

Vermont Mental Health Performance Indicator Project

Agency of Human Services, Department of Mental Health
26 Terrace Street, Montpelier, Vermont 05609

TO: Vermont Mental Health Performance Indicator Project
Advisory Group and Interested Parties

FROM: John Pandiani and Emma Harrigan

DATE: November 2, 2012

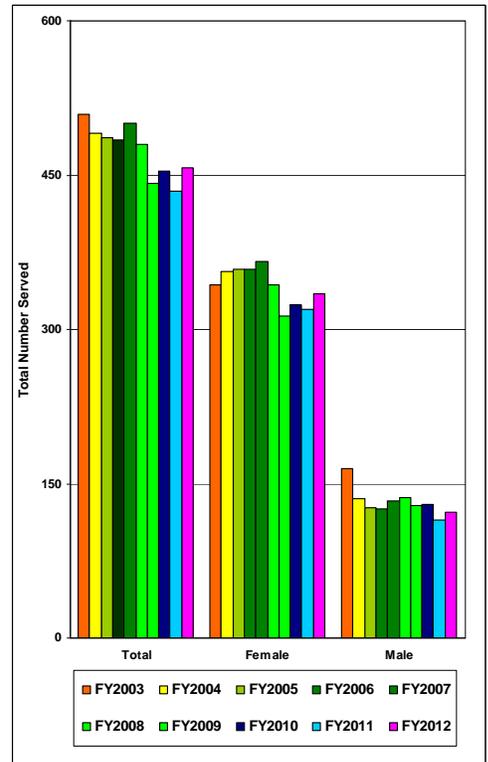
RE: Elder Care Programs FY2012

The attached tables and graphs provide an overview of Vermont's Community Mental Health Elder Care Programs for FY2012. The analysis is based on data from the Monthly Service Report (MSR) data submitted to the Department of Mental Health by designated agencies, and includes adults age 60 years and older served by Elder Care Programs. Reports for FY2009 and FY2011 can be found on the web at: http://mentalhealth.vermont.gov/sites/dmh/files/pip/DMH-PIP_Oct_23_2009.pdf and http://mentalhealth.vermont.gov/sites/dmh/files/pip/DMH-PIP_March_2_2012.pdf.

Since 2002, the number of clients served by Elder Care Programs has been relatively consistent, ranging from a high of 509 in FY2003 to a low of 434 in FY2011. Many more women than men were served in every year, with women accounting for two thirds to three quarters of the total Elder Care population.

As you will see, the highest proportion of clients served during FY2012 were in their 60's (39%), followed by clients in their 70's (33%) and clients in their 80's and older (29%). Medicare was the most common source of insurance for Elder Care clients (82%), followed by Medicaid (49%). The most common diagnosis reported for Elder Care clients was Depressive Disorders (59%), and the most common problem areas reported were depression and problems in daily living (76% and 65%, respectively).

