

Vermont Mental Health Performance Indicator Project
Agency of Human Services, Department of Health, Department of Mental Health
108 Cherry Street, Burlington, Vermont 05401

TO: Vermont Mental Health Performance Indicator Project
Advisory Group and Interested Parties

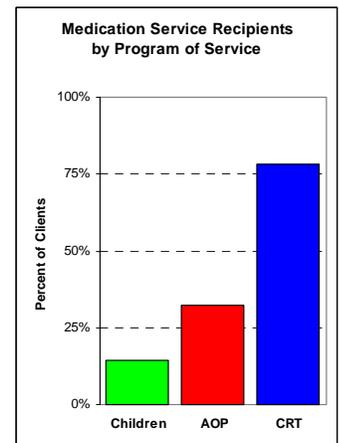
FROM: John Pandiani and Barbara Carroll

DATE: November 21, 2008

RE: Medication Monitoring in CMHC Programs: FY2008

The attached table and graph provide information about the proportion of Vermont community mental health service recipients who received Medication and Medical Support and Consultation Services (“med checks”) from Children’s Services, Adult Mental Health Outpatient (AOP), and Community Rehabilitation and Treatment (CRT) programs at each of Vermont’s ten designated community mental health agencies during FY2008. Medication and Medical Support and Consultation Services include evaluation of the need for psychoactive medication, the prescription by a qualified clinician, therapist, psychiatrist or nurse practitioner of psychoactive drugs intended to mitigate or prevent symptoms of mental illness, and the monitoring and assessment of patient reaction to prescribed drugs. This information is based on the Monthly Service Report data submitted to the Department of Mental Health by the designated agencies.

The information provided here is a small part of the detailed analysis of service delivery patterns available in the recently released FY2008 Department of Mental Health Statistical Report. The annual report includes four major statistical sections: the first section presents a comparative overview of Vermont’s service delivery system, the second section presents a more detailed description of community clients and services, the third section describes individuals who were in the Vermont State Hospital at any time during FY2008, and the fourth section presents a historical overview of the caseloads of the major community service programs. These sections are followed by detailed notes that provide the definitions, methodological specifications, and caveats necessary to interpret the statistical results. This 24th annual report is available online at <http://healthvermont.gov/mh/docs/evaluation/annual-stats.aspx>. A limited number of hard copies of this report are also available from pip@vdh.state.vt.us.



As you will see, there was substantial variation among programs in the proportion of service recipients who received medication monitoring services. Adults with serious mental illness served by Vermont’s CRT programs were the most likely to receive

medication monitoring services (78%), followed by individuals served by AOP programs (32%) and young people served by Children's Services Programs (15%).

There were also some substantial differences among designated agencies in the proportion of individuals within specified programs who received medication monitoring services. The proportion of CRT service recipients who received medication monitoring services varied from 88% in the Northeast Kingdom to 44% in Addison County.

The proportion of AOP service recipients who received medication monitoring services varied from more than 60% in Lamoille County and the Northeast Kingdom to less than 15% in Rutland, Washington, and Chittenden Counties.

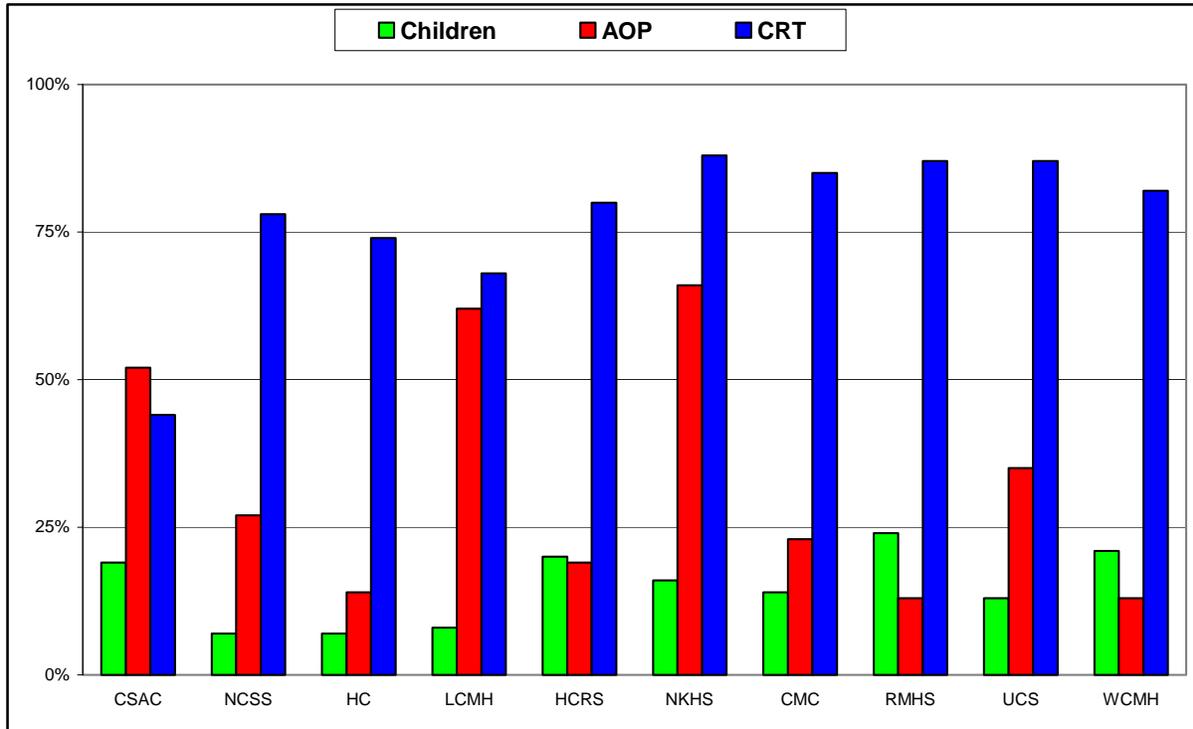
The proportion of Children's Services service recipients who received medication monitoring services varied from more than 20% in Washington and Rutland Counties to less than 10% in Lamoille and Chittenden Counties and in Northwest Vermont.

