

Vermont Mental Health Performance Indicator Project

Agency of Human Services, Department of Mental Health
26 Terrace Street, Montpelier, VT 05609

TO: Vermont Mental Health Performance Indicator Project
Advisory Group and Interested Parties

FROM: John Pandiani and Emma Harrigan

DATE: June 1, 2012

RE: Condition at Discharge of Adult Outpatient Service Recipients
Discharged during FY2011

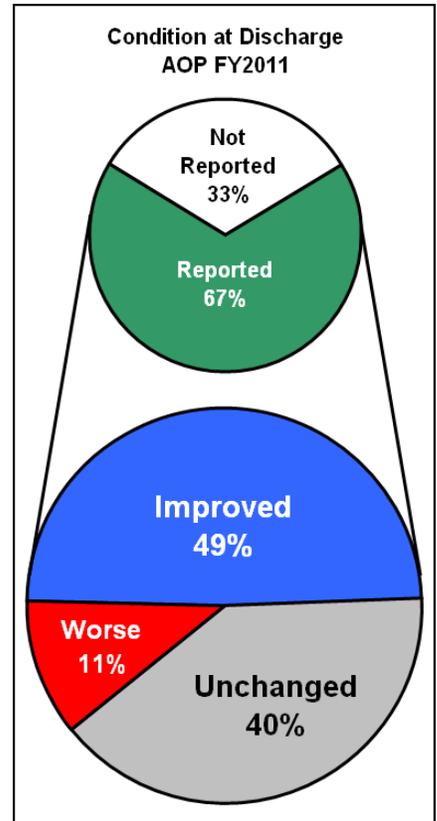
This week's brief report provides information regarding the condition at discharge for adults served by Adult Mental Health Outpatient (AOP) programs for adults who do not have serious disabilities but are experiencing emotional, behavioral, or adjustment problems serious enough to require professional attention. As such, this analysis provides data regarding community mental health treatment outcomes, one of the core concerns of mental health services systems research and program evaluation.

This report is based on analysis of Monthly Service Report (MSR) data submitted to the Department of Mental Health by designated agencies. Condition at discharge is reported as "improved," "unchanged," or "worse" for all AOP service recipients aged 18 and over who were discharged during FY2011 with a condition at discharge reported. A condition at discharge was reported for 67% of all AOP clients discharged during FY2011.

