

Vermont Mental Health Performance Indicator Project

Agency of Human Services, Department of Mental Health
26 Terrace Street, Montpelier, VT 05609

TO: Vermont Mental Health Performance Indicator Project
Advisory Group and Interested Parties

FROM: John Pandiani and Emma Harrigan

DATE: January 25, 2013

RE: Inpatient Psychiatric Utilization by CRT service recipients
During July - September 2012

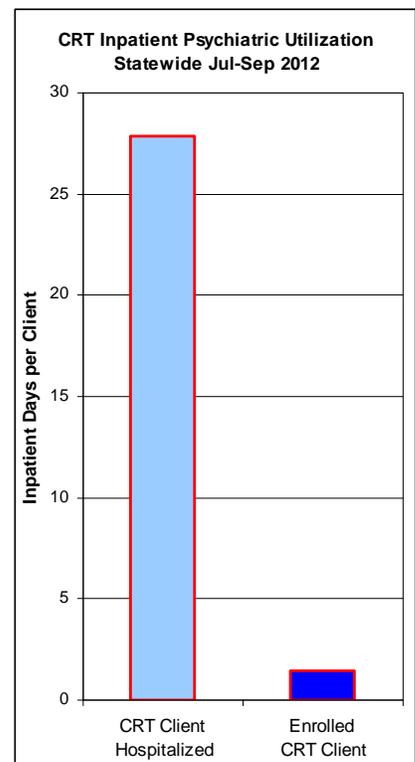
This week's brief report provides information regarding the total number of days of inpatient psychiatric service, that were utilized by individuals on the caseload of Vermont's Community Rehabilitation and Treatment (CRT) programs for adults with serious mental illness during July - September 2012. This information is provided for the state as a whole and for each of Vermont's ten designated agencies. This analysis was conducted in response to a request from John Stewart, CRT Program Director at Rutland Mental Health.

This report is based on analysis of CRT inpatient data maintained by the Vermont Department of Mental Health (DMH). Hospitalizations include all individuals enrolled in the CRT program at the time of their admission to inpatient psychiatric admission and include all days of hospitalization during the time period under examination. Numbers of inpatient days are calculated using the standard practice of including the day of admission and excluding the day of discharge.

