

Vermont Mental Health Performance Indicator Project
Agency of Human Services, Department of Health, Division of Mental Health
108 Cherry Street, Burlington, Vermont 05401

TO: Vermont Mental Health Performance Indicator Project
Advisory Group and Interested Parties

FROM: John Pandiani and Olivia Hunter

DATE: November 11, 2005 *-Revised on January 29, 2009*

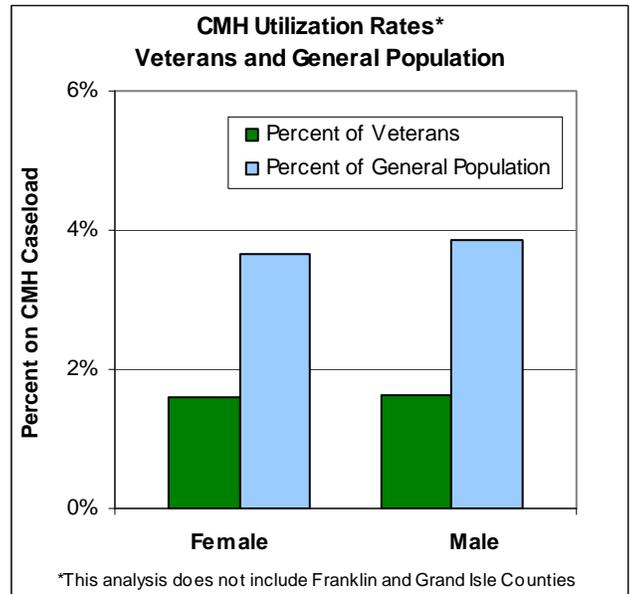
RE: Veterans' Clinical Characteristics

Veterans of military service are recognized as a population with the potential for an elevated need for mental health services. This Veterans Day PIP provides information about the clinical characteristics of veterans being served by Vermont community mental health Adult Outpatient programs, CRT programs for adults with serious mental illness, Substance Abuse programs, and other adults who were served during FY2004 but not assigned to a treatment program. Because clinical characteristics of male and female clients tend to differ, all comparisons between veterans and other clients will be reported separately for men and women. This report relied exclusively on data provided to DMH by designated community agencies.

The attached graphs and tables provide information on the clinical diagnosis and problem assessment of 893 Veterans (6.2% of all clients served). These include 800 men and 93 women (11% of male clients and 1% of female clients served). Based on comparison to US Census numbers, Vermont community mental health programs served 2% of all veterans residing in the state. This is about half the rate at which all Vermont residents were served by community mental health centers (4%).

Problem assessments at intake indicate that both male and female veterans were substantially more likely than other clients to pose a threat of suicide. Male veterans were more likely than other male clients to have medical problems and less likely than other male clients to have a problem with drugs. Female veterans were substantially more likely than other female clients to be reported as abuse/assault/rape victims. Male veterans were substantially more likely than other male clients to have a diagnosis of an affective disorder and female veterans were substantially more likely to have a diagnosis of a psychotic disorder.

