
CSAC (Addison)	779	102	13%	324	1%	3
NCSS (Northwest)	1,227	1	<0.5%	2	<0.5%	2
HC (Chittenden)	2,647	6	<0.5%	67	<0.5%	11
LCMH (Lamoille)	460	-	-	-	-	-
HCRS (Southeast)	1,081	24	2%	45	<0.5%	2
NKHS (Northeast)	457	-	-	-	-	-
CMC (Orange)	521	-	-	-	-	-
RMHS (Rutland)	897	57	6%	107	1%	2
UCS (Bennington)	511	-	-	-	-	-
WCMH (Washington)	984	-	-	-	-	-
Northeastern Family Institute	386	16	4%	86	1%	5

See notes 2, 3 and 15.

TABLE 2A-8b
Vermont Agency of Human Services
Department of Mental Health
CHILDREN'S SERVICES PROGRAMS

EMERGENCY/CRISIS BEDS

Designated Agencies
Fiscal Year 2023

	Total Clients <u>Served</u>	Clients Receiving Emerg./Crisis Bed Services		Days of Emerg./Crisis <u>Bed Services</u>	Emergency/Crisis Bed Days <u>Per Client</u>
		<u>Number</u>	<u>Percent</u>		
OVERALL	9,950	241	2%	2,857	12
<u>Designated Agency</u>					
CSAC (Addison)	779	-	-	-	-
NCSS (Northwest)	1,227	-	-	-	-
HC (Chittenden)	2,647	-	-	-	-
LCMH (Lamoille)	460	-	-	-	-
HCRS (Southeast)	1,081	-	-	-	-
NKHS (Northeast)	457	-	-	-	-
CMC (Orange)	521	-	-	-	-
RMHS (Rutland)	897	-	-	-	-
UCS (Bennington)	511	-	-	-	-
WCMH (Washington)	984	16	2%	1,330	83
Northeastern Family Institute	386	225	58%	1,527	7

See notes 2, 3 and 15.

TABLE 2A-9
Vermont Agency of Human Services
Department of Mental Health
CHILDREN'S SERVICES PROGRAMS

HOUSING AND HOME SUPPORTS

Designated Agencies
Fiscal Year 2023

	<u>Total Clients Served</u>	<u>Clients Receiving Housing & Home Supports</u>		<u>Days of Housing & Home Support Services</u>	<u>Housing & Home Support Days Per Client</u>
		<u>Number</u>	<u>Percent</u>		
OVERALL	9,950	75	1%	12,489	167
<u>Designated Agency</u>					
CSAC (Addison)	779	2	<0.5%	305	152
NCSS (Northwest)	1,227	3	<0.5%	55	18
HC (Chittenden)	2,647	16	1%	3,583	224
LCMH (Lamoille)	460	-	-	-	-
HCRS (Southeast)	1,081	1	<0.5%	1	1
NKHS (Northeast)	457	-	-	-	-
CMC (Orange)	521	-	-	-	-
RMHS (Rutland)	897	-	-	-	-
UCS (Bennington)	511	-	-	-	-
WCMH (Washington)	984	5	1%	1,657	331
Northeastern Family Institute	386	48	12%	6,888	143

See notes 2, 3 and 16.

TABLE 2A-10
Vermont Agency of Human Services
Department of Mental Health
CHILDREN'S SERVICES PROGRAMS

RESPITE SERVICES

Designated Agencies

Fiscal Year 2023

	<u>Total Clients Served</u>	<u>Clients Receiving Respite Services Number</u>	<u>Percent</u>	<u>Number of Respite Services</u>	<u>Services as Percentage of all Children's Non- Residential Services</u>	<u>Respite Services Per Client</u>
OVERALL	9,950	210	2%	2,325	1%	11
<u>Designated Agency</u>						
CSAC (Addison)	779	-	-	-	-	-
NCSS (Northwest)	1,227	15	1%	120	<0.5%	8
HC (Chittenden)	2,647	12	<0.5%	208	<0.5%	17
LCMH (Lamoille)	460	12	3%	45	<0.5%	4
HCRS (Southeast)	1,081	129	12%	1,463	3%	11
NKHS (Northeast)	457	1	<0.5%	1	<0.5%	1
CMC (Orange)	521	2	<0.5%	110	1%	55
RMHS (Rutland)	897	12	1%	114	1%	10
UCS (Bennington)	511	27	5%	264	3%	10
WCMH (Washington)	984	-	-	-	-	-
Northeastern Family Institute	386	-	-	-	-	-

See notes 2, 3 and 17.

2B: Adult Mental Health Outpatient Programs

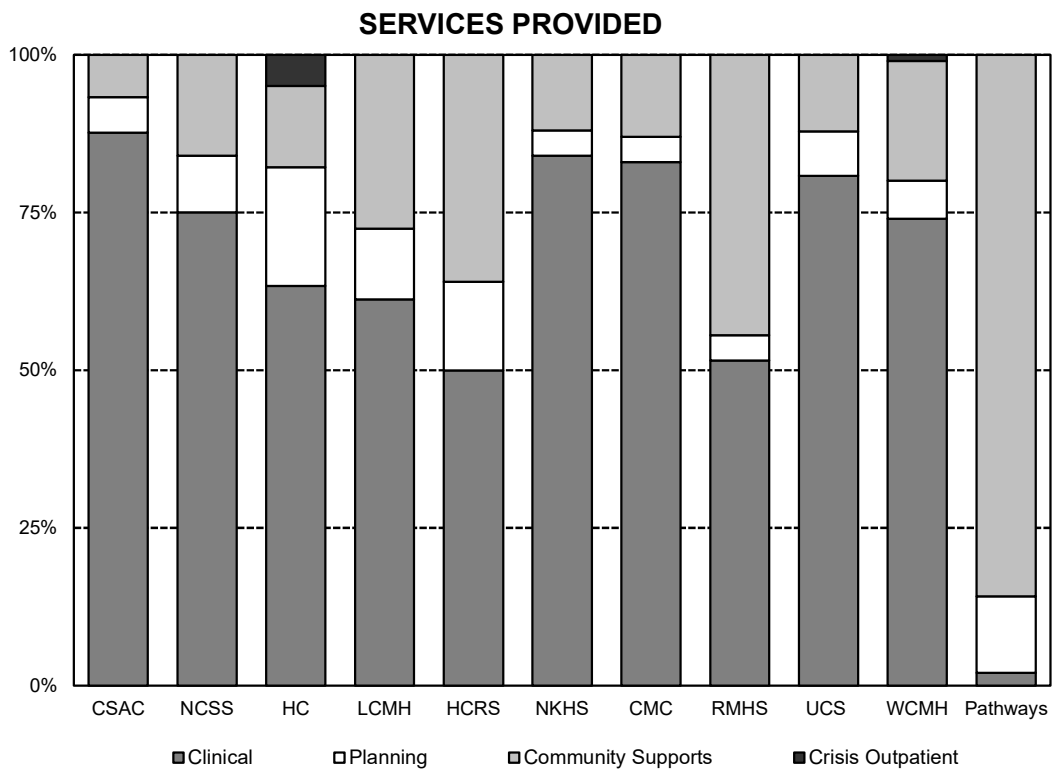


TABLE 2B-1
Vermont Agency of Human Services
Department of Mental Health
ADULT MENTAL HEALTH OUTPATIENT PROGRAMS

AGE AND GENDER OF CLIENTS SERVED

Designated Agencies
Fiscal Year 2023

	Clients Served	Age						Gender		
		0 - 12	13 - 19	20 - 34	35 - 49	50 - 64	65 +	Male	Female	Unknown
OVERALL	7,075	1%	3%	33%	29%	23%	12%	40%	60%	<0.5%
<u>Designated Agency</u>										
CSAC (Addison)	383	<0.5%	2%	30%	26%	28%	14%	34%	66%	-
NCSS (Northwest)	540	1%	1%	34%	26%	27%	12%	35%	65%	-
HC (Chittenden)	622	3%	5%	34%	30%	17%	12%	39%	60%	1%
LCMH (Lamoille)	292	1%	3%	39%	26%	22%	9%	36%	64%	-
HCRS (Southeast)	766	<0.5%	3%	33%	29%	23%	12%	41%	59%	-
NKHS (Northeast)	1,050	<0.5%	2%	29%	30%	26%	12%	40%	60%	-
CMC (Orange)	744	<0.5%	3%	35%	28%	23%	12%	43%	57%	<0.5%
RMHS (Rutland)	608	<0.5%	3%	39%	25%	17%	15%	39%	61%	<0.5%
UCS (Bennington)	693	<0.5%	2%	33%	31%	24%	10%	43%	57%	-
WCMH (Washington)	1,238	-	3%	32%	28%	21%	16%	38%	62%	<0.5%
Pathways	139	-	-	12%	38%	45%	5%	58%	38%	4%

See notes 2, 3 and 4

TABLE 2B-2
Vermont Agency of Human Services
Department of Mental Health
ADULT MENTAL HEALTH OUTPATIENT PROGRAMS

RESPONSIBILITY FOR FEE OF CLIENTS SERVED

Designated Agencies
Fiscal Year 2023

	Total <u>Clients Served</u>	Responsibility for Fee				Unknown/ <u>Uninsured</u>
		<u>Medicaid</u>	<u>Medicare</u>	<u>Other Insurance</u>	<u>State Agency</u>	
OVERALL	7,075	63%	20%	25%	1%	13%
<u>Designated Agency</u>						
CSAC (Addison)	383	51%	21%	48%	6%	5%
NCSS (Northwest)	540	24%	11%	18%	-	56%
HC (Chittenden)	622	68%	19%	25%	6%	10%
LCMH (Lamoille)	292	51%	11%	6%	-	40%
HCRS (Southeast)	766	70%	23%	29%	2%	5%
NKHS (Northeast)	1,050	74%	33%	17%	-	5%
CMC (Orange)	744	57%	17%	37%	-	7%
RMHS (Rutland)	608	71%	19%	26%	<0.5%	7%
UCS (Bennington)	693	67%	18%	28%	<0.5%	6%
WCMH (Washington)	1,238	62%	17%	23%	-	16%
Pathways	139	100%	-	-	-	-

See notes 2, 3 and especially 6.

TABLE 2B-3
Vermont Agency of Human Services
Department of Mental Health
ADULT MENTAL HEALTH OUTPATIENT PROGRAMS

DIAGNOSIS OF CLIENTS SERVED

Designated Agencies

Fiscal Year 2023

<u>ICD 10</u>	<i>Total Clients Served</i>	<i>No Dx Data</i>	<i>Physiological Conditions</i>	<i>Psychoactive Substance Use</i>	<i>Schizophrenia Non-Mood Psych Disorders</i>	<i>Mood Disorders</i>	<i>Anxiety Other Nonpsy Mental Disorders</i>	<i>Behavioral Syndromes</i>	<i>Disorders of Adult Personality and Behavior</i>	<i>Intellectual Disabilities</i>	<i>Pervasive Specific Dev Disorders</i>	<i>Beh Emotion Disorders/Child Adol</i>	<i>Unspecified Mental Disorder</i>	<u>Reported N</u>
OVERALL	7,075	11%	1%	19%	6%	47%	70%	1%	6%	1%	2%	8%	<0.5%	6,298
<u>Designated Agency</u>														
CSAC (Addison)	383	16%	2%	15%	4%	55%	65%	2%	2%	<0.5%	2%	9%	-	321
NCSS (Northwest)	540	6%	1%	8%	4%	36%	81%	1%	5%	1%	1%	3%	-	508
HC (Chittenden)	622	7%	1%	28%	8%	34%	67%	-	6%	3%	4%	8%	1%	579
LCMH (Lamoille)	292	25%	1%	8%	2%	24%	82%	1%	1%	-	-	4%	-	218
HCRS (Southeast)	766	3%	2%	15%	6%	50%	72%	1%	6%	2%	3%	2%	-	743
NKHS (Northeast)	1,050	<0.5%	2%	20%	10%	61%	68%	2%	9%	3%	2%	19%	<0.5%	1,047
CMC (Orange)	744	8%	<0.5%	25%	4%	48%	63%	2%	13%	<0.5%	1%	9%	-	684
RMHS (Rutland)	608	<0.5%	1%	33%	3%	54%	82%	2%	7%	1%	2%	3%	1%	607
UCS (Bennington)	693	<0.5%	1%	18%	2%	42%	71%	<0.5%	3%	1%	2%	8%	2%	692
WCMH (Washington)	1,238	39%	2%	16%	4%	45%	63%	1%	3%	1%	1%	4%	<0.5%	760
Pathways	139	-	1%	5%	10%	28%	51%	-	3%	-	-	1%	-	139

As clients may have as many as four diagnoses reported, diagnostic groups do not represent an unduplicated count of clients served.

See notes 2, 3 and 7.

TABLE 2B-4
Vermont Agency of Human Services
Department of Mental Health
ADULT MENTAL HEALTH OUTPATIENT PROGRAMS

LENGTH OF STAY OF CLIENTS SERVED

Designated Agencies

Fiscal Year 2023

	Total Clients <u>Served</u>	<u>No</u> <u>Data</u>	Current Fiscal <u>Year</u>	Year of Admission				Reported <u>N</u>
				Previous Fiscal <u>Year</u>	3 - 5 Years <u>Earlier</u>	6 - 10 Years <u>Earlier</u>	11+ Years <u>Earlier</u>	
OVERALL	7,075	1%	42%	20%	21%	9%	7%	7,015
<u>Designated Agency</u>								
CSAC (Addison)	383	-	20%	21%	26%	14%	19%	383
NCSS (Northwest)	540	2%	52%	12%	36%	-	-	527
HC (Chittenden)	622	1%	40%	25%	20%	4%	12%	617
LCMH (Lamoille)	292	-	56%	15%	25%	4%	1%	292
HCRS (Southeast)	766	1%	57%	21%	11%	7%	4%	755
NKHS (Northeast)	1,050	1%	30%	16%	21%	13%	20%	1,042
CMC (Orange)	744	1%	39%	30%	22%	7%	2%	738
RMHS (Rutland)	608	2%	61%	22%	13%	3%	1%	593
UCS (Bennington)	693	<0.5%	44%	18%	29%	6%	3%	691
WCMH (Washington)	1,238	-	43%	23%	19%	10%	5%	1,238
Pathways	139	-	-	-	7%	81%	12%	139

See notes 2, 3 and 9.