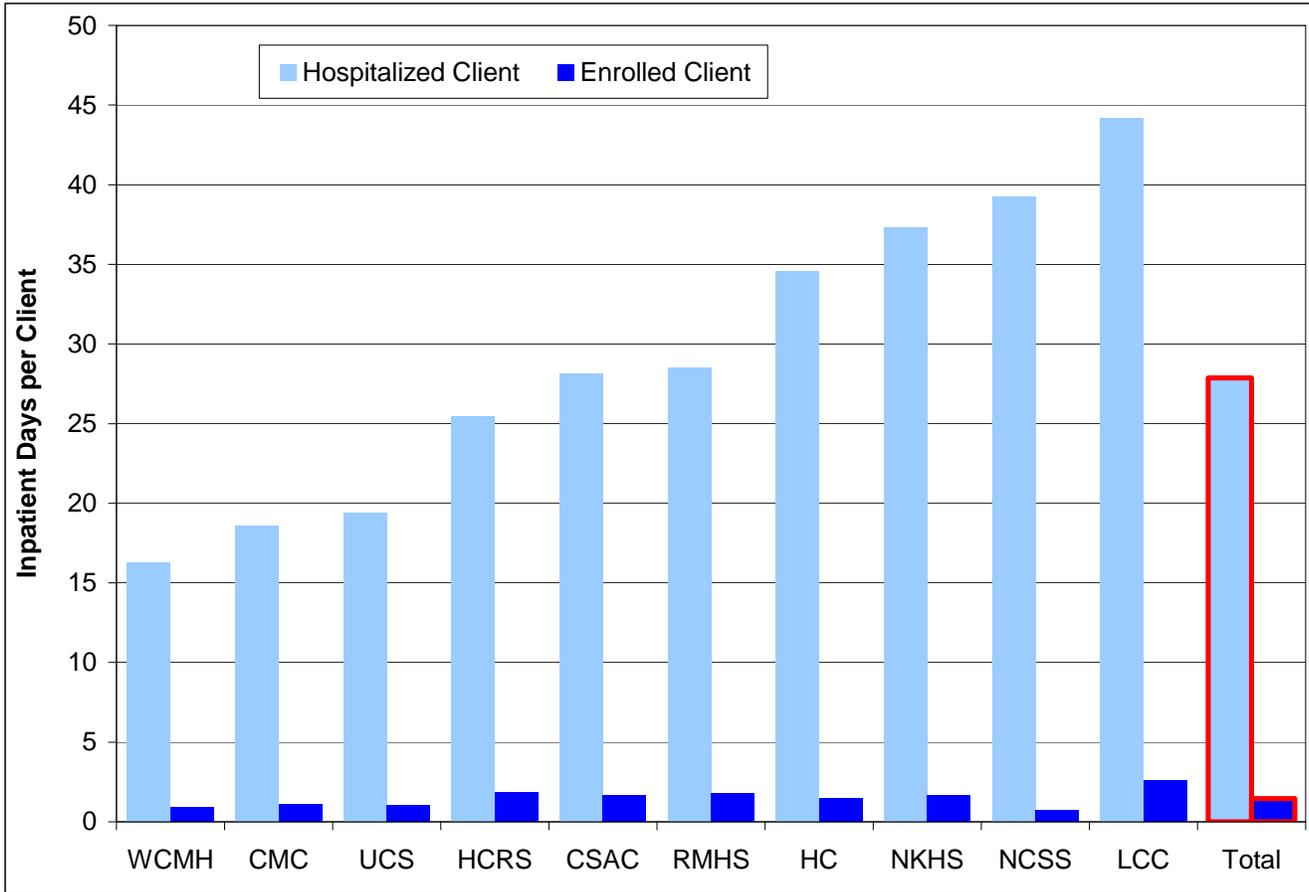
As you will see, 139 CRT clients statewide received inpatient psychiatric treatment during the study period. Together, these individuals utilized 3,873 days of inpatient psychiatric care during the study period, averaging 28 days per client hospitalized. When all CRT clients served are included in this computation, the inpatient utilization rate decreases to less than two CRT clients hospitalized per total CRT clients enrolled during the study period.

There were also some substantial differences among CRT programs in the average days per CRT client hospitalized, ranging from highs of 44 and 39 days per CRT client hospitalized at LCC and NCSS, respectively, to less than 20 days per CRT client hospitalized at WCMH, CMC, and UCS.

We look forward to your questions and comments about these findings, and your suggestions for further analyses of data regarding psychiatric inpatient in Vermont. As always, we can be reached at pip@state.vt.us or 802-828-1703.



Inpatient Psychiatric Utilization by CRT Programs July 2012 - September 2012



Designated Agency	Inpatient Days by Month			Total Inpatient Days	Hospitalized Clients	Days per Hospitalized Client	Days per Enrolled Client
	Jul	Aug	Sep				
WCMH	98	100	127	325	20	16	0.9
CMC	17	56	94	167	9	19	1.1
UCS	47	63	45	155	8	19	1.0
HCRS	314	204	168	686	27	25	1.9
CSAC	68	89	124	281	10	28	1.7
RMHS	148	137	200	485	17	29	1.8
HC	315	296	287	898	26	35	1.5
NKHS	136	158	116	410	11	37	1.7
NCSS	43	68	46	157	4	39	0.7
LCC	76	139	94	309	7	44	2.6
Total	1,262	1,310	1,301	3,873	139	28	1.5

Analysis conducted by the Vermont Mental Health Performance Indicator Project

Analysis based on the CRT Inpatient Dataset maintained by the VT Department of Mental Health (DMH) Care Management Team and Monthly Service Record (MSR) data provided to DMH by designated agencies (DAs). Includes CRT client patient days at the Vermont State Hospital (VSH) and other hospitals during each month from July 2012 through September 2012. Community Rehabilitation and Treatment (CRT) status is based on program status at admission to inpatient care. Days include the day of admission but exclude the day of discharge. Days per CRT client is based on the number of clients with a program assignment of CRT and the total number of psychiatric inpatient days during the study period.