

Vermont Mental Health Performance Indicator Project

Agency of Human Services, Department of Mental Health
26 Terrace Street, Montpelier, Vermont 05609

TO: Vermont Mental Health Performance Indicator Project
Advisory Group and Interested Parties

FROM: John Pandiani, Walter Ochs, and Emma Harrigan

DATE: March 2, 2012

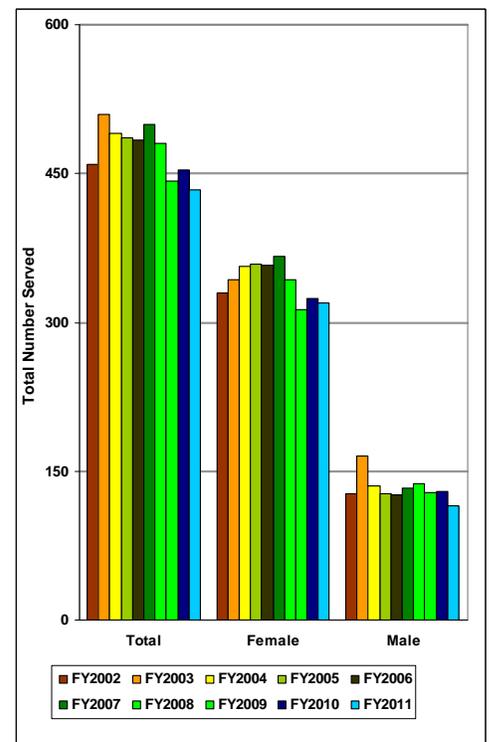
RE: Elder Care Programs FY2011

The attached tables and graphs provide an overview of Vermont's Community Mental Health Elder Care Programs for FY2011. The analysis is based on data from the Monthly Service Report (MSR) data submitted to the Department of Mental Health by designated agencies, and includes adults age 60 years and older served by Elder Care Programs. Reports for FY2008 and FY2009 can be found on the web at: http://mentalhealth.vermont.gov/sites/dmh/files/pip/DMH-PIP_Aug_29_2008.pdf and http://mentalhealth.vermont.gov/sites/dmh/files/pip/DMH-PIP_Oct_23_2009.pdf

Since 2002, the number of clients served by Elder Care Programs has been relatively consistent, ranging from a high of 509 in FY2003 to a current low of 434 in FY2011. Many more women than men were served in every year, with women accounting for two thirds to three quarters of the total Elder Care population.

As you will see, the highest proportion of clients served during FY2011 were in their 60's (35%) and 70's (35%). The smallest numbers served were in their 80's and older (30%). Medicare was the most common source of insurance for Elder Care clients (85%), followed by Medicaid (53%). The most common diagnosis reported for Elder Care clients was Depressive Disorders (62%), and the most common problem areas reported were depression and problems in daily living (76% and 64%, respectively).

