

Vermont Mental Health Performance Indicator Project
Agency of Human Services, Department of Health, Division of Mental Health
108 Cherry Street, Burlington, Vermont 05401

TO: Vermont Mental Health Performance Indicator Project
Advisory Group and Interested Parties

FROM: John Pandiani and Olivia Hunter

DATE: October 28, 2005

RE: MH Clients with SA Services

This week's PIP reports on the proportion of adult community mental health clients at designated agencies who also received substance abuse services from the same agency during FY2005. This analysis was conducted in response to a request from Frank Reed (Acting DMH Adult MH Program Director).

This analysis relied exclusively on data from Monthly Service Report (MSR) data files provided by DMH designated agencies. For purposes of this analysis, adult mental health clients included individuals aged 18 and over who were assigned to CRT programs for adults with serious mental illness, Adult Outpatient (AOP) programs for adults with less serious emotional or behavioral problems, and Other adults who were not assigned to Substance Abuse or Developmental Services programs but who did receive CMHC services. The three designated agencies that do not provide substance abuse services (Northwest, Lamoille, and Washington) were excluded from this analysis.

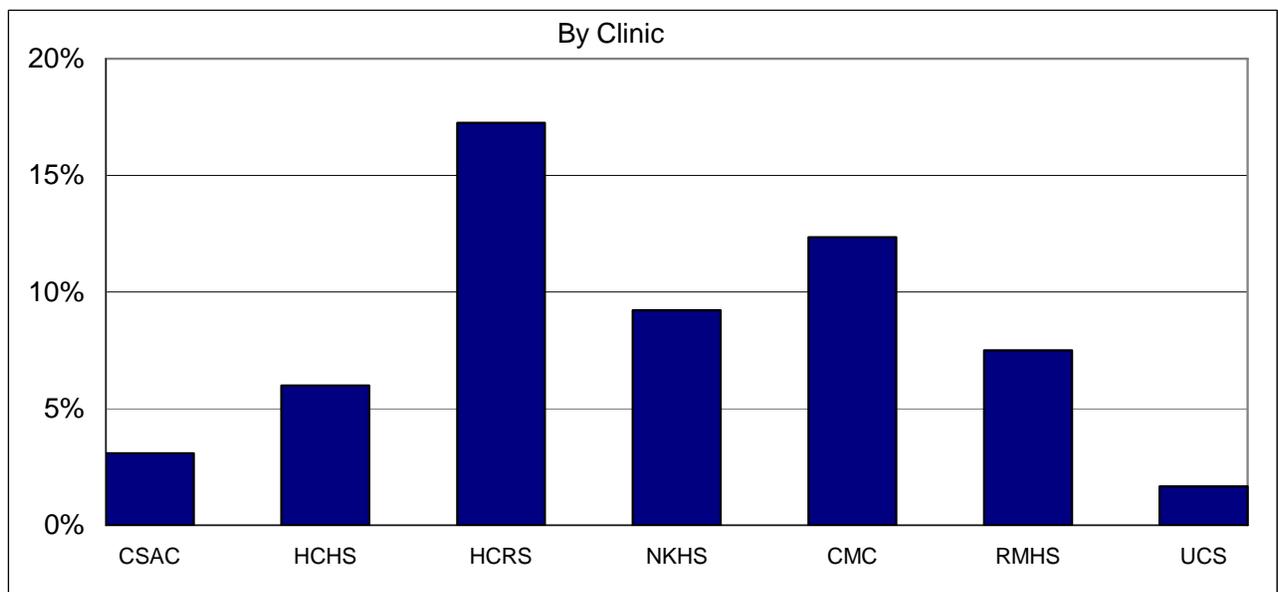
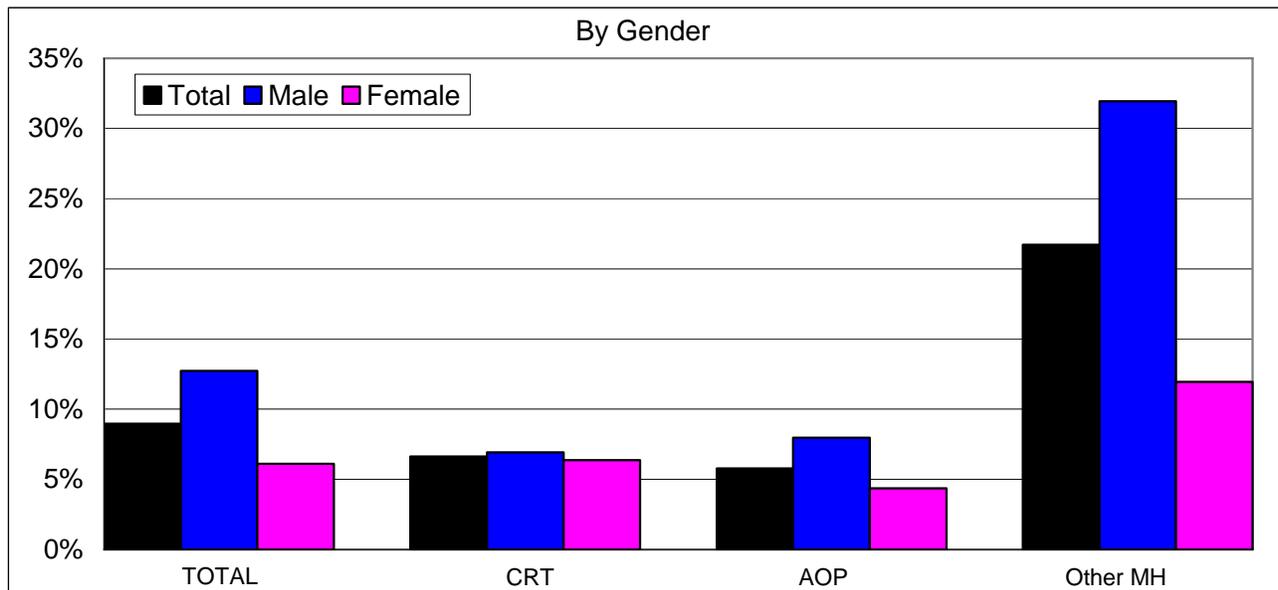
As you will see, about one out of every eleven mental health service recipients (9%) also received substance abuse services from the same agency. CRT and AOP programs had similar utilization of substance abuse programs (7% and 6% respectively), while Other mental health service recipients had a substantially higher utilization rate (22%).

