

Vermont Mental Health Performance Indicator Project

Agency of Human Services, Department of Mental Health
103 South Main Street, Waterbury, Vermont 05671

TO: Vermont Mental Health Performance Indicator Project
Advisory Group and Interested Parties

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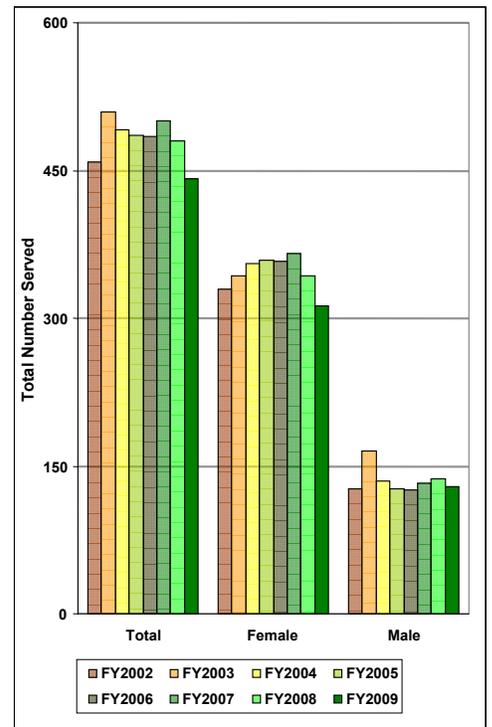
RE: Elder Care Programs FY2009

The attached tables and graphs provide an overview of Vermont's Community Mental Health Elder Care Programs for FY2009. The analysis is based on data from the Monthly Service Report (MSR) data submitted to the Department of Mental Health by designated agencies, and includes adults age 60 years and older served by Elder Care Programs. Reports for FY2007 and FY2008 can be found on the web at: http://mentalhealth.vermont.gov/sites/dmh/files/pip/DMH-PIP_Oct_19_2007.pdf and http://mentalhealth.vermont.gov/sites/dmh/files/pip/DMH-PIP_Aug_29_2008.pdf.

Since 2002, the number of clients served by Elder Care Programs has been relatively consistent, ranging from a high of 509 in FY2003 to a current low of 442 in FY2009. Many more women than men were served in every year, with women accounting for two thirds to three quarters of the total Elder Care population.

As you will see, the highest proportion of clients served during FY2009 were in their 70's (36%) or older (34%). The smallest numbers served were in their 60's (30%). Medicare was the most common source of insurance for Elder Care clients (83%), followed by Medicaid (58%). The most common diagnosis reported for Elder Care clients was Depressive Disorders (57%), and the most common problem areas reported were depression and problems in daily living (81% and 67%, respectively).

