

## **Vermont Mental Health Performance Indicator Project**

Vermont Agency of Human Services, Department of Mental Health  
103 South Main Street, Waterbury Vermont 05671

TO: Vermont Mental Health Performance Indicator Project  
Advisory Group and Interested Parties

FROM: John Pandiani and Barbara Carroll

DATE: January 22, 2010

RE: Gender and Age of CMH Clients FY1989-2009

This week's brief report provides information on the age and gender composition of Vermont's community mental health caseload at five year intervals from FY1989 through FY2009. This analysis was conducted in response to a discussion at the December 2009 meeting of the nine states participating in the CMHS Client-Level Data Reporting Pilot Project.

This analysis provides an overview of the age and gender of individuals served by community mental health programs at designated community agencies in Vermont during FY1989 through FY2009. Three treatment programs are included in this analysis: Children's Services programs for children and families who are undergoing emotional or psychological distress or problems adjusting to changing life situations, Community Rehabilitation and Treatment (CRT) programs for adults with serious mental illness, and Adult Mental Health Outpatient Programs for adults who do not have prolonged serious disabilities but are experiencing emotional, behavioral, or adjustment problems severe enough to warrant professional attention. The data used in this analysis are from standard monthly and quarterly service report data files submitted to DMH by designated community agencies.

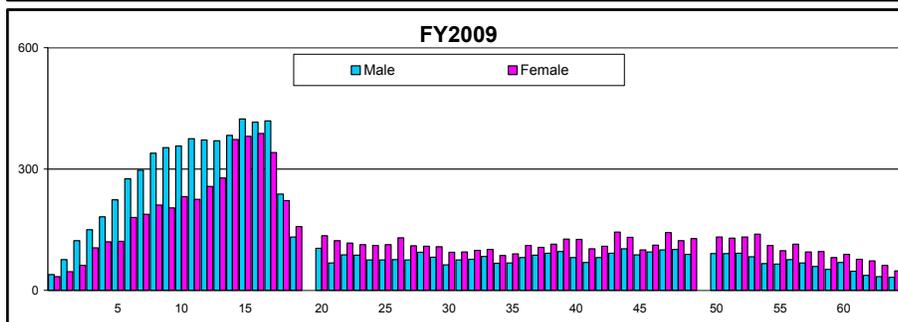
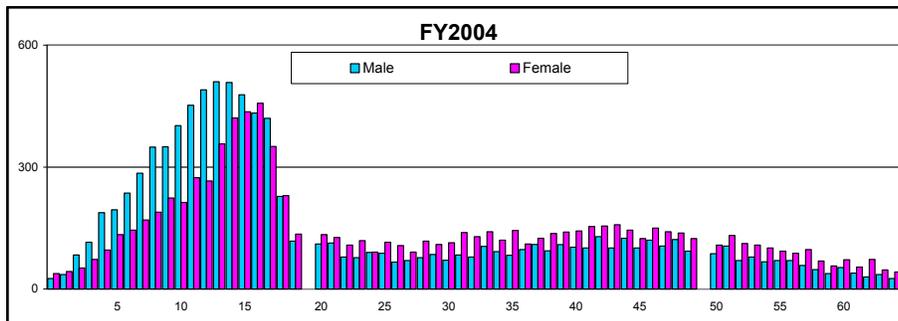
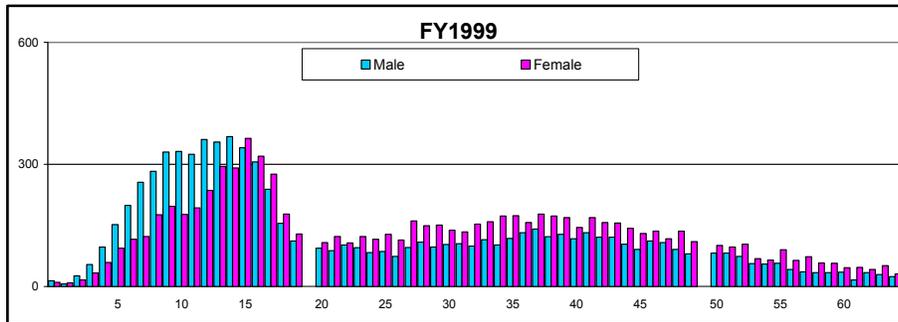
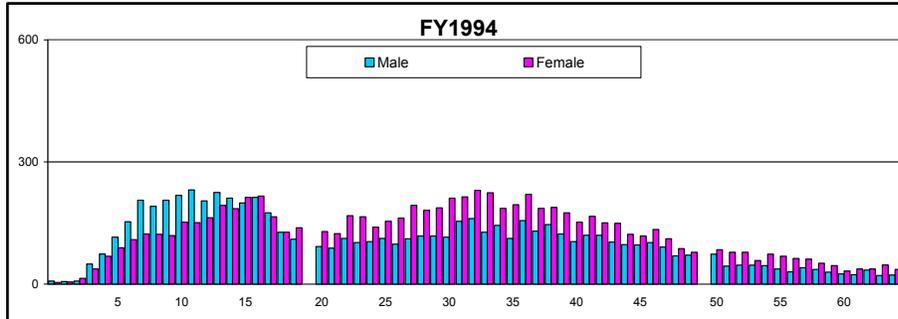
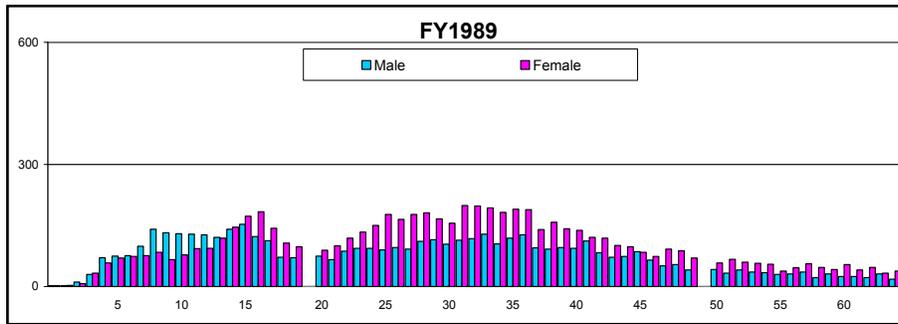
As you will see, the majority of youth (aged 0-19) served by Vermont's CMHCs were male in every year in the study period, accounting for between 52% and 58% of all service recipients. However, in the young adult caseload (aged 20-49), the majority were female in every year in the study period, accounting for between 57% and 60% of all service recipients.