A list of previous PIP reports on medication services is included at the end of this report.

We look forward to your comments and your suggestions for further analyses of these data. As always, you can reach us by e-mail at pip@vdh.state.vt.us or by phone at 802-863-7249.

MEDICATION AND MEDICAL SUPPORT AND CONSULTATION SERVICES

by Program of Service: FY2008



	Children's Services			Adult MH Outpatient			Community Rehabilitation & Treatment		
	Total Clients Served	Clients Receiving Medication Services		Total Clients Served	Clients Receiving Medication Services		Total Clients Served	Clients Receiving Medication Services	
	#	#	%	#	#	%	#	#	%
OVERALL	9,787	1,425	15%	7,013	2,278	32%	3,325	2,597	78%
Community Service Providers									
CSAC - Addison	864	167	19%	627	324	52%	221	98	44%
NCSS - Northwest	1,267	88	7%	1,165	312	27%	254	197	78%
HC - Chittenden	2,023	138	7%	535	74	14%	756	557	74%
LCMH - Lamoille	438	37	8%	234	146	62%	140	95	68%
HCRS - Southeast	1,400	276	20%	754	142	19%	394	317	80%
NKHS - Northeast	875	142	16%	987	654	66%	374	329	88%
CMC - Orange	605	82	14%	703	163	23%	213	181	85%
RMHS - Rutland	909	222	24%	318	42	13%	316	274	87%
UCS - Bennington	645	81	13%	907	317	35%	206	180	87%
WCMH - Washington	761	160	21%	783	104	13%	451	369	82%

Analysis is based on Monthly Service Report data submitted to the Vermont Department of Mental Health by the designated agencies.

Analysis by the Vermont Mental Health Performance Indicator Project.

Children's Medication PIP Reports

- [Psychotropic Medications Received by Medicaid Enrolled Youth 1997-2007](#) (02/29/08)
- [Children's Psychotherapeutic Medication](#) (08/29/03)
- [Utilization of Atypical Anti-psychotic Medication at CMHCs](#) (12/08/00)
- [Utilization of Chemotherapy in Children's Services Programs: 1995 - 1999](#) (04/14/00)
- [Practice Patterns: Medication](#) (08/21/98)

Adult MH and CRT Medication PIP Reports

- [CMHC Medication Monitoring After Discharge from VSH](#) (01/26/07)
- [Medication and Employment of CRT Clients](#) (02/07/03)
- [Atypical Anti-Psychotic Medications and Employment Outcomes](#) (06/07/02)
- [Atypical Anti-psychotic Medication and Trouble with the Law](#) (02/22/02)
- [Combining "Traditional" and "Atypical" Anti-Psychotic Medication for CRT Clients with Schizophrenia Diagnosis](#) (07/06/01)
- [Utilization of "Traditional" Anti-psychotic Medication by CRT Clients](#) (06/29/01)
- [Utilization of Atypical Anti-psychotic Medication by CRT Clients](#) (06/22/01)
- [Utilization of Atypical Anti-psychotic Medication by CRT Clients](#) (01/12/01)
- [Utilization of Atypical Anti-psychotic Medication at CMHCs](#) (12/08/00)
- [Utilization of Chemotherapy in Community Rehabilitation and Treatment Programs: 1995 - 1999](#) (04/28/00)
- [Utilization of Chemotherapy in Adult Mental Health Outpatient Programs: 1995 - 1999](#) (04/21/00)
- [Practice Patterns in the Treatment of Major Depression: Medication and Therapy](#) (09/25/98)
- [Practice Patterns in the Treatment of Schizophrenia: Medication and Case Management](#) (08/28/98)
- [Practice Patterns: Medication](#) (08/21/98)