TABLE 2B-5
Vermont Agency of Human Services
Department of Mental Health
ADULT MENTAL HEALTH OUTPATIENT SERVICES

CLINICAL INTERVENTIONS

Designated Agencies
Fiscal Year 2023

	<u>Total Clients Served</u>	<u>Clients Receiving Clinical Interventions Number</u>	<u>Percent</u>	<u>Number of Clinical Interventions</u>	<u>Services as Percentage of all Adult Outpt Non- Residential Services</u>	<u>Clinical Interventions Per Client</u>
OVERALL	7,521	6,591	88%	69,785	64%	11
<u>Designated Agency</u>						
CSAC (Addison)	393	369	94%	5,597	78%	15
NCSS (Northwest)	594	523	88%	6,087	75%	12
HC (Chittenden)	862	638	74%	8,988	64%	14
LCMH (Lamoille)	217	177	82%	1,894	60%	11
HCRS (Southeast)	850	758	89%	5,750	50%	8
NKHS (Northeast)	1,060	1,022	96%	7,283	84%	7
CMC (Orange)	687	676	98%	9,093	83%	13
RMHS (Rutland)	653	583	89%	4,180	51%	7
UCS (Bennington)	802	783	98%	7,035	80%	9
WCMH (Washington)	1,264	994	79%	13,669	74%	14
Pathways	139	68	49%	209	2%	3

See notes 2, 3 and 10.

TABLE 2B-5a
Vermont Agency of Human Services
Department of Mental Health
ADULT MENTAL HEALTH OUTPATIENT SERVICES

INDIVIDUAL, FAMILY, AND GROUP THERAPY

Designated Agencies

Fiscal Year 2023

	<u>Total Clients Served</u>	<u>Clients Receiving Therapy Number</u>	<u>Percent</u>	<u>Number of Therapy Sessions</u>	<u>Services as Percentage of all Adult Outpt Non- Residential Services</u>	<u>Therapy Sessions Per Client</u>
OVERALL	7,521	4,363	58%	53,663	49%	12
<u>Designated Agency</u>						
CSAC (Addison)	393	299	76%	4,673	65%	16
NCSS (Northwest)	594	410	69%	5,186	64%	13
HC (Chittenden)	862	489	57%	8,195	58%	17
LCMH (Lamoille)	217	93	43%	1,584	50%	17
HCRS (Southeast)	850	482	57%	5,101	44%	11
NKHS (Northeast)	1,060	436	41%	4,256	49%	10
CMC (Orange)	687	607	88%	8,376	77%	14
RMHS (Rutland)	653	338	52%	3,624	44%	11
UCS (Bennington)	802	309	39%	388	4%	1
WCMH (Washington)	1,264	900	71%	12,280	66%	14
Pathways	139	-	-	-	-	-

See notes 2, 3 and 10.

TABLE 2B-5b
Vermont Agency of Human Services
Department of Mental Health
ADULT MENTAL HEALTH OUTPATIENT SERVICES

MEDICATION AND MEDICAL SUPPORT AND CONSULTATION SERVICES

Designated Agencies
Fiscal Year 2023

	<u>Total Clients Served</u>	<u>Clients Receiving Medication Services Number</u>	<u>Percent</u>	<u>Number of Medication Services</u>	<u>Services as Percentage of all Adult Outpt Non- Residential Services</u>	<u>Medication Services Per Client</u>
OVERALL	7,521	1,497	20%	6,061	6%	4
<u>Designated Agency</u>						
CSAC (Addison)	393	140	36%	795	11%	6
NCSS (Northwest)	594	91	15%	582	7%	6
HC (Chittenden)	862	54	6%	487	3%	9
LCMH (Lamoille)	217	49	23%	211	7%	4
HCRS (Southeast)	850	13	2%	52	<0.5%	4
NKHS (Northeast)	1,060	620	58%	2,443	28%	4
CMC (Orange)	687	162	24%	317	3%	2
RMHS (Rutland)	653	29	4%	88	1%	3
UCS (Bennington)	802	-	-	-	-	-
WCMH (Washington)	1,264	281	22%	894	5%	3
Pathways	139	58	42%	192	2%	3

See notes 2, 3 and 10.

TABLE 2B-5c
Vermont Agency of Human Services
Department of Mental Health
ADULT MENTAL HEALTH OUTPATIENT SERVICES

CLINICAL ASSESSMENT SERVICES

Designated Agencies
Fiscal Year 2023

	<u>Total Clients Served</u>	<u>Clients Receiving Clinical Assessment Number</u>	<u>Percent</u>	<u>Number of Clinical Assessments</u>	<u>Services as Percentage of all Adult Outpt Non- Residential Services</u>	<u>Clinical Assessment Per Client</u>
OVERALL	7,521	3,608	48%	10,061	9%	3
<u>Designated Agency</u>						
CSAC (Addison)	393	107	27%	129	2%	1
NCSS (Northwest)	594	312	53%	319	4%	1
HC (Chittenden)	862	252	29%	306	2%	1
LCMH (Lamoille)	217	93	43%	99	3%	1
HCRS (Southeast)	850	560	66%	597	5%	1
NKHS (Northeast)	1,060	429	40%	584	7%	1
CMC (Orange)	687	322	47%	400	4%	1
RMHS (Rutland)	653	430	66%	468	6%	1
UCS (Bennington)	802	663	83%	6,647	76%	10
WCMH (Washington)	1,264	423	33%	495	3%	1
Pathways	139	17	12%	17	<0.5%	1

See notes 2, 3 and 10.

TABLE 2B-6
Vermont Agency of Human Services
Department of Mental Health
ADULT MENTAL HEALTH OUTPATIENT SERVICES

SERVICE PLANNING AND COORDINATION

Designated Agencies
Fiscal Year 2023

	<u>Total Clients Served</u>	<u>Clients Receiving Planning Services Number</u>	<u>Percent</u>	<u>Number of Planning Services</u>	<u>Services as Percentage of all Adult Outpt Non- Residential Services</u>	<u>Planning & Services Per Client</u>
OVERALL	7,521	1,955	26%	9,668	9%	5
<u>Designated Agency</u>						
CSAC (Addison)	393	57	15%	337	5%	6
NCSS (Northwest)	594	134	23%	742	9%	6
HC (Chittenden)	862	388	45%	2,642	19%	7
LCMH (Lamoille)	217	109	50%	361	11%	3
HCRS (Southeast)	850	281	33%	1,585	14%	6
NKHS (Northeast)	1,060	105	10%	345	4%	3
CMC (Orange)	687	161	23%	428	4%	3
RMHS (Rutland)	653	195	30%	330	4%	2
UCS (Bennington)	802	131	16%	627	7%	5
WCMH (Washington)	1,264	266	21%	1,058	6%	4
Pathways	139	128	92%	1,213	12%	9

See notes 2, 3 and 12.

TABLE 2B-7
Vermont Agency of Human Services
Department of Mental Health
ADULT MENTAL HEALTH OUTPATIENT SERVICES

COMMUNITY SUPPORTS

Designated Agencies
Fiscal Year 2023

	<u>Total Clients Served</u>	<u>Clients Receiving Support Services Number</u>	<u>Percent</u>	<u>Number of Community Support Services</u>	<u>Services as Percentage of all Adult Outpt Non- Residential Services</u>	<u>Support Services Per Client</u>
OVERALL	7,521	2,686	36%	27,523	25%	10
<u>Designated Agency</u>						
CSAC (Addison)	393	59	15%	440	6%	7
NCSS (Northwest)	594	129	22%	1,265	16%	10
HC (Chittenden)	862	325	38%	1,797	13%	6
LCMH (Lamoille)	217	88	41%	851	27%	10
HCRS (Southeast)	850	325	38%	4,208	36%	13
NKHS (Northeast)	1,060	196	18%	1,070	12%	5
CMC (Orange)	687	260	38%	1,379	13%	5
RMHS (Rutland)	653	353	54%	3,590	44%	10
UCS (Bennington)	802	79	10%	1,075	12%	14
WCMH (Washington)	1,264	733	58%	3,520	19%	5
Pathways	139	139	100%	8,328	85%	60

See notes 2, 3 and 13.

TABLE 2B-8
Vermont Agency of Human Services
Department of Mental Health
ADULT MENTAL HEALTH OUTPATIENT SERVICES

EMERGENCY/CRISIS ASSESSMENT, SUPPORT AND REFERRAL

Designated Agencies
Fiscal Year 2023

	<u>Total Clients Served</u>	<u>Clients Receiving Emerg./Crisis Services Number</u>	<u>Percent</u>	<u>Number of Emerg./Crisis Services</u>	<u>Services as Percentage of all Adult Outpt Non- Residential Services</u>	<u>Emerg./Crisis Services Per Client</u>
OVERALL	7,521	218	3%	815	1%	4
<u>Designated Agency</u>						
CSAC (Addison)	393	-	-	-	-	-
NCSS (Northwest)	594	-	-	-	-	-
HC (Chittenden)	862	59	7%	644	5%	11
LCMH (Lamoille)	217	-	-	-	-	-
HCRS (Southeast)	850	-	-	-	-	-
NKHS (Northeast)	1,060	-	-	-	-	-
CMC (Orange)	687	-	-	-	-	-
RMHS (Rutland)	653	-	-	-	-	-
UCS (Bennington)	802	-	-	-	-	-
WCMH (Washington)	1,264	159	13%	171	1%	1
Pathways	139	-	-	-	-	-

See notes 2, 3 and 15.

2C: Community Rehabilitation and Treatment Programs

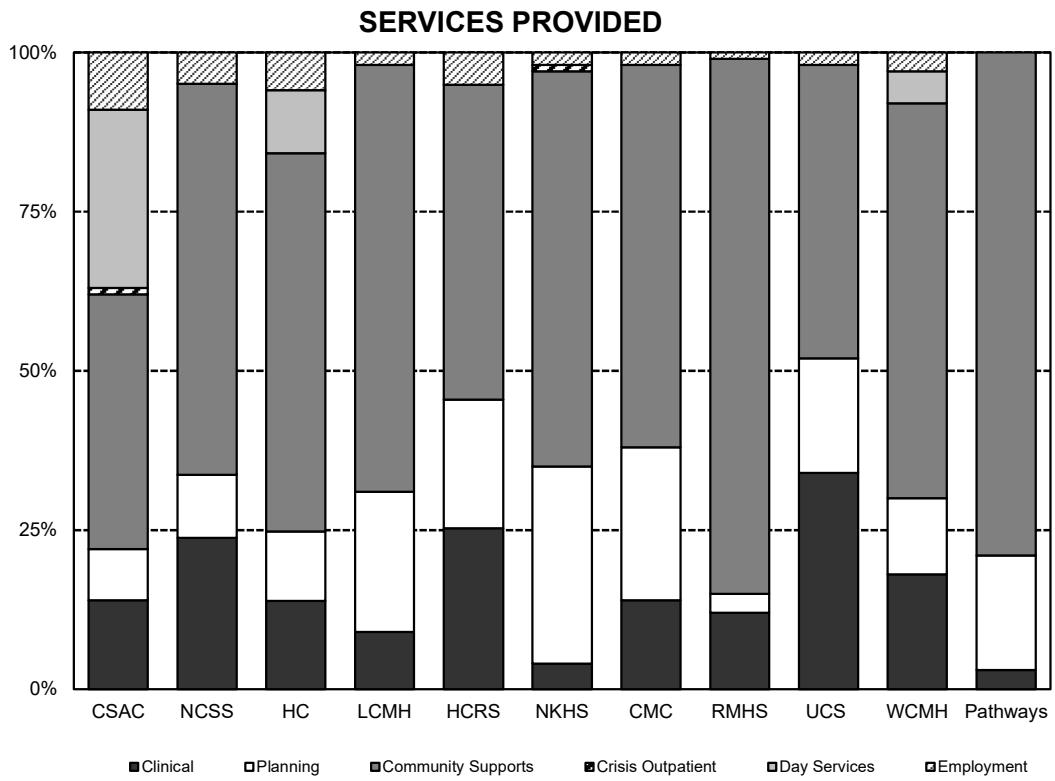


TABLE 2C-1
Vermont Agency of Human Services
Department of Mental Health
COMMUNITY REHABILITATION AND TREATMENT PROGRAMS

AGE AND GENDER OF CLIENTS SERVED

Designated Agencies
Fiscal Year 2023

	Clients Served	Age						Gender		
		0 - 12	13 - 19	20 - 34	35 - 49	50 - 64	65 +	Male	Female	Unknown
OVERALL	2,220	<0.5%	<0.5%	16%	25%	37%	22%	51%	49%	<0.5%
<u>Designated Agency</u>										
CSAC (Addison)	117	-	-	14%	19%	42%	26%	51%	49%	-
NCSS (Northwest)	175	1%	1%	11%	22%	39%	27%	41%	59%	-
HC (Chittenden)	514	-	<0.5%	19%	27%	35%	18%	56%	44%	-
LCMH (Lamoille)	91	-	-	19%	23%	40%	19%	49%	51%	-
HCRS (Southeast)	307	-	1%	20%	28%	36%	14%	56%	44%	-
NKHS (Northeast)	126	-	-	7%	18%	39%	36%	51%	49%	-
CMC (Orange)	146	-	-	12%	25%	38%	25%	40%	60%	-
RMHS (Rutland)	215	-	1%	15%	20%	38%	27%	51%	49%	-
UCS (Bennington)	114	-	-	14%	18%	45%	23%	40%	60%	-
WCMH (Washington)	377	-	1%	17%	25%	36%	21%	53%	47%	<0.5%
Pathways	38	-	-	5%	55%	34%	5%	68%	29%	3%

See notes 2, 3 and 4.

TABLE 2C-2
Vermont Agency of Human Services
Department of Mental Health
COMMUNITY REHABILITATION AND TREATMENT PROGRAMS

RESPONSIBILITY FOR FEE OF CLIENTS SERVED

Designated Agencies
Fiscal Year 2023

	Total Clients Served	Responsibility for Fee				
		Medicaid	Medicare	Other Insurance	State Agency	Unknown/ Uninsured
OVERALL	2,220	97%	55%	16%	2%	1%
<u>Designated Agency</u>						
CSAC (Addison)	117	99%	51%	26%	2%	1%
NCSS (Northwest)	175	94%	37%	10%	-	4%
HC (Chittenden)	514	100%	61%	18%	3%	-
LCMH (Lamoille)	91	98%	54%	5%	-	-
HCRS (Southeast)	307	100%	51%	23%	<0.5%	-
NKHS (Northeast)	126	99%	75%	4%	-	-
CMC (Orange)	146	79%	58%	17%	20%	-
RMHS (Rutland)	215	100%	60%	22%	-	-
UCS (Bennington)	114	95%	58%	21%	-	-
WCMH (Washington)	377	97%	53%	12%	-	1%
Pathways	38	100%	-	-	-	-

See notes 2, 3 and especially 6.