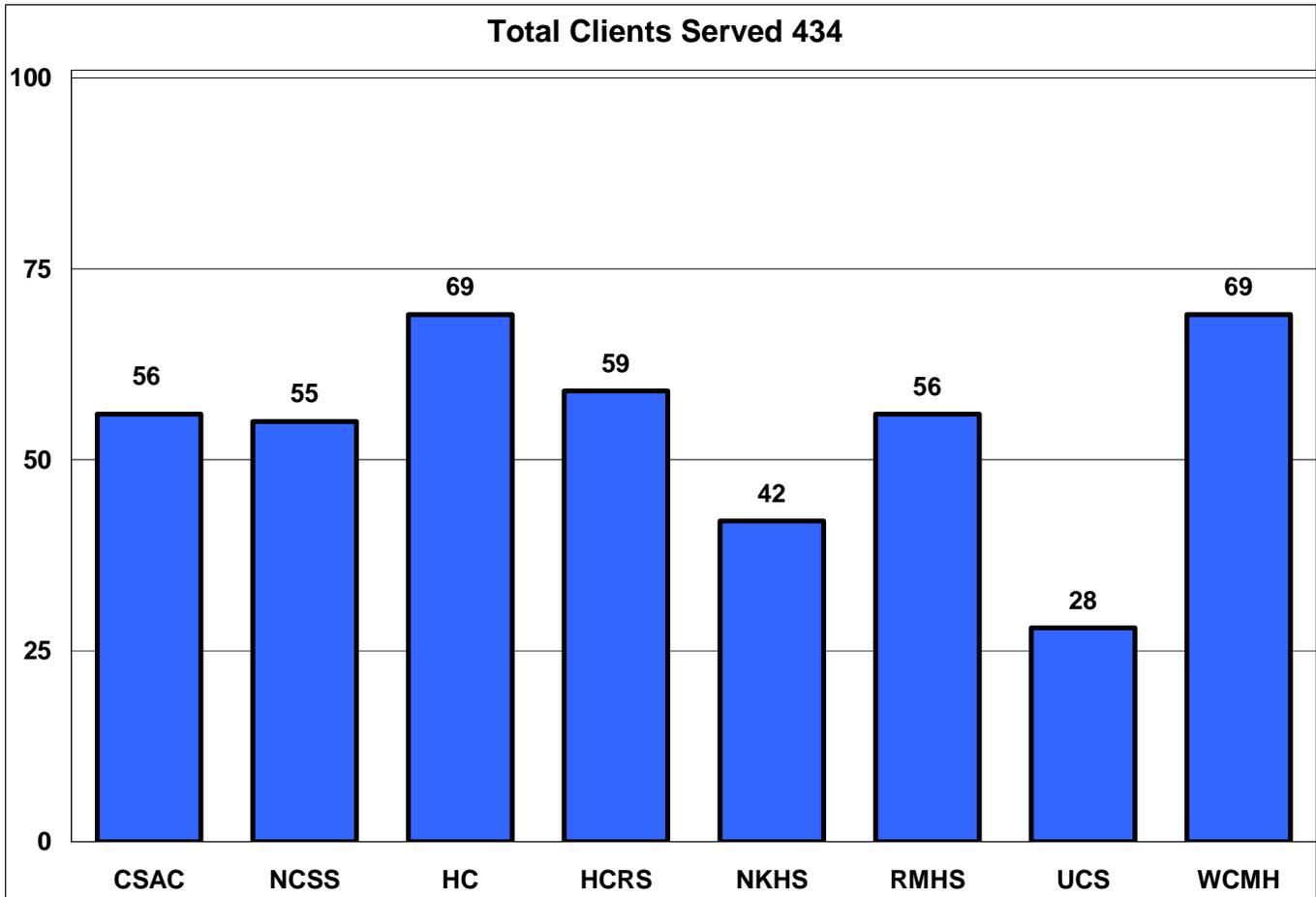
There was substantial variation in the location in which Elder Care services were provided by designated agencies. In FY2011, Bennington (UCS) and Addison (CSAC) Counties reported the largest proportion of services in "Office" settings (96% and 61%, respectively) while the Southeast region (HCRS) reported the smallest proportion (2%) in an "Office" setting. For services provided "In-home", Washington County (WCMH) reported the largest proportion (86%) while Bennington (UCS) reported the smallest proportion (4%). For services provided in a "Community" setting, HCRS reported the largest proportion (29%), while WCMH, CSAC, and UCS reported the smallest proportions (2%, 0% and 0%, respectively).



As always, we look forward to your comments, questions, and suggestions for further analysis of community mental health center Elder Care Program data. You can reach us at pip@state.vt.us or 802-828-1703.

