

## **Vermont Mental Health Performance Indicator Project**

Agency of Human Services, Department of Mental Health  
103 South Main Street, Waterbury, Vermont 05671

TO: Vermont Mental Health Performance Indicator Project  
Advisory Group and Interested Parties

FROM: John Pandiani and Sheila Leno

DATE: March 18, 2011

RE: CRT Types of Service 1985-2010

This week's brief report continues our series examining changes in Vermont's system of community care during fiscal years 1985-2010. This report focuses on changes in the types of service provided by Community Rehabilitation and Treatment (CRT) programs for adults with severe and persistent mental illness.

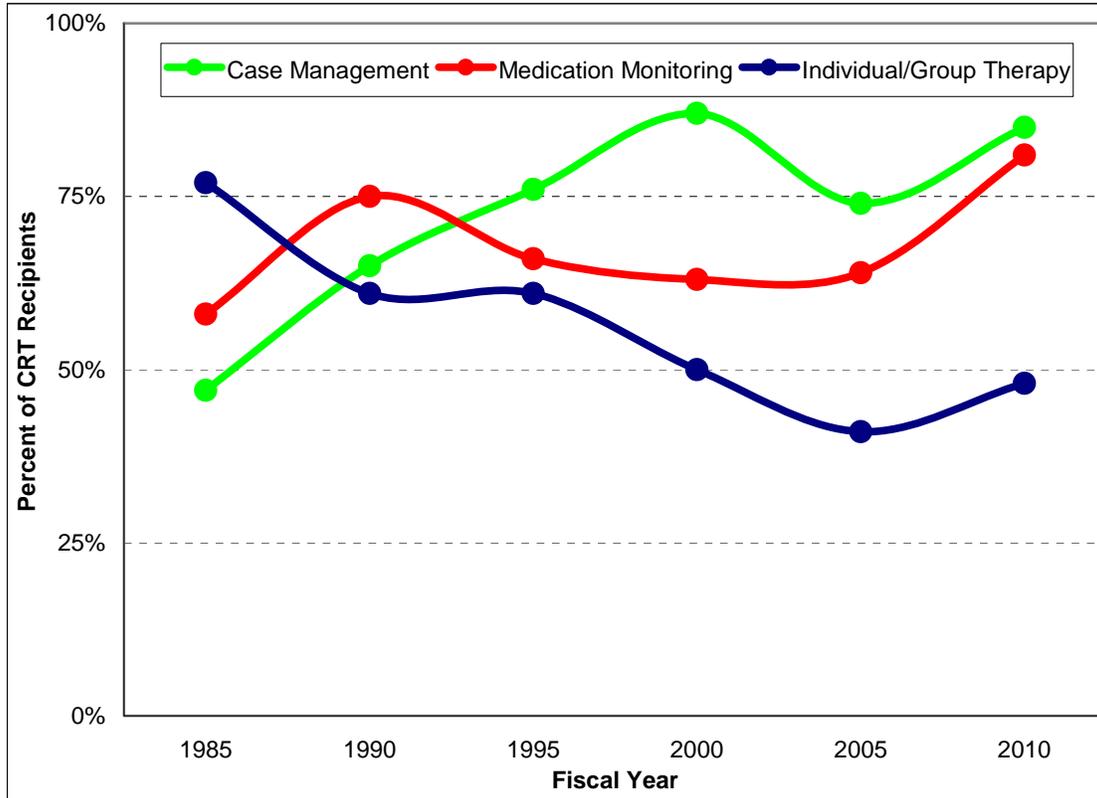
Specifically, this report provides information regarding changes in the proportion of service recipients who received each of three major types of service (individual and group therapy, case management, and medication monitoring) at five year intervals during 1985-2010. As such, this report provides information about changes in practice patterns during the study period.

Findings reported here are based on analysis of standard client and service data submitted to the Vermont Department of Mental Health by designated community service agencies for each year during the study period.

As you will see, the proportion of CRT service recipients who received case management services increased from 47% in 1985 to 85% in 2010. The proportion of CRT service recipients who received medication monitoring services also increased from 58% in 1985 to 81% in 2010. During this same time period, however, the proportion of CRT service recipients who received individual and group therapy decreased from 77% to 48%.

As always, we look forward to your questions, comments, interpretation of these findings, and requests for further analyses. As always, we can be reached at [pip@ahs.state.vt.us](mailto:pip@ahs.state.vt.us) or 802-241-4049.

## Types of Service to Community Rehabilitation and Treatment Recipients FY1985 - FY2010



Type of Service	Percent of CRT Recipients					
	Fiscal Year					
	1985	1990	1995	2000	2005	2010
Case Management	47%	65%	76%	87%	74%	85%
Medication Monitoring	58%	75%	66%	63%	64%	81%
Individual/Group Therapy	77%	61%	61%	50%	41%	48%

Based on analysis of Monthly Service Report (MSR) data submitted to the Vermont Department of Mental Health by the designated agencies during FY1985 - FY2010. Includes individuals served by CRT programs.

Analysis conducted by the Vermont Mental Health Performance Indicator Project