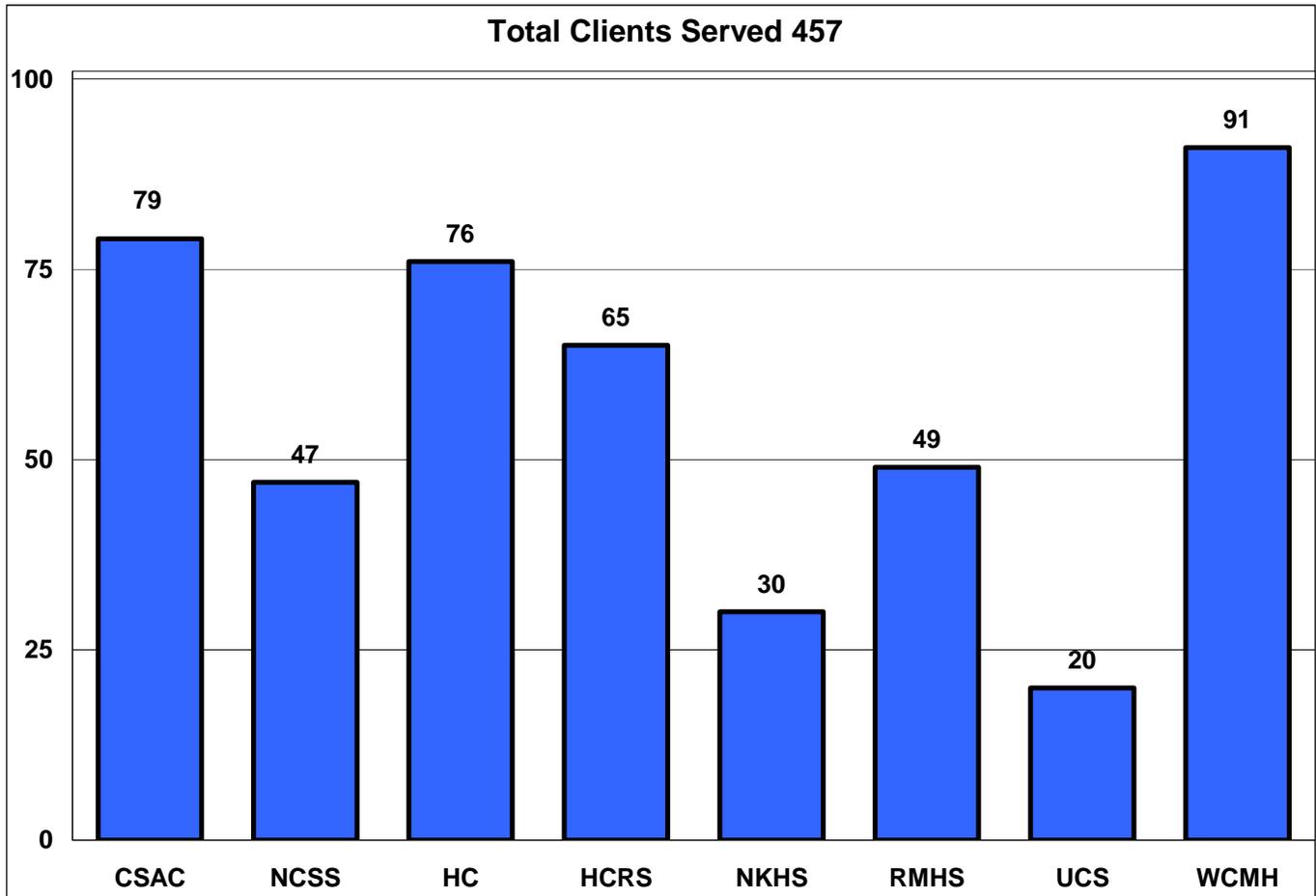
There was substantial variation in the location in which Elder Care services were provided by designated agencies. In FY2012, Bennington (UCS), Addison (CSAC), and Northeast (NKHS) reported the largest proportion of services in "Office" settings (99%, 57%, and 53% respectively) while the Southeast (HCRS) reported the smallest proportion (5%) in an "Office" setting. For services provided "In-home", Chittenden (HC) and Rutland (RMHS) each reported the largest proportion (76%) while Bennington (UCS) reported the smallest proportion (1%). For services provided in a "Community" setting, Southeast (HCRS) reported the largest proportion (28%), while Washington (WCMH), Addison (CSAC), and Bennington (UCS) reported the smallest proportions (3%, 1% and 0%, respectively).



As always, we look forward to your comments, questions, and suggestions for further analysis of community mental health center Elder Care Program data. You can reach us at pip@state.vt.us or 802-828-1703.

