

**Vermont Mental Health Performance Indicator Project**  
Agency of Human Services, Department of Health, Department of Mental Health  
108 Cherry Street, Burlington, Vermont 05401

TO: Vermont Mental Health Performance Indicator Project  
Advisory Group and Interested Parties

FROM: John Pandiani and Barbara Carroll

DATE: June 20, 2008

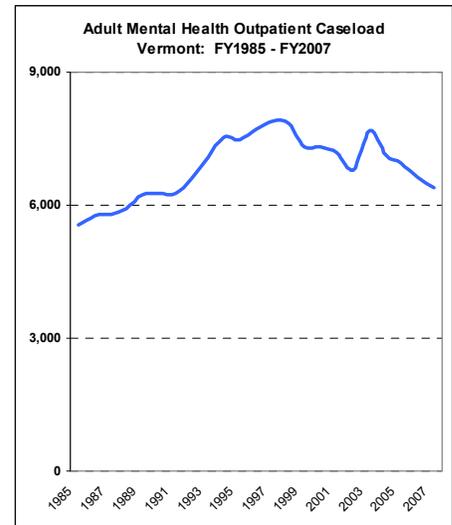
RE: Adult Mental Health Outpatient Program Caseloads FY1985 - FY2007

This report provides an overview of the number of individuals on Vermont's Adult Mental Health Outpatient Program caseloads during FY1985 - FY2007. Adult Mental Health Outpatient programs serve individuals 18 years of age and older who do not have prolonged serious disabilities but who are experiencing emotional, behavioral, or adjustment problems severe enough to warrant professional attention.

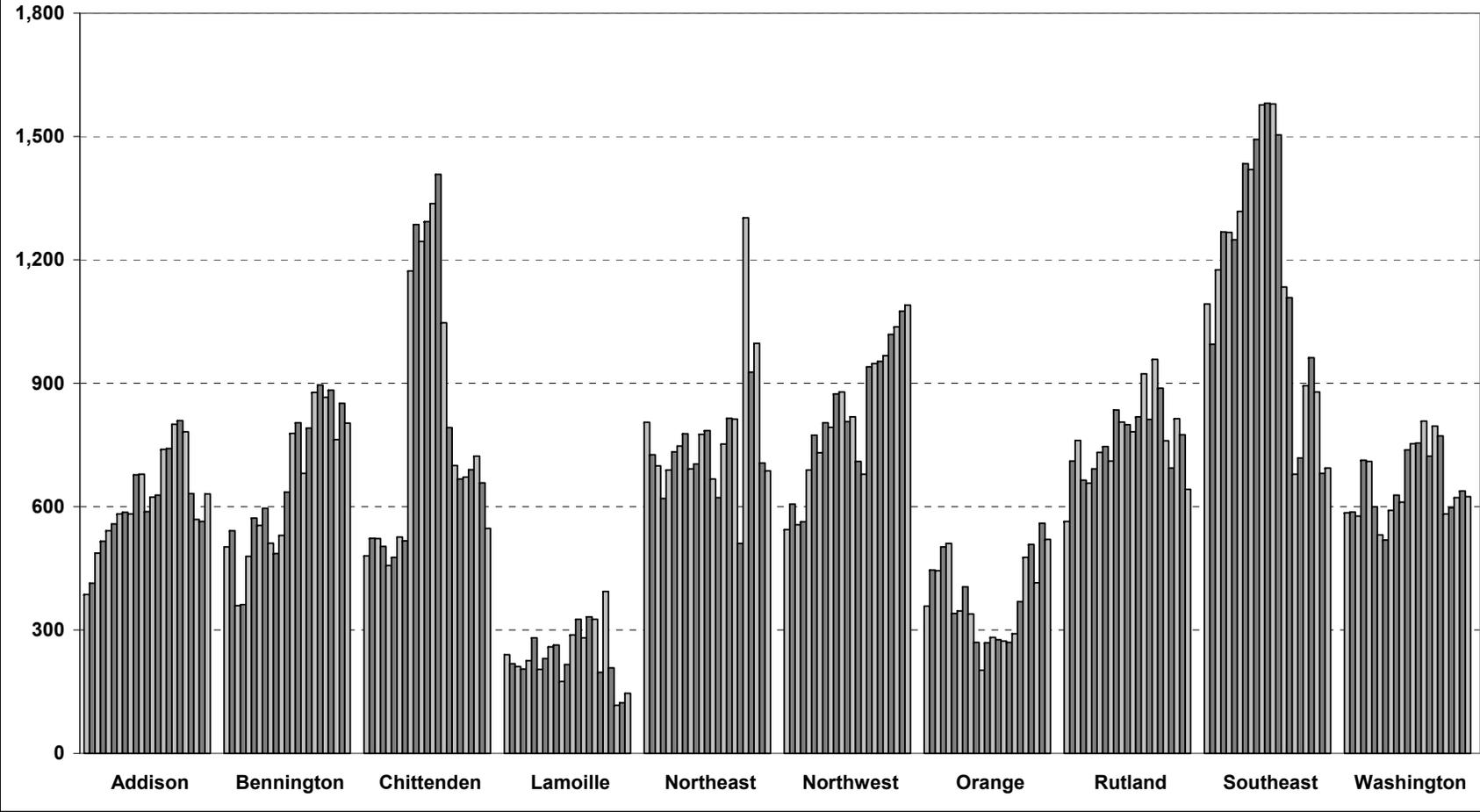
The findings reported here are based on analysis of quarterly and monthly service report data submitted to DMH by designated agencies during the period under examination.

