

Vermont Mental Health Performance Indicator Project

Agency of Human Services, Department of Mental Health
26 Terrace Street, Montpelier, Vermont 05609

TO: Vermont Mental Health Performance Indicator Project
Advisory Group and Interested Parties

FROM: Emma Harrigan

DATE: October 18, 2013

RE: Elder Care Programs FY2013

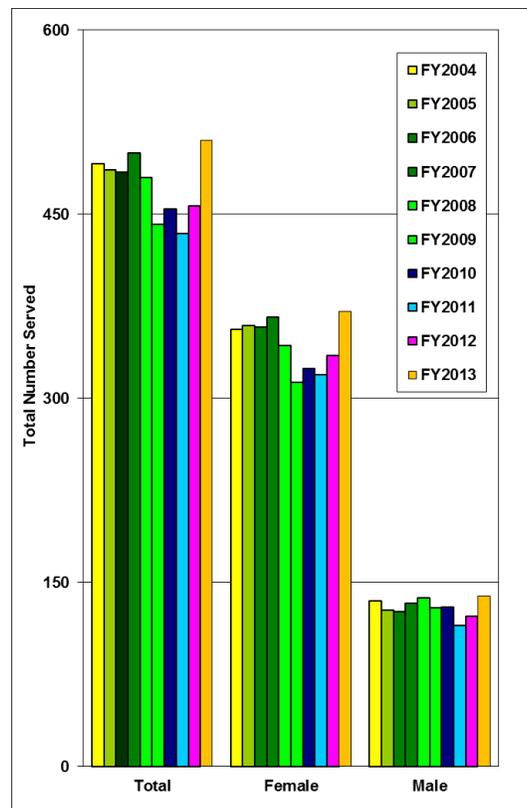
The attached tables and graphs provide an overview of Vermont's Community Mental Health Elder Care Programs for FY2013. The analysis is based on data from the Monthly Service Report (MSR) data submitted to the Department of Mental Health by designated agencies, and includes adults age 60 years and older served by Elder Care Programs. Reports for FY2011 and FY2012 can be found on the web at: http://mentalhealth.vermont.gov/sites/dmh/files/pip/DMH-PIP_March_2_2012.pdf and http://mentalhealth.vermont.gov/sites/dmh/files/pip/DMH-PIP_November_02_2012.pdf.

Since 2004, the number of clients served by Elder Care Programs has been relatively consistent, ranging from a high of 510 in FY2013 to a low of 434 in FY2011. Many more women than men were served in every year, with women accounting for two thirds to three quarters of the total Elder Care population.

As you will see, the highest proportion of clients served during FY2013 were in their 60's (37%), followed by clients in their 70's (36%) and clients in their 80's and older (26%). Medicare was the most common source of insurance for Elder Care clients (78%), followed by Medicaid (45%). The most common diagnoses reported for Elder Care clients were Depressive Disorders (55%), and the most common problem areas reported were depression and problems in daily living (77% and 67%, respectively).