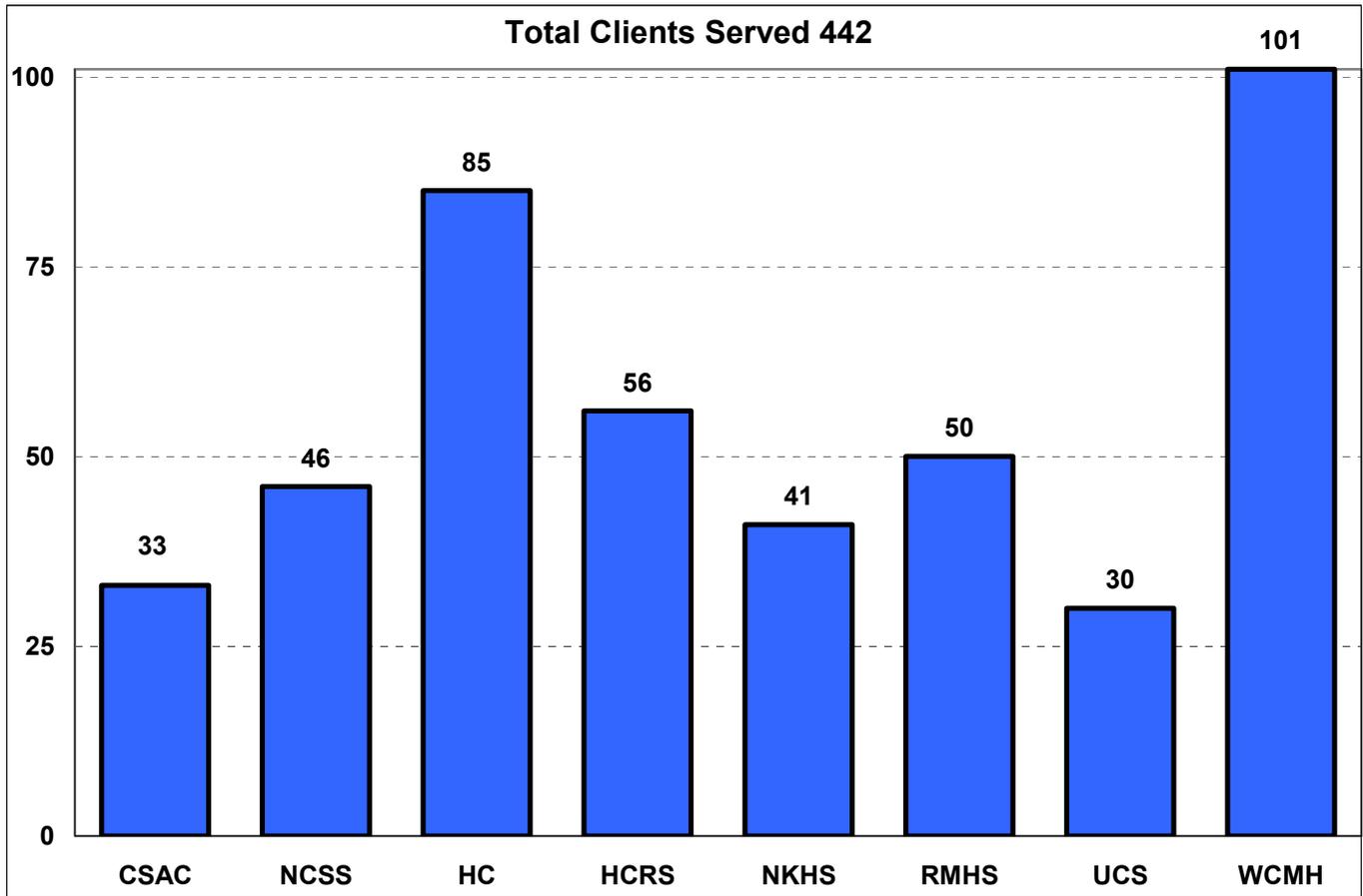
There was substantial variation in the location in which Elder Care services were provided by designated agencies. In FY2009, Bennington (UCS) and Addison (CSAC) Counties reported the largest proportion of services in "Office" settings (81% and 68%, respectively) while the Southeast region (HCRS) reported the smallest proportion (<1%) in an "Office" setting. For services provided "In-home", Washington County (WCMH) reported the largest proportion (82%) while Rutland County (RMHS) reported the smallest proportion (4%). For services provided in a "Community" setting, RMHS reported the largest proportion (82%), while HowardCenter (HC), WCMH, CSAC, and UCS reported the smallest proportions (7%, 2%, 2% and 0%, respectively).



As always, we look forward to your comments, questions, and suggestions for further analysis of community mental health center Elder Care Program data. You can reach us at pip@ahs.state.vt.us or 802-241-4049.