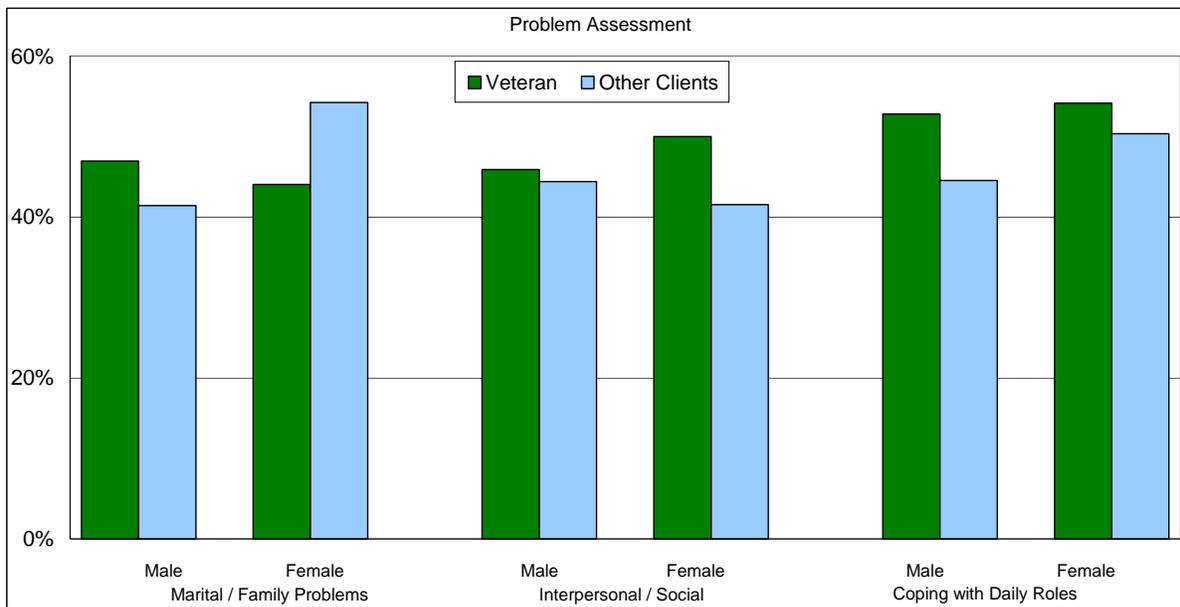
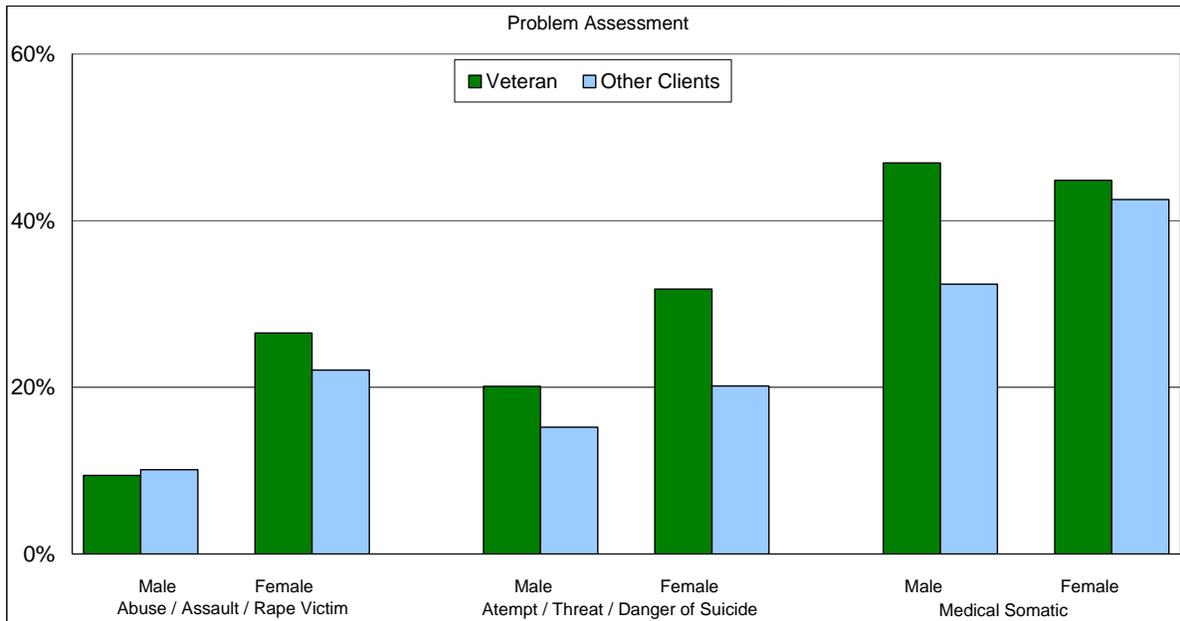
We look forward to your questions, your interpretations of these findings, and your suggestions for further analysis that focuses on relative access to care, practice patterns, and treatment outcomes for veterans of military services. Please contact us at 802.863.7249 or pip@vdh.state.vt.us.



