

Vermont Mental Health Performance Indicator Project

Vermont Agency of Human Services, Department of Mental Health
103 South Main Street, Waterbury Vermont 05671

TO: Vermont Mental Health Performance Indicator Project
Advisory Group and Interested Parties

FROM: John Pandiani and Barbara Carroll

DATE: June 25, 2010

RE: Change in Adult MH Outpatient Caseloads: FY2004 and FY2009

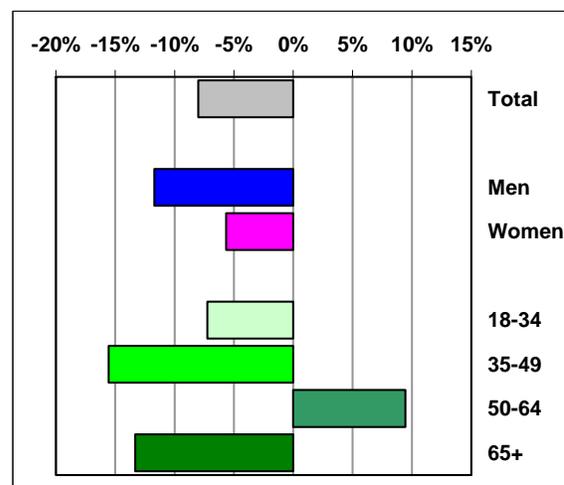
This week's brief report examines change in the number of people served by Adult Mental Health Outpatient (AOP) programs in the Vermont Department of Mental Health (DMH) designated agencies from FY2004 to FY2009. Findings are based on analyses of Monthly Service Report (MSR) data provided by designated agencies that were previously published in DMH Annual Statistical Reports.¹ Specifically, this report follows our report on AOP utilization rates for FY2009.²

As you will see, Vermont's statewide AOP caseload decreased by 8% from FY2004 to FY2009. There were, however, substantial differences among designated agencies in the amount and direction of change. These changes ranged from a 35% increase in the AOP caseload at Washington County Mental Health (WCMH) to a 62% decrease in the AOP caseload at Rutland Mental Health Services (RMHS). The smallest changes were evident at United Counseling Services (UCS, -4%), Northeast Kingdom Human Services (NKHS, +8%), and the Clara Martin Center (CMC, +9%).

There were also noteworthy statewide differences among AOP age and gender groups. The number of men served decreased from FY2004 to FY2009 at a substantially greater rate than the number of women served (-12% vs. -6%). Among age groups, the number of people in the 50-64 age group increased by 9%, while the number of people in the 35-49 age group decreased by 16% and the number of people in the 65+ age group decreased by 13%.

We look forward to your comments, questions, and requests for further analysis. You can reach us at pip@ahs.state.vt.us or call 802-241-4049.

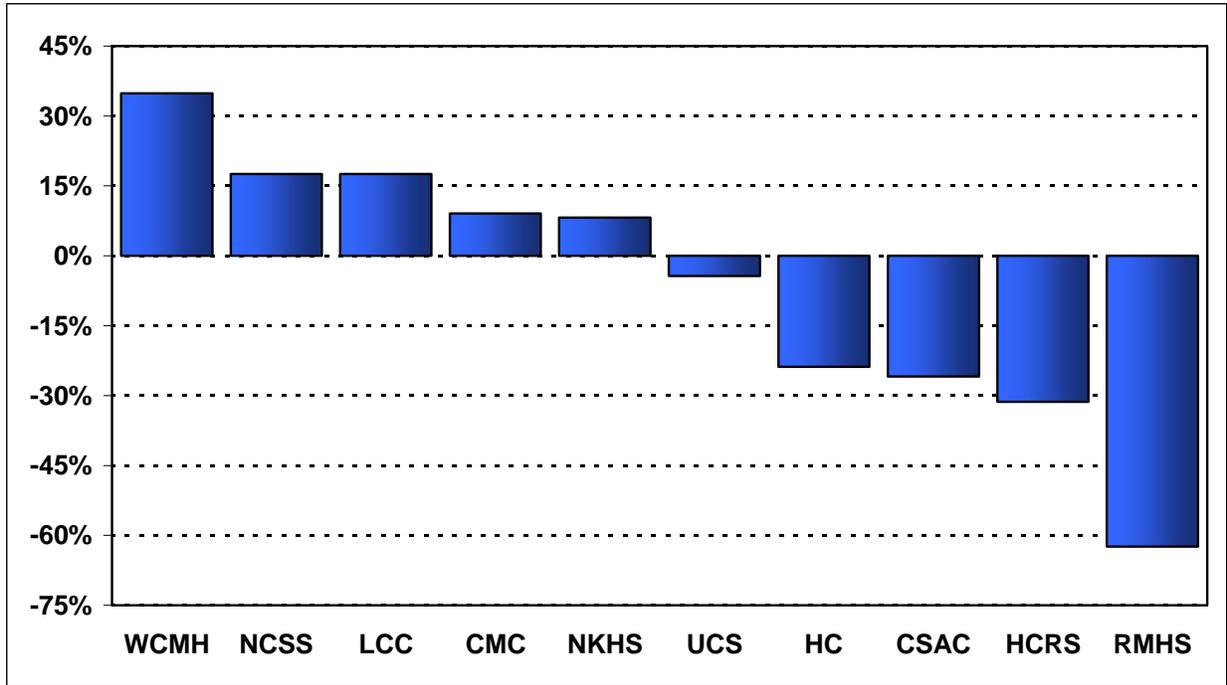
Change in Adult MH Outpatient Caseload
Vermont: FY2004 to FY2009



¹ <http://mentalhealth.vermont.gov/report/annualstatistical>

² http://mentalhealth.vermont.gov/sites/dmh/files/pip/DMH-PIP_April_9_2010.pdf

Change in Vermont's Adult MH Outpatient Caseload by Agency, from FY2004 to FY2009



Change in Adult Outpatient Caseload			
<u>Agency</u>	<u>FY2004</u>	<u>FY2009</u>	<u>% Change</u>
WCMH	594	801	35%
NCSS	933	1,097	18%
LCC	205	241	18%
CMC	505	551	9%
NKHS	923	999	8%
UCS	876	838	-4%
HC	684	521	-24%
CSAC	621	460	-26%
HCRS	961	660	-31%
RMHS	681	256	-62%
Statewide	6,983	6,424	-8%

Analysis is based on Vermont's Monthly Service Report (MSR) data submitted to the Department of Mental Health by the designated agencies for FY2004 and FY2009, including individuals aged 18 and older with a primary program assignment of Adult Mental Health Outpatient (AOP). Percent change is calculated as the difference between caseloads in FY2004 and FY2009 as a percent of the FY2004 caseload.

Analysis performed by the Vermont Mental Health Performance Indicator Project