

MH Integration Council Meeting

May 10, 2022

Agenda

8:30 - Welcome and orientation (Kathy)

Please note that we are recording the discussion with our panel and that the chat function will be turned off during the discussion. The recording will be posted on the DMH website.

The chat will be available during the second part of the meeting. Please keep comments on topic. We will, as always, have time for public comments at the end of the meeting. The breakout groups are time for Council and Workgroup members to discuss the topic at hand and are not time for public comment. We welcome public comments either in the chat or during the public comment time.

And please, workgroup members, while you're listening to our conversation, note any points of the UVM HN integration experience that might inform your workgroup. We will be asking for your reflections later this morning.

8:45 - Panel interview (Alison & Dr. Levine)

Introduce yourselves.

Welcome the panel - We're very happy to have you with us today -

Let's take a few minutes to have each of you introduce yourself (ask each by name to avoid confusion). Please tell us a bit about yourself, how you came to integration work and your role.

Dr. Clara Kegan, Family Medicine, Primary Care

Dr. Sara Pawlowski, Psychiatrist, Family, Medicine

Maureen Leahy, Director, UVM Medical Group, Neurology and Psychiatry, HCS

- 1) Tell us the story about how UVMHN came to integration.
 - a. Why and when did you embark on this work?
 - b. What were the hopes and dreams about integration?
 - c. What are you most proud of?
 - d. Where have you struggled or had to change direction?
- 2) What does "integration" look like in the UVM Health Network practices?
 - a. How does it work? Are you using a single model across all practices?
 - b. How has integration of services affected day to day clinical practice?
 - c. How is follow-up done? What do patients say?

- d. How do you ensure quality? Does a quality team visit all the practices?
 - e. What about crisis services?
 - f. Outcomes data?
- 3) I understand you have figured out how to reimburse for services under integration that aren't typically reimbursed. Tell us how that works.

10:00 - 10:20 Breakout groups (Facilitators)

INSTRUCTIONS:

- Quick intros – name/org
- **Part 1:** Invite everyone to take 90 seconds to jot down what they took away from the conversations and the questions they have
- Ask for volunteer to take notes (share link to Google doc and share your screen)
- **Part 2:** Quickly go around the group and ask them to share what they took away (volunteer scribe captures this on the [Google doc](#)). Make sure that everyone is invited to speak.
- **Part 3:** invite people to pause for one minute to jot down questions for the speakers.
- **Part 4:** Repeat going around the group and volunteer scribe captures questions to ask on Google doc.

BREAK – we will send a message to the breakouts with start and end times for break.

10:20 Break (15 mins)

During the break – Kathy will review the Google docs, sort the questions into themes and choose representative questions to ask the presenters in the follow-up session.

Note: questions not asked will be followed up and the answers will be shared after the session.

10:35 Second Session with the UVMHN team to address questions identified in breakout group (Alison & Dr. Levine)

- Questions for 25 mins
- Question to the UVMHN team: *As we wrap up, what are one or two pieces of advice you have for us as we embark on this integration journey?*
- Dr Levine/Alison thank the team

11:00 Break into our four Workgroups to discuss learnings from the discussion between Dr. Levine, Alison and the UVMHN team and to refine your definition/description of integration.

Facilitators

You have 45 minutes for the section. Please take the first 35 minutes for “Part 1,” and save 10 minutes for “Part 2.”

Make sure that everyone is invited to speak. **Choose someone to report out to the Council.**

Part 1, 11:00-11:35

Intro:

This is an opportunity to pause and reflect on what we’ve heard and to get as specific as possible about what we wish to see for integrated care.

Please share what you took away (volunteer scribe captures this on the [Google doc](#)) from the conversation with the UVMHN team.

Reflecting on the conversation with the UVMHN Team,

- 1) Name one to three points you heard that are relevant to your Integration Workgroup?
 - a. Choose one of your points and describe how that approach could inform what your workgroup might do.
- 2) What did you hear that could inform integration overall?

Part 2 – 11:35-11:45

Preview the July meeting.

It’s our one-year anniversary, and we’ll take the entire meeting to review the past year and talk about the next year. We’ll revisit the legislative charge and the expectations of what the legislature wants reported. We will send out the spreadsheet of [integration models](#) before the meeting, to help inform the discussion. PLEASE ADD TO THIS SPREADSHEET if you know of other models, or more useful details for those listed.

In July, each Workgroup will be asked to share a story about one shift or change we’ve experienced, no matter how small.

We will take time in the workgroups to hear what success will look like for your workgroup by July of 2023.

What questions or suggestions do you have for the July meeting? What would be helpful to you?

11:45 – Workgroups report out to Council – FIVE MINUTES EACH – PLEASE TIME YOURSELF

Please report out to the full group a short summary of your Workgroup discussion.

Were there similar points brought out by many Workgroup members?

What was the upshot for your Workgroup and for the question about integration overall?

on what they've done to date. THIS IS NOT TO PRESSURE YOU! Any change or shift, better connections, etc. are progress. Please do not see this as a report card. This is hard, complex work. It is slow.

12:15 – Public Comment period