Clinical Characteristics of Veterans

Vermont Community Health Centers, FY2004

(Excludes Franklin and Grand Isle Counties)



	Abuse / Assault / Rape Victim				Attempt / Threat / Danger of Suicide				Medical Somatic				
	Male		Female		Male		Female		Male		Female		
	Vet	Other	Vet	Other	Vet	Other	Vet	Other	Vet	Other	Vet	Other	
Total Number	668	5,638	83	6,441	696	5,773	85	6,558	731	5,925	87	6,797	
Total with Problem Assessment	#	63	571	22	1,422	140	878	27	1,322	343	1,917	39	2,891
	%	9%	10%	27%	22%	20%	15%	32%	20%	47%	32%	45%	43%

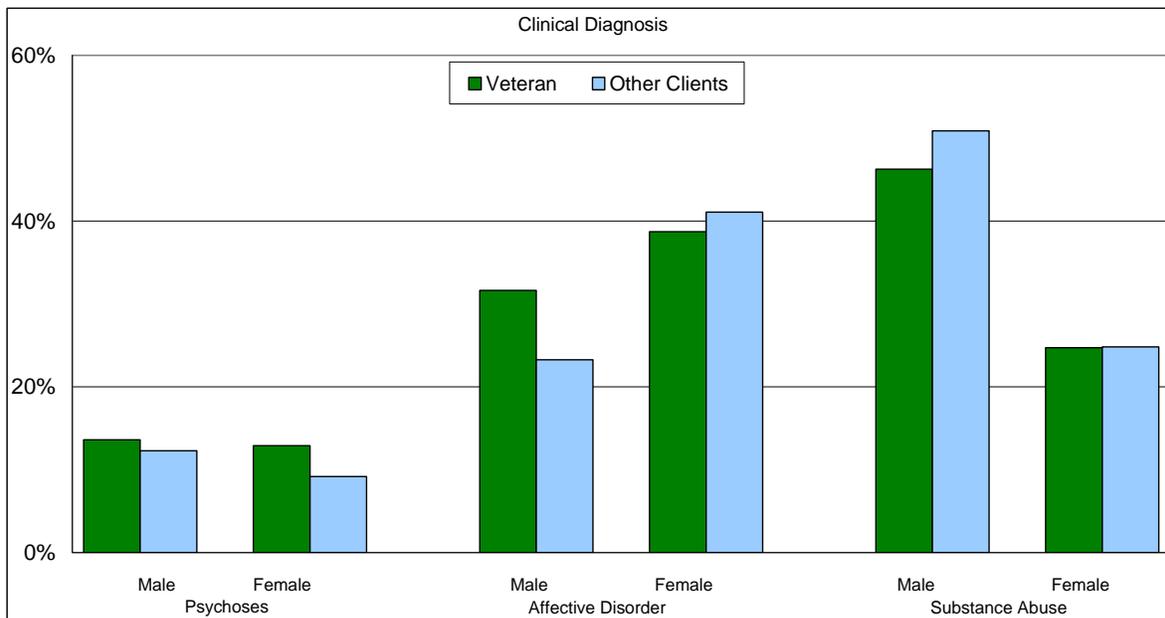
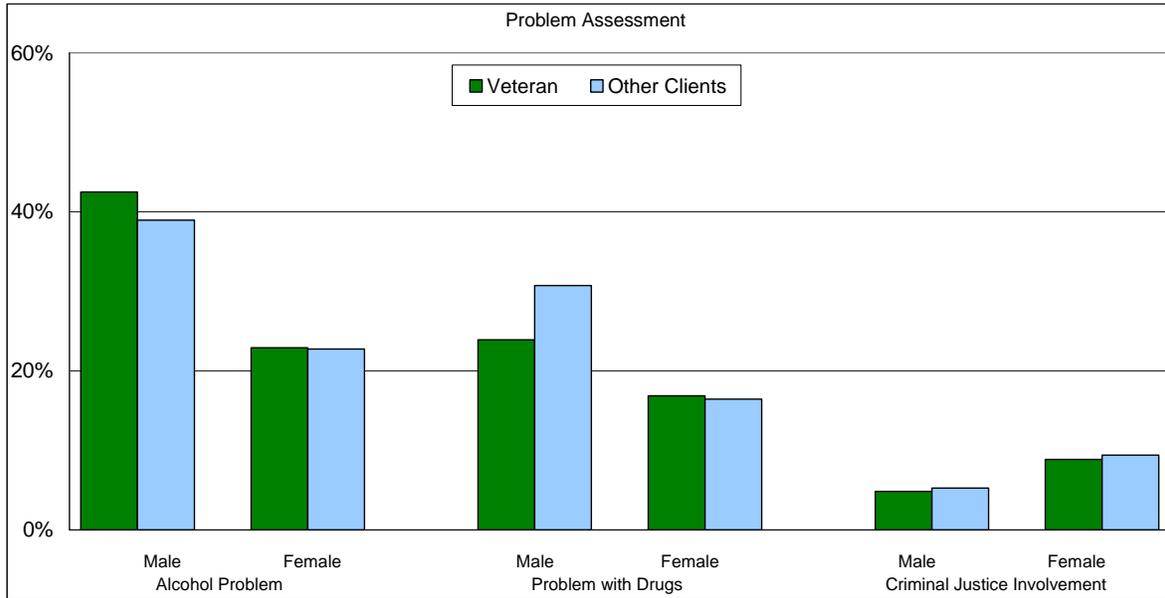
	Marital / Family Problems				Interpersonal / Social				Coping with Daily Roles				
	Male		Female		Male		Female		Male		Female		
	Vet	Other	Vet	Other	Vet	Other	Vet	Other	Vet	Other	Vet	Other	
Total Number	722	5,979	84	6,828	706	5,939	82	6,564	718	5,945	85	6,661	
Total with Problem Assessment	#	339	2,476	37	3,703	324	2,637	41	2,726	379	2,648	46	3,354
	%	47%	41%	44%	54%	46%	44%	50%	42%	53%	45%	54%	50%

