

Eating Disorder Working Group Agenda – 10/24/22

10:00 – 10:10am	<p>Working Group Overview:</p> <ol style="list-style-type: none">1. Task/charge put forth by legislature:<ol style="list-style-type: none">a. “There is created the Working Group on Services for Individuals with Eating Disorders to assess those services available to individuals with an eating disorder in Vermont and make recommendations to the General Assembly as to how access for services might be improved.”b. The Working Group shall:<ul style="list-style-type: none">▪ (A) conduct an inventory of existing services in Vermont for individuals with eating disorders; and▪ (B) provide recommendations for expanding and improving existing services for individuals with eating disorders. <p>Introduction of Members Joining Today:</p> <ol style="list-style-type: none">1. Members introduce themselves and briefly describe their connection to or interest in the topic of this workgroup.<ul style="list-style-type: none">• Representative of Vermont State School Nurses Association: Beth Younce RN• Representative of Vermont Academy of Nutrition and Dietetics: Elaina Efird• Representative of Vermont Higher Education Council: Susan Robinson, Middlebury College, Director of Integrated Care• Representative of Vermont Higher Education Council: Dr. Aubrey Carpenter, UVM, Adolescent Eating Disorders Clinic• Representative of Vermont Higher Education Council: Annie Valentine, UVM Center for Wellbeing• Commissioner of Mental Health or Designee: Dr. Kelley Klein, Dr. Haley McGowan, DMH Medical Directors• Commissioner of Health or designee: Kim Swartz, VDH• Representative of Vermont Care Partners: Jennifer Smith, CYFS Director at HCRS• Physician appointed by Vermont Medical Society: Dr. Erica Gibson MD• Representative of Blue Cross Blue Shield VT: Dr. Tom Weigel MD• Representative of Department of Vermont Health Access: Danielle Bragg• Representative of Vermont State School Nurses Association: Beth Younce RN
10:10 – 10:15am	<p>Recap Outlook:</p> <ul style="list-style-type: none">• Meeting #1 (8/29): Introductions and inventory. In addition to introducing the working group and its members, we’d like to keep the main focus today on creating an inventory of what exists for Vermonters and Vermont families struggling with eating disorders, as well as determining what else we need to know in order to make that inventory comprehensive.• Meeting #2 (9/26): Wrap up inventory and spend much of the meeting identify and discussing what it reveals about gaps/needs.• Meeting #3 (10/24): Work in small groups then reconvene; begin drafting the recommendations to the legislature• Meeting #4 (11/28): Reflect on where we’ve been and finalize the recommendations. Haley and Kelley will draft formalized recommendations and send them back to the group for feedback before final submission in early 2023 (due to legislature by February 1, 2023).• Meeting #5 in December: optional, TBD

<p>10:15-11:00am</p>	<p>Breakout discussions</p> <p>SMALL GROUP TASK #1– Discussion. What are some of the major concerns you have been hearing on a client level?</p> <p>SMALL GROUP TASK #2– Review the inventory spreadsheet. What feels like it’s as good as it can get, and are there parts that feel incomplete?</p> <p>SMALL GROUP TASK #3: Identify 3-5 strategic priorities for Eating Disorder Treatment in Vermont, utilizing an Appreciative Inquiry model. Document below each prompt for presenting and sharing out to larger group.</p> <ol style="list-style-type: none"> 1. Discover: Appreciating the best of ‘what is.’ <i>What does Vermont do well that should continue or be augmented/improved? What are Vermont’s areas of strength and success?</i> 2. Dream: Imagining ‘what could be.’ <i>Using past achievements and successes, imagine new possibilities and envisage a preferred future. If we could recommend anything, what would our ideal be?</i> 3. Design: Determining ‘what should be’ by way of 3-5 strategic priorities. <i>Bring together the stories from discovery (‘what is’) with the imagination and creativity from dream (‘what might be’) to envision and recommend the ‘ideal for Vermont.’</i>
<p>11:00-11:15am</p>	<p>Large group discussion</p> <ul style="list-style-type: none"> • Small groups report out
<p>11:15 – 11:30am</p>	<p>Public Comment</p>