

# Vermont Mental Health Performance Indicator Project

Agency of Human Services, Department of Mental Health  
26 Terrace Street, Montpelier, Vermont 05609

TO: Vermont Mental Health Performance Indicator Project  
Advisory Group and Interested Parties

FROM: John Pandiani and Emma Harrigan

DATE: September 28, 2012

RE: Community Services to CRT Clients after Discharge from Inpatient Care

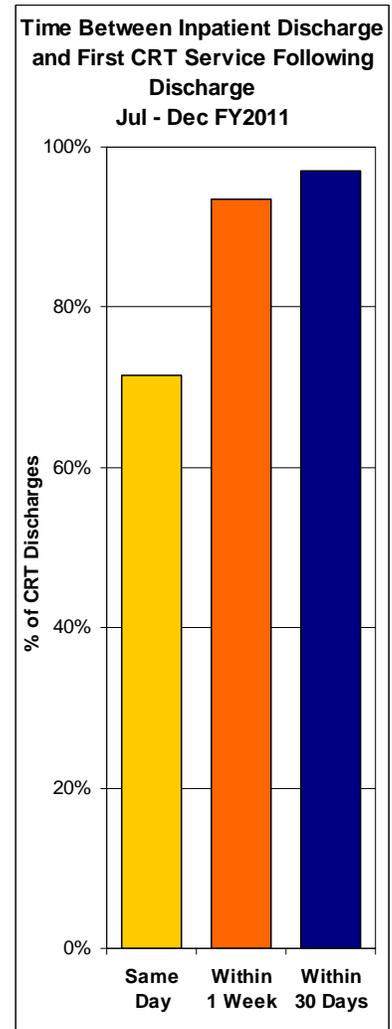
This week's brief report provides information regarding the number of days between discharge from psychiatric inpatient care and first receipt of CRT community services subsequent to discharge. As such, this report addresses important issues regarding continuity of care. This analysis was conducted in response to a request from the Vermont Agency of Human Services.

The report, which focuses on the number of days between the discharge of a CRT client and the first CRT service received by that client subsequent to discharge, is based on analysis of information from two DMH databases. The Monthly Service Report (MSR) database provides information regarding the first service subsequent to inpatient discharge and the DMH CRT Inpatient Database provides information regarding the date of each hospital discharge. These two databases provide relevant information for the 305 discharges of 223 individuals during the study period. Some individuals had more than one hospitalization during the study period and the number of discharges per person ranged from one (173 individuals) to nine (one individual).