TABLE 2C-3
Vermont Agency of Human Services
Department of Mental Health
COMMUNITY REHABILITATION AND TREATMENT PROGRAMS

DIAGNOSIS OF CLIENTS SERVED

Designated Agencies
Fiscal Year 2023

<u>ICD 10</u>	<i>Total Clients Served</i>	<i>No Dx Data</i>	<i>Physiological Conditions</i>	<i>Psychoactive Substance Use</i>	<i>Schizophrenia Non-Mood Psych Disorders</i>	<i>Mood Disorders</i>	<i>Anxiety Other Nonpsy Mental Disorders</i>	<i>Behavioral Syndromes</i>	<i>Disorders of Adult Personality and Behavior</i>	<i>Intellectual Disabilities</i>	<i>Pervasive Specific Dev Disorders</i>	<i>Beh Emotion Disorder/Child Adol</i>	<i>Unspecified Mental Disorder</i>	<u>Reported N</u>
OVERALL	2,220	1%	1%	33%	52%	43%	37%	1%	16%	1%	2%	5%	<0.5%	2,190
<u>Designated Agency</u>														
CSAC (Addison)	117	2%	-	16%	52%	42%	30%	1%	7%	1%	2%	3%	1%	115
NCSS (Northwest)	175	5%	1%	43%	34%	53%	34%	1%	26%	-	1%	2%	-	167
HC (Chittenden)	514	1%	2%	45%	57%	41%	34%	1%	11%	<0.5%	1%	6%	-	511
LCMH (Lamoille)	91	-	1%	29%	48%	44%	46%	2%	9%	2%	3%	5%	-	91
HCRS (Southeast)	307	<0.5%	2%	28%	54%	44%	42%	2%	20%	1%	2%	4%	-	306
NKHS (Northeast)	126	-	1%	25%	54%	45%	37%	1%	15%	3%	3%	9%	-	126
CMC (Orange)	146	-	3%	35%	44%	51%	48%	1%	21%	1%	4%	7%	-	146
RMHS (Rutland)	215	-	1%	35%	58%	42%	38%	1%	24%	<0.5%	2%	3%	1%	215
UCS (Bennington)	114	-	4%	23%	45%	51%	51%	2%	17%	2%	2%	5%	-	114
WCMH (Washington)	377	4%	<0.5%	32%	51%	39%	30%	<0.5%	12%	3%	1%	3%	-	361
Pathways	38	-	-	-	58%	21%	18%	-	3%	-	-	-	-	38

As clients may have as many as four diagnoses reported, diagnostic groups do not represent an unduplicated count of clients served.

See notes 2, 3 and 7.

TABLE 2C-4
Vermont Agency of Human Services
Department of Mental Health
COMMUNITY REHABILITATION AND TREATMENT PROGRAMS

LENGTH OF STAY OF CLIENTS SERVED

Designated Agencies

Fiscal Year 2023

	Total Clients <u>Served</u>	No <u>Data</u>	Year of Admission					Reported <u>N</u>
			Current Fiscal <u>Year</u>	Previous Fiscal <u>Year</u>	3 - 5 Years <u>Earlier</u>	6 - 10 Years <u>Earlier</u>	11+ Years <u>Earlier</u>	
OVERALL	2,220	<0.5%	6%	7%	22%	18%	47%	2,216
<u>Designated Agency</u>								
CSAC (Addison)	117	-	-	3%	19%	12%	67%	117
NCSS (Northwest)	175	1%	6%	5%	89%	-	-	174
HC (Chittenden)	514	1%	3%	6%	9%	7%	75%	511
LCMH (Lamoille)	91	-	1%	2%	21%	34%	42%	91
HCRS (Southeast)	307	-	9%	8%	17%	24%	41%	307
NKHS (Northeast)	126	-	6%	5%	3%	10%	77%	126
CMC (Orange)	146	-	8%	10%	22%	36%	24%	146
RMHS (Rutland)	215	-	14%	5%	18%	24%	39%	215
UCS (Bennington)	114	-	8%	5%	53%	10%	25%	114
WCMH (Washington)	377	-	6%	10%	18%	21%	45%	377
Pathways	38	-	-	-	8%	87%	5%	38

See notes 2, 3 and 9.

TABLE 2C-5
Vermont Agency of Human Services
Department of Mental Health
COMMUNITY REHABILITATION AND TREATMENT PROGRAMS

CLINICAL INTERVENTIONS

Designated Agencies

Fiscal Year 2023

	<u>Total Clients Served</u>	<u>Clients Receiving Clinical Interventions Number</u>	<u>Percent</u>	<u>Number of Clinical Interventions</u>	<u>Services as Percentage of all CRT Non- Residential Services</u>	<u>Clinical Interventions Per Client</u>
OVERALL	2,458	2,124	86%	32,064	16%	15
<u>Designated Agency</u>						
CSAC (Addison)	131	108	82%	1,913	14%	18
NCSS (Northwest)	191	178	93%	5,121	24%	29
HC (Chittenden)	554	462	83%	5,609	14%	12
LCMH (Lamoille)	101	78	77%	959	9%	12
HCRS (Southeast)	332	314	95%	5,276	25%	17
NKHS (Northeast)	186	142	76%	793	4%	6
CMC (Orange)	161	143	89%	2,758	14%	19
RMHS (Rutland)	229	211	92%	2,186	12%	10
UCS (Bennington)	150	138	92%	2,549	34%	18
WCMH (Washington)	385	325	84%	4,830	18%	15
Pathways	38	25	66%	70	3%	3

See notes 2, 3 and 10.

TABLE 2C-5a
Vermont Agency of Human Services
Department of Mental Health
COMMUNITY REHABILITATION AND TREATMENT PROGRAMS

INDIVIDUAL, FAMILY, AND GROUP THERAPY

Designated Agencies

Fiscal Year 2023

	<u>Total Clients Served</u>	<u>Clients Receiving Therapy Number</u>	<u>Percent</u>	<u>Number of Therapy Sessions</u>	<u>Services as Percentage of all CRT Non- Residential Services</u>	<u>Therapy Sessions Per Client</u>
OVERALL	2,458	689	28%	14,610	7%	21
<u>Designated Agency</u>						
CSAC (Addison)	131	49	37%	1,247	9%	25
NCSS (Northwest)	191	68	36%	1,361	6%	20
HC (Chittenden)	554	3	1%	34	<0.5%	11
LCMH (Lamoille)	101	22	22%	442	4%	20
HCRS (Southeast)	332	140	42%	2,289	11%	16
NKHS (Northeast)	186	28	15%	306	2%	11
CMC (Orange)	161	96	60%	2,409	12%	25
RMHS (Rutland)	229	42	18%	740	4%	18
UCS (Bennington)	150	89	59%	2,059	28%	23
WCMH (Washington)	385	152	39%	3,723	14%	24
Pathways	38	-	-	-	-	-

See notes 2, 3 and 10.

TABLE 2C-5b
Vermont Agency of Human Services
Department of Mental Health
COMMUNITY REHABILITATION AND TREATMENT PROGRAMS

MEDICATION AND MEDICAL SUPPORT AND CONSULTATION SERVICES

Designated Agencies

Fiscal Year 2023

	<u>Total Clients Served</u>	<u>Clients Receiving Medication Services Number</u>	<u>Percent</u>	<u>Number of Medication Services</u>	<u>Services as Percentage of all CRT Non- Residential Services</u>	<u>Medication Services Per Client</u>
OVERALL	2,458	1,919	78%	16,533	8%	9
<u>Designated Agency</u>						
CSAC (Addison)	131	94	72%	614	4%	7
NCSS (Northwest)	191	162	85%	3,643	17%	22
HC (Chittenden)	554	449	81%	5,484	14%	12
LCMH (Lamoille)	101	64	63%	476	4%	7
HCRS (Southeast)	332	288	87%	2,814	13%	10
NKHS (Northeast)	186	133	72%	461	2%	3
CMC (Orange)	161	118	73%	307	2%	3
RMHS (Rutland)	229	192	84%	1,188	7%	6
UCS (Bennington)	150	113	75%	430	6%	4
WCMH (Washington)	385	283	74%	1,051	4%	4
Pathways	38	23	61%	65	2%	3

See notes 2, 3 and 10.

TABLE 2C-5c
Vermont Agency of Human Services
Department of Mental Health
COMMUNITY REHABILITATION AND TREATMENT PROGRAMS

CLINICAL ASSESSMENT SERVICES

Designated Agencies

Fiscal Year 2023

	<u>Total Clients Served</u>	<u>Clients Receiving Clinical Assessment Number</u>	<u>Percent</u>	<u>Number of Clinical Assessments</u>	<u>Services as Percentage of all CRT Non- Residential Services</u>	<u>Clinical Assessment Per Client</u>
OVERALL	2,458	795	32%	921	<0.5%	1
<u>Designated Agency</u>						
CSAC (Addison)	131	44	34%	52	<0.5%	1
NCSS (Northwest)	191	113	59%	117	1%	1
HC (Chittenden)	554	83	15%	91	<0.5%	1
LCMH (Lamoille)	101	39	39%	41	<0.5%	1
HCRS (Southeast)	332	166	50%	173	1%	1
NKHS (Northeast)	186	23	12%	26	<0.5%	1
CMC (Orange)	161	41	25%	42	<0.5%	1
RMHS (Rutland)	229	174	76%	258	1%	1
UCS (Bennington)	150	55	37%	60	1%	1
WCMH (Washington)	385	53	14%	56	<0.5%	1
Pathways	38	4	11%	5	<0.5%	1

See notes 2, 3 and 10.

TABLE 2C-6
Vermont Agency of Human Services
Department of Mental Health
COMMUNITY REHABILITATION AND TREATMENT PROGRAMS

DAY SERVICES
Designated Agencies
Fiscal Year 2023

	<u>Total Clients Served</u>	<u>Clients Receiving Day Services Number</u>	<u>Percent</u>	<u>Number of Day Services</u>	<u>Services as Percentage of all CRT Non- Residential Services</u>	<u>Day Services Per Client</u>
OVERALL	2,458	198	8%	9,312	5%	47
<u>Designated Agency</u>						
CSAC (Addison)	131	35	27%	3,900	28%	111
NCSS (Northwest)	191	-	-	-	-	-
HC (Chittenden)	554	77	14%	3,933	10%	51
LCMH (Lamoille)	101	-	-	-	-	-
HCRS (Southeast)	332	-	-	-	-	-
NKHS (Northeast)	186	-	-	-	-	-
CMC (Orange)	161	-	-	-	-	-
RMHS (Rutland)	229	-	-	-	-	-
UCS (Bennington)	150	-	-	-	-	-
WCMH (Washington)	385	86	22%	1,479	5%	17
Pathways	38	-	-	-	-	-

See notes 2, 3 and 11.

TABLE 2C-7
Vermont Agency of Human Services
Department of Mental Health
COMMUNITY REHABILITATION AND TREATMENT PROGRAMS

SERVICE PLANNING AND COORDINATION

Designated Agencies

Fiscal Year 2023

	<u>Total Clients Served</u>	<u>Clients Receiving Planning Services Number</u>	<u>Percent</u>	<u>Number of Planning Services</u>	<u>Services as Percentage of all CRT Non- Residential Services</u>	<u>Planning Services Per Client</u>
OVERALL	2,458	2,001	81%	30,813	15%	15
<u>Designated Agency</u>						
CSAC (Addison)	131	101	77%	1,174	8%	12
NCSS (Northwest)	191	172	90%	2,044	10%	12
HC (Chittenden)	554	402	73%	4,305	11%	11
LCMH (Lamoille)	101	91	90%	2,399	22%	26
HCRS (Southeast)	332	296	89%	4,281	20%	14
NKHS (Northeast)	186	179	96%	6,121	31%	34
CMC (Orange)	161	152	94%	4,906	24%	32
RMHS (Rutland)	229	154	67%	608	3%	4
UCS (Bennington)	150	128	85%	1,323	18%	10
WCMH (Washington)	385	291	76%	3,166	12%	11
Pathways	38	35	92%	486	18%	14

See notes 2, 3 and 12.

TABLE 2C-8
Vermont Agency of Human Services
Department of Mental Health
COMMUNITY REHABILITATION AND TREATMENT PROGRAMS

COMMUNITY SUPPORTS

Designated Agencies

Fiscal Year 2023

	<u>Total Clients Served</u>	<u>Clients Receiving Support Services Number</u>	<u>Percent</u>	<u>Number of Community Support Services</u>	<u>Services as Percentage of all CRT Non- Residential Services</u>	<u>Support Services Per Client</u>
OVERALL	2,458	2,296	93%	122,231	60%	53
<u>Designated Agency</u>						
CSAC (Addison)	131	117	89%	5,573	40%	48
NCSS (Northwest)	191	190	99%	13,266	62%	70
HC (Chittenden)	554	502	91%	23,624	60%	47
LCMH (Lamoille)	101	98	97%	7,325	67%	75
HCRS (Southeast)	332	311	94%	10,379	49%	33
NKHS (Northeast)	186	174	94%	12,191	62%	70
CMC (Orange)	161	154	96%	12,177	60%	79
RMHS (Rutland)	229	224	98%	15,194	84%	68
UCS (Bennington)	150	140	93%	3,405	46%	24
WCMH (Washington)	385	349	91%	16,988	62%	49
Pathways	38	37	97%	2,109	79%	57

See notes 2, 3 and 13.

TABLE 2C-9
Vermont Agency of Human Services
Department of Mental Health
COMMUNITY REHABILITATION AND TREATMENT PROGRAMS

EMPLOYMENT SERVICES

Designated Agencies

Fiscal Year 2023

	<u>Total Clients Served</u>	<u>Clients Receiving Employment Services Number</u>	<u>Percent</u>	<u>Number of Employment Services</u>	<u>Services as Percentage of all CRT Non- Residential Services</u>	<u>Employment Services Per Client</u>
OVERALL	2,458	436	18%	7,614	4%	17
<u>Designated Agency</u>						
CSAC (Addison)	131	33	25%	1,225	9%	37
NCSS (Northwest)	191	31	16%	1,068	5%	34
HC (Chittenden)	554	119	21%	2,185	6%	18
LCMH (Lamoille)	101	24	24%	206	2%	9
HCRS (Southeast)	332	45	14%	1,074	5%	24
NKHS (Northeast)	186	44	24%	350	2%	8
CMC (Orange)	161	40	25%	460	2%	12
RMHS (Rutland)	229	21	9%	150	1%	7
UCS (Bennington)	150	21	14%	146	2%	7
WCMH (Washington)	385	58	15%	750	3%	13
Pathways	38	-	-	-	-	-

See notes 2, 3 and 14.

TABLE 2C-10a
Vermont Agency of Human Services
Department of Mental Health
COMMUNITY REHABILITATION AND TREATMENT PROGRAMS

EMERGENCY/CRISIS ASSESSMENT, SUPPORT AND REFERRAL

Designated Agencies

Fiscal Year 2023

	<u>Total Clients Served</u>	<u>Clients Receiving Emerg./Crisis Number</u>	<u>Services Percent</u>	<u>Number of Emerg./Crisis Services</u>	<u>Services as Percentage of all CRT Non- Residential Services</u>	<u>Emerg./Crisis Services Per Client</u>
OVERALL	2,458	60	2%	404	<0.5%	7
<u>Designated Agency</u>						
CSAC (Addison)	131	22	17%	44	<0.5%	2
NCSS (Northwest)	191	-	-	-	-	-
HC (Chittenden)	554	-	-	-	-	-
LCMH (Lamoille)	101	-	-	-	-	-
HCRS (Southeast)	332	-	-	-	-	-
NKHS (Northeast)	186	38	20%	360	2%	9
CMC (Orange)	161	-	-	-	-	-
RMHS (Rutland)	229	-	-	-	-	-
UCS (Bennington)	150	-	-	-	-	-
WCMH (Washington)	385	-	-	-	-	-
Pathways	38	-	-	-	-	-

See notes 2, 3 and 15.

