

Vermont Mental Health Performance Indicator Project
Agency of Human Services, Department of Health, Division of Mental Health
108 Cherry Street, Burlington, Vermont 05401

MEMORANDUM

TO: Vermont Mental Health Performance Indicator Project
Advisory Group and Interested Parties

FROM: John Pandiani
Olivia Hunter

DATE: September 2, 2005

RE: PTSD Diagnosis in CMHC Programs

This week's PIP provides an overview of the use of the Posttraumatic Stress Disorder (PTSD) diagnosis by mental health and substance abuse programs in community agencies designated by the Vermont Division of Mental Health (DMH) during FY1987 through FY2005. This report was prepared in response to a request from Margaret Joyal, Division Director of Outpatient Services for Washington County Mental Health.

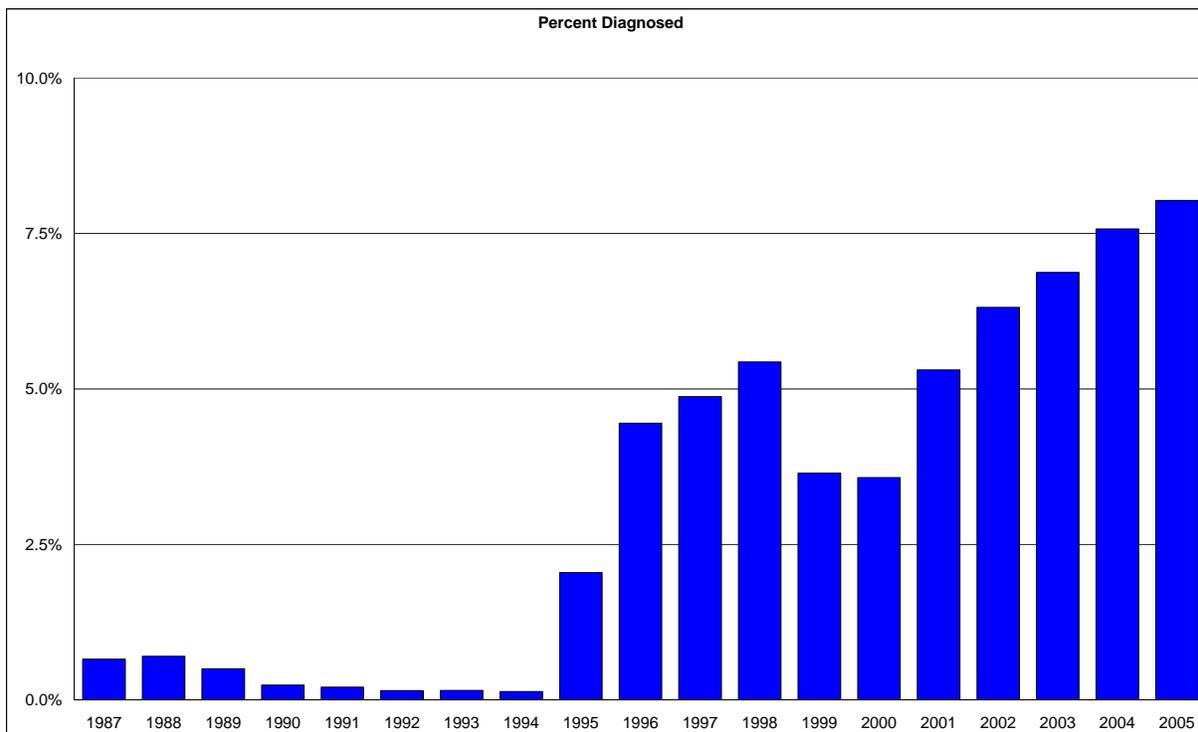
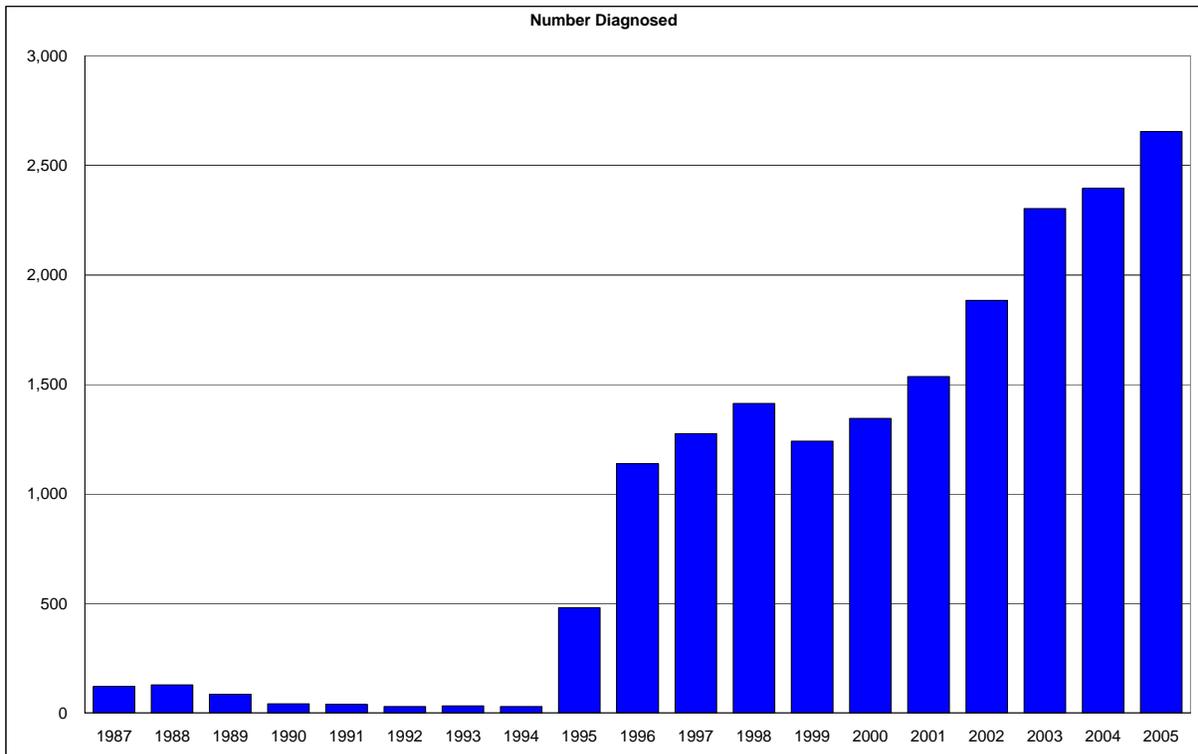
The findings reported here are based on analysis of Monthly Service Report (MSR) data submitted to DMH by community providers as part of their contractual reporting requirement. These data files include up to four diagnoses for each person. For this analysis, we considered a diagnosis of PTSD (309.81) in any of the four diagnosis fields to indicate the identification of Posttraumatic Stress Disorder by CMHC staff.

