State of Vermont
Department of Mental Health 280 State Drive, NOB 2 North Waterbury, VT 05671-2010 http://mentalhealth.vermont.gov/
[phone] 802-241-0090
[fax] 802-241-0100
[tty] 800-253-0191

## 12/13/2021

## Adult State Program Standing Committee Draft Agenda

Microsoft Teams Meeting Link
Call in Number: +1 802-828-7667 Conference ID: 268652 786\#

12:30-2:30

2:30-3:10

SPSC
Business
(Break when needed)
-------------------------Standing Items

- Introductions \& Review agenda
- Vote on public comment participation today
- Vote on November minutes
--------------------December Priority Items
- Process for Agency Review (45 minutes)
- LCMHS Document Review (45 minutes)
-----------------December/January Items
- LPSCs: Discuss August Public Comment - included on last page of agenda
- Have an AMH SPSC Annual Report?
- Process for reviewing public comments that come in over email to DMH to share with this committee
- Update on Self Neglect Workgroup
- Subcommittee: AMH SPSC process for involvement in agency designation

DMH Leadership Update-

- plan for legislative session
- policy feedback: Act 50 RFI and bed needs
- AMH SPSC appeal process for:
- SPSC participation on site visits
- Compensation for non-salaried members for work between meetings

3:10-3:20 Public Comment
3:20-3:30 January Draft Agenda

## January Draft Agenda

12:30-1:00 Opening \& Committee Business
1:00-1:30 DMH Leadership Update: Kheya?
1:30-3:00 Meeting with LCMHS Agency Representatives
3:00-3:10 Public Comment
3:10-3:30 Plan Feb Agenda

## Potential topics:

- next DMH update: meet with Kheya, director of trauma prevention
- African music and mental health
- Virginia Peer Support Legislation?


## AMH SPSC Top Ten Priorities 2021

1. Housing

2. Reducing Emergency Departments as mental health "parking lots"
3. Law enforcement response during a mental health crisis

4. Suicide Prevention
5. Crisis / drop in centers

6. Normalize recovery, reduce stigma/discrimination

7. Normalize and expand peer work

8. Expand soteria model

9. Reduce isolation and increase health relationships

10. Other crisis interventions:

- expand VT support line hours

- increase crisis intervention trainings


## Meeting Norms (Expectations):

- Speak kindness
- Listen to understand
- Assume positive intentions
- Be accountable
- ELMO! (Enough Let's Move On)
- Take space, leave space
- Mind the empty chair



## Pubic comment from August:

Public: Standing committee membership from Vermont Care Partners- can be very challenging to find people to join the committee. Can feel almost exploitive to get people to join the groups. Wonder if there is a different model for having peer/family input into services. This format was developed before survey monkey and other things were accessible. Would be interesting to have the conversation with agencies- what would a $21^{\text {st }}$ century model for voice look like? Especially for parents who are supporting youth with mental health needs- they are so focused on advocacy for their kid attending a meeting too is challenging.

SPSC members agreed that standing committee model can be unintentionally tokenizing. One alternate option could be regular listening sessions/town halls/forums