TABLE 2C-10b
Vermont Agency of Human Services
Department of Mental Health
COMMUNITY REHABILITATION AND TREATMENT PROGRAMS

EMERGENCY/CRISIS BEDS

Designated Agencies

Fiscal Year 2023

	<u>Total Clients Served</u>	<u>Clients Receiving Emergency/Crisis Bed Services</u>		<u>Days of Emergency/Crisis Bed Services</u>	<u>Emergency/Crisis Bed Days Per Client</u>
		<u>Number</u>	<u>Percent</u>		
OVERALL	2,458	61	2%	2,320	38
<u>Designated Agency</u>					
CSAC (Addison)	131	5	4%	724	145
NCSS (Northwest)	191	-	-	-	-
HC (Chittenden)	554	-	-	-	-
LCMH (Lamoille)	101	-	-	-	-
HCRS (Southeast)	332	38	11%	1,378	36
NKHS (Northeast)	186	-	-	-	-
CMC (Orange)	161	-	-	-	-
RMHS (Rutland)	229	-	-	-	-
UCS (Bennington)	150	-	-	-	-
WCMH (Washington)	385	18	5%	218	12
Pathways	38	-	-	-	-

See notes 2, 3 and 15.

TABLE 2C-11
Vermont Agency of Human Services
Department of Mental Health
COMMUNITY REHABILITATION AND TREATMENT PROGRAMS

HOUSING AND HOME SUPPORTS

Designated Agencies

Fiscal Year 2023

	<u>Total Clients Served</u>	<u>Clients Receiving Housing & Home Supports Number</u>	<u>Percent</u>	<u>Days of Housing & Home Support Services</u>	<u>Housing & Home Support Days Per Client</u>
OVERALL	2,458	240	10%	53,999	225
<u>Designated Agency</u>					
CSAC (Addison)	131	22	17%	3,956	180
NCSS (Northwest)	191	17	9%	4,541	267
HC (Chittenden)	554	84	15%	21,813	260
LCMH (Lamoille)	101	26	26%	7,291	280
HCRS (Southeast)	332	36	11%	7,048	196
NKHS (Northeast)	186	-	-	-	-
CMC (Orange)	161	8	5%	940	118
RMHS (Rutland)	229	-	-	-	-
UCS (Bennington)	150	6	4%	2,155	359
WCMH (Washington)	385	41	11%	6,255	153
Pathways	38	-	-	-	-

See notes 2, 3 and 16.

2E: Emergency Service Programs

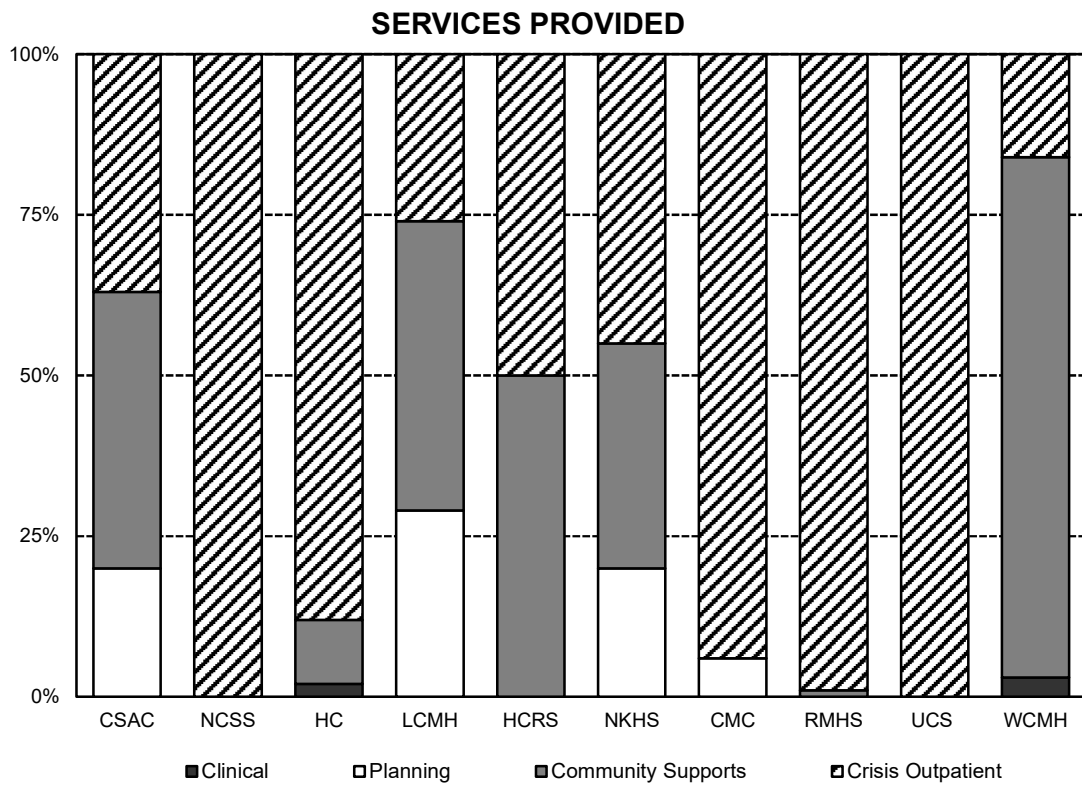


TABLE 2E-1
Vermont Agency of Human Services
Department of Mental Health
EMERGENCY SERVICES

CLINICAL INTERVENTIONS
Designated Agencies
Fiscal Year 2023

	<u>Total Clients Served</u>	<u>Clients Receiving Clinical Interventions Number</u>	<u>Percent</u>	<u>Number of Clinical Interventions</u>	<u>Services as Percentage of all Emergency Non-Residential Services</u>	<u>Clinical Interventions Per Client</u>
OVERALL	10,340	351	3%	848	1%	2
<u>Designated Agency</u>						
CSAC (Addison)	175	1	1%	1	<0.5%	1
NCSS (Northwest)	509	-	-	-	-	-
HC (Chittenden)	4,278	263	6%	708	2%	3
LCMH (Lamoille)	596	2	<0.5%	2	<0.5%	1
HCRS (Southeast)	2,003	-	-	-	-	-
NKHS (Northeast)	559	-	-	-	-	-
CMC (Orange)	283	-	-	-	-	-
RMHS (Rutland)	422	-	-	-	-	-
UCS (Bennington)	632	-	-	-	-	-
WCMH (Washington)	883	85	10%	137	3%	2

See notes 2, 3 and 10.

TABLE 2E-2
Vermont Agency of Human Services
Department of Mental Health
EMERGENCY SERVICES

SERVICE PLANNING AND COORDINATION
Designated Agencies
Fiscal Year 2023

	Total Clients <u>Served</u>	Clients Receiving Planning & Coordination Services		Number of Planning & Coordination <u>Services</u>	Services as Percentage of all Emergency <u>Non-Residential Services</u>	Planning & Coordination <u>Services Per Client</u>
		<u>Number</u>	<u>Percent</u>			
OVERALL	10,340	800	8%	2,432	4%	3
<u>Designated Agency</u>						
CSAC (Addison)	175	73	42%	206	20%	3
NCSS (Northwest)	509	-	-	-	-	-
HC (Chittenden)	4,278	33	1%	62	<0.5%	2
LCMH (Lamoille)	596	355	60%	1,187	29%	3
HCRS (Southeast)	2,003	20	1%	23	<0.5%	1
NKHS (Northeast)	559	297	53%	900	20%	3
CMC (Orange)	283	18	6%	50	6%	3
RMHS (Rutland)	422	-	-	-	-	-
UCS (Bennington)	632	-	-	-	-	-
WCMH (Washington)	883	4	<0.5%	4	<0.5%	1

See notes 2, 3 and 12.

TABLE 2E-3
Vermont Agency of Human Services
Department of Mental Health
EMERGENCY SERVICES

COMMUNITY SUPPORTS
Designated Agencies
Fiscal Year 2023

	Total Clients <u>Served</u>	Clients Receiving Community Support Services <u>Number</u>	<u>Percent</u>	Number of Community <u>Support Services</u>	Services as Percentage of all Emergency <u>Non-Residential Services</u>	Community Support Services <u>Per Client</u>
OVERALL	10,340	2,842	27%	13,672	22%	5
<u>Designated Agency</u>						
CSAC (Addison)	175	103	59%	433	43%	4
NCSS (Northwest)	509	-	-	-	-	-
HC (Chittenden)	4,278	267	6%	3,316	10%	12
LCMH (Lamoille)	596	299	50%	1,818	45%	6
HCRS (Southeast)	2,003	1,493	75%	2,976	50%	2
NKHS (Northeast)	559	52	9%	1,546	35%	30
CMC (Orange)	283	-	-	-	-	-
RMHS (Rutland)	422	12	3%	18	1%	2
UCS (Bennington)	632	-	-	-	-	-
WCMH (Washington)	883	616	70%	3,565	81%	6

See notes 2, 3 and 13.

TABLE 2E-4a
Vermont Agency of Human Services
Department of Mental Health
EMERGENCY SERVICES

EMERGENCY/CRISIS ASSESSMENT, SUPPORT AND REFERRAL

Designated Agencies

Fiscal Year 2023

	Total Clients <u>Served</u>	Clients Receiving Emergency/Crisis Services <u>Number</u>	<u>Percent</u>	Number of Emergency/Crisis <u>Services</u>	Services as Percentage of all Emergency <u>Non-Residential Services</u>	Emergency/ Crisis Services <u>Per Client</u>
OVERALL	10,340	8,498	82%	44,451	72%	5
<u>Designated Agency</u>						
CSAC (Addison)	175	108	62%	374	37%	3
NCSS (Northwest)	509	498	98%	1,790	100%	4
HC (Chittenden)	4,278	4,108	96%	30,232	88%	7
LCMH (Lamoille)	596	387	65%	1,037	26%	3
HCRS (Southeast)	2,003	1,112	56%	2,992	50%	3
NKHS (Northeast)	559	472	84%	2,026	45%	4
CMC (Orange)	283	274	97%	792	94%	3
RMHS (Rutland)	422	422	100%	2,779	99%	7
UCS (Bennington)	632	618	98%	1,711	100%	3
WCMH (Washington)	883	499	57%	718	16%	1

See notes 2, 3 and 15.

TABLE 2E-4b
Vermont Agency of Human Services
Department of Mental Health
EMERGENCY SERVICES

EMERGENCY/CRISIS BEDS
Designated Agencies
Fiscal Year 2023

	Total Clients <u>Served</u>	Clients Receiving Emergency/Crisis Beds		Days of Emergency/Crisis <u>Beds</u>	Emergency/Crisis <u>Beds</u> <u>Per Client</u>
		<u>Number</u>	<u>Percent</u>		
OVERALL	10,340	530	5%	5,001	9
<u>Designated Agency</u>					
CSAC (Addison)	175	14	8%	210	15
NCSS (Northwest)	509	65	13%	420	6
HC (Chittenden)	4,278	298	7%	1,953	7
LCMH (Lamoille)	596	16	3%	540	34
HCRS (Southeast)	2,003	-	-	-	-
NKHS (Northeast)	559	47	8%	505	11
CMC (Orange)	283	13	5%	121	9
RMHS (Rutland)	422	-	-	-	-
UCS (Bennington)	632	33	5%	208	6
WCMH (Washington)	883	44	5%	1,044	24

See notes 2, 3 and 15.

Part 3: Vermont Psychiatric Care Hospital

**Average Daily Census by Length of Stay
FY2018 - FY2023**

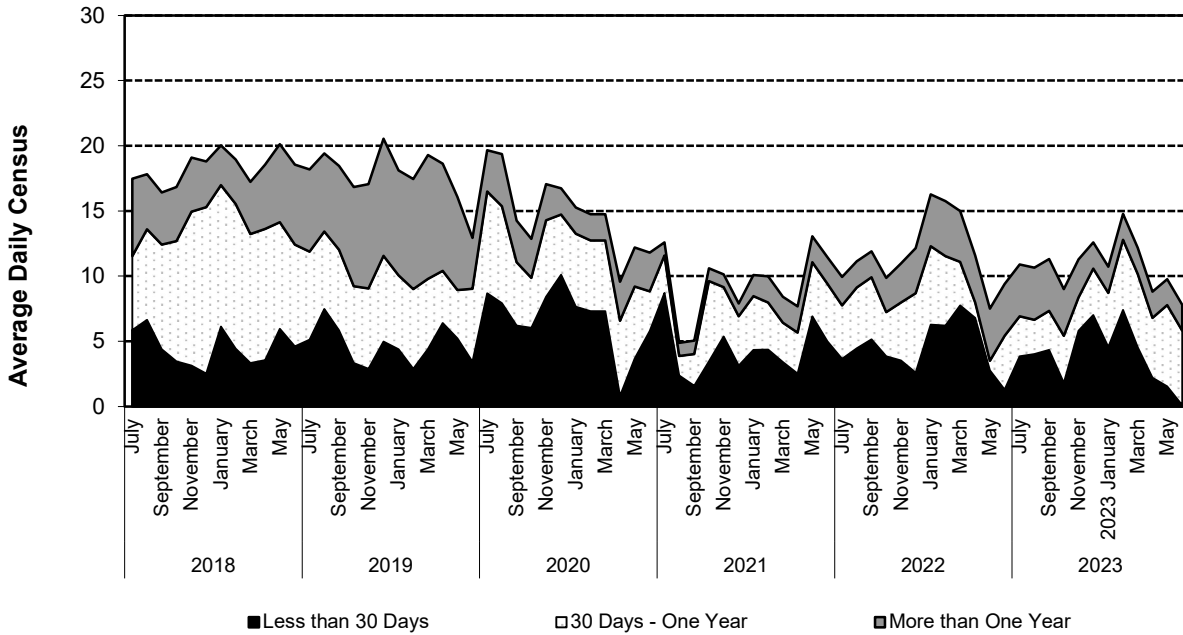


TABLE 3-1-A
Vermont Agency of Human Services
Department of Mental Health

VERMONT PSYCHIATRIC CARE HOSPITAL
AVERAGE DAILY CENSUS
Overall and For Length of Stay Categories
July 2020 through June 2023

	Days Since Admission				
	Overall	<30	30-89	90-365	366+
2020 July	15	9	2	3	1
August	10	2	5	1	1
September	10	2	5	2	1
October	13	3	2	6	1
November	13	5	3	4	1
December	14	3	6	4	1
2021 January	14	4	4	4	2
February	14	4	4	4	2
March	15	3	6	3	2
April	13	3	5	3	2
May	16	7	3	4	2
June	16	5	5	4	2
2021 July	16	4	6	4	2
August	16	4	5	5	2
September	16	5	4	5	2
October	16	4	6	3	3
November	16	4	5	4	3
December	14	3	2	6	3
2022 January	16	6	<1	6	4
February	17	6	2	5	4
March	18	8	3	3	4
April	18	7	6	1	4
May	16	3	9	1	4
June	14	1	4	4	4

TABLE 3-2
Vermont Agency of Human Services
Department of Mental Health

VERMONT PSYCHIATRIC CARE HOSPITAL
MONTHLY UTILIZATION
Fiscal Year 2023

<u>Month</u>	<u>Admissions</u>	<u>Discharges</u>	<u>Total Patient Days</u>	<u>Average Daily Census</u>
OVERALL	50	56	5,725	15.7
<u>Month</u>				
July	4	3	407	13.1
August	6	5	476	15.4
September	3	4	466	15.5
October	3	4	426	13.7
November	8	4	478	15.9
December	5	3	570	18.4
January	8	9	557	18.0
February	7	4	546	19.5
March	3	7	604	19.5
April	2	5	470	15.7
May	1	3	420	13.5
June	-	5	305	10.2

See note 19.

