

# Vermont Psychiatric Care Hospital Policy

## Psychology Department

Revised: X

Date:

Psychological services at the Vermont Psychiatric Care Hospital (VPCH) shall be provided by licensed psychologists.

The VPCH Psychology Department is directed by a Director of the Psychology Department who is qualified by experience and training.

VPCH psychologists adhere to the Positive Behavior Supports philosophy of treatment.

The psychology service provides:

1. Behaviorally-informed education and training for staff, including overview of behavior support services in clinical employee orientation;
2. Consultation with treatment teams, including patients, to develop pro-social and adaptive behaviors and to minimize behaviors which interfere with recovery and community re-integration;
3. Assessment of patients exhibiting behavior problems;
4. Psychometric assessments of patients for whom such test data may aid the unit team in determining accurate diagnoses, or designing effective treatment interventions and/or discharge plans.
5. Facilitation of positive interventions to increase motivation in treatment;
6. Assistance in developing interdisciplinary treatment plans to address maladaptive behaviors;
7. Assistance and support in developing and implementing behavioral interventions for patients;
8. Development and implementation of institutional policies related to behavioral interventions; and
9. Evaluation and treatment of trauma-based behaviors.