Elder Care Programs

Vermont Community Mental Health Centers - FY2009



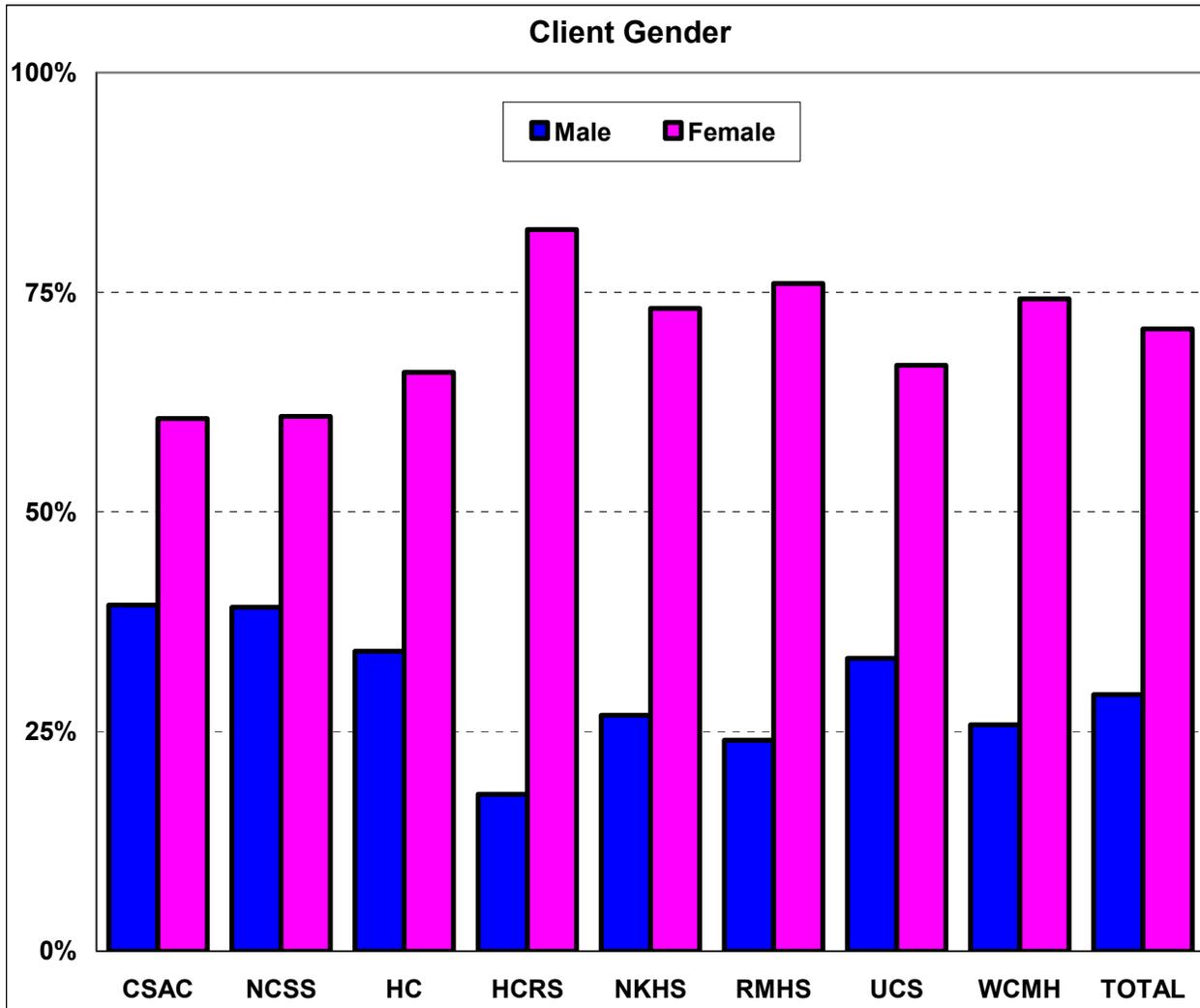
CONTENTS

- * Clients Served
 - By Gender
 - By Age
 - By Insurance Coverage
- * Primary and Secondary Diagnoses
- * Problem Checklists
- * Reported Units of Service
- * Reported Service Events
- * Location of Services

Analysis is based on extracts from Monthly Service Reports (MSR) submitted to DMH by the community mental health centers. The extract from the MSR database included all records with an Elder Care cost center, units greater than 0, and served during July 1, 2008 to June 30, 2009. Analysis includes all adults age 60 and older.