Elder Care Programs

Vermont Community Mental Health Centers - FY2011



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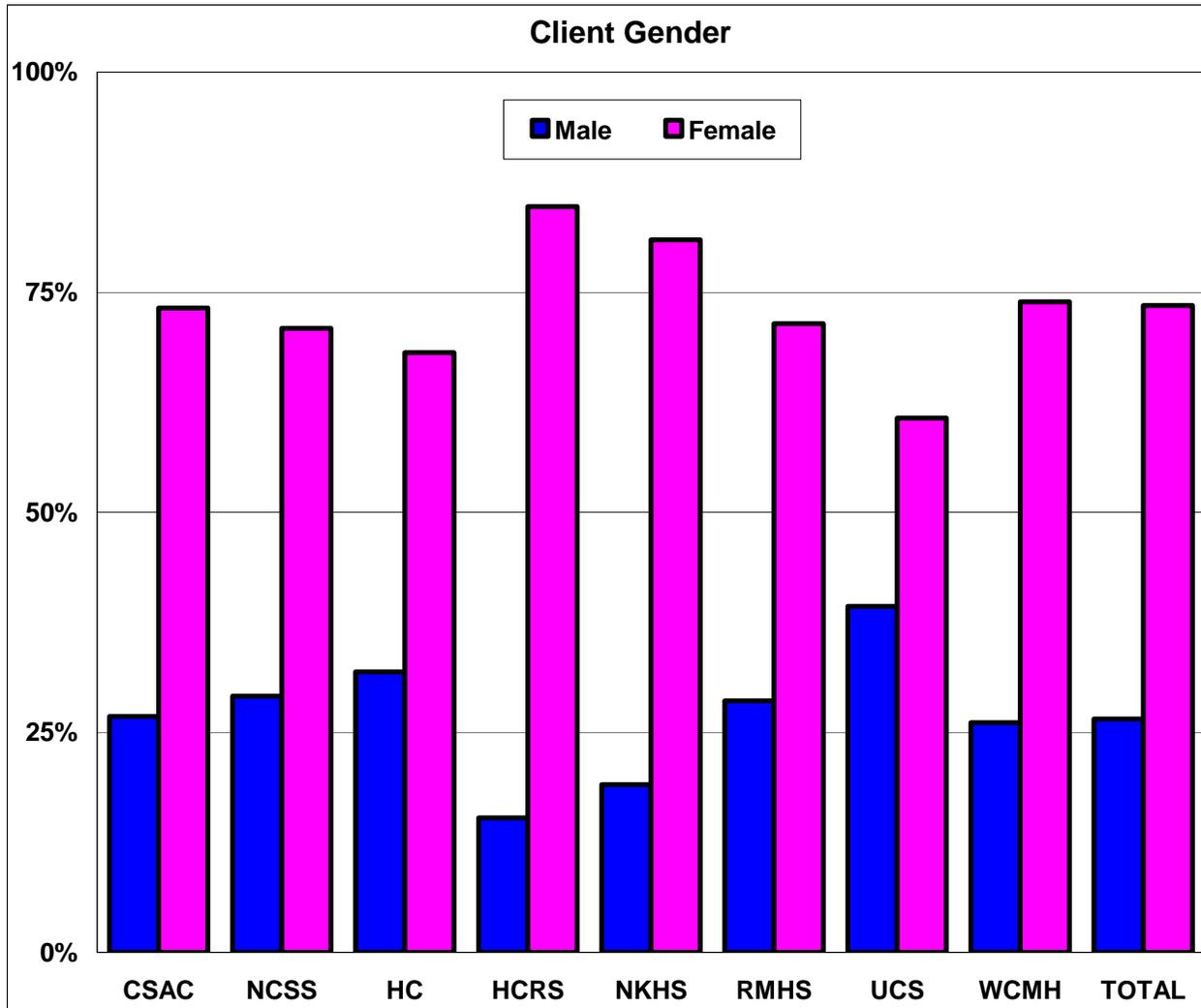
REPORT 2011

- * Clients Served
 - By Gender
 - By Age
 - By Insurance Coverage
- * Primary and Secondary Diagnoses
- * Problem Checklists
- * Reported Units of Service
- * Reported Service Events
- * Location of Services

Analysis is based on extracts from Monthly Service Reports (MSR) submitted to DMH by the community mental health centers. The extract from the MSR database includes July 2010 - June 2011 monthly service records, with an Elder Care cost center, and units greater than 0. Analysis includes adults with age reported as 60 and older and individuals with missing date of birth information.