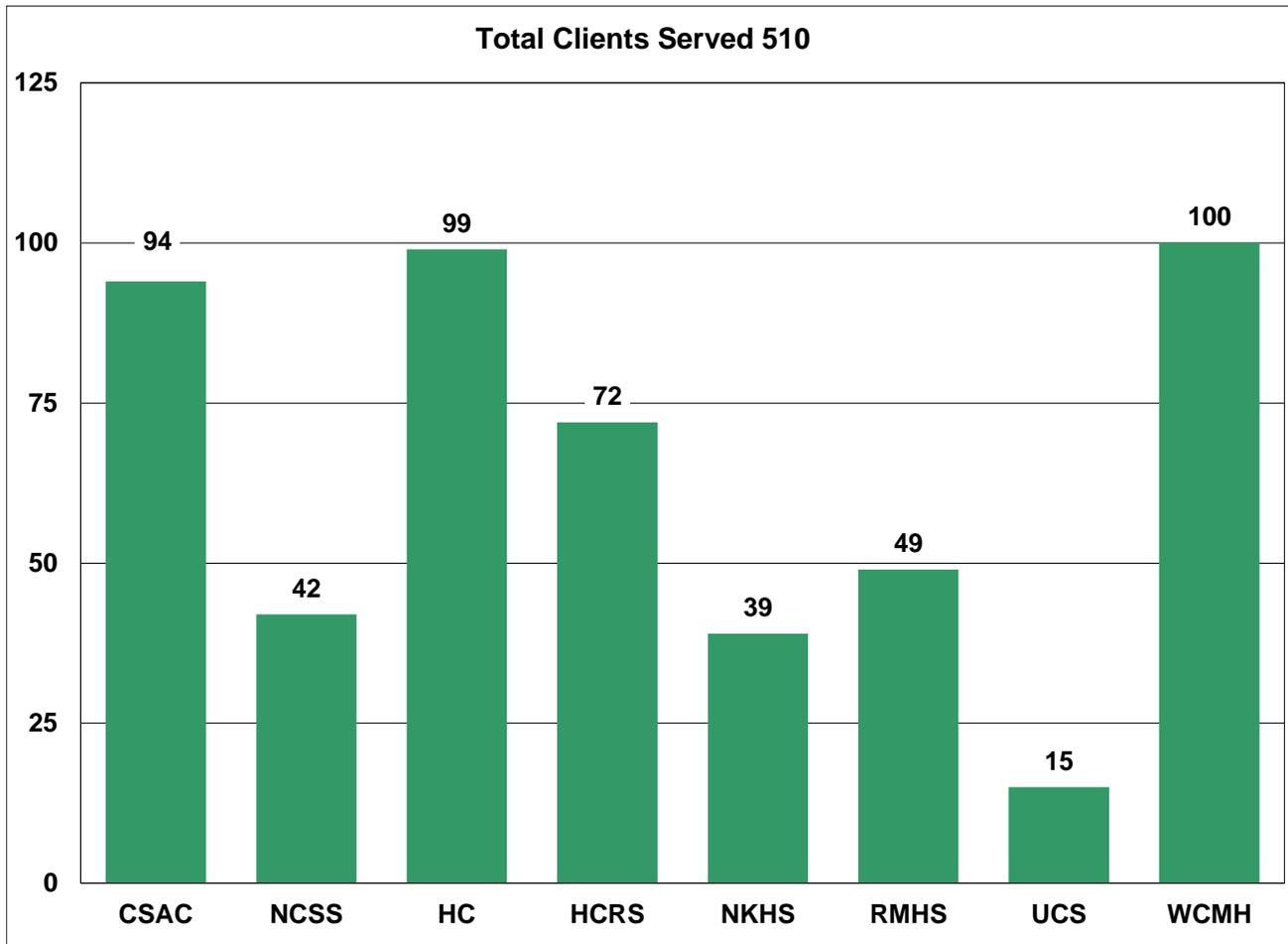
There was substantial variation in the location in which Elder Care services were provided by designated agencies. In FY2013, Bennington (UCS), Northeast (NKHS), and Addison (CSAC) reported the largest proportion of services in "Office" settings (81%, 63%, and 46% respectively) while the Southeast (HCRS) reported the smallest proportion (3%) in an "Office" setting. For services provided "In-home", Washington (WCMH) and Rutland (RMHS) each reported the largest proportion (88% and 86%, respectively) while Bennington (UCS) reported the smallest proportion (2%). For services provided in a "Community" setting, Southeast (HCRS) reported the largest proportion (26%), while Addison (CSAC) reported the smallest proportion (0%).

As always, we look forward to your comments, questions, and suggestions for further analysis of community mental health center Elder Care Program data. You can reach us at pip@state.vt.us.