Among older adults (aged 50-64), women outnumbered men by even greater margins. In this age group, female service recipients accounted for between 59% and 62% of all service recipients.

We look forward to your comments, questions, and requests for further analysis. You can reach us at [pip@vdh.state.vt.us](mailto:pip@vdh.state.vt.us) or call 802-241-4049.

# Age and Gender of Vermont Community Mental Health Service Recipients: FY1989 - FY2009

## Children's, Adult MH Outpatient, and Community Rehabilitation & Treatment Program Clients



Analysis is based on Quarterly Service Reports (QSR) and Monthly Service Reports (MSR) provided to the Vermont Department of Mental Health (DMH) by designated agencies and is based on primary program assignment including clients assigned to Community Rehabilitation and Treatment (CRT) programs for adults with serious mental illness, Adult Mental Health Outpatient (AOP) programs for adults who are experiencing emotional, behavioral or adjustment problems severe enough to warrant professional attention, and Children's Services (Child) program recipients.

## Age and Gender of Vermont CMH Service Recipients

### Children's, AOP, and CRT Program Clients

FY1989 - FY2009

<u>Fiscal Year</u>	<u>Age Group</u>									<u>Total</u>		
	<u>0-19</u>			<u>20-49</u>			<u>50-64</u>			<u>#</u>	<u>Male</u>	<u>Female</u>
	<u>#</u>	<u>Male</u>	<u>Female</u>	<u>#</u>	<u>Male</u>	<u>Female</u>	<u>#</u>	<u>Male</u>	<u>Female</u>			
<b>1989</b>	3,527	52%	48%	6,941	40%	60%	1,196	38%	62%	11,664	43%	57%
<b>1994</b>	5,320	55%	45%	8,295	41%	59%	1,399	39%	61%	15,014	46%	54%
<b>1999</b>	7,603	57%	43%	7,453	42%	58%	1,684	41%	59%	16,740	49%	51%
<b>2004</b>	10,207	58%	42%	6,733	43%	57%	2,130	41%	59%	19,070	51%	49%
<b>2009</b>	9,671	57%	43%	5,924	42%	58%	2,438	39%	61%	18,033	50%	50%

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