

Vermont Mental Health Performance Indicator Project

Agency of Human Services, Department of Mental Health
103 South Main Street, Waterbury, Vermont 05671

TO: Vermont Mental Health Performance Indicator Project
Advisory Group and Interested Parties

FROM: John Pandiani and Sheila Leno

DATE: January 21, 2011

RE: Diagnoses of Adult Outpatient Clients 1985-2010

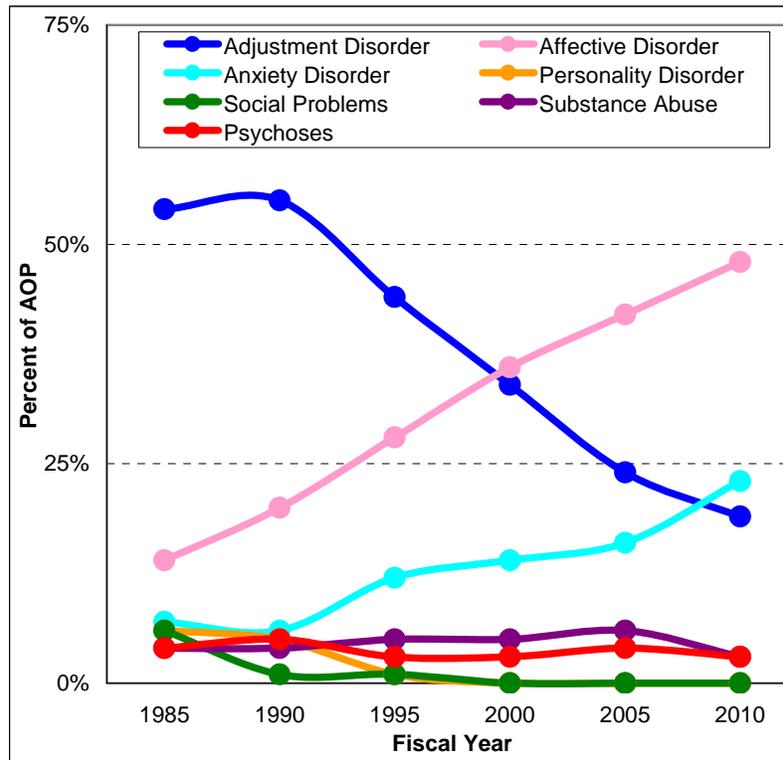
This is the third in a series of brief reports that examine changes in various aspects of Vermont's mental health service delivery systems during fiscal years 1985-2010. This report focuses on changes in the diagnoses of individuals served by Adult Mental Health Outpatient (AOP) Programs for adults who do not have prolonged serious mental health disabilities but do experience emotional, behavioral, or adjustment problems severe enough to warrant professional attention.

The diagnostic data reported here are from standard client and service data reports submitted to the Vermont Department of Mental Health by designated agencies. The proportion of AOP service recipients with a primary diagnosis in each of seven diagnostic categories during each year of the study period is provided.

As you will see, the proportion of AOP service recipients in three diagnostic categories declined substantially during the study period. The proportion of AOP service recipients with Adjustment Disorder diagnoses decreased from 54% in 1985 and 55% in 1990, to 19% in 2010, and the proportion of AOP service recipients with Personality Disorder diagnoses and the proportion with Social Problems diagnoses decreased from 6% in 1985 to 0% in 2010. During this same time period, Affective Disorders increased from 14% to 48%, and Anxiety Disorders increased from 7% to 23%. Finally, Substance Abuse Disorders were consistently in the 3% to 6% range and those diagnosed with a Psychotic Disorder were consistently in the 3% to 5% range throughout the study period.

We look forward to your questions, comments, interpretation of these findings, and requests for further analyses. As always, we can be reached at pip@ahs.state.vt.us or 802-241-4049.

Diagnoses of Adult Outpatient Program Recipients FY1985 - FY2010



Diagnostic Categories	Percent of Adult Outpatient Program Recipients					
	Fiscal Year					
	1985	1990	1995	2000	2005	2010
Adjustment Disorder	54%	55%	44%	34%	24%	19%
Affective Disorder	14%	20%	28%	36%	42%	48%
Anxiety Disorder	7%	6%	12%	14%	16%	23%
Personality Disorder	6%	5%	1%	0%	0%	0%
Social Problems	6%	1%	1%	0%	0%	0%
Substance Abuse	4%	4%	5%	5%	6%	3%
Psychoses	4%	5%	3%	3%	4%	3%

Based on analysis of Quarterly and Monthly Service Report (MSR) data submitted to the Vermont Department of Mental Health by the designated agencies during FY1985 - FY2010. The percent of AOP recipients in each diagnoses category is based on primary diagnosis reported.

A complete listing of diagnostic category groupings can be found in the Notes section of the FY2010 Statistical Report: <http://mentalhealth.vermont.gov/report/annualstatistical>

Analysis conducted by the Vermont Mental Health Performance Indicator Project