Elder Care Programs

Vermont Designated Agencies - FY2013



CONTENTS

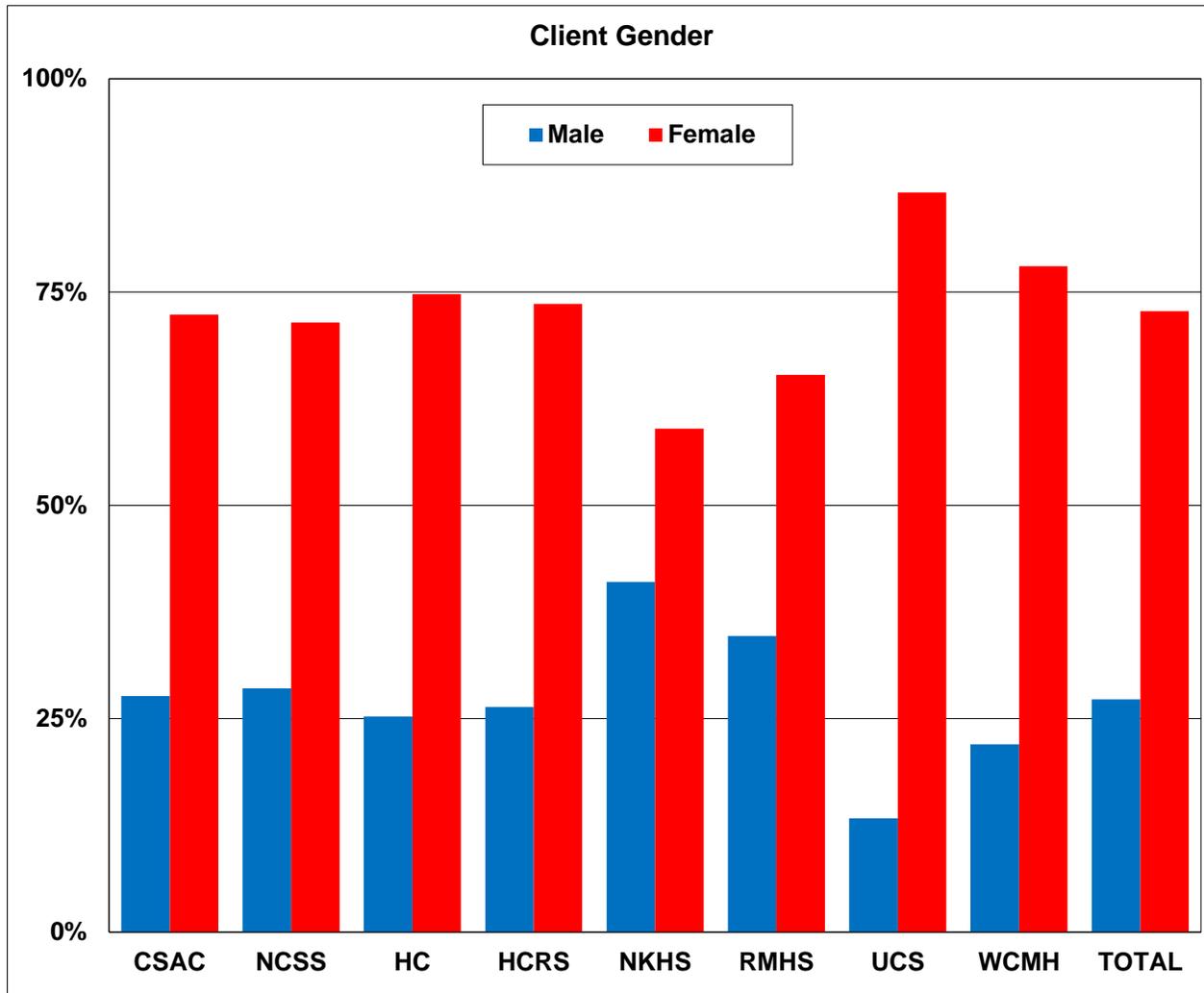
REPORT 2013

- * Clients Served
 - By Gender
 - By Age
 - By Insurance Coverage
- * Primary and Secondary Diagnoses
- * Problem Checklists
- * Reported Units of Service
- * Reported Service Events
- * Location of Services

Analysis is based on extracts from Monthly Service Reports (MSR) submitted to the Department of Mental Health by its designated agencies. The extract from the MSR database includes July 2012 - June 2013 monthly service records, with an Elder Care cost center, and units greater than 0. Analysis includes adults with age reported as 60 and older and individuals with missing date of birth information.

