

MENTAL HEALTH INTEGRATION COUNCIL

PEDIATRIC SUBGROUP

DATE: JANUARY 18, 2022

TIME: 10:00 – 11:30 AM

LOCATION: GLP will host the meetings on their ZOOM Account

<https://us02web.zoom.us/j/82574398903>

ATTENDING

Workgroup Members

- Ward Nial, Representative, National Alliance on Mental Health
- Heather Bouchey, Deputy Secretary, Agency of Education
- Mike Fisher, Office of the Health Care Advocate
- Dillon Burns, Mental Health Services Director, VT Care Partners
- Sandi Yandow, Representative Vermont Federation of Families for Children’s Mental Health
- Dr. Harris Strokoff, Representative, Blue Cross Blue Shield
- Emma Harrigan, Director of Policy Analysis and Development, Vermont Association of Hospitals & Health Systems
- Ilisa Stalberg, VDH Maternal Child Health
- Dr. Breena Holmes, UVM, VT Child Health Improvement Program
- Dr. Sara Pawlowski, UVMHC psychiatrist, pediatric integration
- Dr. Logan Hegg, UVMHC psychologist, pediatric integration
- Connie Schutz, DMH CHILD integration grant
- Julie Parker, DVHA Blueprint
- Laurel Omland, DMH Child, Adolescent & Family Unit

Facilitators

- Jeanette Romkema, Global Learning Partners, Senior Partner & Knowledge Broker
- Andrea Van Liew, Global Learning Partners, Partner and DEI Team Lead

Members of the Public

- N/A

AGENDA

By the end of this meeting, we...

- Listened to a welcome and introduction from Laurel Omland
- Introduced ourselves to each other with name, organization and hope for the facilitated meetings
- Shared the agenda, affirmed our group norms and set the stage for the work group facilitation
- Heard more in-depth introductions from Jeanette and Andrea of GLP
- Reviewed and celebrated the accomplishments to-date of the pediatric sub-group
- Identified and prioritized the SMART goals for this work group over the next six months
- Heard questions and thoughts from the public
- Closed the meeting with the date and time of the next meeting

WELCOME & INTRODUCTIONS – LAUREL OMLAND

Welcome from Laurel; introduced GLP as facilitators; introductions from all (name, affiliation, what do you do for fun in the snow)

- Laurel - Dept of MH, snowboarding, backcountry x-c Camel's Hump fundraiser
- Heather - Dept of Ed, thanks for others patience, winter fun with a new southern puppy
- Breena - UVM pediatrician, UVM faculty, VCHIP, Integration team, dogs in snow = Joy!
- Dillon - VT Care Partners, SW private practice, pond hockey
- Julie - Blueprint for Health, snowshoeing on tracked trails, baking (bread) in winter
- Andrea - GLP, CCVS, CWTP, x-c skiing and snowshoeing
- Sandi - VT Fed of Families, overcome barriers, opportunity with COVID, moving upstream, impact of children's mental health on families, intersection with child welfare, grandchildren love being in the snow, funder of grandchildren's winter gear
- Connie - CHILD grant, integration, academic Women's Studies, snow quiets everything, light looks blue in the evening
- Logan - psychologist UVM MC, integration at all primary care locations, sounds(crunch), fast down a mnt.
- Mike - Office of Health Care Advocate, VT Legal Aid, Helpline, policy team, in legislature on Health Care, supporting parents, no snow in Philly; jealous of all of us with the snow, wants to play in it
- Jeanette - GLP Knowledge Broker & Senior Partner, loves snow & winter, wandering outside, wind in the face.

HOPES – ALL

What is one hope that you have for this group by having external facilitators for the next six months? Post your hope in the Chat Box:

- Concrete set of actions - Breena
- Mind the clock and agenda, help us stay efficient with our time - Logan
- I've found that external facilitators can help us drop our "allegiances" to roles/positions and focus better on shared goals - Heather
- The group will have articulated a vision for pediatric integrated care and have some programmatic and policy directions to advance - Logan
- Tight facilitation to move the process in keeping track of our commitments. Allows all members to be participants equally - Connie
- External facilitators will allow me to more fully participate. Will help reflect back our interests and capture clear action steps - Laurel

Themes:

- Getting the work done without having to hold the structure, free us up to do the work
- Many great minds have gathered over the years, had trouble bringing things into action, pick something and get it done

Jeanette & Andrea shared their lived experiences as parents with children who had/have mental health challenges; and, their work with the Springfield team.

- Thank you for sharing your story/connection, Jeanette!
- Thank you both for your willingness to be open about what you bring to this work.
- Springfield was so helpful and continues to inform their current work a lot. We were really glad to be able to come back for more. Your work and the modeling it provides for our processes are welcome.