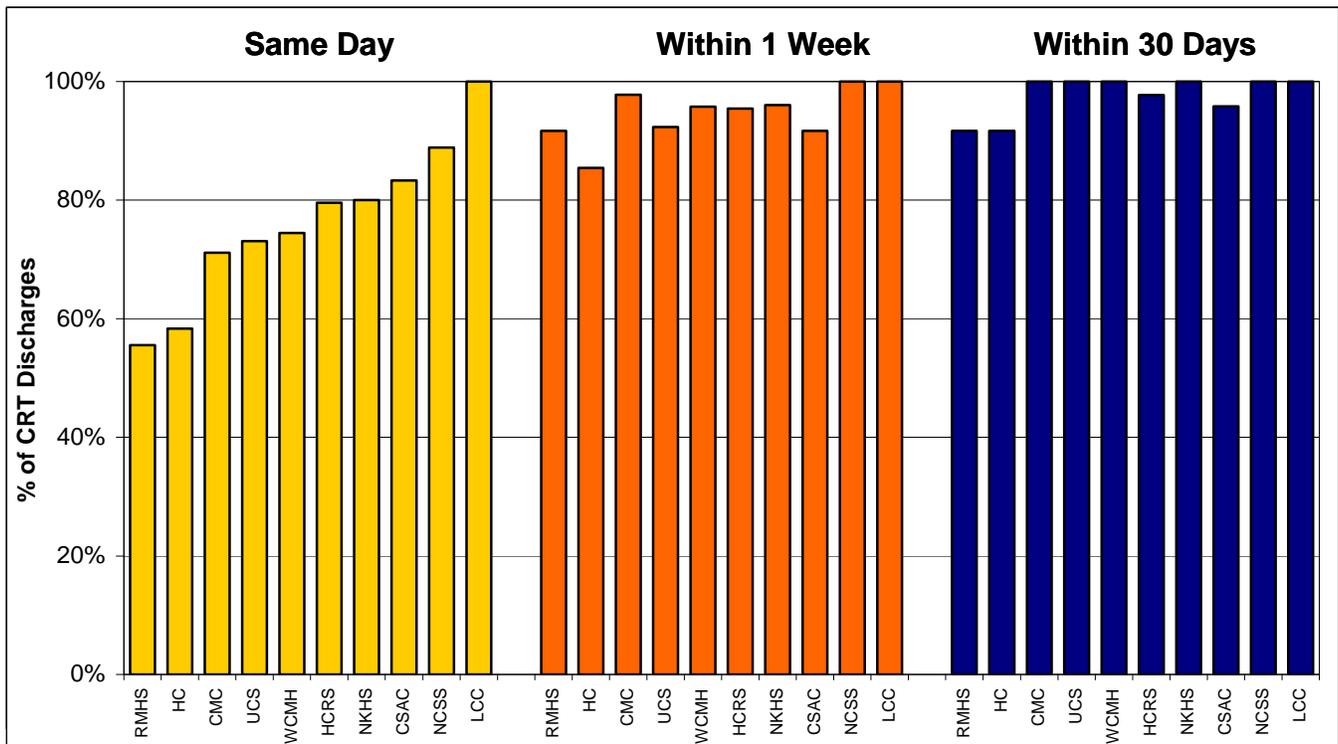
As you will see, 71% of all hospital discharges of CRT clients during the study period were followed by a CRT community service during the same day, 93% were followed by a CRT service within one week, and 97% were followed by a CRT service within 30 days. Only 9 hospital discharges (3%) had received no services within 30 days.

There were, however, some substantial differences among DAs in the proportion of discharged CRT clients who received CRT services on the day of their discharge. Five Agencies (HCRS, NKHS, CSAC, NCSS, and LCC) provided CRT services to 80% or more of their CRT psychiatric inpatient recipients on the same day as their discharge. Six Agencies (CMC, UCS, WCMH, NKHS, NCSS, and LCC) provided CRT services to 100% of their CRT psychiatric inpatient recipients within 30 days of their discharge.

As always, we look forward to your interpretation of these findings, questions, comments, and requests for further analyses. We can be reached at 802-828-1703 or [pip@state.vt.us](mailto:pip@state.vt.us).



## Time Between Inpatient Discharge and First CRT Service Following Discharge Jul - Dec FY2011



### Community MH Services After Inpatient Discharge

Designated Agency	CRT Inpatient Discharges	Same Day		Within 1 Week		Within 30 Days		Not Served	
		#	%	#	%	#	%	#	%
RMHS Rutland	36	20	56%	33	92%	33	92%	3	8%
HC Chittenden	48	28	58%	41	85%	44	92%	4	8%
CMC Orange	45	32	71%	44	98%	45	100%	0	0%
UCS Bennington	26	19	73%	24	92%	26	100%	0	0%
WCMH Washingt	47	35	74%	45	96%	47	100%	0	0%
HCRS Southeast	44	35	80%	42	95%	43	98%	1	2%
NKHS Northeast	25	20	80%	24	96%	25	100%	0	0%
CSAC Addison	24	20	83%	22	92%	23	96%	1	4%
NCSS Northwest	9	8	89%	9	100%	9	100%	0	0%
LCC Lamoille	1	1	100%	1	100%	1	100%	0	0%
<b>Total</b>	<b>305</b>	<b>218</b>	<b>71%</b>	<b>285</b>	<b>93%</b>	<b>296</b>	<b>97%</b>	<b>9</b>	<b>3%</b>

Findings based on analysis of CRT Inpatient database maintained by the Vermont Department of Mental Health and the Monthly Service Report (MSR) submitted by designated community agencies to the Vermont Department of Mental Health. Includes CRT inpatient discharges during the first half (Jul-Dec) FY2011 and MSR services for FY2011. Time between services reflects the time between a client's discharge from inpatient psychiatric treatment and a client's first subsequent service from a designated agency.