

Vermont Mental Health Performance Indicator Project
Agency of Human Services, Department of Health, Division of Mental Health
108 Cherry Street, Burlington, Vermont 05401

TO: Vermont Mental Health Performance Indicator Project
Advisory Group and Interested Parties

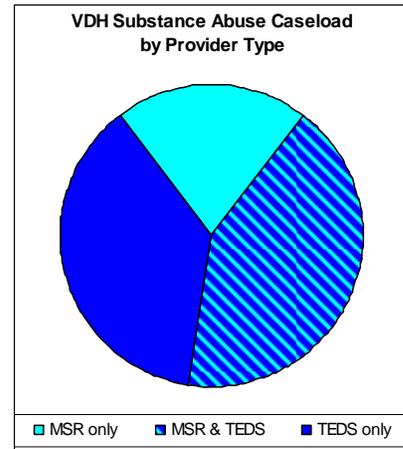
FROM: John Pandiani, Barbara Carroll and Olivia Kobel

DATE: November 24, 2006

RE: Mental Health Diagnoses Reported by Substance Abuse Programs

This week's brief report examines the frequency with which adults assigned to Substance Abuse (SA) programs received a mental health diagnosis. Information for this report is drawn from Monthly Service Report (MSR) data files that are submitted to the Division of Mental Health (DMH) by designated community agencies (DAs) and the Treatment Episode Data Set (TEDS) maintained by the Office for Alcohol and Drug Abuse Prevention (ADAP). The DMH MSR database includes basic demographic, clinical and community functioning data for individuals assigned to SA programs in a Vermont DA during FY2006. The ADAP TEDS database includes information about individuals who received public SA services in FY2006.

There is substantial overlap between the DMH MSR database and the ADAP TEDS database. During FY2006, a total of 7,773 unduplicated SA service recipients were reported in the MSR and/or the TEDS databases: 42% were reported in both data sets, 37% were reported in TEDS only, and 21% were reported in MSR only. Probabilistic Population Estimation (PPE) was used to calculate the unduplicated number of individuals served in each data set as well as across both data sets.

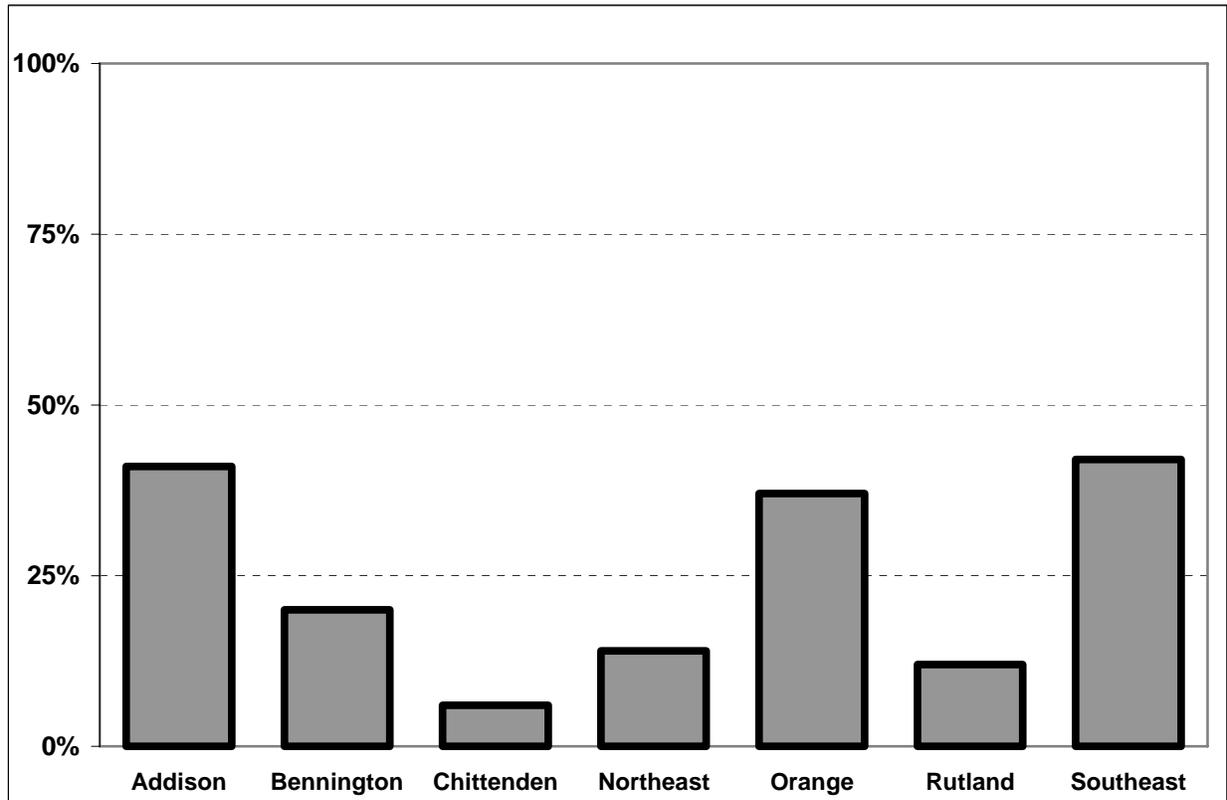


As you will see in the graph and table on the following page, of the 4,645 adults assigned to SA programs in the MSR database, 16% received a co-occurring mental health diagnosis. There were substantial differences in reporting of co-occurring mental health diagnoses among DAs. The rates at which mental health diagnoses were reported for adult SA clients ranged from a low of 6% in Chittenden County to more than 40% in Vermont's Southeast region and Addison County.

The most frequently reported mental health diagnoses were affective disorders (9% statewide and 26% in the Southeast region) and anxiety disorders (6% statewide and 20% in the Southeast region).

We look forward to your comments and suggestions regarding the interpretation of these data as well as ways in which these data can be improved (pip@vdh.state.vt.us or 802.863.7249).

**Co-occurring Mental Health Diagnoses
among Adults Assigned to Substance Abuse Programs
in Vermont Community Mental Health Centers during FY2006**



Clinic	Total Number Served	Percent with Mental Health Diagnosis					
		Any Mental Health Diagnosis	Affective Disorder	Anxiety Disorder	Adjustment Disorder	Personality Disorder	Other or No MH Diagnosis
Addison	219	41%	19%	10%	10%	3%	0%
Bennington	367	20%	11%	5%	1%	1%	6%
Chittenden	2,050	6%	2%	2%	1%	1%	1%
Lamoille	-	-	-	-	-	-	-
Northeast	587	14%	9%	4%	2%	1%	4%
Northwest	-	-	-	-	-	-	-
Orange	389	37%	19%	15%	6%	4%	4%
Rutland	634	12%	7%	4%	2%	2%	5%
Southeast	399	42%	26%	20%	3%	2%	7%
Washington	-	-	-	-	-	-	-
Total	4,645	16%	9%	6%	2%	1%	3%

Analyses are based on anonymous extracts from the FY2006 Monthly Service Report (MSR) data sets submitted to DMH by designated community agencies. Because individuals may receive multiple diagnoses, diagnostic groups do not represent unduplicated counts of people served.