This report is based on analysis of Monthly Service Report data provided to DMH by designated community agencies. These data files include up to four clinical diagnoses and thirteen problem assessments for each person. This analysis does not include Franklin and Grand Isle counties due to coding problems.

Clinical Characteristics of Veterans

Vermont Community Health Centers, FY2004

(Excludes Franklin and Grand Isle Counties)



	Alcohol Problem				Problem with Drugs				Criminal Justice Involvement				
	Male		Female		Male		Female		Male		Female		
	Vet	Other	Vet	Other	Vet	Other	Vet	Other	Vet	Other	Vet	Other	
Total Number	685	5,711	83	6,568	707	5,924	83	6,461	661	5,580	79	6,307	
Total with Problem Assessment	#	291	2,225	19	1,494	169	1,820	14	1,063	32	293	7	593
	%	42%	39%	23%	23%	24%	31%	17%	16%	5%	5%	9%	9%

	Psychoses				Affective Disorder				Substance Abuse				
	Male		Female		Male		Female		Male		Female		
	Vet	Other	Vet	Other	Vet	Other	Vet	Other	Vet	Other	Vet	Other	
Total Number	800	6,396	93	7,091	800	6,396	93	7,091	800	6,396	93	7,091	
Total with Clinical Diagnosis	#	109	786	12	651	253	1,488	36	2,912	370	3,254	23	1,760
	%	14%	12%	13%	9%	32%	23%	39%	41%	46%	51%	25%	25%

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