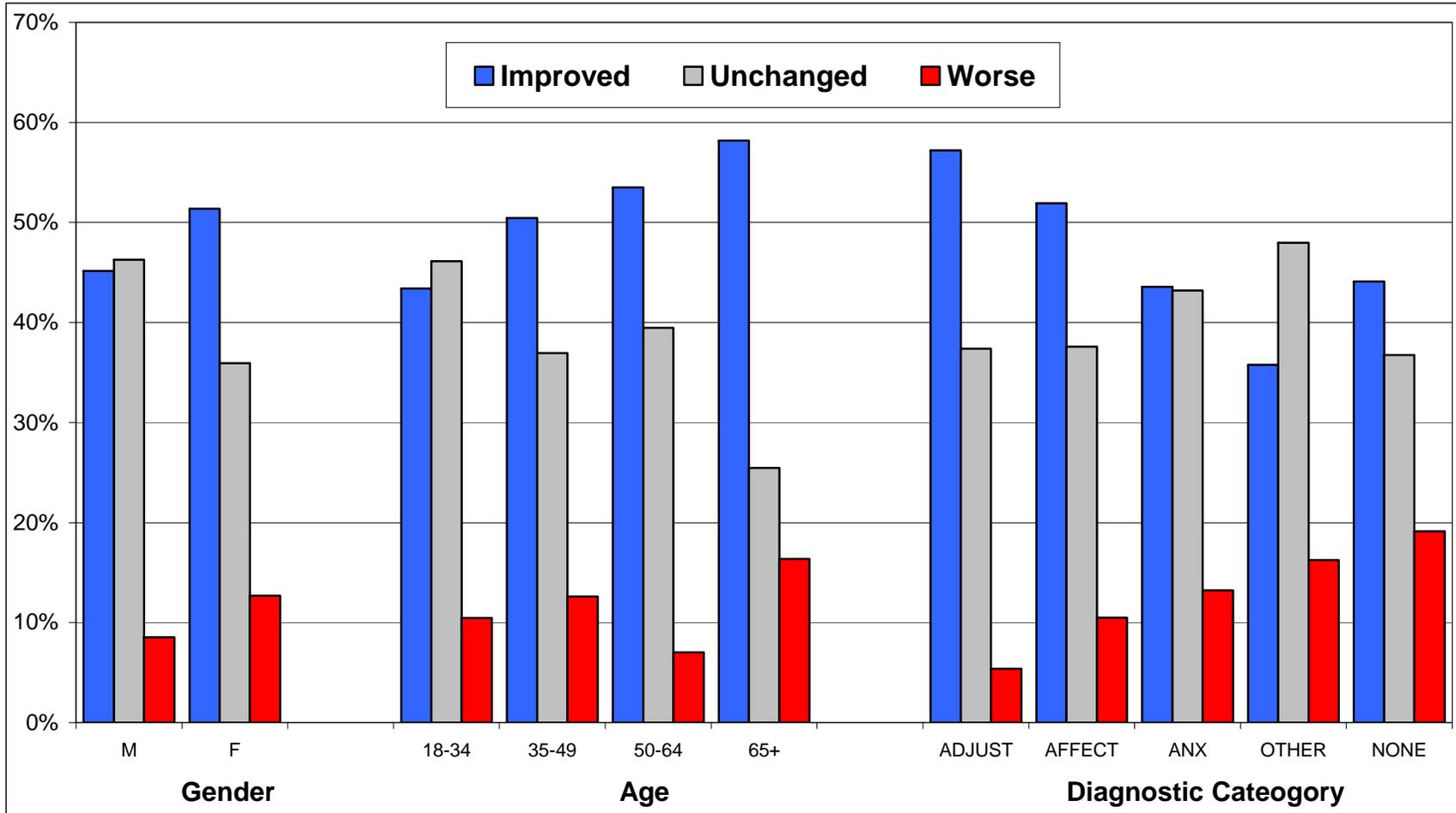
As you will see, 49% of AOP clients with a condition at discharge reported were reported as "improved," 40% as "unchanged," and 11% as "worse." Female service recipients had somewhat higher improvement rates than male service recipients (51% vs. 45%). Improvement also increased with increasing age from 43% in the 18-34 age group, to 50% in the 35-49 age group, 54% in the 50-64 age group, and 58% in the 65+ age group.

There were also some substantial differences among diagnostic categories in terms of condition at discharge. Individuals with a primary diagnosis of an Adjustment Disorder were the most likely to be reported as improved (57%), followed by those with an Affective Disorder (52%), those with an Anxiety Disorder (44%), and those with no diagnosis reported (44%). Improvement was substantially less likely to be reported for individuals with other diagnoses (36%).

We look forward to your questions and comments about these findings, and your suggestions for further analysis regarding condition at discharge of service recipients. As always, we can be reached at pip@state.vt.us or 802-828-1703.



AOP Condition at Discharge FY2011



*Percentages for condition at discharge are calculated using the total with a reported discharge condition.

Analysis is based on Monthly Service Report (MSR) data submitted to DMH by designated community agencies for FY 2011 for clients aged 18 years and over served by the Adult Outpatient (AOP) Program.

AOP Condition at Discharge FY2011

	Total Discharged	Condition at Discharge Reported		Condition at Discharge*					
				Improved		Unchanged		Worse	
				#	%	#	%	#	%
Gender									
Male	699	445	64%	201	45%	206	46%	38	9%
Female	1,144	796	70%	409	51%	286	36%	101	13%
Age Group									
18-34	785	516	66%	224	43%	238	46%	54	10%
35-49	502	333	66%	168	50%	123	37%	42	13%
50-64	330	228	69%	122	54%	90	39%	16	7%
65+	227	165	73%	96	58%	42	25%	27	16%
Diagnostic Category									
Adjustment	298	222	74%	127	57%	83	37%	12	5%
Affective	797	572	72%	297	52%	215	38%	60	10%
Anxiety	377	257	68%	112	44%	111	43%	34	13%
Other Disorders	185	123	66%	44	36%	59	48%	20	16%
None/ Diagnosis Deferred	187	68	36%	30	44%	25	37%	13	19%
Total	1,844	1,242	67%	610	49%	493	40%	139	11%

*Percentages for condition at discharge are calculated using the total with a reported discharge condition.

Analysis is based on Monthly Service Report (MSR) data submitted to DMH by designated community agencies for FY 2011 for clients aged 18 years and over served by the Adult Outpatient (AOP) Program.