Elder Care Programs

Vermont Community Mental Health Centers - FY2012



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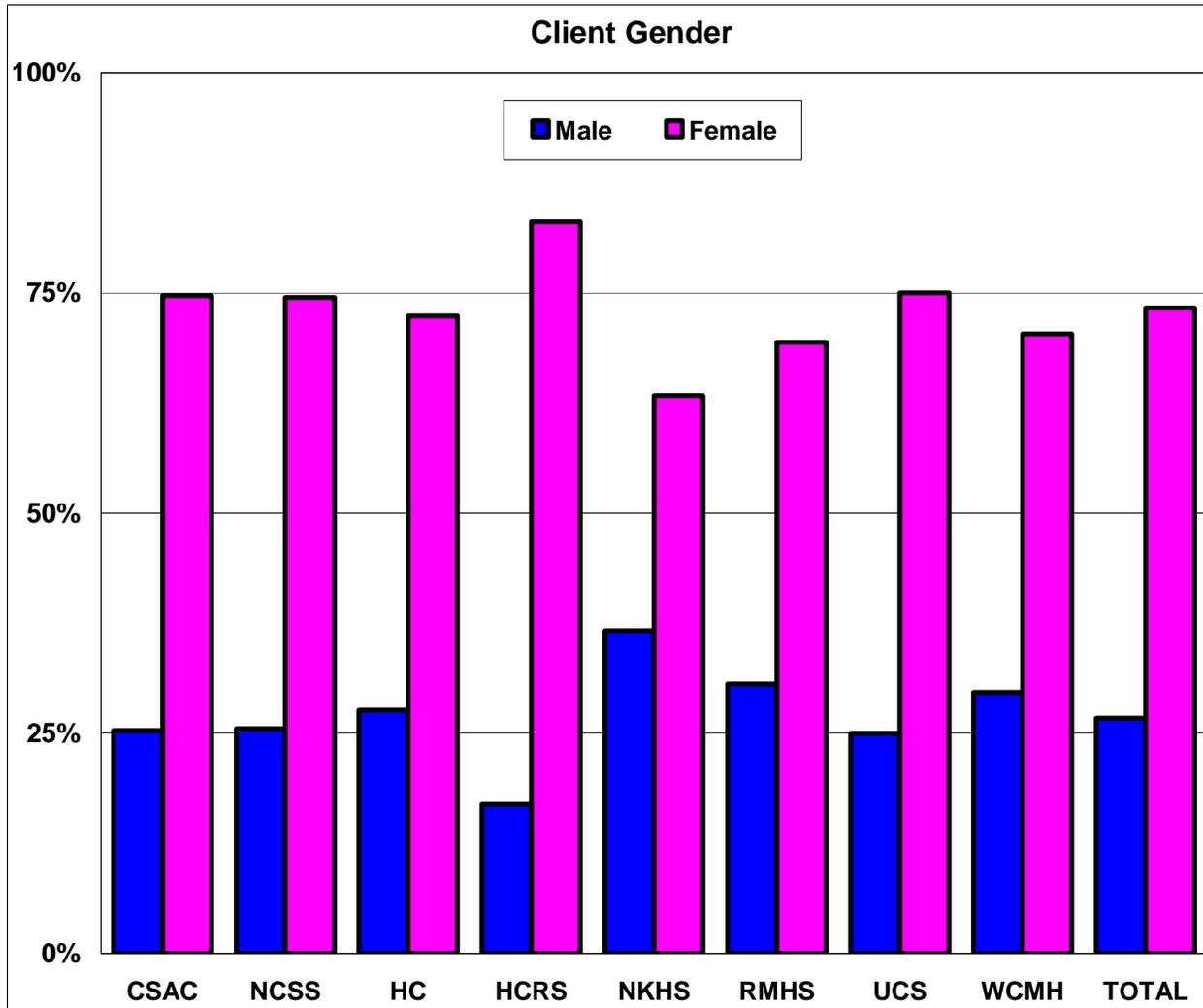
REPORT 2012

- * Clients Served
 - By Gender
 - By Age
 - By Insurance Coverage
- * Primary and Secondary Diagnoses
- * Problem Checklists
- * Reported Units of Service
- * Reported Service Events
- * Location of Services

Analysis is based on extracts from Monthly Service Reports (MSR) submitted to DMH by the community mental health centers. The extract from the MSR database includes July 2011 - June 2012 monthly service records, with an Elder Care cost center, and units greater than 0. Analysis includes adults with age reported as 60 and older and individuals with missing date of birth information.

