

Vermont Mental Health Performance Indicator Project

Agency of Human Services, Department of Health, Department of Mental Health
108 Cherry Street, Burlington, Vermont 05401

TO: Vermont Mental Health Performance Indicator Project
Advisory Group and Interested Parties

FROM: John Pandiani and Barbara Carroll

DATE: January 16, 2009

RE: CRT Clients with Co-occurring Substance Abuse Disorders

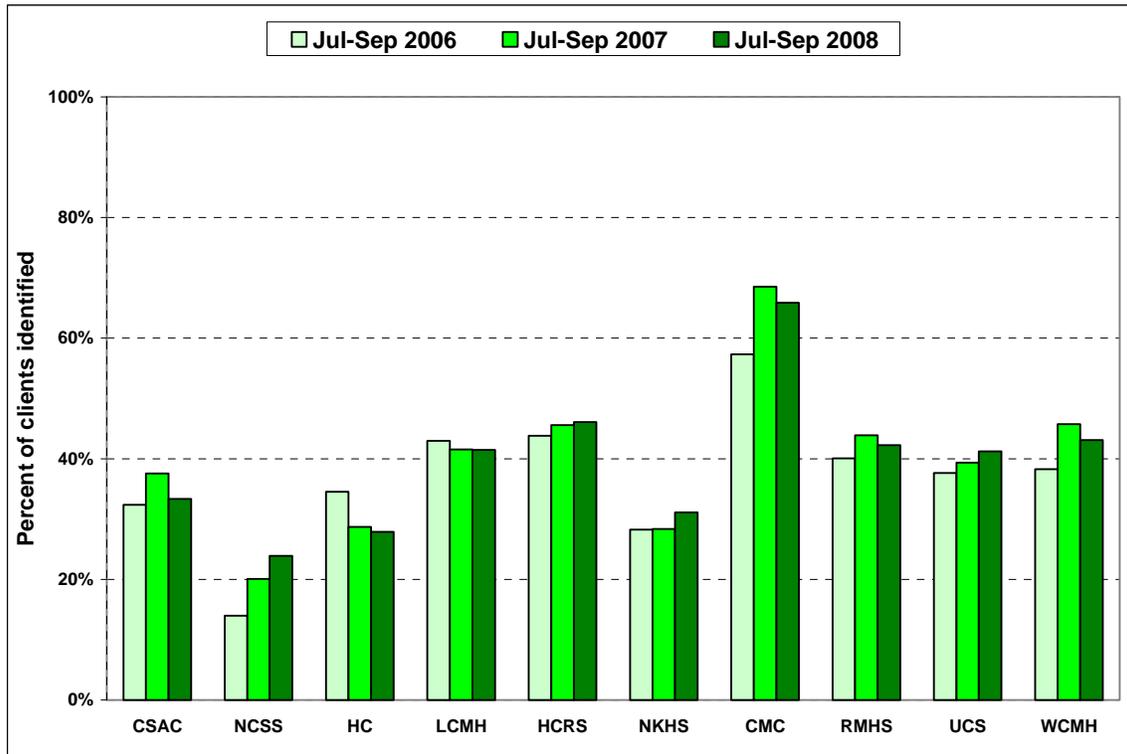
This week's PIP provides rates at which individuals served by each of Vermont's Community Rehabilitation and Treatment (CRT) programs for adults with serious mental illness were identified as having co-occurring mental health and substance abuse disorders during the third quarter of FY2006, FY2007 or FY2008. These analyses were originally conducted as part of our quarterly reports on CRT program identification of co-occurring mental health and substance abuse disorders prepared for the Vermont Department of Mental Health Adult Mental Health Division. Earlier PIP reports on co-occurring disorders are available at <http://www.healthvermont.gov/mh/docs/pips/pip-other-indicator.aspx#cooccurring>.

For this analysis, co-occurring substance abuse disorders are identified on the basis of a substance abuse diagnosis (303.90 - 305.99) or a substance abuse problem reported in the Monthly Service Reports submitted to DMH by the designated community mental health agencies.

As you will see, there was little change statewide in the proportion of adults receiving services for serious mental illness who were identified as having a co-occurring substance abuse disorder during the study period (36% in 2006, and 38% in 2007 and 2008). There were, however, substantial differences across agencies in the proportion of adults receiving services for serious mental illness who were identified as having a co-occurring substance abuse disorder. The Clara Martin Center (CMC) in Orange County reported the highest identification rates during the study period (ranging from 57% to 69%) while Northwestern Counseling and Support Services (NCSS) of Franklin and Grand Isle counties reported the lowest identification rates during the study period (ranging from 14% to 24%).

We look forward to your interpretation of these findings, and your suggestions for further analysis of these data. Please forward your comments and suggestions to pip@vdh.state.vt.us or 802.863.7249.

**CRT Clients with Co-occurring Substance Abuse Disorders
Vermont: 1st Quarters of FY2006 - FY2008**



	<u>Jul-Sep 2006</u>		<u>Jul-Sep 2007</u>		<u>Jul-Sep 2008</u>	
TOTAL	2,971	36%	2,915	38%	2,852	38%
CSAC	173	32%	181	38%	168	33%
NCSS	222	14%	224	20%	226	24%
HC	640	35%	624	29%	628	28%
LCMH	128	43%	130	42%	123	41%
HCRS	429	44%	362	46%	356	46%
NKHS	340	28%	335	28%	328	31%
CMC	164	57%	178	69%	170	66%
RMHS	292	40%	287	44%	277	42%
UCS	170	38%	183	39%	177	41%
WCMH	413	38%	411	46%	399	43%

Analysis is based on Monthly Service Reports submitted to the Vermont Department of Mental Health by the designated agencies. Includes Community Rehabilitation and Treatment (CRT) program service recipients during the first quarter of FY2006, FY2007 or FY2008. Identification of co-occurring substance abuse disorders is based on diagnosis (303.90 through 305.99) and/or indication of drug or alcohol problems.