Elder Care Programs

Vermont Designated Agencies - FY2013

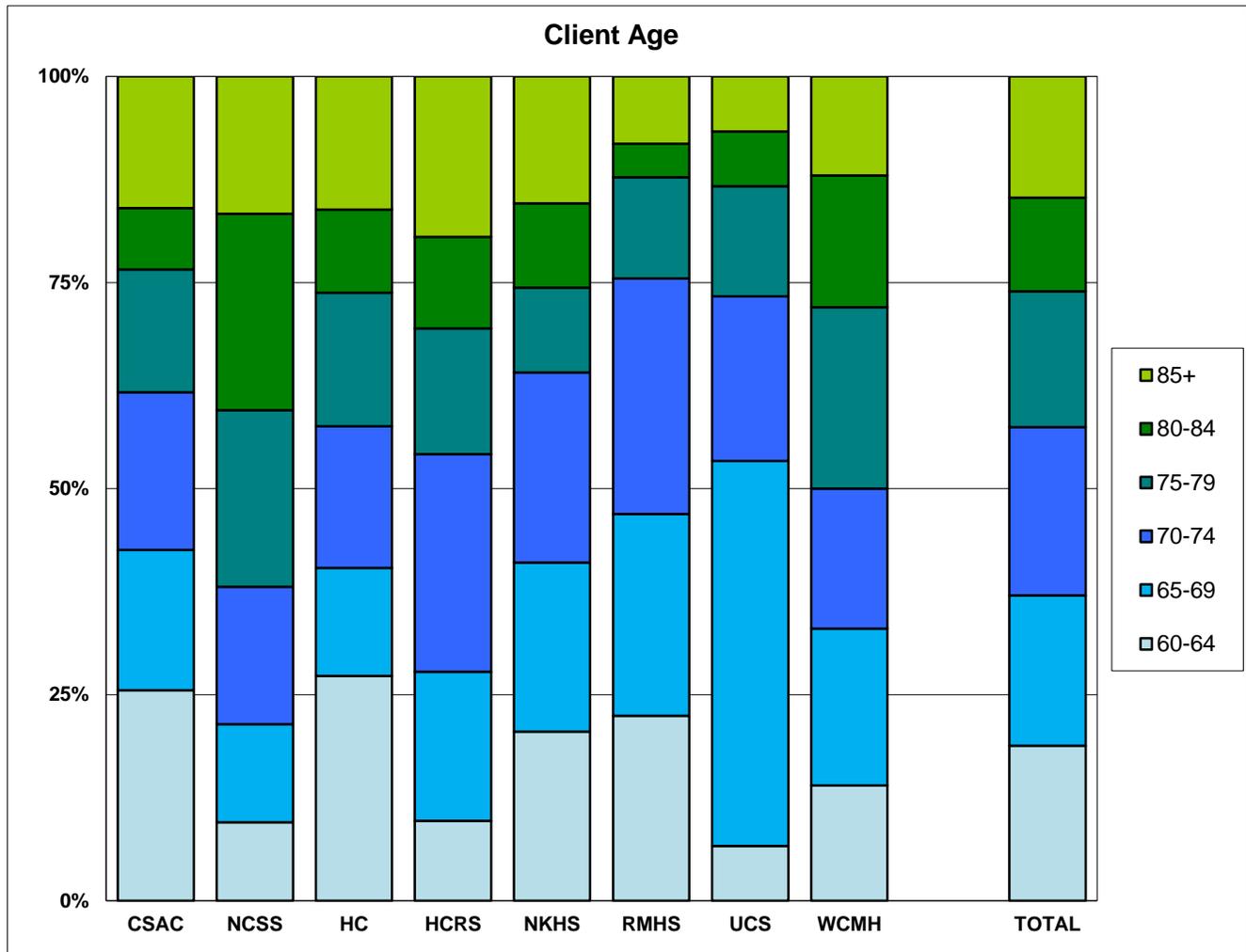


Designated Agency	Clients Served	Male		Female	
		#	%	#	%
CSAC	94	26	28%	68	72%
NCSS	42	12	29%	30	71%
HC	99	25	25%	74	75%
HCRS	72	19	26%	53	74%
NKHS	39	16	41%	23	59%
RMHS	49	17	35%	32	65%
UCS	15	2	13%	13	87%
WCMH	100	22	22%	78	78%
TOTAL	510	139	27%	371	73%

Analysis is based on extracts from Monthly Service Reports (MSR) submitted to the Department of Mental Health by its designated agencies. The extract from the MSR database includes July 2012 - June 2013 monthly service records, with an Elder Care cost center, and units greater than 0. Analysis includes adults with age reported as 60 and older and individuals with missing date of birth information.