Elder Care Programs

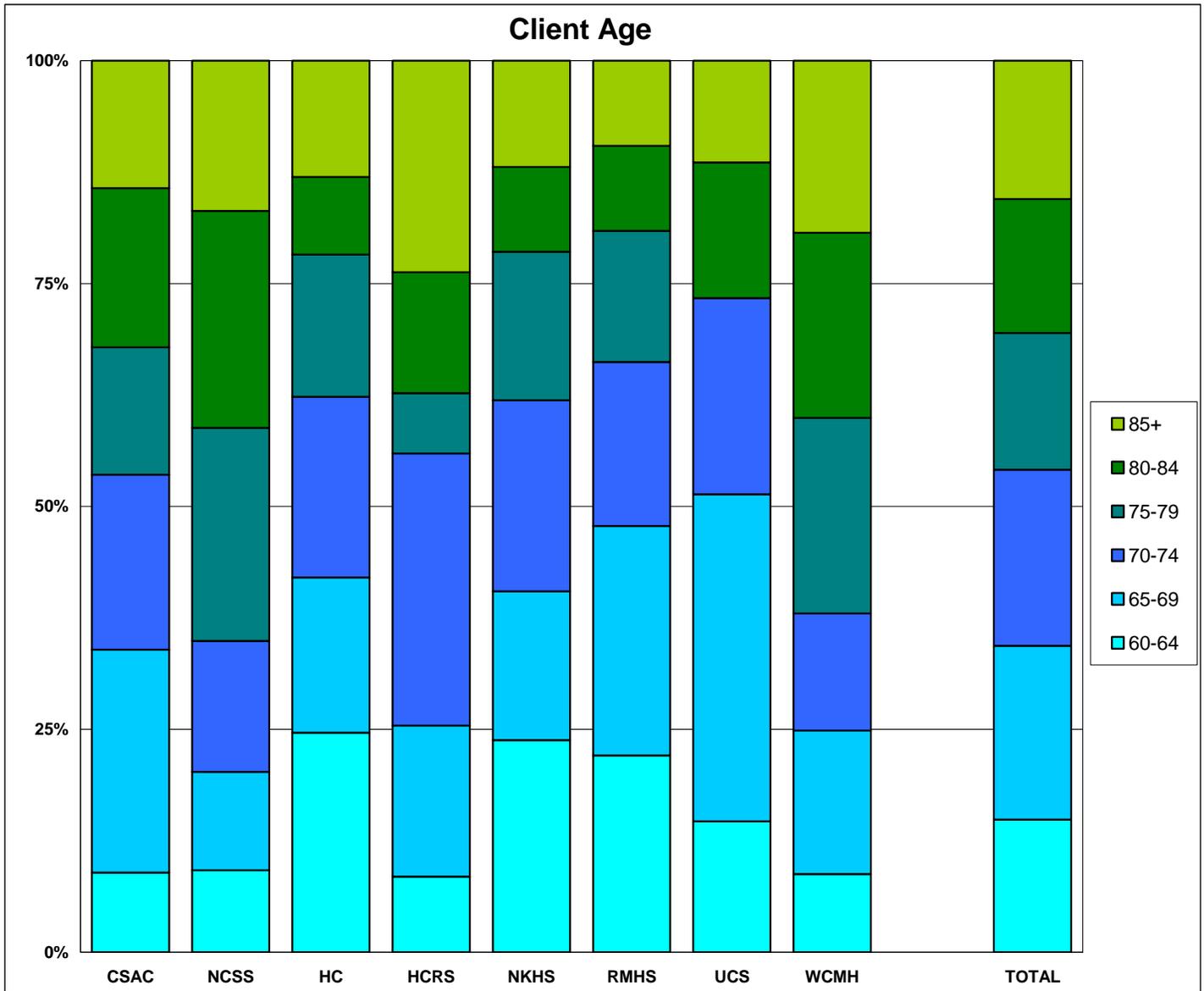
Vermont Community Mental Health Centers - FY2011



CMHC	Clients Served	Male		Female	
		Number	Percent	Number	Percent
CSAC	56	15	27%	41	73%
NCSS	55	16	29%	39	71%
HC	69	22	32%	47	68%
HCRS	59	9	15%	50	85%
NKHS	42	8	19%	34	81%
RMHS	56	16	29%	40	71%
UCS	28	11	39%	17	61%
WCMH	69	18	26%	51	74%
TOTAL	434	115	26%	319	74%