As you will see, the number of individuals served each year increased from 5,557 in 1985 to 7,907 in 1997, before declining to 6,779 in 2002. A sharp increase in 2003 to 7,696 individuals served in 2003 was followed by another decline to 6,384 in 2007. These statewide patterns, however, were the combined result of very different patterns at individual designated agencies.

We look forward to your ideas regarding causes of these substantial changes in the numbers of people served by Adult Mental Health Outpatient programs during this 22 year period, and your suggestions for further analyses regarding changes in community mental health caseload size in Vermont. As always, we can be reached at 802.863.7249 or [pip@vdh.state.vt.us](mailto:pip@vdh.state.vt.us).



**Adult Mental Health Outpatient Caseloads  
Vermont: FY1985 - FY2007  
by Region**



Analysis is based on Monthly Service Report (MSR) data submitted to the Vermont Department of Mental Health by the designated agencies.

**Adult Mental Health Outpatient Caseloads  
Vermont: FY1985 - FY2007  
by Region**

	<u>1985</u>	<u>1986</u>	<u>1987</u>	<u>1988</u>	<u>1989</u>	<u>1990</u>	<u>1991</u>	<u>1992</u>	<u>1993</u>	<u>1994</u>	<u>1995</u>	<u>1996</u>	<u>1997</u>	<u>1998</u>	<u>1999</u>	<u>2000</u>	<u>2001</u>	<u>2002</u>	<u>2003</u>	<u>2004</u>	<u>2005</u>	<u>2006</u>	<u>2007</u>
<b>Addison</b>	386	414	487	516	541	558	582	586	582	677	679	588	623	628	739	741	800	809	782	632	569	564	631
<b>Bennington</b>	502	541	359	362	479	572	554	596	511	486	530	635	778	804	681	791	878	896	866	883	763	851	803
<b>Chittenden</b>	480	523	522	503	457	477	526	517	1,173	1,286	1,245	1,293	1,337	1,408	1,047	792	700	667	672	690	723	658	547
<b>Lamoille</b>	240	218	211	205	225	281	204	231	259	263	175	216	288	326	281	332	326	197	394	208	117	123	146
<b>Northeast</b>	805	726	699	620	689	733	747	777	692	704	776	785	667	622	752	815	813	510	1,302	927	997	706	687
<b>Northwest</b>	544	606	556	563	689	774	731	804	793	874	879	807	818	710	679	940	948	953	967	1,019	1,037	1,075	1,090
<b>Orange</b>	358	446	444	502	510	340	346	405	339	270	202	269	282	276	273	270	291	369	477	508	415	560	520
<b>Rutland</b>	564	711	761	664	657	692	732	746	711	835	806	799	782	818	923	812	958	888	760	694	814	775	642
<b>Southeast</b>	1,093	995	1,176	1,268	1,267	1,249	1,318	1,434	1,420	1,493	1,577	1,581	1,579	1,504	1,134	1,108	679	718	894	962	879	681	694
<b>Washington</b>	585	587	577	713	710	600	531	519	591	628	611	738	753	755	808	723	796	772	582	597	622	638	624
<b>Total</b>	5,557	5,767	5,792	5,916	6,224	6,276	6,271	6,615	7,071	7,516	7,480	7,711	7,907	7,851	7,317	7,324	7,189	6,779	7,696	7,120	6,936	6,631	6,384

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