Elder Care Programs

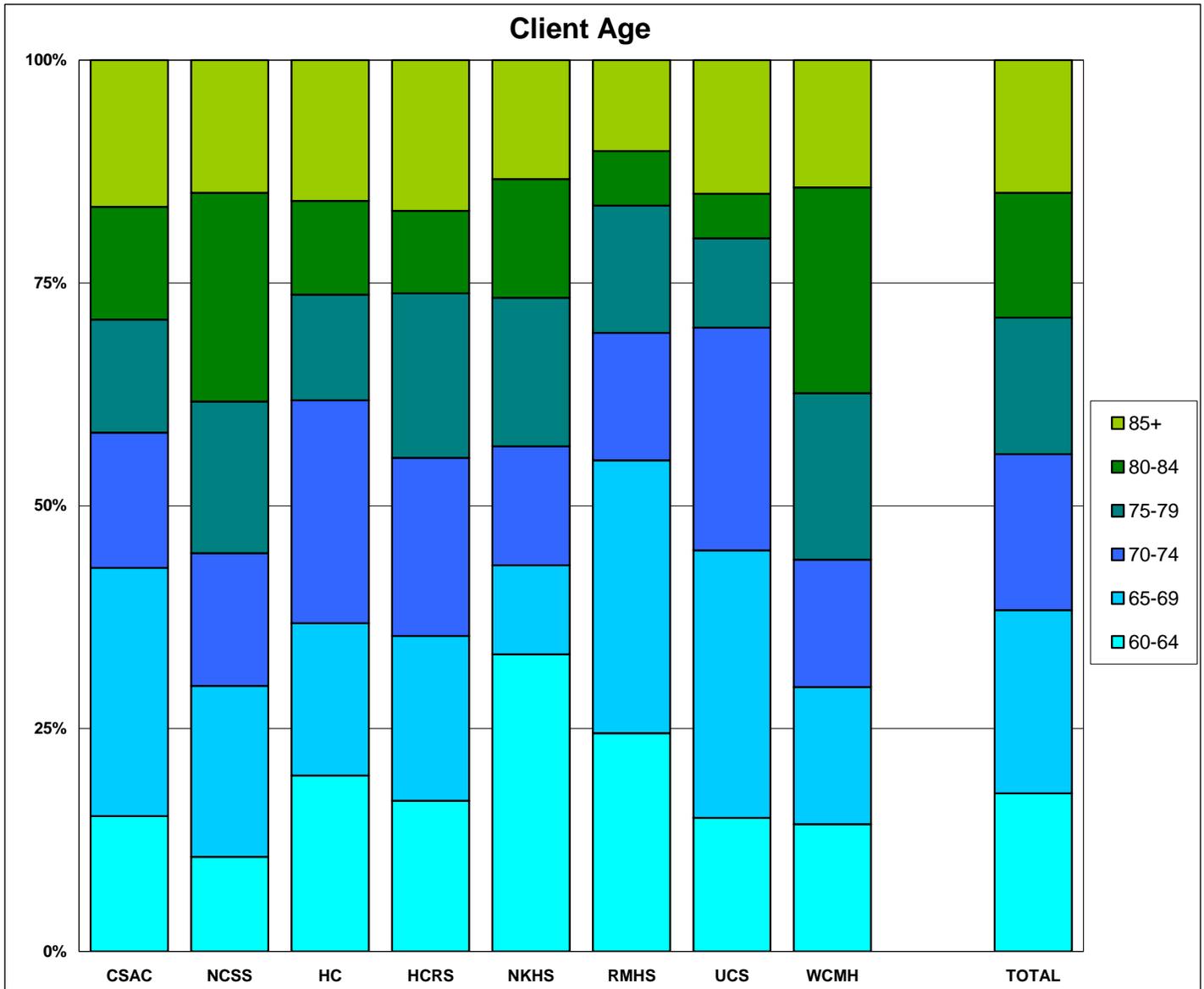
Vermont Community Mental Health Centers - FY2012



CMHC	Clients Served	Male		Female	
		Number	Percent	Number	Percent
CSAC	79	20	25%	59	75%
NCSS	47	12	26%	35	74%
HC	76	21	28%	55	72%
HCRS	65	11	17%	54	83%
NKHS	30	11	37%	19	63%
RMHS	49	15	31%	34	69%
UCS	20	5	25%	15	75%
WCMH	91	27	30%	64	70%
TOTAL	457	122	27%	335	73%