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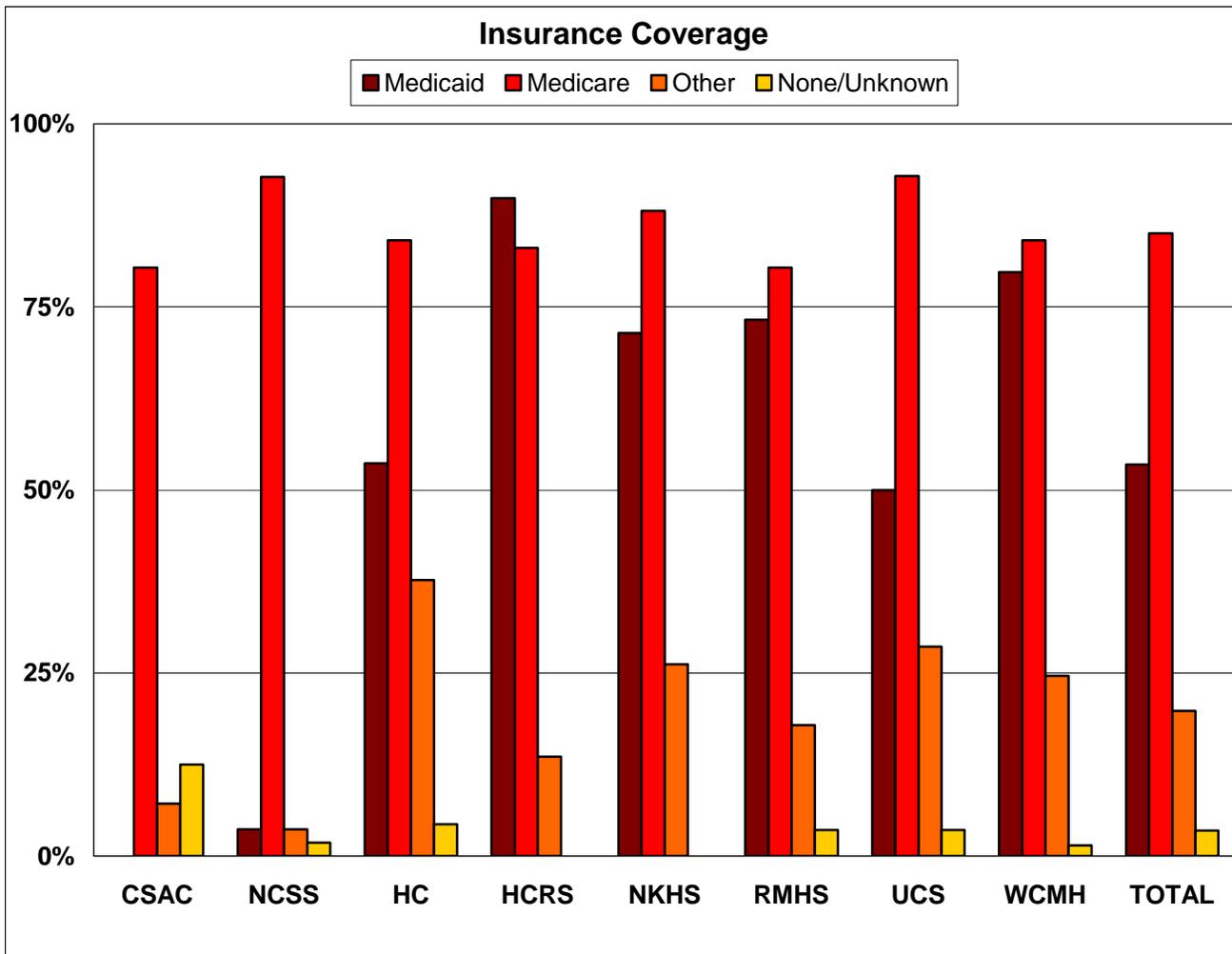
Elder Care Programs Vermont Community Mental Health Centers - FY2011



CMHC	Clients Served	Clients w/ Age Info	60-64		65-69		70-74		75-79		80-84		85+	
			#	%	#	%	#	%	#	%	#	%	#	%
CSAC	56	56	5	9%	14	25%	11	20%	8	14%	10	18%	8	14%
NCSS	55	54	5	9%	6	11%	8	15%	13	24%	13	24%	9	17%
HC	69	69	17	25%	12	17%	14	20%	11	16%	6	9%	9	13%
HCRS	59	59	5	8%	10	17%	18	31%	4	7%	8	14%	14	24%
NKHS	42	42	10	24%	7	17%	9	21%	7	17%	4	10%	5	12%
RMHS	56	54	12	22%	14	26%	10	19%	8	15%	5	9%	5	9%
UCS	28	27	4	15%	10	37%	6	22%	0	0%	4	15%	3	11%
WCMH	69	68	6	9%	11	16%	9	13%	15	22%	14	21%	13	19%
TOTAL	434	429	64	15%	84	20%	85	20%	66	15%	64	15%	66	15%

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Elder Care Programs Vermont Community Mental Health Centers - FY2011



