

Vermont Mental Health Performance Indicator Project

Agency of Human Services, Department of Mental Health
103 South Main Street, Waterbury, Vermont 05671

TO: Vermont Mental Health Performance Indicator Project
Advisory Group and Interested Parties

FROM: John Pandiani and Sheila Leno

DATE: March 11, 2011

RE: Diagnoses of CRT Clients 1985-2010

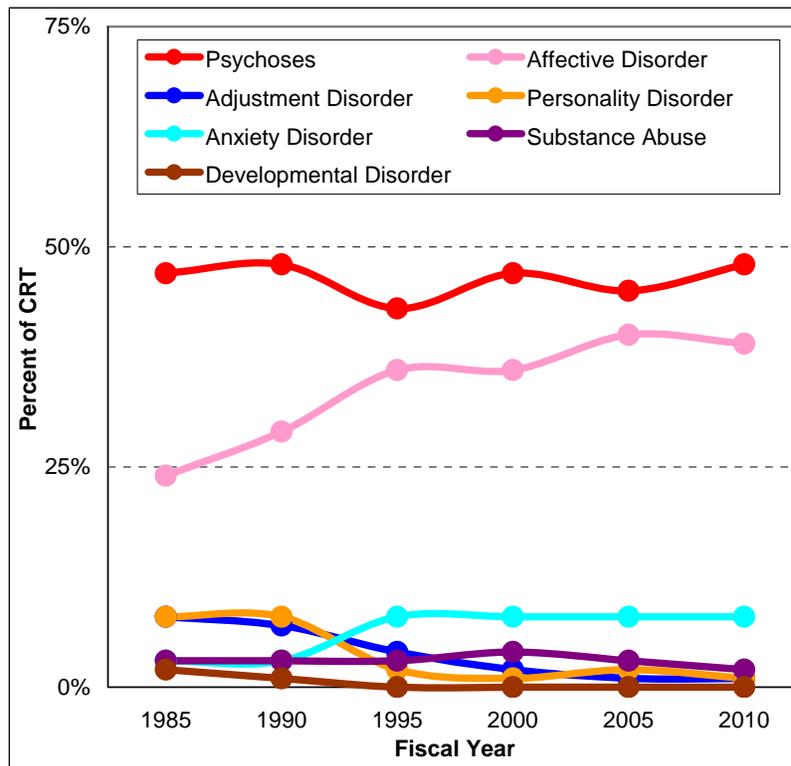
This is the fifth in a series of brief reports that examine changes in the diagnoses of individuals served by community mental health programs in Vermont during fiscal years 1985-2010. This report focuses on changing diagnoses of individuals served by Community Rehabilitation and Treatment (CRT) programs serving adults with severe and persistent mental illness.

The diagnostic data reported here are from standard client and service data reports submitted to the Vermont Department of Mental Health. The proportion of CRT service recipients with a primary diagnosis in each of seven diagnostic categories during each year of the study period is provided.

As you will see, Psychoses and Affective Disorders were the most frequently assigned CRT diagnoses throughout the study period. Psychosis diagnoses were assigned to between 43% to 48% of all CRT clients in each of the years under examination, while the proportion of CRT clients with diagnoses of Affective Disorders increased from 24% in 1985 to 40% in 2005 and 39% in 2010. Anxiety Disorders diagnoses also increasing in prevalence from 3% in 1985 and 1990 to 8% in 2010. Diagnoses of Adjustment Disorders and Personality Disorders decreased from 8% in 1985 to 1% in 2010, Developmental Disorders decreased from 2% in 1985 to 0% in 2010, and Substance Abuse diagnosis remained between 2% and 4% throughout the study period.

We look forward to your questions, comments, interpretation of these findings, and requests for further analyses. As always, we can be reached at pip@ahs.state.vt.us or 802-241-4049.

Diagnoses of Community Rehabilitation and Treatment Recipients FY1985 - FY2010



Diagnoses	Percent of CRT					
	Fiscal Year					
	1985	1990	1995	2000	2005	2010
Psychoses	47%	48%	43%	47%	45%	48%
Affective Disorder	24%	29%	36%	36%	40%	39%
Adjustment Disorder	8%	7%	4%	2%	1%	1%
Personality Disorder	8%	8%	2%	1%	2%	1%
Anxiety Disorder	3%	3%	8%	8%	8%	8%
Substance Abuse	3%	3%	3%	4%	3%	2%
Developmental Disorder	2%	1%	0%	0%	0%	0%

Based on analysis of Quarterly and Monthly Service Report (MSR) data submitted to the Vermont Department of Mental Health by the designated agencies during FY1985 - FY2010. The percent of CRT recipients in each diagnoses category is based on primary diagnosis reported. A complete listing of diagnostic category groupings can be found in the Notes section of the FY2010 Statistical Report: <http://mentalhealth.vermont.gov/report/annualstatistical>

Analysis conducted by the Vermont Mental Health Performance Indicator Project