Elder Care Programs

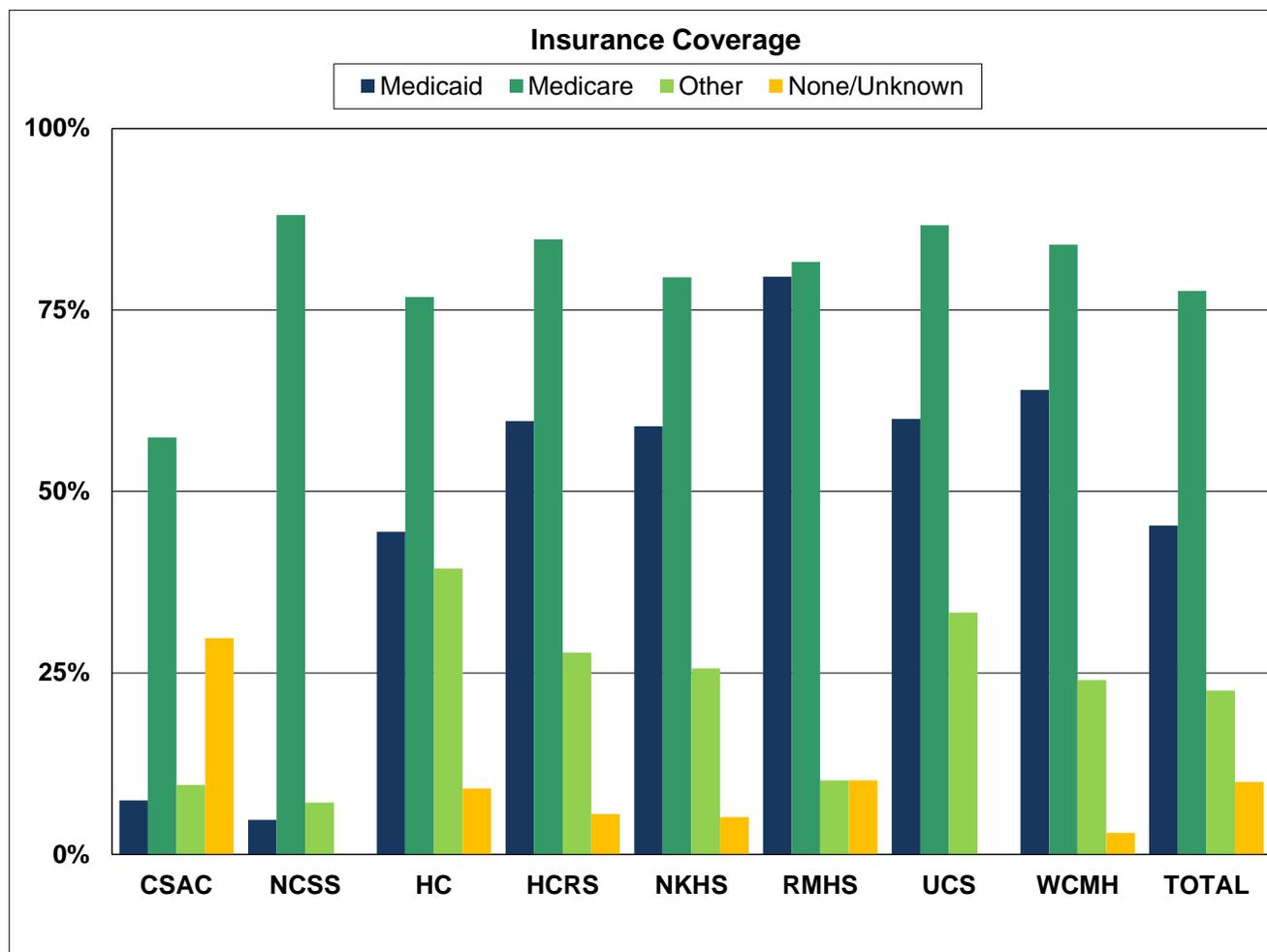
Vermont Designated Agencies - FY2013



Designated Agency	Clients Served	60-64		65-69		70-74		75-79		80-84		85+	
		#	%	#	%	#	%	#	%	#	%	#	%
CSAC	94	24	26%	16	17%	18	19%	14	15%	7	7%	15	16%
NCSS	42	4	10%	5	12%	7	17%	9	21%	10	24%	7	17%
HC	99	27	27%	13	13%	17	17%	16	16%	10	10%	16	16%
HCRS	72	7	10%	13	18%	19	26%	11	15%	8	11%	14	19%
NKHS	39	8	21%	8	21%	9	23%	4	10%	4	10%	6	15%
RMHS	49	11	22%	12	24%	14	29%	6	12%	2	4%	4	8%
UCS	15	1	7%	7	47%	3	20%	2	13%	1	7%	1	7%
WCMH	100	14	14%	19	19%	17	17%	22	22%	16	16%	12	12%
TOTAL	510	96	19%	93	18%	104	20%	84	16%	58	11%	75	15%

Analysis is based on extracts from Monthly Service Reports (MSR) submitted to the Department of Mental Health by its designated agencies. The extract from the MSR database includes July 2012 - June 2013 monthly service records, with an Elder Care cost center, and units greater than 0. Analysis includes adults with age reported as 60 and older and individuals with missing date of birth information.