As you will see, less than 1% of individuals served by mental health and substance abuse programs during FY1987 through FY1994 had a PTSD diagnosis. By FY1998 the proportion had increased to more than 5% and in FY2005, 8% of all individuals served had a diagnosis of PTSD.

In FY2005, Community Rehabilitation and Treatment (CRT) programs for adults with serious mental illness had the highest proportion of clients with PTSD diagnosis (11.8%) followed by Adult Mental Health Outpatient programs (10.9%) and Children's Services programs (8.7%). In all three programs, female service recipients were more likely than male service recipients to have a PTSD diagnosis, although the relative proportion varied among the programs. In Children's Services programs, females were 1.5 times as likely as males to have a PTSD diagnosis (11% vs. 7% respectively). In Adult Outpatient programs, females were 2.5 times as likely as males to have a PTSD diagnosis (14% vs. 6%). In CRT programs, females were 4.5 times as likely as males to have a PTSD diagnosis (19% vs. 4%).

We look forward to your questions, comments, and requests for further analysis of data regarding community mental health recipients' diagnoses. We also look forward to your interpretation of these findings. Send your suggestions and questions to pip@vdh.state.vt.us or 802-863-7249.

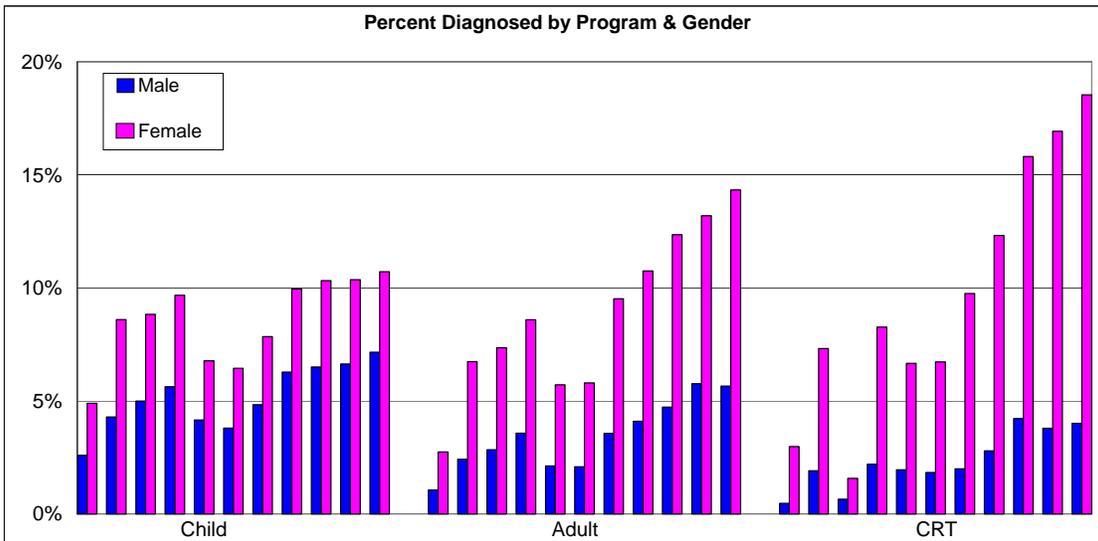
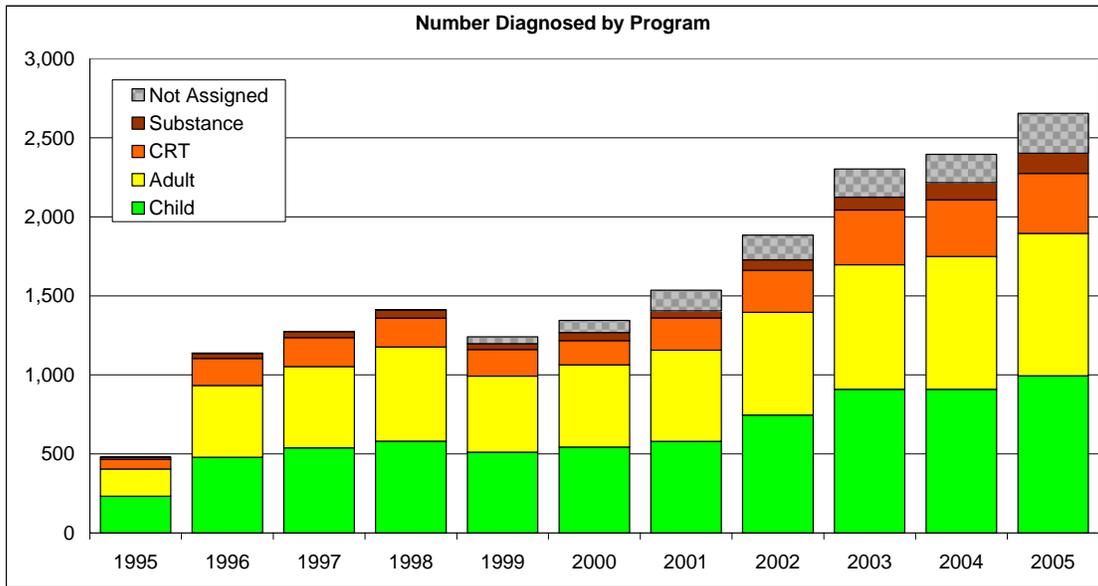
PTSD Diagnosis in Vermont Community Mental Health Programs: 1987-2005