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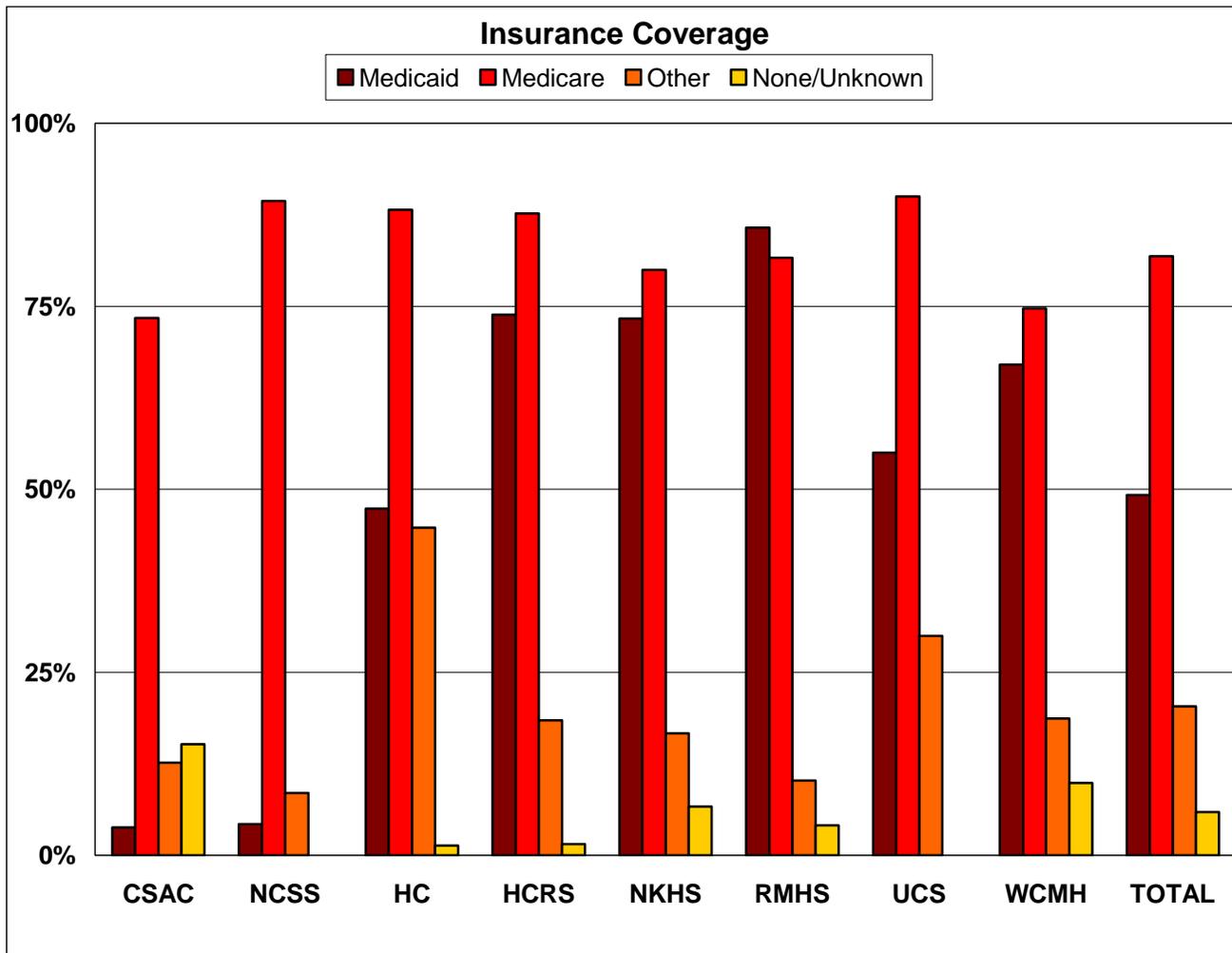
Elder Care Programs Vermont Community Mental Health Centers - FY2012



CMHC	Clients Served	Clients w/ Age Info	60-64		65-69		70-74		75-79		80-84		85+	
			#	%	#	%	#	%	#	%	#	%	#	%
CSAC	79	79	12	15%	22	28%	12	15%	10	13%	10	13%	13	16%
NCSS	47	47	5	11%	9	19%	7	15%	8	17%	11	23%	7	15%
HC	76	76	15	20%	13	17%	19	25%	9	12%	8	11%	12	16%
HCRS	65	65	11	17%	12	18%	13	20%	12	18%	6	9%	11	17%
NKHS	30	30	10	33%	3	10%	4	13%	5	17%	4	13%	4	13%
RMHS	49	49	12	24%	15	31%	7	14%	7	14%	3	6%	5	10%
UCS	20	20	3	15%	6	30%	5	25%	2	10%	1	5%	3	15%
WCMH	91	91	13	14%	14	15%	13	14%	17	19%	21	23%	13	14%
TOTAL	457	457	81	18%	94	21%	80	18%	70	15%	64	14%	68	15%

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Elder Care Programs Vermont Community Mental Health Centers - FY2012