Elder Care Programs Vermont Designated Agencies - FY2013



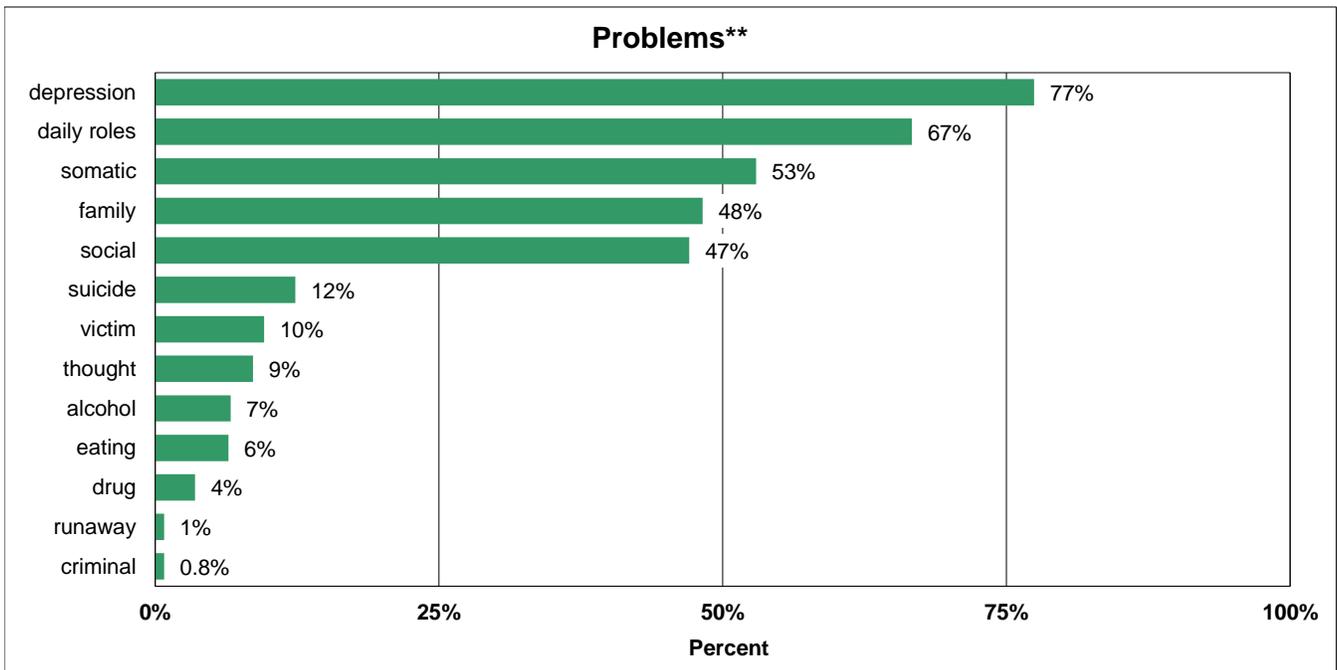
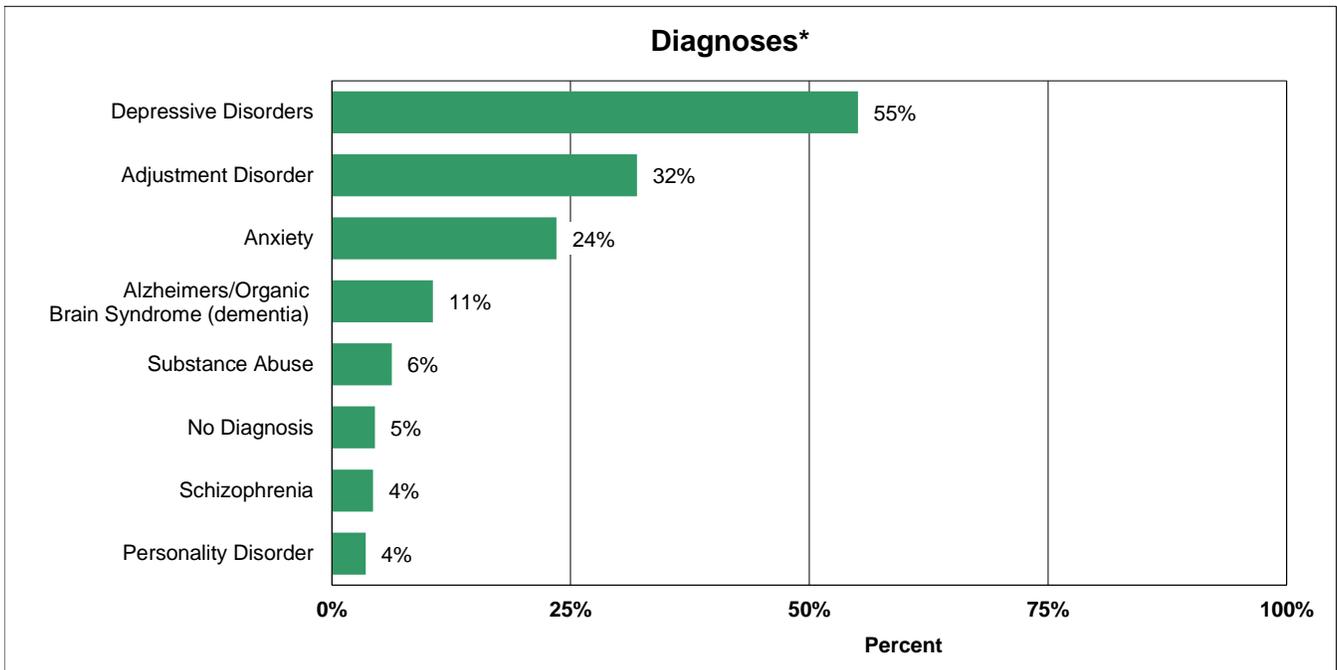
Designated Agency	Clients Served	Medicaid		Medicare		Other		None/Unknown	
		#	%	#	%	#	%	#	%
CSAC	94	7	7%	54	57%	9	10%	28	30%
NCSS	42	2	5%	37	88%	3	7%	0	0%
HC	99	44	44%	76	77%	39	39%	9	9%
HCRS	72	43	60%	61	85%	20	28%	4	6%
NKHS	39	23	59%	31	79%	10	26%	2	5%
RMHS	49	39	80%	40	82%	5	10%	5	10%
UCS	15	9	60%	13	87%	5	33%	0	0%
WCMH	100	64	64%	84	84%	24	24%	3	3%
TOTAL	510	231	45%	396	78%	115	23%	51	10%