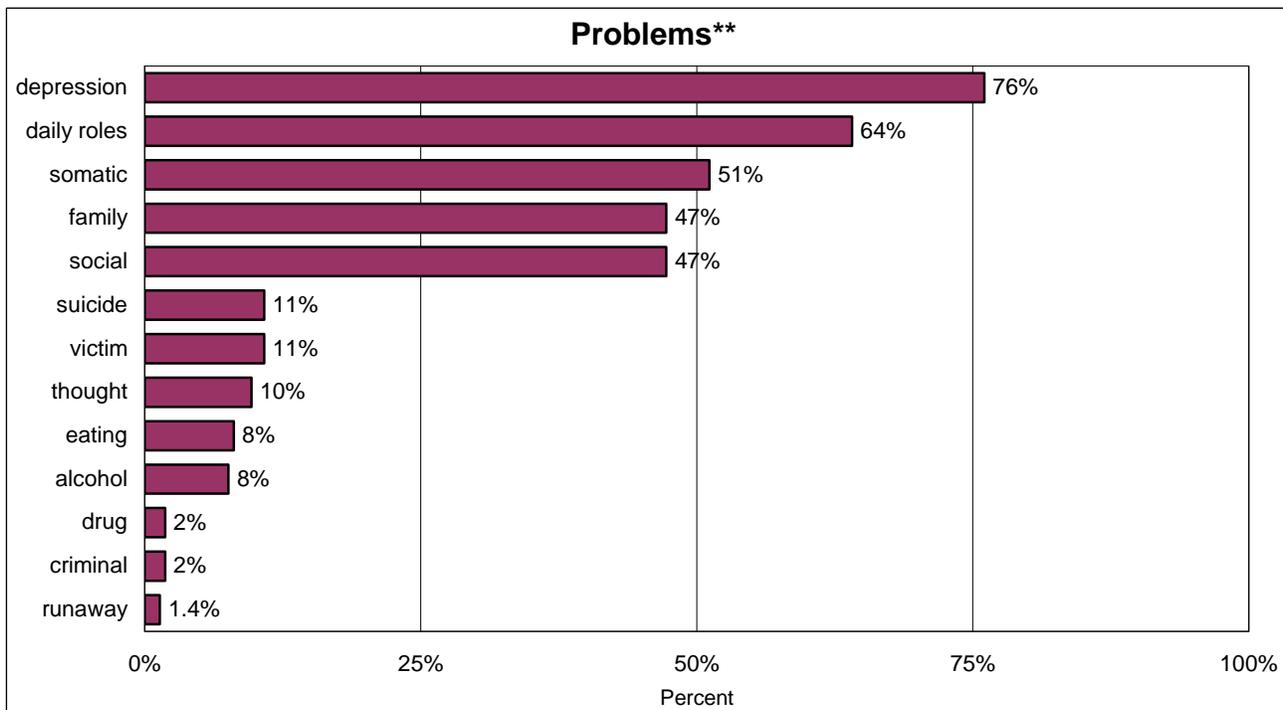
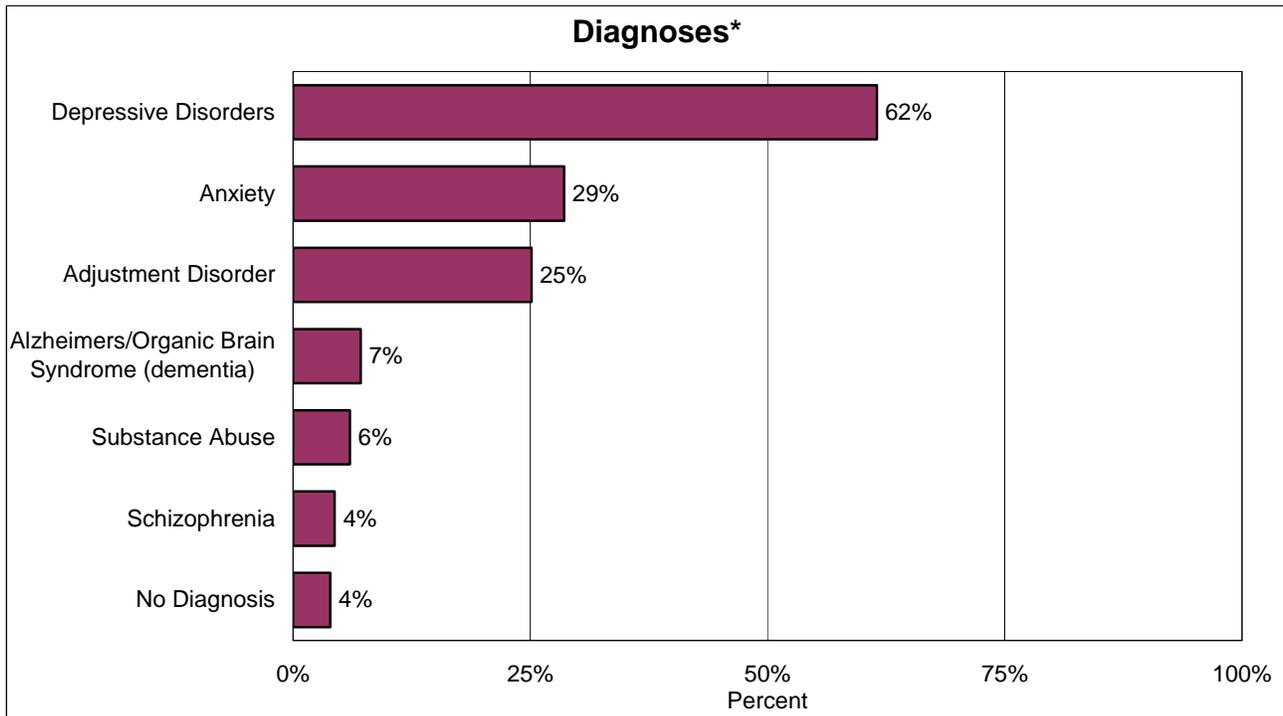
CMHC	Clients Served	Medicaid		Medicare		Other		None/Unknown	
		Number	Percent	Number	Percent	Number	Percent	Number	Percent
CSAC	56	0	0%	45	80%	4	7%	7	13%
NCSS	55	2	4%	51	93%	2	4%	1	2%
HC	69	37	54%	58	84%	26	38%	3	4%
HCRS	59	53	90%	49	83%	8	14%	0	0%
NKHS	42	30	71%	37	88%	11	26%	0	0%
RMHS	56	41	73%	45	80%	10	18%	2	4%
UCS	28	14	50%	26	93%	8	29%	1	4%
WCMH	69	55	80%	58	84%	17	25%	1	1%
TOTAL	434	232	53%	369	85%	86	20%	15	3%