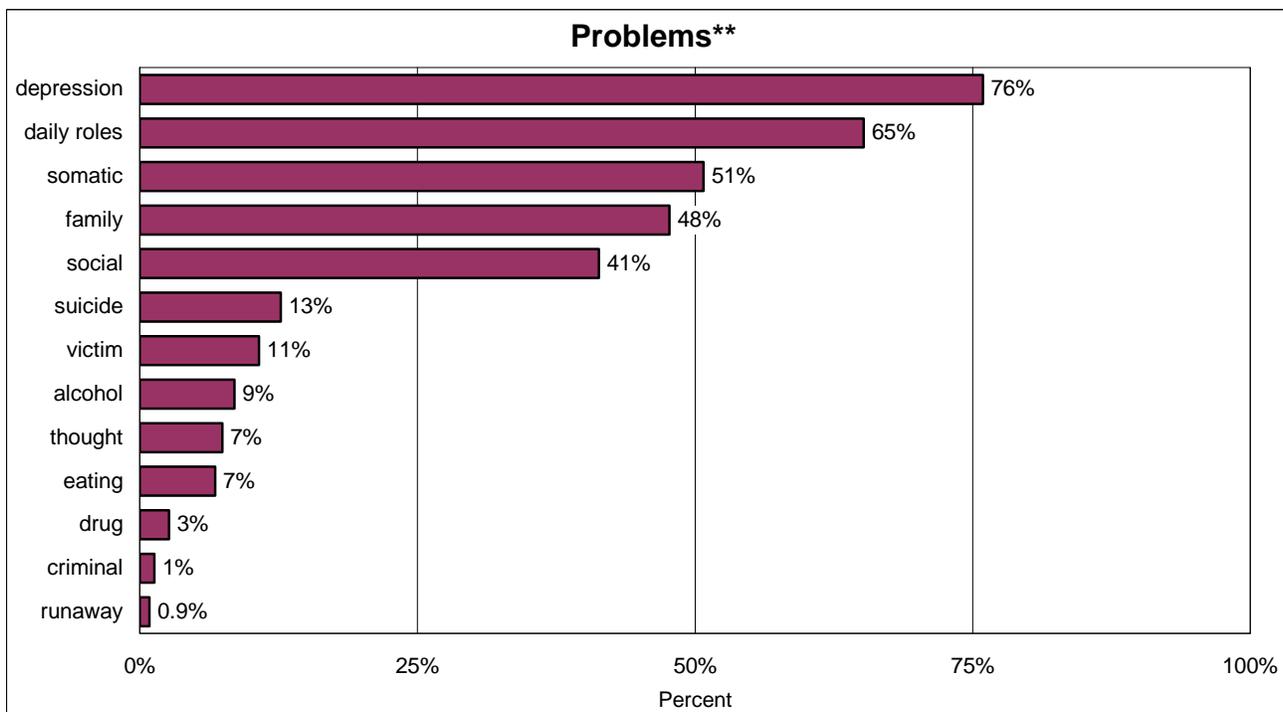
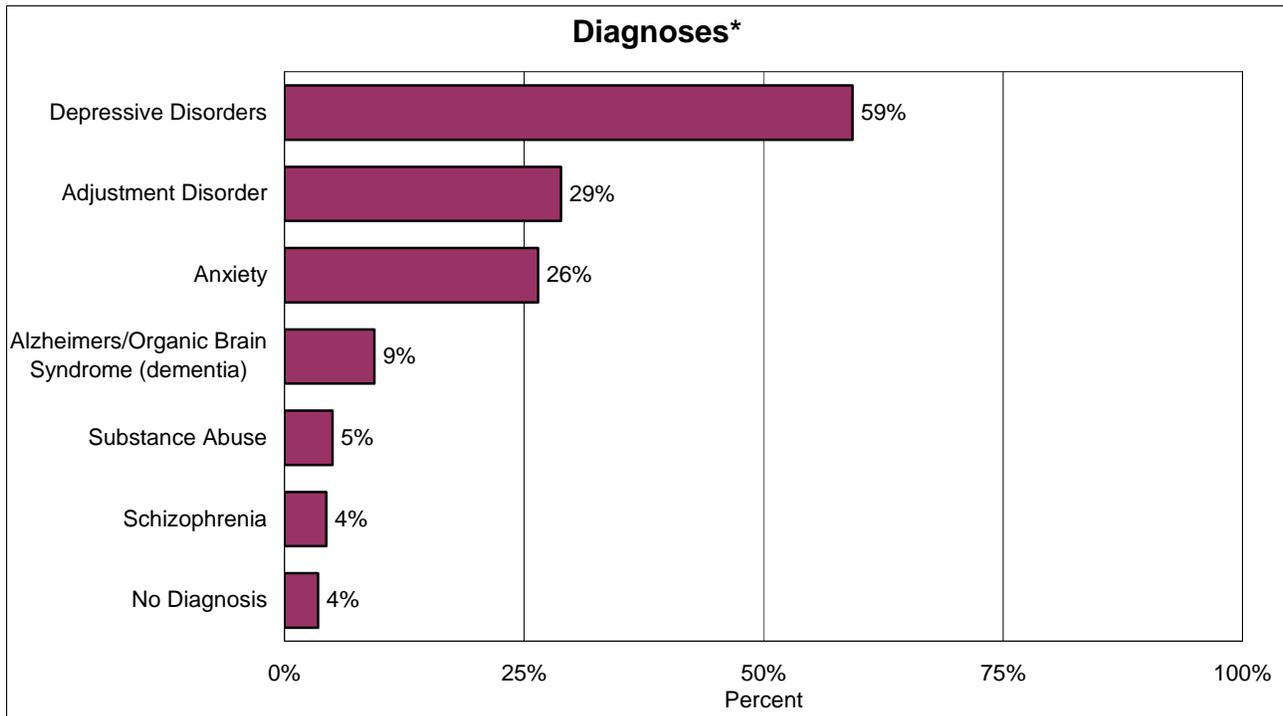
CMHC	Clients Served	Medicaid		Medicare		Other		None/Unknown	
		Number	Percent	Number	Percent	Number	Percent	Number	Percent
CSAC	79	3	4%	58	73%	10	13%	12	15%
NCSS	47	2	4%	42	89%	4	9%	0	0%
HC	76	36	47%	67	88%	34	45%	1	1%
HCRS	65	48	74%	57	88%	12	18%	1	2%
NKHS	30	22	73%	24	80%	5	17%	2	7%
RMHS	49	42	86%	40	82%	5	10%	2	4%
UCS	20	11	55%	18	90%	6	30%	0	0%
WCMH	91	61	67%	68	75%	17	19%	9	10%
TOTAL	457	225	49%	374	82%	93	20%	27	6%