Elder Care Programs

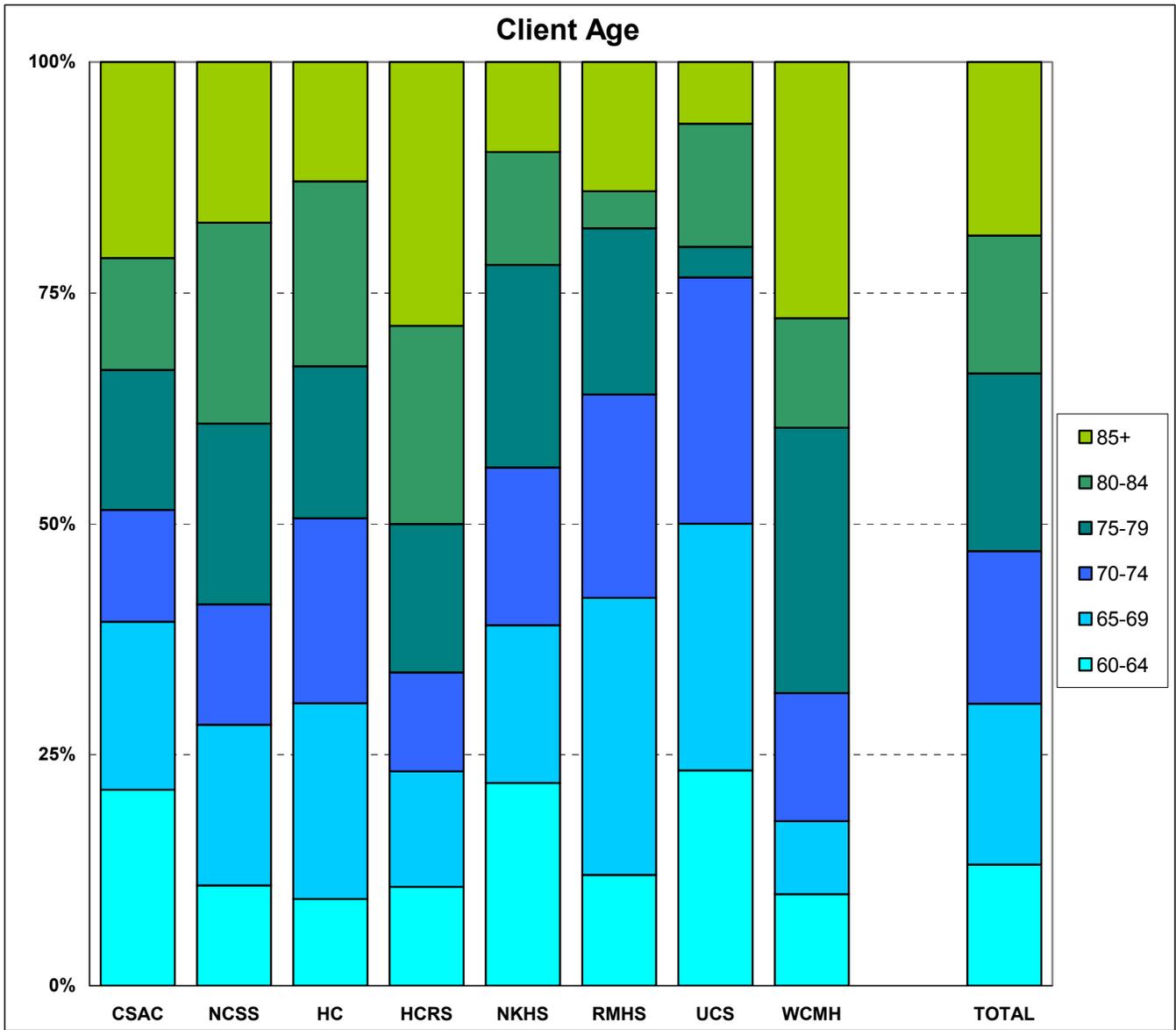
Vermont Community Mental Health Centers - FY2009



CMHC	Clients Served	Male		Female	
		Number	Percent	Number	Percent
CSAC	33	13	39%	20	61%
NCSS	46	18	39%	28	61%
HC	85	29	34%	56	66%
HCRS	56	10	18%	46	82%
NKHS	41	11	27%	30	73%
RMHS	50	12	24%	38	76%
UCS	30	10	33%	20	67%
WCMH	101	26	26%	75	74%
TOTAL	442	129	29%	313	71%

