

Vermont Mental Health Performance Indicator Project

Agency of Human Services, Department of Health, Department of Mental Health
108 Cherry Street, Burlington, Vermont 05401

TO: Vermont Mental Health Performance Indicator Project
Advisory Group and Interested Parties

FROM: John Pandiani and Walter Ochs

DATE: July 20, 2007

RE: Mental Health Program Treatment Entrance and Departure Rates

This brief report examines the rate at which individuals enter and leave mental health treatment in designated community mental health agencies in Vermont by comparing the admission and discharge dates for individuals served during FY06. The four groups include:

- Those in treatment prior to FY06, and leaving during FY06
- Those in treatment prior to FY06, and continuing through the end of FY06
- Those entering treatment during FY06, and leaving during FY06
- Those entering treatment during FY06, and continuing through the end of FY06

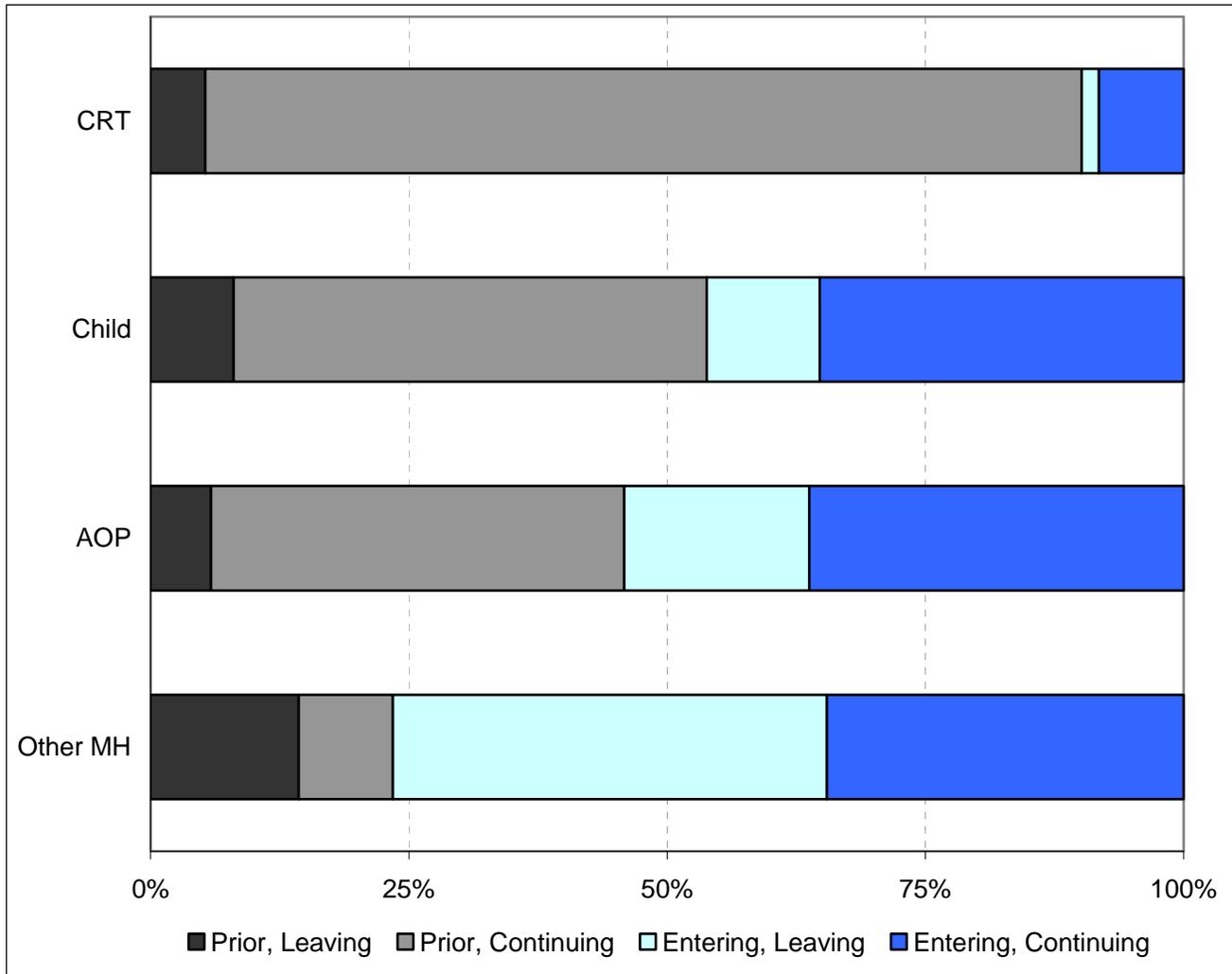
This analysis and the categories used were based on a recent request for information from the NASMHPD Research Institute as part of their state mental health agency profile series.

Overall, the greatest proportion of mental health service clients entered treatment before FY06 and continued treatment through end of FY06 (45%), followed by clients entering treatment during FY06 and continuing through the end of FY06 (32%), and then clients entering treatment during FY06 and leaving during FY06 (15%).

There were also substantial differences in the rate of the “flow” of clients into and out of different community mental health programs. Community Rehabilitation and Treatment (CRT) programs for adults with serious mental illness had the greatest proportion of longer term clients who entered before FY06 and continued treatment at the end of FY06 [85%, vs. 46% for Adult Outpatient (AOP), 40% for Children’s, and 9% for Other Mental Health (Other MH)]. Other MH programs (including individuals with an Emergency program assignment and individuals with no program assignment) had the greatest proportion of individuals both entering and leaving during FY06 (42%, vs. 18% for AOP, 11% for Child, and 2% for CRT).

We look forward to your interpretation of these findings and your suggestions for further analysis of these data. Please forward your comments and suggestions to pip@vdh.state.vt.us or 802.863.7249.

Mental Health Clients by Program: FY2006



Program	Entered Prior and Leaving		Entered Prior and Continuing		Entering and Leaving		Entering and Continuing	
	#	%	#	%	#	%	#	%
CRT	167	5%	2,676	85%	53	2%	258	8%
Child	788	8%	4,494	46%	1,071	11%	3,459	35%
AOP	386	6%	2,652	40%	1,188	18%	2,403	36%
Other MH	364	14%	231	9%	1,067	42%	877	35%
Total	1,705	8%	10,053	45%	3,379	15%	6,997	32%

Based on analysis of Monthly Service Report data submitted to DMH by designated agencies. Includes all clients served during FY2006. "Other MH" includes clients with a program assignment of Emergency and clients with no program assignment.