Insurance categories are not mutually exclusive and clients may be counted in more than one category.

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*Primary and secondary diagnoses are included. Diagnoses are not mutually exclusive.

**Problems are based on the problems checklist. Problems are not mutually exclusive.

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Units of Service

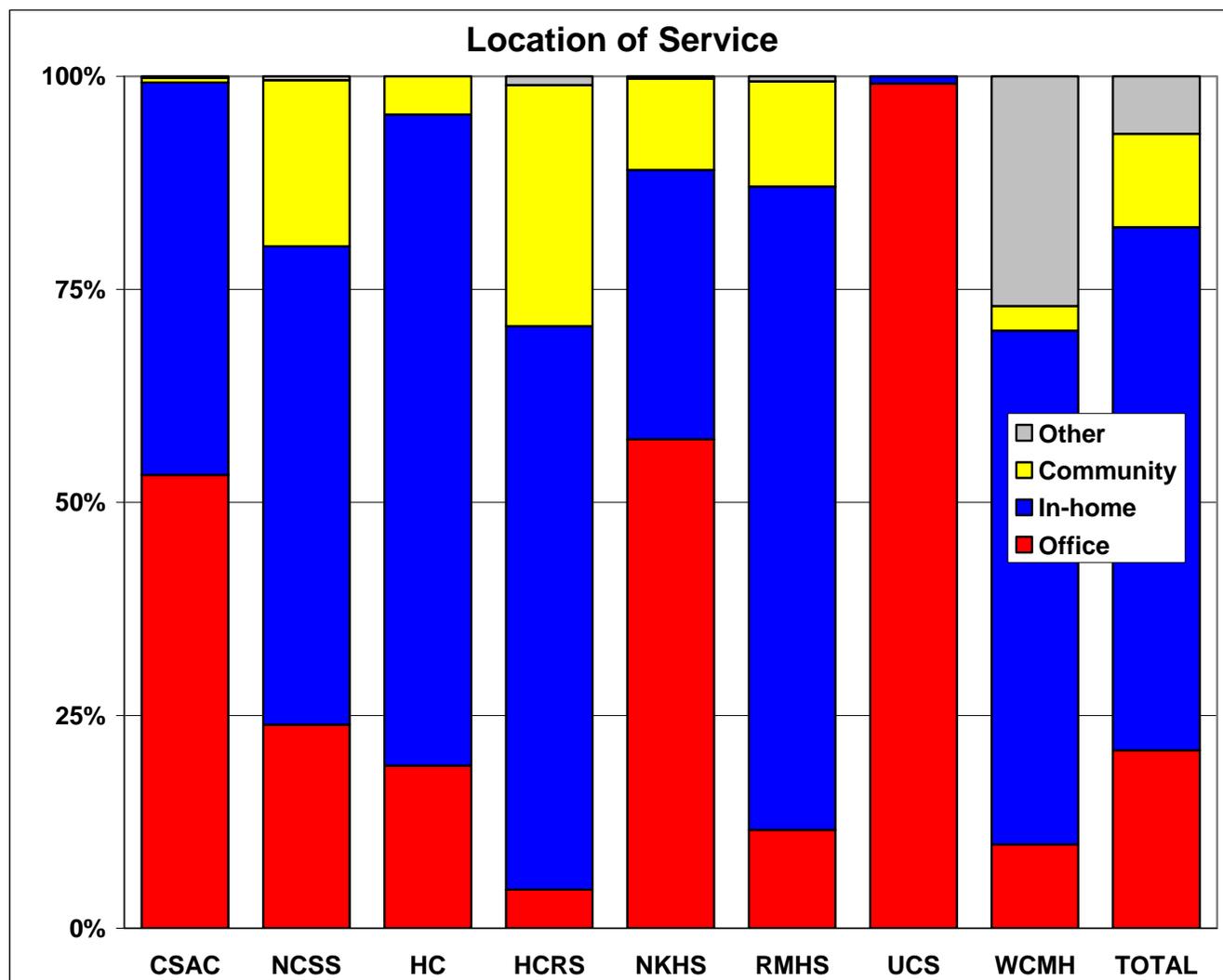
CMHC	Total Client Services		Planning & Co-ord.		Community Supports		Clinical Assessment		Indiv./Family Therapy		MedChecks Therapy		Consultation Ed. & Advocacy	
	Clients	Units	Clients	Units	Clients	Units	Clients	Units	Clients	Units	Clients	Units	Clients	Units
CSAC	79	534	12	18	8	56	35	56	65	346	16	58	0	0
NCSS	47	949	0	0	15	617	15	22	33	309	0	0	0	0
HC	76	955	4	2	42	262	13	18	69	672	0	0	0	0
HCRS	65	1,183	27	35	55	967	27	51	21	130	0	0	0	0
NKHS	30	438	0	0	22	328	5	13	13	97	0	0	0	0
RMHS	49	905	11	28	48	797	8	12	0	0	14	69	0	0
UCS	20	128	0	0	0	0	5	10	17	119	0	0	0	0
WCMH	91	1,716	13	11	56	171	1	1	85	1,509	5	24	1	1
State	457	6,807	67	93	246	3,197	109	183	303	3,181	35	151	1	1

Service Events