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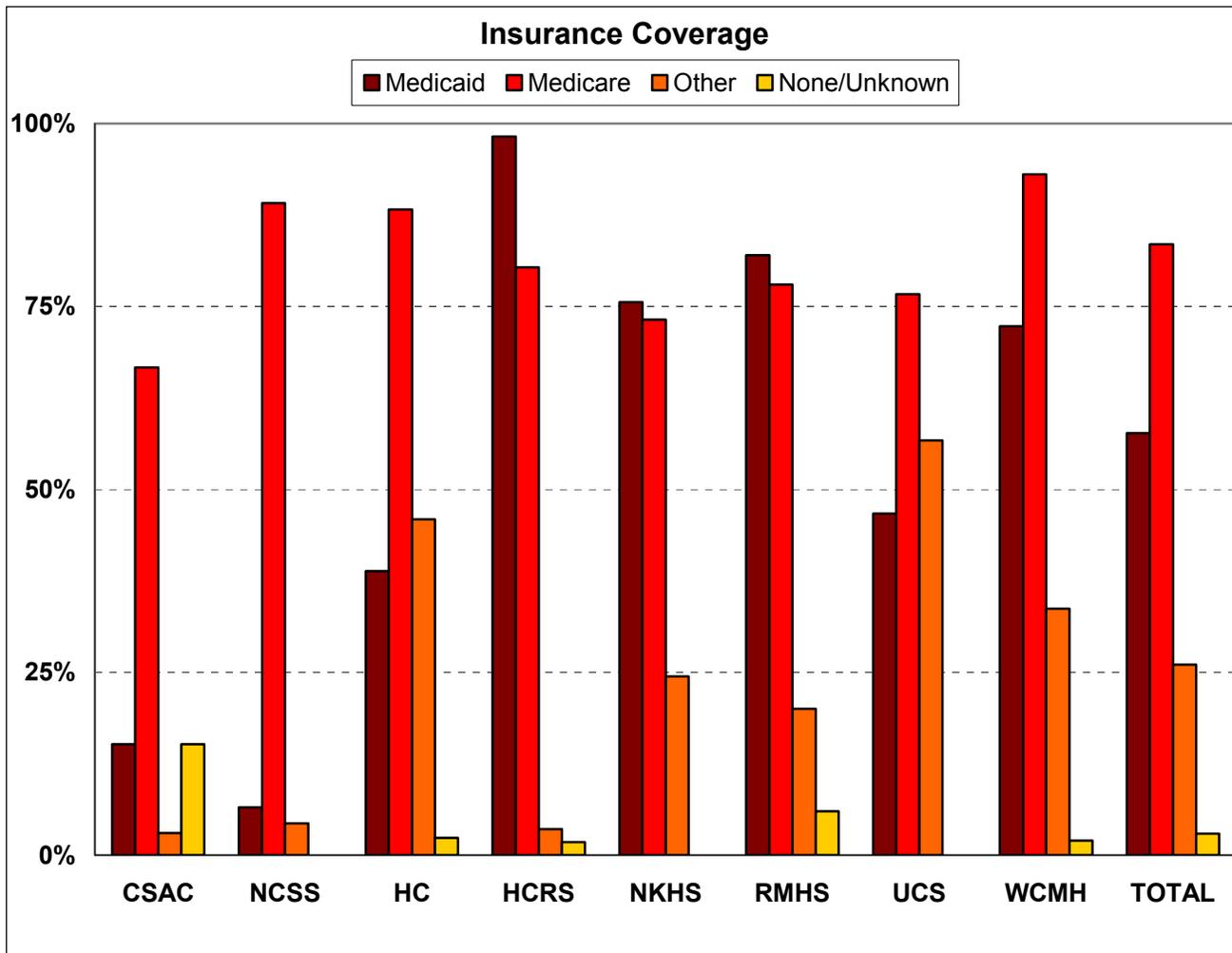
Elder Care Programs Vermont Community Mental Health Centers - FY2009



CMHC	Clients Served	60-64		65-69		70-74		75-79		80-84		85+	
		#	%	#	%	#	%	#	%	#	%	#	%
CSAC	33	7	21%	6	18%	4	12%	5	15%	4	12%	7	21%
NCSS	46	5	11%	8	17%	6	13%	9	20%	10	22%	8	17%
HC	85	8	9%	18	21%	17	20%	14	16%	17	20%	11	13%
HCRS	56	6	11%	7	13%	6	11%	9	16%	12	21%	16	29%
NKHS	41	9	22%	7	17%	7	17%	9	22%	5	12%	4	10%
RMHS	50	6	12%	15	30%	11	22%	9	18%	2	4%	7	14%
UCS	30	7	23%	8	27%	8	27%	1	3%	4	13%	2	7%
WCMH	101	10	10%	8	8%	14	14%	29	29%	12	12%	28	28%
TOTAL	442	58	13%	77	17%	73	17%	85	19%	66	15%	83	19%

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Elder Care Programs Vermont Community Mental Health Centers - FY2009



