

Vermont Mental Health Performance Indicator Project

Agency of Human Services, Department of Mental Health
108 Cherry Street, Burlington, Vermont 05401

TO: Vermont Mental Health Performance Indicator Project
Advisory Group and Interested Parties

FROM: John Pandiani and Barbara Carroll

DATE: November 27, 2009

RE: Age of CMHC Clients by Program FY1989 – FY2009

The attached table and graphs provide an overview of the age distribution of individuals served by Vermont CMHC programs at five-year intervals during FY1989 through FY2009. This analysis updates a series of reports first requested by Alice Maynard of the Vermont Department of Mental Health (DMH) Child, Adolescent, and Family Unit on behalf of the Act 264 Advisory Board. The findings reported here are based on analysis of monthly and quarterly service reports provided to DMH by designated community agencies.

As you will see, the greatest growth during this time period was among children and adolescents, as caseloads of the Children's Services programs tripled from 1989 to 2009.

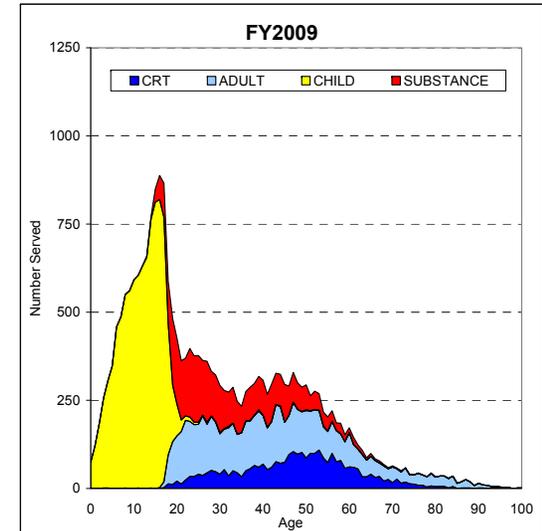
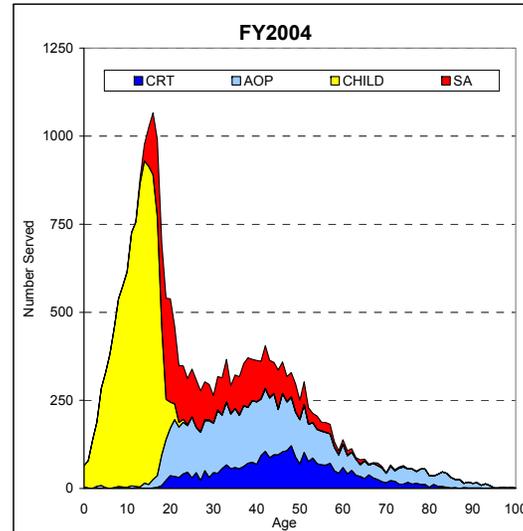
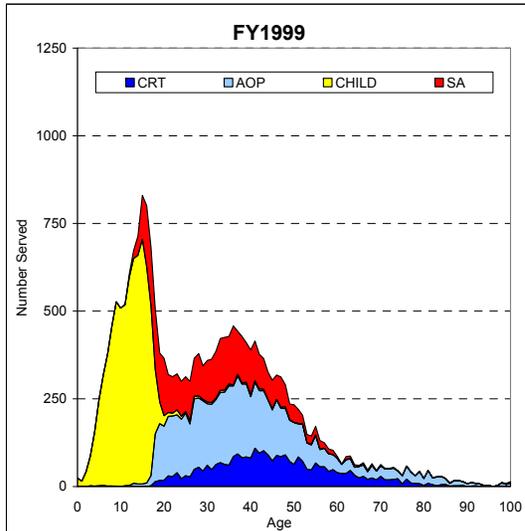
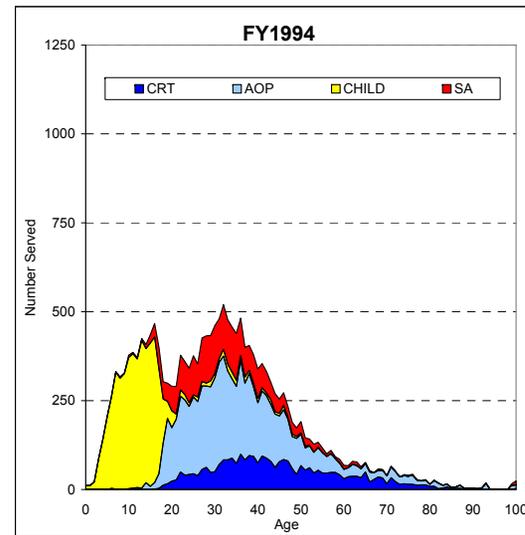
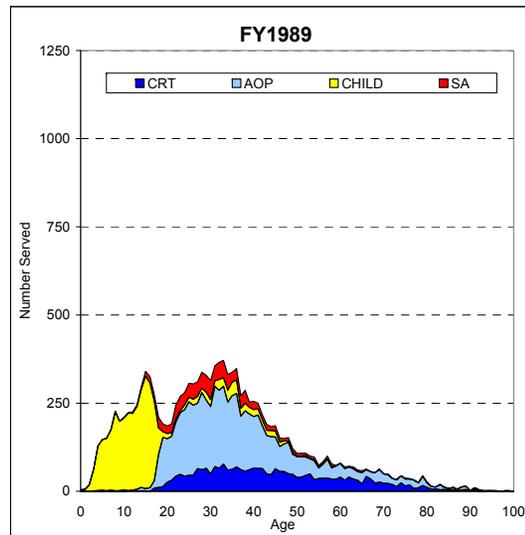
Among young adults (ages 20-34), the caseloads of Adult Mental Health Outpatient programs (AOP) increased from 2,824 in FY1989 to 3,385 in FY1994, and then decreased steadily to 2,102 in FY2009. The caseloads of Community Rehabilitation and Treatment (CRT) programs for adults with serious mental illness increased slightly from 793 in FY1989 to 804 in FY1994, and then decreased to 566 in FY2009.