CMHC	Total Client Services		Planning & Co-ord.		Community Supports		Clinical Assessment		Indiv./Family Therapy		MedChecks Therapy		Consultation Ed. & Advocacy	
	Clients	Svcs	Clients	Svcs	Clients	Svcs	Clients	Svcs	Clients	Svcs	Clients	Svcs	Clients	Svcs
CSAC	79	538	12	31	8	57	35	37	65	355	16	58	0	0
NCSS	47	1,067	0	0	15	739	15	15	33	313	0	0	0	0
HC	76	1,060	4	6	42	303	13	13	69	738	0	0	0	0
HCRS	65	934	27	49	55	724	27	28	21	133	0	0	0	0
NKHS	30	364	0	0	22	269	5	5	13	90	0	0	0	0
RMHS	49	855	11	39	48	739	8	8	0	0	14	69	0	0
UCS	20	119	0	0	0	0	5	5	17	114	0	0	0	0
WCMH	91	1,562	13	17	56	221	1	2	85	1,297	5	24	1	1
State	457	6,499	67	142	246	3,052	109	113	303	3,040	35	151	1	1

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Elder Care Programs Vermont Community Mental Health Centers - FY2012



Clinic	Office		In-home		Community		Other	
	#	%	#	%	#	%	#	%
CSAC	290	53%	251	46%	3	1%	1	0%
NCSS	255	24%	599	56%	208	19%	5	0%
HC	217	19%	868	76%	51	4%	0	0%
HCRS	44	5%	640	66%	274	28%	10	1%
NKHS	209	57%	115	32%	39	11%	1	0%
RMHS	99	12%	648	76%	106	12%	5	1%
UCS	118	99%	1	1%	0	0%	0	0%
WCMH	156	10%	955	60%	46	3%	427	27%
TOTAL	1,388	21%	4,077	61%	727	11%	449	7%

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