

Vermont Mental Health Performance Indicator Project
Vermont Agency of Human Services, Department of Mental Health
103 South Main Street, Waterbury Vermont 05671

TO: Vermont Mental Health Performance Indicator Project
Advisory Group and Interested Parties

FROM: John Pandiani and Katie Jones

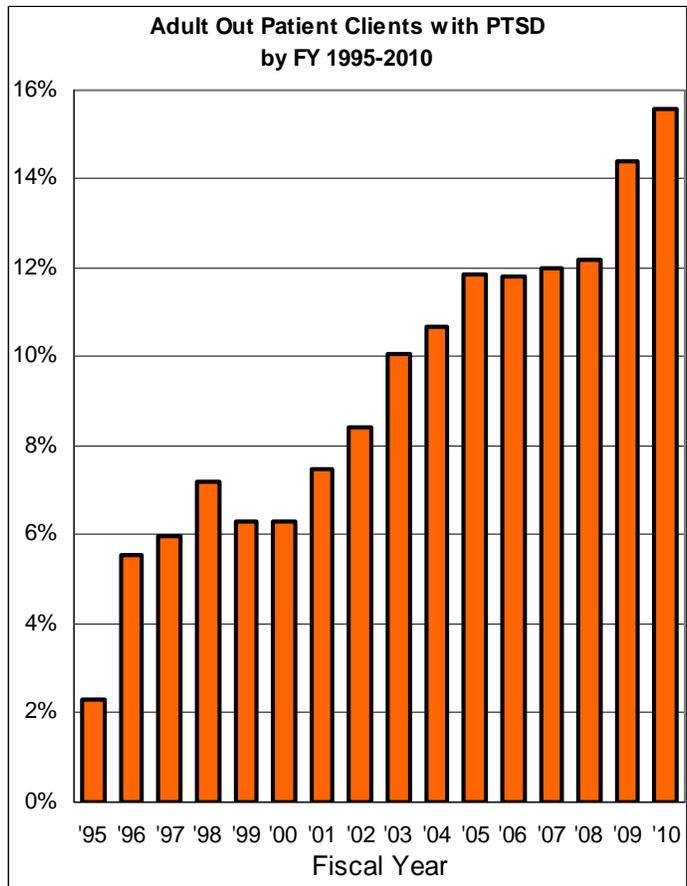
DATE: March 4, 2011 (Revised on March 8, 2011)

RE: Adult Outpatient Clients with PTSD Diagnosis by Gender FY1995 – 2010

This week's PIP provides an overview of the prevalence of Post-Traumatic Stress Disorder (PTSD) diagnosis in adult mental health outpatient (AOP) programs in Department of Mental Health (DMH) designated community agencies during FY 1995-2010. This report was prepared in response to a request from Margaret Joyal, Adult Outpatient Services Director at Washington County Mental Health Services.

