

Vermont Mental Health Performance Indicator Project

Agency of Human Services, Department of Mental Health
26 Terrace Street, Montpelier, VT 05609

TO: Vermont Mental Health Performance Indicator Project
Advisory Group and Interested Parties

FROM: John Pandiani and Emma Harrigan

DATE: July 13, 2012

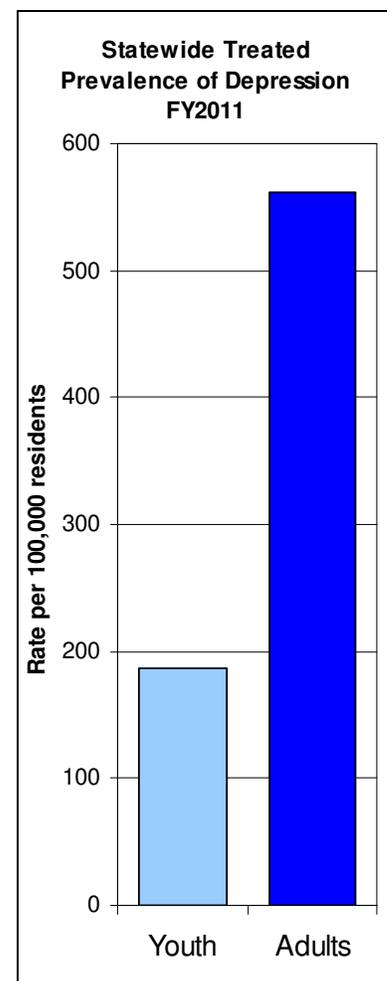
RE: Treated Depression in Designated Agencies by County: FY2011

This week's brief report provides information regarding the number and proportion of children and adults in each of Vermont's 14 counties who received services for depression from a Vermont Department of Mental Health (DMH) designated agency (DA) during FY2011. This analysis was conducted in response to a request from Diana Wahle, data consultant contracted by Brattleboro Memorial Hospital, Grace Cottage Hospital, and the Brattleboro Retreat to complete a data summary related to identifying key health issues for their Affordable Care Act/VDH National Certification.

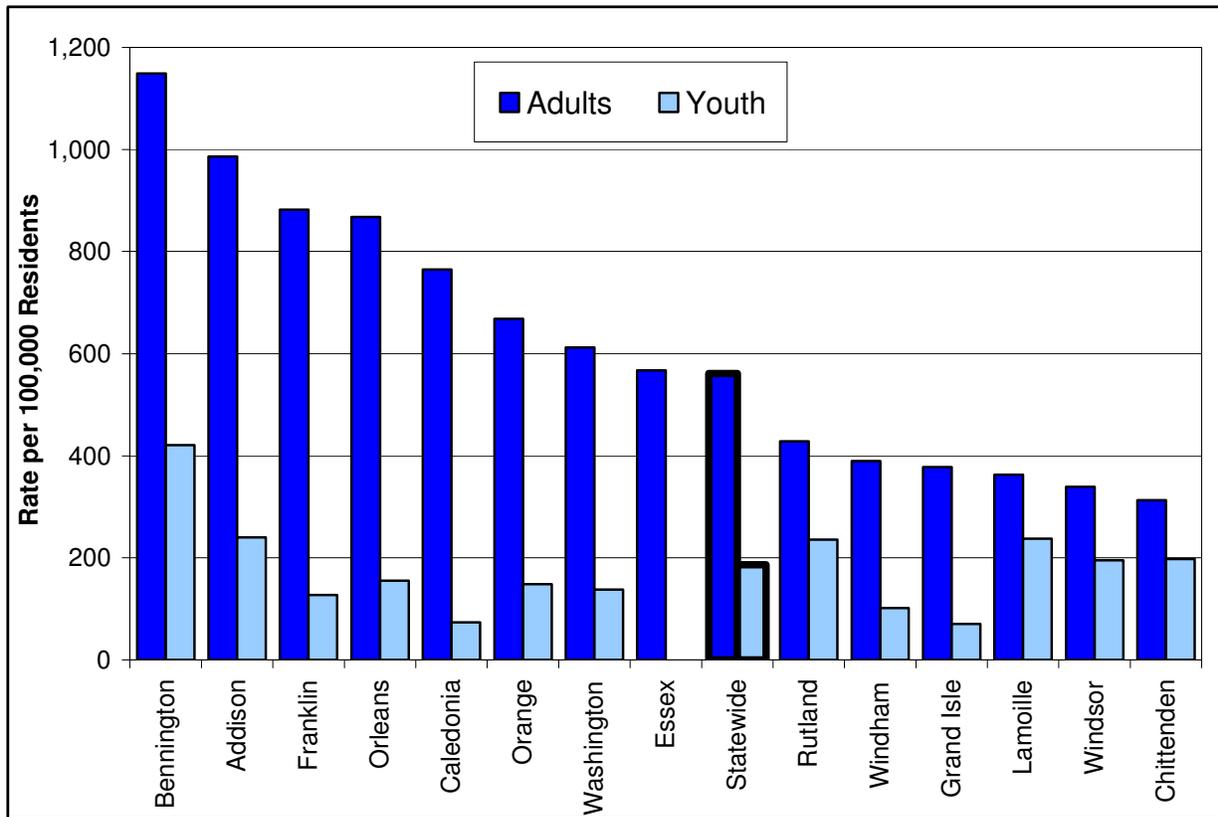
This report is based on analysis of Monthly Service Report (MSR) diagnostic and demographic data submitted to DMH by designated community service providers. Adult residents include all individuals aged 18 and over who reside in Vermont. Youth include all residents less than 18 years of age who reside in Vermont. Population estimates used in this analysis are from the Vermont Department of Health.

As you will see, statewide, 561 of every 100,000 adult residents and 186 of every 100,000 youth residents received services for depression from a DMH DA during FY2011. However, there were substantial differences among Vermont counties in the receipt of depression services from DAs, ranging from less than 400 per 100,000 adult residents in Chittenden, Windsor, Lamoille, Grand Isle, and Windham County, to more than 800 per 100,000 adult residents in Bennington, Addison, Franklin, and Orleans County. Youth rates of depression varied from less than 100 per 100,000 youth residents in Caledonia, Grand Isle, and Essex County, to more than 400 per 100,000 youth residents in Bennington County.

As always, we look forward to your questions, comments, and suggestions for further analyses at pip@state.vt.us or 802-828-1703.



Treated Prevalence of Depression by County FY2011



Youth			Adults		
County of Residence	#	Rate	County of Residence	#	Rate
Bennington	32	421	Bennington	339	1,148
Addison	18	240	Addison	289	986
Franklin	15	127	Franklin	317	882
Orleans	9	155	Orleans	186	868
Caledonia	5	74	Caledonia	187	765
Orange	9	149	Orange	153	669
Washington	17	138	Washington	289	612
Essex	0	0	Essex	29	568
Rutland	28	236	Rutland	213	428
Windham	9	102	Windham	139	390
Grand Isle	1	71	Grand Isle	21	378
Lamoille	13	238	Lamoille	69	363
Windsor	22	196	Windsor	154	339
Chittenden	62	198	Chittenden	392	313
Statewide Total	241	186	Statewide Total	2,786	561

Analysis is based on Monthly Service Report (MSR) data submitted to DMH by designated community agencies for FY2011 for clients with valid state addresses. Depression is defined as DSM IV codes 296.0-296.36 for Major Depressive Disorder. Counts for county and statewide populations were based on National Census Figures (Jul 1, 2010) obtained from the Vermont Department of Health.