Among individuals in the 35-49 age group, the caseloads of AOP programs increased from 1,918 in FY1989 to a high of 2,628 in FY1999, and then decreased to 2,015 in FY2009. In this same age group, the caseloads of CRT programs increased from 875 in FY1989 to 1,289 in FY1999, and then decreased to 1,066 in FY2009. The caseloads in the 50-64 age group doubled in both the AOP and CRT programs during this period. In the 65+ age group, the caseloads increased in AOP programs from 437 in FY1989 to 938 in FY2004, followed by a decrease to 811 in FY2009. In the same 65+ age group, the caseloads in CRT programs decreased from 377 in FY1989 to 309 in FY2009.

The caseloads of individuals aged 13-19 in Substance Abuse (SA) programs increased substantially from 243 in FY1994 to 1,094 in FY2004, before decreasing to 528 in FY2009 (Substance Abuse data were incomplete prior to 1994). Among the 20-34 age group and the 35-49 age group, caseloads in SA programs increased by more than a third from FY1994 to FY2009. In the 50-64 age group, SA program caseloads more than doubled during the same period.

We look forward to your questions and comments about this report, and your suggestions for further analyses of these data. As always, we can be reached at pip@vdh.state.vt.us or 802-863-7249.

Age of Vermont CMHC Clients By Program: FY1989 - FY2009



Analysis is based on Quarterly Service Reports (QSR) and Monthly Service Reports (MSR) provided to the Vermont Department of Mental Health (DMH) by designated agencies and is based on primary program assignment, including clients assigned to Community Rehabilitation and Treatment (CRT) programs for adults with serious mental illness, Adult Mental Health Outpatient (AOP) programs for adults who are experiencing emotional, behavioral or adjustment problems severe enough to warrant professional attention, Children's Services (Child) programs, and Substance Abuse (SA) programs.

Age of Vermont CMHC Clients By Program: FY1989 - FY2009

<u>Program</u>		<u>Age Group</u>					
<u>Fiscal Year</u>	<u>Total</u>	<u>0-12</u>	<u>13-19</u>	<u>20-34</u>	<u>35-49</u>	<u>50-64</u>	<u>65+</u>
<u>Children's Services</u>							
2009	9,710	4,537	4,958	182	17	14	2
2004	10,021	5,080	4,757	158	19	5	2
1999	7,391	3,264	3,930	129	53	11	4
1994	5,289	2,447	2,435	239	149	15	4
1989	3,749	1,523	1,661	261	274	24	6
<u>Adult MH Outpatient</u>							
2009	6,478	5	224	2,102	2,015	1,321	811
2004	7,114	45	289	2,259	2,378	1,205	938
1999	7,311	12	361	2,711	2,628	900	699
1994	7,489	12	399	3,385	2,542	704	447
1989	6,099	19	287	2,824	1,918	614	437
<u>Community Rehabilitation</u>							
2009	3,073	0	26	566	1,066	1,106	309
2004	3,204	2	36	633	1,286	922	325
1999	3,071	2	35	646	1,289	776	323
1994	3,082	1	32	804	1,184	684	377
1989	2,646	2	38	793	875	561	377
<u>Substance Abuse</u>							
2009	4,577	1	528	2,213	1,336	457	42
2004	5,099	5	1,094	2,032	1,537	391	40
1999	4,515	6	869	1,790	1,527	283	40
1994	3,096	21	243	1,646	949	194	43
1989	1,114	8	120	617	281	78	10
<u>Total</u>							
2009	23,838	4,543	5,736	5,063	4,434	2,898	1,164
2004	25,438	5,132	6,176	5,082	5,220	2,523	1,305
1999	22,288	3,284	5,195	5,276	5,497	1,970	1,066
1994	18,956	2,481	3,109	6,074	4,824	1,597	871
1989	12,494	1,544	1,986	3,878	3,067	1,199	820

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