

River Valley Therapeutic Residence Policy and Procedure		
Treatment Plan		
Effective: 4/25/2023	Revised:	Due to Review: 4/25/2025

POLICY

The River Valley Therapeutic Residence (RVTR) treatment team shall ensure that treatment determinations are consistently coordinated by an interdisciplinary team through integrated treatment planning and embodied in a single, integrated treatment plan that aligns with the Therapeutic Community Residence regulations.

PROCEDURE

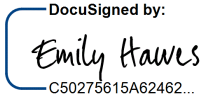
Treatment team members typically include a psychiatrist, care manager, psychologist, assistant director of clinical services, mental health specialist, nursing, and a recovery specialist.

An initial treatment plan shall be developed within the first two weeks of a resident's admission to RVTR. The initial treatment goals typically include medication adherence, community re-entry, and other individualized goals intended to support residents toward greater autonomy and independence.

Each resident shall have regular treatment team meetings to review their goals and progress. Every six months, or earlier if needed, treatment plans shall be updated as necessary. Residents are encouraged to actively participate in treatment planning, including attending meetings and collaborating on goals.

References

Licensing and Operating Regulations for Therapeutic Community Residences:
https://dail.vermont.gov/sites/dail/files/documents/Regulating_TCR_Adopted_Rule_2022.pdf

Approved by	Signature	Date
Emily Hawes Commissioner Vermont Department of Mental Health	 <p>DocuSigned by: Emily Hawes C50275615A62462...</p>	4/25/2023