TABLE 3-3
Vermont Agency of Human Services
Department of Mental Health

VERMONT PSYCHIATRIC CARE HOSPITAL
CATCHMENT AREA AND UTILIZATION
Fiscal Year 2023

	<u>Admissions</u>	<u>Discharges</u>	<u>Total Patient Days</u>	<u>Average Daily Census</u>	<u>Percent of all Patient Days</u>
OVERALL	50	56	5,725	15.7	100%
<u>Catchment Area</u>					
CSAC (Addison)	1	1	68	0.2	1%
NCSS (Northwest)	2	2	31	0.1	1%
HC (Chittenden)	17	19	2,069	5.7	36%
LCC (Lamoille)	1	1	69	0.2	1%
HCRS (Southeast)	10	8	1,297	3.6	23%
NKHS (Northeast)	5	7	580	1.6	10%
CMC (Orange)	1	1	27	0.1	<0.5%
RMHS (Rutland)	2	2	283	0.8	5%
UCS (Bennington)	3	4	334	0.9	6%
WCMH (Washington)	8	11	967	2.6	17%
Other/Unknown	-	-	-	-	-

See notes 2 and 19.

TABLE 3-4
 Vermont Agency of Human Services
 Department of Mental Health

VERMONT PSYCHIATRIC CARE HOSPITAL
AGE AND UTILIZATION
 Fiscal Year 2023

	<u>Admissions</u>	<u>Discharges</u>	<u>Total Patient Days</u>	<u>Average Daily Census</u>	<u>Percent of all Patient Days</u>
OVERALL	50	56	5,725	15.7	100%
<u>Age</u>					
13 - 19	1	1	61	0.2	1%
20 - 34	18	21	1,352	3.7	24%
35 - 49	16	18	2,220	6.1	39%
50 - 64	12	11	1,353	3.7	24%
65+	3	5	739	2.0	13%

See notes 4 and 19.

TABLE 3-5
 Vermont Agency of Human Services
 Department of Mental Health

VERMONT PSYCHIATRIC CARE HOSPITAL
GENDER AND UTILIZATION
 Fiscal Year 2023

	<u>Admissions</u>	<u>Discharges</u>	<u>Total Patient Days</u>	<u>Average Daily Census</u>	<u>Percent of all Patient Days</u>
OVERALL	50	56	5,725	15.7	100%
<u>Gender</u>					
Male	27	33	3,247	8.9	57%
Female	23	23	2,478	6.8	43%
Other/Unknown	-	-	-	-	-

See note 19.

TABLE 3-6
Vermont Agency of Human Services
Department of Mental Health

VERMONT PSYCHIATRIC CARE HOSPITAL
DIAGNOSIS AND UTILIZATION
Fiscal Year 2023

ICD 10	<u>Admissions</u>		<u>Discharges</u>		<u>Total</u>	<u>Average</u>	<u>Percent of all</u>
					<u>Patient Days</u>	<u>Daily Census</u>	<u>Patient Days</u>
OVERALL	50		56		5,725	15.7	100%
<u>Diagnosis</u>	<u>Number</u>	<u>Percent</u>	<u>Number</u>	<u>Percent</u>			
Physiological Conditions	-	-	-	-	-	-	-
Psychoactive Substance Use	20	40%	22	39%	2,084	5.7	36%
Schizophrenia Other Non-Mood Psychotic Disorders	35	70%	40	71%	4,618	12.7	81%
Mood [Affective] Disorders	20	40%	21	38%	1,441	3.9	25%
Anxiety and Other Nonpsychotic Mental Disorders	18	36%	20	36%	1,750	4.8	31%
Behavioral Syndromes	-	-	-	-	-	-	-
Disorders of Adult Personality and Behavior	7	14%	6	11%	418	1.1	7%
Intellectual Disabilities	1	2%	1	2%	126	0.3	2%
Pervasive and Specific Developmental Disorders	1	2%	1	2%	34	0.1	1%
Behavioral Emotional Disorders/Child Adolescence	3	6%	4	7%	255	0.7	4%
Unspecified Mental Disorder	-	-	-	-	-	-	-
Deferred	-	-	-	-	-	-	-

As clients may have many diagnoses reported, diagnostic groups do not represent an unduplicated count of clients served.

See notes 7 and 19.

TABLE 3-7
 Vermont Agency of Human Services
 Department of Mental Health

VERMONT PSYCHIATRIC CARE HOSPITAL
LEGAL STATUS ON ADMISSION AND UTILIZATION
 Fiscal Year 2023

	<u>Admissions</u>	<u>Discharges</u>	<u>Total Patient Days</u>	<u>Average Daily Census</u>	<u>Percent of all Patient Days</u>
OVERALL	50	56	5,725	15.7	100%
<u>Legal Status on Admission</u>					
Voluntary	-	-	-	-	-
Emergency	35	41	3,845	10.5	67%
Forensic	15	15	1,880	5.2	33%
Other	-	-	-	-	-

See notes 19 and 20.

TABLE 3-8
 Vermont Agency of Human Services
 Department of Mental Health

VERMONT PSYCHIATRIC CARE HOSPITAL
TYPE OF ADMISSION AND UTILIZATION
 Fiscal Year 2023

	<u>Admissions</u>	<u>Discharges</u>	<u>Total Patient Days</u>	<u>Average Daily Census</u>	<u>Percent of all Patient Days</u>
OVERALL	50	56	5,725	15.7	100%
<u>Type of Admission</u>					
First Admission	32	37	3,133	8.6	55%
Readmission	18	19	2,592	7.1	45%

See notes 19 and 21.

TABLE 3-9
Vermont Agency of Human Services
Department of Mental Health

VERMONT PSYCHIATRIC CARE HOSPITAL
CATCHMENT AREA AND LEGAL STATUS OF PATIENTS ADMITTED
Fiscal Year 2023

	<u>Admissions</u>	<u>Legal Status</u>		
		<u>Emergency</u>	<u>Forensic</u>	<u>Other</u>
OVERALL	50	70%	30%	-
<u>Catchment Area</u>				
CSAC (Addison)	1	100%	-	-
NCSS (Northwest)	2	50%	50%	-
HC (Chittenden)	17	82%	18%	-
LCC (Lamoille)	1	100%	-	-
HCRS (Southeast)	10	40%	60%	-
NKHS (Northeast)	5	100%	-	-
CMC (Orange)	1	-	100%	-
RMHS (Rutland)	2	100%	-	-
UCS (Bennington)	3	67%	33%	-
WCMH (Washington)	8	63%	38%	-
Other/Unknown	-	-	-	-

See notes 2, 19 and 20.

TABLE 3-10
 Vermont Agency of Human Services
 Department of Mental Health

VERMONT PSYCHIATRIC CARE HOSPITAL
AGE AND LEGAL STATUS OF PATIENTS ADMITTED
 Fiscal Year 2023

	<u>Admissions</u>	<u>Legal Status</u>		
		<u>Emergency</u>	<u>Forensic</u>	<u>Other</u>
OVERALL	50	70%	30%	-
<u>Age</u>				
13 - 19	1	100%	-	-
20 - 34	18	56%	44%	-
35 - 49	16	75%	25%	-
50 - 64	12	75%	25%	-
65+	3	100%	-	-

See notes 4, 19, and 20.

TABLE 3-11
 Vermont Agency of Human Services
 Department of Mental Health

VERMONT PSYCHIATRIC CARE HOSPITAL
GENDER AND LEGAL STATUS OF PATIENTS ADMITTED
 Fiscal Year 2023

	<u>Admissions</u>	<u>Legal Status</u>		
		<u>Emergency</u>	<u>Forensic</u>	<u>Other</u>
OVERALL	50	70%	30%	-
<u>Gender</u>				
Male	27	74%	26%	-
Female	23	65%	35%	-
Other/Unknown	-	-	-	-

See notes 19 and 20.

TABLE 3-12
Vermont Agency of Human Services
Department of Mental Health

VERMONT PSYCHIATRIC CARE HOSPITAL
DIAGNOSIS AND LEGAL STATUS OF PATIENTS ADMITTED
Fiscal Year 2023

<u>ICD 10</u>	<u>Admissions</u>	<u>Legal Status</u>		
		<u>Emergency</u>	<u>Forensic</u>	<u>Other</u>
OVERALL	50	70%	30%	-
<u>Diagnosis</u>				
Physiological Conditions	-	-	-	-
Psychoactive Substance Use	20	40%	40%	-
Schizophrenia Other Non-Mood Psychotic Disorders	35	69%	73%	-
Mood [Affective] Disorders	20	43%	33%	-
Anxiety and Other Nonpsychotic Mental Disorders	18	37%	33%	-
Behavioral Syndromes	-	-	-	-
Disorders of Adult Personality and Behavior	7	20%	-	-
Intellectual Disabilities	1	-	7%	-
Pervasive and Specific Developmental Disorders	1	3%	-	-
Behavioral Emotional Disorders/Child Adolescence	3	6%	7%	-
Unspecified Mental Disorder	-	-	-	-
Deferred	-	-	-	-

Reported percentages refer to the proportion of clients by legal status who have received the specified diagnoses. For example, of the 35 emergency clients, 43% were diagnosed with Mood Disorders. A client may be represented in one or more diagnosis category. As clients may have many diagnoses reported, diagnostic groups do not represent an unduplicated count of clients served.

See notes 7, 19 and 20.

TABLE 3-13
 Vermont Agency of Human Services
 Department of Mental Health

VERMONT PSYCHIATRIC CARE HOSPITAL
TYPE OF ADMISSION AND LEGAL STATUS OF PATIENTS ADMITTED
 Fiscal Year 2023

	<u>Admissions</u>	<u>Emergency</u>	<u>Forensic</u>	<u>Other</u>
OVERALL	50	70%	30%	-
<u>Type of Admission</u>				
First Admission	32	66%	34%	-
Readmission	18	78%	22%	-

See notes 19, 20 and 21.

TABLE 3-14

Vermont Agency of Human Services
Department of Mental Health

VERMONT PSYCHIATRIC CARE HOSPITAL
CATCHMENT AREA AND DISCHARGE RATE OF PATIENTS ADMITTED
Fiscal Year 2023

	<u>Admissions</u>	<u>Percent Discharged Within</u>			
		<u>1 Week</u>	<u>2 Weeks</u>	<u>1 Month</u>	<u>3 Months</u>
OVERALL	50	-	10%	20%	60%
<u>Catchment Area</u>					
CSAC (Addison)	1	-	-	-	100%
NCSS (Northwest)	2	-	50%	100%	100%
HC (Chittenden)	17	-	-	12%	53%
LCC (Lamoille)	1	-	-	-	100%
HCRS (Southeast)	10	-	-	-	30%
NKHS (Northeast)	5	-	40%	40%	80%
CMC (Orange)	1	-	-	100%	100%
RMHS (Rutland)	2	-	-	-	-
UCS (Bennington)	3	-	-	33%	33%
WCMH (Washington)	8	-	25%	25%	100%
Other/Unknown	-	-	-	-	-

See notes 2, 19 and 22.

TABLE 3-15
 Vermont Agency of Human Services
 Department of Mental Health

VERMONT PSYCHIATRIC CARE HOSPITAL
AGE AND DISCHARGE RATE OF PATIENTS ADMITTED
 Fiscal Year 2023

	<u>Admissions</u>	<u>Percent Discharged Within</u>			
		<u>1 Week</u>	<u>2 Weeks</u>	<u>1 Month</u>	<u>3 Months</u>
OVERALL	50	-	10%	20%	60%
<u>Age</u>					
13 - 19	1	-	-	-	100%
20 - 34	18	-	17%	33%	72%
35 - 49	16	-	6%	19%	63%
50 - 64	12	-	-	-	33%
65+	3	-	33%	33%	67%

See notes 2, 19 and 22.

TABLE 3-16
 Vermont Agency of Human Services
 Department of Mental Health

VERMONT PSYCHIATRIC CARE HOSPITAL
GENDER AND DISCHARGE RATE OF PATIENTS ADMITTED
 Fiscal Year 2023

	<u>Admissions</u>	<u>Percent Discharged Within</u>			
		<u>1 Week</u>	<u>2 Weeks</u>	<u>1 Month</u>	<u>3 Months</u>
OVERALL	50	-	10%	20%	60%
<u>Gender</u>					
Male	27	-	7%	15%	59%
Female	23	-	13%	26%	61%
Other/Unknown	-	-	-	-	-

See notes 19 and 22.

TABLE 3-17
Vermont Agency of Human Services
Department of Mental Health

VERMONT PSYCHIATRIC CARE HOSPITAL
DIAGNOSIS AND DISCHARGE RATE OF PATIENTS ADMITTED
Fiscal Year 2023

<u>ICD 10</u>	<u>Admissions</u>	<u>Percent Discharged Within</u>			
		<u>1 Week</u>	<u>2 Weeks</u>	<u>1 Month</u>	<u>3 Months</u>
OVERALL	50	-	10%	20%	60%
<u>Diagnosis</u>					
Physiological Conditions	-	-	-	-	-
Psychoactive Substance Use	20	-	10%	30%	70%
Schizophrenia Other Non-Mood Psychotic Disorders	35	-	3%	14%	51%
Mood [Affective] Disorders	20	-	20%	30%	80%
Anxiety and Other Nonpsychotic Mental Disorders	18	-	17%	28%	61%
Behavioral Syndromes	-	-	-	-	-
Disorders of Adult Personality and Behavior	7	-	29%	29%	71%
Intellectual Disabilities	1	-	-	-	-
Pervasive and Specific Developmental Disorders	1	-	-	-	100%
Behavioral Emotional Disorders/Child Adolescence	3	-	33%	67%	67%
Unspecified Mental Disorder	-	-	-	-	-
Deferred	-	-	-	-	-

As clients may have many diagnoses reported, diagnostic groups do not represent an unduplicated count of clients served.

See notes 7, 19 and 22.