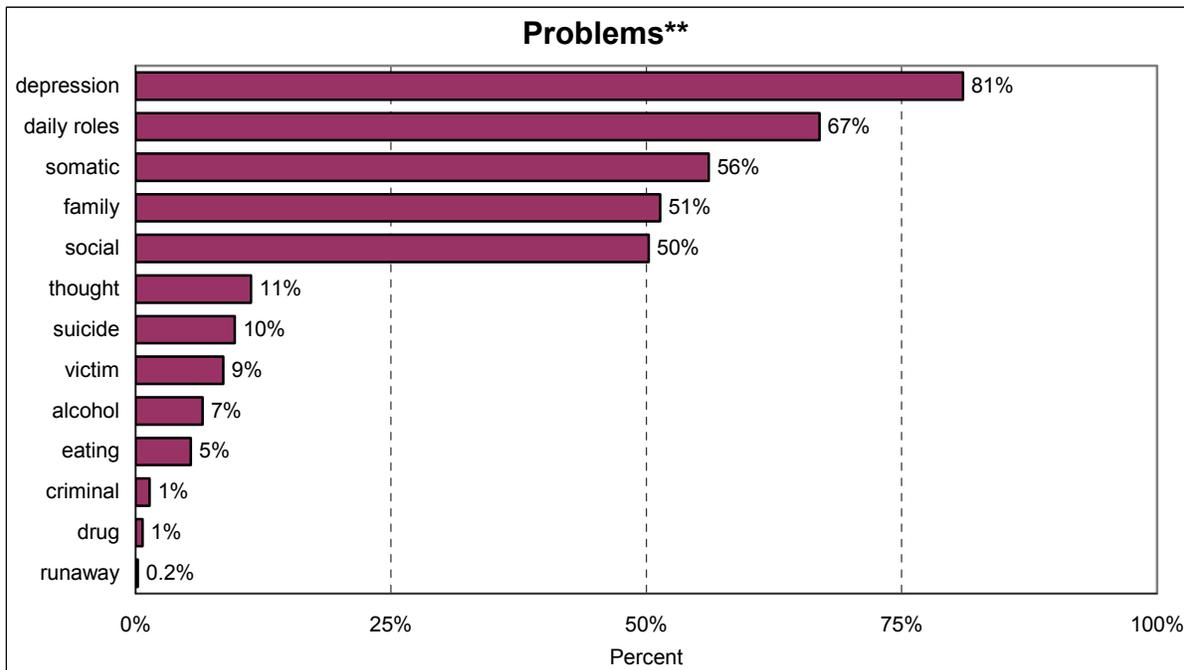
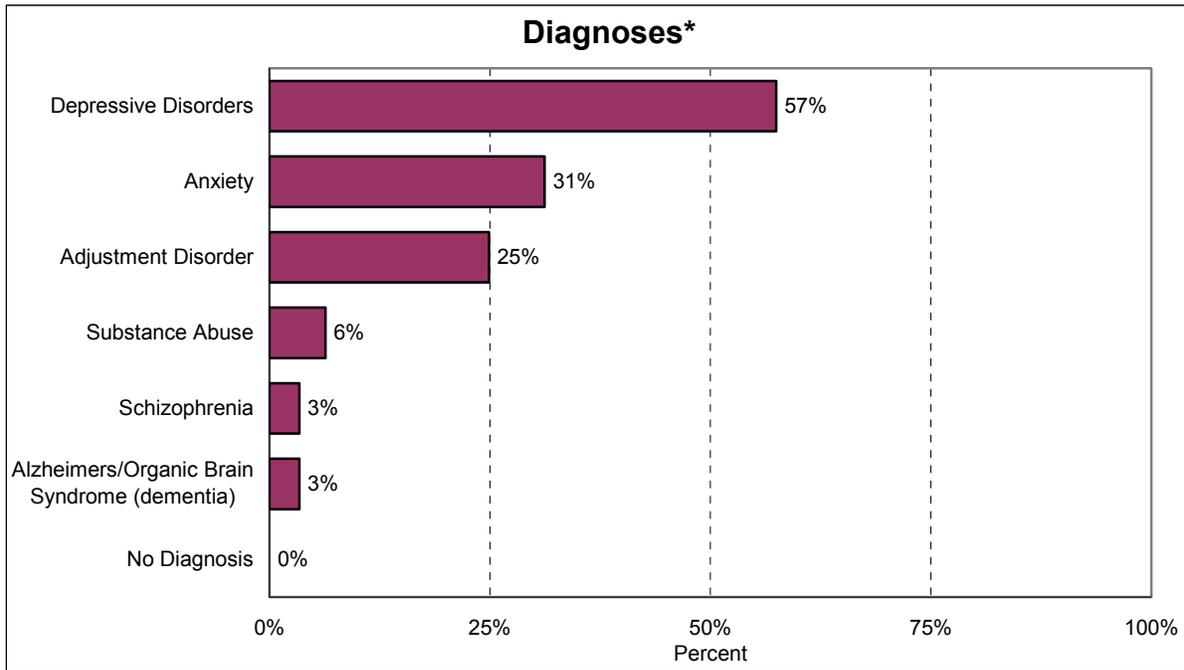
CMHC	Clients Served	Medicaid		Medicare		Other		None/Unknown	
		Number	Percent	Number	Percent	Number	Percent	Number	Percent
CSAC	33	5	15%	22	67%	1	3%	5	15%
NCSS	46	3	7%	41	89%	2	4%	0	0%
HC	85	33	39%	75	88%	39	46%	2	2%
HCRS	56	55	98%	45	80%	2	4%	1	2%
NKHS	41	31	76%	30	73%	10	24%	0	0%
RMHS	50	41	82%	39	78%	10	20%	3	6%
UCS	30	14	47%	23	77%	17	57%	0	0%
WCMH	101	73	72%	94	93%	34	34%	2	2%
TOTAL	442	255	58%	369	83%	115	26%	13	3%