Insurance categories are not mutually exclusive and clients may be counted in more than one category.

Analysis is based on extracts from Monthly Service Reports (MSR) submitted to the Department of Mental Health by its designated agencies. The extract from the MSR database includes July 2012 - June 2013 monthly service records, with an Elder Care cost center, and units greater than 0. Analysis includes adults with age reported as 60 and older and individuals with missing date of birth information.

Elder Care Programs

Vermont Designated Agencies - FY2013



*Primary and secondary diagnoses are included. Diagnoses are not mutually exclusive.

**Problems are based on the problems checklist. Problems are not mutually exclusive.

Analysis is based on extracts from Monthly Service Reports (MSR) submitted to the Department of Mental Health by its designated agencies. The extract from the MSR database includes July 2012 - June 2013 monthly service records, with an Elder Care cost center, and units greater than 0. Analysis includes adults with age reported as 60 and older and individuals with missing date of birth information.

Elder Care Programs

Vermont Designated Agencies - FY2013

Units of Service

DA	Total Client Services		Planning & Co-ord.		Community Supports		Clinical Assessment		Indiv./Family Therapy		Group Therapy		MedChecks Therapy	
	Clients	Units	Clients	Units	Clients	Units	Clients	Units	Clients	Units	Clients	Units	Clients	Units
CSAC	94	576	15	21	9	26	34	53	77	456	0	0	9	20
NCSS	42	862	0	0	18	645	11	18	24	200	0	0	0	0
HC	99	1,371	36	99	25	37	30	42	87	1,193	0	0	0	0
HCRS	72	1,234	29	36	45	819	30	55	35	323	1	1	0	0
NKHS	39	379	0	0	23	253	6	21	20	106	0	0	0	0
RMHS	49	755	5	3	49	716	1	2	0	0	0	0	9	34
UCS	15	137	0	0	1	1	6	7	11	129	0	0	0	0
WCMH	100	1,779	37	49	39	54	4	5	97	1,647	0	0	4	25
Total	510	7,092	122	208	209	2,549	122	201	351	4,053	1	1	22	79