	1987	1988	1989	1990	1991	1992	1993	1994	1995	1996	1997	1998	1999	2000	2001	2002	2003	2004	2005
#	122	129	86	42	39	29	32	30	480	1138	1275	1414	1241	1345	1536	1884	2303	2395	2655
%	0.7%	0.7%	0.5%	0.2%	0.2%	0.1%	0.2%	0.1%	2.0%	4.4%	4.9%	5.4%	3.6%	3.6%	5.3%	6.3%	6.9%	7.6%	8.0%

This report is based on analysis of Monthly and Quarterly Service Data provided by community providers to DMH as part of their annual contractual reporting requirement. These data files include up to four diagnoses for each person. For this analysis a diagnosis of PTSD (309.81) in any of the four diagnosis fields was considered to be evidence of the identification of this disorder by CMHC staff.

PTSD Diagnosis in Vermont Community Mental Health Programs: 1995-2005



	1995	1996	1997	1998	1999	2000	2001	2002	2003	2004	2005	
Child	232	479	538	581	511	543	580	746	909	909	994	
Adult	173	454	514	595	481	521	576	650	788	841	901	
CRT	60	171	184	184	168	153	205	266	346	358	380	
Substance	14	31	38	49	38	51	44	67	82	108	128	
Not Assigned	1	3	1	4	43	77	131	155	178	179	252	
Child	Total	3.6%	6.2%	6.7%	7.4%	5.3%	4.9%	6.1%	7.8%	8.1%	8.2%	8.7%
	Male	3%	4%	5%	6%	4%	4%	5%	6%	6%	7%	7%
	Female	5%	9%	9%	10%	7%	6%	8%	10%	10%	10%	11%
Adult	Total	2.1%	5.0%	5.6%	6.6%	4.3%	4.3%	7.2%	8.2%	9.4%	10.3%	10.9%
	Male	1%	2%	3%	4%	2%	2%	4%	4%	5%	6%	6%
	Female	3%	7%	7%	9%	6%	6%	10%	11%	12%	13%	14%
CRT	Total	1.8%	4.9%	5.3%	5.4%	4.4%	4.4%	6.1%	7.9%	10.4%	10.9%	11.8%
	Male	0%	2%	1%	2%	2%	2%	3%	4%	4%	4%	4%
	Female	3%	7%	2%	8%	7%	7%	12%	16%	17%	19%	

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