Insurance categories are not mutually exclusive and clients may be counted in more than one category.

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Elder Care Programs

Vermont Community Mental Health Centers - FY2009



*Primary and secondary diagnoses are included. Diagnoses are not mutually exclusive.

**Problems are based on the problems checklist. Problems are not mutually exclusive.

Analysis is based on extracts from Monthly Service Reports (MSR) submitted to DMH by the community mental health centers. The extract from the MSR database includes all clients with an Elder Care cost center, units greater than 0, and served during July 1, 2008 to June 30, 2009. Analysis includes all adults age 60 and older.

Elder Care Programs

Vermont Community Mental Health Centers - FY2009

Units of Service

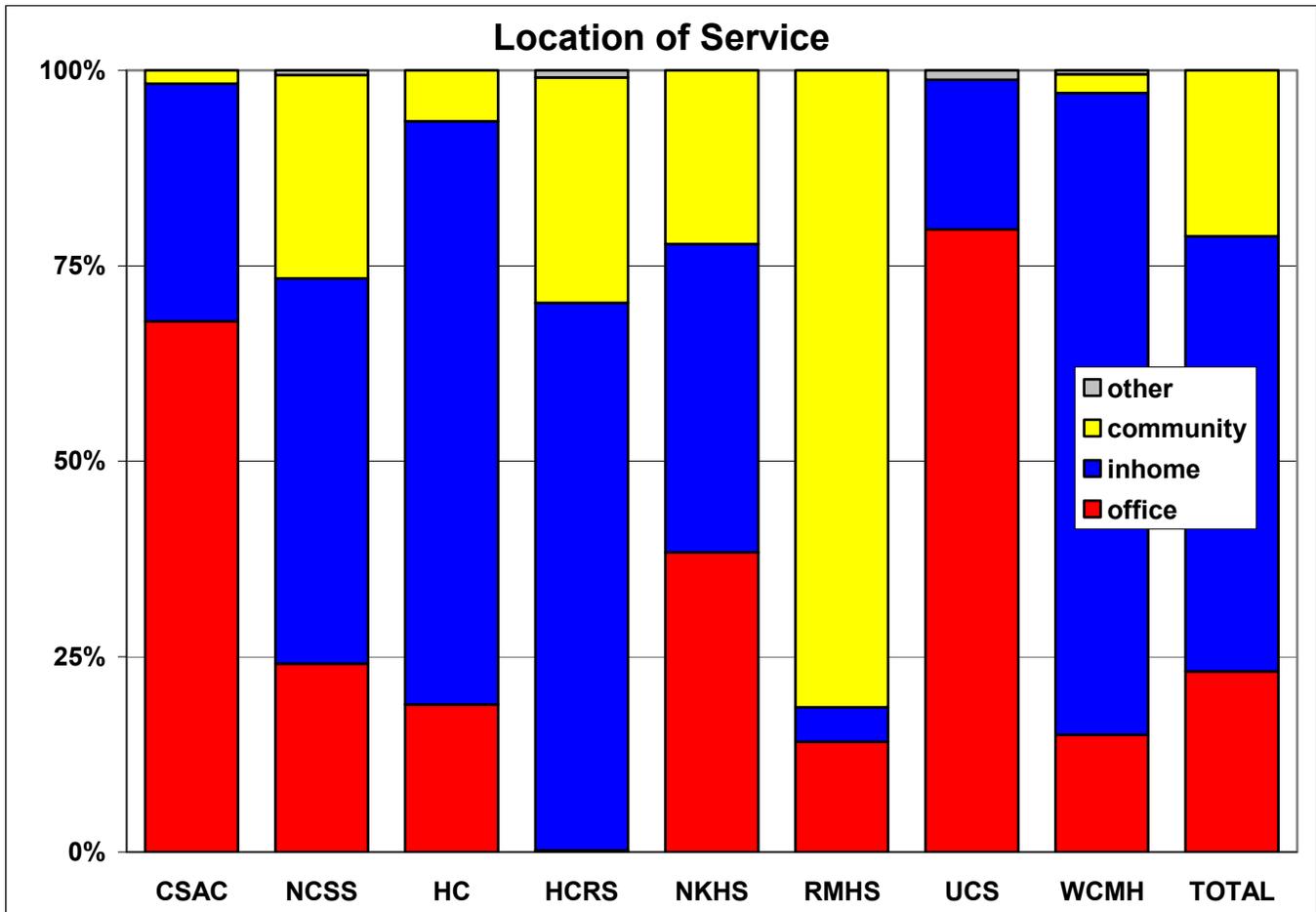
CMHC	Total Client Services		Planning & Co-ord.		Community Supports		Clinical Assessment		Indiv./Family Therapy		MedChecks Therapy	
	Clients	Units	Clients	Units	Clients	Units	Clients	Units	Clients	Units	Clients	Units
CSAC	33	491	3	3	19	141	6	10	23	335	2	3
NCSS	46	954	11	13	19	633	11	16	29	292	0	0
HC	85	1,259	0	0	40	419	40	60	61	780	0	0
HCRS	56	1,620	2	2	49	1,482	9	18	12	118	0	0
NKHS	41	297	0	0	33	219	7	27	9	51	0	0
RMHS	50	1,035	18	45	50	907	2	3	0	0	13	80
UCS	30	370	0	0	0	0	13	23	22	347	0	0
WCMH	101	2,182	9	21	37	362	9	10	98	1,765	8	25
State	442	8,208	43	84	247	4,162	97	166	254	3,688	23	108