TABLE 3-18
 Vermont Agency of Human Services
 Department of Mental Health

VERMONT PSYCHIATRIC CARE HOSPITAL
LEGAL STATUS AND DISCHARGE RATE OF PATIENTS ADMITTED
 Fiscal Year 2023

	<u>Admissions</u>	<u>Percent Discharged Within</u>			
		<u>1 Week</u>	<u>2 Weeks</u>	<u>1 Month</u>	<u>3 Months</u>
OVERALL	50	-	10%	20%	60%
<u>Legal Status</u>					
Voluntary	-	-	-	-	-
Emergency	35	-	9%	14%	63%
Forensic	15	-	13%	33%	53%
Other	-	-	-	-	-

See notes 19, 20 and 22.

TABLE 3-19
 Vermont Agency of Human Services
 Department of Mental Health

VERMONT PSYCHIATRIC CARE HOSPITAL
TYPE OF ADMISSION AND DISCHARGE RATE OF PATIENTS ADMITTED
 Fiscal Year 2023

	<u>Admissions</u>	<u>Percent Discharged Within</u>			
		<u>1 Week</u>	<u>2 Weeks</u>	<u>1 Month</u>	<u>3 Months</u>
OVERALL	50	-	10%	20%	60%
<u>Type of Admission</u>					
First Admisssion	32	-	16%	28%	66%
Readmission	18	-	-	6%	50%

See notes 19, 21 and 22.

TABLE 3-20
Vermont Agency of Human Services
Department of Mental Health

VERMONT PSYCHIATRIC CARE HOSPITAL
CATCHMENT AREA AND LENGTH OF STAY OF PATIENTS IN RESIDENCE AT END OF YEAR
Fiscal Year 2023

	<u>Patients at end of Year</u>	<u>Median Length of Stay</u>	<u>Mean Length of Stay</u>
OVERALL	7	4 months	1 year, 5 months
<u>Catchment Area</u>			
CSAC (Addison)	-	-	-
NCSS (Northwest)	-	-	-
HC (Chittenden)	3	5 months	2 years, 2 months
LCC (Lamoille)	-	-	-
HCRS (Southeast)	3	3 months	3 months
NKHS (Northeast)	-	-	-
CMC (Orange)	-	-	-
RMHS (Rutland)	-	-	-
UCS (Bennington)	-	-	-
WCMH (Washington)	1	2 years, 6 months	2 years, 6 months
Other/Unknown	-	-	-

See notes 2 and 23.

TABLE 3-21
 Vermont Agency of Human Services
 Department of Mental Health

VERMONT PSYCHIATRIC CARE HOSPITAL
AGE AND LENGTH OF STAY OF PATIENTS IN RESIDENCE AT END OF YEAR
 Fiscal Year 2023

	<u>Patients at end of Year</u>	<u>Median Length of Stay</u>	<u>Mean Length of Stay</u>
OVERALL	7	4 months	1 year, 5 months
<u>Age</u>			
13 - 19	-	-	-
20 - 34	1	4 months	4 months
35 - 49	2	3 years, 1 month	3 years, 1 month
50 - 64	3	3 months	3 months
65+	1	2 years, 6 months	2 years, 6 months

See notes 4 and 23.

TABLE 3-22
 Vermont Agency of Human Services
 Department of Mental Health

VERMONT PSYCHIATRIC CARE HOSPITAL
GENDER AND LENGTH OF STAY OF PATIENTS IN RESIDENCE AT END OF YEAR
 Fiscal Year 2023

	<u>Patients at end of Year</u>	<u>Median Length of Stay</u>	<u>Mean Length of Stay</u>
OVERALL	7	4 months	1 year, 5 months
<u>Gender</u>			
Male	3	5 months	2 years, 2 months
Female	4	3 months	10 months
Other/Unknown	-	-	-

See note 23.

TABLE 3-23
Vermont Agency of Human Services
Department of Mental Health

VERMONT PSYCHIATRIC CARE HOSPITAL
DIAGNOSIS AND LENGTH OF STAY OF PATIENTS IN RESIDENCE AT END OF YEAR
Fiscal Year 2023

<u>ICD 10</u>	<u>Patients at end of Year</u>	<u>Median Length of Stay</u>	<u>Mean Length of Stay</u>
OVERALL	7	4 months	1 year, 5 months
<u>Diagnosis</u>			
Physiological Conditions	-	-	-
Psychoactive Substance Use	2	3 years, 2 months	3 years, 2 months
Schizophrenia Other Non-Mood Psychotic Disorders	6	4 months	1 year, 7 months
Mood [Affective] Disorders	1	5 months	5 months
Anxiety and Other Nonpsychotic Mental Disorders	2	3 months	3 months
Behavioral Syndromes	-	-	-
Disorders of Adult Personality and Behavior	1	1 month	1 month
Intellectual Disabilities	-	-	-
Pervasive and Specific Developmental Disorders	-	-	-
Behavioral Emotional Disorders/Child Adolescence	-	-	-
Unspecified Mental Disorder	-	-	-
Deferred	-	-	-

As clients may have many diagnoses reported, diagnostic groups do not represent an unduplicated count of clients served.

See notes 7 and 23.

TABLE 3-24
 Vermont Agency of Human Services
 Department of Mental Health

VERMONT PSYCHIATRIC CARE HOSPITAL
LEGAL STATUS AND LENGTH OF STAY OF PATIENTS IN RESIDENCE AT END OF YEAR
 Fiscal Year 2023

	<u>Patients at end of Year</u>	<u>Median Length of Stay</u>	<u>Mean Length of Stay</u>
OVERALL	7	4 months	1 year, 5 months
<u>Legal Status</u>			
Voluntary	-	-	-
Emergency	3	4 months	1 year
Forensic	4	4 months	1 year, 8 months
Other	-	-	-

See notes 20 and 23.

TABLE 3-25
 Vermont Agency of Human Services
 Department of Mental Health

VERMONT PSYCHIATRIC CARE HOSPITAL
TYPE OF ADMISSION AND LENGTH OF STAY OF PATIENTS IN RESIDENCE AT END OF YEAR
 Fiscal Year 2023

	<u>Patients at end of Year</u>	<u>Median Length of Stay</u>	<u>Mean Length of Stay</u>
OVERALL	7	4 months	1 year, 5 months
<u>Type of Admission</u>			
First Admission	3	2 years, 6 months	2 years, 11 months
Readmission	4	4 months	3 months

See notes 21 and 23.

Part 4: Historical Overview

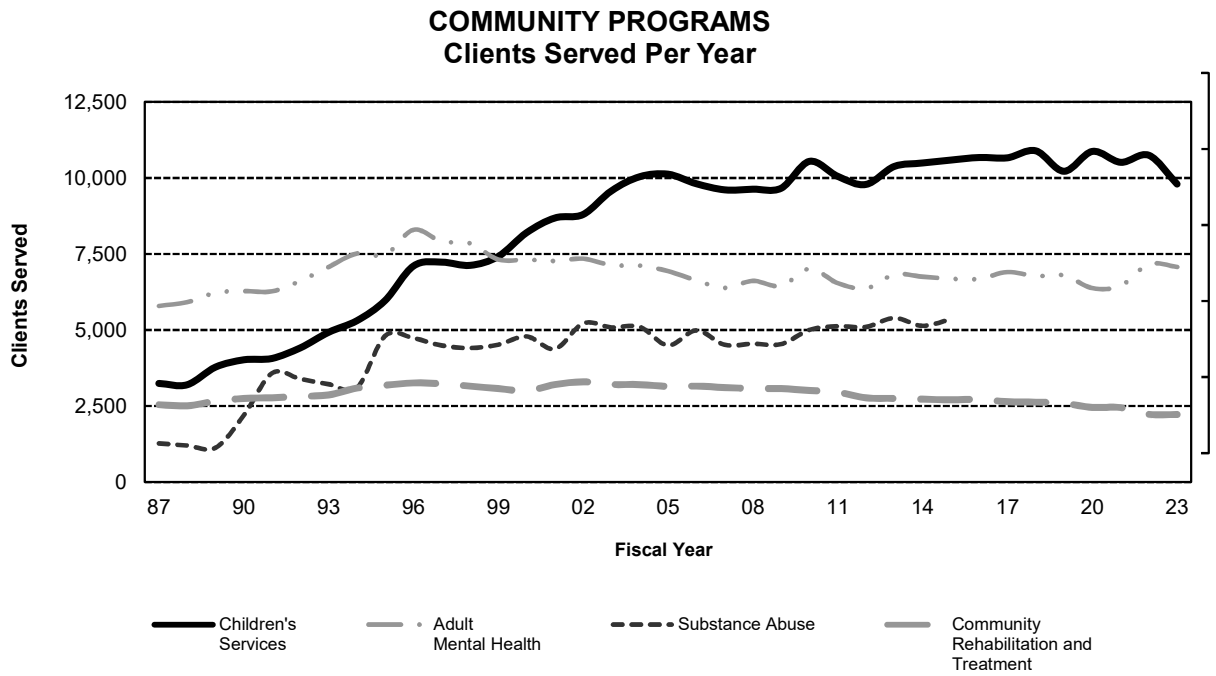


TABLE 4-1
Vermont Agency of Human Services
Department of Mental Health

NUMBER OF CLIENTS SERVED: FY1994 - FY2023

<u>Fiscal Year</u>	<u>Children's Services</u>	<u>Adult MH Outpatient</u>	<u>Community Rehabilitation</u>	<u>Substance Abuse</u>	<u>Unassigned</u>	<u>State Hospital</u>
1994	5,167	7,516	3,089	3,104	393	333
1995	5,971	7,480	3,183	4,807	437	323
1996	7,103	7,711	3,259	4,430	487	305
1997	7,230	7,907	3,232	4,490	577	294
1998	7,122	7,851	3,155	4,407	734	327
1999	7,424	7,317	3,073	4,518	1,314	246
2000	8,204	7,324	3,003	4,789	1,972	257
2001	8,670	7,189	3,259	4,357	2,136	244
2002	8,967	7,345	3,296	5,217	2,218	254
2003	9,749	7,130	3,210	5,087	2,360	234
2004	10,040	7,120	3,205	5,101	2,396	231
2005	10,122	6,936	3,145	4,495	2,898	218
2006	9,812	6,631	3,154	4,985	2,540	216
2007	9,609	6,384	3,109	4,515	1,887	231
2008	9,627	6,614	3,076	4,548	1,950	255
2009	9,665	6,448	3,073	4,536	2,270	246
2010	10,541	7,015	3,013	5,004	3,459	261
2011	10,048	6,541	2,952	5,125	4,321	254
2012	9,783	6,366	2,769	5,101	5,485	87
2013	10,374	6,826	2,752	5,395	5,668	26
2014	10,490	6,752	2,726	5,137	5,411	36
2015	10,585	6,685	2,704	-	5,205	67
2016	10,670	6,681	2,718	-	4,556	73
2017	10,661	6,905	2,640	-	4,267	88
2018	10,892	6,773	2,628	-	4,807	79
2019	10,218	6,794	2,587	-	4,833	87
2020	10,870	6,376	2,456	-	5,559	102
2021	10,517	6,455	2,448	-	5,698	67
2022	10,742	7,164	2,228	-	7,006	75
2023	9,799	7,075	2,220	-	6,885	60

See notes 1, 2 and 3.

TABLE 4-2
Vermont Agency of Human Services
Department of Mental Health

NUMBER OF CLIENTS SERVED: FY1994 - FY2023

by Designated Agency

<u>Fiscal Year</u>	<u>CSAC</u>	<u>NCSS</u>	<u>HC</u>	<u>LCMH</u>	<u>HCRS</u>	<u>NKHS</u>	<u>CMC</u>	<u>RMHS</u>	<u>UCS</u>	<u>WCMH</u>	<u>NFI</u>	<u>Total</u>
1994	733	416	496	223	1,077	487	289	616	277	483	70	5,167
1995	805	517	653	166	1,162	681	346	672	297	566	106	5,971
1996	833	545	977	171	1,330	823	490	754	422	609	149	7,103
1997	684	520	1,033	203	1,435	867	525	694	476	570	223	7,230
1998	642	485	1,027	230	1,363	967	543	622	463	525	255	7,122
1999	746	547	1,220	169	1,303	1,005	521	696	514	564	139	7,424
2000	788	756	1,281	209	1,482	976	636	696	572	701	107	8,204
2001	810	788	1,577	188	1,216	964	944	711	565	715	192	8,670
2002	954	853	1,702	219	1,298	1,011	513	709	550	716	442	8,967
2003	859	924	1,621	546	1,573	1,045	583	847	556	767	428	9,749
2004	861	1,126	1,577	546	1,704	1,026	543	933	553	759	412	10,040
2005	870	1,164	1,989	421	1,617	1,054	466	951	456	716	418	10,122
2006	848	1,128	1,891	489	1,470	803	584	1,054	523	693	329	9,812
2007	909	1,161	2,029	430	1,285	806	575	961	563	769	121	9,609
2008	804	1,215	1,977	388	1,375	827	563	936	620	741	181	9,627
2009	691	1,243	1,951	359	1,455	947	542	915	573	764	225	9,665
2010	777	1,243	2,092	426	1,630	961	595	1,013	548	913	343	10,541
2011	805	1,131	1,813	361	1,645	877	611	1,025	464	930	386	10,048
2012	847	1,049	1,639	329	1,672	952	615	1,030	456	897	297	9,783
2013	1,164	1,247	1,573	318	1,695	1,001	592	962	500	956	366	10,374
2014	1,109	1,463	1,480	337	1,640	997	621	915	546	1,023	359	10,490
2015	1,025	1,582	1,662	338	1,484	976	671	918	524	1,033	372	10,585
2016	913	1,743	1,872	296	1,375	821	687	906	449	1,007	601	10,670
2017	930	1,720	1,943	346	1,270	740	614	976	436	1,121	565	10,661
2018	981	1,874	1,981	401	1,216	642	590	982	524	1,085	616	10,892
2019	939	1,475	1,921	402	1,362	503	616	979	489	1,067	465	10,218
2020	940	1,891	2,487	380	1,221	486	578	970	508	981	428	10,870
2021	931	1,340	2,709	345	1,172	469	601	1,011	546	958	435	10,517
2022	903	1,642	2,662	384	1,140	472	589	962	544	992	452	10,742
2023	861	1,078	2,560	456	1,042	538	529	876	500	973	386	9,799

See notes 1, 2 and 3.