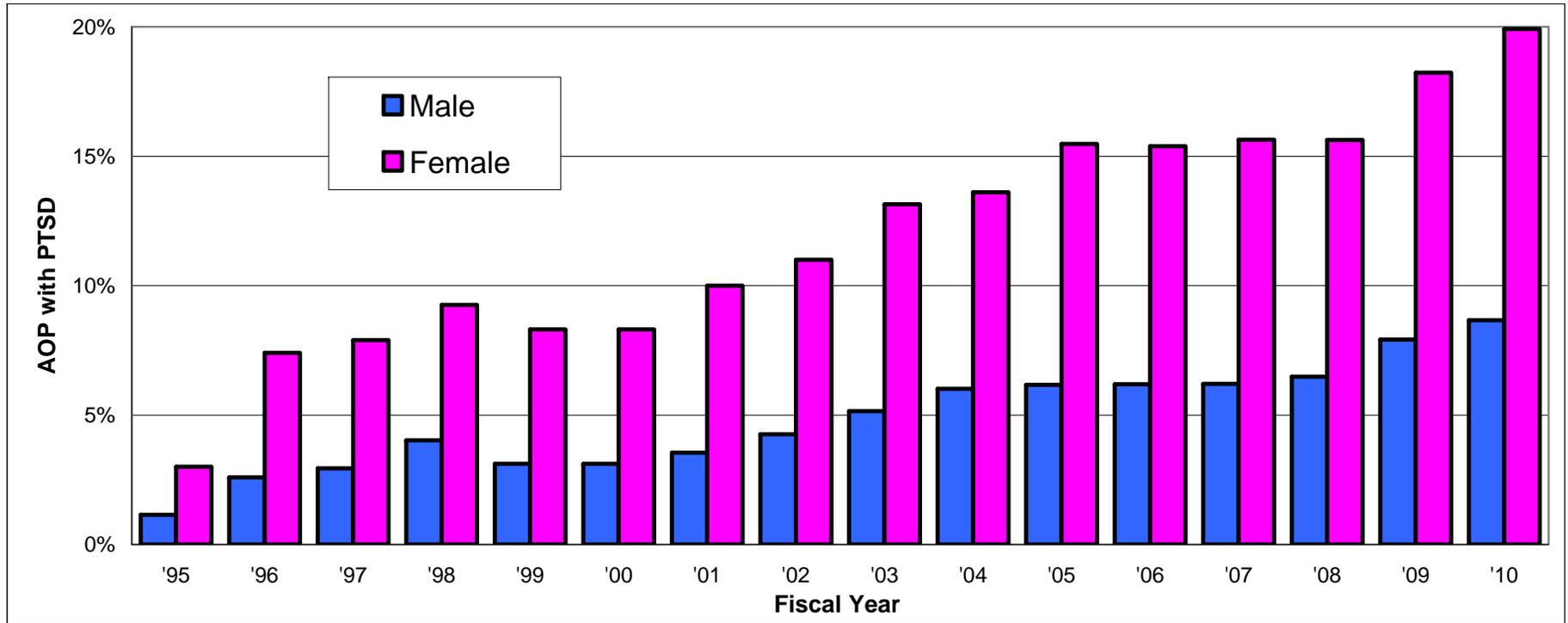
The findings reported here are based on analysis of Quarterly and Monthly Service Report data submitted to DMH by community providers. These data files include up to four diagnoses for each person. This analysis includes all individuals with a primary or secondary diagnosis of PTSD (309.81).

As you will see, the proportion of AOP service recipients who had a PTSD diagnosis increased from 2% in FY1995 to 8% in FY2002 and 16% in FY2010. PTSD diagnosis was much more prevalent (two to three times as prevalent) among female service recipients as compared to male service recipients. The overall rate of increase in the PTSD diagnosis for women, was more than twice as great as the rate of increase in PTSD diagnosis for men.



We look forward to your questions, comments, and requests for further analysis of data regarding community mental health recipients' diagnoses. Send your suggestions and questions to pip@ahs.state.vt.us or 802-241-4049.

Adult Mental Health Outpatient Service Recipients with Post-Traumatic Stress Disorder Vermont FY 1995 - 2010



		AOP Clients Total Served and with PTSD															
		Fiscal Year															
		1995	1996	1997	1998	1999	2000	2001	2002	2003	2004	2005	2006	2007	2008	2009	2010
Total	# AOP	7,351	7,597	7,768	7,741	7,223	7,197	7,089	7,215	7,001	7,014	6,873	6,604	6,367	6,598	6,437	6,744
	# PTSD	169	423	464	558	431	453	531	607	705	748	815	781	765	804	926	1051
	%PTSD	2%	6%	6%	7%	6%	6%	7%	8%	10%	11%	12%	12%	12%	12%	14%	16%
Male	# AOP	2,787	2,897	3,023	3,029	2,836	2,794	2,760	2,772	2,697	2,723	2,674	2,554	2,446	2,483	2,400	2,597
	# PTSD	32	75	89	122	83	87	98	118	139	164	165	158	152	161	190	225
	% PTSD	1%	3%	3%	4%	3%	3%	4%	4%	5%	6%	6%	6%	6%	6%	8%	9%
Female	# AOP	4,564	4,700	4,745	4,712	4,387	4,403	4,329	4,443	4,304	4,291	4,199	4,050	3,921	4,115	4,037	4,147
	# PTSD	137	348	375	436	348	366	433	489	566	584	650	623	613	643	736	826
	% PTSD	3%	7%	8%	9%	8%	8%	10%	11%	13%	14%	15%	15%	16%	16%	18%	20%

Based on analysis of Quarterly and Monthly Service Report data provided to the Vermont Department of Mental Health by designated agencies. Analysis includes all people with a primary or secondary diagnosis of PTSD (309.81) and a primary program assignment of Adult Outpatient.