A Fear: COVID and the current situation is dire, I'm worried about our state's children, exaggerated by the pandemic

AGENDA, GROUP NORMS & SETTING THE STAGE - JEANETTE

Jeanette shared the plan for the meeting & agenda, reviewed group norms.

GLP's goals for this work: a structured facilitated process

- Monthly sub-group meetings – 3rd Tuesday; 10:00 to 11:30 am
- Regular meetings of a small leadership group to guide the process
- to help you move the work forward
- to build a sense of ownership and voice
- to support valued relationships that build a foundation for future work
- to facilitate an appreciative approach that ensures SMART goals

SUBGROUP ACHIEVEMENTS TO-DATE - ANDREA

This work was legislatively established and charged with providing a report before January 2023

- Established a monthly meeting schedule with publicly posted agendas and notes
- Established group norms
- Connected to other sub-groups and the larger Integration Council
- Have begun to establish your goals and priorities

How do you describe your accomplishments?

- We have established a shared sense of commitment to this work; established group norm of engaged conversation and shared values - Dillon
- Relationship-building across the group and kind team with good listening skills - Breena
- Intentionally including the pre-K through grade 12 education system in this integration discussion - Heather
- We have identified some overarching themes/frameworks that guide our approach (e.g. public health approach) - Laurel
- That relationships and lived experience of folks have remained central to our high-level discussions and movement towards goals - Logan
- We share an underlying assumption that we are all on the same team - Connie

IDENTIFY AND PRIORITIZE SUBGROUP SMART GOALS - JEANETTE

Defined what SMART goals are:

SMART Goals

Specific – what will be achieved?

Measurable – what are the measures of success?

- Sometimes measurement is hard in these big systems

Achievable – demanding and doable

- What do we have the power to achieve?

Relevant/Results focused – linked to the overall project

Time-bound – identify a specific timeline for completion

AND

Results Based Accountability – Start with the end in mind and work backward to the means

Reflections:

- We are dealing with big, but also heterogeneous systems that have been historically mis-aligned or are not communicating, in part due to disparate goals and metrics - Logan
- Achievable goals are important, setting goals that are within our power to meet.

Goal Example

Create a work plan for the Pediatric Subcommittee of the Integration Council for the work over the next six months

- Identifies who will do this - the sub-group will do this work
- Shared understanding of the timeframe
- need to clarify with a verb, who will do what by when

Small groups worked in a whiteboard space (Jamboard) to refine goals into SMART ones.

Click here to review [our work in JamBoard](#).

QUESTIONS & THOUGHTS FROM THE PUBLIC - ANDREA

No members of the public were present at this meeting.

CLOSE THE MEETING - ANDREA

Next Meeting: Tuesday February 15; 10:00 am - 11:30 am

Everyone offered one word to close: energizing, curious, forward, almost hopeful, moving, hopeful, and positive.



About Global Learning Partners: Jeanette & Andrea

Global Learning Partners (GLP) is revolutionizing learning the world over through our [partnerships with clients](#) in a wide array of sectors, cultures, and countries. GLP is skilled in translating core learning principles into practical learning and working opportunities. All that we do is driven by core principles such as safety, respect, engagement, affirmation, relevance and inclusion. These are not just words to us – we take each one to heart in all we co-create with our clients. As depicted in the graphic, these principles drive four interdependent phases of a complete program: assessment, design, facilitation and evaluation.

Jeanette Romkema is Senior Partner, Knowledge Broker, and Network Director with Global Learning Partners (GLP). An artist educator, she helps organizations gain clarity about how to become a learning-centered organization. Unique in her passion for heart learning, she delves deep into the values, culture and practices of people and organizations to strengthen their identity, mission, purpose and the change they seek.

With 35+ years of experience, expertise, and relationships with practitioners and colleagues who are thought-leaders in learning-centered approaches to design and learning facilitation, she now coaches and mentors trainers and change agents who are working across many governments and civil society sectors and around the globe in Asia, the Middle East, Africa, Europe and North America. Jeanette has a knack for connecting with large and small clients to accompany them through short and long processes of change, always with the learners and the learning in mind.

Andrea Van Liew has been working as an educator and trainer for over 35 years in various capacities and with learners of all ages. She is the former Director of the Community Engagement and Training Department at the Vermont Center for Crime Victim Services (VCCVS) in Waterbury, Vermont. She joined VCCVS in the Fall of 2005 after spending the previous five years as a Training Specialist and Training Coordinator for the University of Vermont/ Department for Children and Families, Child Welfare Training Partnership. Andrea built her family by first becoming a foster parent and then adopting her two daughters through the State of Vermont Child Welfare system. Andrea is familiar with both the Medical Health Care systems and the Mental Health Care services in Vermont.