TABLE 4-3
Vermont Agency of Human Services
Department of Mental Health

NUMBER OF CLIENTS SERVED: FY1994 - FY2023

by Designated Agency

<u>Fiscal Year</u>	<u>CSAC</u>	<u>NCSS</u>	<u>HC</u>	<u>LCMH</u>	<u>HCRS</u>	<u>NKHS</u>	<u>CMC</u>	<u>RMHS</u>	<u>UCS</u>	<u>WCMH</u>	<u>PATH</u>	<u>Total</u>
1994	677	874	1,286	263	1,493	704	270	835	486	628	-	7,516
1995	679	879	1,245	175	1,577	776	202	806	530	611	-	7,480
1996	588	807	1,293	216	1,581	785	269	799	635	738	-	7,711
1997	623	818	1,337	288	1,579	667	282	782	778	753	-	7,907
1998	628	710	1,408	326	1,504	622	276	818	804	755	-	7,851
1999	739	679	1,047	281	1,134	752	273	923	681	808	-	7,317
2000	741	940	792	332	1,108	815	270	812	791	723	-	7,324
2001	800	948	700	326	679	813	291	958	878	796	-	7,189
2002	809	953	686	283	718	971	369	888	896	772	-	7,345
2003	782	967	653	308	894	841	477	760	866	582	-	7,130
2004	632	1,019	690	208	962	927	508	694	883	597	-	7,120
2005	569	1,037	723	117	879	997	415	814	763	622	-	6,936
2006	564	1,075	658	123	681	706	560	775	851	638	-	6,631
2007	631	1,090	547	146	694	687	520	642	803	624	-	6,384
2008	587	1,122	471	214	653	824	541	632	857	713	-	6,614
2009	460	1,104	522	242	662	1,000	556	261	840	801	-	6,448
2010	664	1,028	590	227	710	1,032	605	286	860	1,013	-	7,015
2011	687	864	516	32	767	978	640	236	864	957	-	6,541
2012	755	646	489	55	749	1,025	642	247	809	949	-	6,366
2013	907	850	586	165	927	1,035	616	226	691	823	-	6,826
2014	728	805	478	157	938	1,191	612	186	647	1,010	-	6,752
2015	638	817	553	138	954	1,022	617	193	593	1,041	119	6,685
2016	539	759	471	174	995	1,015	575	207	649	1,169	128	6,681
2017	540	798	527	160	914	1,013	541	251	682	1,348	131	6,905
2018	616	834	599	165	862	839	540	299	589	1,284	146	6,773
2019	650	599	604	185	964	938	579	334	555	1,241	145	6,794
2020	570	769	311	156	824	870	563	313	717	1,138	145	6,376
2021	504	543	314	188	843	900	692	365	825	1,136	145	6,455
2022	452	836	489	196	780	1,039	750	490	767	1,229	136	7,164
2023	383	540	622	292	766	1,050	744	608	693	1,238	139	7,075

See notes 1, 2 and 3.

TABLE 4-4
Vermont Agency of Human Services
Department of Mental Health

NUMBER OF CLIENTS SERVED: FY1994 - FY2023

by Designated Agency

<u>Fiscal Year</u>	<u>CSAC</u>	<u>NCSS</u>	<u>HC</u>	<u>LCMH</u>	<u>HCRS</u>	<u>NKHS</u>	<u>CMC</u>	<u>RMHS</u>	<u>UCS</u>	<u>WCMH</u>	<u>PATH</u>	<u>Total</u>
1994	132	196	587	141	357	481	84	275	214	622	-	3,089
1995	136	226	617	139	339	492	109	294	232	599	-	3,183
1996	146	210	623	133	402	455	122	316	225	627	-	3,259
1997	149	217	629	129	376	455	120	319	197	641	-	3,232
1998	154	243	635	130	344	434	116	313	190	596	-	3,155
1999	172	233	647	138	395	397	124	317	187	463	-	3,073
2000	170	203	659	146	390	373	116	324	189	433	-	3,003
2001	165	228	669	159	434	417	172	335	202	478	-	3,259
2002	166	244	648	156	428	442	182	349	192	489	-	3,296
2003	166	241	653	147	411	424	178	324	187	479	-	3,210
2004	173	250	671	138	429	411	169	310	192	462	-	3,205
2005	175	225	672	145	412	403	169	308	184	452	-	3,145
2006	174	228	669	143	414	400	187	310	183	446	-	3,154
2007	184	240	660	142	385	376	188	302	189	443	-	3,109
2008	177	232	692	133	382	358	199	291	178	434	-	3,076
2009	187	233	685	138	384	357	192	284	184	429	-	3,073
2010	189	236	677	141	375	319	187	292	165	432	-	3,013
2011	188	230	687	143	387	288	173	282	158	416	-	2,952
2012	187	234	655	140	400	254	169	274	156	300	-	2,769
2013	182	223	657	122	406	228	152	267	156	359	-	2,752
2014	178	229	652	131	389	226	139	265	159	358	-	2,726
2015	170	225	650	125	382	218	125	266	156	337	50	2,704
2016	166	229	620	119	374	238	164	267	153	339	49	2,718
2017	165	227	610	120	382	232	108	268	142	339	47	2,640
2018	153	225	615	132	378	227	100	274	142	335	47	2,628
2019	155	218	575	132	381	220	88	279	142	347	50	2,587
2020	151	221	571	122	338	208	81	219	138	350	57	2,456
2021	141	193	555	120	357	194	141	228	120	349	50	2,448
2022	126	197	548	103	307	110	138	201	117	340	41	2,228
2023	117	175	514	91	307	126	146	215	114	377	38	2,220

See notes 1, 2 and 3.

Part 5: Notes

OVERVIEW

1. The Scope of This Report

The Vermont Department of Mental Health (DMH) is responsible for a variety of publicly funded outpatient, inpatient, residential, and support services provided to children and adults who have an emotional disturbance and/or mental illness. DMH contracts with one designated agency (DA) in each geographic region of the state to be responsible for ensuring needed services are available through local planning, support coordination, and outcomes monitoring within their region. A specialized service agency (SSA) is a separate entity also contracted by DMH that provides community services to a specific population. This report describes clients served and services provided during FY2023 by ten designated agencies, two specialized service agencies for mental health services, and the Vermont Psychiatric Care Hospital (VPCH). Specialized Service Agencies that provide services under contract with the Division of Alcohol and Drug Abuse Program (ADAP) Department of Aging and Independent Living (DAIL) are not included in this report.

Outpatient Care

The Department of Mental Health is responsible mental health programs at Vermont's designated agencies, including Children's Services Programs, Adult Mental Health Outpatient Programs, Community Rehabilitation and Treatment Programs, and Emergency Services Programs. On intake, most clients are assigned to one of these programs within the agency (primary program assignment). The services clients receive may be provided by more than one program in that agency (program of service).

Children's Services Programs provide services to children and families who are either undergoing emotional or psychological distress or having problems adjusting to changing life situations. These programs primarily provide outpatient services (clinical, service planning, community supports, crisis and respite services), although several agencies also provide residential services for children and adolescents who have a severe emotional disturbance.

Adult Mental Health Outpatient Programs serve individuals 18 years of age and older who are experiencing emotional, behavioral, or adjustment problems severe enough to warrant professional attention, but who do not have serious disabilities. Services offered include clinical, service planning and community support services and some crisis services.

Community Rehabilitation and Treatment (CRT) Programs serve adults with severe and persistent mental illness. In addition to regular clinical services, CRT Programs provide day treatment services, service planning, community supports, supported employment and a variety of housing services to clients who have a major mental illness.

Emergency Services Programs serve individuals who are experiencing an acute mental health crisis. Emergency services include diagnostic and psychotherapeutic services such as evaluation of the client and the circumstances leading to the crisis, crisis counseling, screening for hospitalization, referral and follow-up. These services are provided on a 24 hours a day, 7 days a week basis with both telephone and face-to-face services available as needed.

Inpatient Care

The Vermont Psychiatric Care Hospital (VPCH) in Berlin is a 25-bed state-operated psychiatric hospital which serves adults experiencing acute psychotic episodes or those with chronic mental illness who require specialized care which is unavailable in the community. VPCH also serves criminal defendants referred to the hospital for psychiatric evaluation while awaiting trial. In Vermont, acute inpatient mental health care is currently provided by VPCH, five regional hospitals, and the Brattleboro Retreat. However, the inpatient data included in this report is specific to VPCH and does not include these other locations.

2. Community Provider Agencies

Community-based services are provided to individuals across the state through contracts with nonprofit community provider agencies. The community provider agencies are designated by DMH at differing levels: designated agencies (DAs) and specialized service agencies (SSAs). The agencies and the areas they serve are described below.

Designated Agencies

DMH funds community mental health services provided by designated agencies (DAs). Each DA serves a specific region or catchment area. Mental health service catchment areas broadly align with counties with the exceptions noted below. Together these mental health areas cover the entire state. Populations for these catchment areas are based on National Census figures obtained from the Vermont Department of Health.

The Counseling Service of Addison County (CSAC) serves all of Addison County except the towns of Granville and Hancock.

Northwestern Counseling and Support Services (NCSS) serves Franklin County and Grand Isle County.

The Howard Center (HC) serves Chittenden County.

Lamoille County Mental Health Services (LCMH) serves Lamoille County. For Children's Services, Lamoille also serves the towns of Craftsbury, Greensboro, Hardwick, and Stannard from the Northeast Kingdom, and Woodbury from Washington County.

Health Care and Rehabilitation Services of Southeastern Vermont (HCRS) serves all of Windham County and Windsor County except the towns of Bethel, Rochester, Royalton, Sharon and Stockbridge.

Northeast Kingdom Human Services (NKHS) serves Caledonia, Essex and Orleans Counties except the towns of Craftsbury, Greensboro, Hardwick, and Stannard for Children's Services.

The Clara Martin Center (CMC) serves recipients in Orange County (except the towns of Orange, Williamstown, and Washington, which are served by WCMH), the towns of Granville and Hancock in Addison County, and the towns of Bethel, Rochester, Royalton, Sharon and Stockbridge in Windsor County.

Rutland Mental Health Services (RMHS) serves Rutland County.

United Counseling Services (UCS) serves Bennington County.

Washington County Mental Health Services (WCMH) serves Washington County as well as the towns of Orange, Williamstown, and Washington from Orange County, with the exception of Woodbury for Children's Services.

Specialized Service Agencies

DMH contracts with two SSAs that provides community mental health services to a specific population.

The Northeastern Family Institute (NFI) in Williston provides intensive residential treatment for children and adolescents from all parts of Vermont who are experiencing a severe emotional disturbance.

Pathways serves a statewide population of consumers experiencing homelessness or early crisis, and veterans needing short-term supportive services

3. Clients Served

This report is based on a complete enumeration of clients served by Children's Services Programs, Adult Mental Health Outpatient Programs, Community Rehabilitation and Treatment Programs, Emergency Service Programs, and VPCH. Although clients may receive services from more than one of these community-based programs, each client has a primary program assignment within the agency providing the services. Clients involved in other programs such as Retired Senior Volunteers Programs (RSVP), Head Start Programs, and Countermeasures Regarding Alcohol Safety on the Highway (CRASH) Programs are included only if they were also served by one of the programs listed above. Clients and services reported for NFI include only those who receive DMH-funded services.

Tables that describe clients categorize them according to their primary program assignment rather than the program(s) by which they were served. Because of this, the numbers of clients served within each community service provider agency and VPCH represent an unduplicated count of individual clients. Clients served by more than one program at a provider agency are counted only once and categorized under their most recent primary program assignment. Individuals who were served by more than one provider agency, however, are counted more than once, as are individuals served by a provider agency and VPCH. Clients who had not been assigned to a specific program as of the end of the fiscal year are reported as "unassigned". Table entries with the symbol "-" indicate "no data reported". Percentages less than 0.5% are represented as "<0.5%".

Tables that describe services provided by programs at community provider agencies categorize clients according to the program by which services were provided. Because of this, clients who received services from more than one program are counted more than once in tables which describe the services provided. Thus, the client totals in the tables that describe services do not equal the client totals in the tables that describe demographics.

Many DAs do not register or record mental health services to every individual who might be seen during client treatment. Collaterals, such as parents, children, or spouses of registered clients, for instance, frequently receive services coincident to services to the primary client. Family therapy is especially likely to involve individuals who do not become registered clients. Therefore, the number of clients reported would be substantially fewer than the actual total number of individuals seen.

The rates of clients served per 1,000 population in Table 1-2 are presented as a comparable standardized measure: the proportion of residents in a specified geographical region who are served by specified programs. This utilization rate is computed according to the formula:

$$R = \frac{1,000 C}{P}$$

where R is the rate of clients served per 1,000 population, C is the number of clients served, and P is the age-specific population of the geographic area in question. Children's Services utilization rates are based on the catchment area population of residents under 18 years of age. CRT, Adult Mental Health Outpatient, and VPCH service utilization rates are based on adult population counts. Total population counts are used to calculate utilization rates for unassigned clients. Note that in earlier versions of this report (prior to FY2001) all program utilization rates were based on total population figures. Counts for the catchment area populations were based on National Census figures (July 1, 2022) obtained from the Vermont Department of Health, adjusted for each fiscal year and catchment area.

Vermont Population of Service Areas

Provider/Catchment Area		Youth < 18	Adult 18+	Total
Statewide		114,757	532,307	647,064
CSAC	Addison	5,849	31,071	36,920
NCSS	Franklin/Grand Isle	12,133	46,087	58,220
HC	Chittenden	28,707	140,594	169,301
LCMH	Lamoille	6,294	20,950	27,244
HCRS	Southeast	16,296	79,581	95,877
NKHS	Northeast	11,005	52,219	63,224
CMC	Orange	5,669	27,227	32,896
RMHS	Rutland	10,355	50,011	60,366
UCS	Bennington	6,910	30,482	37,392
WCMH	Washington	11,539	54,085	65,624

4. Age

The age of clients was calculated from their date of birth and to December 31, 2022, the midpoint of the period covered by this report.

5. Income

Income is based on clients' or their families' report of gross annual household income. The income reported should include all sources of income including Supplemental Security Income (SSI) benefits, welfare payments, unemployment compensation, alimony and child support payments, in addition to income earned from employment or investment. All income from all members of a residential/economic unit should be included. If a client lives with unrelated others with whom he or she does not pool financial resources, income of the other resident(s) should not be counted toward the client's income.

6. Responsibility for Fee

Responsibility for fee is reported for five categories: Medicaid, Medicare, Other Insurance, State Agency Contract, and Uninsured. Providers can report up to three payers for each client. Therefore, the categories are not mutually exclusive and clients may be counted in more than one category. "Medicaid" includes all clients who are covered by Medicaid, including people on the Medicaid Waiver. "Medicare" includes all clients who are covered by Medicare. "Other Insurance" includes all clients with third-party insurance, excluding Medicaid and Medicare. This category includes private insurance, service contracts, Veterans Administration, Civilian Health and Medical Program of the Uniformed Services (CHAMPUS), and worker's compensation. "State Agency Contracts" includes clients whose services are partly funded by DMH, ADAP, DCF, DAIL, and Vocational Rehabilitation contracts. Finally, the "Uninsured/unknown" category is the residual category for clients who are not reported in any of the other categories noted above.

Medical insurance does not necessarily cover mental health services. Even when these services are covered, the reimbursement may be substantially less than the cost of the services. Because of this, insured clients should be considered partly self-paying clients as well.

Information on responsibility for fee presented here is current as of the end of the report period (June 30, 2023). Since insurance coverage is subject to change, the insurance coverage reported here may not have been in effect for the entire fiscal year. The insurance coverage data currently available in the VPCH EHR is considered billing data and not patient coverage data. Responsibility for fee data was reported starting in the FY17 Statistical Report.