Service Events

CMHC	Total Client Services		Planning & Co-ord.		Community Supports		Clinical Assessment		Indiv./Family Therapy		MedChecks Therapy	
	Clients	Svcs	Clients	Svcs	Clients	Svcs	Clients	Svcs	Clients	Svcs	Clients	Svcs
CSAC	33	498	3	4	19	146	6	7	23	338	2	3
NCSS	46	946	11	38	19	604	11	11	29	293	0	0
HC	85	1,197	0	0	40	389	40	41	61	767	0	0
HCRS	56	965	2	2	49	838	9	9	12	116	0	0
NKHS	41	240	0	0	33	182	7	7	9	51	0	0
RMHS	50	1,084	18	86	50	916	2	2	0	0	13	80
UCS	30	334	0	0	0	0	13	24	22	310	0	0
WCMH	101	1,757	9	15	37	375	9	10	98	1,332	8	25
State	442	7,021	43	145	247	3,450	97	111	254	3,207	23	108

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Vermont Community Mental Health Center Elder Care Programs - FY2009



Clinic	Office		In-home		Community		Other	
	#	%	#	%	#	%	#	%
CSAC	351	68%	157	30%	9	2%	0	0%
NCSS	228	24%	466	49%	246	26%	6	1%
HC	324	19%	1,283	75%	111	7%	0	0%
HCRS	2	0.2%	743	70%	306	29%	10	1%
NKHS	95	38%	98	40%	55	22%	0	0%
RMHS	153	14%	48	4%	883	82%	0	0%
UCS	382	81%	92	19%	0	0%	0	0%
WCMH	262	15%	1,437	82%	42	2%	22	1%
TOTAL	1,797	23%	4,324	55%	1,652	21%	38	1%

Analysis is based on extracts from Monthly Service Reports (MSR) submitted to DMH by the community mental health centers. The extract from the MSR database included all records with an Elder Care cost center, units greater than 0, and a service date during July 1, 2008 to June 30, 2009.