Insurance categories are not mutually exclusive and clients may be counted in more than one category.

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Elder Care Programs

Vermont Community Mental Health Centers - FY2011



*Primary and secondary diagnoses are included. Diagnoses are not mutually exclusive.

**Problems are based on the problems checklist. Problems are not mutually exclusive.

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Units of Service

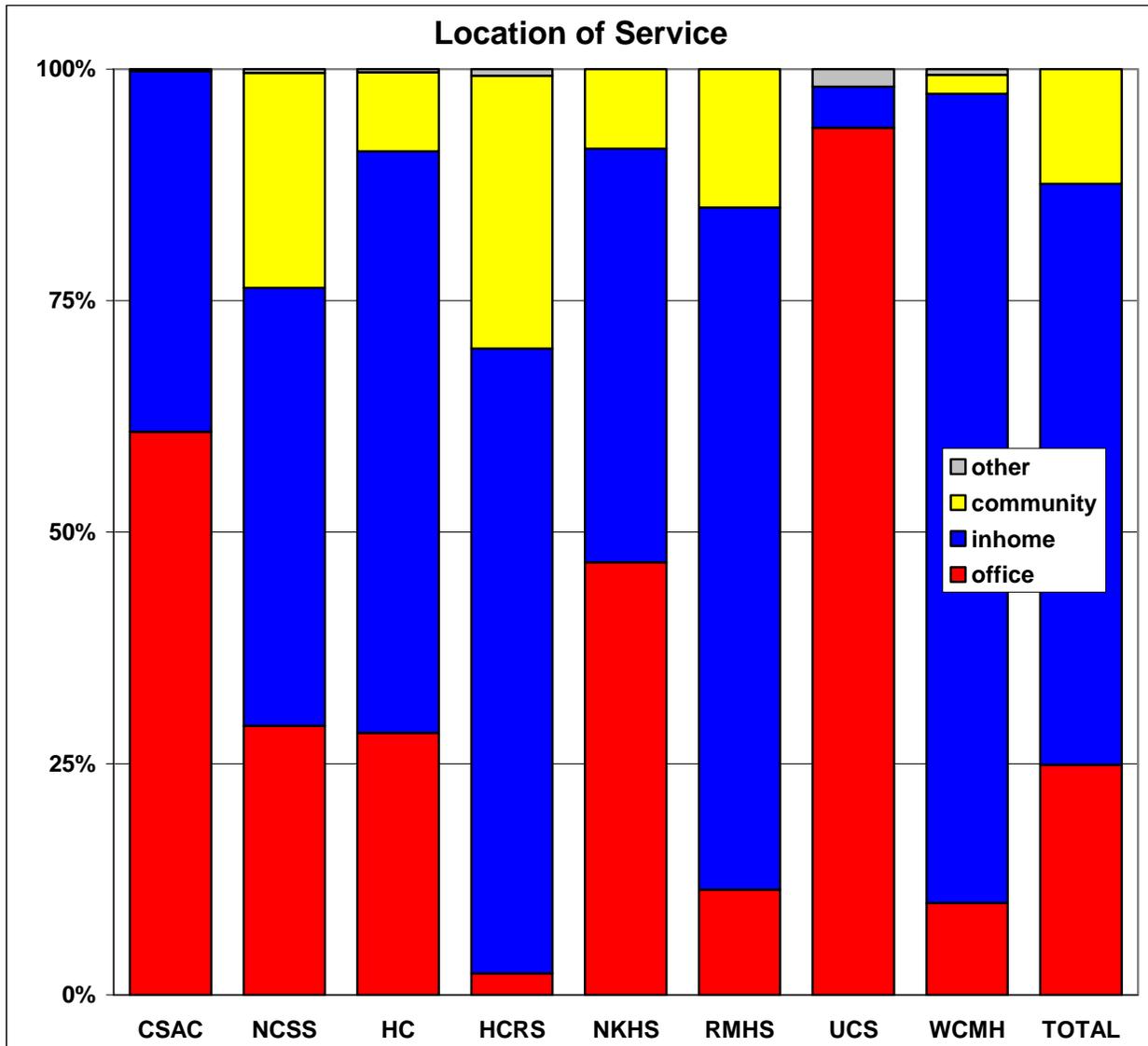
CMHC	Total Client Services		Planning & Co-ord.		Community Supports		Clinical Assessment		Indiv./Family Therapy		MedChecks Therapy	
	Clients	Units	Clients	Units	Clients	Units	Clients	Units	Clients	Units	Clients	Units
CSAC	56	438	4	9	12	92	9	9	47	318	4	10
NCSS	55	1,042	16	27	16	740	21	22	38	253	0	0
HC	69	1,225	1	1	47	833	13	13	39	378	0	0
HCRS	59	810	9	35	51	676	22	23	12	76	0	0
NKHS	42	486	0	0	32	356	4	10	14	119	1	1
RMHS	56	806	11	24	56	715	9	10	0	0	13	57
UCS	28	178	0	0	0	0	10	10	25	168	0	0
WCMH	69	1,283	9	26	35	148	1	2	62	1,086	5	21
State	434	6,268	50	122	249	3,560	89	99	237	2,398	23	89

Service Events