7. Diagnosis

Report diagnostic classifications are as described by the National Center for Health Statistics (NCHS) in the International Statistical Classification of Diseases and Related Health Problems, 10th revision (ICD-10). Diagnostic categories are based on the American Psychiatric Association's *Diagnostic and Statistical Manual of Mental Disorders*, Fifth Edition (DSM-V). Specific diagnoses have been grouped according to the following specifications:

ICD-10 Diagnosis:

Mental disorders due to known physiological conditions F01-F09

Mental and behavioral disorders due to psychoactive substance use F10-F19

Schizophrenia, schizotypal, delusional, and other non-mood psychotic disorders F20-F29

Mood [affective] disorders F30-F39

Anxiety, dissociative, stress-related, somatoform and other nonpsychotic mental disorders F40-F48

Behavioral syndromes associated with physiological disturbances and physical factors F50-F59

Disorders of adult personality and behavior F60-F69

Intellectual Disabilities F70-F79

Pervasive and specific developmental disorders F80-F89

Behavioral and emotional disorders with onset usually occurring in childhood and adolescence F90-F98

Unspecified mental disorder F99

8. Problems

Part of the intake process for each client is a problem checklist. The problem areas are not mutually exclusive, as an individual may have more than one type of problem. Since this assessment is conducted only at intake, the problems may not be current for long-term clients. Problems apparent at intake may have been resolved and/or new problems may have arisen. Also, clients admitted prior to FY2002 were not assessed with reference to Mood, Criminal, Victim and Runaway. Problem area information is not collected for clients treated at VPCH.

9. Length of Stay

Information on clients' length of stay is based on admission dates reported by community provider agencies and VPCH. These dates represent the most recent admission for the clients, not the date of their first admission. For this reason, these figures may substantially understate the total length of time clients had been in treatment.

Community provider agencies vary in their standard operating procedures with regard to discharging and readmitting clients. Some agencies routinely discharge clients after specified periods of inactivity. Other programs rarely discharge long-term clients with severe and persistent disorders.

TYPES OF SERVICE

10. Clinical Interventions

Individual, Family and Group Therapy

Individual, Family and Group Therapy refers to all psychotherapeutic and substance abuse services. Individual Therapy is a method of treatment that uses the interaction between a therapist and the individual to facilitate emotional or psychological change, to alleviate distress, and change substance use. Family

Therapy is a method of treatment that uses the interaction between a therapist and the individual together with family members to facilitate emotional or psychological change and to alleviate distress. Group Therapy is a method of treatment that uses the interaction between a therapist and the individual together with peers to facilitate emotional or psychological change and to alleviate distress.

Psychotherapeutic services described in this report refer to services received by clients. A group therapy session in which one clinician meets with five clients, for instance, is counted as five services. Individual therapy sessions involving couples or families may involve multiple services as well. Individual and family therapy sessions tend to last about one hour. Individual, family and group therapy services are reported for nonresidential programs only.

Medication and Medical Support and Consultation Services

Medication and Medical Support and Consultation Services include evaluating the need for, prescribing and monitoring medication, and providing medical observation, support and consultation for an individual's health care. These services include evaluation of the need for psychoactive medication, the prescription by a qualified clinician, therapist, psychiatrist or nurse practitioner of psychoactive drugs intended to mitigate or prevent symptoms of mental illness and the monitoring and assessment of patient reaction to prescribed drugs. Medication and Medical Support and Consultation Services are reported for nonresidential programs only.

Clinical Assessment

Clinical Assessment refers to psychiatric, psychological, psychosocial, substance abuse, and/or developmental assessment sessions and the preparation of individualized plans, including the administration and interpretation of psychometric tests and the preparation of reports. Clinical Assessment services are reported for outpatient programs only when they are recorded as a separate service.

11. Day Services

The Day Services include both community-based Day Services and Partial Hospitalization. Note that Children's Services do not provide day services.

Day Services are group recovery activities in a milieu that promotes wellness, empowerment, a sense of community, personal responsibility, self-esteem and hope. These activities are consumer-centered. This service provides socialization, daily skills development and crisis support, and promotes self-advocacy. The primary providers of Day Services are Community Rehabilitation and Treatment Programs and Substance Abuse Programs.

Partial Hospitalization is an intensive (4-16 hours/day), time-limited (maximum 21 days) service provided as an alternative to inpatient care to prevent or shorten psychiatric hospitalization and promote recovery. Partial Hospitalization services are provided to individuals who would otherwise meet inpatient criteria, and medical personnel (nurse, physician) are accessible to provide services during hours of operation. Treatment modalities include diagnosis and evaluation; service planning and coordination; community supports; individual, group and family therapy; medication services and psycho-educational skill development for managing symptoms.

12. Service Planning and Coordination

Service Planning and Coordination falls under the broad category of Case Management. Service Planning and Coordination assists individuals and their families in planning, developing, choosing, gaining access to, coordinating and monitoring the provision of needed services and supports for a specific individual. Services and supports that are planned and coordinated may be formal (provided by the human services system) or informal (available through the strengths and resources of the family or community). Services

and supports include discharge planning, advocacy, and monitoring the well-being of individuals (and their families) and supporting them to make their own decisions.

13. Community Supports

Community Supports fall under the broad category of Case Management. Community Supports include specific, individualized and goal-oriented supports, which assist individuals (and families) in developing the skills and social supports necessary to promote recovery. These supports may include assistance in daily living, counseling, support to participate in community activities, collateral contacts, and building and sustaining healthy personal, family and community relationships. All of these activities may also be provided in a group setting. Community Supports may further include family education, consultation and training services that provide family members, significant others, home providers and foster families with the knowledge, skills, and understanding necessary to promote positive change.

14. Employment Services

Employment Services assist transition-age youth and adults in setting and achieving career and work goals. These services have four components. Employment assessment involves evaluation of the individual's work skills, identification of the individual's preferences and interests, and the development of personal work goals. Employer and job development helps clients gain employment by developing and supporting employers. Activities for employer development include identification, creation or enhancement of job opportunities, education, consulting, and assisting co-workers and managers in supporting and interacting with individuals. Job training assists an individual to begin work, learn the job, and gain social inclusion at work. Ongoing support to maintain employment involves activities needed to sustain paid work. These supports and services may be given both on and off the job site, and may involve long-term and/or intermittent follow-up.

Table 1-14 reports provision of these services by program of service. A further breakdown by community provider for Community Rehabilitation and Treatment Programs, the primary provider of these services, is given in Table 2C-9.

15. Crisis Services

Crisis Services are time-limited, intensive supports provided for individuals and families who are currently experiencing, or may be expected to experience, a psychological, behavioral, or emotional crisis. Services may also be provided to the individual's or family's immediate support system. These services are available 24 hours a day, 7 days a week. Crisis Services consist of two component parts: (1) Emergency/Crisis Assessment, Support and Referral, and (2) Emergency Beds.

Emergency/Crisis Assessment, Support and Referral

Emergency/Crisis Assessment, Support and Referral is a nonresidential service which includes initial information gathering, triage, training and early intervention, supportive counseling, consultation, referral and crisis planning. In addition, supports include: outreach and stabilization, clinical diagnosis and evaluation, treatment and direct support, and integration/discharge planning back to the person's home or alternative setting. Assessment may also include screening for inpatient psychiatric admission.

Emergency/Crisis Beds

Emergency Beds offer emergency, short-term, 24-hour residential supports in a setting other than the person's home. Table 1-15b reports provision of these services by program of service. A further breakdown by community provider for Community Rehabilitation and Treatment Programs is given in Table 2C-10b.

16. Housing and Home Supports

Housing and Home Supports provide services, supports and supervision to individuals in and around their residences up to 24 hours a day.

Residential services (by the day) are provided in a variety of settings. Staffed Living services are residential living arrangements for one or two people, staffed full-time by providers. Group Treatment/Living services are group living arrangements for three or more people. Licensed Home Providers/Foster Families are individualized shared-living arrangements for children, offered within Home Providers/Foster Families homes that are licensed. Unlicensed Home Providers/Foster Families are individualized shared-living arrangements for children and adults, offered within Home Providers/Foster Families homes. Both licensed and unlicensed home providers/foster families are contracted workers and are not considered staff in their role as contracted provider. All of the above services consist of residential days. Residential services in these settings frequently include planning and coordination together with other therapeutic, educational and supportive services as part of the overall residential service package.

Supervised/Assisted Living services (by the hour) are regularly scheduled or intermittent supports provided to an individual who lives in his or her home or that of a family member. These services are not provided by Children's Services Programs.

Residential facilities in the community for community mental health clients but not funded by the Department of Mental Health are not included in this report. These facilities include community care homes, nursing homes, boarding houses, and a number of other residential settings. Residential substance abuse treatment provided by designated agencies is also excluded from this report.

Institutional services are days in residence at VPCH. The day on which patients were admitted to this institution is included, while the day patients were discharged is excluded for purposes of determining length of stay. Residential services provided at the Brattleboro Retreat are not included in this report.

17. Respite Services

Respite services assist family members to help support specific individuals with disabilities. Respite services (by the hour or by the day/overnight) are provided on a short-term basis. Respite services offer relief to those persons normally providing care to individuals who cannot be left unsupervised. Respite services are provided by Children's Services. Respite service data may be incomplete as arrangements and reporting vary from agency to agency.

18. Condition on Termination

Clinical staff are asked to rate the condition of each client whose case is closed as "improved," "unchanged," or "worse". These ratings represent the professional opinion of the clinicians. Condition on termination is not reported by VPCH.

Discharge rates reported for designated agency clients may underestimate the actual rates. This occurs because it was not possible to identify clients who were discharged during a quarter in which they received services and their condition on termination had not yet been rated.

Clients who died while they were on the rolls of a community program or an institution are counted as discharged clients and are included in the discharge rate.

VERMONT PSYCHIATRIC CARE HOSPITAL

19. Admissions and Discharges

Admissions to and discharges from the Vermont Psychiatric Care Hospital (VPCH) include both first admissions and readmissions. Individuals with more than one admission or discharge during the fiscal year have been counted more than once in these totals.

For purposes of calculating total patient days and overall daily census, the day of admission and each day each patient remains in the hospital is counted as a full day in residence, while the day each patient is discharged is not counted as a day in residence.

20. Legal Status

Patients are admitted to the Vermont Psychiatric Care Hospital (VPCH) in one of several legal statuses. These have been grouped into three categories for purposes of this report: emergency, forensic, and other. All admissions to VPCH are involuntary.

Emergency admissions include admissions for emergency examination and admissions under a warrant for emergency examination. Admissions for emergency examination occur upon written application by an interested party accompanied by a certificate signed by a licensed physician who is not the applicant. The application sets forth the facts and circumstances which constitute the need for an emergency examination, showing that the person is in need of treatment. After being examined by a psychiatrist and found to be in need of hospitalization, the application for involuntary treatment is filed with the Vermont Superior Court Family Division. A hearing date is then set. Patients are sometimes discharged prior to the hearing date.

Admissions under a warrant for emergency examination occur in emergency circumstances in which a certification by a physician is not available without serious and unreasonable delay and when personal observation of the conduct of a person constitutes reasonable grounds to believe that the person is in need of treatment and that he or she presents an immediate risk of serious injury to self or others. A law enforcement officer or mental health professional may make an application, not accompanied by a physician's certificate, to any superior court judge for a warrant for emergency examination. If the judge is satisfied that a physician's certificate is not available without serious and unreasonable delay and that probable cause exists to believe that the person is in need of an emergency examination, the judge may order the person to submit to an immediate examination. Upon admission, the person shall be assessed and certified as a person in need of treatment. If not certified, the person must be discharged immediately.

Forensic admissions include admissions of persons who have been ordered by the Vermont Superior Court Criminal Division to undergo an inpatient competency and/or sanity evaluation in connection with a criminal charge. Before a person who has been ordered to undergo such an evaluation can actually be admitted, a psychiatrist must assess the person and determine that he or she is a person in need of treatment. An outside forensic psychiatrist examines and evaluates the person to determine if he or she is competent to stand trial for the alleged offense or was insane at the time of the alleged offense was committed. These orders vary in length, and often range from 15 to 60 days. Once the evaluation has been completed and a report is received by the court, a hearing date is set to consider the issue of competency and/or sanity. If the person is found not competent and/or insane, the court will schedule a separate hearing to consider whether inpatient treatment is necessary. If the court concludes that the person is in need of inpatient treatment, a 90-day hospitalization order shall be issued.

Depending on the circumstances, some patients hospitalized through the criminal court have to be returned to court before being released to the community. Written notice of discharge may also be required. Initial court orders of hospitalization, whether through the family or criminal court, are for 90-days. If the patient is not clinically ready for discharge prior to the expiration of that period, the Commissioner may file an application for continued treatment (ACT) seeking continued hospitalization for up to one year.

A less common type of admission occurs when a person's order of non-hospitalization (ONH) is revoked by the Vermont Superior Court Family Division. A revocation of an order of non-hospitalization occurs when a judge revokes an order because the person failed to comply with the conditions of the order. Once an ONH has been revoked, the person may be hospitalized for a period up to the expiration date of the ONH.

Another type of admission may occur when a patient who has already been involuntarily hospitalized and is receiving treatment in another facility (in or out-of-state) is transferred to the hospital pursuant to the interstate or intrastate compacts.

21. Type of Admission

Patients reported as first admissions to the Vermont Psychiatric Care Hospital (VPCH) have had no previous admissions to that institution. Patients reported as readmissions have previously been admitted to the hospital, although those admissions may not have occurred during the report period. The length of stay of first admissions includes all of the time these patients have spent at VPCH, while the length of stay of readmissions includes only the current admission, which may be only a fraction of their total time in the hospital.

22. Discharge Rate

The discharge rate for clients admitted to the Vermont Psychiatric Care Hospital (VPCH) during FY2023 (Tables 3-14 through 3-19) is based on the number of days between each patient's admission to the hospital and his or her discharge. Patients discharged six or fewer days after their admission are reported as discharged within 1 week, patients discharged 13 or fewer days after their admission are counted as discharged within 2 weeks, etc. Discharge rates are cumulative, not mutually exclusive. Patients counted as being discharged within one week of their admission are also counted as being discharged within two weeks of their admission, etc.

23. Length of Stay

Two measures of the length of stay of patients in residence at the Vermont Psychiatric Care Hospital (VPCH) at the end of the fiscal year are presented in Tables 3-20 through 3-25. The arithmetic mean is derived by adding the length of time between each patient's most recent admission and the last day of the fiscal year (June 30, 2023) and dividing the grand total by the number of patients in residence at the end of the year. The median length of stay is the time between the most recent admission and the end of the year for the patient who had been at the hospital as long as half of the patients in residence. The median is the fiftieth percentile.

At any given time, many patients will have been in the hospital relatively short periods of time while a few patients will have been in the hospital for very long periods of time. Because of this, the distribution of lengths of stay is skewed to the right. In this situation the mean is always greater than the median. The arithmetic mean presents a more accurate picture of the total utilization of VPCH by all patients in the various categories reported, while the median presents a more accurate picture of the length of stay of individuals in those categories.