Male clients were twice as likely as female clients to receive co-occurring mental health and substance abuse services overall and in Adult Outpatient programs (13% vs. 6% and 8% vs. 4% respectively). In Other MH services, males were more than twice as likely to receive co-occurring services (32% vs. 12%). CRT programs had more equal proportions of utilization with 7% for males and 6% for females.

Utilization of Substance Abuse services varied substantially among designated agencies, ranging from less than 5% in Addison and Bennington Counties to 17% in Southeastern Vermont.

We look forward to your interpretation of these findings and your suggestions for future analyses. As always, you can reach us at pip@vdh.state.vt.us or 802-863-7249.

Vermont CMHC Adult Mental Health Clients also served by Substance Abuse Programs, FY2005



	TOTAL		CRT		AOP		Other MH	
	TOTAL MH	% also served by SA	TOTAL	% also served by SA	TOTAL	% also served by SA	TOTAL	% also served by SA
Total	9,154	9%	2,323	7%	5,127	6%	1,704	22%
Male	3,942	13%	1,099	7%	2,010	8%	833	32%
Female	5,212	6%	1,224	6%	3,117	4%	871	12%

Based on analysis of Monthly Service Report (MSR) data provided to DMH by designated community agencies. Analysis describes all FY2005 CMHC adult clients who were also served by substance abuse programs. Community Rehabilitation and Treatment (CRT) programs serve adults with severe and persistent mental illness. Adult Mental Health Outpatient (AOP) programs serve individuals over 18 years of age who do not have prolonged serious disabilities but who are experiencing emotional, behavioral, or adjustment problems severe enough to warrant professional attention. Other Mental Health includes individuals who were assigned to emergency services or not assigned to any program.

Vermont CMHC Adult Mental Health Clients also served by Substance Abuse Programs, FY2005

	TOTAL			CRT			AOP			OTHER MH		
	Total Assigned to MH	Individuals also served by SA		Total Assigned to MH	Individuals also served by SA		Total Assigned to MH	Individuals also served by SA		Total Assigned to MH	Individuals also served by SA	
	#	#	%	#	#	%	#	#	%	#	#	%
TOTAL	9,154	820	9%	2,323	154	7%	5,127	296	6%	1,704	370	22%
CSAC - Addison	747	23	3%	175	8	5%	569	14	2%	3	1	33%
HCHS - Chittenden	2,156	129	6%	672	45	7%	721	42	6%	763	42	6%
HCRS - Southeast	2,052	354	17%	412	19	5%	875	42	5%	765	293	38%
NKHS - Northeast	1,399	129	9%	403	41	10%	994	88	9%	2	0	0%
CMC - Orange	648	80	12%	169	26	15%	412	49	12%	67	5	7%
RMHS - Rutland	1,187	89	7%	308	15	5%	794	48	6%	85	26	31%
UCS - Bennington	965	16	2%	184	0	0%	762	13	2%	19	3	16%

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