CMHC	Total Client Services		Planning & Co-ord.		Community Supports		Clinical Assessment		Indiv./Family Therapy		MedChecks Therapy	
	Clients	Svcs	Clients	Svcs	Clients	Svcs	Clients	Svcs	Clients	Svcs	Clients	Svcs
CSAC	56	438	4	9	12	92	9	9	47	318	4	10
NCSS	55	1,042	16	27	16	740	21	22	38	253	0	0
HC	69	1,225	1	1	47	833	13	13	39	378	0	0
HCRS	59	810	9	35	51	676	22	23	12	76	0	0
NKHS	42	486	0	0	32	356	4	10	14	119	1	1
RMHS	56	806	11	24	56	715	9	10	0	0	13	57
UCS	28	178	0	0	0	0	10	10	25	168	0	0
WCMH	69	1,283	9	26	35	148	1	2	62	1,086	5	21
State	434	6,268	50	122	249	3,560	89	99	237	2,398	23	89

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Vermont Community Mental Health Center Elder Care Programs - FY2011



Clinic	Office		In-home		Community		Other	
	#	%	#	%	#	%	#	%
CSAC	267	61%	171	39%	1	0%	0	0%
NCSS	303	29%	493	47%	242	23%	4	0%
HC	437	28%	969	63%	132	9%	5	0%
HCRS	20	2%	584	68%	255	29%	6	1%
NKHS	228	47%	218	45%	42	9%	0	0%
RMHS	92	11%	596	74%	121	15%	0	0%
UCS	170	96%	8	4%	0	0%	0	0%
WCMH	126	10%	1,108	86%	26	2%	25	2%
TOTAL	1,643	25%	4,147	62%	819	12%	40	1%

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