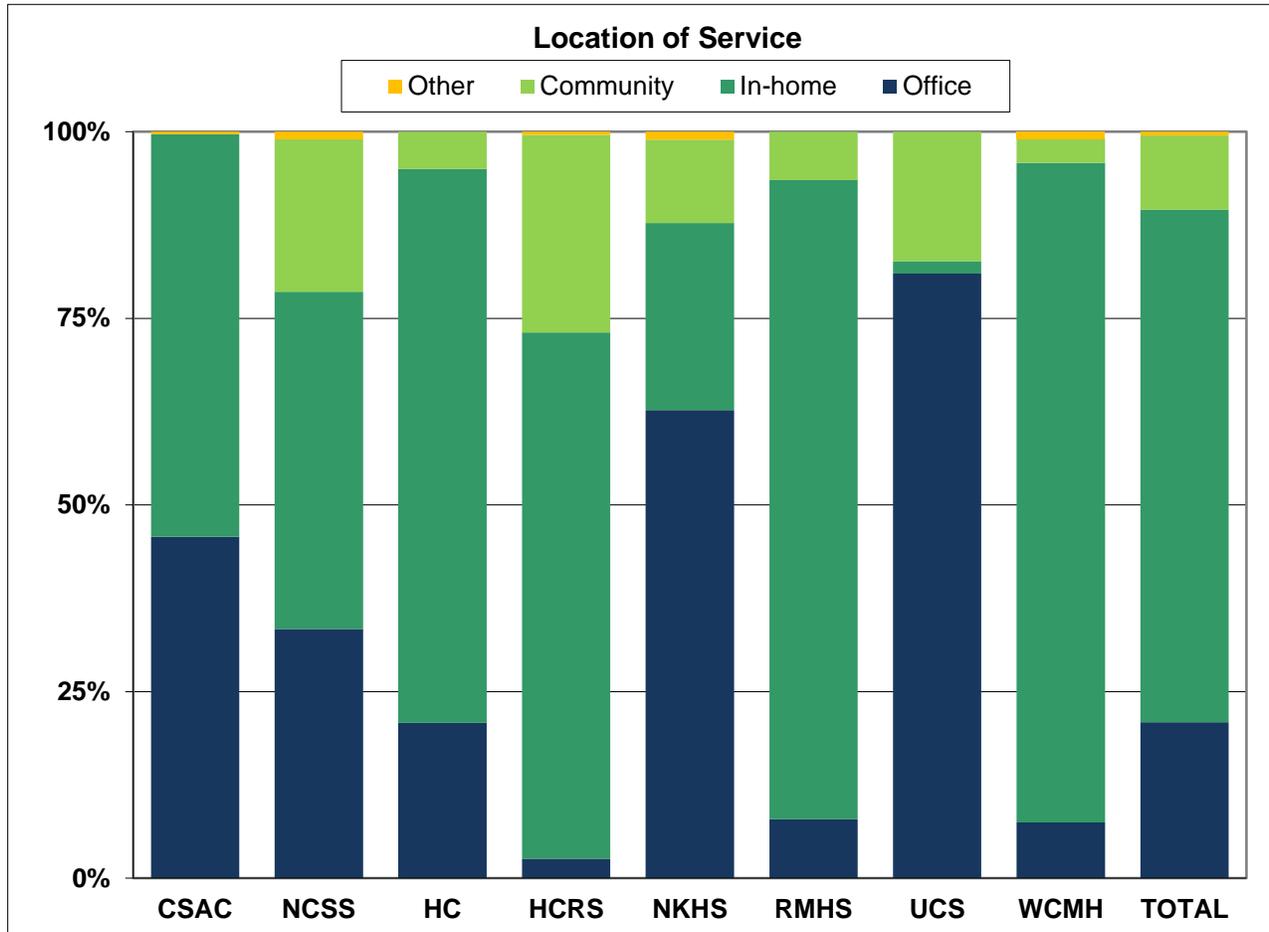
Service Events

DA	Total Client Services		Planning & Co-ord.		Community Supports		Clinical Assessment		Indiv./Family Therapy		Group Therapy		MedChecks Therapy	
	Clients	Svcs	Clients	Svcs	Clients	Svcs	Clients	Svcs	Clients	Svcs	Clients	Svcs	Clients	Svcs
CSAC	94	610	15	39	9	25	34	35	77	491	0	0	9	20
NCSS	42	1,087	0	0	18	856	11	12	24	219	0	0	0	0
HC	99	1,577	36	189	25	47	30	30	87	1,311	0	0	0	0
HCRS	72	993	29	62	45	597	30	39	35	294	1	1	0	0
NKHS	39	286	0	0	23	183	6	9	20	94	0	0	0	0
RMHS	49	708	5	6	49	667	1	1	0	0	0	0	9	34
UCS	15	132	0	0	1	1	6	6	11	125	0	0	0	0
WCMH	100	1,845	37	99	39	94	4	4	97	1,623	0	0	4	25
Total	510	7,238	122	395	209	2,470	122	136	351	4,157	1	1	22	79

Analysis is based on extracts from Monthly Service Reports (MSR) submitted to the Department of Mental Health by its designated agencies. The extract from the MSR database includes July 2012 - June 2013 monthly service records, with an Elder Care cost center, and units greater than 0. Analysis includes adults with age reported as 60 and older and individuals with missing date of birth information. Units of service represents the total hours of services provided, with the exception of MedChecks Therapy, which represents the total number of visits.

Elder Care Programs

Vermont Designated Agencies - FY2013



Designated Agency	Office		In-home		Community		Other	
	#	%	#	%	#	%	#	%
CSAC	300	46%	354	54%	0	0%	2	0%
NCSS	363	33%	491	45%	222	20%	11	1%
HC	344	21%	1,227	74%	82	5%	0	0%
HCRS	26	3%	700	70%	263	26%	4	0%
NKHS	180	63%	72	25%	32	11%	3	1%
RMHS	56	8%	608	86%	46	6%	0	0%
UCS	145	81%	3	2%	31	17%	0	0%
WCMH	140	7%	1,653	88%	60	3%	18	1%
TOTAL	1,554	21%	5,108	69%	736	10%	38	1%

Analysis is based on extracts from Monthly Service Reports (MSR) submitted to the Department of Mental Health by its designated agencies. The extract from the MSR database includes July 2012 - June 2013 monthly service records, with an Elder Care cost center, and units greater than 0. Analysis includes adults with age reported as 60 and older and individuals with missing date of birth information.